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Sorry! There are no remaining departures for "Kenya & Tanzania Overland Express (Nairobi to Arusha)" (DKNA), [but here are some similar trips](#).



## **Kenya & Tanzania Overland Express (Nairobi to Arusha)**

13 days, Nairobi to Arusha

Trip code DKNA

## What's included

- Your G for Good Moment: Clean Cookstove Project Visit, Mto wa Mbu
- Your G for Good Moment: Mto wa Mbu Community Visit and Lunch, Mto wa Mbu
- Your Welcome Moment: Meet Your CEO and Group
- Wildlife safari drives in Masai Mara Game Reserve, Lake Nakuru National Park, Serengeti National Park and the Ngorongoro Crater
- Masai settlement visit and cultural walk
- Boat ride on Lake Naivasha
- Visit to G Adventures-supported Clean Cookstove project
- Guided walk and lunch in a local community
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2016 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Nairobi

Arrive at any time.



## Today's Activities

### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Nairobi/Lake Nakuru National Park

Set off on a wildlife safari drive in Lake Nakuru National Park. Enjoy views of the Rift Valley from lookout points.

Travel north from Nairobi through the Great Rift Valley stopping at Lake Nakuru National Park, home to a vast variety of birdlife.

Camp outside of Nakuru town and within the Lake Nakuru NP, the area's principal highlight and best natural attraction.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Overland Adventure Vehicle (OAV)

Nairobi - Lake Nakuru National Park

4h

156km

Get into the thick of the action aboard this rugged ride built with the wild in mind.

Lake Nakuru Wildlife Safari Drive

Lake Nakuru National Park

Search for, buffalo, impalas, hyenas, and even lions and leopards on the wildlife safari drive in this renowned national park. Head to the shores of Lake Nakuru to see pelicans and cormorants. The park is also rich in other bird life, including grebes, white winged black terns, stilts, avocets, and ducks.

Day 3

## Lake Nakuru National Park/Loita Hills

Stop off at the beautiful Lake Naivasha en route for an included wildlife-spotting boat ride before lunch.

Travel to beautiful Lake Naivasha for an included hippo-spotting boat ride before lunch. Continue to the lands of the Masai people and be welcomed into a community by our local Masai guide and his villagers. Our camp site allows us not to infringe upon the village, while still allowing for meaningful interaction with these proud people and their territory.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Overland Adventure Vehicle (OAV)

Lake Nakuru National Park - Loita Hills

9h

250km

Get into the thick of the action aboard this rugged ride built with the wild in mind.

Lake Naivasha Boat Safari Ride

Lake Naivasha - Naivasha

Enjoy a scenic boat ride on this fresh water lake, popular with people seeking wildlife and bird watching. The name Naivasha comes from the Masai "Nai'posha", which means "rough water", though Lake Naivasha is generally calm as we watch for hippos, crocodiles, and birdlife. Bring your binoculars and scan for lovebirds, ibis, and fish eagles, watch buffaloes wallow in the swamps and listen to colobus monkeys call from the treetops.

Day 4

## Loita Hills/Masai Mara

Tour an authentic Masai settlement to learn about their traditional ways. Enjoy wildlife safari drives in our overland adventure vehicle (OAV) in search of Kenya's Big Five.

With its vast open plains and distinctive flat-topped acacia trees, no visit to Kenya would be complete without a visit to the Masai Mara. Spend time wildlife viewing in our overland adventure vehicle (OAV), with excellent chances of seeing the Big Five - lion, leopard, buffalo, elephant, and rhino. Marvel at gazelles, impala, and ostrich from wonderful vistas along the Esoit Oloololo Escarpment.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Masai Village Visit

Loita Hills

Experience the rare opportunity to visit a Masai village. Step inside a hut made of cow dung and sticks, let your eyes adjust to the dark, and imagine living in such a small space. Admire the exquisite beaded necklaces, bracelets and earrings. Marvel at the athletic ability of the young men who jump and bob in greeting. Learn about the traditions of these nomadic people, who seek sustenance from both the blood and milk of their cows. Take fantastic photos!

Overland Adventure Vehicle (OAV)

Loita Hills - Masai Mara

2h

80km

Get into the thick of the action aboard this rugged ride built with the wild in mind.

Wildlife Safari Drive

Masai Mara

You are in one of the world's top safari destinations, known for its abundance of big cats - cheetahs, leopards and lions - as well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water. Set off on safari with our driver/guide on a private concession near the reserve and keep your eyes and ears peeled for movement and memories. Watch elephants and giraffe grazing, photograph zebras and wildebeest and, with a little luck, you'll even spot animals feasting on a recent kill.

Day 5

## Masai Mara

Enjoy wildlife safari drives in the overland adventure vehicle (OAV) in search of the Big Five.

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### Meals included

Breakfast | Lunch | Dinner

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### Today's Activities

Wildlife Safari Drive

Masai Mara

You are in one of the world's top safari destinations, known for its abundance of big cats – cheetahs, leopards and lions – as well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water. Set off on safari with our driver/guide on a private concession near the reserve and keep your eyes and ears peeled for movement and memories. Watch elephants and giraffe grazing, photograph zebras and wildebeest and, with a little luck, you'll even spot animals feasting on a recent kill.

Day 6

## Masai Mara/Nairobi

Enjoy a morning wildlife safari drive, then travel through the land of the Masai people to Nairobi.

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### Meals included

Breakfast | Lunch

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### Today's Activities

Wildlife Safari Drive

Masai Mara

You are in one of the world's top safari destinations, known for its abundance of big cats – cheetahs, leopards and lions – as well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water. Set off on safari with our driver/guide on a private concession near the reserve and keep your eyes and ears peeled for movement and memories. Watch elephants and giraffe grazing, photograph zebras and wildebeest and, with a little luck, you'll even spot animals feasting on a recent kill.

Overland Adventure Vehicle (OAV)

Masai Mara – Nairobi

7h

250km

Get into the thick of the action aboard this rugged ride built with the wild in mind.

Day 7

## Nairobi/Arusha

Travel south and cross the border into Tanzania.

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### Meals included

Breakfast | Dinner

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### Today's Activities

Shuttle

Nairobi - Arusha

7h-8h

290km

Move efficiently from point A to point B aboard this dependable ride.

This is a shared shuttle and may include non-G Adventures travellers. A G Adventures CEO will be accompanying the shuttle to assist our travellers at the border and throughout the day.

Border Crossing (Kenya - Tanzania)

Namanga

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Day 8

## Arusha/Mto wa Mbu

Visit Mto wa Mbu village to enjoy a local lunch and cultural experience with the town's villagers. After lunch, continue on to visit a Masai village to learn about the Masai people and the G Adventures-supported Clean Cookstove project. Meet the local women engineers who have installed clean cookstoves throughout these communities.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

7-Seat 4x4 Safari Vehicle

Arusha - Mto wa Mbu

2h-3h

130km

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

#### ACTIVITY

Visit a Maasai village in the Monduli District and witness the benefits of the G Adventures-supported Clean Cookstove Project. In Tanzania, 95% of people rely on cooking with wood and coal. Women and girls spend hours walking to collect wood every day (making them vulnerable to assault and unable to use their time to go to school). Indoor smoke from open-fire stoves causes cancer, emphysema, pneumonia, blindness, and burns. Take a guided tour of these villages and meet the women that have been trained as stove engineers, visit bomas (traditional homes), and observe (or get your hands dirty) by helping the Stove Team build a stove in a home. See the beneficial impact of the clean-burning stoves on the health and daily lives of the Maasai villagers, especially the women.

#### ACTIVITY

Take part in a cultural walk to learn about life in this East African town. Mto wa Mbu has attracted some 18,000 residents from 120 different tribes. During the two-hour tour, visit the community's local market, go right to the farmer's fields, see how huts are constructed, and meet artisans in their shops.

Afterwards, sit down with our new friends and enjoy a traditional lunch of meat and plantains.



### Optional Activities - Day 8

Mto wa Mbu Village Cycling Tour

Mto wa Mbu

35USD

Enjoy an easy bicycle ride through the farming village of Mto Wa Mbu. Take in the culture and customs of rural Tanzania from your bike and be on the lookout for small herds of wildlife.

Day 9

## Mto wa Mbu/Serengeti National Park

Enjoy a wildlife safari drive en route to the central Serengeti. Spend the night at a basic bush camp and enjoy the starry African skies.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

7-Seat 4x4 Safari Vehicle

Mto wa Mbu - Serengeti National Park

8h-9h

190km

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

Serengeti National Park Safari

Serengeti National Park

This is the reason you came to Africa. Charge your camera, grab your binoculars, and set out on safari. Your eagle-eyed driver will keep an eye out for wildlife – buffaloes, elephants, lions, wildebeests, zebras, and more. Tanzania's Serengeti tends to be less crowded than some of Kenya's reserves, so enjoy the scenery, the vast expanse of the grasslands, the play of light and shadow, and the up-close look at wild Africa.

Enjoy a full-day wildlife safari drive in the safari vehicle. Opt for a morning hot air balloon ride over the Serengeti.

Please note: if you have pre-booked the Serengeti Balloon Safari, today's likely the day for this activity! Your CEO will give you final confirmation of when it will take place, as it is subject to change. You will miss the included morning wildlife safari drive with the group, but you will have a much better view from above! If you have not yet pre-booked, add it to your checkout page, or ask your GCO or travel agent for assistance.



### **Meals included**

Breakfast | Lunch | Dinner



### **Today's Activities**

Serengeti National Park Safari

Serengeti National Park

This is the reason you came to Africa. Charge your camera, grab your binoculars, and set out on safari. Your eagle-eyed driver will keep an eye out for wildlife – buffaloes, elephants, lions, wildebeests, zebras, and more. Tanzania's Serengeti tends to be less crowded than some of Kenya's reserves, so enjoy the scenery, the vast expanse of the grasslands, the play of light and shadow, and the up-close look at wild Africa.



### **Optional Activities - Day 10**

Serengeti Balloon Safari

Serengeti National Park

Spirited aloft in a hot-air balloon, view the wildlife and terrain of the Serengeti that only the birds see. Enjoy a champagne breakfast and keep that shutter-finger good and limber—you'll be using it plenty over the course of your hour in the air.

Please note, additional fees will apply for passengers exceeding the 120 kg (265 lbs) weight limit.

Day 11

## Serengeti National Park/Ngorongoro Crater

Set off on a wildlife safari drive on the way out of the Serengeti. Camp on the Ngorongoro Crater's rim.

Please note that due to the high-altitude location of our camp, temperatures can drop at night. We recommend bringing extra layers to wear during the evening and following morning.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Serengeti National Park Safari

Serengeti National Park

This is the reason you came to Africa. Charge your camera, grab your binoculars, and set out on safari. Your eagle-eyed driver will keep an eye out for wildlife – buffaloes, elephants, lions, wildebeests, zebras, and more. Tanzania's Serengeti tends to be less crowded than some of Kenya's reserves, so enjoy the scenery, the vast expanse of the grasslands, the play of light and shadow, and the up-close look at wild Africa.

7-Seat 4x4 Safari Vehicle

Serengeti National Park - Ngorongoro Crater

5h

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

Day 12

## Ngorongoro Crater/Arusha

Wildlife safari drive in the Ngorongoro Crater, then return to Arusha.

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### Meals included

Breakfast | Lunch | Dinner

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### Today's Activities

7-Seat 4x4 Safari Vehicle

Ngorongoro Crater

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

Ngorongoro Crater Wildlife Safari Drive

Ngorongoro Crater

Set the alarm and prepare for an early start to see the wonders of the Ngorongoro Crater. Here you'll see Maasai herdsman in the morning mist. Your driver/guide will take you down into the crater and to all the best spots to view wildlife. Spot zebra, gazelles, buffaloes, and warthogs. The swamp and forest are home to hippos, rhinos, elephants, baboons, and monkeys. Keep your eyes peeled and camera ready to capture a pride of lions or a lone leopard walking along the crater floor.

7-Seat 4x4 Safari Vehicle

Ngorongoro Crater - Arusha

5h

Get a better view and take better snapshots aboard this off-road ride with a pop-up top.

Day 13

## Arusha

Depart at any time.

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### Meals included

Breakfast

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### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

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### Optional Activities - Day 13

Ilkidinga Village Hike & Visit

Arusha

110-185USD

4h-6h

Take a guided walk (about 1.5 hours) from Arusha to Ilkidinga village. Visit a local home, coffee plantation, and banana plantation. This is a full day tour that includes lunch.

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## What are the main highlights of this trip?

Snap frame-worthy photos on safari, track wildlife on wildlife safari drives in multiple parks and reserves in two countries, marvel at the vastness of the African plains, share campfire laughs with like-minded younger travellers

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## Is there a disclaimer I should read before booking this trip?

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## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## What important notes should I be aware of before the trip?

- Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

- An essential part of your safari is participation - from putting up your tent (while camping) or packing away in the morning, to helping with meal preparation and cleaning up - it is all part of your adventure and when everyone puts in a little effort the trip will run smoothly. Team spirit is part of the fun! All camping equipment (with the exception of your sleeping bag and pillow) is supplied. We supply dome tents and assembly/disassembly takes only 5 minutes. All tents have built-in insect nets. Mattresses are also available, which are approximately 4cm thick, warm and comfortable.

- Sleeping bags are not available for rent and difficult to purchase locally.

- According to the lunar cycle, Ramadan will fall between May 15th and June 14th, 2018. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. In Zanzibar and other Muslim areas in Africa, it is important to note that there may be some limitations to services and disruptions to schedules during Ramadan. Generally our tours still operate effectively during this period and food is available to non-muslims throughout the day. It is important to display increased cultural sensitivity during Ramadan, particularly in Zanzibar. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

- Migration - Tanzania and Kenya

The Seronera Plains, which lie in the southeast of the National Park and extend into the western Ngorongoro Conservation Area, form the main ungulate calving grounds of the Serengeti. The wildebeest typically disperse into the Seronera plains during the short rains, which fall in late November or early December, before calving in January, and staying put until the end of the long rains from January to early May. Towards the end of April the wildebeest start to congregate on the southern plains in the preparation for the 800km northward migration. The major obstacle faced by the wildebeest on this migration is the crossing for the Grumeti River through the western corridor, which typically occurs from June into early July. From July to October, the ungulates disperse again, with about half of them crossing the Mara River into Kenya's Masai Mara Game Reserve and the remainder spreading out through the northern and western Serengeti. By late October the animals have generally started to plod back southward to the Seronera Plains, to arrive there in late November when the cycle starts all over again.

- This is not a physically demanding journey; however, travelling can be difficult, as long drives and poor road conditions are the rule as opposed to the exception in both Kenya and Tanzania. A safari is about travelling to see animals, so we cover long distances crossing the country to visit different wildlife parks. Once there, we spend the majority of the time viewing wildlife while driving in the parks. This translates to a lot of driving. Despite this, the diversity and scenery of the African landscape, the local culture and abundant wildlife are all well worth the experience.

- Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, Extras are optional add-ons to your G adventures trip that make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

## **What is the group leader like?**

On this journey, you will be accompanied on your trip by 2 crew members - a Chief Experience Officer (CEO) and a driver.

The Chief Experience Officer (CEO) will be the group manager and leader. He/she organizes the trip, and will be there to assist you when needed. He/she will take care of the small things so you can concentrate on enjoying your adventure. All of our CEOs in East Africa are experienced group leaders, with a broad knowledge base of the region's history, cultures, and wildlife. Most of our leaders in the region are from East Africa, though it may be possible that you'll have a leader from the southern African region.

All of our overland adventure vehicle (OAV) drivers are experienced in the routes travelled, and highly skilled in dealing with different terrains. All of our cooks will organize and lead the meal preparation, and have experience in cooking a variety of local and international dishes for large groups.

In the Masai Mara, Serengeti, and Ngorongoro Crater to round out the team, along with your CEO, you will be accompanied by a local expert driver/guide, and extra camp cook. Your driver/guide is skilled and experienced driver and a certified safari guide, and is an integral part of the team. As well, your cook will prepare the camp meals to add some further local flavour to the trip.

We also use local guides for some included activities where we think more specific knowledge will add to the enjoyment of the places we are visiting.

## **How large will the group be?**

Max 20, Avg 16

## **What meals are included in this trip?**

12 breakfasts, 10 lunches, 10 dinners

## **What are the meals like on this trip?**

As mentioned above, most of the meals on this tour are included in the tour price. When a meal is not included, this is because there are often many options available - we would like to give you the opportunity to explore a bit and test the local cuisine yourself. In these cases, your CEO will be able to suggest some good local restaurants or options for you to choose from.

All included meals will be prepared from fresh local produce. The majority of the shopping for foodstuffs will be done before the trip departs, and fresh goods, such as meats, fruits, vegetables, and dairy products, will be bought en route during the trip from supermarkets, local shops and markets. Breakfasts will generally consist of breads and cereals, if time allows a warm breakfast may be prepared. Many lunches will be provided en-route and will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes.

Your CEO will do all the meal preparation and lead the way here, but will prepare a duty schedule for ensuring a fair, rotating participation from you and your group members in the meal preparation and dish washing duties.

Vegetarian meals and other dietary requirements need to be specified prior to arrival. Please note all bottled drinking water will be at your own expense.

## **What are the modes of transportation on my trip?**

Overland adventure vehicle (OAV), shared shuttle, 4x4 safari vehicle.

## What transportation will we take on this trip?

We use a large, 24-seat overland adventure vehicle (OAV) to criss-cross through Kenya. The overland adventure vehicle (OAV) allows the entire group to travel together, and because of its height, is great for wildlife viewing and for enjoying the scenic landscape.

Road conditions can run the full gamut from new to being in very poor condition. This style of travel is by no means luxury as we are traveling in a truck, but it does allow us the flexibility of making stops when needed, and reaching some out-of-the way parts of Africa where the traditional safari crowd would not dare to go.

Here's a quick look at the well-equipped G Adventures overland adventure vehicle (OAV):

- Storage for main luggage in a compartment under the seating area (accessed from the outside of the truck). Day packs can be stored at your feet (there is plenty of room).
- Onboard safety box(es) for valuables.
- Front view windows
- Large sliding windows, great for wildlife viewing
- Fully equipped retractable kitchen
- Intercom between seating area and driver
- A cd-player with an input for mp3s
- Our overland vehicles are equipped with outlets for your charging convenience. Depending on the vehicle, it will have either South African or East African outlets. We suggest bringing a universal adapter so you are prepared for both

Please note that our trucks do not have on-board bathrooms. Nor do they have seats that recline as often reclining seats will break, and thus you will have some seats that recline and some that don't.

This is not a physically demanding journey; however, travelling can be difficult, with long drives and poor road conditions at times. Please take note of the travel times and distances in the above itinerary, and consider that this is often on poor quality, bumpy roads. Despite this, most clients feel that the diversity of the African landscape, culture and wildlife are all well worth the experience.

The transfer between Nairobi and Arusha will be using a shared shuttle, and some non-G Adventures travellers may be on board.

## Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Participation camping (10 nts), simple hotel (2 nt).

## **What kind of accommodation can I expect on this trip?**

Camping in East Africa is truly an adventure. You will be able to get off the beaten track to get a first-hand experience of the beautiful wilderness and nature. While camping, we stay at designated campsites in national parks and outside towns. Campsite facilities in eastern Africa are generally good, but can be basic in certain places. There are generally small restaurants and/or bars, washing facilities and occasionally telephones available.

The camps have flush toilets, and showers at some camps are outdoors, having simple reed enclosures for privacy. Additionally, warm water is available at most sites, but it is not guaranteed to always be warm when you take your shower; the warm water may be used up others who also use the camp. We usually set-up camp within close proximity to the toilet facilities, though occasionally to reach them you may have to walk a short distance.

All camping equipment (with the exception of your sleeping bag and pillow) is supplied, including camp mattresses, which are warm and comfortable. We supply dome tents and assembly/disassembly takes only 5 minutes. They are good quality, durable, industry-standard 2-person safari canvas tents. Please note that most adults will not be able to fully stand up inside the tents, though most travellers find these more than adequate, as they have a base area of approximately 4 square meters. These tents are regularly treated with a waterproofing agent, but under certain rainy conditions, the tent fabric may become saturated to the point where seepage or leakage may occur. All tents have built-in mesh insect netting on the windows and doors.

We travel with our own portable camp chairs with a comfortable back-rest, and we utilize our own cooking equipment to provide the group good quality camp meals.

In camping within the national parks and conservation areas, some camp sites are enclosed for keeping the resident wildlife out. Other camps are open to the natural environment – care must be taken, especially at night, when a torch/flashlight is recommended when walking around the camp area.

## **What is the joining hotel?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## What are the joining instructions?

Please Note:

The Kenya Airports Authority (KAA) will partially close the runway at the Jomo Kenyatta International Airport (NBO) during off-peak for rehabilitation as part of the ongoing expansion and modernization works at the facility. The landing strip will be closed daily between midnight and 6am beginning April 1, 2015 and April 1, 2016.

Passengers are kindly advised to contact their airlines to confirm their flight schedule in advance (particularly if flights have been scheduled to arrive within these times) and please update us with any changes to flight itinerary that may effect arrival transfers.

On arrival in Nairobi, an arrival transfer is not included. Please make your way to the joining hotel. Jomo Kenyatta International Airport is about 20 km from downtown and your hotel. There are a variety of ways to get into the city. The dedicated airport bus takes about 40min at USD 5, however an airport taxi is recommended. This can be booked either inside the airport at an 'information desk' or outside of the terminal. The price is approximately USD 20.

If you have a pre-booked transfer, please look for the driver, who will be holding a sign with the G Adventures logo and your name on it. He will be in front of INFORMATION DESK just outside the secured baggage retrieval area. At times there are taxi drivers who will want to get your business, so please be aware of them and look for our G Adventures representative.

Please note that day 1 is an arrival day and no activities have been planned, though a brief departure meeting will be held in the hotel reception area in evening of day 1. Here you will meet other tour participants and receive information about general and specific aspects of the trip. Upon arrival to the hotel, look for a notice from your CEO with information regarding this group meeting. If you arrive late and miss the meeting, s/he will leave you a message detailing what time and where you should meet the next morning.

The tour departs Nairobi in the morning of day 2.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details.

We strongly advise you to pre-purchase your entry visa prior to arrival as queuing for the visa at the airport can cause long delays in clearing customs. This is especially relevant if you have pre-booked an airport transfer.

If you have pre-booked an airport transfer, it is necessary to make contact with our representative, who waits with a G Adventures sign outside the secure baggage-retrieval area, within 1.5 hours (90 minutes) of your flight's scheduled arrival time. No refunds will be granted if you fail to make contact with our representative within this reasonable time. After such time, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions.

Your arrival transfer has been arranged based on flight information provided to us. If you receive notification of a flight schedule change outside of 48 hours before your flight is scheduled to arrive, please contact us to advise of your new flight details.

Sales offices:

From within Australia - 1-300-796-618

From within Canada or the United States - 1-800-465-6500

From within the UK - 0870 999-0144

From anywhere else - +1-416-260-0999

**\*Important note\*** If you are advised of the flight schedule change within 48 hours of your scheduled arrival time, please contact the airport transfer operator listed as the emergency contact for your tour which can be found below. We will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

**AIRPORT TRANSFER:** If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that: Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

For any issues relating to pre-booked transfers for Nairobi Jomo Kenyatta International Airport, including delays or missed transfers, please contact our airport transfer operator:

Patrick: +254 707 889 920 or +254 732 874 566 (from outside of Kenya)

Patrick: 0707 889 920 or 0732 874 566 (from within Kenya)

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Uganda)

During office hours, Mon-Fri, 9am-5pm:

Ben

From outside Uganda: +256 414 340 533 or +256 312 260 559

From within Uganda: 0414 340 533 or 0312 260 559

After hours emergency number

From outside Uganda: +256 772 616 021

From within Uganda: 0772 616 021

G Adventures Local Office (Nairobi, Kenya)

Emergency number:

From outside Kenya: +254 727 208 832

From within Kenya: 0727 208 832

If you are unable for any reason to contact our local operator or local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What should I take on my trip?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack, no larger than 30cm(height) x 30cm(width) x 60cm(length), maximum 15kg, plus a daypack. Luggage limits on airlines are strictly enforced, and due to limited vehicle capacity, the cost of transporting any luggage beyond these restrictions is the responsibility of the client. Please note, if you are travelling with a large amount of luggage and will be returning to Nairobi later in your trip, you may leave a portion of it at the start hotel, this is indeed possible as storage facilities are available.

For our camping style tours you will need to provide your own sleeping bag, small pillow and sleeping sheet (if you would like). We provide the tent and the sleeping pads.

It is important to pack clothes for warm days and cool evenings, as well as a warm jacket for early morning wildlife safari drives. Light, quick-drying, practical clothes are advisable for this safari trip. A set of smart casual clothes is also advisable for your time in Nairobi and Arusha.

## What should be on my packing list?

### Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

## When can I do my laundry on this trip?

Hand washing of clothes can be done at campsites, as most have simple facilities for this. We recommend you bring a non polluting/biodegradable soap, as well as a roll of simple string to act as a drying line for your clothes. If you arrive in the late afternoon, or if there is poor weather, it may not be possible for your clothes to completely dry. Your start hotel also has laundry service for a fee.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

### East Africa Tourist Visa

An East Africa Tourist Visa allows the holder to move freely between Kenya, Rwanda and Uganda with only one Visa, and is valid for a period of 90 days. It also acts as a multiple entry Visa, so if you leave any of the above countries, you do not need a new Visa to re-enter (provided it is within the 90 day validity period). These need to be applied for in advance, and you should contact the foreign Embassy (of the country you will be entering through) for more details. The cost is 100USD.

Please see below for more information:

<http://www.visiteastafrica.org/travel-guide/visa-information>

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This information is accurate at the time of writing, and please contact your local embassy or consulate for the most up-to-date visa requirements and costs, regarding these, and the other countries visited, or see your travel agent. It is your responsibility to have the correct travel documentation.

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The local currency in Kenya is the Kenyan Shilling (KES, or KSH) and the local currency in Tanzania is the Tanzanian Shilling (TSH, or TZS).

Shillings can be obtained locally by changing foreign currency or by using ATMs (where available) which will disperse local currency. Your CEO will inform you where you can change money throughout the tour and approximately how much money you will need for each country.

The easiest foreign currency to exchange for locally for any of the local currencies is the \$US; however the British Pound and Euro may also be exchanged as well. Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa.

Large note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to rely on cash, please bring foreign currency (Euro, Pound, USD) with you, as it is often expensive to buy these currencies locally. And in more rural areas, it is often not likely.

If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. It is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com).

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Do I need to pay a departure tax?

USD30, usually included in most international air tickets.

## Should I be tipping on my trip?

Tipping during your tour is optional, but the gesture is expected as a way to show your satisfaction with the persons who have assisted you on your tour.

Although it may not be customary for you, it is of considerable significance to the people who will take care of you during your travels, as an important source of income for those in the tourism industry. It is one of the most direct ways that you can have a positive economic impact within the communities that you visit.

Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward. The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per client format:

G CEOs and drivers: \$3-4 USD each, per day worked.

While on safari:

Certified Safari Guide/Driver: \$5-10 USD (full day)

Supply Driver \$3-5 USD (full day).

Restaurant/Café servers: 10% of cost of bill, especially when in a large group (no envelope required).

Local guides: \$1 USD for every couple of hours

## What activities are optional on this trip?

### **Mto wa Mbu**

- Mto wa Mbu Village Cycling  
Tour (35USD per person)

### **Serengeti National Park**

- Serengeti Balloon Safari

### **Arusha**

- Ilkidinga Village Hike & Visit  
(110-185USD per person)

# Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note: (Updated: May 2017)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country:

- Botswana
- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mozambique
- Namibia
- Rwanda
- South Africa
- Swaziland
- Uganda
- Zambia
- Zimbabwe

For some of these countries, proof of Yellow Fever vaccination is also required for passengers who have travelled more than 12 hours through the airport of an endemic country. If other countries not endemic to Yellow Fever have been visited after visiting an endemic country, then a Yellow Fever certificate may still be required on entry. Please check country-specific regulations before your departure.

## Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

# What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

**Protests and Demonstrations-** Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What are the trip specific safety considerations?

Nairobi

-Always leave your passport (It's better to carry a photocopy of it instead), traveller's cheques, flight tickets and money that you won't be using in the safe deposit in your hotel room/reception. This is free of charge to G Adventures Adventure clients.

-Remember that like in any other city, you should never leave your bags unattended, nor flaunt jewellery, cameras etc

-Please don't wander through the city at night. Stick to the main streets only during the day, and after sundown, please take a taxi. Taxis can be organised from reception of your hotel. Also, take the address of the hotel with you.

-People are generally friendly, but don't let people take advantage of you, especially the sales people!

-Beware of people approaching you on the street with an apparent interest of where you are from, and want to sit down and have a chat with you. These people are most likely con men and try to get money from you in one way or another

-People on the street who ask you if you want a safari and have a brochure are often con men, best to avoid these folk.

Besides, you're already on safari!

Photography

Please refrain from taking photos of police stations, airports, bus stations, immigration and border crossings, army barracks and personnel, or any government building. It is against the law and will result in the minimum of your film and camera being confiscated.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

Minimum age of 18 years for this trip.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.