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Sorry! There are no remaining departures for "National Parks of the Northwest US" (NUSP), [but here are some similar trips](#).

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This itinerary is valid for departures in 2017. To view the 2018 itinerary [click here](#).



National Parks of the Northwest US

15 days, Seattle to Portland

Trip code NUSP

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Mt Rainier Park visit

- Coeur d'Alene stop
- Glacier NP visits
- Yellowstone NP visits
- Grand Teton NP visit
- Craters of the Moon National Monument visit
- Crater Lake NP visit
- Oregon Coast visit
- All transport to/from included activities and between all destinations

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing September 29th, 2016 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Seattle

Arrive at any time. There are no activities planned until an evening welcome meeting.

There's a lot to see and do in Seattle, and we recommend spending extra time here if you'd like to explore the city.



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Seattle/Mount Rainier National Park

Drive to nearby Mt Rainier National Park. Explore the park on one of the many hiking trails, including the Skyline, Nisqually Vista, or Bench/Snow Lake Trail.



Today's Activities

Private Vehicle

Seattle - Mount Rainier National Park

3h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Mount Rainier National Park

Hit the trails and discover the natural beauty of Mt. Rainier NP.



Optional Activities - Day 2

Hiking

Mount Rainier National Park

Hit the trails to explore Mt Rainier NP. With a variety of options for all skill levels, get out there!

Day 3

Mount Rainier National Park/Wallace

Continue east through the state of Washington. Check out scenic Coeur d'Alene, Idaho, en route to the quirky, small town of Wallace.



Today's Activities

Private Vehicle

Mount Rainier National Park - Wallace

6h-7h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Wallace

Enjoy a relaxed evening in this quaint town with a long mining history. Opt to visit the historic district, tour a mine, or go for a hike.



Optional Activities - Day 3

Wallace Walking Tour

Wallace

Meet the "Prime Minister" of the town of Wallace for a walking tour of this quaint and quirky town.

Day 4

Wallace/Glacier National Park

Enjoy the drive into Montana, and head to Glacier National Park for the first night of camping in Big Sky Country.



Meals included

Dinner



Today's Activities

Private Vehicle

Wallace - Glacier National Park

3h30m-4h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Glacier National Park Visit

Glacier National Park

Visit this largely untouched land, referred to as the "Crown of the Continent Ecosystem". Explore the vast national park, encompassing pristine forests, alpine meadows, rugged mountain ranges, and spectacular lakes, and keep your eyes peeled for wildlife including mountain goats and grizzlies.

Day 5

Glacier National Park

Explore Glacier NP with its many glaciers, lakes and streams. Opt to drive Going-to-the-Sun Road and reach the Continental Divide.

With over 20 glaciers and 200 lakes and streams, Glacier National Park is a must see. Choose from 730 miles of hiking trails to really enjoy this majestic park.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Glacier National Park Visit

Glacier National Park

Visit this largely untouched land, referred to as the “Crown of the Continent Ecosystem”. Explore the vast national park, encompassing pristine forests, alpine meadows, rugged mountain ranges, and spectacular lakes, and keep your eyes peeled for wildlife including mountain goats and grizzlies.



Optional Activities - Day 5

Glacier National Park Hikes

Glacier National Park

Free

1h-7h

2-15km

Take optional hikes throughout the park ranging from lakeside walks to treks through rugged forests to alpine lakes, glaciers, and mountain vistas. Some trails will be closed through late spring due to snow or avalanche risks. Ask your CEO to point you in the direction of the best trails to suit your needs.

Glacier Helicopter Tour

Glacier National Park

260-1000USD

30m-1h

Take a helicopter ride over Glacier National Park for breathtaking views over this million-acre mountainous park. Only a fraction of the stunning terrain can be seen by road or trail. Fly amongst the mountains and witness snow-capped peaks, glaciers, alpine lakes and historic chalets.

Day 6

Glacier National Park/Bozeman

Drive south to the university town of Bozeman, Montana. Enjoy a hotel night before carrying on to Yellowstone.



Meals included

Breakfast | Lunch



Today's Activities

Private Vehicle

Glacier National Park - Bozeman

4h-5h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Bozeman

Enjoy a free afternoon in Bozeman. Explore the town, or stop by Main St. for 'Music on Main' in the summer months.

Day 7

Bozeman/Yellowstone National Park

Spend the day driving through the northern section of Yellowstone National Park. The ride can be slow-going due to all the stopping for bears, elk and bison that may cozy up to the road. Soak in the scenery before camping just outside the park.



Meals included

Lunch | Dinner



Today's Activities

Private Vehicle

Bozeman - Yellowstone National Park

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Yellowstone Northern Loop Excursion

Yellowstone National Park

3h-4h

2km

Explore the Northern Loop in Yellowstone National Park, which features beautiful scenery, exciting wildlife, and spectacular hydrothermal features. Tour the ever-maturing Mammoth Hot Springs, walk the Porcelain Basin trail through Norris Geyser Basin, check out the vibrant Grand Prismatic Spring, and discover the impressive waterfalls and natural colours of the Grand Canyon of Yellowstone!

Day 8

Yellowstone National Park

Continue exploring more sections of the park, home to the most wild animals in the US. Check out waterfalls, take short hikes and lay eyes on Old Faithful.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Yellowstone National Park Visit

Yellowstone National Park

Make several stops throughout the day. Today the journey is the destination. Geysers, waterfalls, wildlife, and scenic beauty are around every corner just waiting to be explored. In fact, Yellowstone National Park is a super volcano with the world's largest active geyser field, boasting more than 10,000 geysers. The Park is also home to more wild animals than almost anywhere else in the U.S., including roaming bison, gray wolves, elk, black bears, and, of course, the famous grizzly bear. Spend the day discovering the impressive natural phenomenon within the park.

Day 9

Yellowstone National Park/Jackson

Spend the morning driving through Yellowstone and Grand Teton National Parks before reaching the fun, cowboy town of Jackson Hole. Opt to check out some hikes nearby, do some shopping or check out cool cafés. In the evening, opt to whet the whistle at a cowboy bar.

Cross the Continental Divide, and enjoy the view of more than 12 peaks that make up this beautiful drive. Stop at Grand Teton National Park and take in the tranquil surroundings.

In the late afternoon, reach Jackson and marvel at the town square's elk antler arches. In the evening, enjoy a night out with a true wild western atmosphere at the One Million Dollar Bar.



Meals included

Breakfast



Today's Activities

Private Vehicle

Yellowstone National Park - Jackson

5h-6h

Settle in and scan the scenery from the convenience of a private vehicle.

Grand Teton National Park Visit

Grand Teton National Park

Visit Grand Teton National Park, a natural playground that offers serene landscapes, alluring wildlife, hidden waterfalls, and hundreds of hiking trails throughout the park. Towering above pristine lakes and alpine terrain, the Teton Range includes more than 8 peaks at an elevation greater than 12,000 ft (39370m).



Optional Activities - Day 9

Grand Teton National Park Hike

Grand Teton National Park

Get out and explore the trail and incredible scenery in Grand Teton National Park. For an easy hike with breathtaking views, stick to the trails near the water.

Jenny Lake Shuttle

Grand Teton National Park

19USD

Stop at beautiful Jenny Lake and take a boat ride across the lake. Hike 3km (1.9 mi) to discover Hidden Falls and Inspiration Point on the other side of the lake.

Jackson Horseback Riding

Jackson

35-85USD

1h-3h

Saddle up and take a scenic ride through mountain trails into an area of unspoilt natural beauty. Enjoy peaceful surroundings along the famous Snake River and see if you can spot various wildlife in their natural habitat.

Million Dollar Bar Visit

Jackson

Free-20USD

1h-1h

Enjoy a night out in a true Western town. Opt to go to the One Million Dollar Bar, Wyoming's landmark watering hole, known for its western dancing, live entertainment, and fascinating decor, including knobbed pine architecture and genuine saddle barstools. (Bar entry and drinking age in the United States is 21.)

Start heading west to Boise, Idaho, stopping at Craters of the Moon National Monument en route.



Today's Activities

Private Vehicle

Jackson - Boise

6h-7h

Settle in and scan the scenery from the convenience of a private vehicle.

Craters of the Moon National Monument Visit

Craters of the Moon National Monument

Pull off the highway and prepare to get transported to another planet. Craters of the Moon National Monument is a series of lava flows created 15,000 years ago that greatly resembles the surface of the moon. A previous training ground for astronauts, get out and explore the dramatic landscapes of the area.



Optional Activities - Day 10

Lava Tube Exploration

Craters of the Moon National Monument

Explore the crevices and caves formed thousands of years ago by flowing lava rivers. The dark, cool caves are a stark contrast to the landscape outside - bring close toed shoes and a flashlight to discover this underground world.

Day 11

Boise/Bend

Continue on to Bend, Oregon, consistently voted one of the best places to live in the US. Arrive in time to explore a bit of the town.



Today's Activities

Private Vehicle

Boise - Bend

5h-6h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Bend

Enjoy free time in Bend. Opt to go kayaking on the Deschutes River or visit a local brewery.



Optional Activities - Day 11

Canoe by Moonlight

Bend

90USD

Slice through the beautiful waters of a Cascade Lake while being led by the moon and stars. Enjoy the calm of nature illuminated by the night sky, before capping off the night with dessert and a local brew on the water's edge. Bliss? Definitely.

Bend Kayaking

Bend

20USD

Grab a paddle and explore the stretch of the Deschutes through the Old Mill District. Paddle upstream for 1.5 miles before enjoying a leisurely float back to the dock.

Bend Brewery Tour

Bend

80USD

Home to 16 craft breweries, Bend is a beer lovers paradise! Hop on the 'Bend Brew Bus' and visit four local breweries for a behind-the-scenes look at the brewing process and enjoy samples at each, of course. (Bar entry and drinking age in the United States is 21.)

Leave early to spend a few hours at gorgeous Crater Lake National Park. Enjoy a short hike in the area before continuing on to the university town of Eugene.



Today's Activities

Private Vehicle

Bend - Crater Lake National Park

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Crater Lake National Park Visit

Crater Lake National Park

Considered by scientists to be the cleanest and clearest large body of water in the world, and the deepest lake in the U.S. at 1943 ft, Crater Lake is sure to impress. The lake rests in a dormant volcano - explore this National Park and its many viewpoints. Get sweaty on a steep hike before opting to jump into the crystal clear lake for a quick swim or stay on the rim and gaze at the sapphire waters below.

Private Vehicle

Crater Lake National Park - Eugene

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 13

Eugene

Enjoy an included excursion to a nearby coastal town to relax on the beach or try a sand boarding excursion. Feel free to opt out and spend the day exploring more of Eugene.



Today's Activities

Day trip to Oregon Coast

Eugene

Head to the beautiful Oregon coast. Depending on the group's interests and the day's weather forecast, you'll have time to stroll along the beach, explore sand dunes, or hike coastal trails.



Optional Activities - Day 13

ATV Rental

Florence

50-300USD

Discover the Oregon dunes on an ATV. With self-driving and group dune buggy options, there's no better way to discover the desert scenery right next to the ocean.

Heceta Head Lighthouse Visit

Heceta Head

Stop for a visit at this historic lighthouse. Check out the various rock formations jutting out of the water, and explore the surrounding caves.

Honeyman Memorial State Park Visit

Florence

This state park right on the Oregon coast has something for everyone. Opt to go kayaking, stand-up paddleboarding, or rent a sandboard and slide down the dunes.

Day 14

Eugene/Portland

Drive the final stretch north to the city of Portland. One of the most popular cities to visit north of California on the West Coast, Portland is artsy, funky and full of great eating and drinking options. Spend the afternoon getting to know this charming city.



Today's Activities

Private Vehicle

Eugene - Portland

2h-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Portland

Enjoy a free afternoon to discover this quirky city. Opt to visit the Saturday market, take a food tour, stop by local breweries, visit Washington Park, or go shopping – the options are endless!

Day 15

Portland

Depart at any time.

With so much to see and do here, opt to extend your stay and see more.



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your Welcome Moment: Meet Your CEO and Group
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What are the main highlights of this trip?

Get inspired by wilderness in the Rockies, watch geysers erupt in Yellowstone, indulge in craft beer in laid-back Oregon, get a taste for the Northwest's majestic national parks, visit quirky towns and funky cities.

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. TRAVEL DAYS

In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.

2. WALKS AND HIKES - OPTIONAL

All walks and hikes proposed by our CEO will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.

3. LEGAL DRINKING AGE

Please note that the legal drinking age in the United States is 21. Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out in Las Vegas or New Orleans is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws in both countries are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind.

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.

What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

While our CEOs are trained and have resources to assist them along the way, the United States is the fourth largest country on the planet, and it is impossible for them to know everything about this massive country. We recommend local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds

Please note that specific tour guide licenses are required to guide in certain cities and regions, and as such, our CEOs will oftentimes provide brief orientation walks to point out useful places like supermarkets, main squares and ATMs but for more specific or in depth destination information, an official guided tour is recommended.

How large will the group be?

Max 14, avg 12

What meals are included in this trip?

4 breakfasts, 4 lunches, 4 dinners

What are the modes of transportation on my trip?

Private vehicle, walking

What transportation will we take on this trip?

We use 15-passenger vans for up to 14 people plus the CEO/Driver for all our of our trips in North America. For groups of 8 and more travellers, we also use a trailer to carry luggage and camping equipment.

These vans are durable vehicles that allow us to drive on most types of roads in North America.

Each van has a front passenger seat and 4 benches that will accommodate 3 people each. No standing is permitted in these vehicles, but there is air conditioning to cool things down on warm days and mandatory seat belts to us secure and safe.

This is not a physically demanding journey. However, travelling can be difficult, with long drives and limited space in the van. Please take note of the travel times and distances in the above itinerary. Despite some of the long days, most clients feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience!

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (9 nts), hotel (1 nt, shared facilities), participation camping in or around national parks (4 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room/Tent" option for this tour, you will receive your own single room/tent for all nights, except for the below.

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Day 2

What kind of accommodation can I expect on this trip?

This trip uses 2-3 star hotels and motels in cities and near park entrances. Our chosen hotels vary in size, character, and amenities, but are of a good standard, and the rooms are double occupancy, almost all with en suite bathroom. There is also four nights of camping on this trip where staying somewhere closer to nature will definitely enhance the experience.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

TAXI

Yellow Cabs are available on the third floor parking garage. A cab from Sea-Tac airport to downtown Seattle ranges from \$50-55 USD.

LINK LIGHT RAIL

Upon arrival, follow the signs to Link Light Rail by way of the fourth floor of the parking garage (and not Public Transit). The fare is \$3 USD to Westlake Station. Transfer to Metro transit (Route 71) to destination. A ticket must be purchased prior to boarding the train, this can be done with cash or credit card.

Link is a separate entity from Metro transit that serves downtown Seattle. If you buy a ticket for the train and you wish to transfer to a city bus that would be another fare. You can buy an Orca card from the ticket machine that does allow for transfers. This will cost \$5 and you can 'load' it with any amount of money that you wish.

SHUTTLE EXPRESS

The Shuttle Express is a shared van service that can be pre-booked online (www.shuttleexpress.com). The fare is \$19 USD per person in a shared van and goes from the airport to most downtown hotels.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-412-423-8143

From within the USA: 412-423-8143

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible.

For days in the outdoors, we recommend the use of lightweight, breathable, moisture-wicking fabrics made of wool or synthetic fibers. Cotton is not recommended for days spent hiking as it does not allow for heat or moisture to enter or escape, and it will not dry easily once wet.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

It is important to pack clothes for warm days and cool evenings, as well as a light jacket. A set of smart casual clothes is also advisable.

Weather in the Pacific Northwest is unpredictable. Prepare for everything from sun and heat to rain and potentially even a little snow in Montana. Layers are best.

What should be on my packing list?

Camping:

- Bug net/ bug spray
- Day Pack (with water bladder or refillable bottle)
- Flashlight/torch (Headlamps are ideal)
- Hiking boots/sturdy walking shoes
- Sleeping bag and liner, 4 season
- Small travel towel
- Socks
- Sunglasses
- Sunscreen
- Thermal base layer
- Toiletries (Preferably biodegradable)
- Travel pillow
- Watch and alarm clock
- Waterproof daypack cover
- Windproof rain gear (Rain and Windproof rain gear - pants and jacket)
- Your own inflatable sleeping pad (or you can use the one provided)

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry can be done at least once a week while on tour. Some hotels and most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The United States currency is the US Dollar (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$5-10 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

What activities are optional on this trip?

Mount Rainier National Park

- Hiking

Wallace

- Wallace Walking Tour

Glacier National Park

- Glacier National Park Hikes
(Free)
- Glacier Helicopter Tour
(260-1000USD per person)

Grand Teton National Park

- Grand Teton National Park Hike
- Jenny Lake Shuttle (19USD per person)

Jackson

- Jackson Horseback Riding
(35-85USD per person)
- Million Dollar Bar Visit
(Free-20USD per person)

Craters of the Moon National Monument

- Lava Tube Exploration

Bend

- Canoe by Moonlight (90USD per person)
- Bend Kayaking (20USD per person)
- Bend Brewery Tour (80USD per person)

Florence

- ATV Rental (50-300USD per person)
- Honeyman Memorial State Park Visit

Heceta Head

- Heceta Head Lighthouse Visit

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.