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Sorry! There are no remaining departures for "Mexico Upgraded" (CMMJ), [but here are some similar trips](#).



Mexico Upgraded

9 days, Mexico City to Mexico City

Trip code CMMJ

What's included

- Your G for Good Moment: Alebrijes Artisan Community Workshop & Lunch, Oaxaca
- Your Foodie Moment: Mexico City Walking and Food Tour, Mexico City
- Your Foodie Moment: Mezcal Factory Tour, Oaxaca
- Arrival transfer
- Teotihuacán Guided Tour
- Sunrise Xochimilco Tour with Mariachi
- Museum of Frida Kahlo (Casa Azul)
- Alebrijes Artisan Community Visit
- Valley of Mitla Ruins Visit
- Internal flight
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 4th, 2021 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Mexico City

Arrive at any time; your arrival transfer is included.

Today's Activities

Arrival Transfer

Mexico City

You will be met at the airport and transferred to the hotel to start your adventure.

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Day 2

Mexico City

Start your day with a visit to Mexico City's historic square Zócalo, before checking out the local cuisine at a food market. Enjoy a free afternoon to explore and opt to visit the National Museum of Anthropology or tour the murals of Diego Rivera. If you're feeling musical, choose to spend your evening at a traditional dance performance.



Meals included

Breakfast | Lunch



Today's Activities

Free Time

Mexico City

Take advantage of free time to get out and explore this amazing city and its surroundings.

ACTIVITY

Start the morning with a walking tour of the highlights of Mexico City with your CEO. Explore the Zocolo (historical centre), the ruins el Templo Mayor, the Metropolitan Cathedral, the grand building of Bellas Artes, and Palacio Postal. Wander the streets, explore a traditional market, and taste some local favorites for lunch. Indulge your sweet tooth at one of our favorite panaderías, then opt to try pulque, a royal ancient Aztec alcoholic drink.



Optional Activities - Day 2

Palace of Fine Arts Visit

Mexico City

95MXN

Also known as the Cathedral of Art in Mexico, the Palace of Fine Arts is a cultural centre in the city capital that hosts events such as dance performances, orchestras and music, theatre and opera, along with art exhibitions for photography and paintings. If you are interested in the Ballet Folklorico de Mexico, this is the venue they perform in. The building, a work of art itself, has a restaurant and bookstore that can be visited on the first floor. Getting to go inside is wonderful, but you can even appreciate the grandeur of this hall from the outside as the warm Mexican sun bounces off the glass dome on the top, and off of the beautiful marble siding of the palace.

National Museum of Anthropology

Mexico City

210MXN

The National Museum of Anthropology houses the largest collection of Mexican art in the world. It's a must see if you're interested in the past or present-day history of Mexico. On the top of the highlights, see the Sun Stone (also known as the Aztec Calendar) an important piece in Aztec culture and mythology that illustrates the history of the universe. With over 20 exhibit halls, you may not be able to see the whole museum in just one day so grab a map and pick and choose what you're most interested in.

Ballet Folklórico de México

Mexico City

Founded in 1952 by Amalia Hernández the Folkloric Ballet of Mexico has been a shining symbol of traditional dance throughout the country. Using music, dance, costume and geography, this ballet choreographs their performances to reflect the various and vibrant cultures and regions of Mexico. If the lights and the music don't captivate you, the ensemble of fifty trained dancers gracefully moving across the stage will.

Please be aware that prices for tickets may vary depending on the day you choose to attend the ballet. This can be a popular activity with limited availability so we recommend that you book tickets online in advance before arriving to Mexico.

Diego Rivera Mural Museum Visit

Mexico City

45MXN

Visit the Diego Rivera Mural Museum to see his works preserved in the historic centre of Mexico City. Rivera, widely known for his marriage to renowned artist Frida Kahlo, said "The composition (of the mural) are reminders of my life, my childhood and my youth and covers from 1985 to 1910. The characters of the walk all dream, some sleeping on the benches and others, walking and talking". To best know an artist you have to really look at their art to understand them better, visit the mural museum to do just that.

Day 3

Mexico City

It's off to the UNESCO World Heritage site for a guided tour of Teotihuacán this morning. This ancient city has become one of the most important sites in Central America. Wander the pre-Aztec ruins and learn about iconic temples before returning to Mexico City for a free evening. Choose to eat, drink, dance, or watch a match of freestyle Mexican wrestling as the night unfolds.



Meals included

Breakfast | Lunch



Today's Activities

Private Vehicle

Mexico City - Teotihuacán

1h-2h

50km

Settle in and scan the scenery from the convenience of a private vehicle.

Teotihuacán Guided Tour

Teotihuacán

Visit the ruins of Teotihuacán (meaning 'the place where gods were born'), northeast of Mexico City. This ruin site dates back to 100AD and has the impressive Avenue of the Dead, Pyramid of the Sun and Pyramid of the Moon. Excavations are still underway at these ruins in the present day. These structures are so massive that the inside of the Pyramid of the Sun for example - has never been entirely explored. Bring water, wear a hat and solid walking shoes, and climb the pyramids to learn all about this pre-Columbian Mesoamerican city. Don't forget to stop by the museum too!

Free Time

Mexico City

The evening is yours to explore colourful Mexico City, take a stroll around markets, visit Torre Latino, or take it easy at the hotel.

Private Vehicle

Teotihuacán - Mexico City

1h-2h

50km

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 3

Torre Latino

Mexico City

170MXN

Mexico City is home to Latin America's tallest skyscraper, Torre Latino. Marvel in all 181m (593ft) of this magnificent structure. Take the lift to see Mexico City from the observation deck on the 44th-floor, and then take a stroll through the building's own museum all about Mexico City's history. (Fun note: Admission is free if you'd just like to visit the bar for a drink.)

Lucha Libre Match

Mexico City

350-500MXN

Combatants don colourful masks and catapult themselves towards their opponents off of the ring's ropes, employing a variety of different moves and holds to pin them to the mat for a three-count. The largely Mexican crowds are usually rowdy, making "lucha libre" an entertaining way to throw yourself head-first into the local culture.

Please be aware that prices for tickets will vary depending on seat location.

Day 4

Mexico City/Puebla

Experience a gorgeous sunrise tour of Xochimilco, a system of canals built by the Aztecs and stop at a local farm to eat a traditional breakfast. Then it's onwards to the Frida Kahlo Museum in the Coyoacán district to tour Casa Azul. Afterwards, journey on to Puebla and take a guided walk of the city to learn about the colonial architecture and culinary traditions of this lively place.



Meals included

Breakfast



Today's Activities

Private Vehicle

Mexico City - Puebla

3h

150km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Mexico City

1h

25km

Settle in and scan the scenery from the convenience of a private vehicle.

Sunrise Xochimilco Tour with Mariachi

Mexico City

Wake before the sun to take on the famous canals of Xochimilco in a vibrant coloured gondola boat past vendors, and local artisans. Feel the vibes of the music around you with a mariachi band playing onboard. Watch locals shop in the floating markets and hopefully you'll find something to bring back home too. Visit a local farm and enjoy a traditional breakfast while learning about the region and its people.

Puebla Orientation Walk

Puebla

Puebla is known for many things, such as pottery, colonial architecture and great food. Let your CEO guide you on a short walk through the city to point out the essentials like supermarkets, main squares, and ATMs.

Museum of Frida Kahlo (Casa Azul)

Mexico City

Visit the famed "Blue House" where Frida Kahlo was born, lived and died. Her lifelong home is open to those looking to learn more about or see what life was like for the celebrated artist. The museum consists of ten rooms throughout the home, each filled with original furniture from when she lived there

with her husband Diego Rivera, and personal items of Frida's from letters, art materials, original works of art, to handcrafted kitchenwares. Tickets can be limited so we recommend booking in advance online: <https://www.museofridakahlo.org.mx/?lang=en>

Day 5

Puebla

Join a local artist for a Talavera pottery demonstration to learn about the cultural and historical significance of this tradition. Enjoy the rest of the day as you wish; visit a colourful market in Puebla, indulge in local tastes on a food tour, or check out the Great Pyramid of Cholula.



Meals included

Breakfast



Today's Activities

Talavera Pottery Experience

Puebla

Spend time with a local artist to discover the historical and cultural significance of Talavera pottery dating back to the 16th century. Witness the process from clay to creation, learning about its uses from tableware to tiles and hearing about the purpose behind the colours chosen.

Free Time

Puebla

There's something for everyone in Puebla. Spend some time at the Cholula Ruins, head out on a foodie tour, take a stroll around the city's central square, the Zócalo to see the beautiful Puebla Cathedral or search for some beautiful Mexican souvenirs to bring home. You have half the day at your leisure, discover the city as you wish.



Optional Activities - Day 5

Cholula Ruins Visit

Cholula

85MXN

2h-3h

1-2km

Also known as Tlachihualtepetl, Cholula is a massive archaeological site west of Puebla. Dating from at least 100AD, it's the oldest continuously occupied ceremonial centre in the western hemisphere. Most impressive is the Great Pyramid of Cholula – a tall grass-covered structure which is actually at least four successive pyramids built one on top of the other. The Spanish built a church at the very top in 1594. Visit the museum to learn about the history, explore tunnels, and climb to the top for breathtaking views of nearby volcanoes.

Puebla Food Tour

Puebla

Dive into Puebla's foodie paradise on this walking tour. Your local cuisine loving guides will take you around La Acocota, the oldest market in the city, to enjoy the tastes of at least six local foods. Puebla is known for Mexican staples such as tacos and the city itself actually invented "tacos árabes". Tacos árabes are sure to make your mouth water with the star being its spit-roasted pork. Continue through the market feasting on fried masa (corn), and learning about what ingredients go into typical Mexican dishes. End the tour with pan dulce, delicious Mexican pastries, and try some tasty artisan candies made by the nuns of Puebla.

Please note that prices for this tour will vary depending on which restaurants you choose.

It's on to Oaxaca today, but first we'll stop en route to learn about alebrijes at an artisan community. Enjoy a guided walk around the main square in Oaxaca before exploring the culinary scene with a local host. End the experience in a local family's kitchen for a taste of some delicious Oaxacan dishes; it's a day of food and culture.

Oaxaca is known for its culinary delights and artisans who make just about everything! Today, you'll enjoy many opportunities to taste and observe cuisine and culture in this vibrant community. From elaborate weavings to mezcal, the great cousin of tequila, there will be no shortage of things to do.



Meals included

Breakfast | Dinner



Today's Activities

Oaxaca Culinary Experience

Oaxaca

Explore the culinary delights of Oaxaca with this immersive foodie experience. Visit the local market with a local guide to see the chocolate grinding mills and tortilla-making workshop. Then visit the home of a local family and taste an array of local cuisine, learn traditional cooking methods, and discuss the food culture in Oaxaca.

Private Vehicle

Puebla - Oaxaca

5h-6h

340km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Alebrijes were created by a Mexican artisan named Pedro Linares who was known for making piñatas and carnival masks. After falling ill and hallucinating crazy figures and creatures inside his mind, the artist decided to bring what he saw to life by creating the small figurines we know as Alebrijes. Often made of a mash-up between animals, these figurines are now made by Oaxacan artisans out of wood and then painted with vibrant pigments and lots of patterns. Learn more about how these figurines integrated themselves into Oaxacan/Mexican folklore and how the craft expanded from originally being made from cardboard to now being carved from Copal wood. Meet a local artisan and speak with them, ask any questions the group may have and to learn more about how the Alebrijes are crafted.

Then enjoy an authentic Oaxacan lunch at Zoológico Mágico. Here, you'll see why a meal is more than food -- it's a celebration of Oaxaca's vibrant traditions, brought to life. Each dish is a tribute to their heritage, featuring iconic plates like mole negro.

Oaxaca Orientation Walk

Oaxaca

Go on a CEO led walk through the colonial city of Oaxaca. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs.

Tour one of Mexico's best known archaeological sites; the ruins of Mitla. Before returning to Oaxaca we'll stop at a mezcal factory for a taste of Tequila's cousin made from the agave plant. Enjoy a free evening in Oaxaca to lay low or head out for a fun night.



Meals included

Breakfast



Today's Activities

Free Time

Oaxaca

Choose to put your feet up after a long day or to head out and explore the nightlife.

Private Vehicle

Oaxaca

4h15m

145km

A busy day of sightseeing made comfortable with the convenience of a private vehicle.

ACTIVITY

The Valley of Oaxaca is renowned as the birthplace of mezcal. Not to be confused with tequila, this distilled liquor is made in small batches from a variety of species of agave (spiky green plants that look like the tops of pineapples). Sample different types, including white unaged mezcal (often sold with an agave larva inside), along with "reposado" and "añejo" (aged) batches. Grab a slice of orange that's coated in salt and mixed with chili and ground worms. Now, it's time to sip and enjoy.

Valley of Mitla Ruins Visit

San Pablo Villa de Mitla

The UNESCO World Heritage site of Mitla is 38km (24 mi) from Oaxaca. Its name derives from the Nahuatl language, meaning "Place of the Dead". Occupied from 900 BC by the Zapotecs and then the Mixtecs, the ruin features five groups of structures on either side of the Mitla River. Look for ancient cut-stone mosaics and intricate stone carvings throughout.

The region is also famous for its hand-dyed, foot-loomed woven rugs.

Day 8

Oaxaca/Mexico City

This morning is yours to enjoy. Walk among the plazas and pyramids of the Monte Albán ruins, or choose to visit the Museum of Oaxacan Cultures. Feeling hungry? Try learning how to make mole sauce; or people watch in a café in Oaxaca's main square. In the afternoon, hop on a flight back to Mexico City where you can choose to enjoy a final night out with your group.



Meals included

Breakfast



Today's Activities

Free Time

Oaxaca

Soak up a bit more of the vibrant culture in Oaxaca before your afternoon flight to Mexico City.

Plane

Oaxaca - Mexico City

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.



Optional Activities - Day 8

Monte Albán Tour

Monte Albán - Oaxaca

950MXN

1h-3h

1-2km

The Zapotec site of Monte Albán dates back to 500 BC and features platforms, pyramids, plazas, and a ball court sitting on a leveled mountaintop some 10km (5 mi) from Oaxaca. Enjoy the 360-degree views, see Olmec carvings, and be sure to visit the museum to see artifacts and stela excavated in the early 20th century.

Mole-Making Class

Oaxaca

1200MXN

Learn to make the traditional sauce of mole, made with an assortment of chilis and chocolate. Sample your mouth-watering creation when you're done.

Cultural Museum of Oaxaca

Oaxaca

80MXN

Spend a couple of hours wandering through the Cultural Museum of Oaxaca, which lives in the historical monastery buildings attached to the Templo de Santo Domingo. This museum displays the

rich culture of Oaxaca's present and past. With treasures dating back to the 14th-century history buffs are sure to enjoy this one. Stroll through halls from the pre-Hispanic to colonial periods, to the independence era and the present day.

Please note that this museum is currently closed due to the ongoing pandemic and a reopening date has not been decided on yet.

Day 9

Mexico City

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your G for Good Moment: Alebrijes Artisan Community Workshop & Lunch, Oaxaca
- Your Foodie Moment: Mexico City Walking and Food Tour, Mexico City
- Your Foodie Moment: Mezcal Factory Tour, Oaxaca
- Arrival transfer
- Teotihuacán Guided Tour
- Sunrise Xochimilco Tour with Mariachi
- Museum of Frida Kahlo (Casa Azul)
- Alebrijes Artisan Community Visit
- Valley of Mitla Ruins Visit
- Internal flight
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Discover the Mexican capital on foot and visit the historic square of Zócalo, Enjoy a guided tour of Teotihuacán, Experience a sunrise tour of a system of ancient Aztec canals, Indulge in a traditional breakfast at a local farm, Visit the Frida Kahlo Museum, Take part in a Talavera pottery demonstration, Go on a guided walk of Oaxaca's main square

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. BAGGAGE ALLOWANCE FOR DOMESTIC FLIGHTS WITHIN MEXICO:

Maximum one piece of luggage per person weighing a maximum of 25 kilograms (55 pounds), with maximum linear dimensions of 62 inches (158 centimetres).

2. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the group leader like?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEOs), a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 16.

What meals are included in this trip?

8 breakfasts, 2 lunches, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the expedition ship Explorer or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, boat, plane, walking.

Are local flights included in the cost of the trip?

All domestic flights within the tour are included in the cost. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

BAGGAGE ALLOWANCE FOR DOMESTIC FLIGHTS WITHIN MEXICO:

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Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (8nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

An arrival transfer is included when you arrive on Day 1. Due to customer experience and quality considerations, all services related to the tour must be continuous.

If you have booked pre-tour accommodations through G Adventures, please note that you must contact us to confirm the included arrival transfer.

Our driver will be waiting for you with a G Adventures sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name.

Please note that Day 1 is an arrival day and no activities have been planned, so you may arrive at any time. Similarly, the last day is a departure day in which no activities are planned.

Your CEO will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, they will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your group trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If this is unsuccessful, please refer to our Emergency Contact. If you have not made contact with our representative at the airport within 30 minutes of exiting the baggage claim, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please contact your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival transfer or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office San Jose, Costa Rica

During Office hours (Weekdays 9am-5pm Local Time): +506 4001 8474

After hours emergency number: +51 997 582 712

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. If laundry is not available at your hotel, your CEO will be able to direct you to a nearby laundromat.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash, travellers cheques and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Depending on the exchange rate departure tax is approximately \$35 USD per person. This tax is sometimes included in the price of your ticket, contact your airline to confirm.

Should I be tipping on my trip?

Tipping of your G Adventures Chief Experience Officer is very much appreciated. The amount is entirely a personal preference; however as a guideline \$5- 7 USD per person, per day is our recommendation in the region. However, if you felt your CEO did an especially outstanding job, any additional amount will always be welcome.

What activities are optional on this trip?

Mexico City

- Palace of Fine Arts Visit (95MXN per person)
- National Museum of Anthropology (210MXN per person)
- Ballet Folklórico de México
- Diego Rivera Mural Museum Visit (45MXN per person)
- Torre Latino (170MXN per person)
- Lucha Libre Match (350-500MXN per person)

Cholula

- Cholula Ruins Visit (85MXN per person)

Puebla

- Puebla Food Tour

Monte Albán

- Monte Albán Tour (950MXN per person)

Oaxaca

- Mole-Making Class (1200MXN per person)
- Cultural Museum of Oaxaca (80MXN per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkelling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.