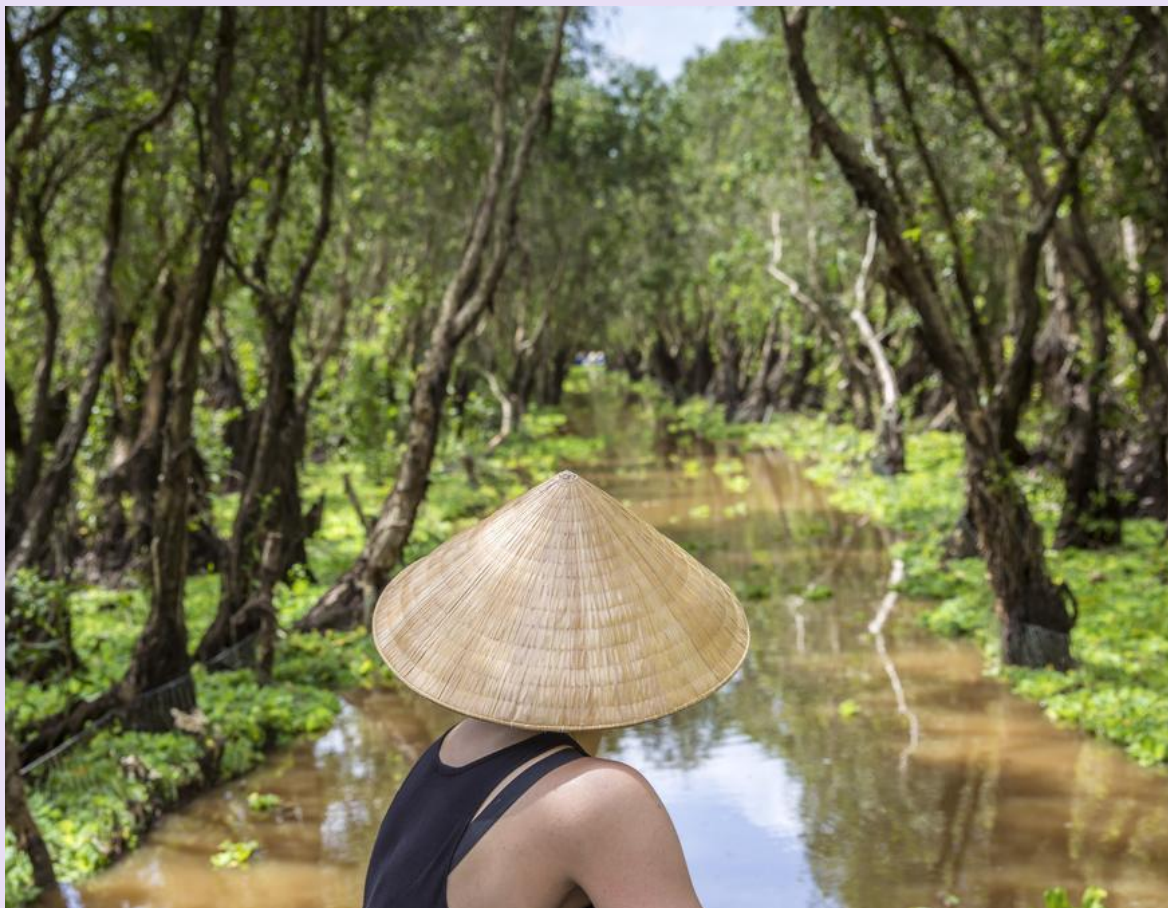


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x

Sorry! There are no remaining departures for "Mekong River Experience – Siem Reap to Ho Chi Minh City" (AOVZSE), [but here are some similar trips](#).



Mekong River Experience – Siem Reap to Ho Chi Minh City

8 days, Siem Reap to Ho Chi Minh City

Trip code AOVZSE

What's included

- 7 nights aboard the Toum Tiou II Riverboat
- Chhnok Tru floating village visit
- Kampong Chhnang visit
- Vihara and pagoda visit (Kampong Tralach)
- Koh Chen island visit include cottage industries
- Cyclo tour (Phnom Penh)
- Choeung Ek (Killing Fields) guided tour
- Tuol Sleng Museum (S-21 Prison) guided tour
- Apsara show
- Tra Su Bird Sanctuary visit
- Sam Mountain sunset visit
- Kien An Cung Pagoda visit (Sa Dec)
- Vinh Long excursion
- Vinh Trang Pagoda visit
- Thoi Son Island cottage industries tour
- Farewell cocktail and Captain's Dinner
- All transport to/from included activities and between destinations

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 28th, 2015 - December 31st, 2016

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Siem Reap/Chnok Tru

Embark around 2:30pm at the Phnom Krom pier. Once on board, settle in as the crew set sail for Chnok Tru.

Embark around 2:30pm. Once on board, enjoy a welcome beverage and get to know the crew during an informational meeting before dinner on board.

When water levels are too low (possible from mid December to mid August) it may not be possible to embark at the port in Siem Reap. Alternatively, the group will transfer from Siem Reap to Koh Chen by bus and embark at Koh Chen at approximately 6:30pm.



Meals included

Dinner



Today's Activities

Riverboat Welcome Meeting

Welcome aboard! It's time to meet the crew and get some information about the cruise.

Toum Tiou II Riverboat

Siem Reap - Chnok Tru

Hop aboard and float on to the next stop.

Day 2

Chnok Tru/Kampong Chhnang

Visit one of the biggest floating villages on the Tonle Sap River, Chnok Tru, before continuing on to Kampong Chhnang. Learn more about the fish farming, pottery, and sugar palm production in the area. Wander through the local market then opt to cycle to visit the local industries.

After the day's excursions, enjoy dinner on board and relax as the riverboat drops anchor for the night.

When water levels are too low (possible from mid December to mid August) it may not be possible to visit the floating village at Chnok Tru. Alternatively, the group will visit a floating village at Kampong Chhnang and anchor near Koh Chen.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Floating Village Visit

Chnok Tru

Hop in a local boat to visit one of the largest floating villages on the river.

Toum Tiou II Riverboat

Chnok Tru - Kampong Chhnang

Hop aboard and float on to the next stop.

Kampong Chhnang Visit

Kampong Chhnang - Chnok Tru

Located around 56 miles from Phnom Penh, the town of Kampong Chhnang is a very large fishing port on the Tonlé Sap. A lot of locals make a living from fish farming, a popular occupation in this area.

Kampong Chhnang is also famous for its pottery ware, the style of which has not changed much for centuries and is distributed to the rest of the country. Wander through the local market, and head out to explore a family run brick factory to watch the process. Continue to visit the locals and observe the process of hand making pottery.

Before heading back to the riverboat, explore a sugar palm farm where the Thnot tree (sugar palm) that abounds in the area is used to create a mellow tasting, caramel coloured sugar sold in large cakes and palm wine.

Arrive early at Kampong Tralach and visit the local vihara (Buddhist monastery) and Wat Kampong Tralach Leu pagoda. Opt to cycle, or ride in a tuk tuk or buffalo cart, through the village and past rice paddies to reach the monastery. Return to the vessel and continue on to Koh Chen, an island in the river. Visit silver and copper workshops and meet a Khmer Rouge survivor eager to tell his story. Continue to the capital city of Phnom Penh. Take a cyclo tour past sights like Wat Phnom and the Grand Palace. Opt to finish up at the FCC for a happy hour cocktail overlooking the river or for dinner in town.



Meals included

Breakfast | Lunch



Today's Activities

Toum Tiou II Riverboat

Kampong Chhnang – Kâmpóng Trâlach

Hop aboard and float on to the next stop.

Kampong Tralach Visit

Kâmpóng Trâlach – Kampong Chhnang

Arrive at Kampong Tralach and visit its wonderful Vihara (Buddhist Monastery) and Wat Kampong Tralach Leu pagoda. Travel through Kampong Tralach Krom village along a small road perpendicular to the river, crossing beautiful stretches of emerald rice paddies. The Vihara dates back to early last century and is home to some outstanding mural paintings. Standing isolated in the middle of the rice fields, it is a modest pagoda that receives very few international visitors, enjoy this truly unique experience.

Toum Tiou II Riverboat

Kâmpóng Trâlach – Koh Chen

Hop aboard and float on to the next stop.

Koh Chen Visit

Koh Chen – Kampong Chhnang

Visit the small town of Koh Chen. Wander through the streets and visit family run silver and copper workshops. Watch the craftsmen and learn about the process. If possible, meet a Khmer Rouge survivor eager to share his story.

Toum Tiou II Riverboat

Koh Chen – Phnom Penh

Hop aboard and float on to the next stop.

Phnom Penh Cyclo Tour

Phnom Penh

45m-1h

Settle in a traditional cyclo and depart from Wat Phnom. Tour busy streets to soak up the real vibe of the city. Pass the post office and Van's restaurant, both stunning colonial buildings, and make your way to the Royal Palace and National Museum. Go along the riverside road and take in the atmospheric cafes that line the street.

Free Time

Phnom Penh

Explore Cambodia's charming capital city.

Day 4

Phnom Penh

Spend the day exploring all this city has to offer. Start with guided visits to the S21 Museum and the Killing Fields. Enjoy free time to explore the National Museum, Grand Palace or Russian Market. In the evening, return to the boat for an Apsara show before departure.



Meals included

Breakfast | Dinner



Today's Activities

Tuol Sleng Museum (S-21 Prison) Guided Tour

Phnom Penh

Learn about the dark history and devastation that occurred at Security Prison 21 (S-21); the prison, used by the Khmer Rouge regime, is now Tuol Sleng Museum. Take a guided tour to hear the stories behind the sombre photos lining the museum walls.

Choeung Ek (Killing Fields) Guided Tour

Phnom Penh

Learn more about the atrocities of the Khmer Rouge visiting the killing fields of Choeung Ek; the grounds now stand as a powerful memorial filled with victims' skulls and mass graves. Tour this sombre, yet serene, site with a guide.

Free Time

Phnom Penh

Discover more of this dynamic city.

Apsara Show

Phnom Penh

Sit back and enjoy a performance of traditional Khmer dance.



Optional Activities - Day 4

Silver Pagoda Visit

Phnom Penh

10USD

Tour the Royal Palace complex to see the neighboring Silver Pagoda (aka the Temple of the Emerald Buddha). See the many magnificent treasures inside this beautiful vihara (Buddhist monastery), including its floor lined with more 5,000 tiles of silver.

Russian Market

Phnom Penh

Visit the Russian Market for a selection of souvenir stalls along with jewellers and fabric sellers.

National Museum Visit

Phnom Penh

10USD

Wander the galleries of the National Museum to see amazing works of art from Cambodia's "golden age" of Angkor. Visit the museum's lovely courtyard before you leave.

Wat Phnom Visit

Phnom Penh

1USD

Visit Wat Phnom (Hill Temple) in late afternoon, a historic monument with lots of green space. Keep an eye on your food and belongings; cheeky monkeys like to get a hold of anything they can.

Royal Palace & Silver Pagoda Visit

Phnom Penh

10USD

Visit the Royal Palace, a complex of buildings where the kings of Cambodia have resided since the 1860s (except for during the reign of the Khmer Rouge). Be sure to tour the Silver Pagoda compound (aka the Temple of the Emerald Buddha) and the central compound. See the many magnificent treasures inside this beautiful vihara (Buddhist monastery), including its floor lined with more 5,000 tiles of silver.

Day 5

Phnom Penh/Sadek

Cross the border into Vietnam. Opt to cycle, or stay on board, to Chau Doc from the checkpoint. Visit the Tra Su Bird Sanctuary and soak in the sunset from the top of Sam Mountain.

During border crossing all passengers must stay on board as formalities are done on the riverboat. The boat will usually stay at the border for 2-3 hrs whilst all formalities are completed. Depending on time spent at the border, the itinerary for the afternoon may vary. Although this process is usually quite simple, delays can occur.



Meals included

Breakfast | Dinner



Today's Activities

Toum Tiou II Riverboat

Phnom Penh - Châu Đốc

Hop aboard and float on to the next stop.

Border Crossing (Cambodia - Vietnam)

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Tra Su Bird Sanctuary Visit

Châu Đốc - Thị Xã Châu Đốc

Visit the Tra Su Bird Sanctuary and explore first by power boat, followed by small local rowing boats. Take in the serene scenery and spot a wide array of birds.

Sam Mountain Visit

Châu Đốc - Thị Xã Châu Đốc

Travel to Sam Mountain by private vehicle and enjoy views of the surrounding landscape from the summit.

Toum Tiou II Riverboat

Châu Đốc - Sadek

Hop aboard and float on to the next stop.

Visit the Kien An Cung Pagoda in Sa Dec and take the time to stroll through the market along the river. View the old colonial houses by the delta. Continue on to Vinh Long. Learn about rice popping and opt to cycle small paths through the communities here. Continue to Cai Be by local boats and meet up with the vessel. Drop anchor tonight near Thoi Son Island.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Sa Dec Visit

Sadek

Stroll around the Sa Dec river bank and through the Sa Dec market. This small city of 30,000 inhabitants is fascinating due to its unspoiled authenticity and the fact it remains relatively undisturbed by tourists. It provides a glimpse of traditional life on the Mekong, complete with tree lined streets and fading colonial villas.

Toum Tiou II Riverboat

Sadek - Vinh Long

Hop aboard and float on to the next stop.

Vinh Long Visit

Vinh Long - Cai Be

Board local boats and explore Vinh Long. Learn about rice popping and opt to meander small paths through the communities here. Continue on to Cai Be by local boat and rejoin the riverboat.

Toum Tiou II Riverboat

Cai Be - Mỹ Tho

Hop aboard and float on to the next stop.

Day 7

Mỹ Tho

Visit Vinh Trang Pagoda in the morning, catching a glimpse of My Tho town on the way. Cruise to Thoi Son Island by local boats for some local industry visits. Enjoy learning more about coconut product manufacturing and honey farming, with samples of honey and local fruit. Meet traditional musicians here. Opt for a local lunch on the island. Continue on to Ho Chi Minh City (Saigon) via the Cho Gao canal. Opt to cycle there instead. Enjoy a farewell cocktail on board before the Captain's dinner.



Meals included

Breakfast | Dinner



Today's Activities

Vinh Trang Pagoda Visit

Mỹ Tho

Explore the buddhist temple of Vĩnh Tràng. Known for its enormous buddha statues and peaceful surroundings. The monks here maintain an ornate, gilded wood sanctuary, and tend to the impressive gardens.

Coconut Manufacturing Visit

Xã Thới Sơn

Take local boats to Thoi Son Island to see a coconut product manufacturer, taste some local fruit and honey and meet traditional musicians.

Toum Tiou II Riverboat

Mỹ Tho - Ho Chi Minh City

Hop aboard and float on to the next stop.

Depart My Tho in the morning. Arrive in Ho Chi Minh City. Tour ends upon arrival.



Meals included

Breakfast



Today's Activities

Toum Tiou II Riverboat

My Tho - Ho Chi Minh City

Hop aboard and float on to the next stop.

What's included

- 7 nights aboard the Toum Tiou II Riverboat
- Chhnok Tru floating village visit
- Kampong Chhnang visit
- Vihara and pagoda visit (Kampong Tralach)
- Koh Chen island visit include cottage industries
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- Kien An Cung Pagoda visit (Sa Dec)
- Vinh Long excursion
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- Farewell cocktail and Captain's Dinner
- All transport to/from included activities and between destinations

What are the main highlights of this trip?

Sail the mighty Mekong, explore the floating markets and villages, discover Phnom Penh and get to know the locals of Kampong Chhnang, visit ancient temples and small villages, enjoy the atmosphere of a floating market.

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Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

Low Water: While it is our intention to follow the itinerary as advertised, some modifications to the itinerary are occasionally needed to reach Siem Reap while water levels are very low (December - August). The Toum Tiou II was built with a steel hull and sleek low draft, so occasions like this are rare.

If changes need to be made, they may involve docking the boat just before Siem Reap and using overland transportation to reach the final destination.

Riverboat Payment Method: Only cash is accepted for payment aboard the riverboat. There are several locations along the riverboat route with ATMs that dispense USD or VND.

BORDER CROSSING

Please note for visa purposes that the official name of the border in Vietnam is Son Tien border and in Cambodia it is Kaam Samnar border.

How large will the group be?

Max 28

What meals are included in this trip?

7 breakfasts, 3 lunches, 6 dinners

What are the modes of transportation on my trip?

Toum Tiou II Riverboat, private vehicles, walking

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Aboard the Toum Tiou II Riverboat (7 nts).

What kind of accommodation can I expect on this trip?

Cabins on board the Toum Tiou II all have exterior view windows and private bathrooms.

Length: 38m (125 ft) riverboat

Built: 2008

Flag: Cambodian

Draft: 1.8m

Engine power: 450 HP

Speed: 11 Knots

Capacity: 28 Passengers

Cabins: 14 – 6 upper, 8 lower

Boat Layout: Large screen television in lounge showing movies nightly. Library with classic literature, Wifi in public areas, outdoor dining and lounge areas with comfortable seating

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

Meeting at the Royal Angkor Resort in Siem Reap at 13:30. We will then transfer the passengers to Phnom Krom pier, embarking at 14:30. However, please note, during low water season there will be a 4-5 hour transfer to Koh Chen for boarding.

Royal Angkor Resort

Address: Phum Kasekum, NR6, Krong Siem Reap 93279, Cambodia

Tel: +855 63 767 555

To arrive at the joining point in Siem Reap take a public taxi or tuktuk. As you leave the airport there is a booth for arranging your taxi. The price is US\$10

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Office and then our G Adventures Local Representative (if one is listed below). If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

During Office hours (Weekdays, 9am-5pm Local Time)

From outside Thailand: +66 2 508 8630

From within Thailand: 02 508 8630

After hours emergency number

From outside Thailand: +66 87 049 6074

From within Thailand: 087 049 6074

G Adventures Local Representative (Cambodia)

During Office hours (Weekdays, 9am-5pm Local Time): +855 12 893 049

After Hours Emergency number : +855 69 777 367

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should I take on my trip?

Most airlines allow up to two checked bags and one carry-on per person. To avoid any problems upon check-in and with possible excess baggage charges, please consult the airline for specific restrictions.

Dress on board the Toum Tiou II is informal. Plan to bring comfortable, casual clothing for all activities. When packing, we suggest that you do not weigh yourself down with too many clothes or too much gear. Select informal, practical attire that can be worn in layers.

What should be on my packing list?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

On-board laundry service is offered for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

CAMBODIA - Visas can be obtained in advance from your local Embassy or on arrival in Bangkok (if your tour begins in Thailand). You will need at least one full working day to arrange this. You can also obtain your visa at the Cambodian border or Siem Reap Airport for approx. \$30 USD very easily. Please have *at least* 2 passport photos with you as well.

VIETNAM - If you require a visa for Vietnam, they need to be arranged ahead of time (BEFORE your trip) as the processing time varies and they are not available upon arrival.

If you are entering Vietnam by land border, please apply for a regular visa for Vietnam. Many of the land borders we travel through do not accept the Vietnam E-Visa.

Where can I read detailed notes about this trip?

Border crossings during AOVZSE:

Kaam Sam Nar Border - Cambodia to Vietnam

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

In Asia, it is customary to tip service providers, such as waiters, at approximately 10%, depending on the service. Tipping is expected – though not compulsory – and expresses satisfaction with the people who have assisted you on your tour. If you have a local guide or a driver on your tour, tipping \$2-5 USD (in local currency) per person, per service is recommended. If someone helps you carry a bag, you can offer to tip a few USD (in local currency) if you feel it is deserved. Ask your CEO for specific advice if you are unsure.

If at the end of the riverboat sailing you find the staff on board were exceptional, a tip of \$5-10 USD per day is recommended. You can leave this tip at the end of the riverboat portion of your tour.

At the end of each tour if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however, as a guideline \$20-30 USD per person, per week can be used.

What activities are optional on this trip?

Phnom Penh

- Silver Pagoda Visit (10USD per person)
- National Museum Visit (10USD per person)
- Royal Palace & Silver Pagoda Visit (10USD per person)
- Russian Market
- Wat Phnom Visit (1USD per person)

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.