



JOURNEYS: PERU & THE GALÁPAGOS ISLANDS

15 days, Lima to Quito

Trip code SPGNG

WHAT'S INCLUDED

- Your Journeys Highlight Moment: Traditional Andean Experience, Urubamba
- Your Journeys Highlight Moment: Cusco Planetarium, Cusco
- Your Journeys Highlight Moment: Organic Farm Visit, Santa Cruz Island
- Your G for Good Moment: Parque de la Papa (Potato Park), Pisac
- Your G for Good Moment: Parwa Community Restaurant the Sacred Valley, Lamay
- Your Foodie Moment: Traditional Pachamanca Dinner, Urubamba
- Your Discover Moment: Cusco
- Arrival transfer
- Two-day Sacred Valley tour including Ollantaytambo, Moray, and Pisac ruins and pre-Inca salt pans
- Traditional pachamanca-style dinner
- Scenic train and guided tour of Machu Picchu
- International flight from Lima to Quito
- Quito city tour with local chocolate and cacao tasting
- Visit the Intiñan Museum at the Equator line
- Full-day tour by boat to uninhabited island to spot wildlife with swimming and snorkelling
- Walk to Tortuga Bay on Santa Cruz Island
- Charles Darwin Research Station visit
- Visit San Cristóbal's Interpretation Centre and Las Tijeretas
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 3rd, 2026 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Itinerary Notes

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

Day 1

LIMA

Arrive at any time. Arrival transfer is included.

Get ready for a very busy tour exploring the best of Peru in a week. We recommend booking a pre-night in Lima (in particular if your flight arrives into Lima in the evening) to recover from international flights and rest up before the excitement.

Please note that if you booked the Lima Cooking Class it does not include extra time in Lima and we highly recommend booking pre-trip accommodation. You will be picked up from your hotel at approximately 9:30am and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. You will return to your hotel around 13:00.

Please note that hot water shortages and power outages can be fairly common in Peru (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.

TODAY'S ACTIVITIES

Private Vehicle **Jorge Chávez International Airport – Lima** 45m-1h

Settle in and scan the scenery from the convenience of a private vehicle.

Arrival Day and Welcome Meeting 1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your Expedition Leader will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Optional Activities - Day 1

Lima City Tour **Lima** 40USD

Discover Lima's cultural and culinary highlights on this half-day guided tour. Visit the Santo Domingo Monastery, walk around Plaza de Armas, marvel at the Bodega y Quadra Museum, and get to know some of Lima's lovely neighbourhoods. Stop to enjoy some authentic Peruvian tapas and be introduced to Pisco Sours during a demonstration and tasting.

Lima Cooking Class (4hrs)

Lima

Get a taste of Peruvian cuisine, visit local markets, sample exotic fruit, select fresh ingredients, and try your hand at preparing unique Peruvian dishes influenced by China, Italy, West Africa, and Japan.

Please note that if you are travelling with a family there is no age restriction on this activity and the cooking class is acceptable for children.

Day 2

LIMA/URUBAMBA

Board an early flight to Cusco, once the capital of the Inca empire, then drive to Urubamba through the scenic Sacred Valley. Explore the terraced salt pans of Maras, which have been used for salt extraction since pre-Inca times, and tour the Inca site of Moray—believed to have been an agricultural laboratory where priests would test soils and crops. Later, we'll enjoy a meal of local specialities, prepared by chefs in this region for a millennium.

There are some very early morning starts on this trip to make the best use of our time and see as much as we can of Peru in a week.



Meals included

Breakfast | Dinner



TODAY'S ACTIVITIES

Plane

Lima - Cusco

1h-1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private transfer to the Lima airport to catch a flight to Cusco.

Private Vehicle

Cusco - Urubamba

6h-8h

95km

Times includes all stops and visits enroute through the Sacred Valley.

Moray Ruins Guided Tour

Moray

Explore the ancient site of Moray, which archeologists believe was used to conduct agricultural experiments. Walk down through the great circular terraces and notice how the temperature shifts with the depth – sometimes as much as 15°C (27°F)!

Las Salineras Pre-Incan Salt Pans Guided Tour

Urubamba

Visit the pre-Incan salt pans of Las Salineras – still in use today. Marvel at the terraced pools set amongst the beauty of the Sacred Valley.

ACTIVITY

The thousand-year-old tradition of pachamanca is typically prepared in an underground oven using hot stones, earth, and aromatic herbs. For this experience, you will enjoy pachamanca a la olla, a variation prepared in a pot. Using the same local ingredients and seasonings, meats such as lamb, pork, chicken, or guinea pig are slow-cooked with vegetables to recreate the rich, earthy flavors of the original method. Savour this traditional meal, prepared by an experienced chef.

Day 3

URUBAMBA

Continue exploring the Sacred Valley with a visit to the G Adventures-supported Parque de la Papa, or Potato Park, a rural Andean community working to preserve hundreds of varieties of native potato. During this exclusive experience, you'll walk through the park with a local guide to learn about potato cultivation, traditional weaving, and the importance of both these practices to Andean culture. We'll also tour the fascinating Inca ruins of Ollantaytambo and Pisac and enjoy a meal at the G Adventures-supported Parwa Community Restaurant in Huchuy Qosqo.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Private Vehicle

Urubamba

7h-8h

Times includes all stops and visits enroute through the Sacred Valley.

ACTIVITY

In Peru's Sacred Valley of the Inca, six communities of approximately 6000 indigenous people are working together to preserve over 700 species of potato – a cornerstone of life here. As part of an experience exclusive to National Geographic Journeys travellers – and part of our G Adventures for Good program – visit this area, named “Parque de la Papa” (“Potato Park”), to learn about life in an Andean agricultural community. Walk through the park here with a local guide, dropping by the seed bank (which has direct ties to the Svalbard Global Seed Vault in Norway) and then head out to the fields to watch the planting or harvesting process, depending on the season. After, enjoy some of the delicious varieties of potato and visit the small stone hut where traditional weaving takes place. Learn about the natural dyeing process and witness alpaca wool strands being transformed into beautiful textiles through a centuries-old backstrap weaving style. Your visit to this special community means this local enterprise can continue earning an income that supports their development and conservation goals.

ACTIVITY

Parque de la Papa (meaning "Potato Park") serves two important purposes for the community of Pampallacta: the preservation of agricultural biodiversity and economic opportunity. National Geographic Journeys travellers visit the park to learn about life in a rural agricultural Andean community and take a tour of the seed conservation program, which is preserving heritage potato species. They also learn about traditional planting, harvesting and indigenous weaving practices. With G Adventures' support, the community is able to create jobs in the area and invest in local businesses, which helps the community preserve their culture.

Pisac Ruins Guided Tour

Pisac

Tour the fascinating hilltop citadel of Pisac, an Incan ruin with plunging gorges, a ceremonial centre, and winding agriculture terracing that's still in use today. Be captivated by this truly amazing site sitting amid sweeping green valleys and mountain peaks. Explore the back of the site to see a pocketed cliff across Kitamayo Gorge, which once contained hundreds of Inca tombs.

ACTIVITY

Contribute to sustainable tourism in Huchuy Qosqo, a small village of 65 families in the Sacred Valley, by eating at the Parwa Community Restaurant. Learn how the resident-run restaurant was kickstarted by G Adventures and the Multilateral Investment Fund, to become a successful farm-to-table program that boosts the local economy and several spin-off microenterprises.

Ollantaytambo Ruins Guided Tour

Ollantaytambo

Tour the town and fortress of Ollantaytambo with a local guide. Take a step back in time at this Inca archaeological site; it still shows signs of its former glory, including agricultural terraces, a Temple Hill,

and storehouses. Learn how the area, overlooking the Urubamba River Valley, was an important stronghold during warfare between the Spanish and Incas.

Day 4

URUBAMBA/AGUAS CALIENTES

Catch an early transfer to the Ollantaytambo station and board a train to Aguas Calientes, the gateway to Machu Picchu. Ride through lush Andean scenery, enjoying breathtaking views of ancient ruins and everyday life. Settle into your hotel in Aguas Calientes, and choose from a variety of optional activities: take a relaxing soak in the local hot springs, visit a beautiful botanical garden, or wander the handicraft stalls in town as you prepare for an early start the following day to go up to Machu Picchu.

Please bear in mind that the town has several amenities, but is also geographically remote meaning services are sometimes more basic than one would assume. As the only option for travellers visiting Machu Picchu, the development of infrastructure has happened quite quickly, much without proper planning, and the focus on providing quality service may not be up to the standards experienced in other parts of the country.



Meals included

Breakfast



TODAY'S ACTIVITIES

Private Vehicle

Urubamba - Ollantaytambo

1h-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Train

Ollantaytambo - Aguas Calientes

1h30m

Climb aboard, take a seat, and enjoy the ride.



Optional Activities - Day 4

Butterfly House Visit

Aguas Calientes

Learn about the four stages of a butterfly's life at this learning centre and breeding project. Observe varied species of butterflies, some unique to the area.

Mandor Gardens Visit

Aguas Calientes

This botanical garden boasts a beautiful waterfall, varied wildlife and lush scenery. Walk along one of the trails and admire the many orchids.

Hot Springs Visit

Aguas Calientes

6USD

Soak your sore muscles in the local hot springs for which the town, Aguas Calientes, was originally named.

One-Day Inca Trail Hike

Inca Trail

6h-8h

Traverse cloud forests while enjoying spectacular views on this '1-day Inca Trail' trek. Start by disembarking the train at km 104. Follow the local guide as the trail rises steeply up into the mountains and winds past the archaeological sites of Wiñay Wayna and Inti Pata. Gain insight into the fascinating culture of the Incas en route to the trek's culmination at the Sun Gate. Enjoy a packed lunch along the way, and reach the Sun Gate in the late afternoon. Enjoy free time to explore a bit of Machu Picchu before the guided tour the following day. After, take one of the blue buses from Machu Picchu to Aguas Calientes to spend the night in a hotel in town. Opt to visit nearby hot springs to soak sore muscles, if time permits.

****Please note this must be pre-booked as it requires an Inca Trail permit. Travellers completing this trek will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate. Please speak to your GCO or travel agent for more information.**

Day 5

AGUAS CALIENTES/CUSCO

This morning, embark on a guided tour of Machu Picchu—the 15th-century Inca citadel famously introduced to the world by archaeologist Hiram Bingham in the April 1913 issue of National Geographic magazine. After being taken through the temples and terraces of this awe-inspiring UNESCO World Heritage site, return to Cusco by train.



Meals included

Breakfast



TODAY'S ACTIVITIES

Local Bus

Aguas Calientes – Machu Picchu

15m

Climb aboard, grab a seat, and enjoy the ride.

Machu Picchu Guided Tour

Machu Picchu

Set off with the local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

Train

Aguas Calientes – Ollantaytambo

1h30m-1h45m

31km

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle

Ollantaytambo – Cusco

1h30m-1h45m

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

CUSCO

Spend the day exploring charming Cusco. Opt to visit Plaza de Armas, the historic main square; the 15th-century Sacsayhuaman fortress; or some of the city's museums and ornate churches. This evening, we'll head to the Cusco Planetarium to learn about the importance of astronomy to the ancient Inca and, weather permitting, look out at the glittering, starry sky through telescopes.

Please remember that star gazing is completely weather dependent and sometimes there can be cloudy skies.

Please note: if you pre-book the Cusco Cooking Class you will be picked up from your hotel at approx 12:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 16:00.



Meals included

Breakfast



TODAY'S ACTIVITIES

ACTIVITY

Look to the night sky for a different view of the city. Explore the Cusco Planetarium surrounded by the serene nature of the Llaullipata Ecological Reserve. Enjoy a presentation on the southern sky, contemporary astronomy, and the ancient Incas' relationship with the cosmos. Check out the on-site museum and use the telescopes to admire the stars (weather-permitting).



Optional Activities - Day 6

Inka Museum

Cusco

10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Cusco Cooking Class

Cusco - Cuzco

Channel your inner chef and get a taste of Peruvian cuisine. Learn all about the essential ingredients, and try your hand at preparing unique Peruvian dishes with a local expert

Cusco City Tour

Cusco

45PEN

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenko, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Day 7

CUSCO/LIMA

Fly back to Lima. Spend the rest of the day at your leisure in the Peruvian capital. Visit the San Francisco Monastery, part of Lima's World Heritage-listed historic center, and descend into its famed catacombs. Wander across Plaza Mayor, the city's oldest public square, and enjoy Peruvian tapas and a tasting of pisco sours before returning to your hotel.



Meals included

Breakfast



TODAY'S ACTIVITIES

Plane

Cusco - Lima

1h30m-2h

572km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private transfer to the Cusco airport to catch a flight to Lima. Private transfer to the Lima hotel.



Optional Activities - Day 7

Huacas and Larco Museum by Night

Lima

90USD

Tour three different Huacas in the city which were built during pre-Inca times in the middle of Lima. Then, visit the Larco Museum where you will enjoy a 3-course dinner in the restaurant there.

Day 8

LIMA/QUITO

Say goodbye to Peru and take a flight north to Quito. As the Andes pass below your window, trade the Pacific air for Ecuador's high-altitude capital. Upon arrival, take the afternoon at your own pace to check into your hotel, unpack, and settle into the easy rhythm of the city. As evening approaches, gather with your Expedition Leader and fellow group members, along with any new travellers joining this next leg of the journey, for an evening welcome meeting to share stories and build anticipation for what lies ahead. Afterwards, choose to join the group for an optional dinner at a local spot, swapping first impressions over Ecuadorian flavours.



Meals included

Breakfast



TODAY'S ACTIVITIES

Private Vehicle

Lima – Jorge Chávez International Airport

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Jorge Chávez International Airport – Mariscal Sucre International Airport

2h30m

Board a plane and fly north along the spine of the Andes from Lima to Quito, Ecuador.

Private Vehicle

Mariscal Sucre International Airport – Quito

Settle in and scan the scenery from the convenience of a private vehicle.

Welcome Meeting for Travellers on Combos

You may be a seasoned pro at group travel by now, but there will likely be some new travellers joining the group. Sit in on the welcome meeting to meet the newest members of your group and learn about the next leg of your tour.

Day 9

QUITO

Set off on a walking tour through Quito's historical heart, strolling from Plaza Grande to the gold-leaf interior of La Compañía de Jesús and out to San Francisco Plaza. Stop at a local shop to learn how cacao transforms into rich regional chocolate, complete with tastings. After lunch, head to the Intiñan Museum at the equator line, where interactive experiments reveal the strange physics of standing at the middle of the world. As evening falls, the city is yours: follow the scent of street food, duck into a hidden café, or watch the Andes catch the last light from a rooftop terrace.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Quito City Tour

Quito

2h30m-3h

Step into the dense heritage of Ecuador's capital with a morning walk through Quito's historic heart, marveling at the intricate details of La Compañía de Jesús and the colonial architecture of San Francisco Plaza. Savor the complex flavors of pure Andean cacao during a curated chocolate tasting, followed by lunch at a local restaurant.

Intiñan Museum Visit

Provincia de Pichincha

1h15m-1h30m

Visit the Intiñan Museum (Intiñan Site meaning 'Pathway of the Sun') with interactive exhibits displaying the science and myths behind the equatorial line. You will have the opportunity to interact with phenomena that occur in nature which can be tested on the magnetic equatorial line. The centre also has displays highlighting the local indigenous cultures. There is also a chance to set foot on both sides of the Equator, for which the country of Ecuador is named.

Day 10

QUITO/SANTA CRUZ ISLAND

Take a morning flight from Quito to Baltra, the gateway to the Galápagos. Cross to Santa Cruz Island and visit an organic farm for lunch and a hands-on look at local sustainability. Walk the property with your host and naturalist guide to discover how hydroponic crops conserve precious water and how pineapples, coffee, and native Scalesias thrive in volcanic soil. Plant an endemic tree of your own to help with island reforestation, then check into your hotel for a relaxed evening.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Private Vehicle

Quito

30m

15km

Depart your hotel for the scenic drive to Mariscal Sucre International Airport, leaving the high Andean capital behind as you prepare to board your flight west to the legendary Galápagos Islands.

Plane **Quito – Baltra Island** 3h30m 1225km

Fly from Ecuador's capital to Baltra Island as the Pacific Ocean unfolds beneath you.

Private Vehicle **Baltra Island – Santa Cruz Island** 1h 34km

Following a short transfer and a scenic ferry ride across the Itabaca Channel, board a private vehicle on the northern shores of Santa Cruz. Enjoy a relaxing journey across the island' taking in the striking volcanic scenery before stopping for lunch.

ACTIVITY

Delight in a locally sourced lunch at a highland organic farm, followed by an insightful walk among the native Scalesia and pineapple crops to learn about the region's unique botany and historic coffee cultivation. Contribute to the preservation of this delicate ecosystem by joining your fellow travelers to plant a native tree, then celebrate the afternoon by savoring a freshly brewed cup of the estate's exquisite coffee.

Private Vehicle **Santa Cruz Island** 30m 18km

After lunch, continue driving to the southern edge of Santa Cruz Island, to the town of Puerto Ayora.

Day 11

SANTA CRUZ ISLAND

Travel to the Itabaca Channel to board a boat for an inspiring day at sea, bound for one of the region's remarkable islands: Bartolomé, North Seymour, South Plaza, or Santa Fé. Upon arrival, disembark onto wild trails where native fauna roam freely against striking, untouched geological backdrops. After a morning of discovery on foot, gather on board for a fresh lunch before taking a refreshing plunge into the ocean. Strap on your mask to snorkel alongside sea turtles, gentle rays, darting tropical fish, and reef sharks before returning to town for an evening at your own pace.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Private Vehicle **Santa Cruz Island – Canal de Itabaca** 45m 18km

Drive north from your hotel to the Itabaca Channel where the boat awaits for today's adventure.

Galápagos Wildlife Excursion

Canal de Itabaca

10h

Cast off from the Itabaca Channel and navigate to one of the archipelago's pristine uninhabited islands like Bartolomé, North Seymour, South Plaza, or Santa Fe. Disembark with your naturalist guide and explore on foot to observe the unique endemic wildlife and dramatic geology up close before lunch back on board the boat. Next, slip into the water for a spectacular snorkeling session among gliding rays, sea turtles, and vibrant tropical fish before cruising back to Santa Cruz.

*Please note that the exact sites visited are determined by the Galapagos National Park's allotments for each day and are subject to change at their discretion.

Private Vehicle

Canal de Itabaca – Santa Cruz Island

45m

18km

Drive back to Puerto Ayora following a full day of exploration and adventure.

Day 12

SANTA CRUZ ISLAND

After breakfast, set out on a morning walk along the causeway to Tortuga Bay, where marine iguanas laze on the white sand by the surf. Spend the morning exploring the shore before heading back to town for lunch. In the afternoon, walk to the Charles Darwin Research Station and its breeding centre. See giant tortoises up close, learn about reintroduction efforts, and visit the "Symbol of Hope" exhibit housing the preserved remains of Lonesome George. The rest of the afternoon and evening are free for you.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Free Time

Santa Cruz Island

As dusk approaches, the evening is yours to enjoy. Stroll the lively waterfront of Puerto Ayora, seek out a charming local restaurant for dinner, or simply relax at your hotel after a day of discovery.

Tortuga Bay and Playa Mansa Excursion

Santa Cruz Island

3h

Accompanied by the songs of Darwin's finches and towering cacti, walk the forested pathway to Tortuga Bay, where plunging seabirds and sunbathing marine iguanas share an expansive stretch of

magnificent white sand. Just beyond lies Playa Mansa, a serene, mangrove-fringed cove that invites you to swim through calm waters inhabited by gliding rays and passing sea turtles.

Fausto Llerena Breeding Center & Charles Darwin Research Station Visit

Puerto Ayora

45m

Visit Fausto Llerena Breeding Center a great place to observe many species of tortoises. Brought back from the brink of extinction, see the famous Galápagos tortoise up close – a corral houses adult tortoises, and a nursery cares for the young until around age three when their shells have hardened.

This area also houses the Charles Darwin Research Station, a scientific organization initiated in 1964, which works to preserve the Galápagos' ecosystem through the conservation efforts of scientists, researchers, and volunteers. While the offices themselves are not open to visitors, the research station provides a study location for international scientists and environmental education for the local community.

Day 13

SANTA CRUZ ISLAND/SAN CRISTÓBAL ISLAND

Board a morning speedboat to San Cristóbal Island, the archipelago's original port of call. Visit the Interpretation Center to trace its story, from volcanic origins to colonization and modern conservation. Follow the scenic uphill trail to the Tijeretas viewpoint, where ocean vistas open below skies wheeling with frigatebirds. Watch for sea lions dozing in the sand, marine iguanas basking on lava rock, and blue-footed boobies along the surf. As the sun sets, the harbour comes alive with fishing boats and gulls.



Meals included

Breakfast



TODAY'S ACTIVITIES

Boat

Santa Cruz Island – San Cristóbal Island

2h30m-3h

Navigate the open waters to the easternmost island of the archipelago, San Cristóbal.

Interpretation Centre and Tijeretas Visit

San Cristóbal Island

2h

Trace the fascinating evolution of the islands at the Interpretation Center before following a scenic uphill path to the sweeping coastal overlooks of Tijeretas. Marvel at the frigatebirds flying above while observing marine iguanas and sea lions resting along the rugged shoreline.

Free Time

San Cristóbal Island

Take advantage of a free afternoon to explore the town, walk along the seaside malecón, relax in a cafe or laze by the pool at the hotel.

Day 14

SAN CRISTÓBAL ISLAND

Embrace a full free day to shape your own Galápagos adventure. For an optional excursion, choose between a boat trip to Kicker Rock, snorkeling past dramatic rock formations with sea turtles and sharks, or a San Cristóbal 360 tour circling the island's secluded bays. Or, stay closer to town: stroll the oceanfront boardwalk to watch sea lion pups tumble through shallow tide pools, or relax at a waterfront café. Tonight, gather with your group for an optional dinner to celebrate the week.



Meals included

Breakfast



TODAY'S ACTIVITIES

Free Time

San Cristóbal Island

The day is yours to explore, offering the perfect opportunity to relax in town, unwind on the beach, or arrange an optional excursion to Kicker Rock or La Lobería.

Day 15

SAN CRISTÓBAL ISLAND/QUITO

Enjoy a final morning taking in the salt air and the sounds of sea lions resting along the shore. Around midday, board your flight back to Quito, where your journey concludes upon arrival at the airport.

Please do not book onward flights departing from Quito earlier than 8pm.



Meals included

Breakfast



TODAY'S ACTIVITIES

Plane

San Cristóbal Island – Quito

2h

Board your return flight from San Cristóbal to mainland Ecuador, where your extraordinary Galápagos expedition comes to a close as you touch down in Quito.

What's included

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- Internal flights

● All transport between destinations and to/ from included activities

What are the main highlights of this trip?

Have lunch at a G Adventures-supported community restaurant in the Sacred Valley. Visit the “Parque de la Papa” (“Potato Park”) community with a local guide for immersive time observing agricultural, weaving, and cultural traditions. Explore Machu Picchu with an expert guide to uncover its secrets. Visit the Cusco Planetarium to gaze up at the southern sky and learn about the ancient Incas’ relationship with the cosmos. Walk through Quito's historical heart with a local guide to taste regional cacao and artisanal chocolate. Travel to the middle of the world at the Intiñan Museum for interactive experiments right on the equator line. Explore an organic farm, learn about crops, and plant an endemic tree to support island conservation. Sail to an uninhabited island to hike wild trails and snorkel alongside turtles, rays, and sharks. Walk through the Charles Darwin Research Station to see giant tortoises and learn about habitat protection. Discover volcanic origins and human history at the Gianni Arismendi Interpretation Center, then hike up to the Tijeretas lookout.

Itinerary Notes

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

What are the main highlights of this trip?

Have lunch at a G Adventures-supported community restaurant in the Sacred Valley. Visit the “Parque de la Papa” (“Potato Park”) community with a local guide for immersive time observing agricultural, weaving, and cultural traditions. Explore Machu Picchu with an expert guide to uncover its secrets. Visit the Cusco Planetarium to gaze up at the southern sky and learn about the ancient Incas’ relationship with the cosmos. Walk through Quito's historical heart with a local guide to taste regional cacao and artisanal chocolate. Travel to the middle of the world at the Intiñan Museum for interactive experiments right on the equator line. Explore an organic farm, learn about crops, and plant an endemic tree to support island conservation. Sail to an uninhabited island to hike wild trails and snorkel alongside turtles, rays, and sharks. Walk through the Charles Darwin Research Station to see giant tortoises and learn about habitat protection. Discover volcanic origins and human history at the Gianni Arismendi Interpretation Center, then hike up to the Tijeretas lookout.

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. **TO NOTE:** Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

What important notes should I be aware of before the trip?

1. MACHU PICCHU CIRCUITS

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

2. MACHU PICCHU REGULATIONS

Current and correct passport details are required at time of confirmation. For more details please see the following [page](#). Please also note that regulations have been implemented for all visitors to Machu Picchu which require that different circuits be followed within the site as a way to relieve crowding. The new circuit-based entrance tickets are available on a first come first serve basis. We will do all that is possible to get everyone traveling in a group on the same route, but be aware that it is possible that members of the same group might be visiting Machu Picchu on a different circuit and not be together during this visit. Rest assured that regardless of the circuit you will enjoy the beauty and grandeur of the site.

3. LAST MINUTE BOOKINGS

Last minute bookings of this trip when choosing the 1-day Inca Trail option will be on an "on request" basis only. To make a booking request of a tour which includes the Inca Trail G Adventures requires your full name, date of birth, nationality and passport number.

4. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

5. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

6. ITINERARY CHANGES

The itinerary in the Galapagos Islands is subject to further changes dependent upon new regulations made by the Galapagos National Park or seasonal points of interest.

7. GALAPAGOS ISLAND PARK ENTRY FEE

The Ecuadorian government currently levies a Galapagos Islands Park entry fee of \$200 USD per person (\$100 USD for children under 12 years old). This is payable at the airport upon arrival in the park. It is not included in the cost of the tour, and must be paid in CASH. This fee funds Park maintenance and supervision in Galapagos, as well as ecological study, conservation and infrastructure development in Ecuador's other National Parks. Entry fees and the funds they generate for the National Park System are among measures taken by the Ecuadorian government to protect its natural heritage.

8. TRANSIT CONTROL CARDS

The Consejo de Gobierno (local government council) have implemented a system of Transit Control Cards at a fee of \$20 USD per person. This card is to be purchased in CASH at the welcome meeting. Please retain this card along with

your passport as you will be required to present this upon arrival to the Galapagos Islands. Please note that this applies to all tourists entering the Galapagos Islands and is a supplement to the existing entry fee to the National Park and is not controlled by tour operators or travel agencies. It is the first of a number of initiatives to track, control and maintain the sustainable tourism targets set out by the Galapagos National Park and the Ecuadorian government in an attempt to preserve the fragile environment of the archipelago.

What is the role of the group leader during this trip?

All National Geographic Journeys with G Adventures group trips are accompanied by a National Geographic Expedition Leader. The aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds. In the Galápagos Islands, our Expedition Leaders are naturalists certified by the Galapagos National Park.

What is the maximum and typical number of participants on this tour?

Max 16, Avg 12.

What meals are included in this trip?

14 breakfasts, 5 lunches, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your Expedition Leader will be able to suggest favourite restaurants during your trip.

What are the modes of transportation on my trip?

Private vehicle, train, plane, ferry, speedboat, water taxi, walking.

How will we travel between destinations?

Please note that a private speedboat is used to transfer between islands in the Galápagos. This is a great way to see wildlife en route to other islands, keep your eyes peeled for pods of dolphins or whales depending on the season. If you are prone to motion sickness please ensure to bring motion sickness medication as a preventative measure.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Please note the weight restriction on luggage for these flights are 23kg for checked baggage and 10kg for carry-on.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (14 nts).

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

International Arrivals: After exiting customs, proceed to Door 3, located between the two international arrival exits. You will find your transfer driver inside the terminal with a National Geographic Journeys with G Adventures sign board displaying your name.

Domestic Arrivals: Wait inside the terminal near Door 1, where your transfer driver will meet you with a National Geographic Journeys with G Adventures sign board.

If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your National Geographic Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your Expedition Leader (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

An arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 or 01 241 1650 (from mobile within Peru) or 241 1650 (from payphone within Peru)

After hours Emergency number: +51 99 758 2712, (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What are the packing guidelines and luggage restrictions?

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night.

We recommend the use of a duffel bag or backpack, whichever is easiest for you to carry.

Please note that Galápagos is a protected national park so your luggage will be checked before arrival and departure to and from the islands. Don't bring any food, seeds or other organic material that could affect the delicate ecosystem of the islands.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Peru is the Nuevo Sol (PEN) and in Ecuador is the US Dollar (USD).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What are the tipping guidelines for this trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your Expedition Leader for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your National Geographic Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

What activities are optional on this trip?

Lima

- Lima City Tour (40USD per person)
- Lima Cooking Class (4hrs)
- Huacas and Larco Museum by Night (90USD per person)

Aguas Calientes

- Butterfly House Visit
- Mandor Gardens Visit
- Hot Springs Visit (6USD per person)

Inca Trail

- One-Day Inca Trail Hike

Cusco

- Inka Museum (10PEN per person)
- Cusco Cooking Class
- Cusco City Tour (45PEN per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical rating for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our Expedition Leader they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

Are there any specific safety considerations for this itinerary?

Please note: You should be especially careful when wandering about major cities in Latin America on your own, particularly at night. Tourists are easy prey for individual pickpockets or groups of two or more people, working as a team, on the streets. Be safe and leave your passport, credit cards, cash and valuables you won't be using immediately within the hotel's safety deposit box. Most locals are honest and genuinely helpful and friendly, but be safe and enjoy!

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your Expedition Leader, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

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