G Adventures

Last Updated: February 12, 2016



Mexico Food & Culture

9 days, Mexico City to Mexico City

Trip code CMEX

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Cooking Class , Oaxaca

- Your Foodie Moment: Mezcal Factory Tour, Oaxaca
- Puebla orientation walk
- Oaxaca orientation walk
- Cooking class
- Local Oaxacan dinner
- Mezcal factory tour
- Market visit
- Internal flights
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing October 1st, 2014 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1 Mexico City

Arrive at any time.

There are no planned activities until an evening welcome meeting.

Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2 Mexico City/Puebla

Drive to Puebla, famous for its hand-painted tiles, unique handicrafts, mouth-watering cuisine and rich colonial history. Enjoy an included dinner at a local restaurant known for its featured seasonal specialities. Opt to try out a mole-making class.

Head to Puebla, famous for its hand-painted tiles, unique handicrafts, mouth-watering Mole Poblano (a mouth-watering spicy sauce made with cocoa and infinite varieties of chillies) and rich colonial history.

Opt to take a mole-making class to learn the secrets of this famous sauce.

Enjoy an included dinner at a local restaurant known for its featured seasonal specialities.

Meals included

Dinner

Today's Activities

First-class Bus Mexico City – Puebla 2h-2h30m 130km

Ride on in style. This sure isn't your grandmother's public bus.

This bus can be chilly due to the air-conditioning so bring a sweater for a comfortable trip. There are toilet facilities on the bus.

Orientation Walk Puebla

The route will vary for each tour, allowing our CEOs to share their personal favourites. You can expect to see the zócalo, artisans' market and visit the historic buildings within centre of this World Heritage city.

Optional Activities - Day 2

Mole-Making Demonstration Puebla 1200MXN

Learn to make the traditional and timeless sauce of mole, made with an assortment of chilis, chocolate and spices. Sample your mouth-watering creation when you're done and sit down for an included dinner with the group.

Day 3

Puebla

Enjoy a free day in Puebla. Opt to visit some of the many museums and cathedrals or the great pyramid at Cholula. For markets, visit the Mercado de Sabores or the Mercado El Carmen for cemites.

Today's Activities

Free Time Puebla

Spend the day wandering through museums learning about Mexican history or exploring the markets.

Optional Activities - Day 3

Cholula Ruins Visit Cholula 85MXN 2h-3h 1-2km

Also known as Tlachihualtepetl, Cholula is a massive archaeological site west of Puebla. Dating from at least 100AD, it's the oldest continuously occupied ceremonial centre in the western hemisphere. Most impressive is the Great Pyramid of Cholula – a tall grass-covered structure which is actually at least four successive pyramids built one on top of the other. The Spanish built a church at the very top in 1594. Visit the museum to learn about the history, explore tunnels, and climb to the top for breathtaking views of nearby volcanoes.

Test Puebla 70-200MXN

Grab a beer and a seat and get ready for a show where the audience is almost as theatrical as the wrestlers. Luchadores follow different rules than wrestlers in other parts of the world, they typically wear colourful masks inspired by Aztec history and use the ropes of the ring to propel themselves into the air. Boo the rudos as they try to cheat and conquer the precise, formal, técnicos. You're sure to learn how to throw insults in Spanish after spending a night at a match.

Day 4

Puebla/Oaxaca

Head to Oaxaca. Explore the markets and enjoy an included cooking class to get a hands-on understanding of Mexican cuisine.

Today's Activities

Local Bus | Puebla – Oaxaca | 5h-6h | 340km

Climb aboard, grab a seat, and enjoy the ride.

Remember to bring a sweater for the air-conditioned bus. There are toilet facilities on board.

Orientation Walk | Oaxaca

All walks will be slightly different, allowing your CEO to show off their favourite spots. You can expect to see the Santo Domingo Cultural Centre, walk through the zocalo and the famous 20th of November market. Opt to sample some delicious Oaxacan foods along the way such as mole, tlayudas or chapulines.

ACTIVITY

Test out your culinary skills and learn to make traditional Oaxacan cuisine. The teacher will teach the class to create authentic dishes that can be replicated at home, when you're finished dig in and enjoy your dish!

Day 5 Oaxaca

Enjoy free time in Oaxaca. Take a mezcal factory that produces the fiery "other tequila", the region's specialty. Opt to visit the famous Zapotec site of Monte Albán or the highlights of the state of Oaxaca. Enjoy a local Oaxacan dinner.

Monte Albán, a spectacular grouping of pre-Hispanic (Zapotec) mountain top temples, is just a short bus ride away, as is the Valley of Mitla with its colourful ruins and hand-loomed carpets. Stepping from the cultural to the culinary, Oaxaca is also a great area for trying out new tastes and textures.

Meals included

Dinner

Today's Activities

ACTIVITY

The Valley of Oaxaca is renowned as the birthplace of mezcal. Not to be confused with tequila, this distilled liquor is made in small batches from a variety of species of agave (spiky green plants that look like the tops of pineapples). Sample different types, including white unaged mezcal (often sold with an agave larva inside), along with "reposado" and "añejo" (aged) batches. Grab a slice of orange that's coated in salt and mixed with chili and ground worms. Now, it's time to sip and enjoy.

Free Time Oaxaca

Spend free time exploring and tasting the sublime to the exotic, the restaurants and markets around town will challenge you to one adventure after another. After all, this is the home of Mezcal (look for the unfortunate worm at the bottom), Oaxacan chocolate, cheese, and yes, even salted grasshoppers, if you're feeling brave.

Optional Activities - Day 5

Monte Albán Tour Monte Albán - Oaxaca 1100MXN 1h-3h 1-2km

The Zapotec site of Monte Albán dates back to 500 BC and features platforms, pyramids, plazas, and a ball court sitting on a leveled mountaintop some 10km (5 mi) from Oaxaca. Enjoy the 360-degree views, see Olmec carvings, and be sure to visit the museum to see artifacts and stele excavated in the early 20th century.

Valley of Mitla Ruins Visit San Pablo Villa de Mitla 210MXN

The UNESCO World Heritage site of Mitla is 38km (24 mi) from Oaxaca. Its name derives from the Nahuatl language, meaning "Place of the Dead". Occupied from 900 BC by the Zapotecs and then the Mixtecs, the ruin features five groups of structures on either side of the Mitla River. Look for ancient cut-stone mosaics and intricate stone carvings throughout.

The region is also famous for its hand-dyed, foot-loomed woven rugs.

Day 6 Oaxaca/Puerto Escondido

Take a bus to the Oaxacan Pacific coast and enjoy time in this beach paradise. With so much to do in Puerto Escondido you might want to lounge on the beach, try surfing, diving or take an eco tour to spot dolphins, sailfish or sea turtles. Visit the local market for a taste of how the locals shop. Opt to enjoy a seafood dinner in this quaint coastal town.

Today's Activities

First-class Bus | Oaxaca – Puerto Escondido | 10h-11h | 255km

Ride on in style. This sure isn't your grandmother's public bus.

Bring a sweater as the bus can be chilly. There are toilets on board.

Optional Activities - Day 6

Scuba Diving | Puerto Escondido

Explore under the waves and look for oysters, scuttling lobsters or manta rays gliding through the water.

Marine Eco Tour | Puerto Escondido | 35USD | 3h-4h

Enjoy a guided tour and learn about the animal and plant life in the area like dolphins, turtles, and maybe even whales.

Surfing | Puerto Escondido

Spend some time riding the waves on one of the many beaches in Puerto Escondido, famous for its surfing opportunities. Depending on your skill level some beaches will be better than others, Carizalillo is great for beginners while Zicatela is only safe for experts. Talk to your CEO to figure out where to go for rentals or lessons.

Day 7 Puerto Escondido

Enjoy a free day in this beach paradise.

Today's Activities

Free Time Puerto Escondido

Ride the waves, dive into a dazzling underwater world, or just spread out a towel on the warm sand and enjoy the sun.

Optional Activities - Day 7

Surfing Puerto Escondido

Spend some time riding the waves on one of the many beaches in Puerto Escondido, famous for its surfing opportunities. Depending on your skill level some beaches will be better than others, Carizalillo is great for beginners while Zicatela is only safe for experts. Talk to your CEO to figure out where to go for rentals or lessons.

Scuba Diving Puerto Escondido

Explore under the waves and look for oysters, scuttling lobsters or manta rays gliding through the water.

Day 8 Puerto Escondido/Mexico City

Catch a flight back to Mexico City. Opt for final night out with the group.

Catch a flight back to the largest city in the world. This fascinating multi-layered megalopolis is home to an endless list of cultural wonders, the best anthropology museum for Mexican archaeology, the largest plaza (the zocalo), the Zona Rosa, many Aztec historic sites, and a vibrant street life at all hours.

Today's Activities

Plane Puerto Escondido – Mexico City 1h15m-1h30m

Travel by van to the Puerto Escondido airport, about 20 mins, before the short flight to Mexico City. Travel by private vehicle to your hotel on the other end, which can take up to 1.5 hrs with traffic.

Free Time Mexico City

In a city this big, you'll never run out of things to do and see. Pick up some souvenirs for friends back home, visit any must-see landmarks you missed or just hang out with the group before you have to say goodbye.

Day 9 **Mexico City**

Depart at any time.

What's included

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What are the main highlights of this trip?

Indulge in the regional cuisines of Mexico, explore breathtaking colonial Puebla and Oaxaca, try out your salsa skills on the dance floor, sink into the pace of life on the Pacific Coast.

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Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds. For our shipboard expeditions and voyages we have a highly experienced shipboard staff and crew, including level III guides in the Galapagos, and an expedition team aboard the M/V Explorer and M/S Andrea. On truck trips in Africa you will be accompanied by a G Adventures leader, and a driver/cook, who offer a wealth of knowledge on the regions you will be visiting.

What is the maximum and typical number of participants on this tour?

Max 16, avg 12

What meals are included in this trip?

2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the expedition ship Explorer or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Public bus, plane

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (8 nts).

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1 (or earlier if you have booked pre-accommodation with us), please make your way to the joining hotel (note that check-in time will be in the afternoon). Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

If you have pre-arranged an arrival transfer, look for the driver holding a G Adventures sign in the arrivals hall. Please approach them, and ask them who they are supposed to be picking up (do not tell them your name, they should have this information already). Once they give you the correct name, have your passport ready to show them and you will be on your way!

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your group trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If this is unsuccessful, please refer to our Emergency Contact. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please contact your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER
If you have purchased an arrival transfer or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS
G Adventures Office San Jose, Costa Rica
During Office hours (Weekdays 9am-5pm Local Time): +506 4001 8474
After hours emergency number: +51 997 582 712

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What are the packing guidelines and luggage restrictions?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

What should I pack for this trip?

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap. Aboard the expedition ship Explorer laundry facilities are provided at a charge.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page here

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash, travellers cheques and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD $200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

632 Mexican pesos is the current Mexico Departure Tax (approximately 48USD)

What are the tipping guidelines for this trip?

There are several times during the trip where there is opportunity to tip the local guides or drivers. You may do this individually, or your CEO will offer to collect the money and tip as a group. Also at the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is appreciated.

What activities are optional on this trip?

Puebla

- Mole-Making Demonstration (1200MXN per person)
- Test (70-200MXN per person)

Cholula

- Cholula Ruins Visit (85MXN per person)

Monte Albán

- Monte Albán Tour (1100MXN per person)

San Pablo Villa de Mitla

- Valley of Mitla Ruins Visit (210MXN per person)

Puerto Escondido

- Scuba Diving
- Marine Eco Tour (35USD per person)
- Surfing

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.
G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with Planeterra Foundation.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating $1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to $100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of $100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is $100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our LGBTQ+ page for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.