



## **Mount Toubkal Weekend Trek**

4 days, Marrakech to Marrakech

Trip code DCTW

## What's included

- Challenging mountain hikes to summit Mount Toubkal (2 days)
- All transport between destinations and to/from included activities

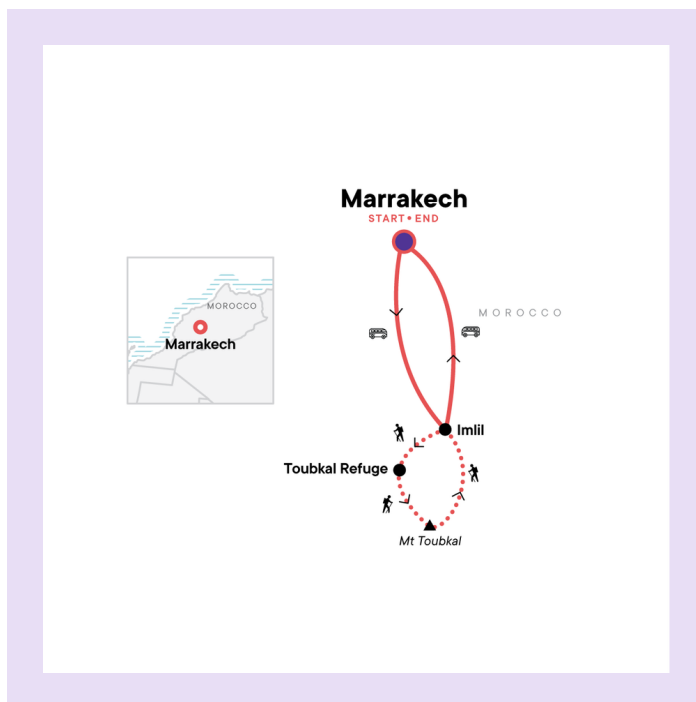
The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing September 8th, 2022 and onwards

## Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Marrakech/Imlil

Arrival Day. Please arrive at the meeting point no later than 2:30PM before your departure to Imlil.

Enjoy a brief welcome meeting with the group before transferring by bus to Imlil, our base for the trek and a major trekking hub in the High Atlas. Following a one-hour hike to your accommodation, the team cooks will prepare a delicious meal for dinner.

Please arrive at the meeting point no later than 2:30PM in your hiking outfit.



### Meals included

Dinner



### Accommodation

Auberge Tafraout Armed (or similar)

Inn



### Today's Activities

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Private Vehicle

Marrakech - Imlil

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 2

## Trek from Imlil to Toubkal Refuge

Head into the craggy peaks and valleys of Toubkal massif today on foot. The trek will take around five to six hours and the altitude will make it feel a little bit hard, but the trip up will be worth it for the captivating views of the Moroccan countryside.

You'll be able to see the small villages clinging to the surrounding hills and the valley of the Oued Rhirhaia seeming to fold out forever towards the horizon. You'll begin the trek at 1740m and climb to the camp at 3206m. Food tonight will be provided by Berber cooks before we set up our tents and camp at the base of Toubkal with beautiful views of the valley.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Trek Mount Toubkal Day 1

Jebel Toubkal

5h-6h

11km

Today trek from Imlil to Toubkal Refuge (sometimes called the Neltner Refuge) with our mules and muleteers will be a six hour trek, 11 kilometres total. You will gain 1,460 metres in elevation. Start the climb in the foothills of the Massif and take in the views of the Oued Rhirhaia valley below. Pass through the village of Aremd and the shrine of Sidi Chamarouch. Continue climbing steadily upward to the snowline and where camp will be for the night at 3206m.

## Summit of Mount Toubkal - Imlil

The group will make the attempt to summit Mount Toubkal starting early this morning after a hearty breakfast. The peak sits at 4167m and will take between three and five hours to complete. As challenging as the climb will be you will be rewarded with some of the most breathtaking scenery in all of Morocco displayed below you. This is the highest peak in Northern Africa, you'll be able to see the Marrakech Plain all the way to the High Atlas in the north and the Sahara in the south. After the climb, descend all the way back down to Imlil for the night.

Travel back to the town of Imlil for a total hike of 19km. While it will be easier to hike down the whole hike will take between 11 and 12 hours making for a very long day. When you arrive to Imlil enjoy free time to grab a delicious meal before getting some well deserved rest.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Auberge Tafraout Armed (or similar)

Inn



### Today's Activities

Trek Mount Toubkal Day 2

Jebel Toubkal - Imlil

11h-12h

19km

Hike to the summit of Mount Toubkal during today's trek. Mount Toubkal is the highest peak in Northern Africa sitting at 4167m. Start the hike at the refuge and begin on the south cirque. Travel across scree fields navigating your way through endless boulders and rocks. After reaching the ridgeline you will continue the trek on the plateau arriving at the summit a short distance later. You made it! Enjoy the 360 degree views of Moroccos, mountains and plains can be seen in the distance and it's easy to understand why the difficulty of the trek was worth it. Travel back to the town of Imlil for a total hike of 19km. It should take between 11 and 12 hours to complete. With 967m of ascent and over 2,000m of descent completing this trek is quite the accomplishment.

Day 4

## Imlil/Marrakech

After breakfast transfer back to Marrakech, arriving around 12pm. The tour ends on arrival to the airport or at the Marrakech hotel for those have booked post-tour nights.

Please do not book onwards travel before 2 PM.



### Meals included

Breakfast



### Today's Activities

Private Vehicle

Imlil - Marrakech

1h45m

Settle in and scan the scenery from the convenience of a private vehicle.

## What's included

- Challenging mountain hikes to summit Mount Toubkal (2 days)
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Conquer Mt Toubkal over a long weekend, Soak in the incredible views over the Atlas Mountains, Trek to and from the village of Imlil with mules and herdsmen

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## **Is there a disclaimer I should read before booking this trip?**

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# What important notes should I be aware of before the trip?

## TREKKING AND CAMPING

Our trekking mules will carry your larger bags as well as tents and equipment. Luggage is limited to 12kg per person for the trek, and bags must be soft duffle bags or frameless backpacks. Any additional luggage you bring with you can be left in storage at the hotel in Marrakech (at your own risk) – come prepared with an additional bag for this. You will carry only your daypack when trekking - for water, camera, jacket, sunscreen, etc. It can be that sometimes the mules take a slightly different track at some points, or go faster, and you might not see them for long stretches so it is best not to rely on mules carrying the things you need with them between stops.

Foam mattresses are provided for you to sleep on during our camping. If you would like more comfort please bring a light weight self inflating mattress such as a thermarest. Pillows are not provided so you may also wish to bring an inflatable pillow. You will need to bring a sleeping bag (3-4 season depending on time of year) and we recommend a lightweight sleeping sheet as well (for extra warmth or for when hot).

As you will be trekking through remote areas, washing and toilet facilities are basic and may be limited, if non-existent. The toilet facilities are usually squat toilets, and in two locations it's back to nature for the bathroom facilities. Most often only cold water is available. Should heating facilities be available, you may have to pay a small additional charge for this to cover costs of the gas used to heat the water.

Hiking Poles can be rented locally, please speak to your tour leader on arrival and they can help you arrange this.

## WEATHER

Please note that the climate in Morocco can be both very hot during the day in summer months (up to 50°C) and cold at night in the mountains in autumn, early spring and winter (down to -6°C). Summer months, from April to September are very hot throughout Morocco. Winter months November to March can be cool to cold, especially in the Atlas Mountains, with high probability of snowfall. Most Moroccan buildings are not equipped with heating, so without proper layers you will be cold at night. Please bring appropriate clothing for the months in which you are travelling and check temperatures before you leave. Bedding is provided in the desert camp and the gîte, but in winter months if you feel the cold you may wish to bring a sleeping bag too.

## RAMADAN

According to the lunar cycle, Ramadan will fall between Feb 28th - Mar 29th 2025, and Feb 17th - Mar 19th 2026. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

**DRINKING WATER:** It is advisable to drink bottled water in Morocco.

## AID AL-ADHA

During your visit to this country, we would like to inform you about an important celebration called Aid Al-Adha. This holiday may impact your travel experience, as most shops and restaurants are closed during the celebration. Some of the historical places we visit might also be closed during this time. There will be a shorter number of staff at the hotels and less crowded streets on the day of the celebration. Aid Al-Adha will fall between Jun. 16th-17th 2024, and Jun. 6th-7th 2025.

## What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. You can expect them to have a broad general knowledge of Morocco, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use certified local city guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

On this specific trip, your CEO will be an experienced mountain guide.

## How large will the group be?

Max 12, avg 10.

## What meals are included in this trip?

3 breakfasts, 2 lunches, 3 dinners

## What are the meals like on this trip?

On this tour many of your meals are included. You can expect simple, healthy seasonal food. Breakfast is typically bread, jam, cheese, sometimes eggs, accompanied by tea/coffee. Lunches are usually salads sometimes with eggs or tinned fish, always with bread. Dinners usually start with a soup followed by tagine, rice or pasta dishes, again with plenty of bread.

We are able to cater for vegetarians. Please advise us of any other special dietary issues at time of booking.

You are accompanied by a cook who, together with your CEO and mule handlers, will prepare your hearty meals during your trek. If you'd like to lend a hand and learn some of the local techniques, you are more than welcome!

Water and other drinks are at your own expense. Your CEO will give advice about the quantity of water to take at the start of the tour, and availability of additional supplies during the trek.

## What are the modes of transportation on my trip?

Private vehicle, walking/trekking.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotel (2 nts, possibly multi-share), mountain refuges/ tented camps (1 nt, multipshare).

## What kind of accommodation can I expect on this trip?

Camping:

We sleep in modern two person tents which are easy to set up. Foam mattresses are provided for you to sleep on during our camping. If you would like more comfort please bring a light weight self-inflating mattress such as a thermarest. Pillows are not provided so you may also wish to bring an inflatable pillow. You will need to bring a sleeping bag and we recommend a lightweight sleeping sheet as well (for extra warmth or for when hot). Bathroom facilities are "au naturelle" We will hide our "hole in the ground" toilet with a tent, and ask that all toilet paper is burnt. You can also make use the toilets and showers at the Toubkal refuge, but you will be asked to pay and often the camp is some distance from the refuge. Don't forget your flashlight/torch. Those worn as "headlamps" are especially useful.

Hotel:

In Marrakech we will stay in a local hotel in the new town. This is approximately a 25 minute walk to the central medina.

Please note that Morocco is a developing country and as such the infrastructure is not as reliable as you would expect at home. Expect quirky plumbing and the odd cold shower!

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport (outside of Terminal 2) to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please ensure you arrive at the joining hotel in Marrakech no later than 2:30pm for your welcome meeting.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

Regional Office Emergency Contact Number: +212 662 312 072

Arrival or Departure Transfer Emergency Phone Number: +212 661 861 950

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

Please note you will arrive back into Marrakech at approximately 12pm. Please do not book departing flights any earlier than 2pm.

If you wish to add on post-tour nights accommodation in Marrakech, please contact G Adventures or your travel agent for further details.

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Hiking/Trekking:**

- Gloves
- Hat
- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Snacks (Protein bars, chocolate, dried fruits, candies, energy sweets)
- Socks (Trekking socks – woollen or synthetic, not cotton)
- Thermal base layer (Woollen or synthetic, not cotton)
- Walking poles (Highly recommended)

**Warm Weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

### **Warm Weather Camping:**

- Headlamp
- Sleep sheet/Sleeping bag and pillow (Warm weather sleeping bag or light sheet to cover twin camping mattress, and a packable pillow) Note: This is a mountain trek going up to over 4167m/13000ft, therefore it is important that hikers are prepared for changing weather conditions (especially in the June and September). When choosing your gear please bear in mind that the best clothing for trekking is either wool or synthetic materials, as these are quick-drying and can keep heat in better. The optimum clothing system for trekking is layering, as it allows for easy temperature regulation as you ascend or descend. We suggest a base-layer, then a mid-layer such as a sweater, followed by a fleece jacket or similar, then a windproof and waterproof jacket. For your bottom half, thermal underwear, hiking pants then windproof and waterproof layers are recommended. Hiking poles are strongly recommended, especially for departures in June and early in the season. Sleeping bags are available for rent.

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Please be aware that visa requirements vary by nationality; citizens of certain countries, such as South Africa, may be subject to additional documentation requests. Since these official requirements are determined on a case-by-case basis and can be unpredictable, we strongly recommend applying for your visa well in advance. Should the embassy or consulate request further supporting documents, please contact us immediately for assistance.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The local currency in Morocco is the Moroccan Dirham (MAD).

ATMs are very common in Morocco with Cirrus and Plus system cards are the most widely accepted debit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work - it is important you check with your bank before departure and advisable to travel with more than one type of card.

Visa cards are the most widely accepted credit cards, but are generally only useful for larger/expensive purchases. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

The foreign currency most commonly accepted in Morocco is the Euro. You will be able to exchange Euros, as well as GBP and USD at money exchange offices in major cities.

Do not rely on credit or debit cards as your only source of money. A combination of cash (Euro/GBP or USD) and cards is best.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

Tipping is a way of life in Morocco. Locals themselves will usually tip anyone who provides them with services. In many cases, people depend on the tips they receive to supplement the low salary and wages of Morocco.

While on tour in Morocco, it is customary and even expected to tip small service providers such as restaurant and bar waiters, hotel staff, reception, cleaning personnel, bell boys, taxis and van drivers. Tips are regarded as an essential means of supplementing income for those working in the tourism industry.

To make things as easy as possible and avoid embarrassing situations, G Adventures has developed a tipping kitty system where your CEO will collect a contribution from everybody at the start of your tour and use this kitty to tip anybody who has provided services to the group as a whole. On Day 1 of your tour, your CEO will be able to advise on the amount required from everybody to form the tipping kitty for your trip. (this does not include your G Adventures CEO). You can pay in USD or the equivalent local currency (preferably local currency MAD). The CEO will be able to advise you on the exchange rate and the total required in either currency.

If at any time you feel that any service provider failed in maintaining or delivering good service, please bring it immediately to the attention of your CEO so a deduction of tips can take place.

At the end of your trip if you felt that your G Adventures CEO did an outstanding job, tipping is also expected and appreciated. The precise amount is entirely a personal preference, however \$8-11 USD per person per day can be used as a general guideline.

## What activities are optional on this trip?

- No optional activities

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, we recommend protection against typhoid, tetanus, infectious hepatitis and polio. You should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit, hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

Please note that your adventure travels to high altitude. This is medically defined as anything over 8,000ft (2,440m). Most people can travel to 8,000ft with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are affected on your adventure, please consult your physician.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts. Outside of capital cities and the more touristic centres, local dress is often more conservative and as a matter of respect we ask that both men and women are aware of this and recommend loose-fitting clothes with your shoulders covered. Ask your CEO for more specific advice.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.