



JOURNEYS: PARIS & NORMANDY HIGHLIGHTS

8 days, Paris to Paris

Trip code EFWNG

WHAT'S INCLUDED

- Your Journeys Highlight Moment: D-Day Historical Experience, Bayeux
- Your Journeys Highlight Moment: French Wine and Cheese Pairing Lunch, Paris
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Visit of Monet Gardens (Seasonal)
- Excursion to Mont-Saint-Michel
- Paris orientation walk
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing December 2nd, 2020 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

PARIS

Arrive at any time.

There are no planned activities until an evening welcome meeting.

We recommended arriving a day or two early to fully explore this world-renowned city. The "City of Lights" is unlike any other place on earth. Known for its glorious monuments, museums, and markets, from the Eiffel Tower to the Louvre, Montmartre to the Marais, Paris has something for everyone. Discover for yourself Paris' "je ne sais quoi."



ACCOMMODATION

Hotel Relais Monceau (or similar) Hotel



TODAY'S ACTIVITIES

ACTIVITY

Your opportunity to meet your National Geographic Expedition Leader and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

PARIS/BAYEUX

Travel to Giverny for an enchanting visit to artist Claude Monet's garden (seasonal*), inspiration for his famed series of water lily paintings and declared one of National Geographic's "top 10 most magnificent gardens in the world." Continue to the pretty port town of Honfleur for a National Geographic Expedition Leader led walk and some free time in this historic harbour where the Seine River meets the English Channel. This evening, arrive in Bayeux and enjoy a dinner at a local crêperie. *Monet Gardens is closed from Nov 1 through April 1 yearly. As a result, any departures falling over that time will alternatively visit the Musée de l'Orangerie. At this premiere Gallery in Paris you can view Monet's Waterlilies and many other Impressionist and Post-Impressionist paintings from a number of famed artists.

Depart Paris for Upper Normandy and the quaint village of Giverny. Impressionist painter Claude Monet lived and worked here from 1883 until his death in 1926. Monet felt that his flower and water gardens here were his greatest works of art and to this day, they are meticulously maintained. These served as inspiration for his celebrated water-lily series and have been named by National Geographic as one of the "10 most magnificent gardens in the world."

Honfleur sits on the estuary where the River Seine meets the English Channel and is considered one of the prettiest port towns in France. Its quaint harbour and historic buildings have always been a draw for artists, including Monet.



Meals included

Breakfast | Dinner



ACCOMMODATION

Churchill Hotel Bayeux (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Paris - Bayeux 3h-4h 263km

Settle in and scan the scenery from the convenience of a private vehicle.

Claude Monet's Gardens Giverny

Enjoy a visit and walk through Claude Monet's Garden, inspiration for the artist's water-lily series and named as one of National Geographic's "top 10 most magnificent gardens in the world."

Free Time **Honfleur**

Enjoy free time for a walk and lunch in this pretty seaside Village.

Day 3

BAYEUX

Delve into World War II history alongside a recognized war historian. Gain insights during a lecture on the Allied invasion of Normandy, and examine and handle wartime relics such as vintage weapons, uniforms, and maps at a local museum. Then board a transport vehicle and head to Secqueville-en-Bessin War Cemetery to learn about the significance of poppies—the ultimate emblem of military sacrifice. This afternoon, conjure scenes of the D-Day landing at notable Normandy sites including Omaha Beach, the cratered cliff-top at Pointe du Hoc, and the American cemetery and memorial.

Take in scenes of the D-Day landing which had a pivotal role in the history of the world. Visit the moving memorials and beaches and learn about the impact this event had on the direction of the Second World War. The Battle of Normandy Historical Area is considered an open-air museum and includes all the sites, museums and memorials associated with D-Day and the invasion. Old army bunkers and war relics still exist along the five beaches: Utah, Omaha, Gold, Juno and Sword, while museums and memorials throughout the region stand as forceful reminders of this decisive period of WWII. Nearly 30 cemeteries (including American, British, Canadian, French, German and Polish) hold the remains of almost 100,000 young soldiers who never returned from their service in Normandy. Today these memorials offer quiet space for personal reflection for every visitor, young or old, regardless of nationality.



Meals included

Breakfast



ACCOMMODATION

Churchill Hotel Bayeux (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Bayeux

3h-3h30m

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Here's a day designed for those who can't get enough of WWII history. In the Norman town of Bayeux, meet a recognized war historian who will lead a lecture about the Allied invasion and how it continues to shape this region in Northwest France. Visit a hands-on museum to view and touch relics such as weapons, uniforms, vehicles, and maps. Then board an authentic WWII transport to travel to the British War Cemetery at Secqueville-en-Bessin to walk the grounds and learn about the ultimate emblem of supreme sacrifice in war, the poppy.

D-Day Beaches & Memorials [Bayeux](#)

With our National Geographic Expedition Leader, visit some of the key landmarks from D-Day which can include; Omaha Beach, Pointe du Hoc, and the American cemetery and memorial.

Day 4

BAYEUX

Go on an excursion to Mont-Saint-Michel, an island commune off the coast of Normandy. Designated a UNESCO World Heritage site, the medieval fortress dates to the 8th century and is considered one of Europe's most stunning and imposing sites. Get your bearings on an National Geographic Expedition Leader led orientation walk and then explore on your own. Opt to visit the abbey, monastery, or museums, or simply wander the winding lanes and cobblestone streets.



Meals included

Breakfast



ACCOMMODATION

Churchill Hotel Bayeux (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Bayeux 3h-3h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Excursion to Mont-Saint-Michel Mont Saint-Michel

Visit Mont-Saint-Michel a UNESCO World Heritage site. This medieval fortress is considered one of the most imposing sites in Europe, with origins dating back to the 8th century. After an orientation with our National Geographic Expedition Leader, enjoy free time to wander the winding streets and ally's or climb up to visit the Abbey church.

Free Time Mont Saint-Michel

Explore the cobblestone streets of this medieval fortress town.

Day 5

BAYEUX

Enjoy a free day to explore Bayeux and its medieval centre. Amble along its quaint streets, taking in the local scene at shops and cafés. Then opt to visit the 11th-century Cathedral of Bayeux, a Norman-Romanesque architectural gem, and see the famed Bayeux Tapestry, which depicts the conquest of England by William, Duke of Normandy.

Please note the Bayeux Tapestry will be closed for 18 months for renovations beginning September 2025.



Meals included

Breakfast



ACCOMMODATION

Churchill Hotel Bayeux (or similar) Hotel



TODAY'S ACTIVITIES

Free Time Bayeux

Explore the cobblestone streets of this medieval town.

Day 6

BAYEUX/PARIS

Depart for riverside Rouen and set out around the port city on foot. Discover the beautiful city centre, noted for its Gothic churches and medieval half-timbered houses, and hear about its place in history as the place where Joan of Arc was tried for heresy. Enjoy free time here before heading back to Paris to spend the rest of the day at your leisure exploring the City of Lights.

Rouen was an important city in the Roman era and Middle Ages, showcased by its historical (and beautiful) centre of Gothic churches and medieval half-timbered houses. It is most notable as the place where Joan of Arc was tried for heresy.



Meals included

Breakfast



ACCOMMODATION

Hotel Relais Monceau (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Bayeux - Paris

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Rouen

Take an orientation walk with our National Geographic Expedition Leader and enjoy some free time to visit shops or have lunch.

Day 7

PARIS

Enjoy a National Geographic Expedition Leader led orientation walk this morning in the medieval centre of Paris, where you'll stroll by legendary sites like the Pyramide du Louvre, the Pont Neuf, the Conciergerie, and the majestic Notre Dame de Paris. Afterwards, indulge in a guided lunch presentation of French wine and cheese pairings, then take advantage of more free time to visit iconic landmarks such as the Eiffel Tower or the Louvre.

Later this afternoon and evening, you are free to explore on your own to discover the "je ne sais quoi" of this stunning city. Opt to visit the Eiffel Tower, explore the city's outstanding museums and churches, or simply people-watch. Please note, pre-bookings are required for most optional activities, with tickets being available for purchase virtually.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Relais Monceau (or similar) Hotel



TODAY'S ACTIVITIES

ACTIVITY

Enjoy a presentation on French wines and the art of perfectly pairing them with cheese. Taste five wines presented by our local expert and learn the proper etiquette, terminology and appreciation of French wine.

Free Time Paris

Being the art, fashion, and gastronomy centre of France, there is no shortage of things to do and see.

Orientation with Expedition Leader

Enjoy a brief walk with your Expedition Leader. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.



Optional Activities - Day 7

Musée d'Orsay Visit **Paris** **11EUR** 1h-2h

Tour through The Musée d'Orsay, a must-see museum in Paris. Housed in a former train station, the beautiful building is the perfect setting to display some of the world's most revered Impressionist art. Wander from room to room in awe at the works on display by Monet, Renoir, Cézanne and Gauguin. Marvel at Degas' ballerinas and Van Gogh's swirling colours.

Sacre Coeur Visit **Paris** **Free** 1h-2h

Visit the Basilique du Sacré-Coeur, located in the Montmartre neighbourhood. This Roman Catholic church was completed in 1914 and stands on the highest point of the city. Climb up 200 stairs to reach the dome of the basilica to get an amazing view of the Paris skyline.

The Louvre Visit **Paris** **12-16EUR** 1h-5h

Examine the massive collection at the Louvre, home to the Mona Lisa and the Winged Venus. While it might take a lifetime to view everything in the museum, one of the largest in the world, make the most of the time you have and try to spend at least a few hours wandering around.

Eiffel Tower Visit **Paris** **16EUR** 2h-4h

Visit the most famous landmark in France, the Eiffel Tower. Opt to climb the stairs or take an elevator to the top for a stunning view over the city. Hang out at dusk and watch the tower light up.

Day 8

PARIS

Depart at any time.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Day **Paris**

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

What's included

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- Excursion to Mont-Saint-Michel
- Paris orientation walk
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What are the main highlights of this trip?

Delve into history and culture in France's Norman villages, explore D-Day and WWII military sites with an expert, stroll through Claude Monet's garden.

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

YOUR National Geographic Expedition Leader

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. The carrying of your luggage remains your responsibility at all times.

COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

MONET GARDENS:

Monet Gardens is open April 1 - Nov 1. As a result, Nov 2, 2025, March 3, 2026, Nov 2, 2026, and Nov 15, 2026 departures will visit the Musée de l'Orangerie instead. Here you can see Monet's Waterlilies and many other iconic pieces from a number of artists.

What is the group leader like?

All National Geographic Journeys with G Adventures group trips are accompanied by one of our National Geographic Expedition Leader. The aim of the National Geographic Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 16, avg 12.

What meals are included in this trip?

7 breakfasts, 1 lunch, 1 dinner

What are the modes of transportation on my trip?

Private vehicle, antique WWII vehicle, walking.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels - 7 nts.

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your National Geographic Expedition Leader to organize one for you with reception.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Paris airport (CDG), you can reach the city centre in a few ways. You can take the RER B Train from the airport to the main stops in Paris, including Paris Gare du Nord. Alternatively, you can take the bus (Roissybus).

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - [Welcome Pickups](#)

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your National Geographic Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your National Geographic Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your National Geographic Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, as well as on and off transportation.

What should be on my packing list?

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your National Geographic Expedition Leader where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work - check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros and cards is best.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your National Geographic Expedition Leader will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your National Geographic Expedition Leader for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your National Geographic Expedition Leader did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €8-10 per person, per day can be used as a guideline.

What activities are optional on this trip?

Paris

- Musée d'Orsay Visit (11EUR per person)
- The Louvre Visit (12-16EUR per person)
- Eiffel Tower Visit (16EUR per person)
- Sacre Coeur Visit (Free)

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your National Geographic Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your National Geographic Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our National Geographic Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our National Geographic Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.