



Mekong River Encompassed – Siem Reap to Ho Chi Minh City

10 days, Siem Reap to Ho Chi Minh City

Trip code AOLZSE

What's included

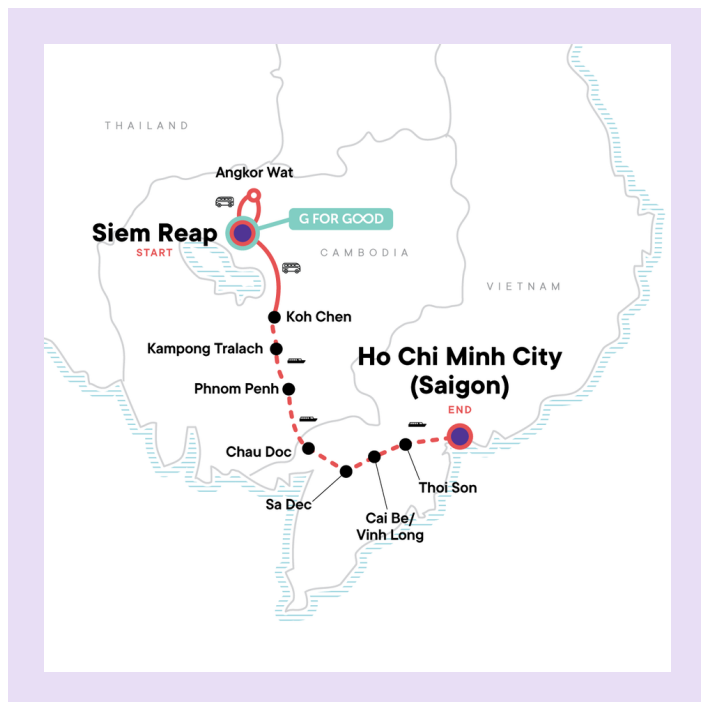
- Your G for Good Moment: New Hope Vocational Training Restaurant, Siem Reap
- Your Welcome Moment: Meet Your CEO and Group
- Arrival transfer
- 7 nts aboard the Toum Tiou II Riverboat
- Sunrise tour of Angkor Wat
- Kampong Chhnang visit
- Vihara and pagoda visit (Kampong Tralach)
- Koh Chen island visit including cottage industries
- Cyclo tour (Phnom Penh)
- Choeung Ek (Killing Fields) guided tour
- Tuol Sleng Museum (S-21 Prison) guided tour
- Apsara show
- Tra Su Bird Sanctuary visit
- Sam Mountain sunset visit
- Kien An Cung Pagoda visit (Sa Dec)
- Vinh Long excursion
- Vinh Trang Pagoda visit
- Thoi Son Island cottage industries tour
- Options to cycle to excursions along the way
- Farewell cocktail and Captain's dinner
- Cu Chi Tunnels guided visit
- All transport to/from included activities and between destinations

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing February 4th, 2019 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Siem Reap

Arrive at any time. Arrival transfer included.

There are no activities planned until an evening welcome meeting.



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Siem Reap/Koh Chen

Visit Angkor Wat at sunrise and continue exploring with a local guide. Enjoy lunch at the G Adventures-supported New Hope project. This afternoon, transfer to Koh Chen, then settle in as the crew set sail.

Start early today with a 4:30am departure for Angkor Wat to watch the sunrise. Return to the hotel for breakfast before exploring more of the temples. Enjoy lunch at New Hope, a G Adventures-supported project.

After lunch, transfer to Koh Chen in a private vehicle. Board the riverboat by early evening, then enjoy a welcome beverage and get to know the crew during an informational meeting before dinner.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Angkor Wat Guided Tour

Angkor Wat

Enjoy a tour of the impressive ancient ruins with a local guide. Explore magnificent Angkor Wat temple--Visit the enigmatic faces of Bayon within the walled city of Angkor Thom, and tour Ta Prohm (aka the "Tomb Raider" temple), which is slowly being swallowed by the jungle.

ACTIVITY

Enjoy a traditional meal of Khmer food at the New Hope Vocational Training Restaurant, an initiative kickstarted by G Adventures. Providing skill-building opportunities to marginalized community members, the project also funds the adjacent free community school and health centre. Visit the restaurant run by locals and see how the New Hope project has supported positive change in the community.

Private Vehicle

Siem Reap - Koh Chen

5h

285km

Settle in and scan the scenery from the convenience of a private vehicle.

Riverboat Welcome Meeting

Welcome aboard! It's time to meet the crew and get some information about the cruise.

Day 3

Koh Chen/Kampong Chhnang

Enjoy the morning in Koh Chen, an island in the river. Visit silver and copper workshops and meet a Khmer Rouge survivor eager to tell his story. Then, continue on to one of the biggest villages on the

Tonle Sap River, Kampong Chhnang. Learn more about fish farming, pottery, and sugar palm production in the area. Wander through the local market then opt to cycle to visit the local industries.

After the day's excursions, enjoy dinner on board and relax as the riverboat drops anchor for the night.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Koh Chen Visit

Koh Chen – Kampong Chhnang

Visit the small town of Koh Chen. Wander through the streets and visit family run silver and copper workshops. Watch the craftsmen and learn about the process. If possible, meet a Khmer Rouge survivor eager to share his story.

Toum Tiou II Riverboat

Koh Chen – Kampong Chhnang

Hop aboard and float on to the next stop.

Kampong Chhnang Visit

Kampong Chhnang – Chnok Tru

Located around 56 miles from Phnom Penh, the town of Kampong Chhnang is a very large fishing port on the Tonlé Sap. A lot of locals make a living from fish farming, a popular occupation in this area. Kampong Chhnang is also famous for its pottery ware, the style of which has not changed much for centuries and is distributed to the rest of the country. Wander through the local market, and head out to explore a family run brick factory to watch the process. Continue to visit the locals and observe the process of hand making pottery.

Before heading back to the riverboat, explore a sugar palm farm where the Thnot tree (sugar palm) that abounds in the area is used to create a mellow tasting, caramel coloured sugar sold in large cakes and palm wine.

Day 4

Kampong Chhnang/Phnom Penh

Embark on an early morning cruise to Kampong Tralach and visit the local vihara (Buddhist monastery) and Wat Kampong Tralach Leu pagoda. Opt to cycle, or ride in a tuk tuk or buffalo cart, through the village and past rice paddies to reach the monastery. This afternoon, continue to the

capital city of Phnom Penh. Take a cyclo tour past sights like Wat Phnom and the Grand Palace. Opt to finish up at the FCC for a happy hour cocktail overlooking the river or for dinner in town.



Meals included

Breakfast | Lunch



Today's Activities

Toum Tiou II Riverboat

Kampong Chhnang – Kâmpóng Trâlach

Hop aboard and float on to the next stop.

Kampong Tralach Visit

Kâmpóng Trâlach – Kampong Chhnang

Arrive at Kampong Tralach and visit its wonderful Vihara (Buddhist Monastery) and Wat Kampong Tralach Leu pagoda. Travel through Kampong Tralach Krom village along a small road perpendicular to the river, crossing beautiful stretches of emerald rice paddies. The Vihara dates back to early last century and is home to some outstanding mural paintings. Standing isolated in the middle of the rice fields, it is a modest pagoda that receives very few international visitors, enjoy this truly unique experience.

Toum Tiou II Riverboat

Kâmpóng Trâlach – Phnom Penh

Hop aboard and float on to the next stop.

Phnom Penh Cyclo Tour

Phnom Penh

45m-1h

Settle in a traditional cyclo and depart from Wat Phnom. Tour busy streets to soak up the real vibe of the city. Pass the post office and Van's restaurant, both stunning colonial buildings, and make your way to the Royal Palace and National Museum. Go along the riverside road and take in the atmospheric cafes that line the street.

Free Time

Phnom Penh

Explore Cambodia's charming capital city.

Spend the day exploring all this city has to offer. Start with guided visits to the S21 Museum and the Killing Fields. Enjoy free time to explore the National Museum, Grand Palace or Russian Market. In the evening, return to the boat for an Apsara show before departure.



Meals included

Breakfast | Dinner



Today's Activities

Tuol Sleng Museum (S-21 Prison) Guided Tour

Phnom Penh

Learn about the dark history and devastation that occurred at Security Prison 21 (S-21); the prison, used by the Khmer Rouge regime, is now Tuol Sleng Museum. Take a guided tour to hear the stories behind the sombre photos lining the museum walls.

Choeung Ek (Killing Fields) Guided Tour

Phnom Penh

Learn more about the atrocities of the Khmer Rouge visiting the killing fields of Choeung Ek; the grounds now stand as a powerful memorial filled with victims' skulls and mass graves. Tour this sombre, yet serene, site with a guide.

Free Time

Phnom Penh

Discover more of this dynamic city.

Apsara Show

Phnom Penh

Sit back and enjoy a performance of traditional Khmer dance.



Optional Activities - Day 5

Silver Pagoda Visit

Phnom Penh

10USD

Tour the Royal Palace complex to see the neighboring Silver Pagoda (aka the Temple of the Emerald Buddha). See the many magnificent treasures inside this beautiful vihara (Buddhist monastery), including its floor lined with more 5,000 tiles of silver.

Russian Market

Phnom Penh

Visit the Russian Market for a selection of souvenir stalls along with jewellers and fabric sellers.

National Museum Visit

Phnom Penh

10USD

Wander the galleries of the National Museum to see amazing works of art from Cambodia's "golden age" of Angkor. Visit the museum's lovely courtyard before you leave.

Wat Phnom Visit

Phnom Penh

1USD

Visit Wat Phnom (Hill Temple) in late afternoon, a historic monument with lots of green space. Keep an eye on your food and belongings; cheeky monkeys like to get a hold of anything they can.

Royal Palace & Silver Pagoda Visit

Phnom Penh

10USD

Visit the Royal Palace, a complex of buildings where the kings of Cambodia have resided since the 1860s (except for during the reign of the Khmer Rouge). Be sure to tour the Silver Pagoda compound (aka the Temple of the Emerald Buddha) and the central compound. See the many magnificent treasures inside this beautiful vihara (Buddhist monastery), including its floor lined with more 5,000 tiles of silver.

Day 6

Phnom Penh/Sadek

Cross the border into Vietnam and cruise to Chau Doc. Visit the Tra Su Bird Sanctuary and soak in the view from the top of Sam Mountain.

During border crossing all passengers must stay on board as formalities are done on the riverboat. The boat will usually stay at the border for 2-3 hrs whilst all formalities are completed. Depending on time spent at the border, the itinerary for the afternoon may vary. Although this process is usually quite simple, delays can occur. Please note for visa purposes that the official name of the border in Vietnam is Son Tien border and in Cambodia it is Kaam Samnar border.



Meals included

Breakfast | Dinner



Today's Activities

Toum Tiou II Riverboat

Phnom Penh – Châu Đốc

Hop aboard and float on to the next stop.

Border Crossing (Cambodia - Vietnam)

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Tra Su Bird Sanctuary Visit

Châu Đốc – Thị Xã Châu Đốc

Visit the Tra Su Bird Sanctuary and explore first by power boat, followed by small local rowing boats. Take in the serene scenery and spot a wide array of birds.

Sam Mountain Visit

Châu Đốc – Thị Xã Châu Đốc

Travel to Sam Mountain by private vehicle and enjoy views of the surrounding landscape from the summit.

Toum Tiou II Riverboat

Châu Đốc – Sadek

Hop aboard and float on to the next stop.

Day 7

Sadek/Mỹ Tho

Visit the Kien An Cung Pagoda in Sa Dec and take the time to stroll through the market along the river. View the old colonial houses by the delta. Continue on to Vinh Long. Learn about rice popping and opt to wander small paths through the communities here. Continue to Cai Be by local boats and meet up with the vessel. Drop anchor tonight near Thoi Son Island.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Sa Dec Visit

Sadek

Stroll around the Sa Dec river bank and through the Sa Dec market. This small city of 30,000 inhabitants is fascinating due to its unspoiled authenticity and the fact it remains relatively undisturbed by tourists. It provides a glimpse of traditional life on the Mekong, complete with tree lined streets and fading colonial villas.

Toum Tiou II Riverboat

Sadek - Vĩnh Long

Hop aboard and float on to the next stop.

Vinh Long Visit

Vĩnh Long - Cái Bè

Board local boats and explore Vinh Long. Learn about rice popping and opt to meander small paths through the communities here. Continue on to Cai Be by local boat and rejoin the riverboat.

Toum Tiou II Riverboat

Cái Bè - Mỹ Tho

Hop aboard and float on to the next stop.

Day 8

Mỹ Tho

Visit Vinh Trang Pagoda in the morning, catching a glimpse of My Tho town on the way. Cruise to Thoi Son Island by local boats for some local industry visits. Enjoy learning more about coconut product manufacturing and honey farming, with samples of honey and local fruit. Meet traditional musicians here. Opt for a local lunch on the island. Enjoy a farewell cocktail on board before the Captain's dinner.



Meals included

Breakfast | Dinner



Today's Activities

Vĩnh Trang Pagoda Visit

Mỹ Tho

Explore the buddhist temple of Vĩnh Tràng. Known for its enormous buddha statues and peaceful surroundings. The monks here maintain an ornate, gilded wood sanctuary, and tend to the impressive gardens.

Coconut Manufacturing Visit

Xã Thới Sơn

Take local boats to Thoi Son Island to see a coconut product manufacturer, taste some local fruit and honey and meet traditional musicians.

Day 9

Mỹ Tho/Ho Chi Minh City

Continue the final leg of the journey to Ho Chi Minh City. Arrive around 11am and disembark. Later, visit the Cu Chi Tunnels.



Meals included

Breakfast



Today's Activities

Toum Tiou II Riverboat

Mỹ Tho - Ho Chi Minh City

Hop aboard and float on to the next stop.

Cu Chi Tunnels Guided Tour

Củ Chi

Take a guided tour of the Cu Chi Tunnels, a complex network of tunnels that the Viet Cong lived in to protect themselves from opposing forces during the Vietnam War. Try crawling through some of the tunnels (if you're not claustrophobic). These tunnels stored ammunition, had underground hospitals, and served as a hidden base for attacking allied forces.

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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- Farewell cocktail and Captain's dinner

● Cu Chi Tunnels guided visit

● All transport to/from included activities and between destinations

What are the main highlights of this trip?

Explore Angkor Wat and the Cu Chi Tunnels, visit ancient temples and small villages, enjoy the atmosphere of a floating market, learn about life along this famous river

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

2. LOW WATER ITINERARY

While it is our intention to follow the itinerary as advertised, some modifications to the itinerary are occasionally needed to reach Siem Reap while water levels are very low (March - August). The Toum Tiou II was built with a steel hull and sleek low draft, so occasions like this are rare. If changes need to be made, they may involve docking the boat just before Siem Reap and using overland transportation to reach the final destination.

3. RIVERBOAT PAYMENT METHOD

Only cash is accepted for payment aboard the riverboat. There are several locations along the riverboat route with ATMs that dispense USD or VND.

What is the maximum and typical number of participants on this tour?

Max 28

What meals are included in this trip?

9 breakfasts, 4 lunches, 6 dinners

What are the modes of transportation on my trip?

Toum Tiou II Riverboat, private vehicles, cyclo, walking.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Aboard the Toum Tiou II Riverboat (7 nts), hotels (2 nts).

What should I expect from the accommodations on this trip?

Cabins on board the Toum Tiou II all have exterior view windows and private bathrooms.

125 ft. (38m) Riverboat.

Built: 2008

Flag: Cambodian

Draft: 1.8m

Engine power: 450 HP

Speed: 11 Knots

Capacity: 28 Passengers

Cabins: 14 - 6 upper, 8 main

Boat Layout: Large screen television in lounge showing movies nightly. Library with classic literature, Wifi in public areas, outdoor dining and lounge areas with comfortable seating.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name.

Please note that Day 1 is an arrival day and no activities have been planned, so you may arrive at any time. Similarly the last day is a departure day in which no activities are planned.

A G Adventures representative will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, they will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Office and then our G Adventures Local Representative (if one is listed below). If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

During Office hours (Weekdays, 9am-5pm Local Time)

From outside Thailand: +66 2 508 8630

From within Thailand: 02 508 8630

After hours emergency number

From outside Thailand: +66 87 049 6074

From within Thailand: 087 049 6074

G Adventures Local Representative (Cambodia)

During Office hours (Weekdays, 9am-5pm Local Time): +855 12 893 049

After Hours Emergency number : +855 69 777 367

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What are the packing guidelines and luggage restrictions?

Most airlines allow up to two checked bags and one carry-on per person. To avoid any problems upon check-in and with possible excess baggage charges, please consult the airline for specific restrictions.

Dress on board the Toum Tiou II is informal. Plan to bring comfortable, casual clothing for all activities. When packing, we suggest that you do not weigh yourself down with too many clothes or too much gear. Select informal, practical attire that can be worn in layers.

What should I pack for this trip?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

On-board laundry service is offered for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

CAMBODIA - Visas can be obtained in advance from your local Embassy or on arrival in Bangkok (if your tour begins in Thailand). You will need at least one full working day to arrange this. You can also obtain your visa at the Cambodian border or Siem Reap Airport for approx. \$30 USD very easily. Please have *at least* 2 passport photos with you as well.

VIETNAM - If you require a visa for Vietnam, they need to be arranged ahead of time (BEFORE your trip) as the processing time varies and they are not available upon arrival.

If you are entering Vietnam by land border, please apply for a regular visa for Vietnam. Many of the land borders we travel through do not accept the Vietnam E-Visa.

Where can I read detailed notes about this trip?

Border crossings during the AOLZSE:

Kaam Sam Nar Border - Cambodia to Vietnam

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What are the tipping guidelines for this trip?

In Asia, it is customary to tip service providers, such as waiters, at approximately 10%, depending on the service. Tipping is expected – though not compulsory – and expresses satisfaction with the people who have assisted you on your tour. If you have a local guide or a driver on your tour, tipping \$2-5 USD (in local currency) per person, per service is recommended. If someone helps you carry a bag, you can offer to tip a few USD (in local currency) if you feel it is deserved. Ask your CEO for specific advice if you are unsure.

If at the end of the riverboat sailing you find the staff on board were exceptional, a tip of \$5-10 USD per day is recommended. You can leave this tip at the end of the riverboat portion of your tour.

At the end of each tour if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however, as a guideline \$20-30 USD per person, per week can be used.

What activities are optional on this trip?

Phnom Penh

- Silver Pagoda Visit (10USD per person)
- National Museum Visit (10USD per person)
- Royal Palace & Silver Pagoda Visit (10USD per person)
- Russian Market
- Wat Phnom Visit (1USD per person)

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What are the mandatory travel insurance requirements for this trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.