



# JOURNEYS: DISCOVER PATAGONIA

14 days, Buenos Aires to Buenos Aires

Trip code SAPNG

# WHAT'S INCLUDED

- Your Journeys Highlight Moment: Glacier Talk, El Calafate
- Your Journeys Highlight Moment: Indigenous History Lecture, Ushuaia
- Your Journeys Highlight Moment: Local Tango Lesson, Buenos Aires
- Your Discover Moment: San Carlos de Bariloche
- Arrival transfer
- Bariloche Circuito Chico tour
- Scenic lake crossing aboard the "Cruce de Lagos"
- Excursion into Torres del Paine National Park
- Guided tour to the Perito Moreno Glacier
- Buenos Aires city tour
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing September 27th, 2024 and onwards

# ITINERARY

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## Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## BUENOS AIRES

Arrive at any time. Arrival transfer is included.

Arrive in Buenos Aires and transfer to the hotel. There are no planned activities, so check in and enjoy the city.

Weather in Patagonia can be unpredictable and changeable throughout the travel season. All activities on this trip (included or optional) are subject to change at any time and in some cases, very last minute based on local conditions. While we do our best to deliver all services as listed, and allow for a variety of optional experiences, we appreciate your understanding that in some cases the itinerary may change without notice.



### ACCOMMODATION

Kenton Palace (or similar) Hotel



### TODAY'S ACTIVITIES

Arrival Transfer Ministro Pistarini International Airport - Buenos Aires

You will be met at the airport and transferred to the hotel to start your adventure.

Arrival Day and Welcome Meeting 1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your Expedition Leader will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Day 2

## BUENOS AIRES/SAN CARLOS DE BARILOCHE

Catch a flight to San Carlos de Bariloche in northern Patagonia, known as Argentina's Lake District. Enjoy the highlights of this picturesque town on a half-day tour, driving along the edge of sapphire-hued Nahuel Huapi Lake, visiting scenic Bahía López, or López Bay, and ascending Cerro Campanario for panoramic views of the surrounding forests and snowcapped peaks.

The luggage restrictions for all Aerolíneas Argentinas flights are 15kg for checked baggage and 5kg for carry-ons, if luggage is overweight fees will apply. No organic food is allowed as Patagonia is a protected area. Bags will be checked upon arrival in El Calafate.



### Meals included

Breakfast



### ACCOMMODATION

Hotel Villa Huinid Bustillos (or similar) Hotel



### TODAY'S ACTIVITIES

Plane Buenos Aires - San Carlos de Bariloche 2h15m-3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Circuito Chico Tour San Carlos de Bariloche 4h

Enjoy an introduction to the highlights of San Carlos de Bariloche on a circuito chico tour. Stop at Bahía López (López Bay) and Panoramic Point and take in the beautiful landscape. Continue on to Cerro Campanario (Bell Mountain), opt to get an even better view by riding the chairlift.

Day 3

## SAN CARLOS DE BARILOCHE

Spend the day on your own in Bariloche, choosing from a range of outdoor activities. Set out on a hike amid luxuriant forests and glacial lakes or opt to navigate Nahuel Huapi Lake and Cantaros Waterfall on an all-day adventure. You can also choose to relax and explore charming Bariloche, sampling some of the delicious chocolate for which the town is known.

Bariloche in many ways resembles the alpine resorts of Europe. Sample a beef parrillada, or a variety of fresh salmon or lake trout, then take a day hike around Cerro Cathedral or enjoy some shopping. It's also important to know that Bariloche is famous for its quality and quantity of chocolate!



### Meals included

Breakfast



### ACCOMMODATION

Hotel Villa Huinid Bustillos (or similar) Hotel



### Optional Activities - Day 3

Hiking

San Carlos de Bariloche

Hit some trails to get up close to the area's natural beauty. Enjoy amazing views amid mountains and lakes while exploring the Lake District on foot.

Puerto Blest and Cantaros Waterfall Navigation

Puerto Blest

90USD

Spend a full day navigating the Blest arm of Lake Nahuel Huapi, spotting amazing highlights such as Centinela Island, Frías River, Valdivian Rainforest, and Tronador Mountain, landing at Cantaros Port. Opt to trek through the forest and enjoy views of Lake Los Cantaros and the adjacent waterfalls.

Day 4

## SAN CARLOS DE BARILOCHE/PUERTO VARAS

Embark upon the famed Andean Lakes Crossing, connecting Argentina and Chile through a network of volcano-lined, crystal-clear lakes. Board a catamaran from Bariloche and sail across the waters of Nahuel Huapi Lake, Lake Frías, and Todos los Santos Lake, experiencing one of the most breathtaking border crossings in the world. Arrive on the shores of Chile and transfer to your hotel in Puerto Varas.

There are few areas in the world that can match the Chilean Lake District for scenic grandeur. Enjoy picture-perfect views of snow-capped mountains, waterfalls, emerald lakes, smoking volcanoes, forests, and glaciers.

The approximate journey time today is 10 to 11 hours. This journey is by comfortable bus and a scenic ferry across the Chilean/Argentine border. Travel time is approximate and based on the time of year and weather conditions. During certain times of the year, the ferry cannot be used. This requires that we will travel overland by bus.



### Meals included

Breakfast



### ACCOMMODATION

Hotel Cabana del Lago (or similar) Hotel



### TODAY'S ACTIVITIES

Cruce de los Lagos Cruise

Petrohué

10h-11h

Chile's Lake District has few rivals when it comes to sheer scenic grandeur. Cross the placid Lago Todos Los Santos aboard a catamaran and marvel at vast mountainscapes and stunning views that'll have your shutter finger working overtime. Enjoy the breeze and beautiful scenery then continue by bus and another ferry. This full day excursion is considered one of the world's most scenic ferry crossings.

Border Crossing (Argentina Chile)

Puerto Frías - Peulla

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Day 5

## PUERTO VARAS

Enjoy free time to explore this beautiful lakeside town. Opt to take a ferry to Chiloé Island, a fishing village with a handcraft market, and pay a visit to the nearby penguin colony. Or choose to venture into Vicente Pérez Rosales National Park—the oldest national park in Chile—to hike the Desolation Pass trail, climbing up the ice-clad slopes of Osorno Volcano.



### Meals included

Breakfast



### ACCOMMODATION

Hotel Cabana del Lago (or similar) Hotel



### TODAY'S ACTIVITIES

Free Time

Puerto Varas

Enjoy the day exploring the sites of the region.



### Optional Activities - Day 5

Paso Desolacion Trek

Puerto Varas

161USD

Head out early on a guided tour through volcanic canyons, past waterfalls, and turquoise pools to the base of Osorno Volcano.

Chiloé Island Excursion

Isla Chiloé

180USD

Take the ferry to the Big Island of Chiloé, the land of myths and legends. Immerse yourself in its rich history, traditions and fascinating tales. Cross the Chacao Channel, continue to Ancud and explore its vibrant market. The highlight of your adventure awaits at the Puñihuil National Monument, where you will witness the communal life of Magellanic and Humboldt penguins along with other sea birds. Have lunch at a local restaurant and share special moments with the community and fellow travellers.

Osorno Volcano Day Hike

Volcán Osorno

161USD

Discover the natural beauty of the region on this exhilarating hike up to the ice-clad Osorno. Enjoy spectacular views of Lake Llanquihue, the surrounding mountains and forests, and the Petrohue River valley resting below.

Day 6

## PUERTO VARAS/TORRES DEL PAINE NATIONAL PARK

Catch a flight to Puerto Natales and transfer to Torres del Paine National Park, a UNESCO Biosphere Reserve. One of the most spectacular parks in the Americas, Torres del Paine covers a sweeping expanse of glaciers, forests, and gem-coloured lagoons, crowned by the jagged pinnacles of the Torres del Paine mountains. Settle into your hotel and relax this evening.

Words cannot describe the majesty and beauty of this national park in Chilean Patagonia. The lucky people have the opportunity to see this area and those who do will find it difficult to forget its vivid colours and tranquility. Once a large sheep estancia, the park was established in 1959 as the Parque Nacional Lago Grey. Prior to this, "baqueanos" (cowboys) grazed their flocks here and fires occasionally burnt out of control. More land was added to the park in 1962 and the name was changed to its present one. The "Torre" (Tower) Sur rises 2,900m (9,512 ft) above sea level, the Torre Central is 2,850m (9,348 ft) high, and the Torre Norte measures 2,600m (8,528 ft). The "Cuernos" (Horns) del Paine, massive blocks of various rock layers visible from great distances, are as spectacular as the towers themselves.



### Meals included

Breakfast | Dinner



### ACCOMMODATION

Hosteria Lago Grey (or similar) Hotel



### TODAY'S ACTIVITIES

Private Vehicle

Puerto Natales - Torres del Paine National Park

1h30m-2h

95km

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Puerto Varas - Puerto Natales

2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 7

## TORRES DEL PAINE NATIONAL PARK

Embark on a full-day exploration of Torres del Paine National Park with an expert guide. Travel by van across the rugged, windswept landscape and set out on short walks to discover some of the park's most majestic features, including Grey Lake, Grey Glacier, Lake Sarmiento, Azul Lagoon, and more. Along the way, keep a lookout for the park's resident creatures—eagles, condors, foxes, armadillos, as well as an indigenous type of ostrich.



### Meals included

Breakfast | Lunch | Dinner



### ACCOMMODATION

Hosteria Lago Grey (or similar) **Hotel**



### TODAY'S ACTIVITIES

Torres del Paine National Park Excursion

**Torres del Paine**

8h-9h

Enjoy breathtaking views and scenery on this day excursion into the national park with an expert guide. Travel by van and stop along the way for short walks and beautiful lookout points. Stop at Grey River and the park office, then continue over the Grey Bridge to the forest zone and Grey Lake, its ice mass is stunning against the surrounding landscape. Walk along the path to get a closer view of the Grey Glacier with its huge ice blocks resting in the lake. Continue on to Paine River and admire the pure turquoise colours of Pehoé Lake before a short walk to Nordenskjold Lake for a wonderful view of the Paine Horns. Also visit Sarmiento Lake, Amarga Lagoon, Paine Falls, and the Azul Lagoon.

Day 8

## TORRES DEL PAINE NATIONAL PARK/EL CALAFATE

Enjoy a scenic drive to El Calafate, Argentina, your base for exploring Los Glaciares National Park. This UNESCO World Heritage site makes up part of South America's largest ice field; it is also home to the magnificent Perito Moreno Glacier.

Drive towards lofty peaks to the dynamic Moreno Glacier in Glacier National Park. Spot condors, rheas, eagles or flamingos en route, but the real star of the day is the glacier itself, located at the southern terminus of Glacier National Park.



### Meals included

Breakfast



### ACCOMMODATION

Hotel Mirador del Lago (or similar) Hotel



### TODAY'S ACTIVITIES

Private Vehicle

Torres del Paine National Park - El Calafate

7h-8h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 9

## EL CALAFATE

This morning, hear a talk by a local glacier expert before venturing into Los Glaciares National Park to view the Perito Moreno Glacier, an active glacier on the southern arm of Lake Argentino. Witness this continually advancing mass calve great chunks of ice into the lake; and opt to take a boat ride along the glacier's front wall, where most of the calving takes place.



### Meals included

Breakfast



### ACCOMMODATION

Hotel Mirador del Lago (or similar) **Hotel**



### TODAY'S ACTIVITIES

#### ACTIVITY

In the scenic town of El Calafate, take in a lecture by a local glacier expert and learn all about the Perito Moreno Glacier and the Southern Patagonian Ice Field that feeds it.

Private Vehicle **El Calafate**

Settle in and scan the scenery from the convenience of a private vehicle.

Perito Moreno Glacier Tour **Perito Moreno Glacier**

Get out there and explore the natural wonder that is the Perito Moreno Glacier, one of the world's few "advancing" glaciers. Head to the southern end of Los Glaciares National Park, where Moreno's 60m (197 ft) wall of ice sporadically chokes off the narrow "Canal de los Tempanos" (Iceberg Channel) creating a natural ice dam, which eventually explodes in a dynamic display of force.

Please note this tour does not include walking on top of the glacier.



### Optional Activities - Day 9

Perito Moreno Glacier Boat Tour **Perito Moreno Glacier** **80USD**

Embark in the floating dock in the south arm of Argentino Lake, and navigate along the Iceberg Channel towards the front wall of the Perito Moreno Glacier where most of the ice calving takes place. This boat trip lasts approximately one hour.

Day 10

## EL CALAFATE/USHUAIA

Fly to Ushuaia, the southernmost city on Earth, soaring above the jaw-dropping landscapes of Patagonia. Upon arrival, enjoy an exclusive visit to the Austral Center for Scientific Research and attend a lecture from one of the on-site anthropologists and learn more about the indigenous history of the entire region of Tierra del Fuego and of Patagonia.

Ushuaia, the southernmost city in the world, is located on the shores of the Beagle Channel.



### Meals included

Breakfast



### ACCOMMODATION

Cilene del Fuego Hotel (or similar) Hotel



### TODAY'S ACTIVITIES

Plane

El Calafate - Ushuaia

1h15m-1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

#### ACTIVITY

Enjoy an exclusive visit to the Austral Center for Scientific Research, a dynamic research facility not typically open to tourism, and part of the National Scientific and Technical Research Council. Here, you'll delve into the rich indigenous history of Tierra del Fuego and Patagonia during a lecture with one of the on-site anthropologists. Topics covered range from the ancestral settlement of the territory to the European-Criollo colonization process, and current ethnic resurgence in the region. And the visit may conclude with a brief visit to a laboratory where archaeological artifacts discussed in the lecture can be viewed, along with a glimpse into the scientific work being carried out.

\*The entire activity will last approximately 2 hours, including transportation times, with the lecture itself lasting around 1 hour.

Day 11

## USHUAIA

Travel to Martillo Island to get up close with the gentoo and Magellanic penguins that reside here part of the year, and learn about their habits and behaviour from a naturalist guide.

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### Meals included

Breakfast

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### ACCOMMODATION

Cilene del Fuego Hotel (or similar) Hotel

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### TODAY'S ACTIVITIES

Penguin Rookery Excursion Ushuaia

Get up close and personal with penguins at the end of the earth. Travel by minibus and boat to Martillo Island to explore the rookery, home to almost 1,000 nests. Follow a naturalist guide along the designated trails and walk amongst Magellanic and gentoo penguins as you learn more about them.

Day 12

## USHUAIA/BUENOS AIRES

Fly back to Buenos Aires and take time to explore this vibrant metropolis on your own, visiting some of the city's galleries, museums, and cafés. This evening, enjoy a private tango lesson at a personal studio; then practice your moves alongside other students and teachers during a milonga, a social dancing event.

Fly north to the buzzing metropolis that is Buenos Aires. Known as the "Paris of the Americas", Buenos Aires is a vibrant city full of life.

When you're finished exploring, rest your feet and enjoy a drink at one of the many sidewalk cafés, ideal places to get a feel for the contemplative Argentine way of life. Since Buenos Aires will be the last chance to try the succulent beef, chicken, and chorizo parrilladas, dig in and enjoy!



### Meals included

Breakfast | Dinner



### ACCOMMODATION

Kenton Palace (or similar) Hotel



### TODAY'S ACTIVITIES

Plane Ushuaia - Buenos Aires 3h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time Buenos Aires

Take time to explore the city on your own, visiting some of the galleries, museums, and cafés here. This evening, consider catching a tango show at a local tanguería or try Argentinian famous steak.

#### ACTIVITY

Spend the evening as a local Porteño, enjoying a night out with typical dinner in a local cafe before heading to a popular dance venue to enjoy a lesson from local dancers. Once we've practiced our new steps, it's time for Milonga, a local tradition where students and teachers of the venue show up to practice their moves. Sit back and enjoy or if you are brave, join in.

Day 13

## BUENOS AIRES

Discover the charms of Buenos Aires on a city tour. Visit key landmarks such as Plaza de Mayo and the pink balcony made famous by Argentina's iconic first lady Eva Perón; and see the Recoleta Cemetery, where Perón is buried. Explore the city's most interesting neighbourhoods, including San Telmo and the colourful artist's quarter of La Boca. This evening, consider catching a tango show at one of the many famous tanguerías in the area, or wander the pedestrian walkways and see some dancing in the streets as you search for places to try the succulent and deliciously tender steak that Argentina is known for.

Known as the "Paris of the Americas", Buenos Aires is a vibrant city full of life. Visit the districts of La Boca, Recoleta, and San Telmo. Consider catching a tango show at one of the many famous tanguerías or wander the pedestrian walkways and see some dancing in the streets.

Transportation can vary on this day. Depending on the size of the group, we may take taxis, a private mini-bus, or even jump on the very fast and convenient metro.



### Meals included

Breakfast



### ACCOMMODATION

Kenton Palace (or similar) Hotel



### TODAY'S ACTIVITIES

Buenos Aires Guided City Tour Buenos Aires 4h

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.



### Optional Activities - Day 13

Teatro Colón Tour Buenos Aires 25USD

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Day 14

## BUENOS AIRES

Depart at any time.

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### Meals included

Breakfast

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### TODAY'S ACTIVITIES

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

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### Optional Activities - Day 14

La Boca and Isla Maciel: One History, Two Shores

Buenos Aires

Begin the experience in one of Buenos Aires' most iconic neighbourhoods, La Boca. Cross the Riachuelo River for a unique cultural adventure to the resilient community of Isla Maciel. You will be led by expert guides from a local nonprofit organization. As you walk they will share stories of the history, migration, and social transformation of this place. Enjoy a welcome at the Community Museum and discover their impressive open-air art gallery with murals created by local artists. Sit down and share a traditional lunch prepared by the women from the neighbourhood as part of a G Adventures-supported community initiative. Through art, food, and local stories, this experience to Isla Maciel offers a meaningful perspective on how tourism can become a space for positive change.

Tour begins at 10:00 AM.

Please note, if this activity is set for the first or final day of your itinerary pre and/or post nights are encouraged.

## What's included

- Your Journeys Highlight Moment: Glacier Talk, El Calafate
- Your Journeys Highlight Moment: Indigenous History Lecture, Ushuaia
- Your Journeys Highlight Moment: Local Tango Lesson, Buenos Aires
- Your Discover Moment: San Carlos de Bariloche
- Arrival transfer
- Bariloche Circuito Chico tour
- Scenic lake crossing aboard the "Cruce de Lagos"
- Excursion into Torres del Paine National Park
- Guided tour to the Perito Moreno Glacier
- Buenos Aires city tour
- Internal flights
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Take part in a tango lesson taught by dancers at a venue popular with locals, Enjoy a lecture on the Perito Moreno Glacier from an expert, Walk with penguins on Martillo Island, Visit the Museum at the End of the World and learn about Indigenous history in the region, Explore Ushuaia (the earth's southernmost city)

## Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

## What are the main highlights of this trip?

Take part in a tango lesson taught by dancers at a venue popular with locals, Enjoy a lecture on the Perito Moreno Glacier from an expert, Walk with penguins on Martillo Island, Visit the Museum at the End of the World and learn about Indigenous history in the region, Explore Ushuaia (the earth's southernmost city)

## Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Are there Itinerary notes?

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

## What important notes should I be aware of before the trip?

### 1. LUGGAGE ALLOWANCE

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ARS \$15,000 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

### 2. YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

### 3. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

## What is the group leader like?

This trip will be accompanied by a National Geographic Expedition Leaders. The aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## How large will the group be?

Max 16, Avg 12.

## What meals are included in this trip?

13 breakfasts, 1 lunch, 3 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your Expedition Leader will be able to suggest favourite restaurants during your trip.

Note: Food is generally considered to be more expensive in Argentina and Chile than in most other South American Countries. Moreover, as this is a comfort tour many passengers may want to visit more exclusive restaurants.

## What are the modes of transportation on my trip?

Bus/van, plane, boat, ferry, hiking, walking.

## Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

### CARRY ON LUGGAGE ALLOWANCE:

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## Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotels - 13 nts.

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your Expedition Leader (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival transfer or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## **Are there any additional packing suggestions I should consider?**

Most people automatically assume that the weather is hot in South America, but in Patagonia the temperature can feel quite cold, especially at night. We recommend the use of a duffel bag, soft rolling bag or backpack, whichever you find easiest to carry. A good size daypack is also essential.

# What should be on my packing list?

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Smart Dress:**

- Smart outfit (For evenings out)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

The currency in Argentina is the Argentine Peso (ARS), and in Chile, the Chilean Peso (CLP).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and in the case of Argentina, more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:  
[www.xe.com](http://www.xe.com)

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

Most airlines include departure tax in the cost of the ticket. If this is not included then it should be mentioned in your flight booking confirmation

## Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your Expedition Leader for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your National Geographic Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# What activities are optional on this trip?

## San Carlos de Bariloche

- Hiking

## Puerto Blest

- Puerto Blest and Cantaros Waterfall Navigation (90USD per person)

## Puerto Varas

- Paso Desolacion Trek (161USD per person)

## Isla Chiloé

- Chiloé Island Excursion (180USD per person)

## Volcán Osorno

- Osorno Volcano Day Hike (161USD per person)

## Perito Moreno Glacier

- Perito Moreno Glacier Boat Tour (80USD per person)

## Buenos Aires

- Teatro Colón Tour (25USD per person)
- La Boca and Isla Maciel: One History, Two Shores

## **Are there any health considerations I should know before travelling?**

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our Expedition Leader, they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

# What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your Expedition Leader has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your Expedition Leader will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What are the trip specific safety considerations?

Please note: You should be especially careful when wandering about the capital city on your own, particularly at night. Tourists are easy prey for individual pickpockets or groups of two or more people, working as a team, on the streets. Pay particular attention to anyone who "accidentally" spills anything on your clothes or belongings (mustard, etc.), then apologizes and offers to help clean up. They will clean you out instead! Be safe and leave your passport, credit cards, traveller's cheques and cash you won't be using immediately within the hotel's safety deposit box. Most Porteños are honest and genuinely helpful and friendly, but be safe and enjoy the city!

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your Expedition Leader, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## Trip Specific Responsible Travel

This tour travels through the pristine wilderness of Patagonia. It is still possible to drink from the streams and the areas visited are free of litter. We ask that you help to keep it that way. Bring reusable water-bottles, rechargeable batteries and be sure not to leave any litter anywhere that you visit, including cigarette butts and any form of paper. Subsequent visitors to the area will thank you.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

Weather can change dramatically in Patagonia - we recommend layering to be prepared for any unexpected weather changes.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

# What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.