



MEXICO FAMILY JOURNEY: THE HEART OF THE YUCATÁN

8 days, Playa del Carmen to Playa del
Carmen

Trip code CMPNF

WHAT'S INCLUDED

- Your G for Good Moment: Sian Ka'an Biosphere Reserve Excursion, Sian Ka'an
- Your G for Good Moment: Yaxunah Community Visit, Yaxuná
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, Playa del Carmen
- Your Family Journeys Moment: Family Tour of Chichén Itzá with an Expert Guide, Chichén-Itzá
- Your Family Journeys Moment: Santa Bárbara Cenotes, Mérida
- Your Foodie Moment: Traditional Cochinita Pibil Meal Experience, Sotuta de Peón
- Your Discover Moment: Playa del Carmen
- Complimentary arrival transfer
- Private tour of a working Hacienda
- Visit Izamal's Mayan pyramid and climb the many steps
- Enjoy an ice cream before the drive back to Playa del Carmen
- All tips included for activities and meals, except for Expedition Leader and portage
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing March 10th, 2026 and onwards

ITINERARY



Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details. Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

PLAYA DEL CARMEN

Welcome to Playa del Carmen! Your arrival transfer to the hotel is included. Check in and get excited to meet your fellow travelers during a welcome meeting this evening where all families can bond before the Journey ahead.



ACCOMMODATION

Hotel Acanto Playa del Carmen (or similar) Hotel



TODAY'S ACTIVITIES

Arrival Transfer

Cancún International Airport - Playa del Carmen

1h

56km

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group on the morning of day two.

Day 2

DAY TRIP TO SIAN KA'AN BIOSPHERE RESERVE

Today we travel towards Sian Ka'an. This Biosphere Reserve is one of the most beautiful places along Mexico's Caribbean coast, designated as a UNESCO Heritage Site for its vast biodiversity and wetlands. Join the G Adventure-supported Community Tours Sian Ka'an – a Maya-owned cooperative rooted in protecting the natural environment while celebrating cultural heritage and the bonds between humans and nature. Explore by boat along a network of canals dug out by the Mayans and search for wildlife like monkeys and tropical birds. Then, strap on a lifejacket and cool off in the crystal clear water of one of the canals as you float down through mangrove forests. Dig into a delicious local lunch after your explorations. Return to the hotel in Playa del Carmen where dinner will be at your leisure.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Acanto Playa del Carmen (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Playa del Carmen – Sian Ka'an

1h30m

73km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Sian Ka'an Biosphere Reserve is one of Mexico's most important protected areas due to its diversity in bird and animal species and its designation as a UNESCO World Heritage Site. The Reserve uses ecologically responsible technologies, including systems for wetland waste management, rainwater collection, and solar and wind energy generation to protect the environment. Visit the reserve and take a boat ride across the lagoon with Community Tours Sian Ka'an – a Maya-owned cooperative rooted in the heart of the reserve. Since 2000, the community has been committed to offering regenerative tourism experiences that protect the natural environment and celebrate cultural heritage. This G Adventures-supported initiative practices conservation while honouring the sacred bond between humans and nature. After the boat ride, hop into the crystal clear water of one of the canals. Next, enjoy nature's lazy river as you float past Mayan ruins and mangrove forests, letting the current slowly bring you down stream.

Private Vehicle

Sian Ka'an - Playa del Carmen

1h30m

73km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

PLAYA DEL CARMEN/MÉRIDA

After breakfast, begin the journey to Mérida. The first stop along the way will be to Chichen Itzá. National Geographic has ranked Chichen Itzá as the best Mayan ruin to visit in Mexico. This significant archaeological site is one of the New 7 Wonders of the World, and houses 26 ruins in one location. Join an expert guide who will teach you about the site, including the pyramid, known as El Castillo or El Caracol. You'll also see the largest Maya ball court in the Americas—Tlachtli.

Your next stop is the small Maya community of Yaxunah. Join a knowledgeable guide and learn more about this vibrant community and their rich cultural history. Together, learn how Escabeche is made during a hands-on demonstration. Sit down for a delicious lunch alongside your hosts afterwards. Arrive in Mérida in the early evening and have dinner on your own.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Wyndham Merida (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Playa del Carmen - Chichén-Itzá 3h 190km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Meet up with a local expert and explore Chichén Itzá on a family-focused tour. Follow your trusty guides through this dramatic site, including a 30m (98 ft) high temple, known as the Pyramid of Kukulcan. This significant archaeological site is one of the New 7 Wonders of the World and houses 26 Mayan Ruins in one place. Identify ruins like the Chichen Itza Pyramid also known as El Castillo, or El Caracol, the Observatory, the Temple of The Warriors, and the largest Maya ball court in the Americas—tlachtli. Wander around the ruins as your guide shares stories of the beliefs and rituals that defined this ancient Mayan civilization and use those imaginations to step back in time for a glimpse of what it might have been like to experience this sacred city and religious centre during its glory days.

Private Vehicle Chichén-Itzá - Mérida 2h30m-3h 148km

Settle in and scan the scenery from the comfort of your private vehicle between Chichén Itzá and Mérida. There will be a short stop along the way at a G for Good Community Project.

ACTIVITY

The community of Yaxunah is located in the central part of the state of Yucatán, México about 19km southwest of the great Maya ruins of Chichén Itzá. This location itself is historical with ruins of colonial era haciendas and a nearby church. During your visit here, the group will be given an introduction to the community's history as well as you'll be welcomed with an explanation of Yucatecan food and their ingredients, then learn how "Escabeche" is prepared and then come together and enjoy lunch with the community. More than just tasting, this experience will provide travellers with a deeper understanding of the story behind each ingredient, connecting with the people who prepare it, and experiencing Yucatán with all your senses.

Day 4

MÉRIDA

Head into the jungle and marvel at the cenotes, giant holes in the earth filled with clear blue water. Considered sacred to the ancient Maya, cenotes have been studied by National Geographic Explorers like Dr. Guillermo de Anda extensively. Dive in with your family and channel your inner archeologist while exploring these waterways. Santa Barbara is home to 4 different pools to choose from, offering truly unique swimming experiences with the bonus of using a colorful small train as transport between. Return to Mérida in the early evening for a free evening.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Wyndham Merida (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Mérida - Santa Bárbara 1h 46km

Settle in and scan the scenery from the comfort of your private vehicle between Mérida and the Santa Barbara cenotes.

ACTIVITY

It's a kid's dream! Think massive sinkholes full of cool, inviting water, surrounded by blue sky above. It's no wonder it feels like you've entered another realm. Spend the day visiting different cenotes in Santa Bárbara and travel between them by the iconic Santa Bárbara express train, a unique experience for the entire family. Lunch will be served in between the adventurous swimming, and the spread will be Yucatán Regional staples like, Papadzules, Poc Chuc, and Sopa de Lima.

Private Vehicle Santa Bárbara - Mérida 1h 46km

After an adventurous day at the cenotes, settle in to your private vehicle and return to Mérida.

Day 5

DAY TRIP TO SOTUTA DE PEÓN

Embark on a full day exploration into the heart of the Yucatan with an immersive experience at a living ranch. Start things off right with a hands on cooking experience learning to prepare Cochinita Pibil. Enjoy the cochinita for lunch alongside other regional delicacies before taking a tour of the hacienda. On this guided experience, learn about the history of henequen production and its use during the 20th century when these haciendas were dotted all throughout the region. Then hop aboard a traditional truck and make your way down the rails towards a cenote for a refreshing dip in the water. Return to Merida after your day's adventures.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Wyndham Merida (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Mérida - Sotuta de Peón

1h

33km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Learn all about the traditional techniques of the preparation of cochinita pibil, one of the region's most beloved and delicious dishes. The method involves marinating pork in citrus and adding annatto seed which gives it a deep red colour, before then wrapping it in a banana leaf and slow-roasting it underground beneath a hot fire. Not into pork or meat? No problem, there are plenty of other delicious local delicacies available.

Private Tour of a Working Hacienda

Sotuta de Peón

This immersive day trip includes a private tour of a nearby working hacienda, where you will learn the history of the ranch, Sip on a welcome drink as the staff takes you around the grounds. Then, visit the traditional rope-making factory and enjoy a refreshing swim in a private cenote. Later, you will attend a traditional Cochinita Pibil experience to learn the ancient Mayan art of preparing pork.

Private Vehicle

Sotuta de Peón - Mérida

1h

33km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

MÉRIDA/PLAYA DEL CARMEN

Ascend the pyramid steps of Kinich Kak Moo, Izamal's Mayan pyramid and witness the excitement on your kids' faces as they conquer the ancient steps and take in the panoramic views from the top. Spend time here amid the buildings of uniform yellow and enjoy some ice cream before the drive back to the coast and white sand beaches of Playa del Carmen. Return to the hotel and relax with a swim in the pool or take advantage of some of the hotel's many amenities to unwind after your day's journey.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Acanto Playa del Carmen (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Mérida - Izamal 1h 68km

Settle in and scan the scenery from the convenience of a private vehicle.

Izamal Pyramid Visit & Ice Cream Izamal 1h15m

Visit Izamal and the The Kinich Kakmó Pyramid, dedicated to the Sun God or "Fire Macaw". Spread across a sprawling three acres. Climb the steps to the top of this 110 ft / 34 m tall pyramid and enjoy views of the surrounding site. Dating back to the Pre-Classic period this is one of the oldest Mayan structures. The structure was also built over a cave which holds an important place in the religion and mythology of the Maya.

After exploring head to town amid the yellow buildings and enjoy a nice cold ice cream.

Private Vehicle Izamal - Playa del Carmen 3h30m 250km

Settle in and scan the scenery from the comfort of your private vehicle. Please note you will cross a time zone along this route.

Day 7

PLAYA DEL CARMEN

Enjoy a day on your own, taking advantage of the optional activities in the area, lounging by the hotel pool, or building sandcastles on the beach. You can also choose to pre-book a visit to the Mayan city of Tulum, the only Mayan city built on a coast and one of the few protected by a wall of limestone. In the evening, join your fellow travelers for an included farewell dinner where everyone can swap stories and reflect on a week of fun and engaging exploration.

In the evening there will be an included final group dinner where everyone can swap stories and reflect on a week well spent in a deeply historical part of the world.



Meals included

Breakfast | Dinner



ACCOMMODATION

Hotel Acanto Playa del Carmen (or similar) Hotel



Optional Activities - Day 7

Tulum Day Trip Tulum

Visit the only Mayan fortress in the world built in front of the turquoise sea. Spend this half day enjoying these beautifully located temples and learn about their important historical significance with your local guide. You will be transferred to and from your hotel for this excursion where your guide will offer more fascinating information about the history, architecture, and archaeology of the Mayan civilization as you explore ruins built over 800 years ago, boasting unparalleled views of the Caribbean Sea. Be prepared for a seamless blend of ancient ruins and coastal beauty while you unravel the mysteries of this incredible culture and study the architectural style evident in the well-preserved frescoes you will see.

Beach Time - Playa del Carmen Playa del Carmen 1h-8h

Choose to spend the day enjoying the gorgeous beaches of Playa del Carmen with your entire family. Lounge in the sand with a good book while the kids build sand castles and go for a swim in the refreshing, calm ocean water.

Walk Along Fifth Avenue Playa del Carmen 1h-4h

Take a walk on Fifth Avenue, where you can find all of the shops, restaurants, and cute souvenirs to remember your time here. Fifth avenue is a pedestrian street that runs through the heart of Playa del Carmen. As you walk search for all of the different colourful homes and murals.

Day 8

PLAYA DEL CARMEN

Depart at any time.



Meals included

Breakfast

What's included

- Your G for Good Moment: Sian Ka'an Biosphere Reserve Excursion, Sian Ka'an
- Your G for Good Moment: Yaxunah Community Visit, Yaxuná
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, Playa del Carmen
- Your Family Journeys Moment: Family Tour of Chichén Itzá with an Expert Guide, Chichén-Itzá
- Your Family Journeys Moment: Santa Bárbara Cenotes, Mérida
- Your Foodie Moment: Traditional Cochinita Pibil Meal Experience, Sotuta de Peón
- Your Discover Moment: Playa del Carmen
- Complimentary arrival transfer
- Private tour of a working Hacienda
- Visit Izamal's Mayan pyramid and climb the many steps
- Enjoy an ice cream before the drive back to Playa del Carmen
- All tips included for activities and meals, except for Expedition Leader and portorage
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Embark on a visit to the Sian Ka'an Biosphere Reserve for a boat ride with a Maya-owned cooperative followed by a float through mangrove-lined canals past ancient ruins, Channel your inner explorer at Chichen Itzá the site of the iconic El Castillo pyramid and a treasure trove of Maya ruins, Enjoy a private tour of a historic working hacienda and take part in a hands-on cochinita pibil cooking experience rooted in tradition, Swim in a cenote—natural sinkholes that were sacred to the ancient Maya, Participate in communal life in the Maya community of Yaxunah where you'll prepare a historical dish incorporating ancient Maya techniques.

Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details.

Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

What are the main highlights of this trip?

Embark on a visit to the Sian Ka'an Biosphere Reserve for a boat ride with a Maya-owned cooperative followed by a float through mangrove-lined canals past ancient ruins, Channel your inner explorer at Chichen Itzá the site of the iconic El Castillo pyramid and a treasure trove of Maya ruins, Enjoy a private tour of a historic working hacienda and take part in a hands-on cochinita pibil cooking experience rooted in tradition, Swim in a cenote—natural sinkholes that were sacred to the ancient Maya, Participate in communal life in the Maya community of Yaxunah where you'll prepare a historical dish incorporating ancient Maya techniques.

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Are there Itinerary notes?

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details.

Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

What important notes should I be aware of before the trip?

All parents/guardians are required to supervise their children at all times throughout the tour and may not leave their child under the supervision of the Expedition Leader, local guides, drivers, etc. Children are not to be left unattended.

Please note that on all Family Adventures one adult can only accompany up to two minors. If you have over two minors planning on travelling then a second adult will be required to attend.

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

Important Note for Sian Ka'an and Santa Bárbara Cenotes Visits:

This itinerary includes visits to the Sian Ka'an Biosphere Reserve, a protected natural area, and Santa Bárbara Cenotes, which both have strict environmental regulations.

Please note that the use of sunscreen and bug spray is not permitted, including biodegradable products, and you will be required to shower prior to entering the cenotes.

To ensure comfort during these experiences, we recommend bringing:

UV-protective swimwear (e.g. rash guards or long-sleeve swim shirts)

Lightweight long-sleeve clothing for sun protection

A hat or cap

What is the group leader like?

All National Geographic Family Journeys with G Adventures group trips are accompanied by two of our Expedition Leaders. The aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense; you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 20.

What meals are included in this trip?

7 breakfasts, 5 lunches, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the expedition ship Explorer or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, boat, walking.

Where will we stay during the trip?

Hotels (7 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

Rooming is based on double occupancy (2 passengers / 2 beds per room); all other room configurations are on request and cannot be guaranteed. We will try to accommodate triples/quad requests whenever possible and it's important to note that rooming configuration can change from city to city and 2 single beds are the standard configuration in a room.

Please remember that hotel/lodge standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival transfer or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office San Jose, Costa Rica

During Office hours (Weekdays 9am-5pm Local Time): +506 4001 8474

After hours emergency number: +51 997 582 712

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Are there any additional packing suggestions I should consider?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Water Activities:

- UV-protective swimwear (required) (e.g. rash guards or long-sleeve swim shirts)
- Lightweight long-sleeve (for sun protection)
- Sun hat/bandana

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. If laundry is not available at your hotel, your Expedition Leader will be able to direct you to a nearby laundromat.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollars cash and cards as backup is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Depending on the exchange rate departure tax is approximately \$48 USD per person. This tax is sometimes included in the price of your ticket, contact your airline to confirm.

Should I be tipping on my trip?

Local tipping is included on this Family trip which covers local guides, drivers and gratuity for included meals. At the end of your trip if you felt your two National Geographic Expedition Leaders did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$5- 7 USD per person, per day is our recommendation in the region. However, if you felt your Expedition Leader did an especially outstanding job, any additional amount will always be welcome.

What activities are optional on this trip?

Tulum

- Tulum Day Trip

Playa del Carmen

- Beach Time - Playa del Carmen
- Walk Along Fifth Avenue

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our Expedition Leader they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.