



## **Ireland: Charming Villages, Traditional Tales & Hiking the Dingle Peninsula**

8 days, Dublin to Ennis

Trip code EQDG

## What's included

- Your OMG Day: Sea Kayaking Excursion or Scenic Boat Ride, Parknasilla House
- Your Local Living Moment: Tea & Scones, Inisheer
- Visit the Rock of Cashel
- Guided tour of Spike Island with a storyteller
- Visit the villages of Bantry, Glengarriff, Casteltown-Bearhaven and Eyeries along the Beara Peninsula
- Seashore walk along the Kenmare Bay with a local expert
- Lunch at Tom Crean's Brewery
- Visit the Muckross House
- Hike to the Torc Waterfall in Killarney National Park
- Drive along the stunning Sleat Head Drive, part of the Ring of Kerry
- Hike the Hike Lub na Cille coastal trail with a local guide
- Visit Adare and Bunratty Castle & Folk Park
- Bicycle tour of Inisheer Island
- Visit the Cliffs of Moher with a local guide
- Farewell dinner with live music
- All tips included for activities and meals, except for CEO and portage
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing October 30th, 2024 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Dublin/Cork

Rolling hills speckled with picturesque villages, and a unique culture featuring a vibrant undercurrent of myths and music, the Emerald Isle will not disappoint. Say hello to Dublin before being whisked away, moving deeper into the its lush, green heart. You'll stop at the Rock of Cashel before readying your sea legs for a ferry ride to Spike Island where you'll be regaled in tales told by a local storyteller.

Travel from Dublin to Cashel this morning. Witness the striking monument silhouetted against the sky, proudly standing since the 13th century. Stand where laymen once stood, in archways lined with centuries old frescoes, and imagine how life used to be in this incredible complex. Continue on to Cobh for lunch, then board the ferry for Spike Island, an important piece of Irish history, having served as a prison and military fortress. Said to be Ireland's Alcatraz, Spike Island hosted thousands of prisoners before hosting thousands of likeminded tourists, eager to learn of its complicated history. Enjoy free time on the island before returning to the mainland for an optional dinner in the evening.

This tour departs from Dublin on day 1 and it is required that flights arrive no later than 05:30am.



### Meals included

Breakfast



### Accommodation

Gabriel House Guesthouse (or similar)

Guesthouse



### Today's Activities

Private Vehicle

Dublin - Cashel

2h30m

170km

Settle in and scan the scenery from the convenience of a private vehicle.

Rock of Cashel Visit

Rock of Cashel

1h

A visit to the Rock of Cashel is a journey through 1,500 years of Irish history. From the pre-Christian legends of the Devil's Bite to the Gothic grandeur of the cathedral ruins, it offers a visceral connection

to Ireland's royal and ecclesiastical past. The combination of the Cormac's Chapel frescoes and the panoramic views over the Golden Vale makes it an essential stop in Ireland's Ancient East.

Private Vehicle

Cashel - Cobh

1h30m

105km

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry

Cobh - Spike Island

15m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Ferry

Spike Island - Cobh

15m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Spike Island Visit

Spike Island

2h15m

Experience a trip through 1300 years of Irish history on a trip to Spike Island off the coast of Cork. Learn about the island's history and experience beautiful nature in a wild Irish setting. The island's unique and Irish history has included monks, monasteries, rioters and redcoats, captains, convicts, sinners, and saints. The island today holds the 200 year old Fort Mitchel, a star shaped Fortress that became a prison with over 2300 prisoners—there has never been a larger prison in Ireland or Britain before or since—a monastery, and modern museum spaces. Enjoy a guided tour of the island with a storyteller. Learn about the island's monastic, military, penal, and social past. There will be Included free time to explore the fort's atmospheric prison cells, impressive military fortifications, and internal passages on your own. There's also time to wander the nature and walking trails in the area. You can choose between the 20-minute 'Glacis Walk' around the fortress with stunning harbor views, or the 'Ring of Spike' walking trail, a 45-minute walk to see the abandoned buildings with spectacular views along the coastline.

## Sneem: Villages of the Baera Peninsula

Set off on a scenic journey through some of Ireland's most picturesque towns and villages, travelling from the heart of County Cork into County Kerry, and down the rugged Beara Peninsula. Once again witnessing all that gives the Emerald Isle its name, lush farmland, rolling hills, and the dramatic coastline overlooking the Atlantic, where every turn will provide another glimpse into quaint villages and sheer natural beauty.

Travel to Bantry and stroll through the charming town centre and admire beautiful views of Bantry Bay. Next, visit Glengarriff, a quaint village nestled between the lush woodlands and striking coastal scenery. Continue on to Castletown-Bearhaven, a lively fishing town with a waterfront perfect for strolling and finding a place for lunch. Onward to Eyeries where you'll find colourful houses and tranquil streets, then finish the day on the coast of Kenmare Bay to check into the hotel and enjoy a delicious dinner.



### Meals included

Breakfast | Dinner



### Accommodation

Parknasilla Resort & Spa (or similar)

Hotel

Parknasilla Hotel sits dramatically on the wild Atlantic coast of Kenmare Bay, surrounded by islands, inlets and hidden beaches. Perfect for exploring the surrounding areas, this grand hotel serves as a comfortable base for immersing yourself in the rugged landscapes of County Kerry and beyond.



### Today's Activities

Private Vehicle

Glengarriff - Castletown Bearhaven

30m

35km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Cork - Bantry

1h30m

85km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Eyeries - Parknasilla House

1h30m

40km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Bantry - Glengarriff

30m

20km

Settle in and scan the scenery from the convenience of a private vehicle.

Let your interests and energy levels guide you today as you discover the seascape and rugged shoreline of Kenmare Bay on your terms. Choose between 2 water-based activities, either paddling along the coast in a sea kayak or exploring the inlets and coves on a boat tour. Whichever option you choose will reward you with incredible views and bring you closer to the natural beauty of this remarkable part of the country.

Choose to go sea kayaking with a local guide or take a boat trip along the shores of Kenmare Bay to soak in the scenery and look for marine life. Later, travel to the town of Kenmare for lunch at the Tom Crean brewery, named after the Irish Antarctic explorer. Enjoy the rest of the afternoon free to explore Kenmare or return to the hotel and enjoy the property's pools, trails and views of the ocean.



## Meals included

Breakfast | Lunch



## Accommodation

Parknasilla Resort & Spa (or similar)

Hotel

Parknasilla Hotel sits dramatically on the wild Atlantic coast of Kenmare Bay, surrounded by islands, inlets and hidden beaches. Perfect for exploring the surrounding areas, this grand hotel serves as a comfortable base for immersing yourself in the rugged landscapes of County Kerry and beyond.



## Today's Activities

### ACTIVITY

Option 1: Embark on a guided sea kayaking adventure, exploring the pristine coastline and hidden coves while spotting local wildlife. This activity offers an immersive experience of the rugged Irish seascape.

Option 2: Enjoy a scenic boat trip along the coast, offering spectacular views of Kenmare Bay and chances to observe marine life in their natural habitat.

Day 4

## Dingle: Along the Ring of Kerry to Killarney

The views along the Ring of Kerry are spectacular and iconically Irish as you make your way to Killarney. Killarney National Park is famous for glassy lakes, historic castles and mansions, and rugged mountain landscapes with emerald woodlands. A hiker's paradise when looking to be surrounded by unparalleled views. Today you will experience both the local history at the Muckross House, and the tranquil nature hiking to Torc waterfall.

Travel along the Ring of Kerry to the Muckross House, a beautifully preserved 19th century mansion located in the heart of Killarney National Park, then head out on foot to hike through the lush woodlands toward the cascading Torc waterfall. Loop back around for lunch and free time for exploration in Killarney. Travel onward to Dingle where you'll settle in the for the night.



### Meals included

Breakfast



### Accommodation

Dingle Skellig Hotel (or similar)

Hotel



### Today's Activities

Private Vehicle

Sneem - Killarney

1h

Settle in and scan the scenery from the convenience of a private vehicle.

Muckross House Visit

Killarney

1h30m

Land at Muckross House and explore the spectacular gardens. The house was built in the 19th century for the politician Henry Arthur Herbert and his wife Mary Balfour Herbert, a painter. Queen Victoria came to visit the Muckross House in 1861, to honor her arrival the Herberts commissioned the extensive gardens that cover the grounds.

Muckross House & Torc Waterfall Hike

Killarney

2h

6km

Hike through lush woodlands and enjoy the views of the stunning Torc Waterfall. The word Torc translates to "Wild Boar" and the falls were named Torc after local legends. They're a beautiful landmark and made for a satisfying goal post for this easy going hike. Largely flat and well maintained, this hike is suitable for most ages and fitness levels.

Private Vehicle

Killarney - Dingle

1h15m

65km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

## Dingle: Slea Head Drive and Walking the Dingle Peninsula

The Dingle Peninsula is said to be home to the most scenic drive in the world. The Sleah Head Drive takes you along the awe-inspiring coastline where you'll witness steep cliffs and rocky shores broken up by sandy beaches, the landscape composed of soothing greens and crisp blues. As you can imagine, this area is also a popular hiking route for adventure seekers looking to immerse themselves in the impressive landscape.

Enjoy the scenic drive along the coastal road to Reilig Dhún Chaoin. After arriving, you'll walk to Blasket Island Interpretive Centre where you'll hike a coastal loop trail called Lub na Cille with a local guide. Return to the Blasket Centre for lunch, then travel back to Dingle for a free evening and optional dinner out with the group.



### Meals included

Breakfast | Lunch



### Accommodation

Dingle Skellig Hotel (or similar)

Hotel



### Today's Activities

Slea Head Drive

Dingle - Ballinglanna

1h30m

17km

Drive along one of the most scenic drives in the world - The Sleah Head Drive - with views of the horseshoe shaped Ventry Beach and the Skellig Islands, the wild Atlantic and The Blasket island archipelago.

Reilig Dhún Chaoin to Blasket island Interpretative Centre Walk

Ballinglanna - Blasket Islands

1h15m

1km

Take a scenic walk from Reilig Dhún Chaoin to the Blasket Island Interpretative Centre with a knowledgeable local guide. Immerse yourself in breathtaking coastal views and rich cultural insights. There will be a broad range of subjects covered from Irish folklore, mythology, ancient history, history, pop and culture.

Lub na Cille Hike

Blasket Islands

5km

This trail offers stunning vistas over the Atlantic Ocean and the iconic Blasket Islands, with dramatic cliffs, lush hillsides, and expansive skies creating a truly immersive experience. Along the way, you'll feel the unique blend of Ireland's natural beauty and cultural heritage, with quiet moments to pause and absorb the landscape that has inspired generations of storytellers and locals alike.

## Ennis: Adare and County Limerick

Leave County Kerry behind and cross over into County Limerick, stopping in the charming village of Adare. The Irish government has designated Adare a heritage town due to its religious and medieval history, having been founded in the 13th century. It is considered Ireland's "prettiest village" with thatched roof cottages and the River Maigue. Later, travel to Bunratty Castle & Folk Park, a 15th century fortress located in County Clare. Bunratty translates to "mouth of the Ratty River", a fitting name given its proximity to the Shannon Estuary.

Travel northeast from Dingle to the picturesque town of Adare and enjoy some free time to explore. Continue to Bunratty Castle where you can immerse yourself in the region's rich history then drive to Ennis to settle into the hotel and enjoy an included dinner with the group.



### Meals included

Breakfast | Dinner



### Accommodation

Old Ground Hotel Ennis (or similar)

Hotel



### Today's Activities

Private Vehicle

Adare - Ennis

1h

Settle in and scan the scenery from the convenience of a private vehicle.

Bunratty Castle & Folk Park Visit

Bunratty

2h30m

Enjoy entrance into Bunratty Castle and spend time on your own visiting the historical grounds, known as the most complete and authentic castle in all of Ireland. The land on which Bunratty Castle has been built used to be a Viking trading camp in 970. Learn how the lords and ladies of this castle lived during times of bravery and battles, while taking in the views of the idyllic County Clare countryside.

Private Vehicle

Dingle - Adare

2h30m

130km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Adare

Explore Adare as you wish with free time. This historic village offers a blend of scenic beauty and heritage, perfect for a peaceful stroll or cultural exploration. Keep an eye out for the Adare Manor, a stunning manor house set amid lush greenery.

## Ennis: Inisheer Island and the Cliffs of Moher

The capital of the County Clare, Ennis is a historic town originating in the 13th century, boasting a close proximity to both Inisheer and the Cliffs of Moher, which are ideal for exploring by bike and on foot.

Inisheer is the smallest of the three Aran Islands located in Galway Bay, a comfortable ferry ride from Doolin Port and the Cliffs of Moher. The towering sea cliffs are believed to house otherworldly creatures, overlooking the formidable Atlantic.

Travel from Dingle to Doolin Port and catch the ferry to the island of Inisheer. Set off on a bike tour to explore the sights then meet with a local islander to share tea and scones and learn about everyday life on the island. After returning to the mainland, join a local guide for a visit to the iconic and beautiful Cliffs of Moher. Travel back to Ennis for a farewell dinner with live traditional music and a final night out with the group.



### Meals included

Breakfast | Dinner



### Accommodation

Old Ground Hotel Ennis (or similar)

Hotel



### Today's Activities

Private Vehicle

Cliffs of Moher - Ennis

1h

69km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Ennis - Doolin

1h

41km

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry

Doolin - Inisheer

15m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Bike tour of Inisheer

Inisheer

2h

5km

A bike tour of Inisheer takes you on a delightful journey through quiet lanes, ancient stone walls, and turquoise waters. Cycle past historic landmarks like O'Brien's Castle and the Plassey Shipwreck, all while soaking in the island's charming, scenic atmosphere.

Ferry

Inisheer - Doolin

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

## ACTIVITY

Connect with a local Islander over tea and scones. Learn about island life and better understand what makes this area so unique.

Cliffs of Moher Walk

Galway City

1h30m

Visiting the Cliffs of Moher offers breathtaking views of towering sea cliffs and the Atlantic Ocean, with dramatic landscapes that showcase Ireland's rugged beauty.

Day 8

## Ennis

The adventure finishes today, and you can depart at any time.

We recommend booking international departures out of the nearby Shannon airport, located 20-30 minutes away with taxi and private shuttle options available. If departing from Dublin Airport, direct buses and trains are available, taking approximately 3.5 to 4 hours from Ennis.



### Meals included

Breakfast



### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

## What's included

- Your OMG Day: Sea Kayaking Excursion or Scenic Boat Ride, Parknasilla House
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## What are the main highlights of this trip?

Stand in awe on the stunning Cliffs of Moher, Daydream about yesteryear hearing tales of Irish history told by locals, Wander through historic castles and medieval buildings, Hike along scenic coastal trails on the Dingle Peninsula, Discover quaint Irish villages and lush rolling landscapes

## What are the main highlights of this trip?

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## **Is there a disclaimer I should read before booking this trip?**

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

### **1. LOCAL GUIDES**

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

### **2. LUGGAGE**

In Europe it is very rare to find elevators in train stations, hotels or other public places. You may need to carry your luggage up flights of stairs. You will also need to be able to stow your luggage safely on buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times.

### **3. ACCOMMODATION NOTE:**

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

### **4. OPTIONAL ACTIVITIES NOTE:**

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

## What is the group leader like?

This G Adventures group trip is accompanied by one of our Chief Experience Officers (CEOs). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places. If you wish to take a guided city tour in any location where this is not already included in the itinerary, your CEO will do their best to help you arrange this and pay locally.

## How large will the group be?

Max 16, avg 12

## What meals are included in this trip?

8 breakfasts, 2 lunches, 3 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Private vehicle, ferry, walking.

## What transportation will we take on this trip?

Private vehicle, ferry, walking, bicycle.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotels (7nts).

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

### MEETING POINT:

Staycity Dublin City Quay

Address: 33/34 Moss St, Dublin Docklands, Dublin, D02 E732, Ireland

PLEASE NOTE THAT YOU ARE REQUIRED TO BE AT THE JOINING POINT AT 7:45 AM ON DAY 1.

From Dublin airport (DUB): you can take the Dublin Express shuttle directly from Terminal 1 to the city centre. Alternatively, you can take a local taxi following the taxi signage from outside both Terminal 1 and Terminal 2.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

We recommend booking international departures out of the nearby Shannon airport, located 20-30 minutes away with taxi and private shuttle options available. If departing from Dublin Airport, direct buses and trains are available, taking approximately 3.5 to 4 hours from Ennis.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Light Hiking:**

- Hiking boots
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

**Smart Dress:**

- Smart outfit (For evenings out)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#).

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Western Europe. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of euros, travellers cheques and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## Should I be tipping on my trip?

On the Geluxe Collection tours, tipping is included for all included activities and meals. Tipping is not included for the CEO or Porterage. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline €8-10 per person, per day can be used.

For meals and activities not included in your itinerary, it is appropriate in Europe to tip 10%. Though not compulsory, tipping is expected. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels and shows an expression of satisfaction.

## What activities are optional on this trip?

- No optional activities

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

When in places of religious worship travellers are expected to dress modestly, with shoulders and knees covered.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

# What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.