



## **Lima to Buenos Aires: Deserts & Dancing**

35 days, Lima to Buenos Aires

Trip code SPMB

## What's included

- Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo
- Your G for Good Moment: Handmade Biodegradable Soap Products
- Your G for Good Moment: Lake Titicaca Homestay, Lake Titicaca
- Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Agencha
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Foodie Moment: Pachamanca, Nazca
- Your Discover Moment: Cusco
- Your Foodie Moment: Sacred Valley Brewery, Ollantaytambo
- Your Big Night Out Moment: Cusco
- Your Discover Moment: Sucre
- Your Discover Moment: Salta
- Sunset sandboarding & dune buggies (Huacachina)
- Pachamanca-style dinner (Nazca)
- Colca Canyon excursion
- Guided tour of Machu Picchu
- Lares Trek hike with a local guide and cook (3 days)
- Lake Titicaca excursion
- Salar de Uyuni and surrounding area excursion (3 days)
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2020 and onwards

# Itinerary

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## Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE:

Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Lima

Arrive at any time. Get to know your group tonight as you head out to one of the many bars and restaurants in the bohemian neighbourhood of Barranco. Enjoy a local craft beer with your fellow travellers as you get excited for the adventure to come.

Arrive at any time. There are no planned activities, so check into the hotel and enjoy the city.

We suggest arriving early to experience everything Lima has to offer. A full day tour will be available to book during your trip check-out process.

If you booked the Lima Cooking Class it does not include extra time in Lima and we highly recommend booking pre-trip accommodation. You will be picked up from your hotel at approx 10:00 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. You will return back to your hotel around 13:00.

Please note: hot water shortages and power outages can be fairly common in Latin America (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.



### Accommodation

Hotel Gemina (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.



## Optional Activities - Day 1

Lima Cooking Class (4hrs)

Lima

Get a taste of Peruvian cuisine, visit local markets, sample exotic fruit, select fresh ingredients, and try your hand at preparing unique Peruvian dishes influenced by China, Italy, West Africa, and Japan.

Please note that if you are travelling with a family there is no age restriction on this activity and the cooking class is acceptable for children.

Lima City Tour

Lima

40USD

Discover Lima's cultural and culinary highlights on this half-day guided tour. Visit the Santo Domingo Monastery, walk around Plaza de Armas, marvel at the Bodega y Quadra Museum, and get to know some of Lima's lovely neighbourhoods. Stop to enjoy some authentic Peruvian tapas and be introduced to Pisco Sours during a demonstration and tasting.

Day 2

## Lima/Huacachina

Travel along Peru's breathtaking coast to the oasis of Huacachina where you can sandboard on the desert dunes while watching the sun go down.

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### Meals included

Breakfast

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### Accommodation

Viajero Huacachina (or similar)

Hostel

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### Today's Activities

Local Bus

Lima - Huacachina

5h-6h

Climb aboard, grab a seat, and enjoy the ride.

Sunset Sandboarding & Dune Buggies

Huacachina

Get your adrenaline pumping in a dune buggy on the desert dunes, ride the ups and downs in these desert mountains. Strap on a board and try out sandboarding, just like it sounds like snowboarding, but on sand. Enjoy the softer landings and the warmer temps. After, head back to the oasis of Huacachina through the stunning dunes and watch the sunset in the distance.

Day 3

## Huacachina/Nazca

Wake up and make the most of your time in Huacachina before your adventure continues on to Nazca. There is time in the morning for an optional excursion to the Ballestas Islands, home to a lively colony of sea lions, pelicans, and other varieties of birds. Later, catch a bus to Nazca. Stop along the way at a Pisco winery and try the country's national drink!

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### Accommodation

Hotel Hacienda San Marcelo (or similar)

Hotel

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### Today's Activities

Huacachina Winery Visit

Huacachina

Learn about the wine and pisco production in the area and enjoy a tasting of different varieties, which are all available for purchase.

Private Vehicle

Huacachina - Nazca

2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

## Nazca/Arequipa

Choose to soar over the iconic Nazca Lines today with a pre-bookable flight, or take a tour of the Nazca Desert Cemetery and Pottery Studio. For lunch today experience pachamanca, a traditional way to prepare Andean foods by slow cooking them in an underground oven. Tonight, catch some z's on an overnight bus to Arequipa.



### Meals included

Lunch



### Today's Activities

Free Time

Nazca

Enjoy some free time during the day.

Overnight Bus

Nazca - Arequipa

9h

Curl up and catch a snooze en route to the next stop.

#### ACTIVITY

Enjoy a traditional meal. Assist in the preparation of a thousand-year-old tradition: "Pachamanca," an ancient ceremony akin to the Polynesian meal of burying a variety of delicious treats wrapped in banana leaves and slow-cooking them with pre-heated rocks buried in the ground.



### Optional Activities - Day 4

Nazca Desert Cemetery and Potter's Studio Guided Tour

Nazca

90PEN

See remains of the Nazca culture during an included tour of the ancient Pre-Inca desert cemetery site of Chauchilla. Spot 1500-year-old mummies, bones, and pottery on the desert floor. The entire desert area was also once home to the ancient Paracas and the Nazca cultures, which preceded the Incas by more than half a millennium. Stop for a visit at an artisan's workshop, where modern masters create Nazca style pottery.

Flight over Nazca Lines

Nazca

Take to the skies for the best view of the enigmatic Nazca Lines, a series of patterns and pictures etched in the ground, crisscrossing a wide area of flat desert. Marvel at the lines measuring up to 10km (6 mi) in length, yet, remaining perfectly straight. See depictions of birds, insects, and animals only recognizable from the air. Decide for yourself the origin of the lines – who drew the lines, and why, remains a mystery. Current beliefs suggest that they may be part of complex agricultural calendar.

Please note that this activity does not include a tourist ticket fee of S/47 PEN per person, payable directly by each traveller at the airport in Nazca.

Day 5

## Arequipa

Welcome to Arequipa! Take the day to explore what is known as the 'white city.' If you're into history and architecture, visit the Santa Catalina Monastery, where you'll get a unique glimpse into a bygone way of life. For spicy food lovers, visiting one of the 'picanterías' is a must. Satisfy your craving with a variety of local regional foods: alpaca, shrimp, pork, lots of soups, and spicy sauces.

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### Accommodation

Terra Mistica Casa Consuelo (or similar)

Hotel

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### Today's Activities

Free Time

Arequipa

Make the most of your time here.

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### Optional Activities - Day 5

Juanita Museum

Arequipa

60PEN

Visit the Museo Santuarios Andinos, also known as the Juanita Museum for the well-preserved mummy of a young Incan girl sacrificed to the Incan Gods in the 1500s. Juanita remained preserved on the top of Mt Ambato until quite recently, she was discovered in the mid-90s and was briefly displayed in the National Geographic headquarters in Washington, D.C.

Arequipa City Tour

Arequipa

Get out and explore "the white city" on this walking tour, stop at picturesque viewpoints to capture the surrounding volcanoes, marvel at the white volcanic sillar rock architecture, and visit one of the most stunning colonial buildings in the country, Santa Catalina Monastery.

AlaSeña Meal Experience with Peruvian Sign Language

Arequipa

Enjoy a memorable meal at a G for Good partner restaurant, AlaSeña, where delicious food is served with a unique twist. You'll be hosted by a deaf team member who will teach you basic Peruvian Sign Language, allowing you to order your food and connect in a meaningful new way. This is an interactive

dining experience that fosters inclusion, breaks down communication barriers, and creates lasting impact.

Day 6

## Arequipa/Colca Canyon

Enjoy a full-day tour of the spectacular Colca Valley and venture to the impressive Colca Canyon – one of the deepest canyons in the world – on an overnight excursion. With a little luck, you'll spot some unusual Andean animals such as vicuñas, and alpacas. Give your body some much needed relaxation by taking an optional dip in the the hot springs.

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### Meals included

Breakfast

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### Accommodation

Vita Colca Hotel (or similar)

Hotel

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### Today's Activities

Private Vehicle

Arequipa - Colca Canyon

2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Colca Canyon Guided Tour

Colca Canyon

2h-2h30m

Spot condors on this guided tour, and keep your eyes peeled for other unusual animals. Look for three different species of camelids: alpaca, llama, and vicuña, which are all typical of Peru.

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### Optional Activities - Day 6

Hot Springs

Chivay

15PEN

Soak your weary bones in steaming hot water pouring from the earth and relax.

Day 7

## Colca Canyon/Arequipa

Get an early start to be on the look out for condors. Travel from Chivay town to a condor viewpoint to get a glimpse of these magnificent birds in the air. On the way back, stop in local villages, and see old terraces. Later, head out for a drink in the Calle Zela area – restaurant, bar, or club, there's something for everyone!

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### Meals included

Breakfast

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### Accommodation

Terra Mistica Casa Consuelo (or similar)

Hotel

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### Today's Activities

Colca Canyon Guided Tour

Colca Canyon

Spot condors on this guided tour, and keep your eyes peeled for other unusual animals. Look for three different species of camelids: alpaca, llama, and vicuña, which are all typical of Peru.

Private Vehicle

Colca Canyon - Arequipa

2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

## Arequipa/Cusco

Explore Arequipa – take a city tour if you want or check out a monastery or museum. Later, sit back and relax on an overnight bus to Cusco.

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### Meals included

Breakfast

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### Today's Activities

Free Time

Arequipa

Get out and explore more of this beautiful colonial city.

Overnight Bus

Arequipa – Cusco

10h

Curl up and catch a snooze en route to the next stop.

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### Optional Activities - Day 8

Santa Catalina Monastery Visit

Arequipa

60PEN

Visit this 16th-century monastery (over 20,000 sq m) for its beautiful architecture built in the Mudéjar style. Travel back in time wandering its small streets lined with colourful walls, and take some time to learn about its captivating history.

Juanita Museum

Arequipa

60PEN

Visit the Museo Santuarios Andinos, also known as the Juanita Museum for the well-preserved mummy of a young Incan girl sacrificed to the Incan Gods in the 1500s. Juanita remained preserved on the top of Mt Ambato until quite recently, she was discovered in the mid-90s and was briefly displayed in the National Geographic headquarters in Washington, D.C.

Explore the city on your own today or choose from a variety of activities that will help you discover the magic of Cusco. Wander the narrow cobblestone streets and plazas or choose to take a half-day tour of the city. Or, pre-book the Cusco cooking class if you want to learn to prepare delicious local specialties!

Please note: if you pre-book the Cusco Cooking Class you will be picked up from your hotel at approx 12:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 16:00.



## Accommodation

Hostelworld Viajero Cusco (or similar)

Hostel



## Optional Activities - Day 9

Inka Museum

Cusco

10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

La Merced Visit

Cusco

Enjoy a visit to this historic church and convent, first built in 1536 and rebuilt in 1675 (it was destroyed in the 1650 earthquake). Take in the wonderful architecture here, including Baroque Renaissance cloisters and beautiful wood carvings. There's also an ornate monstrance on display; made of gold and covered with gemstones, it's a must see.

Cusco Cooking Class

Cusco - Cuzco

Channel your inner chef and get a taste of Peruvian cuisine. Learn all about the essential ingredients, and try your hand at preparing unique Peruvian dishes with a local expert

Cusco City Tour

Cusco

45PEN

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Day 10

## Cusco

Today is another free day to explore all that Cusco has to offer. Feeling active? Take on the Rainbow Mountain trek or go mountain biking. Prefer to stay local? Take it easy with a visit to the Inka Museum and hit up some of the many great cafes, restaurants and bars.

To arrange the hike to the famed Rainbow Mountain, pre-book on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

Please note: if you pre-book the Cusco Cooking Class you will be picked up from your hotel at approx 12:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 16:00.



### Meals included

Breakfast



### Accommodation

Hostelworld Viajero Cusco (or similar)

Hostel



### Today's Activities

Free Time

Cusco

Make the most of your time in Cusco.



### Optional Activities - Day 10

Inka Museum

Cusco

10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

## Cusco City Tour

Cusco

45PEN

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

## Cusco Cooking Class

Cusco - Cuzco

Channel your inner chef and get a taste of Peruvian cuisine. Learn all about the essential ingredients, and try your hand at preparing unique Peruvian dishes with a local expert

## Rainbow Mountain Hike - Full-day Trip

Cusco

8km

Lookout over these colourful Andean mountains striped with maroon, turquoise, lavender, and gold. The sediment, elevation, and proximity to the ocean create a landscape that has to be seen to be believed. Get started early to drive around 3 hours approximately to the starting point of this challenging, yet rewarding full-day hike. Reaching 5,029m (16,500 ft) this 8 km hike is no walk in the park, but these unique mountains do not disappoint. The ascent takes approximately 1.5 hours.

Head into the Sacred Valley today to visit the G-Adventures supported women's weaving co-op in the Ccaccacollo community. Learn about weaving, and meet the adorable resident llamas. If you see a knitted item you like, buy it – a perfect keepsake from your journey. Stop and sample some craft beer at a brewery on your way to Ollantaytambo.

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## Meals included

Breakfast

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## Accommodation

Las Orquideas Ollantaytambo (or similar)

Hotel

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## Today's Activities

Private Vehicle

Cusco - Ollantaytambo

1h45m

94km

Settle in and scan the scenery from the convenience of a private vehicle.

### ACTIVITY

Visit the Ccaccacollo community centre which G Adventures travellers' donations helped create in 2005, thereby enabling local women to sell traditional textiles to travellers. See local weaving and dyeing techniques used to create garments and souvenirs, and learn how the Planeterra weaving co-operative has impacted the community and those who visit it. This includes the purchase of alpacas to provide a steady supply of wool, looms, and sewing machines as well as several training courses on production, sales and small business management.

### ACTIVITY

Delight your tastebuds and sample high-quality beer with the breathtaking Sacred Valley as a backdrop. This craft brewery uses local ingredients to make award-winning brews and gives back to the surrounding communities. What's not to like?

Depart Ollantaytambo by van to Lares town where your hike begins! Spend the first night in a G Adventures-supported campsite in Cuncani.

The Lares Trek is a scenic, less touristic route to hike through the Andes. It is one day shorter than the Inca Trail but higher in elevation. Enjoy G Adventures-supported handmade biodegradable soap products for use on the Lares Trek.

The locations and distances may change on this hike, as camping will be done in different places depending on pace, ability, and weather. The first night will always be spent at the G Adventures-supported, community-owned and managed campsite in an indigenous village previously bypassed by the tourism industry. In most cases, the CEO will hike the Lares Trek with the group.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Cuncani Camp Site (or similar)

Campground



### Today's Activities

Private Vehicle

Ollantaytambo - Lares

3h-3h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Lares Trek (Lares-Cuncani)

Lares - Cuncani

4h30m

9km

Start early and drive (3 hrs) to Lares town where the hike will start with a leisurely pace through the valley of Cuncani. Hike 4km (2.5 mi) to Chancachaca then stop for lunch. Be sure to rest and rehydrate because the altitude here is around 3480m (11,417 ft).

Continue trekking along rocky mountain paths 4.7km (3 mi) to the isolated village of Cuncani. Camp here for the night at 3872m (12,703 ft) at the G Adventures-supported community run campsite.

#### ACTIVITY

Enjoy G Adventures-supported handmade biodegradable soap products, for use on our treks. This G Adventures for Good project empowered local Cusqueña women to start their own business in order to reduce the environmental impact of treks in the region. Planeterra provided \$10,000 of seed funding for two young entrepreneurs to register their biodegradable products in order to sell them to the tourism industry. "Esencia Andina" is now a successful business that produces biodegradable soaps, detergents, and natural products for travellers, guides, porters, and cooks on our treks.

Day 13

## Cuncani/Kuyoc

Wake up and get an early start today to hike from the foothills of Siclaccasa Mountain to its high pass (4,750m/15,583 ft), providing scenic views of lagoons and the snow-capped Chicon Mountain.

Celebrate after reaching the highest point by making an offering of coca leaves to the Andean gods.

After the morning hike, stop to rest and take in the amazing view. Continue hiking downhill to our second campsite near the stream for the night.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Suttoq Pacchaq Camp Site (or similar)

Campground



### Today's Activities

Lares Trek (Cuncani - Kuyoc)

Cuncani - Kuyoc

9h-10h

17km

Hike from the foothills of Siclaccasa Mountain 12.2km (7.6 mi) to its high pass at 4,800m (15,748ft), providing scenic views of lagoons and the snow-capped Chicon Mountain. Celebrate after reaching the highest point by making an offering of coca leaves to the Andean gods.

Hike downhill another 2.2km (1.3 mi) to QuencaPata, for lunch and to take in the amazing view.

Continue hiking downhill another 2.6km (1.6 mi) to our second campsite near a stream. Sleep tonight at about 4,114m (13,497 ft) elevation.

Day 14

## Kuyoc/Aguas Calientes

Enjoy the last few hours of hiking before travelling by van to Ollantaytambo and train to Aguas Calientes to enjoy a good night's rest at your hotel.



### Meals included

Breakfast | Lunch



### Accommodation

Machu Picchu Inn (or similar)

Hotel



### Today's Activities

Lares Trek (Kuyoc - Punta Carretera)

Kuyoc - Punta Carretera

3h30m

8km

Follow the trail to see typical Andean flora and fauna, llamas and alpacas. Descend through the valley of Pumahuanca and meet friendly local Quechua people and explore some Inca storehouses along the way. Trek 3-4 hrs to reach the town of Pumahuanca. Enjoy lunch then hop a van to Ollantaytambo. Continue by train to Aguas Calientes.

Private Vehicle

Punta Carretera - Ollantaytambo

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Train

Ollantaytambo - Aguas Calientes

1h30m

Climb aboard, take a seat, and enjoy the ride.

Day 15

## Aguas Calientes/Cusco

Enjoy a guided visit to Machu Picchu. Later, travel back to Cusco. Tonight, dance the night away at a popular night club.



### Meals included

Breakfast



### Accommodation

Hostelworld Viajero Cusco (or similar)

Hostel



### Today's Activities

Local Bus

Aguas Calientes - Machu Picchu

15m

Climb aboard, grab a seat, and enjoy the ride.

Machu Picchu Guided Tour

Machu Picchu

1h30m-2h

Set off with the local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

Local Bus

Machu Picchu - Aguas Calientes

15m

Climb aboard, grab a seat, and enjoy the ride.

Train

Aguas Calientes - Ollantaytambo

1h30m-1h45m

31km

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle

Ollantaytambo - Cusco

1h30m-1h45m

60km

Settle in and scan the scenery from the convenience of a private vehicle.

## ACTIVITY

Whether it's a pub crawl, drink specials or a bonfire on the beach, celebrate late into the night with your new best friends.

Day 16

## Cusco

Today is another free day to get the most out of Cusco and to do anything you may not have done yet. Continue to explore and be active or relax and watch the world go by from one of their many bars and restaurants on the main plaza.



### Meals included

Breakfast



### Accommodation

Hostelworld Viajero Cusco (or similar)

Hostel



### Optional Activities - Day 16

Cusco Tourist Ticket

Cusco

130PEN

This ticket allows admission at 16 sights of the city of Cusco including many popular museums and cathedrals, the ticket also provides entrance to Sacsayhuaman Archaeological Park, and sights in the South Valley of Cusco and the Sacred Valley of the Incas.

Inka Museum

Cusco

10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Cusco City Tour

Cusco

45PEN

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Day 17

## Cusco/Puno

Sit back, relax, and soak in the impressive views as you travel by bus through the Altiplano on your way to Puno on Lake Titicaca.

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### Meals included

Breakfast

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### Accommodation

Hostal Milagros Inn (or similar)

Hostel

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### Today's Activities

Local Bus

Cusco - Puno

7h30m

389km

Climb aboard, grab a seat, and enjoy the ride.

This morning, you will board a boat on Lake Titicaca and head to Taquile Island. Opt to have lunch in a local restaurant and shop in the afternoon at the local weaving cooperatives. Later, cruise to another village for an overnight homestay to live like a local on the shores of the lake. Learn more about rural life in the Peruvian highlands and create unforgettable memories with the family and fellow travellers.

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### **Meals included**

Breakfast | Dinner

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### **Accommodation**

Luquina Homestay (or similar)

Homestay

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### **Today's Activities**

Lake Titicaca Guided Boat Tour Day 1

Lake Titicaca

Board a boat on Lake Titicaca and head to Taquile Island for an optional delicious Peruvian lunch at a restaurant followed by some shopping at the local weaving cooperatives. Taquileños are known for their fine handwoven textiles and clothing, men are taught how to knit around age five and they create the majority of the textiles. After, enjoy an overnight stay with a host family and a chance to learn about life on the islands.

#### ACTIVITY

Accommodation on the islands may be multi-share.

Day 19

## Lake Titicaca/Puno

Say goodbye to your homestay family and stop at the Uros Islands on your way back to Puno. If you want, you can check out the spectacular chullpas (funerary towers) of Sillustani, a pre-Inca archaeological site. Or kayak on Lake Titicaca.



### Meals included

Breakfast | Lunch



### Accommodation

Hostal Milagros Inn (or similar)

Hostel



### Today's Activities

Lake Titicaca Guided Boat Tour Day 2

Lake Titicaca

Spend the morning with the homestay families, then depart after lunch. Visit the floating islands of Uros on the way back, and learn about the unique lifestyle of the locals. Meet residents and learn how they built the islands with totora reeds, which are also used to make their homes, boats, crafts (and are also edible!).

Free Time

Puno

Make the most of one last afternoon in Puno.



### Optional Activities - Day 19

Sillustani Burial Towers Entrance

Puno

59PEN

Take a guided tour of the Sillustani burial towers known as "chullpas." Be awed by these fantastic ruins located outside Puno – their remarkable towers stretch up to 12m (39 ft) in height.

Lake Titicaca Kayaking

Lake Titicaca

Take to the waters of the highest navigable body of water in the world, Lake Titicaca, and paddle out to Laquina Island. Get a glimpse into local island life before heading back across the lake to Puno.

Day 20

## Puno/La Paz

Today, enjoy a full-day drive around the picturesque lake and through the Altiplano to La Paz. Cross over into Bolivia and catch your breath before a night out in the highest city of the trip. Check out the area of Sopocachi for cool bohemian vibes.



### Meals included

Breakfast



### Accommodation

Golden Palace La Paz Hotel (or similar)

Hotel



### Today's Activities

Local Bus

Puno - Yunguyo

2h30m

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Peru - Bolivia)

Desaguadero

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Local Bus

Copacabana - La Paz

3h

Climb aboard, grab a seat, and enjoy the ride.



### Optional Activities - Day 20

La Paz City Tour

La Paz

35USD

Explore the city on a guided tour. Check out stunning cathedrals, impressive museums, and lively markets, learning more about the history of this fascinating city. Look for majestic Mt Illimani in the background.

Valley of the Moon Tour

La Paz

15USD

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

Witches' Market Visit

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

If you didn't have time yesterday to do everything you wanted in La Paz – no worries! Today is another day to explore the city as you wish. If you're an adrenaline junkie, make sure to experience the Death Road Biking Adventure.

Opt to pre-book the "Death Road Biking Adventure" activity on the checkout page ahead of time to include this optional on your tour.



## Meals included

Breakfast



## Accommodation

Golden Palace La Paz Hotel (or similar)

Hotel



## Optional Activities - Day 21

Valley of the Moon Tour

La Paz

15USD

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

Witches' Market Visit

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

Day 22

## La Paz/Sucre

Get to know La Paz with a free day to wander through the city's winding streets and vibrant markets before boarding a night bus to Sucre.



### Meals included

Breakfast



### Today's Activities

Free Time

La Paz

Get out and explore this high altitude city.

Overnight Bus

La Paz - Sucre

14h

416km

Curl up and catch a snooze en route to the next stop.



### Optional Activities - Day 22

La Paz City Tour

La Paz

35USD

Explore the city on a guided tour. Check out stunning cathedrals, impressive museums, and lively markets, learning more about the history of this fascinating city. Look for majestic Mt Illimani in the background.

Valley of the Moon Tour

La Paz

15USD

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

Witches' Market Visit

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

Day 23

## Sucre

Discover the beauty of Sucre, known as Bolivia's "White City" at your own pace with a free day to explore. Set in a valley surrounded by mountains, you can choose to go hiking or mountain biking to admire this city from a different point of view.



### Accommodation

Hotel Independencia (or similar)

Hotel



### Today's Activities

Free Time

Sucre

Get out and explore beautiful tranquil Sucre.



### Optional Activities - Day 23

Sunday Tarabuco Market

Sucre

40USD

On a Sunday morning, the Tarabuco market offers a glimpse into daily Bolivian life and the diversity of its people. Where indigenous groups from the surrounding area gather on Sundays to sell their goods.

Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Mountain Biking

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

Rewilding Yampara: Walks Through Culture and Forest

Sucre

Begin in Bolivia's capital and cultural heritage hub, Sucre. Then, travel to the Yampara Indigenous community of Pisily, located in the rural highlands near Tarabuco. The Yampara are one of the country's oldest Andean peoples, known for their deep agricultural knowledge, ancestral weaving, and their strong relationship with the land. Hosted by a local indigenous family, the group will engage in seasonal agroecological activities, learn about sustainable practices within Andean farming, and hike

through one of the largest native Polylepis forest in Chuquisaca. You'll come away from this G Adventures-supported community initiative with deeper insight into the worldview of the Yampara, their climate resilience, and food sovereignty. Finish off the experience with a traditional apthapi, a communal Andean meal featuring foods like native potatoes, quinoa, wild mushrooms, and seasonal vegetables. More than just a meal, the apthapi represents abundance, hospitality, and a shared celebration between the local community and travellers.

Sucre Dinosaur Tracks Excursion

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

Day 24

## Sucre

One day in Sucre isn't enough, so take another free day to explore! Try optional activities such as hiking, mountain biking, a visit to the Textile Cooperative, or get up close and personal with real dinosaur tracks.



### Meals included

Breakfast



### Accommodation

Hotel Independencia (or similar)

Hotel



### Optional Activities - Day 24

Sucre Dinosaur Tracks Excursion

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

Sunday Tarabuco Market

Sucre

40USD

On a Sunday morning, the Tarabuco market offers a glimpse into daily Bolivian life and the diversity of its people. Where indigenous groups from the surrounding area gather on Sundays to sell their goods.

Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Mountain Biking

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

Day 25

## Sucre/Potosí

Venture south to Potosí, the highest city of its size in the world.

Staying in the Bolivian highlands, we travel south to the city of Potosí. The highest city of its size in the world, this UNESCO World Heritage Site has had a tumultuous history as a silver mining centre during colonial times.

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### Meals included

Breakfast

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### Accommodation

Hotel Gran Libertador (or similar)

Hotel

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### Today's Activities

Local Bus

Sucre - Potosí

2h30m

Climb aboard, grab a seat, and enjoy the ride.

Day 26

## Potosí

Get out and explore Potosí on a free day. Choose to take an excursion to the Potosí Mines led by former miners, visit the Casa de la Moneda or wander the streets and visit the local market.

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### Meals included

Breakfast

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### Accommodation

Hotel Gran Libertador (or similar)

Hotel

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### Today's Activities

Free Time

Potosí

Get out there and explore.

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### Optional Activities - Day 26

Potosí Mine Visit

Potosí

Visit the inside of Potosí's historic mines on a eye-opening tour guided exclusively by former miners. They will share their stories firsthand about life underground. This is the only experience in the region guided entirely by former minders who have pursued toursim as a way to build a safer and healthier alternative to life beneath the surface. Visit the miners' market, an ore processing plant, and walk through the tunnels of Cerro Rico, an iconic mountain in global history. As you go, learn more about the cultural and historical significance of mining in Bolivia, and how important it was in fueling the global economy. This activity is the perfect way to enjoy a G Adventures-supported, community-led experience aiding local efforts towards education and safety around this important piece of Bolivian history.

Bring a bandana and wear protective gear (boots, helmet and headlamp) as you head deep into the bowels of Cerro Rico (Rich Hill).

Please note there is an optional add-on to this activity. It's recommended to consider visiting the Royal Mint Museum to complete the story. Ask your CEO for more information.

Day 27

## Potosí/Uyuni

It's off to Uyuni today. Breathe in the beautiful scenery while relaxing in a private vehicle. Take it easy today because your next adventure is right around the corner!



### Meals included

Breakfast



### Accommodation

Hotel Samay Wasi (or similar)

Hotel



### Today's Activities

Private Vehicle

Potosí - Uyuni

4h

Settle in and scan the scenery from the convenience of a private vehicle.

## Uyuni/Salt Flats and Desert Crossing

Embark on a three-day 4x4 excursion to the Salar de Uyuni. Get your camera ready because the endless white of the salt flats creates the perfect backdrop for mindbending photo ops. Settle in to your G Adventures-supported community salt-brick bungalow – complete with salt floors and salt furniture, and enjoy a delicious dinner prepared with local ingredients.

Note: During the rainy season, the locations visited may change due to some routes being covered by water.

We offer unique accommodation on the Salar de Uyuni. Instead of very basic refuges and homestays most operators use, we have upgraded to simple hotels that are equipped with solar panels to provide electricity and hot water. Rooms are multi-share and each has a private bathroom. Meals are made from local ingredients, most of which are grown on-site.



### Meals included

Breakfast | Dinner



### Accommodation

Jukil Lodge (or similar)

Hotel



### Today's Activities

4x4

Uyuni - Salt Flats

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

## ACTIVITY

Visit the Santiago de Agencha community, located two hours across the salt flats from Uyuni, a rural village surrounded by towering cacti and part of a small desert oasis. The community-owned salt lodge was renovated and expanded through a major project in 2016 funded by G Adventures' foundation, Planeterra. With many of the village's younger residences fleeing for economic opportunities, this lodge is seen by the community as a way to rescue their indigenous culture and provide opportunities for the future. Learn about their traditional agricultural practices, including their specialization in quinoa production, and take a guided walk with a community member to the sacred Jukil mountaintop for a beautiful view of the village below and the salt flats beyond. Meals of local ingredients grown in the village are prepared by ladies who were provided culinary training through the project. Leave Jukil Community Lodge knowing your visit is creating opportunities for a whole new generation of people in this community to improve their lives, and the lives of their children and grandchildren.

Day 29

## Salt Flats and Desert Crossing

Continue crossing the desert today, admiring the scenery while passing red and blue lagoons and intriguing rock formations along the route. Keep an eye out and you might spot wild llamas, alpacas, and even flamingos deep within the desert.

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### Meals included

Breakfast | Lunch | Dinner

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### Accommodation

Quetana (or similar)

Lodge

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### Today's Activities

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

Day 30

## Salt Flats and Desert Crossing /San Pedro de Atacama

Get a head start on your day by rising early to cover more ground on your journey through the unique landscape of the Salar de Uyuni. Soak in the views of unimaginable scenery including volcanoes and salt lakes. Travel to the border then kick back and relax on your descent by bus to San Pedro de Atacama, Chile.



### Meals included

Breakfast | Lunch



### Accommodation

Hostal Puritama (or similar)

Hotel



### Today's Activities

4x4

Salt Flats - Estación Avaroa

1h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Border Crossing (Bolivia - Chile)

Hito Cajon

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Local Bus

Hito Cajon - San Pedro de Atacama

1h

Climb aboard, grab a seat, and enjoy the ride.



### Optional Activities - Day 30

Valley of the Moon Visit

San Pedro de Atacama

35000CLP

The sunset brings out a variety of colours over this majestic valley that experts say is the area on Earth that most closely resembles moon's surface. Explore the incredible formations created by wind and rain over millennia in this unique location between the Andes mountains and one of the world's driest deserts.

Day 31

## San Pedro de Atacama

Today is full of possibilities. Explore San Pedro de Atacama on a mountain bike, cruise down the dunes on a sandboard, or chill out in the hot springs. Or visit the Valley of the Moon, an area on Earth that resembles the moon's surface. (How cool is that?)

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### Accommodation

Hostal Puritama (or similar)

Hotel

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### Today's Activities

Free Time

San Pedro de Atacama

Get out and explore the area.



## Optional Activities - Day 31

Observatory Tour

San Pedro de Atacama

50000CLP

Gaze at the impressive desert stars from one of the best places to see them in the world and be guided on a planetary journey with an expert astronomer.

San Pedro de Atacama Hot Springs

San Pedro de Atacama

45000CLP

Relax in large geothermal pools surrounded by stunning desert landscapes and scenery.

Sandboarding

San Pedro de Atacama

45000CLP

Hit the dunes and experience the rush of surfing down.

Valley of the Moon Visit

San Pedro de Atacama

35000CLP

The sunset brings out a variety of colours over this majestic valley that experts say is the area on Earth that most closely resembles moon's surface. Explore the incredible formations created by wind and rain over millennia in this unique location between the Andes mountains and one of the world's driest deserts.

Day 32

## San Pedro de Atacama/Salta

Say "Adios!" to Chile because you're heading to Argentina today. Relax on the bus en route to Salta, home to empanadas salteñas—and no visit to the town is complete without trying them! Unwind at the hotel or liven it up with a visit to a Peña Folklore show to dance the night away and sip delicious Argentine red wine.



### Accommodation

La Candelaria Hotel (or similar)

Hotel



### Today's Activities

Local Bus

San Pedro de Atacama - Salta

10h

Climb aboard, grab a seat, and enjoy the ride.

Only one company operates this route each day and recently one of these companies has cancelled their services. If travel falls on a day without a bus, then please be aware that travel could be moved to Day 13. This means you would have 3 nights in San Pedro and one night in Salta.

Border Crossing (Chile - Argentina)

Paso de Jama

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.



### Optional Activities - Day 32

Peña Folklore Show

Salta

7000ARS

Enjoy a combination of local musical, dancing, wine and food at a peñas folklóricas. The performances can take place in restaurants, open-air squares or music halls and are usually very casual. While dancing the chacarera or zamba, any guitarist can jump on stage or start to sing. Dance the night away, try some delicious Argentine red wine and enjoy the great music.

Tantalize your tastebuds with the local cuisine today as you explore freely. Choose to saddle up and admire the scenery on horseback. Or, if you'd prefer, take a visit to the town of Cafayate to roam vineyards and sample some of the white wine produced at insanely high altitudes.



## Meals included

Breakfast



## Accommodation

La Candelaria Hotel (or similar)

Hotel



## Optional Activities - Day 33

Quebrada de las Conchas

Salta

Wind your way through valleys to the impressive layered red rock walls of the Quebrada de las Conchas, carved into high walls over time by the Las Conchas River. This is a spectacular sight, so be sure to take a few photos.

Cafayate Full Day Tour

Salta

35USD

Travel along beautiful valleys and stop by the Quebrada de las Conchas, a beautiful red rock gorge with unique shapes eroded into its walls by wind and water. Continue on to the town of Cafayate, home to several vineyards and wineries that produce the torrontes grape. Be sure to sample some of this white wine that is produced at remarkably high altitudes. Salud!

Museum of High Altitude Archeology

Salta

8000ARS

The Museum of High Altitude Archeology offers a peek into Inca culture in the Andes, with a focus on child sacrifices. The mummified remains of one such sacrifice is on display in the museum.

Horseback Riding and BBQ

Salta

75USD

Admire the scenery while your ride slowly carries you across hills and along trails in the countryside.

Day 34

## Salta/Buenos Aires

Skip the long bus journey with a quick flight to Buenos Aires. Spend the afternoon exploring the city. Cruise around on a bike with a local or dine on a traditional Argentine meal while experiencing the art of the tango.

Opt to pre-book the "Buenos Aires Tango Experience" on the checkout page ahead of time to include it on your tour.



### Meals included

Breakfast



### Accommodation

Milhouse Avenue Hostal (or similar)

Hotel



### Today's Activities

Plane

Salta - Buenos Aires

5h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Buenos Aires

Get out and explore beautiful Buenos Aires.



### Optional Activities - Day 34

Teatro Colón Tour

Buenos Aires

25USD

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Tango Dinner Show

Buenos Aires

Discover the passion of tango. Watch the pros step and slide around the dance floor while you dine on a traditional Argentine dinner. Get lost in the music, savour the sensuality, and see why this traditional dance continues to ignite the senses of locals and visitors alike.

Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

Day 35

## Buenos Aires

Depart at any time.

Consider booking post-tour accommodation to further explore fascinating Buenos Aires.

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### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

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### Optional Activities - Day 35

Teatro Colón Tour

Buenos Aires

25USD

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Cerrito 1128

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

La Boca Neighbourhood Visit

Buenos Aires

10USD

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

## What's included

- Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo
- Your G for Good Moment: Handmade Biodegradable Soap Products
- Your G for Good Moment: Lake Titicaca Homestay, Lake Titicaca
- Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Agencha
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Foodie Moment: Pachamanca, Nazca
- Your Discover Moment: Cusco
- Your Foodie Moment: Sacred Valley Brewery, Ollantaytambo
- Your Big Night Out Moment: Cusco
- Your Discover Moment: Sucre
- Your Discover Moment: Salta
- Sunset sandboarding & dune buggies (Huacachina)
- Pachamanca-style dinner (Nazca)
- Colca Canyon excursion
- Guided tour of Machu Picchu
- Lares Trek hike with a local guide and cook (3 days)
- Lake Titicaca excursion
- Salar de Uyuni and surrounding area excursion (3 days)
- Internal flight
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Sandboard the desert dunes of Huacachina, Spot condors at Colca Canyon, conquer the Lares Trek on the way to Machu Picchu, experience traditional life on Lake Titicaca, cross the Salar de Uyuni, the world's largest salt flat, on a 4x4 excursion

## Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

## What are the main highlights of this trip?

Sandboard the desert dunes of Huacachina, Spot condors at Colca Canyon, conquer the Lares Trek on the way to Machu Picchu, experience traditional life on Lake Titicaca, cross the Salar de Uyuni, the world's largest salt flat, on a 4x4 excursion

## Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Are there Itinerary notes?**

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

# What important notes should I be aware of before the trip?

## 1. MACHU PICCHU CIRCUITS

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

## 2. INCA TRAIL REGULATIONS

The rules and regulations controlling the Inca Trail and Machu Picchu are continually changing. Before embarking on your adventure to Peru it is very important that you familiarize yourself with the Inca Trail booking policies and guidelines as described in a document available on our website, at the following URL [address](#).

## 3. MACHU PICCHU REGULATIONS

Current and correct passport details are required at time of confirmation. For more details please see the following [page](#). Please note that regulations have been implemented for all visitors to Machu Picchu which require that different circuits be followed within the site as a way to relieve crowding. The new circuit-based entrance tickets are available on a first come first serve basis. We will do all that is possible to get everyone traveling in a group on the same route, but be aware that it is possible that members of the same group might be visiting Machu Picchu on a different circuit and not be together during this visit. Rest assured that regardless of the circuit you will enjoy the beauty and grandeur of the site. Travellers completing the 4 day, 3 night Inca Trail will be on Circuit 5 upon reaching the site of Machu Picchu.

## 4. MACHU PICCHU BY TRAIN - OPTIONAL

Please advise at time of booking if you do not wish to hike the Inca Trail. Instead, you will have 2 nights in Cusco, travel by train for a night in Aguas Calientes, and join the hikers for the tour of Machu Picchu.

## 5. INCA TRAIL MAINTENANCE

Portions of the Inca Trail will be closed for general maintenance during the month of February each year. Also, closures may occur at various times throughout the year due to inclement weather or other conditions beyond our control. During these periods, any tour affected will hike the Lares Trek.

## 6. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

## 7. PORTERS

In our continued effort to support the rights of the porters on the Inca Trail, we would like ensure that they never exceed the weight limit for their packs as set out by the Peruvian authorities. Porters are allowed to carry no more than 6kg of personal belongings per hiker (for all other Peru treks the limit is 7kg). That means that including your sleeping bag, toiletries, clothing, etc, you are allowed a total weight of 6kg for the hike which will be carried in a duffle bag provided by our local office. Any additional weight must then be carried by you in your day pack. To help achieve this goal we recommend that you carry travel sized toiletries, that you bring sport sandals that can be worn with socks (which are lighter than running/walking shoes) and that you limit electronics to those that you are willing to carry. Any additional baggage can be left in Cusco, but is advised that you bring anything of value (eg. money, passport, credit cards, camera, etc) with you on the trek.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, please see the Tipping section for guidelines.

## 8. YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

## 9. WET SEASON

Please be advised during the wet season (Jan - April) if there are periods of severe rain some of the campsites on the Inca Trail may become unusable. In the interest of your safety, there may be changes made locally to the trekking itinerary if the conditions of the campsites are assessed to be unsafe.

## 10. GROUP DYNAMICS

Please note, in most cases, the entire group will not be hiking the Inca Trail together. Members of the group may choose to hike the Lares Trek or spend additional time in Cusco and the Sacred Valley instead of hiking. If you have chosen the Lares Trek or Cusco Stay you may be paired with members of other G Adventures groups for the trek, transportation, and activities included.

## 11. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

## 12. Wifi

Please note that there will be no wifi and limited cellular service available for much of the trek.

## 13. LUGGAGE

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ars 3199 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

## What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## How large will the group be?

Max 18, avg 14.

## What meals are included in this trip?

26 breakfasts, 7 lunches, 5 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the expedition ship Explorer or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Public bus, train, hiking, plane, 4WD truck.

## Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ARS 3199 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

## **Is there an extra cost for travelling solo?**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Simple hotels (21 nts), hostels (5 nts, multi-share), overnight buses (3 nts), camping (2 nts), homestay (1 nt), G Adventures-supported community lodge/basic hotels on Salar de Uyuni excursion (2 nts, multi-share).

## **Do any exceptions apply to Rooming or “My Own Room” on my tour?**

Night 2: Huacachina, Night 4: overnight bus, Nights 6-7: Colca Canyon, Night 8: overnight bus, Nights 9-10 and 15-16: Cusco, Nights 11-13: Inca Trail, Night 18: Lake Titicaca homestay, Night 22: overnight bus, Nights 28-29: Salar de Uyuni, Nights 34-35: Buenos Aires, Nights 40-41: Estancia, Night 42: overnight bus, Nights 49-50: Rio de Janeiro.

## **What kind of accommodation can I expect on this trip?**

Accommodation will be varied throughout your adventure. Some nights on this tour will be multi-share. This may involve 4-6 group members sharing a room. The majority of accommodation will have shared bathroom facilities.

Where we use multi-share hostels, rooming requests of any kind cannot be taken. For private accommodation please see tours in our Classic Travel Style.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 or 01 241 1650 (from mobile within Peru) or 241 1650 (from payphone within Peru)

After hours Emergency number: +51 99 758 2712, (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## **Are there any additional packing suggestions I should consider?**

Most people automatically assume that the weather is hot in South America however the weather varies greatly. Be prepared for rain and thunder storms in the wet season (from December to March), especially in the Amazon. Temperatures of -10C and lower are frequent around Uyuni and the Altiplano (high plateau). It is best to layer clothes rather than wearing a heavy parka. This allows you to accommodate clothing to varying degrees of temperatures and wet/dry/windy weather conditions.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

# What should be on my packing list?

## Available for Rent During Your Trek Briefing (Payment only by Credit Card):

- Camping mattress/sleep mat (45 soles)
- Sleeping bag (45 soles)
- Walking poles (15 soles each (30 per pair))

## Cold Weather:

- Long-sleeved shirts or sweater
- Warm gloves
- Warm layers
- Scarf
- Warm hat
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### **Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Inca Trail:**

- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Pack liners to waterproof bags
- Rain gear
- Sleeping bag (Also available for rent)
- Thermal base layer
- Travel pillow
- Walking poles, rubber-tipped (Also available for rent)
- Waterproof hiking boots

### **Warm Weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The best clothing for trekking is either wool or synthetic materials in layers, as this is quick-drying and can keep heat in better. We suggest a base-layer, then a mid-layer such as a light fleece jacket or similar, then a windproof and waterproof layer. Please note for trekking rentals credit cards are the preferred method of payment. For trips that include the Inca Trail, the duffel bags provided are NOT waterproof and you must bring bags or liners to protect your belongings from rain.

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## **What are the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note when applying for your Bolivian e-visa, you must choose "CEBAF" as your entry point.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

The currency in Argentina is the Argentine Peso (ARS), in Chile the Chilean Peso (CLP), in Bolivia the Boliviano (BOB), and in Peru the Nuevo Sol (PEN).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and in the case of Argentina, more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

Most airlines include departure tax in the cost of the ticket. If this is not included then it should be mentioned in your flight booking confirmation

## Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however, as a guideline, we suggest each hiker contributes the following to a collective pool.

Inca Trail:

Head guide: 15-30 USD

Assistant guide: 10-20 USD

Your trekking crew: 40 USD

Lares Trek:

Head guide: 15-30 USD

Assistant guide: 5-15 USD

Your trekking crew: 35 USD

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# What activities are optional on this trip?

## Lima

- Lima Cooking Class (4hrs)
- Lima City Tour (40USD per person)

## Nazca

- Nazca Desert Cemetery and Potter's Studio Guided Tour (90PEN per person)
- Flight over Nazca Lines

## Arequipa

- Juanita Museum (60PEN per person)
- AlaSeña Meal Experience with Peruvian Sign Lanuage
- Santa Catalina Monastery Visit (60PEN per person)
- Arequipa City Tour

## Chivay

- Hot Springs (15PEN per person)

## Cusco

- Inka Museum (10PEN per person)
- Cusco City Tour (45PEN per person)
- Cusco Tourist Ticket (130PEN per person)
- La Merced Visit
- Rainbow Mountain Hike - Full-day Trip
- Cusco Cooking Class

## Puno

- Sillustani Burial Towers Entrance (59PEN per person)

## Lake Titicaca

- Lake Titicaca Kayaking

## La Paz

- La Paz City Tour (35USD per person)
- Valley of the Moon Tour (15USD per person)
- Witches' Market Visit
- Death Road Biking Adventure

## Sucre

- Sunday Tarabuco Market (40USD per person)
- Mountain Biking
- Sucre Dinosaur Tracks Excursion
- Hiking
- Rewilding Yampara: Walks Through Culture and Forest

## Potosí

- Potosí Mine Visit

## San Pedro de Atacama

- Valley of the Moon Visit (35000CLP per person)
- San Pedro de Atacama Hot Springs (45000CLP per person)
- Observatory Tour (50000CLP per person)
- Sandboarding (45000CLP per person)

## Salta

- Peña Folklore Show (7000ARS per person)
- Cafayate Full Day Tour (35USD per person)
- Horseback Riding and BBQ (75USD per person)
- Quebrada de las Conchas
- Museum of High Altitude Archeology (8000ARS per person)

## Buenos Aires

- Teatro Colón Tour (25USD per person)
- Buenos Aires Guided City Tour
- La Boca Neighbourhood Visit (10USD per person)
- Tango Dinner Show
- Buenos Aires Bike Tour

## **Are there any health considerations I should know before travelling?**

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

Minimum age of 18 years for this trip.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

# What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.