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Sorry! There are no remaining departures for "Islands of Indonesia" (AEII), [but here are some similar trips](#).



## **Islands of Indonesia**

22 days, Sanur to Sanur

Trip code AEII

## What's included

- Your G for Good Moment: Bali Community Training Lunch Program, Ubud
- Your Welcome Moment: Meet Your CEO and Group
- Your Wellness Moment: Malanage Hot Springs, Malanage Hot Spring
- Your Wellness Moment: Local Hot Spring Pool, Kintamani
- Your Discover Moment: Ubud
- Boat trip to Komodo and Rinca islands
- Ngada village experience
- Kelimutu volcanic crater visit
- Moni village visit
- Hot springs and Lake Bratan temple visit
- Highlands of Kintamani visit
- Mt Batur view
- Local Indonesian meal experience
- Kerta Gosa visit
- Ubud orientation walk
- Jatiluwih Rice Terraces visit (UNESCO-protected)
- Beach time in Candidasa
- Sasak village visit
- Snorkelling trip
- Easy trekking in Tetebatu
- Sendang Gila Waterfall swim
- Free time on the white-sand beaches of the Gili Islands
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2019 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Sanur

Arrive at any time.



## Today's Activities

### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Sanur/Moni

Hop on a plane to Ende and drive to your ecolodge in Moni, a lush hill town.

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### Meals included

Breakfast

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### Today's Activities

Local Bus

Sanur - Ngurah-Rai Airport

45m

Climb aboard, grab a seat, and enjoy the ride.

Plane

Ngurah-Rai Airport - Ende

3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Ende - Moni

2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

## Moni/Bajawa

Wake early and embark on a one hour hike to arrive at the Kelimutu crater lake viewpoint for sunrise. After breakfast leave for Bajawa. After lunch, take a revitalizing dip at Malanage Hot Springs.

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### Meals included

Breakfast

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### Today's Activities

Kelimutu Volcanic Crater Visit

Moni

Enjoy a visit to Kelimutu, which is close to the small town of Moni in central Flores; it's known for its stunning, multi-coloured crater lakes. Tiwu Ata Bupu (Lake of Old People) is typically blue, Tiwu Ko'o Fai Nuwa Muri (Lake of Young Men and Maidens) is usually green and Tiwu Ata Polo (Bewitched or Enchanted Lake) is sometimes red. The colours can vary and are unpredictable.

Private Vehicle

Moni - Bajawa

8h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

## Bajawa/Ruteng

Drive inland to Ruteng and take in the stunning surrounding mountains. Head out this morning to visit Bena, a traditional village in Ngada where you will meet with local tribes and learn more about the region's architecture and way of life.

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### Meals included

Breakfast

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### Today's Activities

Bena Village Visit

Bena

Visit this charming village and learn about the local way of life.

Private Vehicle

Bajawa - Ruteng

7h30m

145km

Settle in and scan the scenery from the convenience of a private vehicle.

#### ACTIVITY

Enjoy the crisp mountain air and the clear water of the idyllic Malanage Hot Springs, which are located roughly 20km from Bajawa. Be careful -- the water may be too hot to get in, but the jungle setting makes this natural phenomena worth a visit.

Day 5

## Ruteng/Labuan Bajo

Travel to Labuan Bajo, and explore this bustling harbour town with some free time. En route, take a quick hike to a viewpoint over the spider rice fields at Cancar.

A small fishing village on the island of Flores, Labuan Bajo, is an idyllic setting. Head out for an afternoon on Pede or Binonko Beach, go kayaking, relax with a massage or just meander through the markets, cafes and waterfront of this busy fishing town. At dusk, keep an eye out for flying fox bats.



### Meals included

Breakfast



### Today's Activities

Spider Rice Fields Visit

Cancar

Admire the beauty and uniqueness of these community-owned rice fields that look like they were spun by a spider. While beautiful all year, they are at their most impressive during wet season

Private Vehicle

Ruteng - Labuan Bajo

5h

120km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

## Labuan Bajo

Wake early this morning and head into the tropical jungle. When the car can go no further, an easy trek through the rainforest brings you to the beautiful Cunca Wulang Canyon. A jump into the waterfall pools will you cool off.

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### Meals included

Breakfast

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### Today's Activities

Cunca Wulang Canyon

Labuan Bajo

Drive an hour and then hike 1.5 hours through tropical rainforest to get to one of Flores most striking spots. Swim in the canyons freshwater pools with waterfalls cascading around you.

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### Optional Activities - Day 6

Batu Cermin Cave

Labuan Bajo

Travel to a nearby cave with impressive rock formations where rays of light find their way into the cave's inside walls and perform a spectacular show of reflected sunlight.

Day 7

## Labuan Bajo

Sail to Rinca and Komodo islands in search of the famed Komodo Dragon and other wildlife.

Enjoy lunch and snorkelling at Pink Beach. Return to Labuan Bajo as the sun sets with an included dinner on board.

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### Meals included

Breakfast | Lunch | Dinner

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### Today's Activities

Rinca & Komodo Island Boat Trip

Labuan Bajo

Sail from Flores to Rinca and walk through the grasslands looking for Komodo dragons in their natural habitat. After stopping at Pink Beach for lunch and snorkeling, sail to the island of Komodo to continue exploring these untouched islands and their fascinating wildlife.

Return to Labuan Bajo as the sun sets and enjoy dinner on board before disembarking.

Day 8

## Labuan Bajo/Sanur

Catch a flight back to Bali. Enjoy another night in paradise.

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### Meals included

Breakfast

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### Today's Activities

Plane

Labuan Bajo – Sanur

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 9

## Sanur

Enjoy some free time in Sanur.

New travellers may join the tour today. You are welcome to join them for an optional welcome dinner in the evening.

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### Meals included

Breakfast

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### Today's Activities

Free Time

Sanur

Use a free day in Sanur to see as much as you can of this beachside city.

Day 10

## Sanur/Munduk

Visit the Lake Danu Bratan Temple and take a walk through the Jatiluwih Rice Terraces before arriving at the guesthouse in Munduk. Enjoy some delicious Balinese cuisine.



### Meals included

Breakfast | Dinner



### Today's Activities

Private Vehicle

Sanur - Tabanan

2h-2h30m

55km

Settle in and scan the scenery from the convenience of a private vehicle.

Jatiluwih Rice Terraces Visit

Tabanan

1h

Follow your CEO down narrow paths as you explore the UNESCO-protected Jatiluwih Rice Terraces. Stop to enjoy the view as you trek around the area.

Private Vehicle

Tabanan - Danau Beratan

1h-1h30m

25km

Settle in and scan the scenery from the convenience of a private vehicle.

Ulun Danu Temple Complex Visit

Danau Beratan

Bring your camera for this floating temple visit; the captivating Ulun Danu Temple, founded by the King of Mengwi in the 17th century, is one of Bali's most important and most photographed temples.

Private Vehicle

Danau Beratan - Munduk

30m-45m

20km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 11

## Munduk/Kintamani

Drive through lush rice fields and winding mountain roads to Kintamani, then take a dip in the local hot springs.

Arrive in Kintamani with its breathtaking views of Lake Batur and the Batur crater. Take a wander through town and mix with the locals, opt to visit the market, and marvel at the variety of local produce for sale.

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### Meals included

Breakfast

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### Today's Activities

Private Vehicle

Munduk - Kintamani

2h-2h30m

70km

Settle in and scan the scenery from the convenience of a private vehicle.

#### ACTIVITY

Relax in the pools filled with warm mineral waters from a local spring to soothe tired muscles and ease worries away.

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### Optional Activities - Day 11

Walk to Nearby Waterfall

Munduk

Enjoy the land's natural beauty on this walk to the local waterfall.

Day 12

## Kintamani/Ubud

Opt for a sunrise hike to the top of Mt Batur before travelling to the cultural heart of Bali, stopping for lunch at the G Adventures supported-Bali Community Training Lunch Program. Arrive in Ubud in the late afternoon for an orientation walk and some free time.

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### Meals included

Breakfast | Lunch



## Today's Activities

Private Vehicle

Kintamani - Ubud

1h-2h

35km

Settle in and scan the scenery from the convenience of a private vehicle.

### ACTIVITY

Enjoy lunch at the G Adventures-supported Bali Community Training Lunch Program. This initiative supports and assists people living with disabilities in Bali to find independence and meaningful employment through training in the hospitality sector. In Hindu-Bali, it is a societal belief that being born with a disability is a product of "bad karma". Our ground partners are working in the community to break down these stereotypes, and provide resources, training, and education to adults living with disabilities to gain independence and confidence, and find employment within their community. Fully managed and operated by individuals living with disabilities, enjoy a delicious traditional Balinese buffet lunch prepared by the organization while learning more about this initiative that empowers individuals through skills and employment training. All proceeds from this included lunch support the organization's training, education, advocacy and outreach programs, as well as resources such as wheelchairs and three-wheeled mopeds.

Free Time

Ubud

Learn Balinese cooking or, if you want ready-made food, go to the Gianyar night market for local eats. Yoga classes are not hard to find or opt for a relaxing massage.

Orientation Walk - Ubud

Ubud

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.



## Optional Activities - Day 12

Mt Batur Hike

Gunung Batur

650000IDR

Climb to the summit of Mt Batur (1717m) for an amazing sunrise and scenic views. Rest easy—this active volcano is an accessible climb of about two hours.

Monkey Forest Visit

Ubud

100000-120000IDR

Take a walk through the lush Monkey Forest. Keep your valuables close as these cheeky creatures are bound to grab anything that isn't nailed down.

Enjoy a free day to explore exactly what interests you in Ubud. Opt to visit the Monkey Forest, numerous temples, rice paddies, and markets. In the evening, opt to take in a traditional Kecak dance performance.



## Meals included

Breakfast



## Optional Activities - Day 13

Kecak Dance Performance

Ubud

20USD

Enjoy a display of traditional Kecak dance (aka Ramayana Monkey Chant), depicting a battle from the Ramayana.

Gianyar Night Market

Ubud

Tour the Gianyar night market for some local cuisine. Enjoy amazing food (including savoury soups, satay and sweets) and take in Balinese culture.

Whitewater Rafting

Ubud

Experience the thrill of the rapids. Enjoy an amazing ride, but don't forget to paddle! Be sure to wear clothes you don't mind getting wet.

Yoga Class

Ubud

Relax with a class at one of Ubud's beautiful yoga studios. Stretch and hold poses in this gentle but effective form of exercise.

Organic Cooking Class

Ubud

1h30m-2h

Refine your culinary skills with a Balinese cooking class. Discover the secrets of delicious local cuisine and how to use exotic herbs and spices.

Visit Kerta Gosa, the historic court of justice, before the journey to Candidasa, a superb beach location perfect for relaxing.

While Candi Dasa Beach undergoes construction, we've moved our stay to Padang Bai Beach to ensure you have the best experience. You'll love Padang Bai's gorgeous snorkelable waters and laidback harbour town! Trips to Candi Dasa will resume following the completion of construction.



## Meals included

Breakfast



## Today's Activities

Private Vehicle

Ubud - Candi Dasa

1h30m-2h

43km

Settle in and scan the scenery from the convenience of a private vehicle.

Kertha Gosa Visit

Ubud

Explore the scenic site of Kerta Gosa, the ancient court of justice. Learn more about local history and check out the pavilion's elaborate ceiling paintings.

Free Time

Candi Dasa

Explore the coast and legendary white sandy beaches of Candidasa. This is also the place for a massage or a yoga class. If you want history, go to the Tirta Gangga temple.



## Optional Activities - Day 14

Massage

Candi Dasa

Relax and soothe sore muscles with a local massage.

Tirta Gangga Visit

Candi Dasa

Wander the maze of pools and fountains surrounding the water palace at Tirta Gangga.

Day 15

## Candi Dasa

With more free time here, opt to visit the Tirta Gangga temple or the traditional village of Tenganan, go snorkelling, or relax on one of the secluded beaches along the coast.

New travellers may join today for the Lombok portion of the adventure. You are welcome to join them at a group meeting this evening, followed by an optional dinner.

Today's free day will take place in lively Padang Bai Beach until the Candidasa Beach construction is complete.



### Meals included

Breakfast



### Today's Activities

Free Time

Candi Dasa

Use more free time here to make the most of this beach town.



### Optional Activities - Day 15

Tirta Gangga Visit

Candi Dasa

Wander the maze of pools and fountains surrounding the water palace at Tirta Gangga.

Day 16

## Candi Dasa/Kuta

Take a local ferry to Lombok and visit a Sasak traditional village en route to Kuta.

Arrive at the shores of Lombok and head to a traditional Sasak village. Meet the locals and learn more about their unique culture and way of life. Continue on to Kuta for the night.



### Meals included

Breakfast



### Today's Activities

Ferry

Candi Dasa - Lembar

6h

Get to the next spot on your route aboard a ferry boat.

Private Vehicle

Lembar - Kuta

1h30m

50km

Stop to visit a Sasak village on the way.

Sasak Village Visit

Lembar

Visit this village of farmers and weavers and discover their way of life. Listen to the history of the community as you wander the paths between the traditional homes.

Day 17

## Kuta

Enjoy a full day exploring the area around Kuta. Opt for a surf lesson or visit one of the beautiful beaches nearby.

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### Meals included

Breakfast

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### Optional Activities - Day 17

Surf Lesson

Kuta

48USD

Ready to ride the waves? Head to scenic Seger beach for a morning surf lesson.

Day 18

## Kuta/Senggigi

Enjoy a spectacular drive through the middle of Lombok. Stop at the Tetebatu community and enjoy an easy trek through the surrounding rice fields led by a local guide. Continue on to Senggigi for the night.

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### Meals included

Breakfast

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### Today's Activities

Private Vehicle

Kuta - Tetebatu

2h

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Tetebatu Countryside Trek

Tetebatu

2h

Head out for a couple hours of easy trekking. Pass local homes and rice fields while learning more about the region.

Private Vehicle

Tetebatu - Senggigi

2h

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Before heading to the stunning Gili Islands, visit the slopes of the Rinjani Volcano and hike to a secluded waterfall and take a dip in the fresh water. Once at the islands, opt to swim, snorkel, or kick back and relax.

Drive to the coast and hop on a ferry to Gili and settle in for a few days on the islands. The Gilis are paradise incarnate with a tiny population, no cars, and gorgeous white-sand beaches.

Please note there is limited fresh water available on the Gilis and electricity is supplied by generators. Showers often use desalinated salt water and rooms are typically fan-cooled (no air conditioning).



## Meals included

Breakfast



## Today's Activities

Private Vehicle

Senggigi - Senaru

2h30m

90km

Settle in and scan the scenery from the convenience of a private vehicle.

Sendang Gila Waterfall Swim

Senaru

Enjoy an easy walk through the tropical forest and be rewarded by the beauty of the Sendang Gila Waterfall; jump in and swim in its deep pool. It is said locally that every time you swim behind the main waterfall of Tiu Kelep you become a year younger!

Private Vehicle

Senaru - Bangsal

2h30m

90km

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry

Bangsal - Gili Trawangan

30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Day 20

## Gili Trawangan

Enjoy a half-day snorkelling trip and check out what's living under the sea. The rest of the day is free for exploring. Opt to rent a bike and cycle around the island, visit the shopping area, or try some yoga.

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### Meals included

Breakfast

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### Today's Activities

Free Time

Gili Trawangan

Get active or just chill out– the choice is yours.

Snorkelling Excursion

Gili Trawangan

3h-4h

Grab a mask and swim amongst the tropical fish. If you're lucky spot a turtle.

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### Optional Activities - Day 20

Yoga

Gili Trawangan

What's better than a relaxing yoga class in paradise? Get your om on in the Gilis.

Day 21

## Gili Trawangan/Sanur

Travel back to Bali by boat for a final dinner and farewells.

Spend the final evening with an optional dinner together, reflecting on the adventure under a beautiful Balinese sunset.

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### Meals included

Breakfast

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### Today's Activities

Ferry

Gili Trawangan - Padangbai

1h30m-2h

65km

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Padangbai - Sanur

1h-1h30m

40km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Sanur

Enjoy a free afternoon to explore a bit of Sanur.

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### Optional Activities - Day 21

Tanah Lot Sunset Tour

Tanah Lot

Visit beautiful Pura Tanah Lot, one of seven sea temples off the Bali coast; it's particularly stunning at sunset.

Depart at any time.

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## Meals included

Breakfast

## What's included

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- Your Welcome Moment: Meet Your CEO and Group
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- Free time on the white-sand beaches of the Gili Islands
- Internal flights
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## What are the main highlights of this trip?

Look for Komodo dragons in the wild, meet the friendly people of Ngada village, explore Hindu temples, visit the tobacco plantations of Tetebatu, savour Balinese cuisine at a G for Good project, snorkel vibrant reefs and dig your feet into white sand.

## What are the main highlights of this trip?

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## Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## What important notes should I be aware of before the trip?

### 1. RAMADAN

According to the lunar cycle, Ramadan will fall between April 23rd and May 23rd, 2020. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

### 2. LUGGAGE

Domestic airlines on this itinerary enforce a maximum of 10kg for luggage. Based on the payload it may be possible to pay for additional weight. Otherwise, additional luggage may be stored.

### 3. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

## **How large will the group be?**

Max 15, avg 10

## **What meals are included in this trip?**

21 breakfasts, 2 lunches, 2 dinners

## **What are the modes of transportation on my trip?**

Private van, public bus, boat, ferry, plane, walking.

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels/simple guesthouses (21 nts).

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **What is the joining hotel?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## **What are the joining instructions?**

When arriving at Denpasar Airport in Bali you will want to exit Customs into the arrival hall. Once here, there are money changers but they do not offer the best rate, so its best to wait until you arrive in Sanur. There are ATMs available that distribute Indonesian Rupiah (the local currency).

If you have not pre-booked an arrival transfer through G Adventures, we recommend taking a taxi. Once you have stepped outside, there is a taxi stand with set rate taxis to various destinations on the island. The prices are listed on the wall and can be paid in Rupiah or in US Dollars (your exchange rate will be slightly lower than what you will get in Sanur) Here you book and pay for your taxi and receive a voucher. They will then show you to your taxi.

The drive to Sanur is approximately 30 minutes, but can take much longer if the traffic is bad.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. Our representative will stand at the meeting area of all travel/hotel representatives. It is located approximately 50 meters from the exit doors after luggage check. Our transfer representative will be waiting for you with a G Adventures sign board in hand. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other then your welcome meeting in the evening, so you can arrive at any time.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## **What happens if I experience problems when arriving?**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Office or our G Adventures Local Representative (if one is listed below). If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Denpasar (Bali) Airport Transfer complications please call our local G Adventures Transfer provider directly at: +62 8113803820, +62 8113803821, +62 81337618480

### EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

During Office hours (Weekdays, 9am-5pm Local Time)

From outside Thailand: +66 2 508 8630

From within Thailand: 02 508 8630

After hours emergency number

From outside Thailand: +66 87 049 6074

From within Thailand: 087 049 6074

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What should I take on my trip?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. Air carriers we use on this itinerary have a 10kg for checked bag and 7kg for carry-on bag limit. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit with you in buses or on trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones. If your trip involves overnights in homestays, villages or camping then you usually have the opportunity to rent sleeping bags if need be instead of bringing them with you.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## What activities are optional on this trip?

### Labuan Bajo

- Batu Cermin Cave

### Munduk

- Walk to Nearby Waterfall

### Gunung Batur

- Mt Batur Hike (650000IDR per person)

### Ubud

- Monkey Forest Visit (100000-120000IDR per person)
- Kecak Dance Performance (20USD per person)
- Gianyar Night Market
- Whitewater Rafting
- Yoga Class
- Organic Cooking Class

### Candi Dasa

- Massage
- Tirta Gangga Visit

### Kuta

- Surf Lesson (48USD per person)

### Gili Trawangan

- Yoga

### Tanah Lot

- Tanah Lot Sunset Tour

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.