



India: Kochi & Goa's Golden Beaches

14 days, Goa to Kochi

Trip code AHGK

What's included

- Your G for Good Moment: Lunch at Theruvaram Women Empowerment Project, Alleppey
- Your First Night Out Moment: Connect With New Friends
- Your Welcome Moment: Meet Your CEO and Group
- Your Big Night Out Moment: Ooty , Ooty
- Your Local Living Moment: Alleppey Homestay, Alleppey
- Your Big Night Out Moment: Kochi Nightlife, Kochi
- Hampi Ruins Walking Tour
- Kishkinda Foundation Visit
- Anjaneya Temple Sunset
- Devaraja Market Visit
- Chamundi Hills Visit
- Monolithic Bull Visit
- Dodapetta Peak
- Dodapetta Tea Factory
- Fort Kochi Visit
- Free time in Hampi
- Free time in Ooty
- Orientation walks in Alleppey, Kollam, and Fort Kochi
- Morning ferry cruise on Alleppey's backwaters
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 17th, 2025 - September 14th, 2025

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Goa

Arrive at any time and welcome to India's popular beach town - Goa!

Tonight, opt to join your group for a dinner out on the town and cheers to new adventures and friends!



Accommodation

Alor Holiday Resort (or similar)

Hotel



Today's Activities

ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Goa/Hampi

Head inland to Hampi on a train this morning. Then jump into a tuk-tuk to the hotel for the next two nights. With free time this evening, opt to catch the sunset or explore Hampi.



Accommodation

Dream Hampi Villa & Home Stay (or similar)

Hotel



Today's Activities

Free Time

Hampi

Enjoy a free evening in Hampi.

Transport

Goa - Hampi

Settle in and scan the scenery as you journey to your next destination.

Day 3

Hampi

Explore the ancient ruins of Hampi. This UNESCO World Heritage site was built in the mid 1300's. Rome through the ruins and royal structures. In the afternoon, visit the local women's initiative, Kishkinda Foundation. Meet the women, shop in their handicraft store and have a delicious lunch together.



Meals included

Lunch



Accommodation

Dream Hampi Villa & Home Stay (or similar)

Hotel



Today's Activities

Hampi Ruins Walking Tour

Hampi

2h

Explore the spectacular ruins of Hampi Palaces, Hazararama Temple, and the boulders on the river on this walking tour.

Free Time

Hampi

Explore the ruins of the ancient city of Hampi how you wish.

Kishkinda Foundation Visit

Hampi

Visit the Kishkinda Foundation, an organization dedicated to the development of local children's education, and women's employment. Browse through their handicrafts, meet the local women and buy some beautifully handmade souvenirs.

Anjanadri Hill Monkey Temple Sunset Hike

Hampi

Visit the temple on top of Anjanadri Hill, known as the monkey temple. Enjoy a perfect sunset view and explore the complex.

Day 4

Hampi/Mysore

This morning, opt to rise early for a hike up Mantanga Hill and enjoy a stunning sunrise over the rocky hill. Spend the day at leisure exploring of Hampi what you might have missed the day before. This evening, take a tuk-tuk to the train station for an overnight train to Mysore.



Today's Activities

Basic Overnight Train (beds)

Hampi - Mysore

14h15m-14h30m

680km

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

Free Time

Hampi

Enjoy a free day in Hampi to explore the bazaar or the other sites you missed yesterday.



Optional Activities - Day 4

Matanga Hill Hike

Hampi

Rise early this morning to hike from the Hampi Bazaar to Mantanga Hill for a beautiful sunrise. Admire the deep red hues over the unique boulder formations.

Day 5

Mysore

Pull into Mysore this morning as you wake up on the train. Then drop your bags, freshen up and head out for an adventure in Mysore. Walk through the Devaraja Market, Chamundi Hills and the Monolithic Bull. In your free time, opt to visit the extravagant Mysore Palace. In the evening, you won't want to miss the chance to see a Bollywood movie in your free time.



Accommodation

Treebo Hotel Komfort Suites (or similar)

Hotel



Today's Activities

Devaraja Market Visit

Mysore

Visit the Devaraja Market and wander through the bazaar. Shop through the stalls of local flowers, herbs and spices, and vegetables.

Chamundi Hills Visit

Mysore

1h

Enjoy a visit to the gorgeous temple devoted to the Hindu goddess, Chamundi, located on Chamundi Hill.

Monolithic Bull Visit

Mysore

Visit the giant Nandi Bull of Mysore, considered one of the most impressive Nandi figures in India. This icon, dedicated to Lord Shiva, is over 350 years old. Sitting atop Chamundi hills, visit the Monolithic bull and learn about Hindu mythology.



Optional Activities - Day 5

Mysore Palace Visit

Mysore

This stunning palace was the home of the Maharajas of Mysore, the former royal family, which ruled from 1399 to 1950. Learn about the rich history of Indian royalty and soak in the splendor of an era long gone.

Day 6

Mysore/Ooty

Take a tuk-tuk to the bus station this morning and join the locals on a public bus south to Ooty. Take an orientation walk with your CEO after arrival and then enjoy some free time in the beautifully green town of Ooty.



Accommodation

Itsy Hotels Rain Forest (or similar)

Hotel



Today's Activities

Local Bus

Mysore - Ooty

5h30m

125km

Climb aboard, grab a seat, and enjoy the ride.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Free Time

Ooty

Enjoy a free evening in Ooty.

Day 7

Ooty

Feel a sense of accomplishment this morning as we rise early for a picturesque sunrise hike up Dodapetta Peak with a view of the lush green surrounding forrest. Enjoy some free time today and opt to ride the famous toy train. In the afternoon, visit the Dodabeta Tea Factory.



Accommodation

Itsy Hotels Rain Forest (or similar)

Hotel



Today's Activities

Dodapetta Peak

Ooty

Hike up the highest mountain in the Nilgiris mountain range, Dodapetta Peak, for a perfect sunrise view.

Dodapetta Tea Factory

Ooty

Visit the Dodapetta Tea Factory and learn about the intricate process of tea manufacturing and history in Nilgiri. Admire the beautiful tea plantation and see how its picked. Learn about the process of drying and grinding the tea then have a chance to try some black or chai tea.

ACTIVITY

Get to know your new best friends better at a fun local bar in Ooty!

Day 8

Kochi

A bus, a train and tuk-tuk ride brings us to beautiful port town of Kochi! Spend the afternoon exploring this super cute city, wandering through the cobblestone streets and vibrant culture. Some new travellers may be joining you this evening. Join your CEO to help welcome everyone this evening.



Accommodation

Hotel Gama Heritage (or similar)

Hotel



Today's Activities

Local Bus

Ooty - Coimbatore

2h30m

85km

Climb aboard, grab a seat, and enjoy the ride.

Train

Coimbatore - Kochi

3h45m

190km

Climb aboard, take a seat, and enjoy the ride.

Tuk-Tuk

Ernakulam - Kochi

Ride like the locals from Ernakullam Railway Station to Fort Kochi.

Fort Kochi Visit

Kochi

1h-2h

2km

Enjoy your stay in charming Fort Kochi, which evokes an era long gone. Walk through the cobblestone streets, visit delightful tea houses, and have a relaxing drink while sitting by the water. Be sure to check out Vasco de Gama's tombstone and the famous blue synagogue.

Day 9

Kochi/Alleppey

Take an orientation walk visiting Fort Kochi, St Francis Church, the Dutch cemetery, and the Jewish Quarter with curio shops and a synagogue more than 400-years-old. Then travel to Alleppey, a golden streak of land woven with rivers, lakes, lagoons, and canals. Enjoy an empowering lunch before checking out the island along the lagoon with a local guide and learn about the way of life here. Settle into a homestay and get to know your hosts.



Meals included

Lunch | Dinner



Accommodation

Tranquil Heritage Homestay (or similar)

Homestay



Today's Activities

Orientation Walk

Kochi

1h-2h

Get to know the delightful city of Cochin through this guided walk. Walk through the fish market and the famous Chinese fishing net, believed to have been brought by traders from Kubla Khan's court in China.

Private Vehicle

Kochi - Alleppey

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Alleppey Guided Walk

Alleppey

1h-2h

Explore the area, known as the "Venice of the East," on foot with a local English-speaking guide and learn about the way of life here.

ACTIVITY

Enjoy a stay with a local family in Alleppey and get a real taste of the culture and what life on the islands is like. Dig into a delicious Kerala dinner and enjoy the local flavors.

ACTIVITY

Enjoy a traditional Kerala lunch prepared by women of the Planeterra Theruvaram Empowerment Project, which provides women from rural areas an alternative source of income by honing their hospitality and culinary skills. Learn about the local cuisine and socio-economic fabric of the region as you get to know the women. All while taking in live entertainment!

Day 10

Alleppey/Kollam

Explore the unique ecosystem of Alleppey backwaters on a morning ferry cruise. Afterward, travel down the coast by bus to the port city of Kollam. On arrival, choose to relax on the beach, climb Thangassery Light House, or peruse the nightlife.



Meals included

Breakfast



Accommodation

Hotel Sea Pearl (or similar)

Hotel



Today's Activities

Alleppey Boat Ride

Alleppey

2h-3h

Enjoy a morning boat ride through the backwaters, observing the unique ecosystem with blue-green stretches of water and coconut trees.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Private Vehicle

Alleppey - Kollam

2h30m

88km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 11

Kollam/Varkala

Visit the Kollam Harbour and experience the importance of fishing for the community. Afterward, settle into a private vehicle and see who can count the most palm trees as you cruise down the coast to tropical Varkala. Enjoy lots of free time to explore the town, get treated by local healers, or visit the Varkala Temple.

Note that Kollam Harbour is closed to visitors May through June.



Accommodation

Nikhil Residence (or similar)

Hotel



Today's Activities

Kollam Fishing Docks Visit

Kollam

1h

See where all of the action happens in this busy port city and walk around Kollam's bustling fishing docks.

Neendakara Fishing Harbour Visit

Kollam

Visit the largest wholesale fishing market and harbour on the Arabian Sea, dating back to the sixteenth century. Take in the sights and sound of a busy fish market at work, and check out the morning's fishing haul.

Private Vehicle

Kollam - Varkala

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 11

Janardhana Swamy Temple Visit

Varkala

Enjoy a visit to this beautiful temple that gives homage to Janardana Swami, who is a form of Vishnu, the Hindu god of preservation. Pilgrims from the south of India make the trek to visit this 2000-year-old temple and pay their respects.

Day 12

Varkala

Choose your own adventure today, exploring Varkala solo or with your new friends. Spend time wandering the peaceful gardens of an ashram devoted to Kerala's most eminent spiritual and social reformer at the mystical Janardhana Swamy Temple. Or head to the beach and relax while watching the Arabian Sea with a drink in hand.



Accommodation

Nikhil Residence (or similar)

Hotel



Today's Activities

Free Time

Varkala

Lots of free time to explore the town, relax with an Ayurvedic massage, get treated by local healers, or visit the Varkala Temple.



Optional Activities - Day 12

Janardhana Swamy Temple Visit

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Ayurvedic Massage

Dharamshala

1h-2h

Ayurvedic medicine is a system of Hindu traditional medicine, and Ayurvedic massage has been practiced in India for centuries and is viewed as a part of holistic medicine. These massage techniques provide relaxation, improve circulation, and eliminate toxins. Lie back and enjoy!

Day 13

Varkala/Kochi

Return to Kochi by train. In the late afternoon, continue to wander the streets or opt to catch a traditional Kathakali dance performance. For your big night out as a group, immerse yourself in the exciting Kochi nightlife and reminisce about the life-changing adventures you've shared.



Accommodation

Hotel Gama Heritage (or similar)

Hotel



Today's Activities

Train

Varkala - Kochi

3h30m-4h

Climb aboard, take a seat, and enjoy the ride.

Free Time

Kochi

Visit any sites skipped on the first visit to Kochi.

ACTIVITY

Whether it's a pub crawl, drink specials or a bonfire on the beach, celebrate late into the night with your new best friends.



Optional Activities - Day 13

Kathakali Dance

Kochi

500INR

Considered one of the oldest dance forms in India, Kathakali is a combination of drama, dance, music, and ritual. Characters with vividly painted faces and elaborate costumes re-enact stories from the Hindu epics, Mahabharata and Ramayana. This dance drama is famous for amazing costumes, extensive makeup, and explosive body movements, and is performed exclusively by men.

Day 14

Kochi

Today is departure day, but do not fear, there is no such thing as goodbye, only until next time. Hug your new friends, exchange contacts, and depart at any time.



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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- Orientation walks in Alleppey, Kollam, and Fort Kochi
- Morning ferry cruise on Alleppey's backwaters
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Explore the ancient wonders of the Hampi Ruins, Catch breathtaking sunrises and sunsets from Dodapetta Peak and Anjaneya Temple, Wander off the beaten path in Mysore with visits to Devaraja Market and Chamundi Hills, Experience a local homestay, explore ecosystems aboard an Alleppey ferry cruise, sample South Indian cuisine.

What are the main highlights of this trip?

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What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 18, avg 14.

What meals are included in this trip?

1 breakfast, 2 lunches, 1 dinner

What are the modes of transportation on my trip?

Tuk-tuk, public bus, taxi, overnight train, local train, Private Vehicle.

Where will we stay during the trip?

Simple hotels or guesthouse (twin-share) (12 nts), homestay (1 nt).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Airport Transfer complications please call our local G Adventures Transfer providers directly:

Shaju (Primary Contact)

From outside India: +91 9940515141

From within India: 9940515141

Amanjot Kaur (Secondary Contact)

From outside India: +91 9884145150

From within India: 9884145150

EMERGENCY CONTACT NUMBERS

G Adventures South Asia Manager, Sorab (Delhi, India)

From outside of India: +91 88518 06614

From within India: 88518 06614

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What should be on my packing list?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Train Travel (Optional):

- Slip-on shoes
- Small container with lid
- Travel cutlery
- Travel or camp cup

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

All travellers must have a valid Indian visa prior to the start of their tour. Please note that visas for India are the responsibility of the individual traveller.

To obtain a visa for India, you may either apply for an e-Visa using the link below, or alternately visit the Indian embassy or consulate nearest you to apply for a physical visa on your passport.

India is now offering e-Visas for some nationalities. Please visit this link for further information, and to check if your nationality is eligible for an e-Visa: <https://indianvisaonline.gov.in/visa/tvoa.html>

As there are many fake websites, please only use the link above to apply for your e-Visa and for any additional information.

VISA INFORMATION:

Please use the start hotel of your tour as a reference for your visa application. Contact us or your travel agent if you need further information.

For visa purposes, your Emergency Local Contact details are below:

G Adventures South Asia Manager

Mr Sorab Jassawalla (Delhi, India)

>From outside of India: +91 88 5180 6614

>From within Delhi: 88 5180 6614

>From within India, but outside Delhi: 088 5180 6614

As of February 2026, all non-Indian nationals entering India by air, land or sea must complete the e-Arrival Card online before arrival. Register within 3 days of arrival.

For more information and to complete the e-Arrival Card, we kindly request the you visit the [Indian Immigration](#) page.

Should I be tipping on my trip?

It is customary in India to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$4-5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$8-10 USD per person, per day can be used.

What activities are optional on this trip?

Hampi

- Matanga Hill Hike

Mysore

- Mysore Palace Visit

Varkala

- Janardhana Swamy Temple Visit

Dharamshala

- Ayurvedic Massage

Kochi

- Kathakali Dance (500INR per person)

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.