



JOURNEYS  
with **G Adventures**

Last Updated: May 13, 2026



# JOURNEYS: DISCOVER SCOTLAND

9 days, Edinburgh to Glasgow

Trip code EUENG

# WHAT'S INCLUDED

- Your Journeys Highlight Moment: The Scottish Crannog Centre Visit, Stirling
- Your Journeys Highlight Moment: Pitlochry Guided Walk, Pitlochry
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Edinburgh orientation walk
- Edinburgh Castle Visit & Audio Tour
- Pitlochry orientation walk
- Sheepdog farm visit
- Loch Ness scenic drive
- Isle of Sky day visit
- Culloden Moor visit
- Stirling Castle visit
- Whisky distillery tour and tasting
- Glencoe visit
- Loch Lomond Scenic Boat Cruise
- Glasgow street art tour
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing April 1st, 2025 and onwards

# ITINERARY

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## EDINBURGH

Arrive at any time.



### ACCOMMODATION

Voco Edinburgh Haymarket (or similar) Hotel



### TODAY'S ACTIVITIES

#### ACTIVITY

Your opportunity to meet your National Geographic Expedition Leader and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## EDINBURGH

Explore Scotland's hilly capital city on a guided tour of Edinburgh. You'll walk along the famed Royal Mile and climb Castle Hill, following in the footsteps of soldiers, kings and queens. As you ascend the hillside, hear exciting tales of Edinburgh Castle and its use as a military fortress, royal residence and wartime prison. Upon reaching the hilltop, marvel at the magnificent Edinburgh Castle and learn more about its fascinating history and important locations via audioguide, including the Portcullis Gate, Lang Stairs, Argyle Tower, St. Margaret's Chapel, Mons Meg and David's Tower. Enjoy the afternoon on your own, taking advantage of your free time by exploring the area or finding activities like a tour of the underground vaults or a visit to the National Museum of Scotland. In the evening, enjoy dinner on your own, choosing from an array of restaurants along The Royal Mile and in Haymarket.



### Meals included

Breakfast



### ACCOMMODATION

Voco Edinburgh Haymarket (or similar) Hotel



### TODAY'S ACTIVITIES

Guided Walk of Edinburgh Edinburgh 3h30m

Immerse yourself in the captivating charm of Scotland's capital city. Walk through the historic streets from the iconic Royal Mile to the enchanting Grassmarket. Marvel at architectural wonders like St. Giles Cathedral and infamous Victoria Street. Snap photos of Edinburgh Castle all while learning about the city's rich historical past.

Free Time Edinburgh

Take advantage of a free afternoon to partake in the optional activities available in Edinburgh. Opt in for an underground vault tour, visit the National Museum of Scotland, or the Royal Yacht Britannia. Other activities include a ghost tour, admission to the botanical gardens, or a gin distillery tour.

Edinburgh Castle Visit Edinburgh

A historic fortress dominating the skyline of the city from its position on Castle Rock, Edinburgh Castle is a must-see in the city. Explore the home of the Crown Jewels of Scotland, the Stone of Destiny and the National War Museum all during this immersive audio tour of the castle.

Please note that both the entry ticket to the castle and the audioguide are included.

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## Optional Activities - Day 2

Ghost Tours of Edinburgh Edinburgh

Explore Edinburgh's fascination with the underworld. Famous for witch burning, grave robbing and mysterious murders, this tour takes you down Edinburgh narrow alleyways and gruesome graveyards with plenty of stories to tell.

Edinburgh Food Tour Edinburgh

Tour the narrow streets of Edinburgh while sampling some of it's most famous dishes including Haggis, Neeps and Tatties. Learn about Scottish whisky and end the tour with a traditional afternoon tea and local Scottish cakes.

Day 3

## EDINBURGH/PITLOCHRY

Marvel at some of Edinburgh's most panoramic views as you journey by bus to the town of Pitlochry. Along the way, you'll stop for a visit at historic Stirling Castle, a centuries-old monument that remains a symbol of Scottish independence and national pride. After exploring the grounds and discovering the Great Kitchens, the Queen Anne Gardens and the Stirling Heads Gallery, you'll walk down the hill to the city center and enjoy lunch on your own. Following lunch, transfer to the Scottish Crannog Centre on the banks of Loch Tay, where you'll join a historical expert for a guided visit of the facility and museum. On the tour, you'll learn about the crannogs—houses built on artificial islands over water—and get a glimpse into the lives of the people who lived in them 2,500 years ago. You'll also examine ancient artifacts and discover skills and technologies of the past with hands-on demonstrations. Arrive in Pitlochry in the evening and enjoy dinner at your leisure.



### Meals included

Breakfast



### ACCOMMODATION

Atholl Villa Guest House (or similar) Guesthouse



### TODAY'S ACTIVITIES

Private Vehicle Edinburgh - Pitlochry

Sit back and enjoy the scenery as you travel from Edinburgh to Pitlochry with a stops in Stirling along the way.

Stirling Castle Visit Stirling 15m 1km

Stirling Castle is one of Scotland's grandest castles due to its imposing position and impressive architecture. The scenery will take your breath away. Explore the fascinating history of this castle up on the crag of what was once Scotland's capital. Look out over the city at the edge of the Highlands and home to the Stewart Kings and Queens, who held court and other grand celebrations at Stirling Castle.

#### ACTIVITY

The Scottish Crannog Centre is a museum situated on the banks of Loch Tay. The Centre Trust was formed to protect and grow the research of Crannogs, which are houses built on artificial islands over water, usually with a bridge or causeway joining them to the shore. They are found in Ireland and

Scotland. This particular Centre is dedicated to learning about the first Crannogs in Scotland, built in the Early Iron Age about 2500 years ago. These structures are incredible not only because of the skills and technologies required to build and maintain them, but also for the ways in which they preserve a vision of how life was lived here in the past. They offer a rare glimpse into prehistoric everyday life and reveal unprecedented levels of preservation. Enjoy a guided tour of the museum with an expert and try the interactive demonstrations of ancient crafts and technologies.

Day 4

## PITLOCHRY

Enjoy breakfast before going on a guided walk of Pitlochry with a local expert. Learn about the town's history and how life was spent in this famous holiday resort destination that is rich in Victorian heritage. The walk finishes at the Blair Athol Distillery, which is situated in the open moorland south of the town. Take a guided tour of the distillery grounds, where you'll learn about the ancient source of water that flows through the grounds and contributes to the whisky's smooth finish and mellow quality. You'll also enjoy a whisky tasting experience featuring 3 different whiskies, then finish the visit off by seeing the distillery's exclusive bottling process. Walk back to town from Blair Athol and have lunch on your own before transferring to Queen's View, said to be named after Queen Victoria following her visit to the area in 1866. Marvel at the expansive view of Loch Tummel and take in the rolling hills carpeted in wild heather. Travel back to Pitlochry or you may choose to visit Blair Castle and Gardens. Dinner this evening will be at your leisure.



### Meals included

Breakfast



### ACCOMMODATION

Atholl Villa Guest House (or similar) Guesthouse



### TODAY'S ACTIVITIES

#### ACTIVITY

Stories are the very fabric of Scottish culture. Set out on a guided walk of Pitlochry with a local specialist and learn the history of the town, the landscape, and hear tales of local life in the surrounding rolling hills. Delve into the customs, the culture, and the pastimes of Pitlochry. The guided walk will finish at the Blair Athol Distillery for a Whisky tasting experience.

Blair Athol Distillery Visit

Pitlochry

1h

Standing at the gateway to the Scottish Highlands and located in the picturesque town of Pitlochry, Blair Athol Distillery is a beautiful place to enjoy a dram. This central Perthshire town sitting on the banks of the River Tay has had a distillery since 1798, making Blair Athol's plant one of the oldest legal whisky-making sites in Scotland. The original name was Aldour after the water which supplied the distillery with its process water. While on tour, experience the distillery's unique history as an experienced guide leads you through the journey of Blair Athol's single malt from grain to glass. Made from the water of the Allt Dour burn, the whisky has a mellow, deep-toned aroma with a strong fruity

flavor and smooth finish. The tour finishes with a tutored whisky tasting of three drams and a complimentary memento to bring home.

Queen's View

Pitlochry

Drive to Queen's View in Highland Perthshire and enjoy the view of Loch Tummel. The site's name is said to have been named after Queen Victoria, following her visit to the area in 1866. From here travel back to Pitlochry or opt to visit Blair Castle & Gardens.

Day 5

## PITLOCHRY/FORT WILLIAM

Following breakfast, begin the journey to Fort William, traveling through captivating scenery with undulating hills. Along the way, stop to visit a family-owned sheepdog farm. Get a fascinating tour of the farm and a demonstration, during which you'll meet the dogs, learn about their training and gain an understanding of the commands used in their herding. From Kincaig, continue to the quaint town of Aviemore, located in the Cairngorms National Park. Enjoy lunch in town before heading out on the final leg of the day's journey. On the way, visit Culloden Moor, the site where the famous Jacobite Rising of 1745 came to a tragic end. Experience the powerful emotions of the battle as you're placed in the heart of the action via the visitor center's 360-degree immersion theatre. Next, travel to Loch Ness for a scenic drive along the shoreline and make stops at Loch Ness Viewpoint in Fort Augustus and the Loch Lochy Viewpoint. On the way, you'll see the Commando Memorial and Inverloch Castle. Continue on to Fort William, where you'll have time to explore on your own.



### Meals included

Breakfast



### ACCOMMODATION

The Inch Hotel (or similar) Hotel



### TODAY'S ACTIVITIES

Private Vehicle Pitlochry - Fort William 5h

Sit back and enjoy the scenery on the journey by private vehicle from Pitlochry to Fort William. The total drive time includes stops along the way in Aviemore, Loch Ness, and the Battle of Culloden site.

Sheepdog Farm Visit Kincaig 1h

Enjoy a visit to a sheepdog Farm for a demonstration of these animals in action. Meet the dogs, learn about their training routines, and gain a deeper understanding of the use of commands to control them as they are herding. The man who owns the land is a Scottish laird who will also tell stories of Highland culture as you tour the farm grounds.

Culloden Moor Visit Culloden Muir 1h-2h

Visit the infamous Culloden battlefield, site of the Battle of Culloden, known as the final confrontation of the Jacobite rising of 1745. Here, Jacobite forces of Charles Edward Stuart were decisively defeated by

Hanoverian forces commanded by William Augustus, Duke of Cumberland which therefore put an end to the Jacobite rising. Explore the battlefield and moor at your own pace, or opt to join a guided tour.

Scenic Drive Along Loch Ness

Loch Ness

Enjoy a scenic drive along Loch Ness. This freshwater loch in the Scottish Highlands is best known for alleged sightings of Nessie, the fabled Loch Ness Monster. Begin at the viewpoint of the loch in Fort Augustus. Along the way pass by the Commando Memorial and Inverlochy Castle, built by the 'Red' Comyns, and the Lords of Badenoch and Lochaber.

Day 6

## ISLE OF SKYE DAY TRIP

Set out on a full-day excursion stopping first at Eilean Donan Castle, the most photographed castle in Scotland, for a photo op. Continue across the bridge to the Isle of Skye—a stunning island which was occupied in prehistoric times, then settled by Gaelic-speaking Scots from Ireland in the first centuries BC. Meet your expert guide and head to Dunvegan, for a short lunch break, then explore Dunvegan Castle dating from the 13th century and the historic seat of the MacLeod clan. In the afternoon, stop by the town of Skeabost on the way to Portree with its picture-perfect harbour. As the island's "capital," Portree is the perfect place for discussing the area's industrial heritage and local fishing economy. On the way back, make one last stop in Kyleakin, a traditional fishing village with deep Viking roots before returning to the hotel for the evening.



### Meals included

Breakfast | Dinner



### ACCOMMODATION

The Inch Hotel (or similar) Hotel



### TODAY'S ACTIVITIES

Eilean Donan Castle Kyle of Lochalsh

Visit one of the most recognized and photographed castles in Scotland. Strategically located on its own small island, overlooking the Isle of Skye and surrounded by the forested mountains of Kintail, Eilean Donan Castle is a sight to see. Visit the castle and learn about its connection with the Jacobite Risings as well its historical significance in Scottish history.

Isle of Sky Day Visit Isle of Skye

Experience a full-day trip to the Isle of Sky. Take in the beautiful Eilean Donan Castle for a photo stop before continuing on to Sligachan, a small settlement with views of the Black Cuillin mountains. Transfer to Dunvegan Castle, known to be occupied by the same family for more than 800 years, then to Skeabost, at the head of the sea loch, and finish off in Portree.

Free Time Portree

Enjoy some free time to explore in Portree, the main town on the Isle of Skye. This bustling port and thriving cultural centre is full of things to do, from walking along the shoreline, to having a dram of whiskey in the local pub.

Day 7

## FORT WILLIAM/GLASGOW

In the morning, depart for Glasgow. Pass through the untamed wildness of Glencoe and the Scottish Highlands, stopping at incredible vistas along the way, like the Three Sisters Viewpoint. Arrive at Loch Lomond, where you can relax and get lunch on your own. In the afternoon, embark on a boat cruise on Loch Lomond from the village of Luss. Sail south around the islands passing the 'Narrows'—a winding stretch of water separating Inchconnachan and Inchtavannach Islands—and enjoy live commentary with tales and fascinating facts about the lake. Arrive in Glasgow in the evening and enjoy dinner on your own in this vibrant city.



### Meals included

Breakfast



### ACCOMMODATION

Radisson Blu Hotel Glasgow (or similar) Hotel



### TODAY'S ACTIVITIES

Glencoe Visit Glencoe

Scotland's most famous and most scenic Highland glen, Glencoe is also steeped in history. Also known as the weeping valley, it was the site of the 1692 massacre of the MacDonald clan. Visit Rannoch Moor and the Black Mount and learn about the intricate history of this natural paradise.

Private Vehicle Fort William - Glasgow 4h-4h30m 166km

Settle in and enjoy the majestic scenery of the Scottish Highlands en route from Fort William to Glasgow. Make stops along the way to Glencoe and Loch Lomond for a boat cruise.

Loch Lomond Boat Cruise Loch Lomond 1h30m

Take to the water on an hour cruise through Loch Lomond. Sail north past the waterfalls at Inversnaid, and take in the sprawling green glens and rocky peaks of the Arrochar Alps. Listen to live commentary on board featuring tales of the loch and insights into the history and geology in this part of Loch Lomond.

Day 8

## GLASGOW

Spend the day in the port city of Glasgow, known for its Victorian and Art Nouveau architecture, as well as its rich shipbuilding history. In the morning, immerse yourself in a street art tour with a local guide, who will point out stunning murals and share the stories and inspiration behind each piece and the artists that created them. You'll discover how the art scene in Glasgow has developed dramatically over the last decade as you stroll through alleys and under bridges to uncover some of the wall art taking the city by storm. The afternoon is yours to explore Glasgow on your own. Visit the Kelvingrove Art Gallery and Museum or join a brewery tour. In the evening, get together with your fellow travelers for a farewell dinner.



### Meals included

Breakfast | Dinner



### ACCOMMODATION

Radisson Blu Hotel Glasgow (or similar) Hotel



### TODAY'S ACTIVITIES

Glasgow Street Art Tour Glasgow 2h-2h30m

Get to know Glasgow on a street art tour with a local expert guide. Discover the history and culture of this city and their little-known thriving street art scene. Experience the REAL Glasgow as you meander down alleys and under centuries old bridges to uncover some of the most beautiful pieces of art in the entire city. Enjoy a stop at a Glaswegian pub along the way for the true experience of a local.

Free Time Glasgow

Glasgow is a port city on the River Clyde in Scotland's western Lowlands. It's famed for its Victorian and art nouveau architecture, a rich legacy of the city's 18th-20th-century prosperity due to trade and shipbuilding. Today it's a national cultural hub, home to institutions including the Scottish Opera, Scottish Ballet and National Theatre of Scotland, as well as acclaimed museums and a thriving music scene.



### Optional Activities - Day 8

Brewery Tour

Glasgow City

10GBP

Nestled in the historic heart of Glasgow, between the Cathedral and Necropolis, Drygate Brewing Co. can be found in a converted former box factory. Enjoy a through-the glass tour and afterwards observe the brewery in action through the panoramic glass wall while sampling the finished product with a tasting of four beers.

Kelvingrove Art Gallery and Museum

Glasgow City

Glasgow's Kelvingrove Art Gallery and Museum offers 22 galleries ranging from art to animals, Ancient Egypt to Charles Rennie Mackintosh.

Day 9

## GLASGOW

Depart at any time.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

## What's included

- Your Journeys Highlight Moment: The Scottish Crannog Centre Visit, Stirling
- Your Journeys Highlight Moment: Pitlochry Guided Walk, Pitlochry
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Edinburgh orientation walk

- Edinburgh Castle Visit & Audio Tour
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- Loch Ness scenic drive
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- Stirling Castle visit
- Whisky distillery tour and tasting
- Glencoe visit
- Loch Lomond Scenic Boat Cruise
- Glasgow street art tour
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Experience the iconic Royal Mile and Edinburgh Castle on a tour of Scotland's capital city, Delve into Scottish history with a visit to Stirling Castle—a national symbol of Scottish pride and independence, Join an expert guide on a tour through Pitlochry—one of Scotland's most charming villages—and finish with a dram tasting at a local distillery, Embark on a full-day trip to the Isle of Skye where you'll explore the island's most famous sites.

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## Is there a disclaimer I should read before booking this trip?

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## What important notes should I be aware of before the trip?

### 1. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

### 2. OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

## What is the group leader like?

All National Geographic Journeys with G Adventures group trips are accompanied by one of our National Geographic Expedition Leaders. The aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## How large will the group be?

Max 16, avg 12

## What meals are included in this trip?

8 breakfasts, 2 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your Expedition Leader will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the M/S Expedition or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Private vehicle, walking.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotels - 8nts.

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your Expedition Leader to organize one for you with reception.

## What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Edinburgh airport (EDI), you can reach the city centre in a few ways. You can take the Airport Bus 100 or alternatively a direct train to the city centre, including the Haymarket Station and St Andrew Square stops.

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - [Welcome Pickups](#)

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures UK office (manned UK 8am - 8pm)

+44 (0) 2072439878

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, from calls within North America only: 1 888 800 4100

Calls from within UK: 0344 272 0000

Calls from within Germany: 0800 365 1000

Calls from within Australia: 1 300 796 618

Calls from within New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

For absolute emergencies after office hours please contact +441858378000

## What should I take on my trip?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.)

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **What the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note that the UK and Ireland are NOT part of the Schengen agreement.

From January 2025, the United Kingdom have introduced an ETA for visa-free travel. We highly recommend you checking in advance how your nationality may be affected by travelling to the UK.

In 2026, various European countries will implement ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

As of February 2026, dual British citizens travelling to the United Kingdom should carry either a valid British passport, or a Certificate of Entitlement to the Right of Abode, held digitally through a UKVI account and linked to a foreign passport. An ETA is not an alternative option. British citizens are not eligible for ETA's, even if they are travelling on a non-UK passport.

Last updated: March 13th 2026

## **How much spending money do I need for my trip?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your Expedition Leader will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your Expedition Leader for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your National Geographic Expedition Leader did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €8-10 per person, per day can be used as a guideline.

## What activities are optional on this trip?

### Edinburgh

- Ghost Tours of Edinburgh
- Edinburgh Food Tour

### Glasgow City

- Brewery Tour (10GBP per person)
- Kelvingrove Art Gallery and Museum

## **What do I need to know to about safety and security on my trip?**

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

## **What rules should I know before joining this trip?**

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## **Is travel insurance required for my trip?**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.