

## **Italy: Florence to Rome, Walking the Vineyards of Tuscany and Umbria**

10 days, Florence to Rome

Trip code EIFR

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Molino di Grace Visit & Lunch, Panzano
- Your Foodie Moment: Wine Pairing Dinner
- Your Foodie Moment: Pecorino Cheese Tasting
- Your OMG Day: Rome Walking Tour or Fully Guided Vespa Tour, Rome
- Complimentary Arrival Transfer
- Welcome and Farewell dinner
- Guided walking tour of Florence
- Lunch at an agriturismo
- Guided walking tour of San Gimignano
- Guided walking tour of Montepulciano
- Guided walking tour of Siena
- Guided walking tour of Città della Pieve
- Cooking class in Umbria
- Walk Strove to Colle Val d'Elsa
- Walk Monteriggioni to Siena
- Walk Montefioralle to Panzano
- Walk Volpaia to Lamole
- Walk the Gladiator Trail
- Pecorino Cheese Tasting
- Visits to towns in the Italian countryside like Montefioralle, Greve in Chianti, and Montepulciano
- Picnic lunches in vineyards
- Free time in Rome
- All transport between destinations and to/from included activities
- All tips for meals and activities, except for CEO and portorage

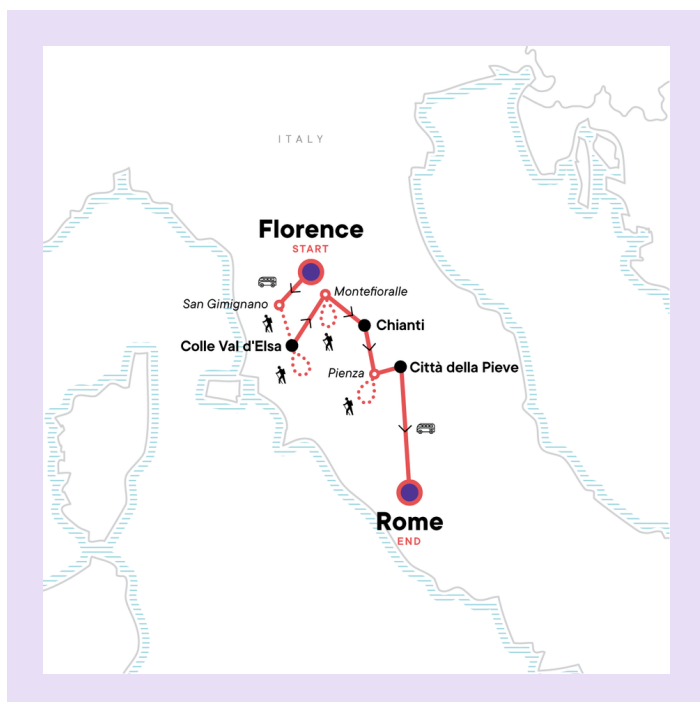
The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing May 6th, 2024 - April 24th, 2025

## Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Florence: A Golden Stroll

As the sun sets in Florence, the city centre becomes bathed in a golden hue as the lights come on, welcoming locals and travellers alike to head out into the city, to dine together and celebrate life's simplest pleasures. The birthplace of the renaissance, Florence remains a fashion and culture icon in the modern world. With so much art, history, and architecture to take in, there is no time to waste. Welcome to Florence, and to Italy, and we invite you to explore the old and the new, the grand and the simple, all in one of the world's most beautiful countries.

After an informative welcome briefing with your CEO and a delicious dinner in the heart of Florence, stretch your legs on an evening walk to get some photos of that beautiful golden Florence glow. Speaking of simple pleasures- your evening stroll includes a stop for a gelato at a famous gelateria. Try the pistachio flavour or the fiordilatte. Or both. It's your first day in Italy, after all. Time to celebrate.



### Meals included

Dinner



### Today's Activities

Arrival Transfer

Florence Peretola Airport - Florence

30m-30m

8km

You will be met at the airport and transferred to the hotel to start your adventure.

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Join the group afterwards for a welcome dinner at local restaurant. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

CEO-led Orientation Walk of Florence

Florence

Head out for a walk through the heart of Florence with your CEO as the sunshine fades and the monument lights come on. On the return trip stop to eat gelato.

## Florence: From the Duomo to the Ponte Vecchio

Standing before the Cattedrale di Santa Maria del Fiore, the Duomo, is one of those moments in life where you feel truly small. To take in the magnitude of what the cathedral represents is to transport yourself back in time to the 13th century. Could the people who began to build this magnificent structure have ever imagined that 800 years later people would still come to marvel at its beauty. This morning join your expert guide for a walking tour and see the Duomo, Signoria Square and then head over to the Ponte Vecchio, you will only just be scratching the surface of what there is to see.

The only way to truly appreciate Florence is by walking the streets and plazas. After your walking tour, end the morning at a local market where you can enjoy Italian specialties. During the afternoon, choose to join your CEO at the Piazzale Michelangelo for a delicious view of the city and a well earned refreshing drink. There is plenty to do in Florence, so ask your CEO and make sure you make the most of your afternoon.

Please note that the Galleria dell'Accademia and Uffizi are closed on Mondays. Please consider arriving a day early if your tour begins on a Sunday and you are interested in seeing either of the above.



### Meals included

Breakfast



### Today's Activities

Florence Guided Walking Tour With Local Guide

Florence

3h

Enjoy more of Florence with a local guide on a 3-hour walking tour hitting all of the can't-miss highlights. Visit Duomo Square, Signoria Square, and Ponte Vecchio.

Free Time

Florence

Spend the afternoon on your own. Opt to join your CEO for a drink at Piazzale Michelangelo or opt to visit some museums like Museo Leonardo Da Vinci.



### Optional Activities - Day 2

Medici Chapels Visit

Florence

9-32EUR

1h-1h11m

Admire the opulence of the two Medici Chapels. The Sagrestia Nuova was designed by Michelangelo and built as a mausoleum for the powerful Medici family.

Piazzale Michelangelo Walk

Florence

Cross through the centre of the city and over the Arno. Climb to the top of the hill and check out the vista over the river from Piazzale Michelangelo. It's worth every step!

Leonardo Da Vinci Museum Visit

Florence

With over 40 working machines recreated from da Vinci's notebooks, interacting is definitely encouraged at this museum - go ahead, spin those wheels, knobs and levers! Discover the genius of his highly engineered bridges, hydraulic machines, and artillery designs. See a life-size "ornithopter" - da Vinci's dream flying machine.

## Tuscany: San Gimignano and Colle Val d'Elsa

The Tuscan countryside is calling. Over the course of the next 5 days, move through Tuscany and Umbria by walking from village to village. The pace here is intentional-many stops are made along the way to ensure you see and experience the true essence of these beautiful places. Your first day sees you begin the trek in the village of Strove walking the Via Fancigena until you reach the Elsa River. Cross the river on foot, wading ankle deep in the blue water.

Leave Florence and travel southeast, but before you begin to trek, get your body moving by a morning visit to San Gimignano. With the insights of a local guide, discover one of the most well preserved Italian medieval sites by marvelling at both the Gothic and Romanesque architecture of the historical centre, and by sampling some of the regional delights at lunch in town. Your trek begins after lunch, heading to the final destination of Colle Val d'Elsa.



### Meals included

Breakfast | Lunch



## Today's Activities

San Gimignano Guided Tour

San Gimignano

1h30m

Today enjoy the walled town of San Gimignano on a guided visit. Feel yourself be lured by the palpable sense of history and medieval streetscapes in this enchanting rural setting.

Walk Strove to Colle Val d'Elsa

Strove - Colle di Val d'Elsa

3h

8km

Begin in the tiny village of Strove and walk along the ancient Via Fancigena to the Elsa River. Walk through the park, over bridges, and bask in the ice-blue colour of the water.

Length: 8km (5 miles)

Duration: 3 hours

Elevation: approximately 100m

Private Vehicle

Florence - San Gimignano

1h30m

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

San Gimignano - Strove

30m

22km

Settle in and scan the scenery from the convenience of a private vehicle.

Monteriggioni is your quintessential Tuscan medieval walled village. Follow part of the ancient Francigena way; step back in time as you walk past donkeys in green pastures and lush bushes as the Tuscan countryside unfolds before you.

After hiking toward the village of Monteriggioni, enjoy lunch at La dama nella Vigna with some well-deserved wine. Once satisfied, visit Monteriggioni before continuing your journey to Siena where you'll explore with your guide. From Siena, take the bus back to your hotel for a free evening.



## Meals included

Breakfast | Lunch



## Today's Activities

Private Vehicle

Colle di Val d'Elsa – Monteriggioni

15m-30m

20km

Settle in and scan the scenery from the convenience of a private vehicle.

Hike to Monteriggioni

La Chiocciola – Monteriggioni

3h30m

8km

Begin at the Chiocciola and Villa Castles and make your way through the dense bush, heading toward the enchanting Monteriggioni. Walk on dirt paths, gravel roads, and narrow trails.

Elevation: 150m

Siena Walking Tour

Siena

1h

Set out on a short walking tour of Siena with your CEO to gain a sense of Italy's loveliest medieval city.

Private Vehicle

Siena – Colle di Val d'Elsa

30m-45m

30km

Settle in and scan the scenery from the convenience of a private vehicle.

## Tuscany: Exploring the Chianti Region

Chianti, recognized for its namesake red wine, lies between Florence and Siena in the very centre of Tuscany. Begin the trek from Montefioralle- a small town forming the perimeter around an historic castle. Trek from the wavy hills of the Chianti region, along the dusty dirt road that winds through rows of vineyards and the silvery foliage of olive groves, before reaching the provincial road that leads to the hamlet of Panzano. Your reward for another beautiful walk? Lunch at a local winery with a pairing of local wines of course.

After a decadent and leisurely lunch, continue on to Greve in Chianti, considered the "gateway" to the Chianti region. Greve in Chianti is formed around a beautiful triangular piazza, at the centre of which is a statue of the explorer Giovanni da Verrazzano, one of the town's most illustrious sons, who went down in history for discovering the bay of New York. End the day relaxing with a cold drink at your Tuscan Villa perched above the vineyards.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Private Vehicle

Colle di Val d'Elsa - Montefioralle

45m

34km

Settle in and scan the scenery from the convenience of a private vehicle.

Stroll around Montefioralle

45m

Montefioralle is one of the gems of the Chianti region and sits atop a high plain. The houses in the small town surround the historic castle. In some places the town is still protected by the original defense walls. Spend some time walking around and stretching those legs after breakfast.

Walk from Montefioralle to Panzano

Montefioralle - Panzano

2h30m

6km

Start in the rolling hills of the Chianti region and continue along a dusty, dirt road winding through vineyard rows and enjoy this storybook setting all the way to the hamlet of Panzano.

Distance: 6km

Duration: 2.5 hours

Elevation: 150-200m

ACTIVITY

Enjoy a guided tour of the Molino di Grace vineyard and cellar with an included private farmhouse lunch.

Greve In Chianti Visit

1h30m

Known as the gate to the Chianti region, Greve in Chianti is a town dating back to the Middle Ages.

Private Vehicle

Greve in Chianti - Gaiole in Chianti

1h

Settle in and scan the scenery from the convenience of a private vehicle.

From medieval village to medieval village, through the vineyards of Chianti, your walking today sees you leaving Volpaia walking up towards Monte Querciabella, the highest point of the day. Carry on to Poggio del Quercetino and then downhill to Lamole, famous for its terraced vineyards, where you take a luscious rest in the form of a picnic lunch among the vines.

After lunch, sample four varieties from the local Tuscan estates, continuing to learn not only about the process of wine making in Tuscany, but about the people who make their life here in Chianti. Tonight enjoy a special wine pairing dinner.



## Meals included

Breakfast | Lunch | Dinner



## Today's Activities

Private Vehicle

Gaiole in Chianti - Volpaia

30m-45m

20km

Settle in and scan the scenery from the convenience of a private vehicle.

Walk from Volpaia to Lamole

Volpaia - Lamole

3h

8km

Leave Volpaia and climb upwards towards Monte Querciabella, the highest point of the hike, before continuing slightly downhill to reach Lamole.

Elevation gain: 250m

Distance: 8-9km

Duration: 3 hours

Picnic Lunch in the Vineyards

Lamole

2h

Sit down for a delicious picnic lunch surrounded by the natural and the gorgeous landscape of Lamole. Discover the traditions surrounding the wines linked to this territory on a guided visit to a local vineyard's wine cellars.

Private Vehicle

Lamole - Gaiole in Chianti

1h

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Relax and enjoy an aperitivo along with views of the Italian countryside on a panoramic terrace before a wine and dinner experience. Sit down together and pair 4 wines with 4 local dishes and sip an aperitivo and fully immerse yourself in the Chianti region.

UNESCO World Heritage site Val d'Orcia extends from the provinces of Siena to Grosseto, offering up some of Tuscany's most picturesque vistas. The Pienza loop trail begins in historic Pienza, a Renaissance city commissioned by Pope Pius II. From Pienza, pass the Romanesque parish church of Corsignano as you make your way through the green and gold undulating hillside dotted with cypress trees. After a short time, enter the Strada dei Gladiatori, the exact setting of the panoramic countryside scene from Ridley Scott's film 'Gladiator'.

Your morning walk concludes just in time to sample another Tuscan favourite, pecorino cheese. A tasting of locally produced pecorino and ricotta cheeses is served with a glass of Montepulciano wine. After indulging in a glass of Montepulciano wine, it's only fitting to visit the town itself. A local guide welcomes you to this ancient hilltop town and provides an in depth walking tour of the old centre. Here we leave Tuscany and head into Umbria to Città della Pieve.



## Meals included

Breakfast



## Today's Activities

Private Vehicle

Gaiole in Chianti - Pienza

1h30m-1h45m

Settle in and scan the scenery from the convenience of a private vehicle.

Walk The Pienza loop

Pienza

2h

6km

Begin in the historic center of Pienza before hiking to the Romanesque parish church of Corsignano and ending up at an old film location for "The Gladiator" before returning to Pienza.

Elevation gain: 225m

Distance: 6km

Duration: 2 hours

### ACTIVITY

Taste a variety of pecorino cheeses in Pienza. The cheeses will be accompanied by fruit compotes and samples of ricotta cheese. Wine and water will be provided. Learn about each of the cheeses and the production process as you sample.

Montepulciano Visit

2h

Enjoy a visit to Montepulciano with a local guide. Nestled between the Val D'Orcia and Val di Chiana this quintessential Tuscan medieval village is a must-see. Think glowing green landscape, hills unraveling for miles, and castle ramparts to explore.

Private Vehicle

Montepulciano - Città della Pieve

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

## Umbria: Cooking with a Local Chef

Walking the Italian countryside is the ultimate gift to yourself. Taking the time to step away from the hustle of your everyday life to intentionally move at a slower pace. Italy is about living and eating well. Speaking of eating, it's time to spend the morning with a local chef learning to prepare some of Italy's most loved dishes. A tagliatelle with ragù perhaps, or a creamy tiramisú. Buon Appetito!

After you devour the fruits of your cooking labor, alongside a few glasses of delicious wine, the afternoon is yours to spend at leisure. A local guide will lead a walking tour of Città della Pieve, our home while in Umbria, known as the birthplace of renaissance painter Pietro Vannucci.



### Meals included

Breakfast | Lunch



### Today's Activities

Cooking Class - Città della Pieve

Città della Pieve

3h

1km

Take part in a cooking class surrounding by breathtaking views of the Italian countryside. Learn from a professional chef and cook handmade pasta using traditional Umbrian recipes and pair your creations with local wines.

Guided Walking Tour of Città della Pieve

Città della Pieve

See Città della Pieve on a walking tour led by a local guide. The city is considered a historic medieval centre and was built of bricks in different shades of dark pink. A distinguishing marker from other Umbrian towns which are mainly made of stone. The best feature of this town are its many winding, maze-like alleys which acted as a defensive system, making the town impenetrable to enemies. The narrow streets also helped shield the town from the heat of the summer sun and the winter winds.

Admittedly, Rome is one of those cities that is pretty OMG worthy on its own. If you have an entire week, it's a great city to get lost in, wandering from neighbourhood to neighbourhood. To make the most of your time in Rome, you get to choose between a walking tour or a fully guided Vespa tour. No matter which way you choose to explore Rome, you will experience the very best the city has to offer.

If you are up for more walking, join your local Roman guide and walk the historical centre, visiting Piazza Barberini and Piazza di Spagna. Drop a coin into the Trevi Fountain and sip a cappuccino in Piazza Navona. If you are ready for less walking, more adrenaline, hop on back of a Vespa with a professional driver and whiz through Rome from Trastevere to the Colosseum and lots more.



## Meals included

Breakfast | Dinner



## Today's Activities

Private Vehicle

Città della Pieve - Rome

2h30m

155km

Settle in and scan the scenery from the convenience of a private vehicle.

### ACTIVITY

Option 1: There are many ways to see Rome, but sometimes the best way is on foot. Discover the Eternal City on walks through the squares that have marked history. Start from Piazza Barberini, become enchanted by the charm of the Spanish Steps, and get ready to turn your luck with a coin toss into the Trevi Fountain. This leisurely walk continues towards the Pantheon and Sant'Ivo della Sapienza, ending in Piazza Navona.

Option 2: When in Rome... live "la dolce vita". To see the Eternal City like the locals, hop onto a Vespa! Cruise around the city and visit Rome's must-see landmarks with a local guide. Your professional driver will show you the majesty of ancient monuments such as the Colosseum, Keyhole, Trastevere District, or even the view of the Roman Forum from the top of the Capitol hill.

Free Time

Rome

Take advantage of free time in Rome and opt for a CEO Orientation walk of the city or simply keep exploring on your own before your final group dinner tonight.



## Optional Activities - Day 9

Rome Orientation Walk With CEO

Rome

Enjoy a brief walk with your CEO. They will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Day 10

## Rome

Your adventure has come to an end, and you can depart at any time.



## Meals included

Breakfast



## Today's Activities

Departure Day

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

## What's included

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- All tips for meals and activities, except for CEO and portage

## What are the main highlights of this trip?

Visit the historic centre of Pienza a Renaissance city commissioned by Pope Pius II, Explore San Gimignano and Montepulciano , savour Gelato in Florence on an orientation walk through the city, tour the cellar and vineyard with a farmhouse lunch overlooking the rows of grapes, hike from the tiny village of Strove along the ancient Via Fancigena, walk through medieval towns like Greve Montefioralle and Panzano, sample local cuisines directly from its sources in the many vineyards dotting the hills of Tuscany's Chianti Region, enjoy the sites and sounds of Rome and Umbria.

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## **Is there a disclaimer I should read before booking this trip?**

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

### **ACCOMMODATION NOTE:**

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

### **OPTIONAL ACTIVITIES NOTE:**

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

## **What is the group leader like?**

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are traveling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends.

While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

## How large will the group be?

Max 16.

## What meals are included in this trip?

9 breakfasts, 5 lunches, 4 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Private vehicle, walking.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotels (7nts). Agriturismos (2nts).

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1.

Your driver will be waiting for you with a G Adventures sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

# Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

## AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

## EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Light Hiking:**

- Hiking boots
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

Italy is in the Eurozone and the unit of the currency is the Euro.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work in Italy - check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros, traveller's cheques and cards is best. Avoid relying on traveller's cheques alone as these are less and less readily cashed as clients use them very little.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:  
[www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

On the Geluxe Collection tours, tipping is included for all included activities and meals. Tipping is not included for the CEO or Porterage. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$10-15 USD per person, per day can be used.

For meals and activities not included in your itinerary, it is appropriate in Europe to tip 10%. Though not compulsory, tipping is expected. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels and shows an expression of satisfaction.

## What activities are optional on this trip?

### Florence

- Medici Chapels Visit (9-32EUR per person)
- Piazzale Michelangelo Walk
- Leonardo Da Vinci Museum Visit

### Rome

- Rome Orientation Walk With CEO

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

In Italy, shoulders should be covered while visiting churches and cathedrals. Ask your CEO for more specific advice.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.