



New Zealand Multisport

22 days, Auckland to Christchurch

Trip code ONAM

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Franz Josef

- Cycle through Karangahake Gorge
- Traditional hangi lunch
- Tongariro Alpine Crossing hiking excursion (weather dependent)
- Jet boat along Whanganui River
- Free time in Rotorua
- Abel Tasman National Park hike
- Sea kayaking in Abel Tasman National Park
- Punakaiki pancake rocks visit
- Seal colony stop
- Okarito Lagoon walk
- Full-day Routeburn Track hiking excursion
- Fiordland National Park visit
- Cruise through Milford Sound
- Hike the Mt Cook area
- Bike through Wanaka
- Orientation walk in Christchurch
- Free time in Franz Josef and Queenstown
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 6th, 2025 - October 31st, 2026

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Auckland

Arrive to your hotel by 3pm today to jump straight into the action with an exclusive introduction to the All Blacks, New Zealand's national rugby union team. Experience the mighty Haka and then opt to grab dinner with your group.

Please book any arriving flights to land by 1pm into Auckland.

Jump right into your adventure by adding the 'Auckland Sailing: America's Cup Experience' extra to your tour. Work with a crew to sail around Auckland's Waitemata Harbour on a competitive yacht, and take in the stunning views. PLEASE NOTE: If booking this extra, a pre-night in Auckland is highly recommended as this activity may start early in the morning on Day 1.

If you are interested in visiting the Hobbiton Movie Set, we recommended that you book additional pre-trip accommodations and purchase a day trip from Auckland on (or prior to) Day 1 of this tour.



Accommodation

Oaks Auckland Hotel (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

All Blacks Experience

Auckland

1h30m-1h30m

Experience the mighty Haka and learn all about the history of the world famous All Black national rugby union team in this interactive experience. This private guided immersion will take you on a uniquely New Zealand journey.



Optional Activities - Day 1

Waiheke Island Excursion

Waiheke Island

62-369NZD

3h-8h

Take a ferry ride to Waiheke Island for a quick, fun getaway. Swim or kayak at white-sand beaches in the Hauraki Gulf. Tour the island's tracks and bush reserves, or sample your way through some of the island's 19 boutique wineries (the island produces some of New Zealand's finest reds).

Auckland Sailing: America's Cup Experience (Pre Tour)

Auckland

210NZD

As part of the boat crew, you'll work together with your teammates to sail around Auckland's Waitemata Harbour in this competitive yacht. Either take the helm and participate or sit back and enjoy the spectacle - the choice is yours.

Enjoy a morning cycle through the beautiful Karangahake Gorge, then travel on to the lakes region of Rotorua. En route to Rotorua visit The Redwoods.



Accommodation

Sudima Lake Rotorua (or similar)

Hotel



Today's Activities

Private Vehicle

Auckland - Waihi

2h-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Karangahake Gorge Cycling

Karangahake Gorge

1h-2h

18km

Enjoy beautiful scenery on this interesting ride through Karangahake Gorge that combines history, nature, and adventure all in one trip! Follow the historic Paeroa to Waihi rail line. Cycle old lines and through a tunnel along the river that runs through the gorge. Take it easy, if you wish - this trail is suitable for cyclists with little experience and offers lots to take in on the way.

Please note that you may upgrade to an E-bike upgrade (subject to availability) at an additional cost of NZ \$50. This can be arranged with the CEO on Day 1 of the trip at the welcome meeting.

Private Vehicle

Waihi - Rotorua

2h-2h30m

120km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

Rotorua

Enjoy a free morning in Rotorua, a town in a geothermal area with boiling mud and hotpools. Opt to go whitewater rafting, go hiking, or hit the spa. Later in the afternoon, visit the New Zealand Arts and Crafts Institute to speak to local Maori carvers and tuck into a delicious Hangi meal cooked underground.

This region of New Zealand is renowned for its geothermal qualities. Enjoy free time to experience the regions' geothermal wonders. Opt to go white water rafting or indulge in the therapeutic hot springs.



Meals included

Breakfast | Lunch



Accommodation

Sudima Lake Rotorua (or similar)

Hotel



Today's Activities

Free Time

Rotorua

Enjoy free time in Rotorua to enjoy one of the many optional activities available in the area.

Te Puia Te Ra Experience with Lunch

Rotorua

Join your Maori guide for a tour of the New Zealand Maori Arts and Crafts Institute and speak with local carvers. After your exploration, experience a late lunch at a Hangi meal cooked in the ground using the steam from the geothermal activity.



Optional Activities - Day 3

Hot Springs

Rotorua

50-360NZD

Soak tired muscles in the area's natural hot springs and let the mineral water work its magic. Rotorua is home to a number of amazing geothermal parks – be sure you don't miss the healing and relaxing benefits of the city's naturally heated waters.

Zorbing

Rotorua

49-169NZD

1h-1h30m

Hop into a giant inflatable ball and take a thrilling ride down Mt Ngongotaha. This outrageously fun and bizarre ride is a must-do when in Rotorua, so don't miss out!

Whitewater Rafting

Rotorua

135NZD

2h-3h

Get your adrenaline fix on this exhilarating white water rafting trip. Enjoy the amazing scenery along the way, but don't forget to paddle!

Rotorua Canopy Tours

Rotorua

199-269NZD

3h-3h30m

Experience life among the treetops of a Kiwi forest through this one-of-a-kind nature tour. Gain a whole new perspective on the plants, animals, and insects that call this environment home, and learn about conservation efforts to protect the region's subtropical forests. Opt to book the Original Canopy Tour (3 hrs) or the Ultimate Canopy Tour (3.5 hrs).

Start your day with the Tongariro Alpine Crossing, widely regarded as New Zealand's premier one-day trek. Traverse dramatic volcanic landscapes, pass shimmering emerald lakes, and marvel at breathtaking alpine views. After this incredible adventure, you'll head to a charming alpine village to relax and enjoy a well-earned dinner with your fellow travellers.

Mt Tongariro's rocky, dramatic landscapes make this day-long trek truly one of New Zealand's "Great Walks", passing emerald lakes and beautiful alpine scenery. Start early and collect supplies before heading out. The transfer will drop the group off at the beginning of the self-guided trek and collect everyone at the other end. After the trek, travel to a nearby alpine village for the night and enjoy a well earned dinner with your travel companions.

Note: The Tongariro Alpine Crossing Trek is highly weather dependent and will take place only if conditions are safe to do so. Alternate activities for inclement weather will be arranged.

Please be prepared for the weather of this changing alpine environment with hiking books, a water/wind proof jacket, and layered (not cotton) clothing. A moderate fitness level is required to participate in this trek.



Meals included

Breakfast | Dinner



Accommodation

The Alpine Chalets (or similar)

Motel



Today's Activities

Private Vehicle

Rotorua - Tongariro National Park

3h

180km

Settle in and scan the scenery from the convenience of a private vehicle.

Tongariro Alpine Crossing Trek

Tongariro Crossing

5h-6h30m

19km

Today we conquer the Tongariro Alpine Crossing, New Zealand's top-rated 1-day trek and spend time hiking an active volcano. Mt Tongariro's rocky, dramatic landscapes make this day-long trek truly one of New Zealand's "Great Walks", passing emerald lakes and beautiful alpine scenery.

Travel to Blue Duck Station, a working farm and conservation haven nestled on the edge of Whanganui National Park. Here, you'll learn about the station's inspiring efforts to protect local wildlife, including the endangered blue duck, while admiring the beauty of the Whanganui River. A guided bush safari will introduce you to the area's rich history, conservation work, and sustainable farming practices. End the day with a delicious dinner and a restful evening at this unique and rustic retreat.

Marvel at the Whanganui River - the third longest in New Zealand - as it flows out to the west coast of the North Island from Mt Tongariro. Learn about the region's natural history, conservation efforts for indigenous wildlife (including the endangered New Zealand blue duck) and Blue Duck Station's sustainable farming practices.

Note: While in Whanganui National Park, the order and length of activities on Days 5 & 6 may vary according to weather conditions.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Blue Duck Lodge (or similar)

Lodge



Today's Activities

Private Vehicle

Tongariro National Park - Whanganui National Park

1h15m

65km

Settle in and scan the scenery from the convenience of a private vehicle.

Blue Duck Station Bush Safari

Whanganui National Park

Embark on a bush safari to explore Blue Duck Station, stopping for a picnic lunch en route. Enjoy stunning views of Whanganui National Park, and learn about the region's rich history and how they combine their conservation work with sustainable farming practices.

Day 6

Whanganui National Park

Embark on a day of exploration along the Whanganui River. Experience the thrill of a jet boat ride through the heart of the national park and discover historical Maori and European settlements.

During short walks or stops en route, learn about the region's history and local conservation efforts. Return to Blue Duck Station for another night of relaxation and connection with nature. Enjoy a delicious dinner.

Note: While in Whanganui National Park, the order and length of activities on Days 5 & 6 may vary according to weather conditions.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Blue Duck Lodge (or similar)

Lodge



Today's Activities

Whanganui River Jet Boating

Whanganui River

3h-4h

50km

Have fun and hold on! Fulfill your need for speed travelling down the amazingly scenic Whanganui River by jet boat.

Day 7

Whanganui National Park/Waitomo District

Travel north to the small town of Waitomo, located near an extensive underground cave system. Enjoy a free afternoon, opt to explore the nearby caves, or explore the area on foot. Settle into your accommodation close by, and enjoy a final dinner together to say farewell to those finishing their tour in Auckland tomorrow.



Meals included

Breakfast



Accommodation

Waitomo Chalets (or similar)

Hotel



Today's Activities

Private Vehicle

Whanganui National Park - Waitomo District

3h30m

265km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Waitomo

Take part in one of the optional activities around Waitomo.



Optional Activities - Day 7

Waitomo Lost World Cave Abseil

Waitomo Caves

465NZD

Feel like the hero of your own action movie on this tour that involves a 100m (328 ft) abseil (rappel) into the Lost World with a guide at your side. Be awed by the beauty of an iconic cavern that's covered in glittering glow-worms. After a 30-min descent, embark on a journey back to the surface through a spectacular dry cavern. Relish in your accomplishments (and added confidence) afterwards with some good food and drink.

Waitomo Haggas Honking Holes

Waitomo

220NZD

Get your fix of adrenaline and fun on this underground action adventure. Do a series of abseils, rock climbs, crawls, and cruises as you explore the fabulous Waitomo caves in an action-packed 4 hrs. See stalactites, stalagmites, and glow-worms up close.

Waitomo Experience

Waitomo

230NZD

Experience Waitomo's newest adventure: black water rafting through the exclusive Okohua Glowworm Cave. Explore magical glowworm-lit passage ways and finish with a relaxing hot tub for premium, eco-friendly adventure.

Waitomo Valley Walk

Waitomo

Free

30m-1h30m

Explore Waitomo Valley's amazing rugged landscape by foot on this one-way walk - the CEO will see you off at the start. Check out a small cave on your way, and then follow the trail through the forest back to Waitomo Village. Be sure to wear comfortable shoes, and take a rain jacket and water.

Day 8

Waitomo to Christchurch via Auckland.

After an early start, visit the Waitomo Glowworm Caves, and take a boat ride through this spectacular underground realm to see thousands of flickering glowworms light up in the dark. Travel north to Auckland and hop on a flight to the South Island. Meet the new members of the group and then explore Christchurch.



Meals included

Breakfast



Accommodation

Bealey Quarter (or similar)

Motel



Today's Activities

Waitomo Spellbound Cave Excursion

Waitomo

Enjoy a peaceful boat ride through 30 million year old caverns covered with magical glowworms that are unique to New Zealand. Hundreds of thousands of these tiny creatures radiate luminescent light in underground caves carved by rivers and time. Take in more than 136 years of cultural and natural history on this unique excursion.

Private Vehicle

Waitomo - Auckland

2h30m-2h45m

190km

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Auckland - Christchurch

1h30m-2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 9

Christchurch/Kaikoura

Transfer north, along the scenic coastal road up to Kaikoura. Enjoy a free afternoon to explore the area or take in an optional activity.

A free afternoon can be spent visiting a colony of Southern Fur seals, partaking in a peninsula walkway walk, or taking a scenic flight over the peninsula. Bird watchers will be pleased to know that big ocean birds such as albatrosses, petrels and shearwaters frequent the area.



Meals included

Breakfast



Accommodation

Dusky Lodge (or similar)

Hotel



Today's Activities

Private Vehicle

Christchurch - Kaikoura

2h30m

Drive from Christchurch to Kaikoura

Free Time

Kaikoura

A free afternoon can be spent visiting a colony of Southern Fur seals, or taking a scenic flight over the peninsula. Bird watchers will be pleased to know that big ocean birds such as albatrosses, petrels and shearwaters frequent the area.



Optional Activities - Day 9

Hiking

Kaikoura

Free

2h-3h

3km

Set off along the hiking trail to take in the beautiful scenery along the Kaikoura Peninsula walkway.

Dolphin Tour

Kaikoura

135NZD

3h-4h

Hop aboard a boat and head out to the open seas to search for wild dusky dolphins. If we come upon them, depending on conditions, most groups have 20-40 minutes of swim time with the dolphins.

Scenic Flight

Kaikoura

250NZD

Take a 30-minute flight and set off to search for whales, dolphins, and other marine life. On land, you'll see Maori sites, Kaikoura town and New Zealand's southern fur seals.

Day 10

Kaikoura to Abel Tasman

Take in the scenery of the South Island while travelling to Marahau, situated right on the edge of the Abel Tasman National Park. Sample some local produce and wine as you travel through the renowned Marlborough wine region. Enjoy free time to explore upon arrival.



Meals included

Breakfast | Dinner



Accommodation

The Barn Cabins & Camp (or similar)

Campground



Today's Activities

Private Vehicle

Kaikoura - Marahau

5h-6h

325km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 11

Abel Tasman National Park/Marahau

Experience the stunning natural beauty of Abel Tasman National Park by boat, sea kayak and on foot. After a full day of exploring, reward your efforts with a well earned meal at one of Marahau local eateries.



Meals included

Breakfast | Lunch



Accommodation

The Barn Cabins & Camp (or similar)

Campground



Today's Activities

Water Taxi

Marahau - Abel Tasman National Park

Enjoy a scenic transfer via water taxi into the heart of Abel Tasman National Park.

Abel Tasman National Park Hike

Abel Tasman National Park

Explore the beauty of Abel Tasman National Park by foot.

Kayaking to Marahau

Abel Tasman National Park - Marahau

2h-3h

See Abel Tasman National Park at a pleasant pace by sea kayak. Take part in a safety briefing and preparation, then head out into the water to glide in and out of the bays and islets on the route to Marahau. Look for nesting seabirds and tiny islands, and enjoy amazing views along the way.

Day 12

Marahau/Lake Brunner

Enjoy the scenery of the mountainous coastal Westland region, and stop en route to see the Punakaiki Pancake Rocks.



Meals included

Breakfast



Accommodation

Hotel Lake Brunner (or similar)

Hotel



Today's Activities

Private Vehicle

Marahau - Lake Brunner

6h-7h

375km

Settle in and scan the scenery from the convenience of a private vehicle.

Seal Colony Visit

Cape Foulwind

30m

1km

Stop by a viewing platform over a New Zealand fur seal colony at Cape Foulwind. Female seals will live in the same colony for the duration of their lives, whereas male seals move around more. The males visit the Cape Foulwind colony between late November and mid-January for mating season. All seasons offer plenty of activity to check out, from mating to the raising of baby pups and feeding out at sea.

Pancake Rocks Trek

Punakaiki

15m-30m

1km

Walk along a loop trail with informative signs detailing how the 'Pancake Rocks' were formed millions of years ago. When the trail reaches the coast, there are many lookouts for photo stops and beautiful views of the coast, the rocks and the blowholes found along the area.

Day 13

Lake Brunner/Franz Josef

Transfer to Franz Josef, stopping for a walk at the wildlife mecca of Okarito Lagoon en route. Enjoy free time for optional activities such as hiking and checking out the stunning Franz Josef Glacier.



Meals included

Breakfast



Accommodation

Alpine Glacier Motel (or similar)

Motel



Today's Activities

Okarito Lagoon Walk

Franz Josef

1h-2h

10km

Walk through the wetlands of Okarito Lagoon, bordered by forest and surrounded by nature. Enjoy spectacular views all the way up to the mountains on a clear day. Take the time to soak in the scenery – the walk is a short climb up to a viewpoint that includes a variety of landscapes on the path through the estuary out through the wetlands.

Private Vehicle

Lake Brunner – Franz Josef

4h

220km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 14

Franz Josef

A free day for optional activities. Options include a helicopter hike, a glacier valley walk, kayaking as well as the unique and stunning Franz Josef Glacier.



Accommodation

Alpine Glacier Motel (or similar)

Motel



Optional Activities - Day 14

Hiking

Franz Josef

Free

30m-8h

3-17km

Take your pick of many scenic and memorable treks in Franz Josef – a true hiker’s haven. Get prepared before heading out, and be mindful of signs along the track. See majestic mountains, glaciers, rivers, and amazing views that you’ll definitely want your camera on hand for.

Heli Scenic Flight with Snow Landing

Franz Josef

385-655NZD

15m-30m

Take a once-in-a-lifetime helicopter ride high up on Franz Josef Glacier. Hop out on the snow to soak up the experience, before flying back to land. Cool!

Franz Josef Kayaking

Franz Josef

149-169NZD

3h-4h

Explore the stunning Lake Mapourika by kayak. This lake was created as the Franz Josef glacier retreated 14,000 years ago, and the still water has created a natural mirror allowing you to soak in the incredible panoramic views.

Guided Heli Hike (Heli Transfer)

Franz Josef

595-795NZD

The sheer size and power of Franz Josef is something you need to see to believe. Board a chopper for a leisurely flight over the glacier before landing directly on the ice. From there, get up close and personal on a three-hour guided hike past towering peaks and stunning blue ice. The constantly shifting ice flows and crevices ensure your visit will be one-of-a-kind!

Day 15

Franz Josef/Wanaka

Transfer to Wanaka, where there are a variety of optional activities available. Opt to hiking or check out the giant maze and optical illusions of Puzzling World.



Accommodation

Wanaka Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Franz Josef - Wanaka

5h-5h30m

290km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Wanaka

Use free time to check out the optional activities around Wanaka.



Optional Activities - Day 15

Puzzling World Visit

Wanaka

22-32NZD

Challenge your perception of reality and experience the world-famous Great Maze through bizarre buildings and rooms of illusion.

Hiking

Wanaka

Free

4-5km

The Mount Iron Track is an iconic Wanaka walk. This very popular loop walk offers excellent 360 - degree views from the summit.

Day 16

Wanaka/Queenstown

Drive the winding route between Wanaka and Queenstown passing through picturesque wine country and the turquoise waters of the Kawarau River. Watch as the scenery shifts from vast open valleys to the hustle and bustle of the city, and get ready to enjoy a free afternoon in the "adventure capital of the world."

Enjoy a free afternoon to maximize time for all the optional activities in the area. Opt for a jet boat outing, bungee jumping, mountain biking, sky diving, or a vineyard tour. The options in this adventure capital are endless.

Opt to pre-book the "Queenstown Jet Boating" activity on the checkout page ahead of time, to include this optional on your tour.



Meals included

Breakfast



Accommodation

Heartland Hotel Queenstown (or similar)

Hotel



Today's Activities

Free Time

Queenstown

Enjoy free time to try some of the challenging optional activities available in the "adventure capital of the world."

Private Vehicle

Wanaka - Queenstown

3h

130km

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 16

Skydiving

Queenstown

449-549NZD

Enjoy the awe-inspiring beauty of Queenstown from an eagle's perspective. Suit up, get briefed and board the prop plane to soar high about the rugged alpine landscape. Strap onto your instructor, take a breath and leap into a once-in-a-lifetime free fall. This is what a natural high truly feels like!

Queenstown Jet Boating

Queenstown

179NZD

Jet boating is a typical New Zealand activity— go as fast you can in a boat over water. Hang on tight as you fly across the surface of the water. Shoot through narrow rocky gorges and dare to watch as the driver takes hairpin turns frighteningly close to the cliffs.

Bungee Jumping

Queenstown

320-805NZD

1h30m-4h

Adrenaline junkies will be happy with a stop at the world's original commercial bungee site (bungy in New Zealand!). Opt to take the plunge or simply observe where it all started from the comfort of solid ground. Shoot some amazing photos of those brave enough to dive into the abyss.

Day 17

Queenstown

Travel to the fjords of the South Island. Enjoy the stunning scenery of Fiordland National Park and Milford Sound from the deck of a boat, then return to Queenstown for the night.



Meals included

Breakfast



Accommodation

Heartland Hotel Queenstown (or similar)

Hotel



Today's Activities

Private Vehicle

Queenstown - Milford Sound

4h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Milford Sound Cruise

Milford Sound

2h-2h30m

Enjoy the stunning scenery of Fiordland National Park and Milford Sound from the deck of a boat. Recharge your camera and be ready to shoot stunning photos of waterfalls, mountains stretching up to the sky and down to the sea and then search for dolphins and seals. This place is any artist's dream!

Private Vehicle

Milford Sound - Queenstown

4h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 18

Queenstown

Enjoy a full-day hiking excursion along the world renowned Routeburn Track, taking in the gorgeous mountains, valleys, waterfalls, and lakes surrounding the track.



Meals included

Breakfast | Lunch



Accommodation

Heartland Hotel Queenstown (or similar)

Hotel



Today's Activities

Routeburn Track Day Hike

Routeburn Track

13km

Head out for a day of hiking along the stunning Routeburn Track. Start on a gradual incline through a 130 million year old forest, with incredible views of snow capped mountains, cascading waterfalls, crystal clear streams, and alpine meadows. After enjoying a picnic lunch, continue on the forgotten paths of the Maori while travelling along their old 'Greenstone' trails. With incredible scenery and historical significance, this hike is not one to miss!

Day 19

Queenstown/Twizel

Enjoy free time in Queenstown, before travelling on to the Aoraki/Mt Cook region.



Meals included

Breakfast



Accommodation

High Country Lodge Motel (or similar)

Motel



Today's Activities

Private Vehicle

Queenstown - Twizel

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Queenstown

Enjoy a final morning in Queenstown, with time for optional activities.

Day 20

Twizel

Prepare for an action packed day! Start on two-wheels on a mountain biking excursion around the Aoraki/Mt Cook region. In the afternoon, discover stunning landscapes on foot.



Meals included

Breakfast



Accommodation

High Country Lodge Motel (or similar)

Motel



Today's Activities

Aoraki/Mt Cook Mountain Biking

Mount Cook

2h30m-3h

24km

Hop on a bike and experience the beautiful scenery of New Zealand's Alps 2 Ocean cycle trail.

Aoraki/Mt Cook Hike

Mount Cook

1h-2h

Hike in the shadow of Mt Cook.

Travel back to Christchurch. Head out for an orientation drive with your CEO before enjoying a few hours to explore the city.



Meals included

Breakfast



Accommodation

Bealey Quarter (or similar)

Motel



Today's Activities

Private Vehicle

Twizel - Christchurch

4h

380km

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation With CEO

30m-1h

Enjoy a brief drive with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Free Time

Christchurch

Spend the evening exploring Christchurch during free time.

Day 22

Christchurch

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Franz Josef
- Cycle through Karangahake Gorge
- Traditional hangi lunch
- Tongariro Alpine Crossing hiking excursion (weather dependent)
- Jet boat along Whanganui River
- Free time in Rotorua
- Abel Tasman National Park hike
- Sea kayaking in Abel Tasman National Park
- Punakaiki pancake rocks visit
- Seal colony stop
- Okarito Lagoon walk
- Full-day Routeburn Track hiking excursion
- Fiordland National Park visit
- Cruise through Milford Sound
- Hike the Mt Cook area
- Bike through Wanaka
- Orientation walk in Christchurch
- Free time in Franz Josef and Queenstown
- Internal flight
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Cycle through the stunning Karangahake Gorge, Learn about traditional Maori artistry, Hike the Tongariro Crossing – one of the world's greatest one-day hikes, Jetboat along the Whanganui River, Cruise through Milford Sound, Hike on the Routeburn Track

What are the main highlights of this trip?

Cycle through the stunning Karangahake Gorge, Learn about traditional Maori artistry, Hike the Tongariro Crossing – one of the world's greatest one-day hikes, Jetboat along the Whanganui River, Cruise through Milford Sound, Hike on the Routeburn Track

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.
2. Please be aware that wifi and internet access is not as readily available in New Zealand as in other parts of the world. There are often additional charges to connect to the internet, and speeds may be slower than what you are used to.
3. Over public holidays in Australia and New Zealand (such as Christmas, New Years Day, Easter, and Anzac Day) there may be some limitations of services and disruptions to schedules. In general our tours still operate effectively over public holidays, but there may be closures of optional activities and restaurants, and slight itinerary adjustments in order to provide all tour inclusions.
4. Please note that when in Franz Josef optional activities may be cancelled due to adverse weather conditions.
5. Please note that during your Karangahake Gorge Cycling excursion on Day 2 of your adventure, an E-bike upgrade is available at an additional cost of NZ \$50. This can be arranged with the CEO on Day 1 of the trip at the welcome meeting (subject to availability).

IMPORTANT NOTE: Bookings for the America's Cup are at either 11am, 1pm or 2pm - this is dependant on the season and availability. Please be sure to reconfirm your sailing 24 hours prior by phoning Explore (while in New Zealand): 0800 397 567 or International: +64 9 359 5987.

What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 16, avg 12

What meals are included in this trip?

18 breakfasts, 5 lunches, 4 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Please note that most included breakfasts will be continental style, and consist of cereal, milk, bread and spreads, juice, tea and instant coffee. Having a simple breakfast together most days allows us the flexibility to get on the road early and get from point A to B all that much faster.

What are the modes of transportation on my trip?

Private vehicle, jet boat, kayak, bicycle, boat, walking.

What transportation will we take on this trip?

Our vans are mini-coaches. Occasionally with smaller group sizes we will use smaller, equally comfortable 13-seater vehicles. All mini-coaches tow a trailer for luggage and camping equipment (when needed). All groups have one CEO/Driver.

The vehicles are factory built with comfortable seats and air-conditioning. It is mandatory to wear a seatbelt while riding in our vehicles.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels/hostels (19 nts), lodges (2 nts)

What kind of accommodation can I expect on this trip?

You will be spending your nights in twin-share accommodation. We have specifically chosen unique accommodations to give local flavour to your trip.

Accommodation will be varied throughout your adventure. Towels and soap are not always provided at overnight stops, so it's best to bring your own for bathing. Bathroom and showering facilities are shared and are very rarely en-suite.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Auckland airport (AKL), to reach your starting accommodation you can take the Skybus (departs every 10-15 minutes), the Airport Shuttle Bus or a local taxi. Please go to the airport information desk for assistance.

Meet your CEO at 3pm in the hotel lobby where you'll then head off to experience the mighty Haka and learn all about the history of the world famous All Blacks rugby team during this 90 minute private guided experience. If you don't arrive in time for this experience, your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office and after office hours emergency number

From outside New Zealand +64 211935846

From within New Zealand: 0211935846

If you are unable for any reason to contact our local operations manager, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

The max luggage allowance on most domestic flights within New Zealand is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person.

You will be on the move a lot, so our advice is to pack as lightly as possible.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

What should be on my packing list?

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The weather in New Zealand varies depending on the season. Make sure to check the forecast for the time you will be visiting and pack weather appropriate clothing for your trip.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in New Zealand is the New Zealand Dollar (NZD).

Credit cards are accepted almost everywhere in New Zealand and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in New Zealand in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is not customary in New Zealand to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. Unless specifically asked to do so at the time (by your CEO) - do not tip your local guides. Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, you may consider a small tip - 5-10 NZD per person, per day - but it certainly isn't expected.

What activities are optional on this trip?

Waiheke Island

- Waiheke Island Excursion
(62-369NZD per person)

Auckland

- Auckland Sailing: America's Cup Experience (Pre Tour)
(210NZD per person)

Rotorua

- Hot Springs (50-360NZD per person)
- Whitewater Rafting (135NZD per person)
- Rotorua Canopy Tours (199-269NZD per person)
- Zorbing (49-169NZD per person)

Waitomo Caves

- Waitomo Lost World Cave Abseil (465NZD per person)

Waitomo

- Waitomo Haggas Honking Holes (220NZD per person)
- Waitomo Experience (230NZD per person)
- Waitomo Valley Walk (Free)

Kaikoura

- Hiking (Free)
- Dolphin Tour (135NZD per person)
- Scenic Flight (250NZD per person)

Franz Josef

- Hiking (Free)
- Franz Josef Kayaking (149-169NZD per person)
- Heli Scenic Flight with Snow Landing (385-655NZD per person)
- Guided Heli Hike (Heli Transfer) (595-795NZD per person)

Wanaka

- Puzzling World Visit (22-32NZD per person)
- Hiking (Free)

Queenstown

- Skydiving (449-549NZD per person)
- Queenstown Jet Boating (179NZD per person)
- Bungee Jumping (320-805NZD per person)

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.