



## **Indonesia: Candidasa, Mt Rinjani & the Gilis**

9 days, Candi Dasa to Gili Trawangan

Trip code AECS

### **What's included**

- Your G for Good Moment: Women led Senaru Village Tour, Senaru
- Your G for Good Moment: Bonjeruk Village Cycle and Lunch, Bonjeruk

- Your Welcome Moment: Meet Your CEO and Group
- Women led walking excursion at the foothills of Mt Rinjani
- Local cooking experience near Pringgasela
- Pringgasela village walking tour
- Visit a traditional Sasak village
- Free time in Kuta
- Bonjeruk village visit with cycling and local lunch
- Free time to relax on the beaches of the Gili Islands
- Free time in Candidasa
- Transport to/from included activities

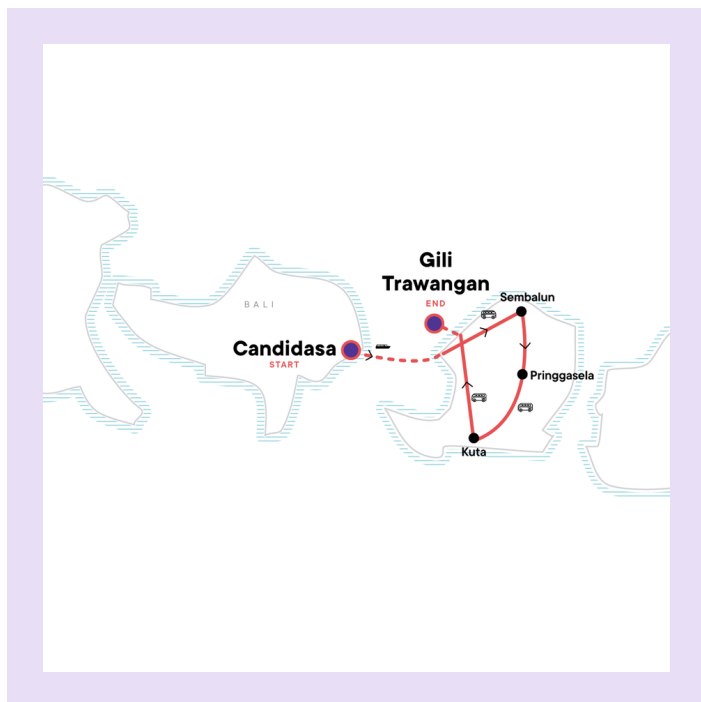
The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 24th, 2025 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Candi Dasa

Welcome to Bali! Arrive at any time.

Your trip will start in Padang Bai today instead of Candidasa while the beach undergoes construction.



### Accommodation

The Ariras Resort (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Candi Dasa

Enjoy the amazing chance to explore Candidasa however you'd like! Opt to join a local Balinese cooking class and learn to make local favorites like Chicken Tum and Gado-Gado. Or take a snorkeling trip to the beautiful Blue Lagoon! The choice is yours.

Today's free day will take place in lively Padang Bai Beach until the Candidasa Beach construction is complete.



### Meals included

Breakfast



### Accommodation

The Ariras Resort (or similar)

Hotel



### Today's Activities

Free Time

Candi Dasa

Spend today exactly how you'd like in Candi Dasa!



### Optional Activities - Day 2

Snorkeling the Blue Lagoon

Candi Dasa

Set out for an unforgettable underwater adventure. Located just a short drive from Candidasa, the Blue Lagoon is famous for its crystal-clear waters, vibrant coral reefs, and diverse marine life. You'll swim alongside colorful fish, sea turtles, and unique marine species while exploring the calm, protected lagoon. The area is perfect for both beginners and experienced snorkelers, offering a peaceful and immersive experience in Bali's natural beauty. A must-visit destination for nature lovers.

Refine your culinary skills with an optional Balinese cooking class. Discover the secrets of delicious local cuisine and how to use exotic herbs and spices.

## Day 3

**Candi Dasa/Semabalun**

Our Lombok adventure begins today as we take a ferry leaving Bali and arriving to Lombok in the late morning. Make your way north of Mt Rinjani and stop in Senaru where we'll be accompanied by a local tour guide who is part of the Rinjani Women Guide association. Head out on an easy trek passing small hamlets where age-old traditions still are in practice, gaining insight into the colourful village life of the Sasak. There is always something interesting happening here as you meet local people and admire traditional houses along the way. You may even see a few cheeky long-tailed monkeys and, with a bit of luck, spot the rare ebony leaf monkey.

**Meals included**

Lunch

**Today's Activities**

## ACTIVITY

Led by local female guides, explore the foothills of spectacular Rinjani volcano in Lombok's northern district of Bayan. Starting near the border of Gunung Rinjani National Park, your route follows old pathways amongst shady bamboo groves and village gardens. Following a winding irrigation channel, you reach the lush rainforest of the famous Sindang Gile and Tiu Kelep Waterfall in Senaru Reserve. The local people believe that a refreshing bath behind these thundering falls can cure any disease. Along the way, discover tropical plants as your guide explains how the local people make practical use of them.

Day 4

## Semabalun/Pringgasea

In the morning enjoy a leisurely half-day trek that takes you through the foothills of the majestic Rinjani volcano. This easy walk offers breathtaking views of lush landscapes, traditional villages, and expansive rice fields, all set against the backdrop of towering peaks. While trekking, visit a local community weaving using traditional techniques. Later head to central Lombok, south of Mt Rinjani and join a local cooking class learning to make local specialties with banana root and bamboo shoots.



### Meals included

Breakfast | Dinner



### Accommodation

Aranka Tempasan Lodge (or similar)

Lodge



### Today's Activities

Semabalun Village Trek

Semabalun

Enjoy an easy half-day walk exploring the foothills of the spectacular Rinjani volcano. Visit a traditional heritage house, meander through bamboo groves and visit a local community of traditional weavers.

Private Vehicle

Semabalun - Pringgasea

2h15m

80km

Settle in and scan the scenery from the convenience of a private vehicle.

Lombok Cooking Class

Aranka Tempasan

Enjoy a cooking class alongside your local hosts. Dig into local favorites like semur ayam, a braised chicken dish that uses many ingredients you may know, and some that will be completely new to you!

Day 5

## Pringgasela/Kuta

This morning, choose to join your CEO and local guides on a light trek through the lush pineapple and cassava plantations. Trek by a local river where you can take some time to refresh before ascending a hilltop for breathtaking panoramic views of emerald rice fields and the majestic Rinjani Mountain – a perfect photo opportunity! Or choose to take a morning to relax and enjoy the incredible scenery and peace at your local lodge. In the afternoon, make your way to Kuta, with a stop at a traditional Sasak village to witness a traditional performance.



### Meals included

Breakfast | Lunch



### Accommodation

Puri Rinjani Bungalow (or similar)

Hotel



### Today's Activities

Traditional Sasak Village

Ende

1h-1h15m

Join your CEO to visit a traditional Sasak village that offers a glimpse into the authentic culture and way of life of the Sasak people of Lombok. Wander through the village and observe the traditional houses made of bamboo, wood, and clay with distinctive thatched roofs. Interact with the local villagers, learn about their customs, traditions, and daily routines. Experience the vibrant and energetic traditional drum performance known as 'Gendang Beleq'. This is a dynamic musical performance featuring large drums and traditional instruments, showcasing Lombok's cultural heritage.

Private Vehicle

Pringgasela – Kuta

2h-2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

## Kuta

After a few days of incredible exploration of northern Lombok, enjoy a day at leisure to take life at your own pace. Enjoy Kuta's tropical beaches on foot or choose to take a surf lesson at a local surf school.

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### Meals included

Breakfast

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### Accommodation

Puri Rinjani Bungalow (or similar)

Hotel

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### Today's Activities

Free Time

Kuta

Spend a free day in Kuta exploring at leisure.

Day 7

## Kuta/Gili Trawangan

Bid farewell to Kuta's beautiful beaches, heading north to the Gili Islands. Make a stop en route in Bonjeruk Village. The village has implemented an English Camp for older high school students to learn to improve their English skills on weekends by leading various activities in their communities. Join a community member for a short cycle through town and stop to enjoy a home-cooked lunch that will give you a taste of the specialities of traditional Lombok food. After filling up, continue on to grab the ferry to the Gili Islands.



### Meals included

Breakfast | Lunch



### Accommodation

Hotel Vila Ombak (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Join a community member for a short cycle through town and stop to enjoy home-cooked meals that will give you a taste of the specialities of Lombok traditional food. After a savory lunch, don't miss dessert as you join some local women of the village that will introduce you to their creations of local cakes and snacks made of flour from the locally grown potatoes or sticky rice.

Ferry

Bangsai - Gili Trawangan

30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Kuta - Bonjeruk

1h-1h15m

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Bonjeruk - Bangsal

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

## Gili Trawangan

Spend a free day in Gili Trawangan. Spend a half day underwater on an optional snorkeling trip or choose to rent a bike and cycle around the island at your own pace. Enjoy a final day in Lombok doing exactly as you please!

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### Meals included

Breakfast

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### Accommodation

Hotel Vila Ombak (or similar)

Hotel

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### Today's Activities

Free Time

Gili Trawangan

Enjoy free time in beautiful Gili Trawangan.

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### Optional Activities - Day 8

Yoga

Gili Trawangan

What's better than a relaxing yoga class in paradise? Get your om on in the Gilis.

Depart at any time.

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## Meals included

Breakfast

## What's included

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- Free time in Candidasa
- Transport to/from included activities

## What are the main highlights of this trip?

Explore the Foothills of Mt Rinjani, Relax on the Gili Islands, Join a women-led walking excursion, Visit a traditional Sasak village, Community cycling excursion in Bonjeruk village, Free time in Candidasa

## What are the main highlights of this trip?

Explore the Foothills of Mt Rinjani, Relax on the Gili Islands, Join a women-led walking excursion, Visit a traditional Sasak village, Community cycling excursion in Bonjeruk village, Free time in Candidasa

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What is the group leader like?**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## **How large will the group be?**

Max 16, avg. 12.

## **What meals are included in this trip?**

7 breakfasts, 3 lunches, 1 dinner

## **What are the modes of transportation on my trip?**

Private Vehicle, ferry, walking.

## **Where will we stay during the trip?**

Simple Hotel (8 nts)

## **Do any exceptions apply to Rooming or “My Own Room” on my tour?**

Night 3

## What kind of accommodation can I expect on this trip?

Hotels (8 nts)

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you.

I Gusti Ngurah Rai (Denpasar) International Airport (DPS): Go to the Paging Area in front of the elevator at International Terminal's arrival hall.

Please note there is a common scam at the airport for non-G Adventures' drivers to pretend they are working for the company. It is very important to confirm your name and booking number with your airport transfer representative.

If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

24/7 emergency number:

From outside Thailand: +66 92 338 9222

From within Thailand: 092 338 9222

G Adventures Local Representative (Indonesia)

Mr. Azhar : +62 813 376 18480

Mr. Edy: +62 811 380 3820

Ms. Periana: +62 811 380 3821

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

# What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Indonesia:

If you are eligible to apply a tourist e-visa for Indonesia, please follow the below links for further information and application:

[C1 Visa Description and Requirements](#)

[eVisa Application Website](#)

The All-Indonesia Arrival Card is mandatory for all international travelers on arrival at Soekarno–Hatta International Airport (CGK), I Gusti Ngurah Rai International Airport (DPS) and Juanda International Airport (SUB) must be completed online within 72 hours before arrival. Submitting the form in advance generates a QR code required at immigration and customs.

Note: The Arrival Card will be mandatory for all international travelers on arrival at all international airports, all international ports by land and by sea from 1 October 2025. For more information and to complete the application, visit the [Indonesia Immigration website](#).

Bali:

Effective February 14, 2024, Bali will implement the “Bali Tourist Levy” for all foreign tourists traveling to the island. This fee is 150,000 IDR (or \$10 USD). Travellers can opt to pay this fee online or in person upon arrival to Bali. We strongly suggest every traveler pay before arrival to ease your entry and avoid queueing to pay upon arrival. The Balinese Government also highly recommends travellers to pay this fee before arrival to Bali.

Payments made before your arrival into Bali will take place through the “Love Bali System.” After successful payment, the system will provide you with a digital paid notification as proof. Make sure to hold on to that proof as it will be scanned by Bali Officials upon arrival to the island. Pay Tourist Levy [here](#)

If you do not pay the fee before arrival, a cashless payment must be made at your entry point. You will receive a printout proving your payment. This document must be kept safe as entry officials will scan the printout upon entering Bali.

For more information, please click [here](#)

Information is accurate as of April 1st, 2024.

## Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$2-\$4 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$8-10 USD per person, per day can be used.

## What activities are optional on this trip?

### Candi Dasa

- Snorkeling the Blue Lagoon
- Cooking Class

### Gili Trawangan

- Yoga

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

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