



National Parks Family Journey: Yellowstone and Grand Teton

8 days, Jackson to Jackson

Trip code NUYNF

What's included

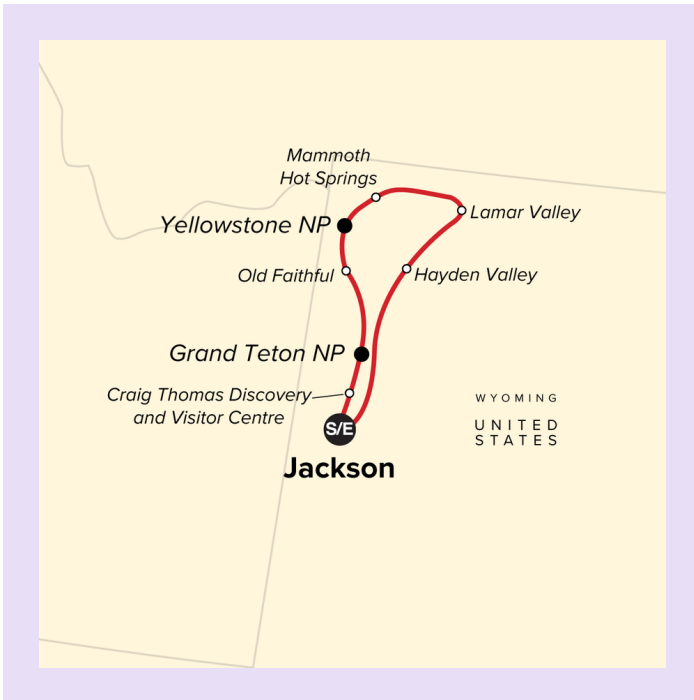
- Your Family Journeys Moment: Grand Teton Scenic River Float, Grand Teton National Park
- Your Family Journeys Moment: Wolf and Grizzly Center Visit, Yellowstone National Park
- Arrival transfer
- Guided Snake River float
- Grand Teton National Park entrance
- Jenny Lake boat ride
- Yellowstone National Park entrance
- Two full days touring through Yellowstone National Park's highlights
- Lamar Valley wildlife safari
- Wolf and Grizzly Center Visit
- All tips included for activities and meals, except for Expedition Leaders and portage
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 28th, 2022 and onwards

Itinerary



Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details. Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Jackson

Arrive in time to meet your fellow travelers for a welcome gathering this evening. Your arrival transfer is included.



Accommodation

Mountain Modern Motel (or similar)

Motel



Today's Activities

Arrival Transfer

Jackson

You will be transferred from the airport to your start hotel.

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your Expedition Leader will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Spend the day exploring the spectacular peaks and valleys of Grand Teton National Park, beginning in the Moose historic district, where early log-cabin homesteads help tell the stories of the bold fur trappers, mountain men, and female entrepreneurs who settled the region. At the park's Craig Thomas Discovery and Visitor Center, young travelers begin their junior ranger journey. Later, grab an oar for a rafting expedition down the Snake River. As you gently float along, spot mule deer, pronghorn, elk, and moose in the surrounding woodlands and meadows. Enjoy a delicious lunch after your river adventure.



Meals included

Breakfast | Lunch



Accommodation

Mountain Modern Motel (or similar)

Motel



Today's Activities

Private Vehicle

Jackson - Grand Teton National Park

1h-1h30m

65km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Enjoy a 16km (10 mile) guided scenic raft trip on the Snake River in Grand Teton National Park. Learn from local guides about the history of the region, as well as the plant and wildlife against a backdrop of majestic peaks. Keep your eyes peeled for moose, bald eagles, osprey, bears, beavers, and more.

Private Vehicle

Grand Teton National Park - Jackson

1h-1h30m

65km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

Grand Teton National Park

Board a boat for the ride across Jenny Lake; then set out on a hike in Cascade Canyon—carved by retreating glaciers some 15,000 years ago—and continue to Hidden Falls, plummeting almost a hundred feet into the gorge. This afternoon, opt for a hike around Jackson Lake. Young explorers will also have the opportunity to complete their junior ranger activities and claim their Grand Teton badge!



Meals included

Breakfast



Accommodation

Mountain Modern Motel (or similar)

Motel



Today's Activities

Private Vehicle

Jackson – Jenny Lake

30m

33km

Settle in and scan the scenery from the convenience of a private vehicle.

Jenny Lake and Cascade Canyon Hike

Grand Teton National Park

3h-4h

4km

Choose to take the shuttle boat across Jenny Lake to begin the hike towards Cascade Canyon to Hidden Falls and Inspiration Point. (Round trip Length: 2.2 Miles, Total Elevation Gain: 450 Feet)

Private Vehicle

Jenny Lake – Colter Bay Village

45m

40km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Grand Teton National Park

Enjoy free time to explore Grand Teton National Park. Stick to Jackson Lake to canoe, kayak, or swim. Opt to hit another trail on a hike or horseback ride.

Private Vehicle

Colter Bay Village – Jackson

1h-1h30m

70km

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 3

Swim or Hike around Jenny Lake

Jenny Lake

Free

1h-3h

Grab a swimsuit or your shoes, or both and set off in the peaceful setting of the Tetons. Swim in the clear waters of Jenny Lake or hike around the shore, or a combination of the two.

On a morning drive, we'll cross the Continental Divide and travel into the vast caldera of the Yellowstone supervolcano—a volcano capable of a massive eruptions, which Yellowstone has experienced three times in just over two million years. View wisps of steam rising from geothermal hotspots throughout the park—home to about half of the world's geysers. Visit the Old Faithful Visitor Education Center to begin a new junior ranger journey, and gather to watch the famed geyser erupt on the clock. Stroll boardwalks winding between the bubbling and gurgling hot springs and geysers of the Upper Geyser Basin.

Please note, the long drive days listed on days 4-7 include multiple stops and are inclusive of all activities described in the day itinerary.



Meals included

Breakfast



Accommodation

Yellowstone Park Hotel (or similar)

Hotel



Today's Activities

Yellowstone National Park Visit

Yellowstone National Park

Make several stops throughout the day. Today the journey is the destination. Cross the Continental Divide and get a taste of just some of the 10,000+ hydrothermal features, 500+ active geysers (more than half the world's geysers), and almost 300 waterfalls. Stay on the lookout for the 67 species of mammals and 285 species of birds that call this place home.

Private Vehicle

Jackson - Yellowstone National Park

8h-9h

250km

Settle in, scan the scenery from the convenience of a private vehicle and enjoy the wonders of Yellowstone.

Days 5–6

Yellowstone National Park

Venture out in search of astonishing geological activity and amazing creatures in the Yellowstone wilderness—established as the world’s first national park in 1872. Hike in the spectacular Grand Canyon of Yellowstone and see the rushing river and falls; then in the lush Hayden Valley, marvel at the bubbling Mud Volcano and the turbulent waters of the acidic Sulphur Caldron. Further your discoveries at the Grizzly and Wolf Discovery Center where you will encounter bear habitats, gray wolves, river otters, and have the opportunity to observe, understand and ultimately appreciate these magnificent animals. You’ll also have the chance to explore the historic town of Mammoth Hot Springs, home to Yellowstone National Park headquarters; and stop at Roosevelt Lodge, once a tent camp for trappers and explorers. Set out on safari through the sweeping Lamar Valley—known as the “Serengeti of North America” for its high concentration of wildlife, including bison, elk, and elusive wolves and grizzly bears.

There is so much to see and do in Yellowstone National Park and the wildlife is a big part. Based on animal sightings and park ranger feedback, we give our Expedition Leaders the opportunity to adjust the order of highlights explored in the park. The activities above will be delivered across day 5 and 6 of this tour.



Meals included

Breakfast | Lunch



Accommodation

Yellowstone Park Hotel (or similar)

Hotel



Today’s Activities

Private Vehicle

Yellowstone National Park

9h

172km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Enjoy a visit to the Wolf and Grizzly Center and have an opportunity to observe, understand and ultimately appreciate grizzly bears and gray wolves serving as ambassadors for their wild counterparts. All the animals seen at the Center are unable to survive in the wild. See exhibits like, the Banks of the Yellowstone River Otter, The Raptors, and The Naturalist Cabin with exceptional views of wolves and Bears. Naturalists will be available throughout the facility to answer any questions you might have during our 1.5 hour visit.

Yellowstone National Park Visit

Yellowstone National Park

Make several stops throughout the day. Today the journey is the destination. Geysers, waterfalls, wildlife, and scenic beauty are around every corner just waiting to be explored. In fact, Yellowstone National Park is a super volcano with the world's largest active geyser field, boasting more than 10,000 geysers. The Park is also home to more wild animals than almost anywhere else in the U.S., including roaming bison, gray wolves, elk, black bears, and, of course, the famous grizzly bear. Spend the day discovering the impressive natural phenomenon within the park.

Day 7

Yellowstone National Park

Enjoy a final day exploring one of America's most beloved national parks. Descend a wooden boardwalk into the vast Norris Geyser Basin, dotted with colorful pools and steaming fumaroles and peer into the spectacular rainbow-hued Grand Prismatic Spring, where thermophilic bacteria generate incredible shades of yellow, blue, and red. Then stop by the Old Faithful Visitor Education Center for lunch, where young travelers can claim a Yellowstone junior ranger badge.



Meals included

Breakfast | Dinner



Accommodation

Yellowstone Park Hotel (or similar)

Hotel



Today's Activities

Yellowstone Final Highlights

Yellowstone National Park

Take in any remaining highlights of Yellowstone National Park. Continue to stay on the lookout for the wildlife that calls this place home.

Head back to Jackson early this morning where tour ends in downtown Jackson.

When arranging your flights, please take into consideration the below time restrictions for departing from your group. With these times, we have taken into account travel time to/from the airport in the given destination and required time for check-in or baggage collection/immigration.

Please note that your outgoing flight from Jackson Hole Airport (JAC) must depart no earlier than 14:00 (2pm) on Day 8. The group will be brought to downtown Jackson. You must make your own way to the airport from there as only permitted airport vehicles can do airport drop offs.



Meals included

Breakfast



Today's Activities

Private Vehicle

Yellowstone National Park - Jackson

3h-4h

250km

Settle in and scan the scenery from the convenience of a private vehicle.

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

What's included

- Your Family Journeys Moment: Grand Teton Scenic River Float, Grand Teton National Park
- Your Family Journeys Moment: Wolf and Grizzly Center Visit, Yellowstone National Park
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What are the main highlights of this trip?

Set out on a wildlife safari through Yellowstone's Lamar Valley, where wolves prowl, buffalo roam, and grizzly bears gather, Raft down the Snake River in Grand Teton National Park, and break for a riverfront barbecue, Marvel at the bubbling mud pots, exploding geysers, and steaming hot springs that reveal the wild underground world of the Yellowstone supervolcano, Complete an educational odyssey as you work to earn your junior ranger badges from both parks.

Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details.

Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

What are the main highlights of this trip?

Set out on a wildlife safari through Yellowstone's Lamar Valley, where wolves prowl, buffalo roam, and grizzly bears gather, Raft down the Snake River in Grand Teton National Park, and break for a riverfront barbecue, Marvel at the bubbling mud pots, exploding geysers, and steaming hot springs that reveal the wild underground world of the Yellowstone supervolcano, Complete an educational odyssey as you work to earn your junior ranger badges from both parks.

Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details.

Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

What important notes should I be aware of before the trip?

All parents/guardians are required to supervise their children at all times throughout the tour and may not leave their child under the supervision of the Expedition Leaders, local guides, drivers, etc. Children are not to be left unattended.

Please note that on all Family Adventures one adult can only accompany up to two minors. If you have over two minors planning on travelling then a second adult will be required to attend.

NON-RESIDENT NATIONAL PARK FEES

Standard entrance fees to the National Parks visited on this trip are included in your trip price. From January 2026 onward, the US National Park Service is introducing an additional 'US Non-Resident Fee' to enter National Parks included in this trip. This fee is applicable to passengers who are not US residents. These fees range from USD 100 to USD 250 per person. These fees need to be paid locally (USD cash) and are in addition to your trip payment. On Day 1, your Expedition Leader will facilitate the processing of these fees for all travelers who are impacted.

TRAVEL DAYS

In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.

WALKS AND HIKES - OPTIONAL

All walks and hikes proposed by our Expedition Leader will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.

LEGAL DRINKING AGE

Please note that the legal drinking age in the United States is 21. Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws are strictly enforced and our Expedition Leaders are unable to help those under age obtain alcohol of any kind.

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.

ACCOMMODATION NOTE

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the group leader like?

All National Geographic Family Journeys with G Adventures group trips are accompanied by two of our National Geographic Expedition Leaders. The aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense; you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 20

What meals are included in this trip?

7 breakfasts, 3 lunches, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling and we encourage you to experience the vast array of wonderful food that is available out in the world. Its important to remember, that food may be different from what you are used to at home and that some things may not be available in other countries.

Some meals are included in the trip price, while others are not, to allow flexibility and choice to you and your family. For non-included meals our Expedition Leaders will still make arrangements for the group to eat together, which allows you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. For all trips please refer to the meals included and budget information for included meals and approximate budget (per person) for meals not included.

Throughout this trip, breakfast is included daily (ranging from continental to buffet depending on the trip), as are healthy, local snacks. Tap water is safe and drinkable everywhere. Please remember to bring your own refillable bottle and refill at the start of each day.

Note that any special meal requirements or dietary restrictions need to be specified at time of booking.

What are the modes of transportation on my trip?

Private vehicle, boat, walking

What transportation will we take on this trip?

For this trip we use two 15-seat vehicles with internal luggage storage for up to 14 people plus an Expedition Leader and Driver.

These vans are durable vehicles that allow us to drive on most types of roads in North America.

With mandatory seat belts to keep us secure and safe. No standing is permitted in these vehicles.

This is not a physically demanding journey. There is air conditioning to cool things down on warm days to keep everyone more comfortable. Travelling can be difficult, with long drives and limited space in the van. Please take note of the travel times and distances in the above itinerary. Despite some of the long days, most travellers feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience!

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Odd number adult travellers in your family will be paired in twin accommodation with another adult traveller of the same sex for the duration of the trip.

Where will we stay during the trip?

Hotels (7 nts)

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

Rooming is based on double occupancy (2 passengers / 2 beds per room); all other room configurations are on request and cannot be guaranteed. We will try to accommodate triples/quad requests whenever possible and it's important to note that rooming configuration can change from city to city and 2 single beds are the standard configuration in a room.

Please remember that hotel/lodge standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

WELCOME MEETING TIME: 18:00

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your National Geographic Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-725-201-1494

From within the USA: 725-201-1494

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What instructions should I follow at the finishing point?

Please note that your outgoing flight from Jackson Hole Airport (JAC) must depart no earlier than 14:00 (2pm) on Day 8. The group will be brought to the start hotel in Jackson and from there you can set up transfers to the airport. Your Expedition Leader will also be able to help you book the departure transfer on site. The approximate shuttle prices to/from the airport are \$95 per transfer and can hold up to 4 people. Only permitted airport vehicles can do airport drop offs. It will take at least 15 minutes to travel from your hotel drop-off point to the airport.

What should I take on my trip?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters are not often available, so be prepared to carry your own bags.

What should be on my packing list?

Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear Note: It is important to pack clothes for warm days and cool evenings, as well as a light waterproof jacket. For days in the outdoors, layering is key. We recommend the use of lightweight, breathable, clothes. Yellowstone can have unpredictable weather with snow and heavy rain even in Summer time. Spring time can be snowy (until end of June) and fall season could start as soon as mid-August. Make sure you have clothing for all conditions. We're working with our accommodation partners to reduce single-use plastic on our tours by providing safe drinking water for refillable bottles wherever possible. Find out more about our Plastics Partnership Project here.

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your Expedition Leader where the closest laundromat is. There will be times when you may want to or have to do your own laundry, so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The United States currency is the US Dollar (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Local tipping is included on this Family trip which covers local guides, drivers and gratuity for included meals. At the end of your trip if you felt your two National Geographic Expedition Leaders did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline; per Expedition Leader, \$10-15 USD per person, per day can be used as a guide.

For non-included meals in restaurant, a guideline is 15-20% of cost of bill.

What activities are optional on this trip?

Jenny Lake

- Swim or Hike around Jenny Lake
(Free, Free per group)

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your National Geographic Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

How old must I be to join this trip?

Minimum age of 7 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.