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Sorry! There are no remaining departures for "Northern Lights & Arctic Circle by Rail" (ENWR), [but here are some similar trips.](#)



## **Northern Lights & Arctic Circle by Rail**

9 days, Oslo to Kiruna

Trip code ENWR

### **What's included**

- Your Welcome Moment: Meet Your CEO and Group
- Oslo orientation walk

- Dovre Railway
- Northern Lights tour
- Norland Railway
- Polar Museum Visit (Tromsø)
- Lofoten Islands stay
- Ofoten Railway

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2016 - March 12th, 2017

## Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Oslo

Arrive at any time.

There are no activities planned until an evening welcome meeting. If you arrive early enough the Edvard Munch museum is well worth a visit.

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### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Oslo/Trondheim

Depart for a scenic ride on the Dovre Railway to Trondheim.

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### Meals included

Breakfast

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### Today's Activities

Train

Oslo - Trondheim

6h-7h

Climb aboard, take a seat, and enjoy the ride.

Day 3

## Trondheim/Bodø

Spend a free day exploring Trondheim. Opt to visit the neighbourhood of Bakklandet, the old town bridge, cafés along the wharves, Market Square, Nidaros Cathedral or the old city streets. In the evening, board an overnight train on the Norland Railway to Bodø.



### Meals included

Breakfast



### Today's Activities

Free Time

Trondheim

Explore the sights of Trondheim.

Overnight Train (beds)

Trondheim - Bodø

10h

Wake up north of the Arctic Circle in the coastal port town of Bodø.



### Optional Activities - Day 3

Market Square Visit

Trondheim

Market Square boasts fruit and vegetable sellers and stalls selling jewellery, flowers, and souvenirs. The town square and marketplace has been in use since the early 12th century and is now home to a status of the city's founder, Olav Tryggvason. The statue doubles as a sundial, casting a shadow on a cobblestone clock.

Bakklandet Neighbourhood Visit

Trondheim

Free

The neighbourhood of Bakklandet boasts old timbre buildings restored to feature a mix of charming homes, shops, and cafés. First built in the 1600s, the neighbourhood was traditionally occupied by the city's fishermen and labourers.

Guided Visit Nidaros Cathedral

Trondheim

100NOK

The Nidaros Cathedral is the northernmost medieval cathedral in the world, built on the burial site of St Olaf, the patron saint of Norway. Built between 1070 and 1300, the beautiful building is traditionally the place where the King of Norway is consecrated.

Old Town Bridge Visit

Trondheim

Gamle Bybro, the old bridge, crosses the Nidelva River. It was built in 1681 after the great fire in Trondheim.

Day 4

## Bodø/Lofoten

Arrive to Bodø and enjoy free time exploring this small transfer city. Hop on an afternoon ferry to the Lofoten Islands. Stay in charming fishing cabins on the coast.



### Meals included

Breakfast



### Today's Activities

Free Time

Bodø

Wander around and check the place out.

Ferry

Bodø - Lofoten

3h8m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Day 5

## Lofoten

Enjoy free time on the islands with an optional wildlife-spotting cruise or scenic hikes. Later, take an included tour to track down the Northern Lights.

There will be multiple opportunities to spot the Aurora Borealis (Northern Lights) on this trip. If you don't see them here, don't despair.

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### Meals included

Breakfast

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### Today's Activities

Free Time

Lofoten

Head out to sea or explore inland.

Northern Lights Tour

Lofoten

Head out in this remote environment to try to spot the Aurora Borealis – a colourful natural phenomena.

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### Optional Activities - Day 5

Wildlife Spotting Cruise

Lofoten

1295NOK

Head out to spot marine life and birds flourishing off the coast of the Lofotens. Enjoy a lecture on local birds, mammals, and geology. Then set sail to explore the beautiful fjord landscapes around the Troll Fjord.

Hiking

Lofoten

Free

Follow your CEO on a short hike into town. Stretch your legs and take in the beautiful scenery.

Day 6

## Lofoten/Tromsø

Travel by bus to Tromsø, arriving in time for dinner. Opt for an evening concert at the Arctic Cathedral (seasonal).

If keen, there are more opportunities for Northern Lights viewing here.

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### Meals included

Breakfast

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### Today's Activities

Private Vehicle

Lofoten - Tromsø

8h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Tromsø

Start exploring this northern city.

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### Optional Activities - Day 6

Concert at Arctic Cathedral

Tromsø

150NOK

Catch a midnight concert (February and March) at the Arctic Cathedral, which boasts a gorgeous mosaic built to reflect the dramatic scenery of the Arctic.

Day 7

## Tromsø

With a free day in town, opt to try dog-sledding, snowshoeing or reindeer-sledding. In the afternoon, visit the Polar Museum and then enjoy a beer at the oldest pub in Tromsø.

On the inside, Oslo's state of the art architecture and plethora of galleries make a great playscape for those looking to get cultured, while it's close proximity to the countryside and surrounding nature parks are a perfect option for those looking to get active. Take a day to explore this world-class Scandinavian city - we promise that you won't run out of things to do.



### Meals included

Breakfast



### Today's Activities

Free Time

Tromsø

Explore the city or go further afield.

Polar Museum Visit

Tromsø

Enjoy a visit to the Polar Museum (Polarmuseet), one of the top museums in Norway. Learn about the way of life in the Arctic, and about polar explorers and their expeditions.



### Optional Activities - Day 7

Dog Sledding

Tromsø

1700-1890NOK

2h-4h

25-40km

Head out into the wild and learn what it's like to use a dog-sled as a means of transportation. Meet the lovable huskies, learn how to use a sled, and then give it a go. There's no better way to experience the dramatic landscape of wintertime Norway.

Snowshoeing

Tromsø

1300NOK

2h-5h

Strap on some snowshoes and work up a sweat while enjoying the endless beauty of Norway in the winter.

Reindeer Sledding

Tromsø

1090-1795NOK

See more of the area and learn about reindeer and reindeer sledding on an enjoyable ride through the snowy wilderness.

Day 8

## Tromsø/Kiruna

Travel by bus and railway to Kiruna, Sweden. Enjoy a stay in cabins outside the city. Cross your fingers for one more chance to see the Northern Lights from the hotel's viewing area.

Travel to Narvik by bus before switching to a train for one last gorgeous ride into Sweden.

In Kiruna, enjoy a stay in cabins outside the city complete with an on-site sauna to warm up from the icy Scandinavian winter weather.

Cross your fingers for one more chance to see the Northern Lights from the hotel's viewing area.



### Meals included

Breakfast

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### Today's Activities

Private Vehicle

Tromsø - Narvik

4h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Train

Narvik - Kiruna

3h

Soak in the beautiful views along the railway.

Depart at any time.

With a little more time in Kiruna there are plenty of options to enjoy. We recommend booking post-night accommodation to have the chance to try dog sledding or reindeer sleighs, visit the ice hotel, go snowshoeing or participate in a Sami cultural experience.

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## Meals included

Breakfast

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## What are the main highlights of this trip?

Ride the rails of Scandinavia across the Arctic Circle, explore the Lofoten Islands with an eye out for the Northern Lights, check out life in the small towns of the far north.

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## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

The Northern Lights (Aurora Borealis) is a natural phenomena and is highly weather dependent. The ability to view the Northern Lights during your trip will be dependent on the appropriate weather/atmospheric conditions.

## **What is the group leader like?**

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

## **How large will the group be?**

Max 16, avg 12

## **What meals are included in this trip?**

8 breakfasts

## **What are the meals like on this trip?**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Train (seats), train (beds), private van, ferry, public bus, walking.

## **What transportation will we take on this trip?**

As often as possible, we'll be using the railway systems around Norway and Sweden. To reach more remote locations we will be using buses and ferries. You will be expected to travel by foot between stations and hotels.

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Standard hotel (4 nts), fishing cabins (2 nts), winter cabins (1 nt), overnight train (1 nt).

## **What kind of accommodation can I expect on this trip?**

This itinerary mostly stays at 2-3 star hotels up to Scandinavian standards. Where possible, we've opted to use local accommodation that will show the characteristics of the surrounding area, like fisherman cabins on the Lofoten Islands.

## **What is the joining hotel?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## What are the joining instructions?

Getting to City Box Hotel:

The hotel is approximately 250 metres from Oslo Central Train Station. The best way to get to Oslo Central Station from Oslo Airport is via train. Upon arrival at the train station, find the main entrance and simply head west towards Strandgata. Once on Strandgata, take the first right onto Prinsens Gate where you will find the Hotel on the left.

There are two train options from Oslo Airport (OSL):

1) The Flytoget Airport Express Train departs from Oslo Airport every 10 or 20 minutes. Duration to the train station is 19–22 minutes. Price per one-way ticket is 180 NOK.

2) NSB Regional Trains, lines R10, R11 and L12 will take you from Oslo Airport to Oslo Central Station. The journey takes 25–30 minutes. Price per one-way ticket is 93 NOK. Please check the timetables link for frequency: <https://www.nsb.no/en/timetables>

If you would like to take a taxi from the airport, you can go to the taxi information desk in the Arrivals Hall. They have information about the fixed rates and available taxis. You will then have the option of choosing the most cost effective company available.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBER

G Adventures Berlin office: +4915203076785

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, from calls within North America only: 1 888 800 4100

Calls from within UK: 0344 272 0000

Calls from within Germany: 0800 365 1000

Calls from within Australia: 1 300 796 618

Calls from within New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## Are there any additional packing suggestions I should consider?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, as well as on and off transportation.

# What should be on my packing list?

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in Europe to leave a small tip for service providers, such as waiters, if you are pleased with the service (€1-2).

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline €30-40 per person, per week can be used.

## What activities are optional on this trip?

- Please see the itinerary for information on optional activities, descriptions and estimated pricing.

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

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