



JOURNEYS: DISCOVER AUSTRALIA

12 days, Melbourne to Cairns

Trip code OAMNG

WHAT'S INCLUDED

- Your Journeys Highlight Moment: Melbourne Foodie Walk, Melbourne
- Your Journeys Highlight Moment: Private Tour of the Sydney Opera House, Sydney
- Your Journeys Highlight Moment: Exclusive Indigenous experience at Cooya Beach, Port Douglas
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Sydney Harbour cruise
- Indigenous dreamtime walk through the Daintree Rainforest at Mossman Gorge
- Sunrise interpretive walk at Uluru
- Walk through Walpa Gorge in Kata Tjuta
- Full day excursion snorkeling on the Great Barrier Reef
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 17th, 2024 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

MELBOURNE

Arrive at any time.

Make your way to the hotel to check in. There are no planned activities during the day, so enjoy some time to explore the city before joining our National Geographic Expedition Leader for a welcome briefing at 8pm.

Please note that while day 1 is an arrival day with no major activities planned there will still be a welcome meeting at 8pm.

We recommend arriving a few hours before to ensure you have enough time to make it from the airport to the starting hotel where the welcome meeting will take place.



ACCOMMODATION

Rendezvous Hotel Melbourne (or similar) Hotel



TODAY'S ACTIVITIES

ACTIVITY

Your opportunity to meet your National Geographic Expedition Leader and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

MELBOURNE

Embark on a food tour of Melbourne with a culinary storyteller. Home to many thriving immigrant communities, Melbourne has long been considered one of Australia's gastronomic hubs. On this foodie walk through the city's famed laneways, we'll experience a range of flavors and cuisines over lunch at three popular venues. Start with an Asian entree with wine; move on to an Italian restaurant for a main dish accompanied with more wine, and finish off the tour with a gelato dessert at our third stop. Spend the rest of the day at leisure.



Meals included

Breakfast | Lunch



ACCOMMODATION

Rendezvous Hotel Melbourne (or similar) Hotel



TODAY'S ACTIVITIES

Free Time Melbourne

Free time to explore the city or take an excursion.

ACTIVITY

Melbourne has long been considered a major centre for foodie culture in Australia. As home to many immigrant communities, the gastronomic expertise on offer here is both diverse and exciting. Explore this incredible city on a National Geographic Journeys-exclusive guided walk. Enjoy lunch at three popular venues that showcase why contemporary dining in Melbourne is such a special experience. Through European flavours as well as those from across Asia, you'll gain a greater understanding of the city's history, its people, and its celebrated (and gorgeous) laneways.

Day 3

MELBOURNE

Spend the day exploring vibrant Melbourne. Set out on an optional excursion on the Great Ocean Road, following spectacular sea cliffs along the windswept Southern Ocean. Wander the city's narrow cobbled lanes and alleys, discovering quirky cafés and colorful murals.

Due to exceptional demand, if you are interested in participating in the 12 Apostles, Otways & Great Ocean Road optional activity, it must be pre-booked in order to secure a spot during your tour.



Meals included

Breakfast



ACCOMMODATION

Rendezvous Hotel Melbourne (or similar) Hotel



TODAY'S ACTIVITIES

Free Time Melbourne

Melbourne is full of things to do – take advantage of this free day and get out to explore! Opt to book an excursion along the Great Ocean Road.

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Optional Activities - Day 3

12 Apostles, Otways & Great Ocean Road Melbourne 12h-13h 576km

Kick start this adventure early from Melbourne and travel straight to the 12 Apostles. Enjoy time to take in the scenery before the crowds of people arrive. Wander along the boardwalk and marvel at the limestone rocks and then continue on to the Gibson Steps. Walk down to the beach for a different

perspective before grabbing lunch at a local cafe. With renewed energy the group will drive through the Great Otway National park where we'll stop for a quick hike through the ancient rainforests here. From there, travel further along the Great Ocean Road to Apollo Bay. There's time here to grab an optional ice cream before trying to spot koalas, kangaroos, and king parrots near the Kennett River. Before heading back to Melbourne the group will make a final stop to the town of Lorne. Grab a snack, stroll past the shops, or walk along the beach in this quaint destination.

Day 4

MELBOURNE/ULURU

Catch a flight to Uluru, in the heart of the Australian outback. Visit the Cultural Centre of the Uluru-Kata Tjuta National Park—a UNESCO World Heritage site—and learn about the beliefs and customs of the Anangu, the area’s traditional Indigenous owners. Then take a guided walk along both the northwest and southern sides of Uluru to learn about the history of the area, hear the stories of the Anangu people and gaze upon these awe-inspiring uplifted sandstone rock formations.

Accommodations in Uluru are limited and of varying amenities. We do our best to secure a mid-range hotel, but on occasion a more simple accommodation with fewer amenities may be used.

Airline schedules and flight availability are outside of our control and are always subject to change without notice. While we do our best to book direct flights, on occasion we may have to connect through another city.

Walking tracks may not be permitted if temperatures exceed 36°C (98°F), as governed by the National Parks guidance. Our National Geographic Expedition Leader and local guides will monitor the weather conditions and guidance to gauge the safety of any included walks and may need to call off or reschedule a given day's walk due to extreme heat.



Meals included

Breakfast



ACCOMMODATION

Desert Gardens Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Plane Melbourne - Uluru 3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Indigenous Cultural Centre Visit Uluru

Learn about the beliefs and customs of the Anangu, the area’s traditional Indigenous owners.

Uluru Mala Walk Uluru 1h-1h30m 2km

Gaze upon these awe-inspiring uplifted sandstone rock formations.

Private Vehicle

Uluru

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

ULURU

In the morning make your way to Kata Tjuta, Uluru's neighboring natural wonder for a morning of exploration as you walk along these ancient, red-hued landscapes.

Enjoy some free time in the afternoon before capping off the day by witnessing the this fabled monolith change colours as the sunsets on the day.

Walking tracks may not be permitted if temperatures exceed 36°C (98°F), as governed by the National Parks guidance. Our National Geographic Expedition Leaders and local guides will monitor the weather conditions and guidance to gauge the safety of any included walks and may need to call off or reschedule a given day's walk due to extreme heat.



Meals included

Breakfast



ACCOMMODATION

Desert Gardens Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Kata Tjuta Guided Walk Uluru-Kata Tjuta National Park 2h-3h

While Uluru is the most famous landmark in the park, we explore a bit further afield at Kata Tjuta walking through these red domed rocks that comprise this stunning landscape.

Free Time Yulara

Enjoy some time at leisure.

Sunset at Uluru Uluru 1h-1h30m

Finish the day watching the sunset over Uluru. Marvel at the changing colours over the desert and keep reminding yourself that yes, you really are there.

Day 6

ULURU/SYDNEY

Awaken at dawn to witness the famous Field of Light installation, the artist Bruce Munro created an art installation that becomes illuminated in the changing light.

Enjoy your final moments in the heart of the outback before it's time to pack up and head off to the airport for an afternoon flight to Sydney.

Observe the stunning display and watch the sun rise with views of Uluru (Ayers Rock) in the distance. Return to the hotel for breakfast and your final moments in the heart of the outback before it's time to pack up and head off to the airport for an afternoon flight to Sydney. Check in to our Sydney hotel and opt to join our National Geographic Expedition Leader for a dinner out on the town in one of Sydney's famous neighbourhoods.



Meals included

Breakfast



ACCOMMODATION

Vibe Hotel Sydney (or similar) Hotel



TODAY'S ACTIVITIES

Sunrise at Field of Light

Uluru

Head to the Field of Light for a sunrise experience you won't soon forget. The artist Bruce Munro created an art installation that becomes illuminated in the changing light. Observe the stunning display and watch the sun rise with views of Uluru (Ayers Rock) in the distance.

Plane

Uluru - Sydney

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 7

SYDNEY

Join your Expedition Leader on a walking orientation tour of some of the city's well known landmarks like the Rocks area, a waterfront neighborhood that marks the spot of the first European settlement in Australia. It also holds a spiritual significance for the area's Indigenous people. Around midmorning, circle back and meet for a private tour of the Sydney Opera House. This afternoon, step aboard a private boat for a sunset sail around Sydney's famous harbor. Tuck into a delicious Australian Barbecue dinner and enjoy a glass of wine or beer as the sun sets in the background.



Meals included

Breakfast | Dinner



ACCOMMODATION

Vibe Hotel Sydney (or similar) Hotel



TODAY'S ACTIVITIES

Metro Sydney

Get around underground via public transit.

ACTIVITY

During today's private tour of the Sydney Opera House the group will learn about the history of the opera house and how the architecture functions within the theatres to produce sound. You'll learn how during the mid-1950's a man from Denmark named Jørn Utzon created a sculpture on Sydney Harbour that dramatically shifted twentieth-century architecture.

Hear stories of the how the architects, engineers, and artists built this engineering masterpiece together and spend time in the theatres themselves witnessing how the architecture of each space contributes to sound, as well as the ways that this space manipulates it.

Sydney Harbour Sunset Dinner Cruise Sydney 4h

Board a private yacht and enjoy a four-hour cruise navigating the bays and coves of Sydney Harbour. Relax and enjoy the iconic scenery as our crew share stories of Sydney and its famed harbour. Enjoy a casual Aussie BBQ, with a glass of wine or beer, as the sun sets over the Harbour Bridge and Opera House and watch the city lights come alive across the water.

Day 8

SYDNEY

Enjoy a day at leisure to explore the best of Sydney. Walk the Rocks and stop by Maybe Sammy for a drink, which happens to be one of the best bars in Sydney. Take the ferry to Manly Beach or walk the Bondi Coastal walk and snap some photos.



Meals included

Breakfast



ACCOMMODATION

Vibe Hotel Sydney (or similar) Hotel



TODAY'S ACTIVITIES

Free Time

Sydney

Today is a free day and we recommend visiting the Australian Museum, Bondi Beach, or Darling Harbour.

Day 9

SYDNEY/PORT DOUGLAS

Fly to Cairns today and travel up the scenic coastal road to Daintree Rainforest, the world's oldest tropical rainforest and part of a UNESCO World Heritage site. Embark on an interpretive walk with an Indigenous guide at the lush Mossman Gorge, learning about the traditional ways of life of the region's Kuku Yalanji people. Continue to the resort town of Port Douglas, our home for the next three nights.

We catch a very early flight to ensure we make the most of the day.

Please note that the max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person. Any additional luggage is subject to airline fees and is not included.



Meals included

Breakfast



ACCOMMODATION

Mantra PortSea (or similar) Hotel



TODAY'S ACTIVITIES

Plane

Sydney - Cairns

3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Cairns - Port Douglas

1h

70km

Settle in and scan the scenery from the convenience of a private vehicle.

Dreamtime Walk

Mossman Gorge

2h

Take an interpretive walk through the Daintree Rainforest. Your experienced interpretive Indigenous guide demonstrates traditional plant use, identifies bush food sources, and provides an enchanting narrative of the rainforest and the Kuku Yalanji's special relationship with this unique tropical environment. Find out how to make bush soap, watch an ochre painting demonstration and sample some bush tea.

Day 10

PORT DOUGLAS

Explore the Great Barrier Reef on a full-day catamaran tour to the Outer Reef. Immerse yourself in the largest coral reef system in the world, which teems with 1500 species of tropical fish, as well as whales, dolphins and porpoises. Hop into the warm waters off Australia's east coast and experience this marine wonderland for yourself. Lunch will be served onboard. Back in Port Douglas the evening is yours to do as you please.



Meals included

Breakfast | Lunch



ACCOMMODATION

Mantra PortSea (or similar) Hotel



TODAY'S ACTIVITIES

Great Barrier Reef Excursion With Sailaway Port Douglas

You haven't truly visited Australia until you've experienced the Great Barrier Reef. Climb aboard the Sailaway VII, a 25m (82ft) sailing vessel and take the journey to the Outer Barrier Reef. Spend time in the largest coral reef system in the world, snorkel amongst colourful fish and keep an eye out for nemo (of course). You'll sail along the coastline with spectacular views of the Daintree Rainforest and pass Snapper Island on the way out to the reef. You'll enjoy a guided snorkel tour, and a glass bottom boat which offers extra viewing opportunities for those not looking to get in the water. Afternoon tea, coffee, cakes, fruit, and a buffet lunch are included and all necessary snorkelling gear and equipment.

Day 11

PORT DOUGLAS

Enjoy a free morning in charming Port Douglas. Stroll the town's boutique-lined streets and idyllic beaches or head to the Sunday markets to browse the stalls. Later in the day, join your fellow travelers for an exclusive cultural experience at Cooya Beach. Meet Indigenous guides for a welcome ceremony, and get acquainted with members of the Kuku Yalanji people. Our Expedition Leader will organize an optional farewell dinner to toast your adventures down under.



Meals included

Breakfast



ACCOMMODATION

Mantra PortSea (or similar) Hotel



TODAY'S ACTIVITIES

Free Time Port Douglas

In the morning explore charming Port Douglas. Head to the Sunday markets to see what souvenirs you can take home.

ACTIVITY

Enjoy an exclusive Indigenous experience at Cooya Beach featuring a welcome ceremony and a smoking ceremony, during which travellers will learn the purpose and meaning of these rituals and their significance to the Kuku Yalanji people.

After one last breakfast in Port Douglas, transfer back to Cairns where our tour ends at the airport mid-morning. Alternatively, extend your stay in Port Douglas.

Please book your departing flights no earlier than 1pm out of Cairns.

The tour will end at the airport in Cairns. If you have booked extra nights you will be staying at the final hotel in Port Douglas about an hour north from the airport. Please note that should you book extra nights you will be responsible for getting yourself to the airport in Cairns from Port Douglas.



Meals included

Breakfast



TODAY'S ACTIVITIES

Private Vehicle

Port Douglas - Cairns

1h

70km

Settle in and scan the scenery from the convenience of a private vehicle.

What's included

- Your Journeys Highlight Moment: Melbourne Foodie Walk, Melbourne
- Your Journeys Highlight Moment: Private Tour of the Sydney Opera House, Sydney
- Your Journeys Highlight Moment: Exclusive Indigenous experience at Cooya Beach, Port Douglas
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Sydney Harbour cruise
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- Full day excursion snorkeling on the Great Barrier Reef
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Experience the Red Centre and witness the majesty of Uluru at sunrise, discover Melbourne's hidden laneways, Enjoy a private tour of the Sydney Opera House, Set out on an Indigenous walking experience in the Daintree Rainforest.

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1) WIFI/Internet Access

Please be aware that wifi and internet access is not as readily available in Australia as in other parts of the world. There are often additional charges to connect to the internet, and speeds may be slower than what you are used to.

2) Baggage Allowance

The internal flights on this tour have strict baggage limits of 1 item/20kg for checked baggage, and 7kg for carry-on - this may be lower than your international flight baggage limits. Additional checked baggage cannot be purchased ahead of time. However, you may be able to purchase this in person upon check-in at the airport, subject to availability and at your own expense.

3) Public Holidays

Over public holidays in Australia and New Zealand (such as Christmas, New Years Day, Easter, and Anzac Day) there may be some limitations of services and disruptions to schedules. In general our tours still operate effectively over public holidays, but there may be closures of optional activities and restaurants, and slight itinerary adjustments in order to provide all tour inclusions.

4) Combo Trip

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

5) Great Ocean Road Optional Activity

Due to exceptional demand, if you are interested in participating in the 12 Apostles, Otways & Great Ocean Road optional activity, it must be pre-booked in order to secure a spot during your tour.

6) ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a National Geographic Expedition Leader. The Expedition Leader will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 16, Avg 12.

What meals are included in this trip?

11 breakfasts, 2 lunches, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your Expedition Leader will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the M/S Expedition or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, plane, boat, walking.

What transportation will we take on this trip?

When not using air travel, we will be using comfortable coaches with air conditioning.

Are local flights included in the cost of the trip?

All internal flights are included in this trip - Your Expedition Leader will give you your ticket on the day of flight. The max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person.

The internal flights on this tour have strict baggage limits of 1 item/20kg for checked baggage, and 7kg for carry-on - this may be lower than your international flight baggage limits. Additional checked baggage cannot be purchased ahead of time. However, you may be able to purchase this in person upon check-in at the airport, subject to availability and at your own expense.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels - 11 nts.

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

This trip uses comfortable 3 star hotels, well located in cities and close to National Parks. Our chosen hotels vary in size, character, and amenities, but are of a very good standard, and the rooms are double occupancy with a private bathroom.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Melbourne airport (MEL), to reach your starting accommodation you can take the Skybus Shuttle Service or a local taxi. Please go to the airport information desk for assistance.

Please note, if taking the Skybus Shuttle Service, it stops at Southern Cross station in the City center, you will need to make your way to your starting hotel from there.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 at 8pm, where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your National Geographic Expedition Leader (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office and after office hours emergency number

From outside Australia: +61 49 768 1378

From within Australia: 049 768 1378

If you are unable for any reason to contact our local operations manager, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

The tour ends at the airport in Cairns. Please book any outbound flights no earlier than 1 pm.

If you have booked extra nights you will be staying in the final hotel in Port Douglas about an hour north from the airport.

Are there any additional packing suggestions I should consider?

The max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person.

You will be on the move a lot, so our advice is to pack as lightly as possible.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the Expedition Leader, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

What should be on my packing list?

Advised Item(s):

- Over-the-head fly mesh net
(Advised)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry can be done at least once a week while on tour - most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your Expedition Leader will advise you along the trip where you will be able to do your laundry.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping.

Please note that American Express is not widely accepted in Australia and it is highly recommended to bring other forms of payment.

What should I know about currency, credit cards, and exchanging money while on this tour?

The Australian currency is the Australian Dollar (AUD) and currency in New Zealand is the New Zealand Dollar (NZD).

Credit cards are accepted almost everywhere in both countries and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's) and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in New Zealand in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is not customary in New Zealand or Australia to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. Unless specifically asked to do so at the time (by your Expedition Leader) - do not tip your local guides.

Also at the end of each trip if you felt your National Geographic Expedition Leader did an outstanding job, you may consider a small tip - 10-15 AUD per person, per day - but it certainly isn't expected.

What activities are optional on this trip?

Melbourne

- 12 Apostles, Otways & Great Ocean Road

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your Expedition Leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your National Geographic Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkelling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

Heed the caution signs at all times in National Parks and other remote areas in New Zealand and Australia.

Between November and March, there is extreme heat with temperatures averaging between 43-46°C in the middle of Australia, especially around Uluru. This can lead to heat exhaustion and potentially become very dangerous. Be sure to drink plenty of water and replenish electrolytes by drinking sports drinks, coconut water or water mixed with electrolyte powder packets. Our Expedition Leaders have been trained in first aid and are well-versed in the risks associated with this heat.

As a result of this heat some included walks may be closed in the interests of travellers health. Certain walks around central Australia including Uluru and Kata Tjuta are closed when weather is forecast to exceed 36°C. During these hot months, we will endeavour to offer all walks early in the day to avoid the heat. Our Expedition Leaders will monitor the weather conditions to gauge the safety of any included walks and may need to call off a given day's walk due to extreme heat.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our National Geographic Expedition Leader has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your National Geographic Signature Specialist or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.