



JOURNEYS: ICONIC AUSTRALIA AND NEW ZEALAND

23 days, Auckland to Cairns

Trip code ONANG

WHAT'S INCLUDED

- Your Journeys Highlight Moment: A day at Kohutapu, Murupara
- Your Journeys Highlight Moment: Sheep Shearing Experience, Canterbury Plains
- Your Journeys Highlight Moment: Tekapo Dark Sky Experience, Lake Tekapo
- Your Journeys Highlight Moment: Melbourne Foodie Walk, Melbourne
- Your Journeys Highlight Moment: Private Tour of the Sydney Opera House, Sydney
- Your Journeys Highlight Moment: Exclusive Indigenous experience at Cooya Beach, Port Douglas
- Your G for Good Moment: Kohutapu Lodge Experience, Murupara
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Waiheke Island Wineries
- Waitomo Caves tour
- Kohutapu Local Maori Community Initiative
- National Kiwi Hatchery
- Scenic TranzAlpine train
- Sir Edmund Hillary Alpine Centre
- Aoraki Mount Cook Kea Point Trek
- Free time in Wanaka and Arrowtown
- Wilderness day cruise in Fiordland National Park
- Free time in Queenstown
- Internal flight
- All transport between destinations and to/from included activities
- Melbourne Foodie Experience
- Sunrise interpretive walk at Uluru
- Sydney Harbour dinner cruise
- Indigenous Peoples Interpretive Walk in the Daintree Forest
- Great Barrier Reef Excursion
- Exclusive Indigenous experience at Cooya Beach
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is

correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 19th, 2025 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

AUCKLAND

Arrive at any time.

Please make your own way to the joining hotel. Our National Geographic Expedition Leader will have a welcome meeting this evening.

Auckland is a fantastic city with so much to see and do. Should you want more time to explore on your own, we recommend booking pre-nights.

Jump right into your adventure by adding the 'Auckland Sailing: America's Cup Experience' extra to your tour. Work with a crew to sail around Auckland's Waitemata Harbour on a competitive yacht, and take in the stunning views. PLEASE NOTE: If booking this extra, a pre-night in Auckland is highly recommended as this activity may start early in the morning on Day 1.

If you are interested in visiting the Hobbiton Movie Set, we recommended that you book additional pre-trip accommodations and purchase a day trip from Auckland on (or prior to) Day 1 of this tour.



ACCOMMODATION

CityLife Auckland (or similar) Hotel



TODAY'S ACTIVITIES

ACTIVITY

Your opportunity to meet your National Geographic Expedition Leader and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



Optional Activities - Day 1

Auckland Sailing: America's Cup Experience (Pre Tour)

Auckland

210NZD

As part of the boat crew, you'll work together with your teammates to sail around Auckland's Waitemata Harbour in this competitive yacht. Either take the helm and participate or sit back and enjoy the spectacle - the choice is yours.

Day 2

AUCKLAND

Take an orientation walk in Auckland, one of the most multicultural cities in the Southern Hemisphere. We'll then catch a ferry to beautiful Waiheke Island, a haven of world-class vineyards and idyllic beaches. Visit wineries to learn about New Zealand's burgeoning wine industry and the history of viticulture in the country while sampling some of the local blends.



Meals included

Breakfast



ACCOMMODATION

CityLife Auckland (or similar) Hotel



TODAY'S ACTIVITIES

Orientation with Expedition Leader

Enjoy a brief walk with your Expedition Leader. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Waiheke Island Wineries

Waiheke Island

3h30m-4h

Catch the ferry to picturesque Waiheke Island to learn about the evolution of the highly celebrated wine industry in New Zealand in its founding region. Tour picturesque vineyards, tasting well known wines from the region while enjoying the views. Return to Auckland this evening via a scenic ferry ride.



Optional Activities - Day 2

Maritime Museum Visit

Auckland

24NZD

Tour the museum's seven galleries to learn more about New Zealand's relationship with the sea. Be inspired by the country's most celebrated mariner, Sir Peter Blake, and his many accomplishments, and see maritime art that speaks to the sentiment of a nautical nation.

Day 3

AUCKLAND/ROTORUA

Drive to the lakeside town of Rotorua, situated over an active geothermal zone and known for its volcanic features and rich Maori heritage. Stop en route at the Waitomo Glowworm Caves, and take a boat ride through this spectacular underground realm to see thousands of flickering glowworms light up in the dark.

Rotorua sits over an active geothermal zone with bubbling mud pits and multi-coloured pools in different areas around the town. This is a fascinating region with Maori history and culture tied directly to the geothermal aspects of the land.



Meals included

Breakfast



ACCOMMODATION

Millennium Rotorua (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Auckland - Rotorua

7h-8h

275km

Settle in and scan the scenery from the convenience of a private vehicle.

Waitomo Cave Excursion

Waitomo Caves

2h30m

Enjoy a peaceful boat ride through 30 million year old caverns covered with magical glowworms that are unique to New Zealand. Hundreds of thousands of these tiny creatures radiate luminescent light in underground caves carved by rivers and time. Take in more than 136 years of cultural and natural history on this unique excursion.

Day 4

ROTORUA

Begin your full-day excursion with a walk through the 800-year-old podocarp trees in Whirinaki Rainforest, learning the history of the forest and spotting endemic birds and medicinal plants. Then head to the Maori-owned Kohutapu Lodge, our base for exploring New Zealand's indigenous culture. Watch as a hangi lunch is prepared the traditional way—buried in an underground pit—and enjoy the resulting feast with your Maori hosts. After lunch see ancient rock carvings and learn about their spiritual significance to the Maori people, both past and present. Return to Rotorua for an optional evening meal or a well-deserved soak in the hot springs.



Meals included

Breakfast | Lunch



ACCOMMODATION

Millennium Rotorua (or similar) **Hotel**



TODAY'S ACTIVITIES

Private Vehicle

Rotorua - Murupara

1h8m

62km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Travel to Kohutapu Lodge, a social enterprise owned by a local Maori family who are making a difference in their local community through community-driven initiatives. Led by your guide, set off for the Whirinaki rainforest—a Jurassic Podocarp forest—where you will be led by your Maori guide to discover more about the Maori culture and learn about the history of the forest. Spend a final few moments bathed in the forest's sights and smells while indulging in a cup of hot kawakawa tea. Witness the preparation of a ground-cooked hangi and taste it for yourself. After a delicious lunch, set off on a short hike to the nearby sacred Maori rock carvings, carbon-dated 400 years before the Great Migration.

ACTIVITY

Kohutapu Lodge hosts travelers with their Tribal Ancestor's beliefs at the core of their mission, and have worked to use tourism as a way to support their community. Located in the heart of Ngāti Manawa's remote tribal lands and Māori-owned, Kohutapu Lodge offers opportunities where our people can be paid to be themselves in a community that faces high unemployment. Feel welcomed and connected to Aotearoa during today's visit.

Private Vehicle **Murupara - Rotorua** 1h

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 4

Hot Springs **Rotorua** **50-360NZD**

Soak tired muscles in the area's natural hot springs and let the mineral water work its magic. Rotorua is home to a number of amazing geothermal parks - be sure you don't miss the healing and relaxing benefits of the city's naturally heated waters.

Day 5

ROTORUA/CHRISTCHURCH

This morning, spend some time learning about New Zealand's most iconic species-the kiwi. Enjoy a private tour at the National Kiwi Hatchery with an expert guide and learn how the chicks are reared and cared for in this incredible conservation effort protecting the endangered kiwi. In the afternoon, catch a flight to Christchurch on New Zealand's South Island.

With free time in Rotorua this morning, opt to relax in one of the hot pools fed by water coming directly from the natural springs.



Meals included

Breakfast



ACCOMMODATION

Distinction Christchurch Hotel (or similar) Hotel



TODAY'S ACTIVITIES

The National Kiwi Hatchery Rotorua

Learn about the national bird of New Zealand on a guided tour of the National Kiwi Hatchery. With your expert guide, you'll learn about the efforts of the hatchery and the conservation practices New Zealand is taking to care for the endangered bird.

Plane Rotorua - Christchurch 1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Orientation with Expedition Leader

Enjoy a brief walk with your Expedition Leader. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Board the TranzAlpine train—one of the world’s most scenic rail routes—for a breathtaking journey through verdant plains, beech forests, and majestic, misty mountains. Disembark at Arthur’s Pass—the highest pass in the Southern Alps - and choose to grab a coffee and spend some time exploring this alpine area. Descend into the Canterbury Plains for a sheep shearing experience. On arrival, dig into a bbq lunch prepared with locally sourced ingredients. Then spend the afternoon with the sheepdogs learning about how the dogs work in tandem with their human owners to care for the local farms. Watch a sheep shearing demonstration and hear from the locals about the their life and work in this fascinating industry. Return to Christchurch later in the afternoon, with time to explore on your own and take dinner at your leisure.

Please be aware on occasions the TranzAlpine train may not be operational. Instead your Expedition Leader will drive the group through the Southern Alps on a similar route.



Meals included

Breakfast | Lunch



ACCOMMODATION

Distinction Christchurch Hotel (or similar) **Hotel**



TODAY'S ACTIVITIES

TransAlpine Train **Christchurch - Arthur's Pass**

Climb aboard the train in Christchurch and travel through what many consider to be the most beautiful train ride in the world!

ACTIVITY

Dive into quintessential Kiwi culture deep in the Southern Alps. Watch how sheep dogs work alongside humans to wrangle the sheep through paddocks. Join in a sheep shearing demonstration and learn about the importance of sheep farms in New Zealand.

Day 7

CHRISTCHURCH/LAKE TEKAPO

Enjoy a morning at leisure in Christchurch. Choose to stroll the Christchurch Botanic Gardens or wander the city. In the afternoon, head west to Tekapo at the base of Aoraki/Mt Cook. This evening after dinner, join local experts for an exclusive astronomy experience in one of the worlds official Dark Sky Parks in Tekapo. Expect breathtaking perspectives of the stars, planets, and distant galaxies. You'll have the rare opportunity to capture stunning celestial images with expert guidance, while experienced guides take you on a journey through the Southern Skies.

Please note that the times for the stargazing vary dramatically based on season. In the summer months, the activity can start as late as midnight. You will have time to relax and rest after dinner before heading out for the evening activity.



Meals included

Breakfast



ACCOMMODATION

Woolshed Suites (or similar) Hotel



TODAY'S ACTIVITIES

Free Time

Christchurch

Spend a free morning exploring the beautiful and historic city of Christchurch.

Private Vehicle

Christchurch - Lake Tekapo

3h

225km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Witness the stars, planets and milky way like never before in an unforgettable stargazing adventure. Nestled in the heart of the Aoraki Mackenzie International Dark Sky Reserve, the purpose-built observation craters give you a fantastic view of the stars. Here, you'll have the unique opportunity to understand the night sky like never before.



Optional Activities - Day 7

Christchurch Botanic Gardens

Christchurch

Experience the natural beauty of New Zealand in downtown Christchurch. These gardens are worth a visit during every season from bright flowers in the spring, breathtaking roses of every color in the summer, beautiful fall leaves and conservatories in the winter.

Day 8

LAKE TEKAPO

Set off this morning for the Sir Edmund Hillary Alpine Centre. Sir Edmund Hillary, New Zealand's most famous explorer, made some of his very first ascents here at the south face of Aoraki/Mt Cook which set the foundation for his world-changing summit of Everest with Tenzing Norgay in 1953. In a July 1954 issue of National Geographic Hillary was quoted as saying "We are there. Nothing above us, a world below." Spend time at the visitor centre that honors Sir Edmund Hillary and his achievements in the exploration of so many fascinating parts of the planet. Later in the afternoon, embark on your own explorations with a guided trek along the Kea Point track. This 1.8 mile trail offers views to Mount Sefton, Hooker Valley, Mueller Glacier Lake and Aoraki/Mt Cook.



Meals included

Breakfast



ACCOMMODATION

Woolshed Suites (or similar) Hotel



TODAY'S ACTIVITIES

Sir Edmund Hillary Alpine Centre Mount Cook

Visit the Alpine Center museum and theatre to learn about Sir Edmund Hillary himself and the legendary climbing history of Aoraki Mount Cook.

Aoraki/ Mt Cook Kea Point Trek Mount Cook 1h--2h 2km

Hike this easy 3 km loop to the foot of the glacier and back. This hike offers incredible views of Mount Sefton, Hooker Valley and Mueller Glacier Lake.

Day 9

LAKE TEKAPO/QUEENSTOWN

Set off this morning heading further west towards Wanaka. Enjoy some free exploration time in Wanaka and grab some lunch at leisure. This afternoon, join your National Geographic Expedition Leader for a brief orientation of Arrowtown before enjoying some time to explore this historic mining town. Choose to go on a walking tour starting at the Lakes District Museum. Then stroll around the historic miner's cottages, old churches, and explore the Chinese Settlement to learn about the gold mining past that shaped Arrowtown. In late afternoon, head to Queenstown and enjoy dinner at leisure.



Meals included

Breakfast



ACCOMMODATION

Novotel Queenstown Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Arrowtown - Queenstown

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle Lake Tekapo - Wanaka

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time Wanaka

Enjoy some free time in the lakeside town of Wanaka.

Private Vehicle Wanaka - Arrowtown

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time Arrowtown

Spend some free time exploring historic Arrowtown.

Day 10

QUEENSTOWN

Discover the glacially carved wilderness of Fiordland National Park on a cruise. Glide past shimmering waterfalls and towering cliffs, and look out for bottlenose dolphins, fur seals, and little blue penguins with our naturalist guides. Travel back to shore, head to Queenstown for the night.



Meals included

Breakfast | Lunch



ACCOMMODATION

Novotel Queenstown Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Queenstown - Fiordland National Park

3h

250km

Settle in and scan the scenery from the convenience of a private vehicle.

Fiordland National Park Wilderness Cruise

Fiordland National Park

Cruise through stunning Fiordland National Park, one of the most untouched, remote places in the world. Depending on the departure, the cruise will be in either Milford Sound or Doubtful Sound - two of the most stunning regions within the park. Marvel at the steep cliff walls and cascading waterfalls, and keep an eye out for area wildlife: dolphins, penguins, seals, and a variety of birds.

Private Vehicle

Fiordland National Park - Queenstown

3h

250km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 11

QUEENSTOWN

Enjoy a day at leisure in Queenstown to explore the myriad things that make this southern city so famous. Choose to cruise lake Wakatipu on a historic steamer; experience a thrilling jet boat ride; or visit a local winery to sample the region's award-winning vintages. Choose to join your National Geographic Expedition Leader and fellow travelers for a delicious farewell dinner on this final evening in New Zealand.



Meals included

Breakfast



ACCOMMODATION

Novotel Queenstown Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Free Time

Queenstown

There's plenty to see and do in Queenstown, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like a cruise across the lake, wine tasting, and jet boating. Your National Geographic Expedition Leader has more ideas if you need them. Just ask!



Optional Activities - Day 11

Vineyard Tour

Queenstown

189-265NZD

5h-7h

Visit vineyards in New Zealand's fastest growing wine region. Taste some of Queenstown's finest Pinot Noir, as well as Riesling and Sauvignon Blanc and learn more about the grape varieties that flourish here. Pick up a few bottles to savour back home.

Shotover Jet Boating

Queenstown

159NZD

1h30m-2h

Jet boating is a typical New Zealand activity— go as fast you can in a boat over water. Hang on tight as you fly across the surface of the water. Shoot through narrow rocky gorges and dare to watch as the driver takes hairpin turns frighteningly close to the cliffs.

Earnslaw Steamship Cruise

Queenstown

115-269NZD

1h-2h

Discover the breathtaking Lake Wakatipu aboard the TSS Earnslaw, a 103 year old traditional steamship. This 90 minute cruise highlights that stunning alpine scenery that surrounds Queenstown, and lets you check out the views while relaxing on deck.

Gondola Ride **Queenstown** **66-215NZD** 1h-2h30m

Take a ride up to the top of the mountain by cable car gondola. Get a spectacular 220° view of Coronet Peak, the Remarkables mountain range, and Lake Wakatipu below.

Day 12

QUEENSTOWN/MELBOURNE

Fly from Queenstown to Melbourne, Australia, and enjoy free time in the city.



Meals included

Breakfast



ACCOMMODATION

Rendezvous Hotel Melbourne (or similar) **Hotel**



TODAY'S ACTIVITIES

Plane **Queenstown - Melbourne**

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 13

MELBOURNE

Embark on a food tour of Melbourne with a culinary storyteller. Home to many thriving immigrant communities, Melbourne has long been considered one of Australia's gastronomic hubs. On this foodie walk through the city's famed laneways, we'll experience a range of flavors and cuisines over lunch at three popular venues. Start with an Asian entree with wine; move on to an Italian restaurant for a main dish accompanied with more wine, and finish off the tour with a gelato dessert at our third stop. Spend the rest of the day at leisure.



Meals included

Breakfast | Lunch



ACCOMMODATION

Rendezvous Hotel Melbourne (or similar) Hotel



TODAY'S ACTIVITIES

Free Time Melbourne

Free time to explore the city or take an excursion.

ACTIVITY

Melbourne has long been considered a major centre for foodie culture in Australia. As home to many immigrant communities, the gastronomic expertise on offer here is both diverse and exciting. Explore this incredible city on a National Geographic Journeys-exclusive guided walk. Enjoy lunch at three popular venues that showcase why contemporary dining in Melbourne is such a special experience. Through European flavours as well as those from across Asia, you'll gain a greater understanding of the city's history, its people, and its celebrated (and gorgeous) laneways.

Day 14

MELBOURNE

Spend the day exploring vibrant Melbourne. Set out on an optional excursion on the Great Ocean Road, following spectacular sea cliffs along the windswept Southern Ocean. Wander the city's narrow cobbled lanes and alleys, discovering quirky cafés and colorful murals.

Due to exceptional demand, if you are interested in participating in the 12 Apostles, Otways & Great Ocean Road optional activity, it must be pre-booked in order to secure a spot during your tour.



Meals included

Breakfast



ACCOMMODATION

Rendezvous Hotel Melbourne (or similar) Hotel



TODAY'S ACTIVITIES

Free Time Melbourne

Melbourne is full of things to do – take advantage of this free day and get out to explore! Opt to book an excursion along the Great Ocean Road.

Free Time Melbourne

Melbourne is full of things to do – take advantage of this free day and get out to explore! Opt to book an excursion along the Great Ocean Road.



Optional Activities - Day 14

12 Apostles, Otways & Great Ocean Road Melbourne 12h-13h 576km

Kick start this adventure early from Melbourne and travel straight to the 12 Apostles. Enjoy time to take in the scenery before the crowds of people arrive. Wander along the boardwalk and marvel at the limestone rocks and then continue on to the Gibson Steps. Walk down to the beach for a different

perspective before grabbing lunch at a local cafe. With renewed energy the group will drive through the Great Otway National park where we'll stop for a quick hike through the ancient rainforests here. From there, travel further along the Great Ocean Road to Apollo Bay. There's time here to grab an optional ice cream before trying to spot koalas, kangaroos, and king parrots near the Kennett River. Before heading back to Melbourne the group will make a final stop to the town of Lorne. Grab a snack, stroll past the shops, or walk along the beach in this quaint destination.

Catch a flight to Uluru, in the heart of the Australian outback. Visit the Cultural Centre of the Uluru-Kata Tjuta National Park—a UNESCO World Heritage site—and learn about the beliefs and customs of the Anangu, the area’s traditional Indigenous owners. Then take a guided walk along both the northwest and southern sides of Uluru to learn about the history of the area, hear the stories of the Anangu people and gaze upon these awe-inspiring uplifted sandstone rock formations.

Accommodations in Uluru are limited and of varying amenities. We do our best to secure a mid-range hotel, but on occasion a more simple accommodation with fewer amenities may be used.

Airline schedules and flight availability are outside of our control and are always subject to change without notice. While we do our best to book direct flights, on occasion we may have to connect through another city.

Walking tracks may not be permitted if temperatures exceed 36°C (98°F), as governed by the National Parks guidance. Our National Geographic Expedition Leader and local guides will monitor the weather conditions and guidance to gauge the safety of any included walks and may need to call off or reschedule a given day's walk due to extreme heat.



Meals included

Breakfast



ACCOMMODATION

Desert Gardens Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Plane Melbourne - Uluru 3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Indigenous Cultural Centre Visit Uluru

Learn about the beliefs and customs of the Anangu, the area’s traditional Indigenous owners.

Uluru Mala Walk Uluru 1h-1h30m 2km

Gaze upon these awe-inspiring uplifted sandstone rock formations.

Private Vehicle

Uluru

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 16

ULURU

In the morning make your way to Kata Tjuta, Uluru's neighboring natural wonder for a morning of exploration as you walk along these ancient, red-hued landscapes.

Enjoy some free time in the afternoon before capping off the day by witnessing the this fabled monolith change colours as the sunsets on the day.

Walking tracks may not be permitted if temperatures exceed 36°C (98°F), as governed by the National Parks guidance. Our National Geographic Expedition Leaders and local guides will monitor the weather conditions and guidance to gauge the safety of any included walks and may need to call off or reschedule a given day's walk due to extreme heat.



Meals included

Breakfast



ACCOMMODATION

Desert Gardens Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Kata Tjuta Guided Walk Uluru-Kata Tjuta National Park 2h-3h

While Uluru is the most famous landmark in the park, we explore a bit further afield at Kata Tjuta walking through these red domed rocks that comprise this stunning landscape.

Free Time Yulara

Enjoy some time at leisure.

Sunset at Uluru Uluru 1h-1h30m

Finish the day watching the sunset over Uluru. Marvel at the changing colours over the desert and keep reminding yourself that yes, you really are there.

Day 17

ULURU/SYDNEY

Awaken at dawn to witness the famous Field of Light installation, the artist Bruce Munro created an art installation that becomes illuminated in the changing light.

Enjoy your final moments in the heart of the outback before it's time to pack up and head off to the airport for an afternoon flight to Sydney.

Observe the stunning display and watch the sun rise with views of Uluru (Ayers Rock) in the distance. Return to the hotel for breakfast and your final moments in the heart of the outback before it's time to pack up and head off to the airport for an afternoon flight to Sydney. Check in to our Sydney hotel and opt to join our National Geographic Expedition Leader for a dinner out on the town in one of Sydney's famous neighbourhoods.



Meals included

Breakfast



ACCOMMODATION

Vibe Hotel Sydney (or similar) Hotel



TODAY'S ACTIVITIES

Sunrise at Field of Light

Uluru

Head to the Field of Light for a sunrise experience you won't soon forget. The artist Bruce Munro created an art installation that becomes illuminated in the changing light. Observe the stunning display and watch the sun rise with views of Uluru (Ayers Rock) in the distance.

Plane

Uluru - Sydney

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 18

SYDNEY

Join your Expedition Leader on a walking orientation tour of some of the city's well known landmarks like the Rocks area, a waterfront neighborhood that marks the spot of the first European settlement in Australia. It also holds a spiritual significance for the area's Indigenous people. Around midmorning, circle back and meet for a private tour of the Sydney Opera House. This afternoon, step aboard a private boat for a sunset sail around Sydney's famous harbor. Tuck into a delicious Australian Barbecue dinner and enjoy a glass of wine or beer as the sun sets in the background.



Meals included

Breakfast | Dinner



ACCOMMODATION

Vibe Hotel Sydney (or similar) Hotel



TODAY'S ACTIVITIES

Metro Sydney

Get around underground via public transit.

ACTIVITY

During today's private tour of the Sydney Opera House the group will learn about the history of the opera house and how the architecture functions within the theatres to produce sound. You'll learn how during the mid-1950's a man from Denmark named Jørn Utzon created a sculpture on Sydney Harbour that dramatically shifted twentieth-century architecture.

Hear stories of the how the architects, engineers, and artists built this engineering masterpiece together and spend time in the theatres themselves witnessing how the architecture of each space contributes to sound, as well as the ways that this space manipulates it.

Sydney Harbour Sunset Dinner Cruise Sydney 4h

Board a private yacht and enjoy a four-hour cruise navigating the bays and coves of Sydney Harbour. Relax and enjoy the iconic scenery as our crew share stories of Sydney and its famed harbour. Enjoy a casual Aussie BBQ, with a glass of wine or beer, as the sun sets over the Harbour Bridge and Opera House and watch the city lights come alive across the water.

Day 19

SYDNEY

Enjoy a day at leisure to explore the best of Sydney. Walk the Rocks and stop by Maybe Sammy for a drink, which happens to be one of the best bars in Sydney. Take the ferry to Manly Beach or walk the Bondi Coastal walk and snap some photos.



Meals included

Breakfast



ACCOMMODATION

Vibe Hotel Sydney (or similar) Hotel



TODAY'S ACTIVITIES

Free Time

Sydney

Today is a free day and we recommend visiting the Australian Museum, Bondi Beach, or Darling Harbour.

Day 20

SYDNEY/PORT DOUGLAS

Fly to Cairns today and travel up the scenic coastal road to Daintree Rainforest, the world's oldest tropical rainforest and part of a UNESCO World Heritage site. Embark on an interpretive walk with an Indigenous guide at the lush Mossman Gorge, learning about the traditional ways of life of the region's Kuku Yalanji people. Continue to the resort town of Port Douglas, our home for the next three nights.

We catch a very early flight to ensure we make the most of the day.

Please note that the max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person. Any additional luggage is subject to airline fees and is not included.



Meals included

Breakfast



ACCOMMODATION

Mantra PortSea (or similar) Hotel



TODAY'S ACTIVITIES

Plane

Sydney - Cairns

3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Cairns - Port Douglas

1h

70km

Settle in and scan the scenery from the convenience of a private vehicle.

Dreamtime Walk

Mossman Gorge

2h

Take an interpretive walk through the Daintree Rainforest. Your experienced interpretive Indigenous guide demonstrates traditional plant use, identifies bush food sources, and provides an enchanting narrative of the rainforest and the Kuku Yalanji's special relationship with this unique tropical environment. Find out how to make bush soap, watch an ochre painting demonstration and sample some bush tea.

Day 21

PORT DOUGLAS

Explore the Great Barrier Reef on a full-day catamaran tour to the Outer Reef. Immerse yourself in the largest coral reef system in the world, which teems with 1500 species of tropical fish, as well as whales, dolphins and porpoises. Hop into the warm waters off Australia's east coast and experience this marine wonderland for yourself. Lunch will be served onboard. Back in Port Douglas the evening is yours to do as you please.



Meals included

Breakfast | Lunch



ACCOMMODATION

Mantra PortSea (or similar) Hotel



TODAY'S ACTIVITIES

Great Barrier Reef Excursion With Sailaway Port Douglas

You haven't truly visited Australia until you've experienced the Great Barrier Reef. Climb aboard the Sailaway VII, a 25m (82ft) sailing vessel and take the journey to the Outer Barrier Reef. Spend time in the largest coral reef system in the world, snorkel amongst colourful fish and keep an eye out for nemo (of course). You'll sail along the coastline with spectacular views of the Daintree Rainforest and pass Snapper Island on the way out to the reef. You'll enjoy a guided snorkel tour, and a glass bottom boat which offers extra viewing opportunities for those not looking to get in the water. Afternoon tea, coffee, cakes, fruit, and a buffet lunch are included and all necessary snorkelling gear and equipment.

Day 22

PORT DOUGLAS

Enjoy a free morning in charming Port Douglas. Stroll the town's boutique-lined streets and idyllic beaches or head to the Sunday markets to browse the stalls. Later in the day, join your fellow travelers for an exclusive cultural experience at Cooya Beach. Meet Indigenous guides for a welcome ceremony, and get acquainted with members of the Kuku Yalanji people. Our Expedition Leader will organize an optional farewell dinner to toast your adventures down under.



Meals included

Breakfast



ACCOMMODATION

Mantra PortSea (or similar) Hotel



TODAY'S ACTIVITIES

Free Time Port Douglas

In the morning explore charming Port Douglas. Head to the Sunday markets to see what souvenirs you can take home.

ACTIVITY

Enjoy an exclusive Indigenous experience at Cooya Beach featuring a welcome ceremony and a smoking ceremony, during which travellers will learn the purpose and meaning of these rituals and their significance to the Kuku Yalanji people.

After one last breakfast in Port Douglas, transfer back to Cairns where our tour ends at the airport mid-morning. Alternatively, extend your stay in Port Douglas.

Please book your departing flights no earlier than 1pm out of Cairns.

The tour will end at the airport in Cairns. If you have booked extra nights you will be staying at the final hotel in Port Douglas about an hour north from the airport. Please note that should you book extra nights you will be responsible for getting yourself to the airport in Cairns from Port Douglas.



Meals included

Breakfast



TODAY'S ACTIVITIES

Private Vehicle

Port Douglas - Cairns

1h

70km

Settle in and scan the scenery from the convenience of a private vehicle.

What's included

- Your Journeys Highlight Moment: A day at Kohutapu, Murupara
- Your Journeys Highlight Moment: Sheep Shearing Experience, Canterbury Plains
- Your Journeys Highlight Moment: Tekapo Dark Sky Experience, Lake Tekapo
- Your Journeys Highlight Moment: Melbourne Foodie Walk, Melbourne
- Your Journeys Highlight Moment: Private Tour of the Sydney Opera House, Sydney
- Your Journeys Highlight Moment: Exclusive Indigenous experience at Cooya Beach, Port Douglas

- Your G for Good Moment: Kohutapu Lodge Experience, Murupara
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Waiheke Island Wineries
- Waitomo Caves tour
- Kohutapu Local Maori Community Initiative
- National Kiwi Hatchery
- Scenic TranzAlpine train
- Sir Edmund Hillary Alpine Centre
- Aoraki Mount Cook Kea Point Trek
- Free time in Wanaka and Arrowtown
- Wilderness day cruise in Fiordland National Park
- Free time in Queenstown
- Internal flight
- All transport between destinations and to/from included activities
- Melbourne Foodie Experience
- Sunrise interpretive walk at Uluru
- Sydney Harbour dinner cruise
- Indigenous Peoples Interpretive Walk in the Daintree Forest
- Great Barrier Reef Excursion
- Exclusive Indigenous experience at Cooya Beach
- Internal flights
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Go behind the scenes at Sydney Opera house, take an interpretive walk with an Indigenous guide, snorkel with the fish in the Great Barrier Reef, witness thousands of glowworms lighting up the scenery, see the stars like never before in the protected International Dark Sky in Lake Tekapo.

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Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1) WIFI/Internet Access

Please be aware that wifi and internet access is not as readily available in Australia and New Zealand as in other parts of the world. There are often additional charges to connect to the internet, and speeds may be slower than what you are used to.

2) Baggage Allowance

The internal flights on this tour have strict baggage limits of 1 item/20kg for checked baggage, and 7kg for carry-on - this may be lower than your international flight baggage limits. Additional checked baggage cannot be purchased ahead of time. However, you may be able to purchase this in person upon check-in at the airport, subject to availability and at your own expense.

3) Public Holidays

Over public holidays in Australia and New Zealand (such as Christmas, New Years Day, Easter, and Anzac Day) there may be some limitations of services and disruptions to schedules. In general our tours still operate effectively over public holidays, but there may be closures of optional activities and restaurants, and slight itinerary adjustments in order to provide all tour inclusions.

4) Combo Trip

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

5) Scuba Diving Optional Activity

Please be aware that if you decide to book the optional scuba diving activity in the Great Barrier Reef and are taking any prescription medications, you will need a doctor's release giving you permission to dive.

6) Great Ocean Road Optional Activity

Due to exceptional demand, if you are interested in participating in the 12 Apostles, Otways & Great Ocean Road optional activity, it must be pre-booked in order to secure a spot during your tour.

7) ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

IMPORTANT NOTE: Bookings for the America's Cup are at either 11am, 1pm or 2pm - this is dependant on the season and availability. Please be sure to reconfirm your sailing 24 hours prior by phoning Explore (while in New Zealand): 0800 397 567 or International: +64 9 359 5987.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a National Geographic Expedition Leader. The Expedition Leader will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 16, Avg 12.

What meals are included in this trip?

22 breakfasts, 5 lunches, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your Expedition Leader will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the M/S Expedition or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, plane, train, boat, walking.

What transportation will we take on this trip?

When not using air travel, we will be using comfortable coaches with air conditioning.

Are local flights included in the cost of the trip?

Please be advised that any flights noted on the G Adventures Itinerary for this tour are included in the tour services provided. Flight tickets are provided by G Adventures during the tour. The date for this service will match the day of the itinerary, for which Day 1 is equal to the start date noted on the Invoice under Land Services: Tour. If flight information is required in advance for visa purposes, please contact G Adventures.

The internal flights on this tour have strict baggage limits of 1 item/20kg for checked baggage, and 7kg for carry-on - this may be lower than your international flight baggage limits. Additional checked baggage cannot be purchased ahead of time. However, you may be able to purchase this in person upon check-in at the airport, subject to availability and at your own expense.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotel (22 nts)

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

This trip uses comfortable 3 star hotels, well located in cities and close to National Parks. Our chosen hotels vary in size, character, and amenities, but are of a very good standard, and the rooms are double occupancy with a private bathroom.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Auckland airport (AKL), to reach your starting accommodation you can take the Skybus (departs every 10-15 minutes), the Airport Shuttle Bus or a local taxi. Please go to the airport information desk for assistance.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your National Geographic Expedition Leader (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office and after office hours emergency number

From outside New Zealand +64 211935846

From within New Zealand: 0211935846

If you are unable for any reason to contact our local operations manager, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

The tour ends at the airport in Cairns. Please book any outbound flights no earlier than 1 pm.

If you have booked extra nights you will be staying in the final hotel in Port Douglas about an hour north from the airport.

Are there any additional packing suggestions I should consider?

The max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person.

You will be on the move a lot, so our advice is to pack as lightly as possible.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the Expedition Leader, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

What should be on my packing list?

Advised Item(s):

- Over-the-head fly mesh net
(Advised)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The weather in New Zealand varies depending on the season. Make sure to check the forecast for the time you will be visiting and pack weather appropriate clothing for your trip.

When can I do my laundry on this trip?

Laundry can be done at least once a week while on tour - most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your Expedition Leader will advise you along the trip where you will be able to do your laundry.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Please note that American Express is not widely accepted in Australia and it is highly recommended to bring other forms of payment.

What should I know about currency, credit cards, and exchanging money while on this tour?

The Australian currency is the Australian Dollar (AUD) and currency in New Zealand is the New Zealand Dollar (NZD).

Credit cards are accepted almost everywhere in both countries and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's) and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in New Zealand in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is not customary in New Zealand or Australia to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. Unless specifically asked to do so at the time (by your Expedition Leader) - do not tip your local guides.

Also at the end of each trip if you felt your National Geographic Expedition Leader did an outstanding job, you may consider a small tip - 10-15 AUD/NZD per person, per day - but it certainly isn't expected.

What activities are optional on this trip?

Auckland

- Auckland Sailing: America's Cup Experience (Pre Tour) (210NZD per person)
- Maritime Museum Visit (24NZD per person)

Rotorua

- Hot Springs (50-360NZD per person)

Christchurch

- Christchurch Botanic Gardens

Queenstown

- Vineyard Tour (189-265NZD per person)
- Earnslaw Steamship Cruise (115-269NZD per person)
- Shotover Jet Boating (159NZD per person)
- Gondola Ride (66-215NZD per person)

Melbourne

- 12 Apostles, Otways & Great Ocean Road

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

Heed the caution signs at all times in National Parks and other remote areas in New Zealand and Australia.

Between November and March, there is extreme heat with temperatures averaging between 43-46°C in the middle of Australia, especially around Uluru. This can lead to heat exhaustion and potentially become very dangerous. Be sure to drink plenty of water and replenish electrolytes by drinking sports drinks, coconut water or water mixed with electrolyte powder packets. Our Expedition Leaders have been trained in first aid and are well-versed in the risks associated with this heat.

As a result of this heat some included walks may be closed in the interests of travellers health. Certain walks around central Australia including Uluru and Kata Tjuta are closed when weather is forecast to exceed 36°C. During these hot months, we will endeavour to offer all walks early in the day to avoid the heat. Our Expedition Leaders will monitor the weather conditions to gauge the safety of any included walks and may need to call off a given day's walk due to extreme heat.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our National Geographic Expedition Leader has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your National Geographic Signature Specialist or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

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