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Sorry! There are no remaining departures for "India River Cruise: The Holy Ganges" (AHLKNG), [but here are some similar trips.](#)



INDIA RIVER CRUISE: THE HOLY GANGES

12 days, Calcutta to Varanasi

Trip code AHLKNG

WHAT'S INCLUDED

- Your Journeys Highlight Moment:
Explore Mahabodhi Temple Complex and Meet with a Monk, Bodh Gaya
- Your Journeys Highlight Moment:
Ganges River Talk, Varanasi
- Your Journeys Highlight Moment:
Breakfast at Open Hand Project, Varanasi
- Your Welcome Moment: Meet Your CEO and Group
- Arrival transfer
- Excursion to Rajmahal
- Visit Bateshwar and Vikramshila Buddhist Monastery
- Visit Jehangira Island
- Rickshaw excursion to Monghyr
- Explore Nalanda Buddhist Monastery and museum
- Visit Pawapuri Lake and a Jain temple
- Patna city tour
- Orientation walk of Varanasi
- Sunset and sunrise boat trips on the Ganges River
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2017 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

CALCUTTA

Arrive at any time and transfer to your hotel. Arrival transfer included.

There are no planned activities until an evening welcome meeting, so check into to the hotel and enjoy the city.



Meals included

Breakfast



TODAY'S ACTIVITIES

Arrival Transfer

Calcutta

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

CALCUTTA/FARAKKA

Catch a train from Kolkata to Farakka and embark on the riverboat this afternoon.



Meals included

Breakfast | Dinner



TODAY'S ACTIVITIES

Local Train

Calcutta - Farakka

6h

Climb aboard, take your seat, and get around like the locals do.

Day 3

FARAKKA/MANIHĀRI GHĀT

Sail upstream to Rajmahal, a village with a fantastic local atmosphere. Explore the remains of palaces, forts, and mosques submerged in vegetation before sailing on as far as Manihari Ghat.

Leave Farakka and sail out into the river, almost sea-like here just above the great Farakka Barrage. Anchor at Rajmahal, beneath the Rajmahal Hills. Once known as Akbarnagar, the town was founded by the Mughal Emperor Akbar as his eastern capital. Shah Jehan, builder of the Taj Mahal, spent much of his youth here.



Meals included

Breakfast | Lunch | Dinner



TODAY'S ACTIVITIES

Varuna Riverboat **Farakka - Rājmahal**

Hop aboard and float on to the next stop.

Rajmahal Town and Sights Visit **Rājmahāl**

Enjoy the lively atmosphere of Rajmahal. Explore the remains of palaces, forts and mosques.

Varuna Riverboat **Rājmahal - Manihāri Ghāt**

Hop aboard and float on to the next stop.

Day 4

MANIHĀRI GHĀT/KAHALGAON

Cruise upriver to idyllic Bateshwar and visit 6th century rock carvings. Afterwards, drive a short distance to the impressive ruins of a Buddhist monastery at Vikramshila.

Take in views of an island shrine complete with Buddhist and Hindu cave temples today as we sail near the shore. This area was once a centre of the murderous Thug sect.



Meals included

Breakfast | Lunch | Dinner



TODAY'S ACTIVITIES

Varuna Riverboat **Manihāri Ghāt - Vikramshila**

Hop aboard and float on to the next stop.

Bateshwar Temples Visit **Vikramshila**

Visit the beautiful Bateshwar Temples. See the incredible Hindu carvings throughout the temples that date all the way back to the 6th-century.

Varuna Riverboat **Vikramshila - Kahalgaon**

Hop aboard and float on to the next stop.

Day 5

KAHALGAON/SULTĀNGANJ

Keep an eye out for South Asian river dolphins this morning as you sail to Bhagalpur, a centre of silk production. Visit a mansion and silk-weaving village. Continue on to Jehangira Island and enjoy an excursion to view ancient Hindu rock carvings.



Meals included

Breakfast | Lunch | Dinner



TODAY'S ACTIVITIES

Varuna Riverboat **Kahalgaon - Bhāgalpur**

Hop aboard and float on to the next stop.

Mansion and Silk-Weaving Village Visit **Bhāgalpur**

Visit the elegant 18th-century mansion built by Augustus Cleveland and learn about his revered status with the local communities. Continue on to a silk-weaving village to learn about this industry.

Varuna Riverboat **Bhāgalpur - Sultānganj**

Hop aboard and float on to the next stop.

Jehangira Island Excursion & Hindu Rock Carvings Visit **Sultānganj**

Explore this pilgrimage site and view ancient Hindu rock carvings. Learn more about the island's religious significance and take in views of a picturesque mosque built on a rock. Opt to stroll through the local market.

Day 6

SULTĀNGANJ/SITA KUND

Sail to Munger and take a rickshaw ride through the town to view the remnants of a Mughal fort and an East India Company cemetery. Visit the local bazaar, Pirpahar Hill, and Sitakund hot springs. Walk through the village and fields before getting back on board.



Meals included

Breakfast | Lunch | Dinner



TODAY'S ACTIVITIES

Varuna Riverboat **Sultānganj – Munger**

Hop aboard and float on to the next stop.

Rickshaw Ride and Mughal Fort Visit **Munger**

Ride through Munger on a rickshaw and learn more about the area's ruined Mughal Fort. Take in scenes of village life amongst grandiose tombs – this place is home to an East India Company cemetery.

Munger Village and Sitakund Hot Spring Visit **Munger**

Visit some highlights of the town like the local bazaar, Pirpahar Hill, crowned by a fine old mansion, and the Sitakund Hot Springs. Wander through farmland on the way back to the boat.

Varuna Riverboat **Munger – Sita Kund**

Hop aboard and float on to the next stop.

Day 7

SITA KUND/BĀRH

This morning pass under the great bridge at Mokama, where the naturalist Jim Corbett spent his working life overseeing the ferry crossing. Stop to visit a bankside village and stretch your legs. Cruise on to Barh and moor for the evening.



Meals included

Breakfast | Lunch | Dinner



TODAY'S ACTIVITIES

Varuna Riverboat

Sita Kund - Bārḥ

Hop aboard and float on to the next stop.

Free Time

Mokāma

Sit back, relax, and watch the scenery go by as you cruise down the Ganges.

Day 8

BĀRH/PATNA

Enjoy a full day excursion to Nalanda. Visit an excavated Buddhist monastery and stupa, and the picturesque Jain temple at Pawapuri. Continue to Patna and reboard the boat for the night.



Meals included

Breakfast | Lunch | Dinner



TODAY'S ACTIVITIES

Varuna Riverboat

Bārh – Nālanda

Hop aboard and float on to the next stop.

Buddhist Monastery and Stupa Visit

Nālanda

Enjoy a visit to the excavated ruins of the a Buddhist monastery and stupa in Nalanda. Check out the adjoining museum for more insight into the area.

Pawapuri Jain Temple Visit

Nālanda – Ranakpur

Visit this gorgeous Jain temple – located in the middle of a lake – and learn more about this uniquely Indian religion.

Private Vehicle

Nālanda – Patna

Settle in and scan the scenery from the convenience of a private vehicle.

Day 9

PATNA/BODH GAYA

Disembark and discover Patna on a morning tour visiting the Golghar granary, the great Sikh temple, and the State Museum. Afterwards, transfer to the small town of Bodh Gaya to explore the Mahabodhi Temple Complex, a UNESCO World Heritage site. Meet with a monk to discuss the history of the area and visit the spot where the Buddha found enlightenment.



Meals included

Breakfast



TODAY'S ACTIVITIES

Golghar Granary Visit

Patna

Explore the 18th-century Golghar granary in Patna to learn more about the history of the area.

Sikh Temple Visit

Patna

Enjoy a visit to a beautiful Sikh temple in Patna. Learn more about the religion and history of the temple.

State Museum Visit

Patna

Visit the State Museum in Patna to learn more about the region.

Private Vehicle

Patna - Bodh Gaya

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Visit the small town of Bodh Gaya to explore the Mahabodhi temple complex, a UNESCO World Heritage site. Here we meet with a monk to discuss why this is one of the four pilgrimage sites related to the life of Gautama Buddha. Also visit the spot where the Buddha found enlightenment under what became known as the Bodhi Tree.

Day 10

BODH GAYA/VARANASI

Drive to Varanasi, the quintessential Indian holy city. This afternoon, enjoy a lecture at the Ghats of the Ganges by a Research Scholar from Benaras Hindu University, and talk about the river's significance spiritually, socially, economically and politically. After, embark on a boat trip on the sacred Ganges at sunset. Enjoy a candle and flower ceremony accompanied by sitar and tabla playing, and observe an evening aarti (prayer) ceremony.



Meals included

Breakfast



TODAY'S ACTIVITIES

Private Vehicle

Bodh Gaya - Varanasi

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

While in Varanasi, sit down for a talk with a scholar at the picturesque ghats (stairs) of the Ganges. Discuss the river and the spiritual and social role it plays in daily life here.

Evening Ganges Boat Tour

Varanasi

2h-3h

Enjoy a boat ride on the sacred Ganges River, where Hindu pilgrims from all over the world come to wash away their sins and cremate their loved ones. Participate in a candle and flower ceremony while on the water.

Day 11

VARANASI

Rise early for a sunrise boat ride along the Ganges to observe the dawn rituals of bathing and burial. After, have breakfast at Open Hand, a vocational training cafe and one of G Adventures' grassroots partners. Learn about this social enterprise whose mission is to provide dignified and meaningful job opportunities to underprivileged people in India. This afternoon take an excursion to Sarnath, a pilgrimage site where it is said the Buddha preached his first sermon.



Meals included

Breakfast



TODAY'S ACTIVITIES

Morning Ganges Boat Tour

Varanasi

1h

Catch the sunrise from a boat cruising the sacred Ganges River, where Hindu pilgrims from all over the world come to wash away their sins and cremate their loved ones. Witness locals participating in dawn rituals of bathing and burning at the river.

ACTIVITY

Enjoy a visit to one of G Adventures' partners, Open Hand. It's a social enterprise whose mission is to transform society by providing dignified and meaningful job opportunities to underprivileged people in India. With vocational training cafes around India and an ethical manufacturing factory in New Delhi, G Adventures has partnered with Open Hand to manufacture ethically-produced products for G Adventures' online gear shop and to provide fair wages, vocational training, safe housing, counselling, and other social resources to marginalized people in India.

Guided Tour of Sarnath

Varanasi

3h

A day of exploration begins with a tuk-tuk ride from Varanasi towards Sarnath, where your local guide awaits. One of the holiest Buddhist sites in the world, Sarnath is the birth place of Buddhism where Lord Buddha preached his first sermon. For nearly 1700 years the site remained a centre for great learning, a place of pilgrimage, and a Vihara (Monastery) for monks and scholars. Guided by a local expert, discover the archeological ruins of the monastery, the ancient Dhamek stupa. Explore the museum at Sarnath and the sacred Maha Bodhi Tree. Visit temples constructed by the buddhist people of Sri Lanka, Thailand and Japan. Stop to admire the Buddha statue located at the Thai Buddha vihara. Some eighty feet tall, it is considered to be the tallest standing Buddha statue at Sarnath. After three hours of guided exploration, your guide will bring you back to your awaiting tuk-tuks bound for your hotel.

Day 12

VARANASI

Depart at any time.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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- Your Welcome Moment: Meet Your CEO and Group

- Arrival transfer
- Excursion to Rajmahal
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- Orientation walk of Varanasi
- Sunset and sunrise boat trips on the Ganges River
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Visit beautiful temples and local villages, meet with a monk at a Buddhist pilgrimage site, enjoy a lecture at the Ghats of the Ganges by a research scholar, visit the G Adventures-supported Open Hand for breakfast, enjoy the pace of life on the river

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. CULTURE

India is a country which is very different to anything you will have experienced before. Although this means it is not the easiest place to travel, this is also what makes it so special. Pollution, poverty and the crowds can result in initial culture shock but should be seen as an exciting new challenge. During our time here we have come to love this large and wonderfully different country but we know that we should always expect to encounter some difficulties along the way.

In India there are very different attitudes to time keeping, public cleanliness, privacy and service. Trains will sometimes be late, plumbing can sometimes be temperamental and power will often just vanish. Optimistic menus turn out to have only one dish available and everyone, just everyone, will want to know your name. If you are able to travel with a lot of patience and a healthy sense of humour, then we know that you - like all of us - will be captivated by what India has to offer.

2. ALCOHOL

For a portion of this trip you are travelling through the state of Bihar that has banned the sale and consumption of alcohol, during which time you will be unable to purchase alcoholic drinks on the cruise.

3. RAMADAN

Depending on the lunar cycle, Ramadan will fall between May 15th and June 14th, 2018. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. Only about 20% of Indians are Muslim, but it is important to note that there may be some limitations to services and disruptions to schedules during Ramadan. Generally our tours still operate effectively during this period and food is available to non-muslims throughout the day. It is important to display increased cultural sensitivity during Ramadan in predominately Muslim areas of India. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

What is the group leader like?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 24.

What meals are included in this trip?

12 breakfasts, 6 lunches, 7 dinners

What are the meals like on this trip?

Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Vegetarians will be able to find a huge range of different foods - India is vegetarian heaven. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Riverboat, minibus, train, auto-rickshaws, cycle-rickshaws, walking.

What transportation will we take on this trip?

Train

Traveling in India by train is an experience. Distances in India are long and the trains aren't the worlds best, but traveling by rail adds a fascinating new dimension to a visitor's experience in the country. There is virtually no better way to make friends with the people and see the spectacular views of the diverse Indian countryside. The chaos on the Indian Railway stations is a replica of life in India.

We use AC Chair car for day journeys on this trip.

There are no restaurant or buffet cars on Indian Railways, but on long distance trains an attendant will appear in your coach and ask you if you would like to order food. Regular stops are made at stations where food is also available and on some trains many vendors board the train selling chai, cold drinks and crisps and biscuits.

Don't expect pristine western standards anywhere in India, but you'll find AC Chair class fairly clean by Indian standards, with both western-style and squat toilets usually in a reasonably sanitary condition.

Indian trains are quite safe to travel on, even for families or women travelling alone, and you are unlikely to have any problems. Having said that, theft of luggage, although rare is not unheard of, so for peace of mind you may like to take along a chain and padlock to secure your bags (readily available at all Indian stations).

Generally, Indian Railways are very efficient, but trains do run late, and sometimes it's hours rather than minutes. Make sure you have something to occupy your time – a good book, magazine or photos of your home country and family to show the Indian travelers also waiting for the train.

Road

Road travel in India is certainly not what people are used to in Western countries. Rules are not always followed, drivers appear to speed, do not stay in their lanes, overtake in seemingly dangerous situations, and rarely use their mirrors or driving lights at night. The horn however is used frequently and can range from the latest Bollywood tune to Britney Spears! Although the government is investing large sums of money to improve the road infrastructure, there is a lot more to be done. As a result some of the roads are poorly maintained, pot holed and uneven. This gets even more pronounced particularly during and after the monsoon. Travel time is very long in comparison to Western countries and short distances can take much longer than at home. You have the comfort of an air-conditioned Private vehicle, but be prepared to take an odd ride in a local transport for the experience.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (4 nts), riverboat (7 nts).

What kind of accommodation can I expect on this trip?

Cabins on board the riverboat all have exterior view windows and private bathrooms.

Built: 2006

Capacity: 24 passengers

Cabins: 12 Cabins

Boat Layout: Spacious saloon with French windows opening onto a front balcony deck, dining room with glass doors down each side. Large sun deck with cane rattan chairs and sun loungers. Single seating for buffet breakfast, lunch and dinner. Combination of Indian and Western cuisines served on board.

A variety of styles of hotels/guest houses are used in India. These can vary in terms of service, efficiency and cleanliness. In many instances they might not be like what you are used to back home. Power cuts can and are a regular occurrence in many places, especially throughout North and Central India. Although a number of hotels have generators there may be times when these won't work. It is also recommended when you are in your room to lock the door, as staff will sometime enter without reason.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name.

Please note that Day 1 is an arrival day and no activities have been planned, so you may arrive at any time. Similarly the last day is a departure day in which no activities are planned.

Your CEO will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, they will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival transfer or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Airport Transfer complications please call our local transfer providers directly at:
Kolkata Airport:

Mr Suman Kumar

From outside India: +91 89 8107 1224

From within Kolkata: +91 89 8107 1224

From outside Kolkata: +91 89 8107 1224

G Adventures Local Office (Delhi)

G Adventures South Asia Manager, Rishab (Delhi, India)

>From outside of India: +91 88 5180 6614

>From within Delhi: 88 5180 6614

>From within India, but outside Delhi: 088 5180 6614

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Hard suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

Standard luggage allowance for internal flights is 15kg (33lb) for checked luggage, and is 7kg (15lb) for carry-on luggage. Any charges for additional luggage or weight is the responsibility of the passenger.

What should be on my packing list?

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Train Travel (Optional):

- Slip-on shoes
- Small container with lid
- Travel cutlery
- Travel or camp cup

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: During the colder months (Oct-Apr) the mountains can be cold, so please make sure you pack warm clothes. During the months of Jul-Sep is the rainy season, so please make sure to pack waterproof clothes.

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

All travellers must have a valid Indian visa prior to the start of their tour. Please note that visas for India are the responsibility of the individual traveller.

To obtain a visa for India, you may either apply for an e-Visa using the link below, or alternately visit the Indian embassy or consulate nearest you to apply for a physical visa on your passport.

India is now offering e-Visas for some nationalities. Please visit this link for further information, and to check if your nationality is eligible for an e-Visa: <https://indianvisaonline.gov.in/visa/tvoa.html>

As there are many fake websites, please only use the link above to apply for your e-Visa and for any additional information.

Please use the start hotel of your tour as a reference for your visa application. Contact us or your travel agent if you need further information.

Where can I read detailed notes about this trip?

In India English is widely spoken and transportation and infrastructure is good, but please remember that this is India- expect the unexpected! If you are able to bring with you a lot of patience, a great sense of humour and a willingness to try and interact with the local people, your travel experience will be greatly enhanced.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com. There are many ATM machines that accept both Visa and Mastercard but these are limited to major cities. Major credit cards are accepted in most shops but they may charge a 2-4% transaction fee.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

All departure taxes should be included in your international flight ticket

Should I be tipping on my trip?

Please note that it is customary to tip 10% to service staff in India. If someone helps you carry a bag, you can offer to tip a few USD (in local currency), although it will not be expected. If you have a local guide or a driver on your trip, then you will be advised to tip \$2-5 USD (in local currency) per person per service, as long as you feel it is deserved, which it usually is because we have excellent staff working with us. Please ask your CEO for specific advice if you are unsure.

If at the end of the riverboat sailing you find the staff onboard were exceptional, a tip of \$5-10 USD/day is recommended. You can leave this tip at the end of your riverboat leg.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is highly appreciated. The amount is entirely a personal preference, however as a guideline \$20-30 USD per person, per week can be used.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical information pertaining to the country you are traveling to well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as a full supply of any personal medical requirements. In Asia, you will not find the same drugs as you get at home. Please be aware that sometimes we are in remote areas and away from medical facilities. Also note that for legal reasons our Leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. For travellers over 70 years a completed Medical Form is required. Discovery Adventures reserves the right to exclude any traveller from all or part of a trip without refund if, in the reasonable opinion of the CEO, they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while traveling, for the safe keeping of your passport, air tickets, travelers' cheques, cash and other valuable items. Leave your valuable jewelry at home - you won't need it while traveling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting small rural communities or visiting temples or mosques or other holy sites as this may restrict your entry.

India is very conservative and you should dress accordingly. As a general guideline shoulders and knees should be covered at all times. The wearing of shorts is not allowed as it will restrict your entry into buildings of a religious nature and family homes. A light water and windproof jacket is useful and a hat essential.

NB: WE STRESS THAT IT CAN BE VERY COLD IN THE HILLS DURING THE MONTHS FROM DECEMBER TO FEBRUARY.

NB: During our trip there will be many opportunities for you to meet and "talk" with locals. One way to start any conversation is with pictures. We recommend that you bring some photos/postcards of your family, home, city or country where you live, animals peculiar to your country etc.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.