



## **Journeys: Iconic Wildlife of Yellowstone and Grand Teton**

7 days, Jackson to Jackson

Trip code NUYNG

## What's included

- Your Journeys Highlight Moment: Teton Raptor Center, Grand Teton National Park
- Your Journeys Highlight Moment: Wildlife Spotting in Lamar Valley, Yellowstone National Park
- Guided Snake River float
- Grand Teton National Park entrance
- Jenny Lake boat ride
- Yellowstone National Park entrance
- Three full days touring through Yellowstone National Park's highlights
- Lamar Valley wildlife safari
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing July 21st, 2023 and onwards

# Itinerary



**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Jackson

Arrive at any time.



### Accommodation

Elk Country Inn (or similar)

Hotel



### Today's Activities

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your Expedition Leader will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

After breakfast, travel to Grand Teton National Park, where you'll board a boat and cruise across the tranquil waters of Jenny Lake, which carved out Cascade Canyon approximately 12,000 years ago. Enjoy a self-guided walk to Hidden Falls along a trail that slopes up 200 ft (60 m) in elevation and ends at a magnificent waterfall that cascades 100 ft (30 m) below. Continue along the trail to Inspiration Point, where you'll find spectacular views of Jenny Lake and Jackson Hole beyond. You can choose to return by either hiking along the lake or taking the ferry across. From there, you'll drive to the Craig Thomas Discovery and Visitor Center, where you'll examine the exhibits that tell the story of the region's cultural and geological histories, as well as current preservation efforts. Next, set off on a half-mile stroll to the Murie Ranch homestead, where you will learn about the Murie family's contribution to the 1964 Wilderness Act. Return to Jackson Hole in the evening for dinner in town with your fellow travelers.



## Meals included

Breakfast | Dinner



## Accommodation

Elk Country Inn (or similar)

Hotel



## Today's Activities

Private Vehicle

Grand Teton National Park - Jackson

1h-1h30m

65km

Settle in and scan the scenery from the convenience of a private vehicle.

Craig Thomas Discovery and Visitor Center

Grand Teton National Park

1h30m

1km

The Craig Thomas Discovery and Visitor Center orients, educates, and inspires visitors to make their own discoveries within the park. Spend time enjoying the various exhibits at the Craig Thomas Discovery and Visitor Center. Afterwards, walk the 1/2 mile to the Murie Ranch homestead. The Murie Ranch was a base camp for conservation leaders who advocated for the protection of American wilderness.

Private Vehicle

Jackson - Jenny Lake

30m

33km

Settle in and scan the scenery from the convenience of a private vehicle.

## Jenny Lake and Cascade Canyon Hike

Grand Teton National Park

3h-4h

4km

Take a shuttle boat across Jenny Lake; then set out on a self-guided hike through the stunning Cascade Canyon carved out by retreating glaciers some 15,000 years ago. Choose to continue on to Hidden Falls - plummeting almost a hundred feet into the gorge - and perhaps make a final ascent up to Inspiration Point for views of the lake below. Total Elevation Gain: 450 ft (138m).

Begin the day with a guided wildlife float along the Snake River and bask in the morning sun as it casts a glow on the Tetons. This is the perfect time to spot wildlife, so be on the lookout for mule deer, pronghorns, elk and moose in the surrounding woodlands and meadows. In the afternoon, travel to the Teton Raptor Center for an exclusive 1-hour private raptor experience. Led by a naturalist and staff member of the center, your tour includes a visit to the newly restored historic barn, where you will learn all about the region's raptors (birds of prey) and their role in the Greater Yellowstone ecosystem. Discover more about the center's field work and clinic, where injured, ill or orphaned raptors are cared for. Later, return to the hotel and enjoy a delicious dinner on your own.



## Meals included

Breakfast



## Accommodation

Elk Country Inn (or similar)

Hotel



## Today's Activities

Private Vehicle

Jackson - Moose Junction

21km

Settle in and scan the scenery from the convenience of a private vehicle.

Grand Teton Scenic River Float

Grand Teton National Park

Enjoy a 16km (10 mile) guided scenic raft trip on the Snake River in Grand Teton National Park. Learn from local guides about the history of the region, as well as the plant and wildlife against a backdrop of majestic peaks. Keep your eyes peeled for moose, bald eagles, osprey, bears, beavers, and more.

### ACTIVITY

The Teton Raptor Center was established in 1991 when Roger Smith and Margaret Creel began caring for injured raptors—better known as birds of prey—in their home. As field biologists working in Grand Teton National Park, the couple was very interested in the environmental importance of raptors. Over the course of several years they saved dozens of birds and provided hundreds of educational programs to reach students of all ages. In 2017, Teton Raptor Center purchased the Hardeman Barns as a

permanent home for raptor conservation. Visit the center for your exclusive, behind-the-scenes tour, learn about caring for these magnificent birds, and gain a sense of their invaluable place in the area's ecosystem.

Private Vehicle

Grand Teton National Park - Jackson

15m

12km

Settle in and scan the scenery from the convenience of a private vehicle.

This morning, your journey takes you along Yellowstone's Mormon Row, where you'll make a stop at West Thumb Geyser Basin. Wander along the 1-mile loop, search for birds and get to know the environment of Yellowstone. The next stop is at Old Faithful, where you'll watch the famed geyser erupt. Enjoy a picnic lunch, then visit the Tribal Heritage Center, which opened in 2022 as a way to recognize the many Tribal Nations that called Yellowstone their home before it was named a national park in 1872. You'll engage with indigenous artists, scholars and presenters from the 27 associated Tribes of Yellowstone through the center's educational programs, which include photography, beadwork, moccasin making, quilt work and more. After your visit, stroll along the boardwalks that wind between the gurgling hot springs and geysers of the Upper Geyser Basin.



### Meals included

Breakfast | Lunch



### Accommodation

Yellowstone Park Hotel (or similar)

Hotel



### Today's Activities

Yellowstone National Park Visit

Yellowstone National Park

Make several stops throughout the day. Today the journey is the destination. Cross the Continental Divide and get a taste of just some of the 10,000+ hydrothermal features, 500+ active geysers (more than half the world's geysers), and almost 300 waterfalls. Stay on the lookout for the 67 species of mammals and 285 species of birds that call this place home.

Private Vehicle

Jackson - Yellowstone National Park

8h-9h

250km

Settle in and scan the scenery from the convenience of a private vehicle. The drive time listed includes all stops within Yellowstone National Park.

Yellowstone South Loop Excursion

Yellowstone National Park

2h30m-3h

2km

Travel through the Southern Loop of Yellowstone National Park, which features some of the most breathtaking and diverse natural scenery. Watch Old Faithful erupt and take in the geysers in West Thumb with Yellowstone Lake as the backdrop.

Get an early start to your day as you travel to the Lamar Valley with a Yellowstone National Park specialist for a private wildlife-spotting tour. Known as the “Serengeti of North America,” the Lamar Valley has a high concentration of wildlife, including bison, elk, and elusive wolves and grizzly bears. You will be equipped with binoculars to keep an eye out for fauna and flora as you learn about the region’s fascinating history. In the afternoon, enjoy some leisure time at the hotel, where you can take advantage of its many amenities or stroll through its serene surroundings. This evening, dinner will be on your own.



### Meals included

Breakfast | Lunch



### Accommodation

Yellowstone Park Hotel (or similar)

Hotel



### Today’s Activities

#### ACTIVITY

Enjoy a private, guided wildlife viewing tour in the Lamar Valley with a Yellowstone Park specialist as your guide. Listen to educational content about the Valley’s wildlife, flora, fauna, and history as you search for animals on this six hour viewing opportunity. Equipped with binoculars and a telescope, you will discover the natural wonders around you while your guide explains in depth the wildlife found within this small piece of Yellowstone. Breakfast and lunch will be provided. Search for wolves, herds of bison, pronghorn, badgers, grizzly bears, bald eagles, osprey, deer, and coyotes as you bump along in this mesmerizing landscape.

Yellowstone National Park Visit

Yellowstone National Park

Today the journey is the destination. Cross the Continental Divide and get a taste of just some of the 10,000+ hydrothermal features, 500+ active geysers (more than half the world's geysers), and almost 300 waterfalls. Stay on the lookout for the 67 species of mammals and 285 species of birds that call this place home.

After breakfast, you'll continue to explore the many wonders of Yellowstone National Park. Peer into the rainbow-hued Grand Prismatic Spring to admire where the thermophilic bacteria generate vivid shades of yellow, blue and red. Stand in awe while overlooking the Grand Canyon of Yellowstone, formed as a result of a volcanic eruption about 630,000 years ago. Set out on a Expedition Leader-led trail walk along the southern rim—from Artist Point Overlook to the Point Sublime Overlook—high above the Yellowstone River. In the afternoon, visit the Mud Pots, then continue to Yellowstone Lake for a Expedition Leader-guided hike up the Storm Point Trail. In the evening, gather with your fellow travelers for a final dinner together and share stories from your unforgettable adventure.



## Meals included

Breakfast



## Accommodation

Yellowstone Park Hotel (or similar)

Hotel



## Today's Activities

Private Vehicle

Yellowstone National Park

2h

Settle in and scan the scenery from the convenience of a private vehicle.

Yellowstone Northern Loop Excursion

Yellowstone National Park

3h-4h

2km

Visit other magnificent sites of Yellowstone during your final day in the national park. Stand overlooking the breathtaking Grand Canyon of Yellowstone, walk along the southern rim to Artist Point Overlook and Point Sublime Overlook with your Expedition Leader. See the Mud Pots and enjoy one final Expedition Leader-led hike along the Storm Point Trail.

Grand Canyon of Yellowstone Visit

Yellowstone National Park

4h-5h

7km

Visit the Grand Canyon of Yellowstone. Take a there-and-back Expedition Leader-led trail walk from the majestic Artist Point overlook to the Point Sublime Overlook along the southern rim of the Grand Canyon of the Yellowstone River.

## Mud Pots Visit Yellowstone

Yellowstone National Park

30m

Visit the Yellowstone Mud Pots. See where hot water is limited, where hydrogen sulfide gas is present, and where sulfuric acid is generated leaving the rotten egg smell so familiar to geothermal areas.

## Storm Point Trail Hike

Yellowstone National Park

1h

Set off on a guided hike up the Storm Point Trail. Begin in open meadows overlooking Indian Pond and Yellowstone Lake. Then pass further alongside the pond before turning west into the forest.

In the morning, depart for the start hotel in Jackson, where your tour comes to end. From there, you must make your own way to the airport as only permitted airport vehicles can access the drop off area.

When arranging your flights, please take into consideration the below time restrictions for departing from your group. With these times, we have taken into account travel time to/from the airport in the given destination and required time for check-in or baggage collection/immigration.

Please note that your outgoing flight from Jackson Hole Airport (JAC) must depart no earlier than 14:00 (2pm) on Day 7. The group will be brought to the start hotel in Jackson. You must make your own way to the airport from there as only permitted airport vehicles can do airport drop offs.



## Meals included

Breakfast



## Today's Activities

Private Vehicle

Yellowstone National Park - Jackson

3h-4h

250km

Settle in and scan the scenery from the convenience of a private vehicle.

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

## What's included

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## What are the main highlights of this trip?

Float along the Snake River keeping your eyes peeled for local wildlife—including mule deer pronghorns elk and moose, Venture into the Lamar Valley for a private naturalist-led tour of the region's fauna and flora as well as its fascinating history, Embark on an unforgettable hike through the iconic Tetons taking in spectacular jagged mountains and glistening lakes, Join a naturalist on a tour of the Teton Raptor Center to discover the region's owls hawks golden eagles and other birds of prey.

## What are the main highlights of this trip?

Float along the Snake River keeping your eyes peeled for local wildlife—including mule deer pronghorns elk and moose, Venture into the Lamar Valley for a private naturalist-led tour of the region's fauna and flora as well as its fascinating history, Embark on an unforgettable hike through the iconic Tetons taking in spectacular jagged mountains and glistening lakes, Join a naturalist on a tour of the Teton Raptor Center to discover the region's owls hawks golden eagles and other birds of prey.

## **Is there a disclaimer I should read before booking this trip?**

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# What important notes should I be aware of before the trip?

## 1. NON-RESIDENT NATIONAL PARK FEES

Standard entrance fees to the National Parks visited on this trip are included in your trip price. From January 2026 onward, the US National Park Service is introducing an additional 'US Non-Resident Fee' to enter National Parks included in this trip. This fee is applicable to passengers who are not US residents. These fees range from USD 100 to USD 250 per person. These fees need to be paid locally (USD cash) and are in addition to your trip payment. On Day 1, your Expedition Leader will facilitate the processing of these fees for all travelers who are impacted.

## 2. TRAVEL DAYS

In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.

## 3. WALKS AND HIKES - OPTIONAL

All walks and hikes proposed by our Expedition Leader will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.

## 4. LEGAL DRINKING AGE

Please note that the legal drinking age in the United States is 21. Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws are strictly enforced and our Expedition Leaders are unable to help those under age obtain alcohol of any kind.

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.

## 5. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

# What is the group leader like?

All National Geographic Journeys with G Adventures group trips are accompanied by one of our National Geographic Expedition Leaders throughout. The aim of the Expedition Leaders is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

# How large will the group be?

Max 13.

## What meals are included in this trip?

6 breakfasts, 2 lunches, 1 dinner

## What are the meals like on this trip?

Eating is a big part of traveling and we encourage you to experience the vast array of wonderful food that is available out in the world. Its important to remember, that food may be different from what you are used to at home and that some things may not be available in other countries.

Some meals are included in the trip price, while others are not, to allow flexibility and choice to you and your family. For non-included meals, our Expedition Leaders will still make arrangements for the group to eat together, which allows you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. For all trips please refer to the meals included and budget information for included meals and approximate budget (per person) for meals not included.

Throughout this trip, breakfast is included daily (ranging from continental to buffet depending on the trip), as are healthy, local snacks. Tap water is safe and drinkable everywhere. Please remember to bring your own refillable bottle and refill at the start of each day.

Note that any special meal requirements or dietary restrictions need to be specified at time of booking.

## What are the modes of transportation on my trip?

Private vehicle, boat, walking.

## What transportation will we take on this trip?

For this trip we use two 15-seat vehicles with internal luggage storage for up to 14 people plus an Expedition Leader and Driver.

These vans are durable vehicles that allow us to drive on most types of roads in North America.

With mandatory seat belts to keep us secure and safe. No standing is permitted in these vehicles.

This is not a physically demanding journey. There is air conditioning to cool things down on warm days to keep everyone more comfortable. Travelling can be difficult, with long drives and limited space in the van. Please take note of the travel times and distances in the above itinerary. Despite some of the long days, most travellers feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience!

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotels – 6 nts.

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What kind of accommodation can I expect on this trip?

Rooming is based on double occupancy (2 passengers / 2 beds per room); all other room configurations are on request and cannot be guaranteed. We will try to accommodate triples/quad requests whenever possible and it's important to note that rooming configuration can change from city to city and 2 single beds are the standard configuration in a room.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Jackson Hole airport (JAC), to reach your starting accommodation you can take a rideshare service or a local taxi. If you require assistance, please head to the information desk.

WELCOME MEETING TIME: 18:00

WELCOME MEETING LOCATION: Elk Country Inn - inside Hotel Lobby

Elk Country Inn

480 W Pearl Ave, Jackson, WY 83001

Jackson

USA

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your National Geographic Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-725-201-1494

From within the USA: 725-201-1494

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What instructions should I follow at the finishing point?

Please note that your outgoing flight from Jackson Hole Airport (JAC) must depart no earlier than 14:00 (2pm) on Day 7. The group will be brought to the starting hotel and from there you can set up transfers to the airport. Your Expedition Leader will also be able to help you book the departure transfer on site. The approximate shuttle prices to/from the airport are \$95 per transfer and can hold up to 4 people. Only permitted airport vehicles can do airport drop offs. It will take at least 15 minutes to travel from your hotel drop-off point to the airport.

## What should I take on my trip?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters are not often available, so be prepared to carry your own bags.

# What should be on my packing list?

## Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: It is important to pack clothes for warm days and cool evenings, as well as a light waterproof jacket. For days in the outdoors, layering is key. We recommend the use of lightweight, breathable, clothes. Yellowstone can have unpredictable weather with snow and heavy rain even in Summer time. Spring time can be snowy (until end of June) and fall season could start as soon as mid-August. Make sure you have clothing for all conditions. We're working with our accommodation partners to reduce single-use plastic on our tours by providing safe drinking water for refillable bottles wherever possible. Find out more about our Plastics Partnership Project [here.](https://www.gadventures.com/about-us/responsible-travel/plastics-partnership-project/)

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge or ask your Expedition Leader where the closest laundromat is. There will be times when you may want to or have to do your own laundry, so we suggest you bring non-polluting/biodegradable soap.

## **What the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## **How much spending money do I need for my trip?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

# What should I know about currency, credit cards, and exchanging money while on this tour?

The United States currency is the US Dollar (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

Local tipping is included on this Family trip which covers local guides, drivers and gratuity for included meals. At the end of your trip if you felt your two National Geographic Expedition Leaders did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline; per Expedition Leader, \$10-15 USD per person, per day can be used as a guide.

For non-included meals in restaurant, a guideline is 15-20% of cost of bill.

## What activities are optional on this trip?

- No optional activities

## **What do I need to know to about safety and security on my trip?**

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your National Geographic Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

## **What rules should I know before joining this trip?**

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## **Is travel insurance required for my trip?**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.