



JOURNEYS: MEXICO'S DAY OF THE DEAD IN OAXACA

7 days, Oaxaca to Oaxaca

Trip code CMDNG

WHAT'S INCLUDED

- Your Journeys Highlight Moment: Alter Preparation, Oaxaca
- Your G for Good Moment: Oaxaca Culinary Experience, Oaxaca
- Your G for Good Moment: Market Tour & Chocolate Workshop, Oaxaca
- Your Hands-On Moment: Barro Negro, Oaxaca
- Arrival transfer
- Visits to observe cemetery vigils in the small surrounding towns
- Oaxaca Day of the Dead procession
- Orientation walk and market visit in Oaxaca
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing September 16th, 2026 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

OAXACA

Arrive before 3pm. Arrival transfer is included. Meet your Expedition Leader and group at a welcome meeting before enjoying dinner together.

El Día de los Muertos is a holiday in Mexico to honour and pray for loved ones who've departed. During this period in Oaxaca – centre-stage for Day of the Dead celebrations in Mexico – cemetery vigils and street parades are not to be missed.

Please try to arrive before 3pm for an important group meeting. You will meet your Expedition Leader and the other group members.

This is a very popular tour which runs over 1 specific week every year, as a result, we have multiple groups at the same time enjoying the Journeys itinerary but each with their own Expedition Leader leading them. There may be other Journeys groups in the same hotel and you will be sure to see them at the various festivities over the week.

We use various different hotels in Oaxaca over this week, the one listed is just an example. Closer to time of departure you will receive a notification confirming which hotel you will be staying at for the duration of the trip.



Meals included

Dinner



TODAY'S ACTIVITIES

Arrival Transfer

Oaxaca - Xoxocotlán International Airport - Oaxaca

You will be met at the airport and transferred to the hotel to start your adventure.

Welcome Dinner

Oaxaca

Start your journey with a welcome dinner, where you'll get to know your fellow travellers and Expedition Leader while settling into the experience ahead.

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your Expedition Leader will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Day 2

OAXACA

In Oaxaca City, where colourful crafts spill from market stalls and the scent of mole drifts through cobbled streets, spend the week immersed in culture, cuisine, and the electrifying spirit of Day of the Dead. Experience the festival's theatrical parades as elaborately costumed revelers march to the rhythm of brass bands, and witness the quieter beauty of candle-lit cemetery visits where families gather to honour loved ones.

Savour Oaxaca's celebrated cuisine with a hands-on tortilla workshop before stepping into a local family's kitchen to taste traditional dishes and learn the stories behind time-honoured cooking methods. Journey beyond the city with your Expedition Leader to the brilliant cempasúchil, or

marigold, fields and discover how these iconic flowers are harvested and woven into the festivities. You will also take part in preparing a Day of the Dead altar, gaining insight into the symbolism behind each meaningful element as you contribute to its creation.

Explore Oaxaca's culinary traditions with a market tour and hands-on chocolate class led by a community organization supported by G Adventures that believes in using food as a tool for connection and cultural exchange. Meet a cooperative of women potters from southeastern Mexico and take part in a workshop that offers a closer look at their craft and their work to preserve the beauty and heritage of ancient traditions.

Between atmospheric vigils and vibrant street celebrations, enjoy free time to explore at your own pace. Perhaps wander lively plazas or visit the ancient Zapotec ruins of Monte Albán, where sweeping valley views and centuries-old pyramids connect you to the region's deep past.

Today's tour includes visits to cemeteries in Atzompa to view the altars and families gathering as dusk turns to dark. The many candles placed around the altars and graves add to the ambiance. In addition, you'll view Day of the Dead parades in both Oaxaca and the Etna Valley. Participants in these parades dress in elaborate costumes and are serenaded by brass bands. Mezcal, served in small plastic cups, is frequently passed out to those watching the parades.

Day of the Dead takes place between October 31 and November 2 and is a celebration and remembrance of the deceased. Families will build private altars and bring large feasts to cemeteries, to be with the souls of the departed. It is believed that the souls will come back to visit and take part in the celebrations. Some of the "ofrendas" (altars) are very elaborate and include sugar skulls and marigold flowers. In most regions, the souls of infants and children are honoured on November 1. Adults are remembered on November 2. It is generally a festive rather than somber gathering.

The Oaxaca area is well known for its many artisans who make everything from pottery, to elaborate weavings, and mezcal (tequila's cousin). The group can also take an optional visit to a couple of the nearby communities to see the artisans at work.

The schedule for this tour is very flexible. It allows the Expedition Leader to make the best use of your time and is based on the events and activities of the day. The Expedition Leader will go over the schedule with you.



Meals included

Breakfast



TODAY'S ACTIVITIES

Orientation With Expedition Leader

Oaxaca

30m-1h

Enjoy a brief walk with your Expedition Leader. They will give you some tips on finding things like supermarkets, main squares, and ATMs.

ACTIVITY

Alongside your local hosts, help to prepare a special altar for Day of the Dead. Your Expedition Leader and local hosts will provide fascinating insights into the significance of the altars and what goes into preparing and creating them. You will get hands on as you help contribute to the preparations of an altar exclusive to National Geographic Journeys. Altars take many days to complete, and you may participate in various stages of the preparation. Each element carries an important story and significance to the completed altar and with your special additions from home, this surely will be a highlight of your Day of the Dead journey.

Cempasuchil Fields Visit

Oaxaca

Led by your Expedition Leader, visit the Cempasuchil fields outside Oaxaca to take in the vast expanse of flowers that are the emblem of the Day of the Dead festivities. Your Expedition Leader will provide insight into the way that Cempasuchil are harvested and then used throughout the festivities.

ACTIVITY

Expertly shown in an episode of National Geographic's, "Gordon Ramsay: Uncharted", the delicious, local cuisine of Oaxaca is finally getting the spotlight it deserves. In a city often described as Mexico's food capital, some of the best foodie experiences are still found on the streets in the form of antojitos, and intriguing stories from long-time residents of the city. Explore the culinary delights of Oaxaca with this exclusive foodie experience. With our local host attend a tortilla-making workshop. Then visit the home of a local family and taste an array of local cuisine, learn traditional cooking methods, and discuss the food culture in Oaxaca.

ACTIVITY

Visit a black clay workshop in San Bartolo Coyotepec and, guided by our master potters, create your own clay piece. Get close to the process from within, learning each stage of its creation while connecting with and learning about this ancestral craft. This is a space where you won't just learn the technique of black clay, you'll experience clay as a way of life, listening to stories, anecdotes, and dreams that clay inspires us to pursue. Also visit the Cooperativa 1050 store, where you'll discover the work of all the socias, with pieces from diverse pottery traditions, while focusing specifically on the black clay process. A pottery tradition unique to its kind, originating in San Bartolo Coyotepec.

ACTIVITY

Discover Oaxaca through its markets and the flavors that are part of the city's everyday life. Accompanied by a local host, you'll explore the markets, get to know regional ingredients and products, and discover the stories and traditions that make Oaxacan gastronomy one of the most diverse in Mexico. Then, look up close at cacao from its origin and learn about the process behind one of Mesoamerica's most emblematic foods. In this hands-on workshop, you'll learn about cacao and take part in its transformation and preparation into chocolate, while discovering its cultural importance in Oaxaca and Mexico.

Free Time **Oaxaca**

In your free time, you can opt to experience Oaxaca's other great offerings. Visit the nearby ruins of Monte Alban or relax in a cafe in the city's main square. We think there's something for everyone to enjoy.

Oaxaca Day of the Dead Celebrations **Oaxaca**

Led by an Expedition Leader, this journey into the heart of Oaxaca's Day of the Dead is designed to be as vibrant and spontaneous as the holiday itself. To ensure you experience the most authentic celebrations—from local cemetery vigils to neighbourhood processions—our itinerary remains intentionally fluid. Rather than a rigid schedule, we follow the pulse of the city, confirming daily activities based on real-time local festivities. While the specific timing is finalized on the ground, your adventure includes immersive city walks, traditional town vigils, and the iconic Oaxaca procession. For a comprehensive list of what's included, please see Day 2 of the itinerary.



Optional Activities - Day 2

Monte Albán Tour **Monte Albán - Oaxaca** **950MXN** 1h-3h 1-2km

The Zapotec site of Monte Albán dates back to 500 BC and features platforms, pyramids, plazas, and a ball court sitting on a leveled mountaintop some 10km (5 mi) from Oaxaca. Enjoy the 360-degree views, see Olmec carvings, and be sure to visit the museum to see artifacts and stele excavated in the early 20th century.

Day 3

OAXACA

Further immerse yourself in the defining elements of the celebration as the week's experiences continue. From hands-on traditions to street celebrations, each moment contributes to a deeper understanding of this meaningful holiday.

The schedule for this tour is very flexible. It allows the Expedition Leader to make the best use of your time and is based on the events and activities of the day. The Expedition Leader will go over the schedule with you.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Oaxaca Day of the Dead Celebrations

Oaxaca

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Day 4

OAXACA

Your journey continues as the week's featured experiences unfold. Each day offers a different lens on Oaxaca's vibrant Day of the Dead traditions.

The schedule for this tour is very flexible. It allows your Expedition Leader to make the most of your time in Mexico. The schedule is based around the events of the day. The Expedition Leader will go over the schedule with you locally.



Meals included

Breakfast



TODAY'S ACTIVITIES

Oaxaca Day of the Dead Celebrations

Oaxaca

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Day 5

OAXACA

As the celebration continues, the week's experiences build in richness and depth, offering further insight into the traditions and spirit of Day of the Dead.

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Meals included

Breakfast



TODAY'S ACTIVITIES

Oaxaca Day of the Dead Celebrations

Oaxaca

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Day 6

OAXACA

As the journey nears its close, enjoy the remaining highlights of the week's experiences. Each element reflects the colour, culture, and significance of Day of the Dead in Oaxaca.

The schedule of this tour is very flexible allowing for the Expedition Leader to make the best of our time based on events and activities on a day-by-day basis. The Expedition Leader will go over the schedule with you locally.



Meals included

Breakfast



TODAY'S ACTIVITIES

Oaxaca Day of the Dead Celebrations

Oaxaca

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Day 7

OAXACA

Depart at any time.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

What's included

● Your Journeys Highlight Moment: Alter Preparation, Oaxaca

● Your G for Good Moment: Oaxaca Culinary Experience, Oaxaca

- Your G for Good Moment: Market Tour & Chocolate Workshop, Oaxaca
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What are the main highlights of this trip?

Take part in the Day of the Dead festival, explore Mexico's artistic heartland, experience the culinary delights and traditional cooking methods of this region, visit the ruins of Monte Albán or Mitla

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Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our National Geographic Expedition Leader throughout. The aim of the Expedition Leaders is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 16.

What meals are included in this trip?

6 breakfasts, 1 lunch, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your Expedition Leader will be able to suggest favourite restaurants during your trip. Please note there are 6 breakfasts and 1 lunch included on this tour.

What are the modes of transportation on my trip?

Private vehicle, walking.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (6 nts).

If I choose to purchase *My Own Room*, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your group trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your Expedition Leader. If this is unsuccessful, please refer to our Emergency Contact. If you have not made contact with our representative at the airport within 30 minutes of exiting the baggage claim, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please contact your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival transfer or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office San Jose, Costa Rica

During Office hours (Weekdays 9am-5pm Local Time): +506 4001 8474

After hours emergency number: +51 997 582 712

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What are the packing guidelines and luggage restrictions?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying and handling your own luggage.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. If laundry is not available at your hotel, your Expedition Leader will be able to direct you to a nearby laundromat.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Depending on the exchange rate departure tax is approximately \$35 USD per person. This tax is sometimes included in the price of your ticket, contact your airline to confirm.

What are the tipping guidelines for this trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your Expedition Leader for specific recommendations based on the circumstances and culture.

Tipping of your National Geographic Expedition Leader is very much appreciated. The amount is entirely a personal preference; however as a guideline \$8-10 USD per person, per day is our recommendation in the region. However, if you felt your Expedition Leader did an especially outstanding job, any additional amount will always be welcome.

What activities are optional on this trip?

Monte Albán

- Monte Albán Tour (950MXN per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our Expedition Leader they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your Expedition Leader has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your Expedition Leader will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your Expedition Leader, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.