



JOURNEYS: LEGENDARY WILDLIFE OF RWANDA & KENYA

15 days, Kigali to Nairobi

Trip code DRNNG

WHAT'S INCLUDED

- Your Journeys Highlight Moment: Mountain Gorilla Conservation Experience - Kinigi Women Centre, Volcanoes National Park
- Your Journeys Highlight Moment: Akagera National Park - Conservation and Community, Parc National de l' Akagera
- Your Journeys Highlight Moment: Kenya Wildlife Service Conservation Talk, Lake Nakuru National Park
- Your Journeys Highlight Moment: Café Ubuntu and Ubuntu Made, Maai Mahiu
- Your G for Good Moment: Nyamirambo Women's Centre, Local Lunch, Kigali
- Arrival transfer
- All national park entrance fees
- Genocide memorial entrance
- Mountain gorilla trek with permits
- Golden monkey trek with permits
- Local village walk
- Safari drives in Akagera National Park
- Wildlife boat cruise on Lake Ihema
- Wildlife safari drives in Masai Mara National Reserve, and Lake Nakuru National Park
- Boat trip on Lake Naivasha and wildlife walk on Crescent Island
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing July 3rd, 2020 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

KIGALI

Arrive at any time. Arrival transfer is included.

If you arrive early, take some time to explore the city, known for its pleasant, friendly atmosphere. Kigali also has some interesting and historic sites outside of the city. If you want more time to explore, we recommend booking a pre-night.

Please remember that this is a developing area and as such, accommodations/service may not be of similar standard to which you are used to in your home country. There also can be differences in service levels between different countries in East Africa. As well, interruptions in electricity and water can be common and internet/wifi is often only available in large cities. We appreciate your patience and understanding as well as your sense of adventure.

A/C is not available in the accommodations used on this trip. In general it is not a concern as it does cool down at night and depending on location fans or screened windows are available.

4x4 safari vehicles are used to better navigate rough roads but important to note that vehicles do not have A/C.



ACCOMMODATION

Hotel des Mille Collines (or similar) Hotel

Visit the Kigali Genocide Memorial and pay your respects to the victims of the 1994 Rwandan genocide, learning about this somber chapter of the country's past. Later, embark on a community walk in the vibrant Nyamirambo neighbourhood and enjoy a local lunch at the G Adventures-supported Nyamirambo Women's Centre. Travel to northern Rwanda in the afternoon and settle into our lodge, located at the edge of Volcanoes National Park and offering stunning views of the soaring peaks.

Volcanoes National Park borders Virunga National Park in the Democratic Republic of Congo (DRC) and Mgahinga Gorilla National Park in Uganda. Five of the eight volcanoes in the Virunga Mountains can be found here. The volcanoes and highlands of the park are covered in lush rainforest and bamboo (a favourite snack of the gorillas). While the most famous resident is the mountain gorilla, there's plenty of other wildlife roaming around: buffaloes, bushbucks, golden monkeys, hyenas, numerous bird species, and some elephants call this place home.

Altitude note: Volcanoes NP - approx 2,000 m (6,550 ft)



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Mountain Gorilla View Lodge (or similar) Hotel



TODAY'S ACTIVITIES

Kigali Genocide Memorial Visit Kigali 2h

Visit the Kigali Genocide Memorial Centre, which serves as a permanent memorial to those who fell victim to the genocide in 1994. The centre opened on the tenth anniversary of the Rwandan Genocide, in April 2004, and was built on a site where more than 250,000 people are buried.

Please note that content at the Memorial Centre shows the harsh reality of the genocide.

ACTIVITY

Located in Nyamirambo, the largest and most vibrant township in Rwanda, the centre provides women and girls from a diverse range of backgrounds, the opportunity to support each other and succeed, through education and training programs. Enjoy lunch prepared by women employed at the centre, allowing us to try local foods and popular dishes. After lunch, take some time to browse the centre's shop, which features handmade, high-quality crafts and clothes, made by some of the women at the shop, as well as other women's cooperatives throughout Rwanda. Proceeds from the meal and shop help support the centre's education and training programs, including a community library.

4x4

Kigali – Volcanoes National Park

3h

130km

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Day 3

VOLCANOES NATIONAL PARK

Set out on a trek in lush, jungle-covered hills with a park ranger to track a unique and endangered species—the golden monkey. Observe these playful, curious creatures in their natural habitat; then visit the Ellen Degeneres Campus of the Karisoke Research Center, founded by National Geographic Grantee Dian Fossey. Visit the public exhibit and enjoy immersive activities, like a 360-degree theatre and replica of Dian Fossey’s original cabin before meeting the Tourism Warden of Volcanoes National Park at the Kinigi Women Centre, right opposite the Campus for an exclusive and immersive gorilla conservation talk set against the breathtaking backdrop of the Virunga Volcanoes, and gain unique insights into one of Africa’s most celebrated conservation success stories.

Proper hiking attire must be worn – you will be trekking in a rainforest with lots of vegetation, undergrowth, nettles and normally a rather muddy terrain. Please inform your Expedition Leader in advance if you would like to rent gaiters for the trek. Walking sticks will be provided.

Only 1 hour is spent with the Golden Monkeys to ensure their protection and conservation.

Please note that if you are unwell with anything contagious, even a common cold, you may be denied any of the treks to ensure the safety of the golden monkeys. This is a national park regulation, and trekking permits will not be refunded if you are denied entrance due to illness.

The order of activities over Days 3 and 4 can change depending on permit scheduling.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Mountain Gorilla View Lodge (or similar) Hotel



TODAY’S ACTIVITIES

Golden Monkey Trek

Volcanoes National Park

3h-5h

Embark on a trek in Volcanoes National Park to view a species even more endangered than the mountain gorilla – the golden monkey. It is only in Rwanda where this interesting species has been successfully habituated. Look (and listen) for these lively and curious creatures that like to chatter – they are often only seen high up in the trees, but, with luck, hikers may have a close encounter. Golden monkeys mainly live in the lower parts of the bamboo forests; they are not as socially “tight” as gorillas and chimpanzees, and the number in the habituated troupe can vary on any given day between 20 and 80.

ACTIVITY

Founded 50 years ago by Dian Fossey, the Karisoke Research Center in Rwanda is considered the world’s best hope for the survival of endangered mountain gorillas. The Fossey Fund is also the world’s longest running and largest organization dedicated entirely to gorilla conservation. More recently, the organization moved to its permanent home near the gorgeous landscape of Volcanoes National Park and has now been named the Ellen Degeneres Campus of the Diane Fossey Gorilla Fund. During the evening visit you’ll be invited to check out the immersive activities in the public exhibit while learning about the biodiversity of this region.

Later, your Expedition Leader will collect you from the Campus for an exclusive and immersive gorilla conservation talk hosted by the Tourism Warden of Volcanoes National Park at Kinigi Women Centre, right opposite the Campus. Set against the breathtaking backdrop of the Virunga Volcanoes, enjoy snacks and refreshments as you gain unique insights into one of Africa’s most celebrated conservation success stories.

During this engaging session, the warden will share the remarkable journey of mountain gorilla conservation, highlighting key milestones achieved in protecting this endangered species and its habitat. You will also learn about the close relationship between the park and the surrounding communities, and how tourism and conservation initiatives have generated tangible benefits through employment, community development projects, education, healthcare, and sustainable livelihood opportunities.

This enriching experience offers a rare opportunity to understand the vital role that conservation plays not only in safeguarding wildlife but also in improving the lives of the communities that coexist alongside the park.

Embark on an unforgettable trek through the jungle alongside a park ranger to search for mountain gorillas. When we come across a group of gorillas, witness their fascinating social dynamics up close. Note that these treks can vary in length and difficulty depending on the location of the gorillas. Return to our lodge for lunch, followed by a visit to a local village to catch a glimpse of daily rural life.

Approximately 800 mountain gorillas exist globally in the wild today. They are found in Rwanda, DRC, and Uganda. In DRC and Rwanda, gorillas live in similar ecosystems/areas. The gorilla species found in these three areas are called highland gorillas.

In Rwanda there are ten habituated gorilla families that are open to visits – the visit to a gorilla family is done once per day, with a maximum 8 trekkers per group and the duration of a visit is limited to one (1) hour with the gorilla family. The time spent with them is limited due to conservation considerations and to minimize impact on the day-to-day life of the gorilla family you are visiting. It is important to be well prepared for the trek – you never know if your total trek will be short or long. The total duration of a trek can vary and be anything between 4 and 9 hrs in length depending on the location of the gorillas, which are constantly moving. You will mainly walk where there are no paths apart from the occasional buffalo or elephant trail.

Touching the gorillas is not allowed (although in some cases they may touch you). Making loud noises or sudden movements is also not allowed. You should attempt to keep a distance of 7m from the gorillas, however the gorillas themselves are unaware of this and will often get very close, in which case you should try to slowly move away. At all times you must abide by the instructions of the trackers and rangers.

Please note that porters are available at approx. \$10USD per person. The porters are all hired from local villages and not only can carry your day pack, but assist you with a welcome hand over difficult spots. Regardless of your fitness level, we highly recommend hiring a porter as some tracks can be very muddy and elevation can affect even the most fit person. It also provides employment and supports the local community.

Mountain gorillas share 98% of our DNA and are prone to catching human illnesses. Please note that if you are unwell with anything contagious, even a common cold, you may be denied any of the treks to ensure the safety of the gorillas. This is a national park regulation, and trekking permits will not be refunded if you are denied entrance due to illness.

Proper hiking attire must be worn – you will be trekking in a rainforest with lots of vegetation, undergrowth, nettles and normally a rather muddy terrain. Please inform your Expedition Leader in advance if you would like to rent gaiters for the trek. Walking sticks will be provided. Minimum age for gorilla trekking is 15 years old.

Please note that depending on the size of our group and when permits are confirmed, we may be split into 2 trekking groups and you may be trekking with non-G travellers.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Mountain Gorilla View Lodge (or similar) Hotel



TODAY'S ACTIVITIES

Iby'iwacu Village Visit Volcanoes National Park

Visit a small farming village where the locals have put a stop to poaching and put their focus on sheep farming. Meet the local people and get a first hand look at rural life in this area.

Gorilla Trekking Volcanoes National Park – Kigali 4h-9h

Depart early and transfer to the national park to meet the park ranger/guide for orientation. Embark on the trek, which can vary in length and difficulty, depending on the location of the gorilla family that's being visited. Spend an hour observing these beautiful and endangered creatures. Trek back and return to the hotel with the remainder of the afternoon to yourself.

Day 5

VOLCANOES NATIONAL PARK/AKAGERA NATIONAL PARK

Head back to Kigali for lunch, then continue east to Akagera National Park. Armed conflict once devastated this part of Rwanda, and many years of neglect and misuse followed. Yet dedicated work by the local communities resulted in the return of wildlife to the park's savannas, forested hills, and wetlands. Learn more about this fascinating conservation success story in a behind-the-scenes visit to the African Parks headquarters here. Later, check into our comfortable lodge overlooking stunning Lake Ihema.

Akagera National Park offers a remarkable conservation story and is home to the Big Five, zebras, giraffes, elephants and hundreds of bird species. Running directly along the boarder with Tanzania, the park covers 1,122 km² (433 sq mi) and offers a variety of landscapes including highlands, savannah plains, swamps, wetlands and lakes.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Mantis Akagera Game Lodge (or similar) Lodge



TODAY'S ACTIVITIES

4x4

Volcanoes National Park - Parc National de l' Akagera

5h30m-6h

240km

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

ACTIVITY

Take a behind-the-scenes tour of the African Parks headquarters here. Gain insights into issues of modern wildlife conservation, the day-to-day process of managing a protected zone, and the importance of community support to protect the park. Visit the anti-poaching room to learn about monitoring and methods of protection, including the use of a canine unit. Then head to the Akagera Village and learn about an outreach project that helps educate the local community about conservation and sustainability.

Day 6

AKAGERA NATIONAL PARK

Wake before sunrise for an early morning safari drive in search of the “big five.” Keep an eye out for lions, buffalo, hyenas, and antelopes grazing freely here. Return to the lodge for lunch and some free time to relax or take a dip in the pool. In the afternoon, glide along Lake Ihema by boat, watching for hippos and crocodiles. Spot more wildlife, such as elephants and buffalo, as they gather at the lakeshore to drink water. Keep an eye out for a variety of birds including herons, shoebill storks, fish eagles, and kingfishers.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Mantis Akagera Game Lodge (or similar) Lodge



TODAY'S ACTIVITIES

Akagera NP Morning Safari Drive Parc National de l' Akagera

This morning, wake early and head out into the park for sunrise and try and spot the early risers. Look out for lion, elephants, buffalo, hyenas and others who graze freely in the park. Giraffe are a popular site as well as others in the growing park such as; warthog, waterbuck, zebras, roan antelope, eland, topis, and impala.

Wildlife Cruise on Lake Ihema Parc National de l' Akagera

Enjoy safari by boat on Lake Ihema. The cruise will give you a chance to spot more wildlife, such as elephants and buffalos who tend to gather at the banks to have a drink of water. Search out Nile crocodiles and observe birds; there are over 500 species around the lake and its surrounding wetlands. Keep an eye out for shoebill and papyrus Ganolex as well as endemic species such as; herons, ibis, jacanas, plovers, malachite Kingfisher and Hawks.

Day 7

AKAGERA NATIONAL PARK TO KIGALI

Head out with a packed breakfast for our final safari drive in the early hours when animals are most active. Look for giraffes, gazelles, impalas, baboons, Butchel's zebras, leopards, and lions. Later that morning, depart through the northern edge of the park and travel overland back to Kigali.



Meals included

Breakfast



ACCOMMODATION

Hotel des Mille Collines (or similar) Hotel



TODAY'S ACTIVITIES

Akagera NP Morning Safari Drive

Parc National de l' Akagera

This morning, wake early and head out into the park for sunrise and try and spot the early risers. Look out for lion, elephants, buffalo, hyenas and others who graze freely in the park. Giraffe are a popular site as well as others in the growing park such as; warthog, waterbuck, zebras, roan antelope, eland, topis, and impala.

4x4

Parc National de l' Akagera - Kigali

110km

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Day 8

KIGALI/NAIROBI

Catch a flight from Kigali to Nairobi and transfer to hotel.

After your flight, transfer to the hotel. Take some time to explore Nairobi before meeting your group back at the hotel for a second orientation meeting. Here, you will meet your Kenyan Expedition Leader for this duration of the tour, and new travellers that may join you for the rest of your journey.



Meals included

Breakfast



ACCOMMODATION

Sarova Panafric Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Nairobi 30m-1h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time Nairobi

Take some time to explore Nairobi before meeting your Kenyan Expedition Leader at the orientation meeting.

Welcome Meeting

Meet fellow travellers and learn more details about the upcoming itinerary from the Expedition Leader.

Plane Kigali - Nairobi

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 9

NAIROBI/LAKE NAKURU NATIONAL PARK

Depart early for Lake Nakuru, known for harbouring flocks of pink flamingos and a rich variety of bird species. Arrive at our safari lodge inside Lake Nakuru National Park in time for lunch, and seek out the resident rhinos on a late afternoon wildlife drive.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Sarova Lion Hill Game Lodge (or similar) Lodge



TODAY'S ACTIVITIES

Safari Vehicle

Nairobi - Lake Nakuru National Park

3h-4h

165km

Get a better view and take better snapshots aboard this off-road ride.

Lake Nakuru Wildlife Safari Drive

Lake Nakuru National Park

Search for, buffalo, impalas, hyenas, and even lions and leopards on the wildlife safari drive in this renowned national park. Head to the shores of Lake Nakuru to see pelicans and cormorants. The park is also rich in other bird life, including grebes, white winged black terns, stilts, avocets, and ducks.

Day 10

LAKE NAKURU NATIONAL PARK

Set out on morning and afternoon safaris through the picturesque park, searching for buffalo, impalas, lions, and more; and drive along the salty shores of Lake Nakuru to discover a mind-boggling variety of birds.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Sarova Lion Hill Game Lodge (or similar) **Lodge**



TODAY'S ACTIVITIES

Safari Vehicle **Lake Nakuru National Park**

Get a better view and take better snapshots aboard this off-road ride.

Lake Nakuru Wildlife Safari Drive **Lake Nakuru National Park**

Search for, buffalo, impalas, hyenas, and even lions and leopards on the wildlife safari drive in this renowned national park. Head to the shores of Lake Nakuru to see pelicans and cormorants. The park is also rich in other bird life, including grebes, white winged black terns, stilts, avocets, and ducks.

Day 11

LAKE NAKURU NATIONAL PARK/LAKE NAIVASHA

This morning attend a talk given by a representative of the Kenya Wildlife Service (KWS)—a government institution dedicated to managing the country’s wildlife—about the issues surrounding poaching and wildlife conservation. Later head south through the Great Rift Valley to Lake Naivasha, a large freshwater lake surrounded by grassy banks and olive trees. Cruise the lake on a boat, watching for hippos and buffalo; and peer through your binoculars to spot lovebirds, ibis, and the African fish eagle. Step ashore at Crescent Island—a peaceful wildlife sanctuary located in the middle of the lake— and enjoy a guided stroll in search of wildebeest, zebras, and giraffes.

The name Naivasha comes from the Maasai “Nai’posha”, which means “rough water”, though Lake Naivasha is generally calm as we watch for hippos and birdlife. Bring your binoculars and scan for lovebirds, ibis, and fish eagles, watch buffaloes wallow in the swamps and listen to colobus monkeys call from the treetops.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Lake Naivasha Crescent Camp (or similar) Lodge



TODAY'S ACTIVITIES

ACTIVITY

Gain a deeper understanding of the issues surrounding poaching and Elephant conservation during a lecture by an accredited speaker from the Kenya Wildlife Service (KWS). The KWS strives to sustainably conserve and develop Kenya’s wildlife and its habitats, as well as create programs to enable communities living in wildlife areas to benefit from wildlife revenue. National Geographic has supported many research projects working jointly with KWS researchers in the field.

Safari Vehicle **Lake Nakuru National Park - Lake Naivasha** 2h-2h30m 80km

Get a better view and take better snapshots aboard this off-road ride.

Lake Naivasha & Crescent Island **Lake Naivasha** 3h-4h

Enjoy a scenic boat ride on this fresh water lake, popular with people seeking wildlife and bird watching. Once at Crescent Island walk amongst the acacia trees and come face to face with herds of

wildebeest, zebra, waterbuck and giraffe. Along the shore you may see hippos and buffalo wallowing in the mud. Scan the treetops for the African fish eagle, waiting to snatch a fish from the lake.

Day 12

LAKE NAIVASHA/MASAI MARA

Travel to the legendary Masai Mara National Reserve and settle into our comfortable tented camp, located in the heart of the reserve. Head out for an afternoon safari through vast, acacia-dotted plains, driving past throngs of wildebeest, zebra, and giraffes; and keep an eye out for lions, elephants, and the rest of the African "big five." In the evening, relax at the camp and enjoy scenic views of the rolling plains.

After breakfast, we depart for the world famous Masai Mara National Reserve. No trip to Kenya would be complete without a visit here. In the afternoon, we will arrive in the area, and get settled at our safari camp, our base for our time here. Then we'll make our way into the reserve for an afternoon wildlife safari drive, with excellent chances of seeing the "big five": buffalo, elephant, leopard, lion, and rhino.

The road in and back out of the park is very rough and very bumpy, but once you catch a glimpse of the stunning wildlife, it is worth a bit of discomfort.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Fig Tree Camp Masai Mara (or similar) **Campground**



TODAY'S ACTIVITIES

Safari Vehicle **Lake Naivasha - Masai Mara** 5h-6h 230km

Get a better view and take better snapshots aboard this off-road ride.

Wildlife Safari Drive **Masai Mara**

You are in one of the world's top safari destinations, known for its abundance of big cats – cheetahs, leopards and lions – as well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water. Set off on safari with our driver/guide on a private concession near the reserve and keep your eyes and ears peeled for movement and memories. Watch elephants and giraffe grazing, photograph zebras and wildebeest and, with a little luck, you'll even spot animals feasting on a recent kill.

Day 13

MASAI MARA

Venture out on an early morning safari to track the animals that traversed the savanna during the night. View ungulates like Thomson's and Grant's gazelles, topi and eland antelopes—as well as their stealthy predators—at one of their most active times of the day. Continue your exploration on a late afternoon safari, discovering the timeless landscapes of Masai Mara.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Fig Tree Camp Masai Mara (or similar) Campground



TODAY'S ACTIVITIES

Safari Vehicle **Masai Mara**

Get a better view and take better snapshots aboard this off-road ride.

Wildlife Safari Drive **Masai Mara**

Enjoy a morning safari in one of the world's top safari destinations. Search for elephants and giraffe grazing, photograph zebras and wildebeest and, with a little luck, you'll even spot animals feasting on a recent kill.

Wildlife Safari Drive **Masai Mara**

Set out on another safari drive this afternoon to view the resident wildlife in their daily slowdown. Perhaps you'll see a few of the big cats – cheetahs, leopards and lions – as well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water.

Day 14

MASAI MARA/NAIROBI

Witness a breathtaking sunrise over the savanna during your final safari in Masai Mara, and head back to Nairobi. Stop en route at Café Ubuntu, a G Adventures-supported Planeterra project that trains and employs local women and mothers of children with disabilities. Café Ubuntu is an oasis with delicious organic food, hospitable staff, and a relaxing atmosphere based in Maai Mahiu. It is a beacon for tourists who drive through the area each year on their way to the famous Maasai Mara conservancy. Learn about how the initiative empowers the community, visit the craft centre to meet some of the women who create the wares sold there, and then sit down for a delicious farm-to-table lunch. Options range from breakfast tacos, soups, and salads, to freshly made pizzas, curry dishes, and burritos.

Rise early for a final morning wildlife safari drive, enjoying the African sun as it rises over the savannah of the Mara plains. Return to Nairobi in the late afternoon and opt to join the Expedition Leader in a farewell dinner.



Meals included

Breakfast | Lunch



ACCOMMODATION

Sarova Panafric Hotel (or similar) **Hotel**



TODAY'S ACTIVITIES

Wildlife Safari Drive **Masai Mara**

One final chance to view the wildlife of the one of the world's top safari destinations. Search for big cats well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water. This safari, on a private concession near the reserve is sure to make for a memorable farewell.

Safari Vehicle **Masai Mara - Nairobi** 5h30m-6h30m 245km

Get a better view and take better snapshots aboard this off-road ride.

ACTIVITY

In the rural settlement of Maai Mahiu is the very special G Adventures for Good supported project, Ubuntu Café. A true social enterprise in the heart of Kenya, this initiative empowers the community,

creating over 400 sustainable local jobs for mothers of children with disabilities, and supporting pediatric health and education programs in the region. Enjoy a guided tour of the centre and meet some of the mothers who work here creating handicrafts. Learn how the lives of these "mamas" have been impacted and, in turn, their communities empowered through this G Adventures-supported initiative. Then, sit down to a delicious, organic farm-to-table lunch. Enjoy the real tastes of quality coffee, breakfast tacos, soup, salad, freshly made pizzas, curry dishes, and burritos.

Day 15

NAIROBI

Depart at any time.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

What's included

- Your Journeys Highlight Moment: Mountain Gorilla Conservation Experience - Kinigi Women Centre, Volcanoes National Park
- Your Journeys Highlight Moment: Akagera National Park - Conservation and Community, Parc National de l' Akagera
- Your Journeys Highlight Moment: Kenya Wildlife Service Conservation Talk, Lake Nakuru National Park
- Your Journeys Highlight Moment: Café Ubuntu and Ubuntu Made, Maai Mahiu
- Your G for Good Moment: Nyamirambo Women's Centre, Local Lunch, Kigali

- Arrival transfer
- All national park entrance fees
- Genocide memorial entrance
- Mountain gorilla trek with permits
- Golden monkey trek with permits
- Local village walk
- Safari drives in Akagera National Park
- Wildlife boat cruise on Lake Ihema
- Wildlife safari drives in Masai Mara National Reserve, and Lake Nakuru National Park
- Boat trip on Lake Naivasha and wildlife walk on Crescent Island
- Internal flight
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Observe gorillas and golden monkeys in Rwanda's Volcanoes National Park, Embark on safari in Kenya's legendary Masai Mara, Share lunch and stories with the inspiring women of Kigali's Nyamirambo neighbourhood, Enjoy an insider's perspective on anti-poaching efforts at Rwanda's Akagera National Park.

What are the main highlights of this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. AGE RESTRICTIONS (Rwanda)

Please note that all passengers must be aged 15 years or older (prior to start of travel) to go on this tour - there are no exceptions to this as it is for safety reasons and strictly controlled by the Government.

2. PHYSICAL REQUIREMENT (Rwanda)

This trip is rated a level 4 physical requirement- travellers should be in excellent physical condition, without any heart problems and prepared to spend strenuous days in humid rain forests, steep terrain and high altitude trekking for chimpanzee and gorillas, as well as other primates. Please ensure you meet the requirements as described under "physical rating".

3. TRAVEL DAYS

Travelling can be difficult, as long drives and poor road conditions are the rule as opposed to the exception in Kenya, and Rwanda. Despite this, the diversity and scenery of the African landscape, the local culture and abundant wildlife are all well worth the experience.

4. WILDLIFE SIGHTINGS

G Adventures can never guarantee the sighting of wildlife, especially when it comes to mountain gorillas. However, the mountain gorilla trek is organized to ensure success. Before heading into the jungle, our local guides receive coordinates from trackers on the whereabouts of the gorillas, and the trackers stay with the gorillas until the group arrives.

5. ILLNESS

Please note that if you are unwell with anything contagious, even a common cold, you may be denied any of the treks to ensure the safety of the gorillas, golden monkeys and chimps. This is a national park regulation, and trekking permits will not be refunded if you are denied entrance due to illness.

6. CAMERAS (Rwanda)

As it is very dark and damp in the jungle; please ensure your camera equipment is appropriate for such conditions and that you bring dry bags to protect it.

7. ELECTRICITY

The power supply in Kenya and Rwanda is nominally 240VAC, 50hz. Variable voltage, spikes and sporadic, unexpected, unscheduled power cuts of varying duration can be expected.

8. YELLOW FEVER: COUNTRY DETAIL

There is no risk of Yellow Fever transmission in Botswana, Kenya, Malawi, Namibia, South Africa, Tanzania, Uganda, Zambia, or Zimbabwe. However, all of these countries require proof of vaccination under International Health Regulations to prevent importation of the virus. It is compulsory to show a valid Yellow Fever vaccination certificate if you are travelling to any of the above countries from a Yellow Fever endemic country, or have recently transited through one (12 hours or more in airport). Endemic countries include: Angola, Benin, Bolivia, Brazil, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Colombia, Democratic Republic of the Congo, Republic of the Congo, Côte d'Ivoire, Ecuador, Equatorial Guinea, Ethiopia, French Guiana, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Guyana, Kenya, Liberia, Mali, Mauritania, Niger, Nigeria, Panama, Paraguay, Peru, Rwanda, São Tomé and Príncipe, Senegal, Sierra Leone, Somalia, South Sudan, Sudan, Suriname, Tanzania, Togo, Trinidad and Tobago, Uganda, Venezuela.

We advise all travellers on Southern and East Africa itineraries to carry a valid Yellow Fever vaccination certificate regardless of their country of origin. Given the multi-country nature of these itineraries, travellers will cross borders into countries that require the certificate as a condition of entry from preceding destinations. A traveller entering the itinerary

from a non-endemic country may not require the certificate to enter the first country, but will almost certainly require it by the time they cross into a subsequent one. Yellow Fever vaccinations must be administered at least 10 days prior to entry into the first country visited. Under WHO regulations (effective 11 July 2016), certificates are valid for the lifetime of the person vaccinated, there is no 10-year expiry on the certificate itself, though some border officials may be unaware of this. Travellers should carry their original International Certificate of Vaccination or Prophylaxis (yellow card) at all times during the tour. Travellers without a valid certificate run the risk of being denied entry and will not be able to continue with the tour. Any additional travel expenses incurred will be at the traveller's own account.

9. AIRPORT & BORDER HEALTH SCREENINGS

Due to the outbreak of Ebola Virus Disease (EVD) in the Democratic Republic of the Congo (DRC), Rwandan and Ugandan authorities have implemented health screening measures at entry points, including airports and border crossings. Authorities may conduct health screenings of any incoming travelers, including routine medical questioning and temperature readings. Currently, there are no reported cases of Ebola in Uganda or Rwanda, but we want you to be aware of the precautionary measures that are being taken. We recognize that new security measures may be implemented daily throughout the region, so we wish to prepare you with the most current information.

According to the Centers for Disease Control and Prevention (CDC), the Ebola virus is transmitted only through contact with the bodily fluids of an infected individual, as it is not an airborne illness. Per CDC recommendations, we advise our travelers to follow these general hygienic guidelines to help prevent illness while traveling:

- Wash hands with soap and water or an alcohol-based hand sanitizer.
- Avoid contact with the bodily fluids of others.
- For more information about the Ebola virus, please consult the CDC's webpage dedicated to information about Ebola: <http://www.cdc.gov/vhf/ebola/>

10. COMBO TRIP

This tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

11. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the role of the group leader during this trip?

The National Geographic Expedition Leader will be the group manager and leader. He/she organizes the trip, and will be there to assist you when needed. He/she will take care of the small things so you can concentrate on enjoying your adventure. All of our Expedition Leaders in East Africa are experienced group leaders, with a broad knowledge base of the region's history, cultures, and wildlife. Your leader will be from either southern or East Africa depending on which part of the tour you are on. In Rwanda/Uganda the Expedition Leaders will also drive.

During both treks in Volcanoes National Park, we use an experienced and certified tracking guide, and armed guards to accompany you for your safety.

We also use local guides for some included activities where we think more specific knowledge will add to the enjoyment of the places we are visiting.

In Kenya:

You will be accompanied on your trip by a National Geographic Expedition Leader. The Expedition Leader will be the group manager and leader. He/she organizes the trip, and will be there to assist you when needed. Your leader may be from East Africa, or another country outside of the region, and will have a general knowledge base of the region and wildlife. He/she will take care of the small things so you can concentrate on enjoying your adventure. To round out the team, you will be joined by an expert driver/guide, who, as a skilled and experienced driver and a certified safari guide, is an integral part of the team.

How large will the group be?

Max 6, Avg, 5.

What meals are included in this trip?

14 breakfasts, 11 lunches, 10 dinners

What are the meals like on this trip?

Most of the meals on this tour are included in the tour price.

Vegetarian meals and other dietary requirements need to be specified prior to arrival. Please note all bottled drinking water will be at your own expense.

What are the modes of transportation on my trip?

7-seat 4x4 safari vehicle, walking, hiking, boat, plane.

What transportation will we take on this trip?

In Rwanda:

Road travel can be difficult, with long drives and poor road conditions at times. Please take note of the travel times and distances in the above itinerary, and consider that this is often on poor quality, bumpy roads. Despite this, most clients feel that the diversity of the African landscape, culture and wildlife are all well worth the experience. As such, this trip will be operated in 4x4 Land Cruiser/safari vehicle. The 4x4s have large windows which slide open for wildlife viewing and photography.

In Kenya:

This trip is done in private 7-seat 4x4 safari vehicle. With sliding windows and a large pop-up roofs, these vehicles are designed for wildlife viewing. Road conditions can run the full range of conditions from new to very poor, and during dry seasons, the roads can become very dusty. This style of travel is the best under the local circumstances, as the seats are comfortable and having our own private vehicle allow us the flexibility of making stops when needed, and to stay and watch that crouching lion prepare for an attack.

Speed governors set to 80kph are used on all vehicles to ensure a safe driving speed. Please note for your own safety it is mandatory to wear your seat belt at all times when in a vehicle.

All G Adventure vehicles are regularly serviced and follow a strict maintenance schedule. However given the long travel days and rough conditions of many of the roads in Africa, vehicles can and do breakdown on occasion. If such situations occur all drivers are trained mechanics and any vehicle issues are rectified as quickly as possible so as to not disrupt your trip. Your patience is requested if the vehicle you are travelling in happens to encounter a mechanical fault.

Are local flights included in the cost of the trip?

Please be advised that any flights noted on the G Adventures Itinerary for this tour are included in the tour services provided. Flight tickets are provided by G Adventures during the tour. The date for this service will match the day of the itinerary, for which Day 1 is equal to the start date noted on the Invoice under Land Services: Tour. If flight information is required in advance for visa purposes, please contact G Adventures.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotel/Lodge – 12 nts, comfortable tented camps – 2 nts.

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

Start and end hotels on this tour offer comfortable accommodations with en-suite bathrooms, standard facilities, and wifi. Additional amenities vary from location to location. Please see the hotel listings on the Full Itinerary if you would like to learn more about the offerings of your accommodations.

The tented camp accommodations on this tour are situated centrally, with easy access to the park for wildlife safari drives. Tents are typically spacious with mosquito-proof netting, comfortable bedding, and en-suite bathroom with flushing toilets and camping showers.

Please remember that hotel/lodge/camp standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

Note:

- 1) Under certain circumstances we reserve the right to change accommodation and provide something slightly different to what is described, though it will always be of similar or better standard/level.
- 2) Most lodges and camps do not have 24hr electricity - they usually run on generators which are routinely shut off overnight from approximately 10pm to 5am.
- 3) Lodges and camps are NOT equipped with fans or air conditioning due to the electricity constraints listed above.
- 4) Winter nights (June to September) can be cold, and most lodges and hotels do not have insulation or central heating. If you require additional blankets or a hot water bottle, these can be requested through your Expedition Leader or at the reception.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line below. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Name: Cathy

Contact: +250 786 831 900

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office (Nairobi, Kenya)

+254 727 208 832

G Adventures Local Representative (Rwanda)

Robert: +250 784 744 586 or +250 789 080 348

If you are unable for any reason to contact our local operator or local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack, of medium size, as well as a day pack.

On this trip you may experience several types of weather. It is important to pack clothes for warm days and cool evenings. Light, quick-drying, practical clothes are advisable for this trip.

While hiking, your clothes will in all likelihood get very muddy and may not recover to their original state - therefore take old clothing for trekking. Hard wearing clothes, no bright colours, or no army camouflage clothing should be worn.

Greens, khaki and similar neutral clothes are recommended.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Gorillas:

- Gardening gloves (Highly recommended for gorilla trekking)
- Neutral coloured clothing (Your clothes will likely get very muddy - therefore take old clothing for the gorilla trekking. No bright colours should be worn. Greens, khaki and similar neutral clothes are recommended)

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Trekking:

- Gloves
- Hat
- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Snacks (Protein bars, chocolate, dried fruits, candies, energy sweets)
- Socks (Trekking socks – woollen or synthetic, not cotton)
- Thermal base layer (Woollen or synthetic, not cotton)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels and lodges for a charge.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Kenya:

Please note an important update to the Kenya Electronic Travel Authorisation (ETA) process for travellers under 18 years of age.

The Kenya Immigration Department now requires all minor ETA applications to include the official Parent/Guardian Consent Form. Self-written parental consent letters will no longer be accepted.

To avoid processing delays, the form must be completed and signed by a parent or legal guardian before submission.

As of January 1st 2024, the Kenyan government announced the introduction of a new Electronic Travel Authorisation (eTA) scheme, eliminating the requirement for all nationalities to obtain a visitor visa for Kenya. ALL travellers must apply for the eTA, including those that were previously exempt.

For more information, please refer to the eTA site [here](#)

IMPORTANT NOTE:

It may be required to show a Yellow Fever certificate upon entering the country. Please check in with your local consulate and health expert for advice on Yellow Fever and other inoculations required for this area.

Rwanda:

Most nationalities will require a visa to visit Rwanda. For more information, please refer to the Rwanda immigration department's official website [here](#)

Information is accurate as of March 1st, 2024.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The local currency in Rwanda is the Rwanda Franc.

There are several foreign exchange bureaus in Kigali offering similar rates, the most widely accepted currency is US\$. Your Expedition Leader will inform you where you can change money throughout the tour and approximately how much money you will need for each country. That said - most everything is included in this tour - we recommend that you bring enough USD cash with you, to cover for any additional drinks/snacks and souvenir shopping.

The local currency in Kenya is the Kenyan Shilling (KES, or KSH).

Shillings can be obtained locally by changing foreign currency or by using ATMs (where available) which will disperse local currency. Your Expedition Leader will inform you where you can change money throughout the tour and approximately how much money you will need for each country.

The easiest foreign currency to exchange for locally for any of the local currencies is the \$US; however the British Pound and Euro may also be exchanged as well. Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa. Larger note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. it is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels. While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your Expedition Leader will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

USD40, usually included in most international air tickets.

Should I be tipping on my trip?

Tipping is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion.

Tipping is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

Expedition Leaders and drivers: \$5-10 USD each, per day worked.

Gorilla Trekking Guides: \$10-15 USD (per day)

Gorilla Trekking Porters: \$20 USD (per day)

Restaurant/Café servers: 10% of cost of bill, especially when in a large group (no envelope required).

Local guides: \$1 USD for every couple of hours

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note (Updated: June 2026)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country, or if you have transited for more than 12 hours through the airport of a Yellow Fever endemic country:

Botswana

Kenya*

Malawi

Namibia

South Africa

Tanzania

Uganda*

Zambia

Zimbabwe

*Kenya and Uganda require a valid Yellow Fever Certificate from all travellers regardless of country of origin, not only those arriving from endemic countries. Travellers to these destinations should ensure they are vaccinated regardless of their travel history. If other non-endemic countries have been visited after visiting an endemic country, a Yellow Fever certificate may still be required on entry into subsequent destinations. This is particularly relevant on multi-country Southern Africa itineraries, for example, a traveller moving from Uganda to Kenya, or from Kenya across a land border into Tanzania, will be required to show their certificate at each entry point. Please check country-specific regulations before departure.

Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

Cities

Please exercise caution in the cities and always take a pre-arranged taxi if you go out at night.

Trekking/safari

At all times, please abide by all National park/reserve rules and always follow interactions from guides/trackers specifically, these are set to not just protect the wildlife but also to protect you.

Photography

Please refrain from taking photos of police stations, airports, bus stations, immigration and border crossings, army barracks and personnel, or any government building. It is against the law and will result in the minimum of your film and camera being confiscated.

**NAIROBI

...isn't classed as a safe city. Some precautions you should take are:

*Always leave your passport (It's better to carry a photocopy of it instead), traveller's cheques, flight tickets and money that you won't be using in the safe deposit at the hotel reception. This is free of charge to G Adventures clients.

*Remember that like in any other city, you should never leave your bags unattended, nor flaunt jewellery, cameras etc

*Please don't wander through the city to unknown areas especially at night. Stick to the main streets only during the day, and after sundown, please take a taxi. Taxis can be organised from reception. Also, take the address of the hotel with you.

*People are generally friendly, but don't let people take advantage of you, especially the sales people!

* Beware of people approaching you on the street with an apparent interest of where you are from, and want to sit down and have a chat with you. These people are con men and will ask you for money.

* People on the street who ask you if you want a safari and have a brochure are often con men, best to avoid these folk.

Besides, you're already on safari

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 15 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.