



Kenya to Uganda Overland Safari with Participation Camping

15 days, Nairobi to Nairobi

Trip code DKUN

What's included

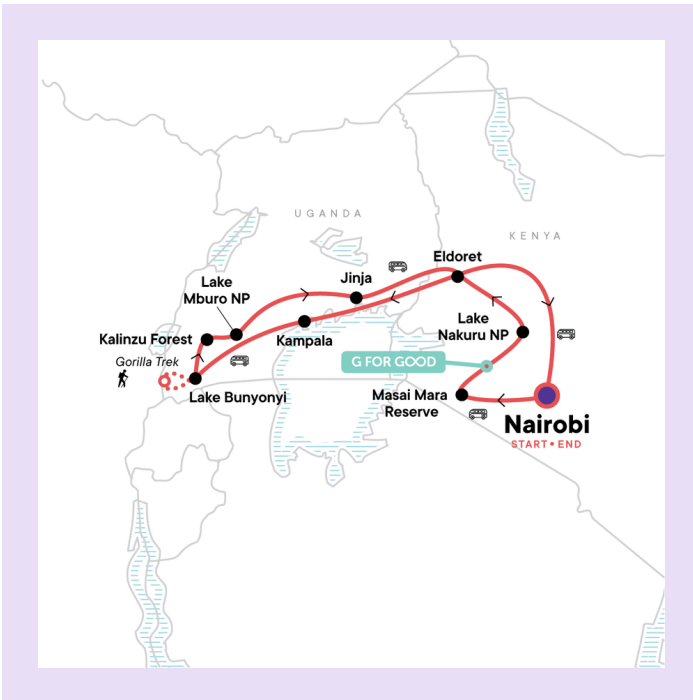
- Your G for Good Moment: Café Ubuntu 3-Course Farm-to-Table Lunch, Maai Mahiu
- Your G for Good Moment: AidChild Cafe & Gallery, Kayabwe
- Your Welcome Moment: Meet Your CEO and Group, Nairobi
- Your Discover Moment: Jinja
- Wildlife safari drives in Masai Mara National Reserve
- Safari in Lake Nakuru National Park
- Guided mountain gorilla trek in Bwindi with permits
- Entrance and chimpanzee tracking in Kalinzu Forest Reserve
- Tea plantation visit
- Transfer from Jinja to Nairobi
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 14th, 2024 and onwards

Itinerary



Itinerary Notes

Please note this is a camping level trip which means you will be camping most nights with some basic hotel/hostel stays to start and end the tour. Campsite facilities in Africa are generally good, but can be basic in certain places. Despite the challenge that a few days “roughing it” may pose to some, the experience of being that close to nature, camping under the African stars, and seeing incredible wildlife at your tent door-step is not just gratifying, but ultimately an experience of a lifetime.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Nairobi

Arrive at any time.

Tonight after a brief welcome meeting, choose to get to know your group members with an optional group dinner at the hotel restaurant.

Please make sure you have all of the necessary visas for this tour by the time of the welcome meeting. It is very important to read the visa section in our trip details to make sure you have the ones you will need, if any. Please note that not all nationalities are able to obtain a visa on arrival at the border.



Accommodation

The Heron Hotel Nairobi (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



Optional Activities - Day 1

Bomas of Kenya Tour

Nairobi

120USD

This tour gives you a glimpse into the life of 42 different tribes of the country that make up Kenya's rich culture. Get a better understanding of village life by visiting homesteads and enjoy a display and sounds of folk dances performed. Entrance fee and hotel pick-up included.

The Carnivore Restaurant

Nairobi

130USD

Feast on a range of familiar and exotic meats roasted over an open flame barbecue pit. Ever wanted to try ostrich or crocodile? Here's your chance to do so (at a world-renowned restaurant, at that). Price includes the price of a meal (without a beverage) and hotel pick-up.

National Museum

Nairobi

1200-3000KES

Take a stroll through this museum to get a better understanding of Kenya's rich heritage through a range of cultural and natural-history exhibits. Learn more about the region's bird population at the Birds of East Africa exhibit, a huge gallery of at least 900 stuffed specimens. Get a refreshing take on Kenyan history counterpoint to colonial historiographies at the Historia Ya Kenya display. Entrance fee and hotel pick-up included.

Karen Blixen Museum

Nairobi

34-75USD

Converted from the former home of pioneer coffee farmer and acclaimed writer Karen Blixen, this museum provides visitors insight into life of a Danish settler in pre-Independence Kenya. Take a walk through the home, and magnificent gardens that provide a stunning view of the Ngong hills. Hotel pick-up and entrance fee included.

Railway Museum

Nairobi

6-34USD

Adjacent to the Nairobi railway station, this museum contains exhibits from the East African Railways opened in 1971.

Day 2

Nairobi/Masai Mara

Travel through the Great Rift Valley on the way to the Maasai Mara Reserve. Embark on a late afternoon wildlife safari drive in one of Kenya's premier wildlife destinations.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Kenia Safari Camp Canvas Tents (or similar)

Campground



Today's Activities

Safari Vehicle

Nairobi - Masai Mara

6h-7h

386km

Get a better view and take better snapshots aboard this off-road ride.

Wildlife Safari Drive

Masai Mara

You are in one of the world's top safari destinations, known for its abundance of big cats – cheetahs, leopards and lions – as well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water. Set off on safari with our driver/guide on a private concession near the reserve and keep your eyes and ears peeled for movement and memories. Watch elephants and giraffe grazing, photograph zebras and wildebeest and, with a little luck, you'll even spot animals feasting on a recent kill.

Board the safari vehicle and travel into the Maasai Mara Reserve for some wildlife spotting. Enjoy an afternoon at leisure at the camp.

Please note: if you have pre-booked the Maasai Mara Balloon Safari, today's likely the day for this activity! Your CEO will give you final confirmation when it will take place, as it is subject to change. You will miss the included morning wildlife safari drive with the group, but you will have a much better view from above!



Meals included

Breakfast | Lunch | Dinner



Accommodation

Kenia Safari Camp Canvas Tents (or similar)

Campground



Today's Activities

Safari Vehicle

Masai Mara

Get a better view and take better snapshots aboard this off-road ride.

Wildlife Safari Drive

Masai Mara

You are in one of the world's top safari destinations, known for its abundance of big cats – cheetahs, leopards and lions – as well as the two million wildebeest, Thomson's gazelles and zebra that migrate annually across the vast grasslands in search of water. Set off on safari with our driver/guide on a private concession near the reserve and keep your eyes and ears peeled for movement and memories. Watch elephants and giraffe grazing, photograph zebras and wildebeest and, with a little luck, you'll even spot animals feasting on a recent kill.



Optional Activities - Day 3

The adventure begins just before dawn and lasts an hour in the sky. Fly over the Mara River, plains, and forests of the Maasai Mara. Toast your return to earth with a champagne breakfast, cooked wherever you land.

Please note that while single passengers can book on this activity, the balloon will require a minimum of two passengers to take flight. In the rare case that this minimum is not reached by the time of your flight, passengers will be refunded for this activity.

Additional fees will apply for passengers exceeding the 120 kg (265 lbs) weight limit.

Day 4

Masai Mara/Lake Nakuru National Park

Depart the camp on your 4x4 safari vehicle and meet up with the Lando at G Adventures-supported Ubuntu Cafe for a delicious lunch. Later, enjoy an afternoon wildlife drive through the area.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Nderit Campsite (or similar)

Campground



Today's Activities

Lake Nakuru Wildlife Safari Drive

Lake Nakuru National Park

Search for, buffalo, impalas, hyenas, and even lions and leopards on the wildlife safari drive in this renowned national park. Head to the shores of Lake Nakuru to see pelicans and cormorants. The park is also rich in other bird life, including grebes, white winged black terns, stilts, avocets, and ducks.

ACTIVITY

On this trip, you'll experience the warmth of Ubuntu Cafe, where every meal you enjoy contributes to a circle of empowerment and supports the creation of impactful souvenirs you'll treasure forever. Your visit also extends support to Ubuntu School, championing the rights and education of children with special needs through therapeutic and vocational training programs.

Lando

Maai Mahiu – Lake Nakuru National Park

3h

70km

Climb aboard our custom built ride overlanding G-style!

Safari Vehicle

Masai Mara – Maai Mahiu

4h

210km

Get a better view and take better snapshots aboard this off-road ride.

Day 5

Lake Nakuru National Park/Eldoret

See more wildlife life on a morning safari drive around Lake Nakuru. Then, continue onwards in the Lando to Eldoret.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Greenwoods Resort and Campsite (or similar)

Campground



Today's Activities

Lando

Lake Nakuru National Park – Eldoret

3h-4h

170km

Climb aboard our custom built ride overlanding G-style!

Lake Nakuru Wildlife Safari Drive

Lake Nakuru National Park

Search for, buffalo, impalas, hyenas, and even lions and leopards on the wildlife safari drive in this renowned national park. Head to the shores of Lake Nakuru to see pelicans and cormorants. The park is also rich in other bird life, including grebes, white winged black terns, stilts, avocets, and ducks.

Day 6

Eldoret/Kampala

Cross the border into Uganda and travel to Kampala, the country's capital. The group will arrive there in the late afternoon.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Red Chilli Hideaway (or similar)

Campground



Today's Activities

Border Crossing (Kenya - Uganda)

Malaba

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Lando

Eldoret - Kampala

11h-12h

350km

Climb aboard our custom built ride overlanding G-style!

Day 7

Kampala/Lake Bunyonyi

Cross over the equator today in the Lando en route from Kampala to Lake Bunyonyi. The name Bunyonyi means 'place of many little birds' and the lake's winding shores encircle 29 islands surrounded by steep terraced hillsides. Upon arrival enjoy free time to get to know your surroundings and opt to swim in the calm waters.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Bunyonyi Overland Resort (or similar)

Campground



Today's Activities

Lando

Kampala - Lake Bunyonyi

11h

520km

Climb aboard our custom built ride overlanding G-style!

Day 8

Gorilla Trek

Spend the day on a mountain gorilla trek in Bwindi Impenetrable National Park. Hike deep into the jungle through volcano forests alongside a park ranger in search of these mountain gorillas in their natural habitat. Please be ready for a challenge as the treks can vary in length and difficulty.

Note: Ugandan authorities are fiercely protective of this natural treasure, and currently permit only a maximum of eight people, per day, to visit a given gorilla family. The group will be split into different sub-groups for the trek, and depending on the number of travellers, different sub-groups may do their trek on different days.

Depending on the date of our permits, it's possible that the gorilla trek will take place on the second full day in Lake Bunyonyi.

Bwindi Impenetrable National Park has four areas; Rushaga, Buhoma, Nkuringo, Ruhija. Depending on permit availability your group could be tracking gorillas from different areas of the park, it is all still part of Bwindi.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Bunyonyi Overland Resort (or similar)

Campground



Today's Activities

Mountain Gorilla Trek

Bwindi Impenetrable National Park

1h-6h

Take an unforgettable guided trek (1-6 hrs) deep into volcano forests of Bwindi Impenetrable National Park for a wildlife encounter of a lifetime, and meet a family of mountain gorillas. One of Africa's major highlights, a close encounter with these amazing animals is simply breathtaking.

Get prepared before heading out: bring plenty of water and waterproof clothing (it can rain on only a few minutes' notice), and be sure to bring protective bags for cameras and film. Dress in layers with

long sleeves and long pants to protect against stinging nettles found in the forests. The trek's often chilly, at first, until you start trekking.

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Depending on permit availability your group could be tracking gorillas from different areas of the park, it is all still part of Bwindi.

Day 9

Lake Bunyonyi

Explore Lake Bunyonyi with a full day of free time. There are many optional activities to choose from like, swimming, hiking, canoeing, bird watching, or taking a motorboat tour of the lake. In the evening, relax together with the whole group at the lodge.

Please keep in mind that some members of the group will do the gorilla trek on this day and have the free day in Lake Bunyonyi the day before.



Meals included

Breakfast | Dinner



Accommodation

Bunyonyi Overland Resort (or similar)

Campground



Today's Activities

Free Time

Lake Bunyonyi

Get out and do as much or as little as you'd like around Lake Bunyonyi.



Optional Activities - Day 9

Swimming

Lake Bunyonyi

Jump in and enjoy the water and magical surroundings.

Canoe Rental

Lake Bunyonyi

10USD

3h-4h

Get in a boat and enjoy paddling around the many islands of Lake Bunyonyi.

Bird Watching Walk

Lake Bunyonyi

10USD

The word "Bunyonyi" means "the place of little birds" in the local language. Accompany a professional bird guide along the shore and view the wide range of bird species that inhabit the area around this lake. This is a can't-miss for birding lovers.

Nature Walk

Lake Bunyonyi

5USD

Set out and discover the incredible landscape of the Lake Bunyonyi area on foot, visiting villages and meeting local communities along the way.

Motorboat Tour of Lake Bunyonyi

Lake Bunyonyi

40USD

15m-1h

Relax on a boat tour around the peaceful waters of Lake Bunyonyi and learn about the history of the surrounding islands.

Day 10

Lake Bunyonyi/Kalinzu Forest Reserve

Drive through the Ugandan countryside on the journey to Kalinzu Forest Reserve, which is further north in the country. The reserve is adjacent to Queen Elizabeth National Park and offers a great variety of landscapes to view wildlife. Spend the afternoon at your leisure here.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Craters Campsite & Country Lodge (or similar)

Campground



Today's Activities

Lando

Lake Bunyonyi - Kalinzu Forest Reserve

4h-5h

155km

Climb aboard our custom built ride overlanding G-style!



Optional Activities - Day 10

Boat Cruise

Kalinzu Forest Reserve

40USD

Take a leisurely 2-hour boat cruise. Enjoy stunning views of the landscape and other natural formations.

Day 11

Kalinzu Forest Reserve/Lake Mburo National Park

Rise early this morning for an included chimpanzee tracking excursion within the lush Kalinzu Forest Reserve with a ranger. Later, the group will visit a tea plantation before arriving at Lake Mburo. Then, you can choose to book an afternoon boat cruise, or get to know the local area on foot.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Leopard Rest Camp (or similar)

Campground



Today's Activities

Chimpanzee Tracking Excursion

Kalinzu Forest Reserve

1h-5h

Enjoy a chimpanzee tracking excursion through the scenic Kalinzu Forest Reserve. Trek along the ridges and valleys of the Rift Valley escarpment to visit chimpanzees in their natural habitat. Follow forest trails, which offer amazing views over the Rwenzori Mountains, Lake Edward, the Kazinga Channel, and the Congo. The Kalinzu Forest Reserve is steeped in mystery and rich with local legends. Learn about the folklore and uses of the forest from a local guide.

Tea Plantation Visit

Kalinzu Forest Reserve

1h

Walk through a tea plantation with a local guide. View multiple varieties of tea, and learn about the process of growing tea plants from the harvesting stage to what goes into making the best cup of tea.

Lando

Kalinzu Forest Reserve – Lake Mburo National Park

4h-5h

150km

Climb aboard our custom built ride overlanding G-style!



Optional Activities - Day 11

Lake Mburo Boat Safari

Lake Mburo

30USD

Come face to face with crocodiles and hippos in their natural habitat, as well as many other animals as they come to the lake to drink. Keep a look out for the many water birds, including kingfishers, the Africa Fish eagle, and the rare shoebill stork.

Nature Walk

Lake Mburo National Park

25USD

Set out to discover the incredible landscape of the Lake Mburo area on foot with a guide. Witness zebras, warthogs and various species of birds in their natural habitats as you stroll through the valley.

Day 12

Lake Mburo National Park/Jinja

Today the group will travel back across the equator to Uganda, which happens to be one of the few countries where it's possible to cross over this boundary on land. Along the way, make a stop for lunch at the G Adventures-supported AidChild Equation Café & Gallery. Arrive to Jinja in the evening.



Meals included

Breakfast | Lunch



Accommodation

Nile River Explorers River Camp (or similar)

Campground



Today's Activities

ACTIVITY

Make a stop at AidChild's Equation Café and Gallery, located at the equator. Surrounded by paintings and other crafts made by local artists, you'll enjoy a meal made with traditional Ugandan ingredients, with a modern twist. Your lunch here directly supports AidChild, a non-profit that provides support, medical care and education to children and youth living with HIV in Uganda.

Lando

Lake Mburo National Park - Jinja

9h-10h

325km

Climb aboard our custom built ride overlanding G-style!

The entire day is free for you to explore Jinja on your own or with members of the group. There are plenty of outdoor and adventure activities to choose from like rafting and mountain biking.

Pre-book your rafting adrenaline rush on the checkout page to include the Jinja River Rafting optional activity on your tour or ask your GCO or travel agent for assistance.



Accommodation

Nile River Explorers River Camp (or similar)

Campground



Optional Activities - Day 13

Nile River Sunset Cruise

Jinja

30USD

Nothing beats an African sunset over the Nile. Salute the end of another great day with good company, good food, and an ice cold cocktail.

Mabira Forest Mountain Biking

Mabira Forest

55USD

Take to two wheels to see a different side of Jinja and the surrounding area. Cycle through villages and agricultural plantations to get a real taste of rural Uganda before heading to the main forest in search of monkeys.

Quad Biking

Jinja

105USD

Get ready for lots of fun on this exhilarating quad biking tour safari. Ride along the banks of the Nile River through forests, farms and villages.

Nile River Kayaking

Jinja

140-160USD

5h-6h

Ride the whitewater of the Nile on a kayaking trip. Take an introductory whitewater kayaking course or dive right in with a tandem kayaking trip with an experienced guide.

Bungee Jumping

Jinja

145USD

3h-4h

If adrenaline is your thing, strap in and leap off for a fantastic experience.

Jinja River Rafting

Jinja

140USD

Looking for a change from wildlife to simply something wild? Wake up early and head out on the Nile River for a full-day navigating the whitewater. Enjoy an exciting day testing your paddling skills in the rapids while waves crash over into your eight-person raft. This activity is suitable for rafters of all experience levels. Enjoy an included meal and drinks with your group after conquering the rapids.

Day 14

Jinja/Eldoret

Catch up on some rest during this travel day between Uganda and Kenya. The group will arrive to the camp site near Eldoret in the evening and spend the night under the stars.

This is an overnight stop in between two long driving days.



Meals included

Breakfast | Lunch



Accommodation

Greenwoods Resort and Campsite (or similar)

Campground



Today's Activities

Border Crossing (Uganda - Kenya)

Malaba

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Lando

Jinja - Eldoret

8h-9h

270km

Climb aboard our custom built ride overlanding G-style!

Enjoy the ride as the group travels in the Lando through the Kenyan countryside to Nairobi. The tour will end upon arrival.



Meals included

Breakfast



Today's Activities

Lando

Eldoret - Nairobi

9h-10h

315km

Climb aboard our custom built ride overlanding G-style!

What's included

- Your G for Good Moment: Café Ubuntu 3-Course Farm-to-Table Lunch, Maai Mahiu
- Your G for Good Moment: AidChild Cafe & Gallery, Kayabwe
- Your Welcome Moment: Meet Your CEO and Group, Nairobi
- Your Discover Moment: Jinja
- Wildlife safari drives in Masai Mara National Reserve
- Safari in Lake Nakuru National Park
- Guided mountain gorilla trek in Bwindi with permits
- Entrance and chimpanzee tracking in Kalinzu Forest Reserve
- Tea plantation visit
- Transfer from Jinja to Nairobi
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Climb aboard 4x4 safari vans and explore the Masai Mara National Reserve, Track mountain gorillas in their natural habitat with expert guides, Walk in Kalinzu Forest and see chimpanzees, Choose between a range of optional outdoor activities in Jinja

Itinerary Notes

Please note this is a camping level trip which means you will be camping most nights with some basic hotel/hostel stays to start and end the tour. Campsite facilities in Africa are generally good, but can be basic in certain places. Despite the challenge that a few days “roughing it” may pose to some, the experience of being that close to nature, camping under the African stars, and seeing incredible wildlife at your tent door-step is not just gratifying, but ultimately an experience of a lifetime.

What are the main highlights of this trip?

Climb aboard 4x4 safari vans and explore the Masai Mara National Reserve, Track mountain gorillas in their natural habitat with expert guides, Walk in Kalinzu Forest and see chimpanzees, Choose between a range of optional outdoor activities in Jinja

Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

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What important notes should I be aware of before the trip?

- In the instance that you are a parent or guardian traveling with a minor under the age of 18 and you do not share the same gender as the minor child, you will be accommodated together in a private room instead of the multi share option.
- Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.
- An essential part of your safari is participation - from putting up your tent (while camping) or packing away in the morning, to helping with meal preparation and cleaning up - it is all part of your adventure and when everyone puts in a little effort the trip will run smoothly. Team spirit is part of the fun! All camping equipment (with the exception of your sleeping bag and pillow) is supplied. We supply dome tents and assembly/disassembly takes only 5 minutes. All tents have built-in insect nets. Mattresses are also available, which are approximately 4cm thick, warm and comfortable.
- **YELLOW FEVER**

There is no risk of Yellow Fever transmission in Botswana, Kenya, Malawi, Namibia, South Africa, Tanzania, Uganda, Zambia, or Zimbabwe. However, all of these countries require proof of vaccination under International Health Regulations to prevent importation of the virus. It is compulsory to show a valid Yellow Fever vaccination certificate if you are travelling to any of the above countries from a Yellow Fever endemic country, or have recently transited through one (12 hours or more in airport). Endemic countries include: Angola, Benin, Bolivia, Brazil, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Colombia, Democratic Republic of the Congo, Republic of the Congo, Côte d'Ivoire, Ecuador, Equatorial Guinea, Ethiopia, French Guiana, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Guyana, Kenya, Liberia, Mali, Mauritania, Niger, Nigeria, Panama, Paraguay, Peru, Rwanda, São Tomé and Príncipe, Senegal, Sierra Leone, Somalia, South Sudan, Sudan, Suriname, Tanzania, Togo, Trinidad and Tobago, Uganda, Venezuela.

We advise all travellers on Southern and East Africa itineraries to carry a valid Yellow Fever vaccination certificate regardless of their country of origin. Given the multi-country nature of these itineraries, travellers will cross borders into countries that require the certificate as a condition of entry from preceding destinations. A traveller entering the itinerary from a non-endemic country may not require the certificate to enter the first country, but will almost certainly require it by the time they cross into a subsequent one. Yellow Fever vaccinations must be administered at least 10 days prior to entry into the first country visited. Under WHO regulations (effective 11 July 2016), certificates are valid for the lifetime of the person vaccinated, there is no 10-year expiry on the certificate itself, though some border officials may be unaware of this. Travellers should carry their original International Certificate of Vaccination or Prophylaxis (yellow card) at all times during the tour. Travellers without a valid certificate run the risk of being denied entry and will not be able to continue with the tour. Any additional travel expenses incurred will be at the traveller's own account.
- Sleeping bags are not available for rent and difficult to purchase locally.
- Travelling can be difficult on this tour, as long drives and poor road conditions are the rule as opposed to the exception in both Kenya and Uganda. This camping trip is about travelling to see what the region is like, and see some animals in wildlife parks, to trek to see the mountain gorillas, along and some other sights in between. As such, we cover long distances and have long, bumpy travel days to get to some of these amazing locations. Despite this, the diversity and scenery of the African landscape, the local culture and abundant wildlife are all well worth the experience.
- G Adventures can never guarantee the sighting of wildlife, especially when it comes to mountain gorillas. However, the mountain gorilla trek is organized to ensure success. Before heading into the jungle, our local guides receive coordinates from trackers on the whereabouts of the gorillas, and the trackers stay with the gorillas until the group arrives. Please

note that if you are unwell with anything contagious, even a common cold, you may be denied any of the treks to ensure the safety of the gorillas and chimps. This is a national park regulation, and trekking permits will not be refunded if you are denied entrance due to illness.

- Visitors to Uganda should be in excellent physical condition, without any heart problems and prepared to spend strenuous days in humid rain forests, steep terrain and high altitude trekking for chimpanzee and gorillas, as well as other primates. Those preferring to remain at base camp in Bwindi may do so, however, there is no price reduction.
- The use of drones in national parks in Southern Africa is prohibited.

Bwindi Impenetrable National Park has four areas; Rushaga, Buhoma, Nkuringo, Ruhija. Depending on permit availability your group could be tracking gorillas from different areas of the park, it is all still part of Bwindi.

What is the role of the group leader during this trip?

On this journey, you will be accompanied on your trip by 2 crew members - a Chief Experience Officer (CEO) and a CEO driver.

The Chief Experience Officer (CEO) will be the group manager and leader. He/she organizes the trip, and will be there to assist you when needed. He/she will take care of the small things so you can concentrate on enjoying your adventure. All of our CEOs in Southern and East Africa are experienced group leaders, with a broad knowledge base of the region's history, cultures, and wildlife. Your leader will be from either Southern or East Africa depending on which part of the tour you are on.

All of our overland adventure vehicle (OAV) drivers are experienced in the routes travelled, and highly skilled in dealing with different terrains. All of our cooks will organize and lead the meal preparation, and have experience in cooking a variety of local and international dishes for large groups.

In the Masai Mara your CEO will be joined by certified safari guides. All of our driver/guides are experienced in the routes travelled, and highly skilled in dealing with different terrains, and spotting wildlife.

In Uganda, during the actual gorilla trek we use an experienced and certified local mountain guide, expert gorilla trackers, and armed guards to accompany you for your safety.

We also use local guides for some included activities where we think more specific knowledge will add to the enjoyment of the places we are visiting.

How large will the group be?

Max 22, avg 20.

What meals are included in this trip?

13 breakfasts, 11 lunches, 10 dinners

What are the meals like on this trip?

As mentioned above, most of the meals on this tour are included in the tour price.

All included meals will be prepared from fresh local produce. The majority of the shopping for foodstuffs will be done before the trip departs, and fresh goods, such as meats, fruits, vegetables, and dairy products, will be bought en route during the trip from supermarkets, local shops and markets. Please note that even though our cooks will try their utmost to provide you with a varied and interesting meals, the choices might be somewhat limited, based on what is available on the local market.

Breakfasts will generally consist of breads and cereals, if time allows a warm breakfast may be prepared. Many lunches will be provided en-route and will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes.

Your CEOs will do all the meal preparation and lead the way here, but will prepare a duty schedule for ensuring a fair, rotating participation from you and your group members in the meal preparation and dish washing duties.

Vegetarian meals and other dietary requirements need to be specified prior to arrival. Please note all bottled drinking water will be at your own expense.

What are the modes of transportation on my trip?

7-seat 4x4 safari van, Lando (overland adventure vehicle), minibuses, walking.

What transportation will we take on this trip?

The Masai Mara portion of the trip is run in private 7-seat 4x4 safari vans. With sliding windows and a large pop-up roofs, these vans are designed for wildlife viewing. If there is a large group, additional vehicles will be used, and the group will be split up. Road conditions can run the full range of conditions from new to very poor, and during dry seasons, the roads can become very dusty. This style of travel is by no means luxurious, but the seats are comfortable and having our own private vehicles allow us the flexibility of making stops when needed, and to stay and watch that crouching lion prepare for an attack.

For the remainder of the tour, we use our custom built 24 seat overland adventure vehicle (OAV) named the Lando, to criss-cross through East Africa for most of this trip. The Lando allows the entire group, including your CEO, to travel together, and because of its height, is great for wildlife viewing and for enjoying the scenic landscape.

Road conditions can run the full gamut from new to being in very poor condition. This style of travel is by no means luxury but it allows us the flexibility of making stops when needed, and reaching some out-of-the-way parts in Africa where the traditional safari crowd would not dare to go.

Here's a quick look at the unique features of the well-equipped G Adventures overland adventure vehicle (OAV):

- Storage for your main luggage is accessible from inside the vehicle
- Day packs can be stored at your feet or on the luggage shelf above
- Onboard safety box for valuables
- Front viewing windows and large sliding windows, both great for wildlife viewing
- Reclining seats
- Fully equipped mobile kitchen
- Access to a 250L tank of drinking water
- Air-conditioning
- Charging station, when available in camp (South African plug - 220-240V)
- USB charging ports for every traveller at their seat

Please note that our Landos do not have on-board bathrooms.

This is not a physically demanding journey; however, travelling can be difficult, with long drives and poor road conditions at times. Please take note of the travel times and distances in the above itinerary, and consider that this is often on poor quality, bumpy roads. Despite this, most clients feel that the diversity of the African landscape, culture and wildlife are all well worth the experience.

In addition to the overland adventure vehicle (OAV), in Uganda for the gorilla trek, we split the group into smaller vans in order to arrive in a more timely manner to the trail heads of the park.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Basic hotel (1 nt, single or twin-share), permanent tented camp (2 nts), participation camping (11 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

Camping in Africa is truly an adventure. You will be able to get off the beaten track to get a first-hand experience of the beautiful wilderness and nature. While camping, we stay at designated campsites in national parks and outside towns. Campsite facilities in southern Africa are generally good, but can be basic in certain places. There are generally small restaurants and/or bars, flush toilets, showers (generally outdoors, some with simple reed enclosures), washing facilities and telephones available. Additionally, warm water is available at most sites, but it is not guaranteed to always be warm when you take your shower; the warm water may be used up others who also use the camp. We usually set-up camp within close proximity to the toilet facilities, though occasionally to reach them you may have to walk a short distance.

They are good quality, durable, industry-standard 2-person safari canvas tents. Please note that most adults will not be able to fully stand up inside the tents, though most travellers find these more than adequate, as they have a base area of approximately 4 square meters. These tents are regularly treated with a waterproofing agent, but under certain rainy conditions, the tent fabric may become saturated to the point where seepage or leakage may occur. All tents have built-in mesh insect netting on the windows and doors.

We travel with our own portable camp chairs with a comfortable back-rest, and we utilize our own cooking equipment to provide the group good quality camp meals.

Please be aware that where we use multi-share accommodations, rooming requests of any kind cannot be taken.

Despite the challenge that a few days "roughing it" may pose to some, the experience of being that close to nature, camping under the African stars, and seeing incredible wildlife at your tent door-step is not just gratifying but ultimately an experience of a lifetime, and seeing incredible wildlife at your tent door-step is not just gratifying but ultimately an experience of a lifetime.

Please note that due to the high demand for accommodation in the parks, sometimes we will arrange alternative accommodation outside of the park. For private accommodation please see tours in our Classic Travel Style.

Camping in East Africa is truly an adventure. You will be able to get off the beaten track to get a first-hand experience of the beautiful wilderness and nature. We stay at designated campsites inside of and nearby the national parks. These campsites generally are very basic, and we carry tents to pitch at the public campsites.

The campsites in East Africa are generally good, but basic. Luxury here will mean electricity for charging, warm showers, flush toilets, shelter for eating. Rustic camps have no electricity, simple or no bathing facilities, and squatting long-drop latrines. Expect to see both extremes, though most fall somewhere within that spectrum.

All camping equipment (with the exception of your sleeping bag and pillow) is supplied, including camp mattresses, which are warm and comfortable. We supply dome tents and assembly/disassembly takes less than 10 minutes. They are good quality, durable, industry-standard 2-person safari canvas tents. Please note that most adults will not be able to fully stand up inside the tents, though most travellers find these more than adequate, as they have a base area of approximately 4 square meters. These tents are regularly treated with a waterproofing agent, but under certain rainy conditions, the tent fabric may become saturated to the point where seepage or leakage may occur. All tents have built-in mesh insect netting on the windows and doors.

In camping within the national parks and conservation areas, some camp sites are enclosed for keeping the resident wildlife out. Other camps are open to the natural environment – care must be taken, especially at night, when a torch/flashlight is recommended when walking around the camp area.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (South Africa)

From outside South Africa: +27 713823286

From within South Africa: 071 3823286

For any issues relating to pre-booked transfers for Nairobi Jomo Kenyatta International Airport, including delays or missed transfers, please contact our airport transfer operator:

Phelix: +254 729 692 653 (from outside of Kenya)

Phelix: 0729 692 653 (from within Kenya)

G Adventures Local Office (Nairobi, Kenya)

Emergency number

From outside Kenya: +254 727 208 832

From within Kenya: 0727 208 832

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

The tour ends upon arrival into Nairobi, in the late afternoon, at the Hotel Boulevard in central Nairobi. In order to avoid any necessary issues with timing, please book your outgoing flight from Nairobi from 21:00 hrs or later.

There is no included accommodation for this night in Nairobi. You may choose to pre-reserve post-tour accommodation at through G Adventures.

Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack, no larger than 30cm(height) x 30cm(width) x 60cm(length), maximum 15kg, plus a daypack. Luggage limits on airlines are strictly enforced, and due to limited vehicle capacity, the cost of transporting any luggage beyond these restrictions is the responsibility of the client. Please note, if you are travelling with a large amount of luggage for other legs of a longer tour, you may leave a portion of it at the start hotel in Nairobi, this is indeed possible as storage facilities are available.

Please note, women may be required to wear modest clothing in some countries so we suggest packing dresses or skirts that cover knees and tops that cover shoulders.

For our camping style tours you will need to provide your own sleeping bag, small pillow and sleeping sheet (if you would like). We provide the tent and the sleeping pads.

On this trip you may experience several types of weather. It is important to pack clothes for warm days and cool evenings, as well as a warm jacket for early morning wildlife safari drives. Light, quick-drying, practical clothes are advisable for this trip. A set of smart casual clothes is also advisable for your time in Nairobi.

We suggest you take something warm eg tracksuit, fleece or pullover for the mountainous areas i.e. Bwindi National Park. It is at a higher altitude and will therefore be cooler in the evenings - a jersey, anorak/wind jacket and tracksuit pants would be suggested. It will also be necessary to take some wet weather gear as it does rain in the mountainous areas of Uganda on a regular basis. We suggest lightweight rain gear for the walk to see the gorillas.

While gorilla trekking you will need a comfortable, hard wearing, pair of walking shoes or boots. Conditions are generally very muddy/slippery. There are uphill sections which may be quite steep and strenuous. It is also advisable to wear a long sleeve cotton shirt and lightweight long pants to protect yourself from the undergrowth, stinging nettles and biting ants. (Tracksuit pants often get caught on bushes, thorns, etc and jeans can get very heavy when wet). Gloves are also highly recommended - just cheap gardening gloves will do. Tuck your long pants into your socks/boots to avoid biting insects. Also take a water bottle, and a day pack for camera gear and to carry your jacket if it's too warm.

Your clothes will in all likelihood get very muddy and may not recover to their original state - therefore take old clothing for the gorilla trekking. Hard wearing clothes, no bright colours, or no army camouflage clothing should be worn. Greens, khaki and similar neutral clothes are recommended.

Please be advised that if you plan to bring a drone with you, the use of drones in national parks in Southern Africa is prohibited.

What should be on my packing list?

Additional Items:

- Sleeping bag (required)

Cold weather:

- Long-sleeved shirts or sweater
- Warm gloves
- Warm layers
- Scarf
- Warm hat

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Gorillas:

- Gardening gloves (Highly recommended for gorilla trekking)
- Neutral coloured clothing (Your clothes will likely get very muddy - therefore take old clothing for the gorilla trekking. No bright colours should be worn. Greens, khaki and similar neutral clothes are recommended)

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Hiking/Trekking:

- Gloves
- Hat
- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Snacks (Protein bars, chocolate, dried fruits, candies, energy sweets)
- Socks (Trekking socks – woollen or synthetic, not cotton)
- Thermal base layer (Woollen or synthetic, not cotton)
- Walking poles (Highly recommended)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The climate in East Africa varies between the dry and rainy season. Please ensure you bring a windproof rain jacket if you are travelling between April & May, October & November.

When can I do my laundry on this trip?

Hand washing of clothes can be done at most of the campsites. We recommend you bring a non polluting/ biodegradable soap, as well as a roll of simple string to act as a drying line for your clothes. If you arrive in the late afternoon, or if there is poor weather, it may not be possible for your clothes to completely dry. Your start/end hotel in Nairobi also has a laundry service for a fee.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Kenya:

Please note an important update to the Kenya Electronic Travel Authorisation (ETA) process for travellers under 18 years of age.

The Kenya Immigration Department now requires all minor ETA applications to include the official Parent/Guardian Consent Form. Self-written parental consent letters will no longer be accepted.

To avoid processing delays, the form must be completed and signed by a parent or legal guardian before submission.

As of January 1st 2024, the Kenyan government announced the introduction of a new Electronic Travel Authorisation (eTA) scheme, eliminating the requirement for all nationalities to obtain a visitor visa for Kenya. ALL travellers must apply for the eTA, including those that were previously exempt.

For more information, please refer to the eTA site [here](#)

IMPORTANT NOTE:

It may be required to show a Yellow Fever certificate upon entering the country. Please check in with your local consulate and health expert for advice on Yellow Fever and other inoculations required for this area.

Uganda:

Visas for Uganda for most nationalities must be obtained through an Electronic Visa application online in advance, and a payment of \$50 USD cash will have to be made upon arrival to the border.

For more information, please refer to the E-Visa site [here](#)

Information is accurate as of March 1st, 2024.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The local currency in Uganda is the Ugandan Shilling (UGX, or USh), and in Kenya is the Kenyan Shilling (KES, or KSh). Shillings can be obtained locally by changing foreign currency or by using ATMs (where available) which will dispense local currency. Your CEO will inform you where you can change money throughout the tour and approximately how much money you will need for each country.

The easiest foreign currency to exchange for locally for any of the local currencies is the \$US; however the British Pound and Euro may also be exchanged as well. Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa.

Large note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to rely on cash, please bring foreign currency (Euro, Pound, USD) with you, as it is often expensive to buy these currencies locally. And in more rural areas, it is often not likely.

If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. It is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Tipping is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion.

Tipping is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

CEO: \$5-8 USD (per day, per person)

Local guides: \$2-3 USD (per day)

Safari Guide/Driver: \$2-3 USD (per day)

Restaurant Staff: 10-15% of cost of bill

Gorilla trekking guides: \$2-4 (per day)

What activities are optional on this trip?

Nairobi

- Bomas of Kenya Tour (120USD per person)
- National Museum (1200-3000KES per person)
- Railway Museum (6-34USD per person)
- The Carnivore Restaurant (130USD per person)
- Karen Blixen Museum (34-75USD per person)

Masai Mara

- Maasai Mara Balloon Safari

Lake Bunyonyi

- Swimming
- Bird Watching Walk (10USD per person)
- Motorboat Tour of Lake Bunyonyi (40USD per person)
- Canoe Rental (10USD per person)
- Nature Walk (5USD per person)

Kalinzu Forest Reserve

- Boat Cruise (40USD per person)

Lake Mbuoro

- Lake Mbuoro Boat Safari (30USD per person)

Lake Mbuoro National Park

- Nature Walk (25USD per person)

Jinja

- Nile River Sunset Cruise (30USD per person)
- Nile River Kayaking (140-160USD per person)
- Jinja River Rafting (140USD per person)
- Quad Biking (105USD per person)
- Bungee Jumping (145USD per person)

Mabira Forest

- Mabira Forest Mountain Biking (55USD per person)

Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note (Updated: June 2026)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country, or if you have transited for more than 12 hours through the airport of a Yellow Fever endemic country:

Botswana

Kenya*

Malawi

Namibia

South Africa

Tanzania

Uganda*

Zambia

Zimbabwe

*Kenya and Uganda require a valid Yellow Fever Certificate from all travellers regardless of country of origin, not only those arriving from endemic countries. Travellers to these destinations should ensure they are vaccinated regardless of their travel history. If other non-endemic countries have been visited after visiting an endemic country, a Yellow Fever certificate may still be required on entry into subsequent destinations. This is particularly relevant on multi-country Southern Africa itineraries, for example, a traveller moving from Uganda to Kenya, or from Kenya across a land border into Tanzania, will be required to show their certificate at each entry point. Please check country-specific regulations before departure.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

Nairobi

- Always leave your passport (It's better to carry a photocopy of it instead), other valuables and money that you won't be using in the safe deposit in your hotel room/reception. This is free of charge to G Adventures Adventure clients.
- Remember that like in any other city, you should never leave your bags unattended, nor flaunt jewellery, cameras etc
- Please don't wander through the city at night. Stick to the main streets only during the day, and after sundown, please take a taxi. Taxis can be organised from reception of your hotel. Also, take the address of the hotel with you.
- People are generally friendly, but don't let people take advantage of you, especially the sales people!
- Beware of people approaching you on the street with an apparent interest of where you are from, and want to sit down and have a chat with you. These people are most likely con men and try to get money from you in one way or another
- People on the street who ask you if you want a safari and have a brochure are often con men, best to avoid these folk. Besides, you're already on safari!

Photography

Please refrain from taking photos of police stations, airports, bus stations, immigration or border crossings, army barracks and personnel, or any government building. It is against the law and will result in the minimum of your film and camera being confiscated.

Please note that the use of drones in national parks in Southern Africa is prohibited.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.