



Northern Sicily: Islands & Volcanoes

7 days, Palermo to Catania

Trip code EINS

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Orientation Walks in Palermo, Taormina and Catania

- Panarea & Stromboli Islands Boat Excursion

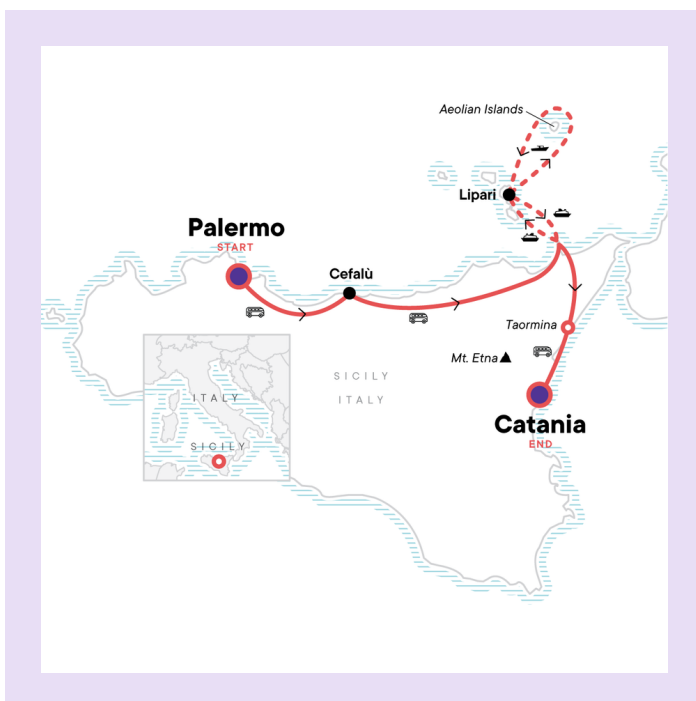
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing November 20th, 2020 - December 31st, 2026

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Palermo

Arrive at any time. Tonight, meet your CEO and fellow travellers at the welcome meeting, then opt to head out for dinner and enjoy your first Sicilian meal.



Accommodation

Hotel Vecchio Borgo (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Palermo/Cefalù

Head out for an orientation walk of Palermo's historic city centre. Continue to Cefalù, often cited as one of Italy's most beautiful townships, and stroll through cobbled streets to a picturesque cove by the beach. With free time, observe local fisherman working on their boats, visit the 12th century Duomo di Cefalù, opt to enjoy an aperitivo with incredible views, or simply wander around this postcard-pretty town which director Giuseppe Tornatore chose to set parts of his much-loved film Cinema Paradiso.

Please note that special meal requirements cannot be accommodated on the optional Palermo Food Tour.



Meals included

Breakfast



Accommodation

Hotel La Giara (or similar)

Hotel



Today's Activities

Palermo Orientation Walk

Palermo

Enjoy a brief walk with your CEO along the squares and the streets of Palermo, this city has been the crossroad of so many civilizations from Phoenicians to Byzantines, from Arabs to Normans and Spaniards. Walk around to see baroque and gothic façades, neoclassical theatres as Teatro Massimo, the biggest in Italy and one of the largest of Europe, very unusual squares as Quattro Canti, and the majestic Palermo Cathedral.

Private Vehicle

Palermo - Cefalù

1h30m

75km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Cefalù

There's lots to see and do in this beautiful Sicilian town.



Optional Activities - Day 2

Cefalù Beach Visit

Cefalù

Cefalù's crescent-shaped beach is one of the most popular along the whole Sicilian coast. Enjoy a quick dip in the waters, or simply lounge on the beach.

Salita Saraceni Visit

Cefalù

The Salita Saraceni is an enormous staircase that winds up through three tiers of city walls. Spend 30 to 45 minutes heading up to the summit of La Rocca - from here, you'll have wonderful views of the town below.

Duomo di Cefalù

Cefalù

Have an aperitivo in Piazza Duomo and visit Cefalù's cathedral, one of the jewels in Sicily's Arab-Norman crown. Opt to climb the towers themselves for great views of the area.

Day 3

Cefalù/Lipari

Travel to the Aeolian Islands, a small archipelago of volcanic lands known as "the pearls of Italy" for their intriguing natural formations. Named after Aeolus, the god of the winds, spend the next few days exploring pockets of this coastal paradise. Take a car and ferry to reach Lipari, the largest of the Aeolian Islands, and enjoy a free afternoon to explore. Opt to visit a local beach, or take another short ferry to see Vulcano's active crater.



Meals included

Breakfast



Accommodation

Hotel Oriente Lipari (or similar)

Hotel



Today's Activities

Ferry

Milazzo - Lipari

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Free Time

Lipari

Explore the beautiful island of Lipari with a free afternoon.

Private Vehicle

Cefalù - Milazzo

2h

135km

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 3

Town Centre Visit

Lipari

One of Lipari's great pleasures is simply going for a passeggiata (afternoon stroll) around the island's streets, taking in its laid-back atmosphere. Head to Corso Vittorio Emanuele - the liveliest street in town - and visit one of its many inviting bars, cafes and restaurants.

Spiaggia di Canneto Beach Visit

Lipari

Head to the island's most popular swimming spot - the long, pebbly strip at Canneto - and spend a day on the beach like a local.

Ferry to Vulcano Island

Vulcano

12EUR

Take a 10 min ferry ride to nearby Vulcano, a small volcanic island, visited since ancient Roman times. Opt to take an hour-long crater hike.

Day 4

Lipari

Enjoy a free morning in Lipari. Later, head out for an excursion to explore the beautiful islands of Panarea and Stromboli by boat. Swim in the turquoise waters of Cala Junco, stroll through Panarea's scenic whitewashed village, and explore the town of Stromboli before taking an unforgettable sunset cruise. In the night breeze of the open sea, witness active Mount Stromboli's spectacular eruptions.

We recommend bringing a sweater or other layered clothing for today's boat excursion, which ends around 10pm.



Meals included

Breakfast



Accommodation

Hotel Oriente Lipari (or similar)

Hotel



Today's Activities

Free Time

Lipari

Take the morning to relax or leisurely wander through town.

Panarea & Stromboli Islands Boat Excursion

Panarea - Stromboli

8h

Set sail for a journey through the stunning Aeolian Islands, stopping at Panarea and Stromboli. On Panarea, visit Cala Junco beach and wander through the village, then see Basiluzzo - the smallest of the Aeolian Islands. Continue to Stromboli and enjoy free time to explore local shops in town. As sunset approaches, cruise back to the islet of Stombolicchio to arrive, just as it starts to get dark, under the Scara del Fuoco - considered the best spot for viewing Mount Stromboli's eruptions. This is the last stop and for many, the most awaited. (Please note: this activity begins at 2pm and ends at 10pm. We recommend bringing a sweater as the evening breeze gets chilly aboard the boat!)

Day 5

Lipari/Catania

Say goodbye to the Aeolian Islands and ferry back to the mainland, then continue to Taormina, one of Sicily's most visited destinations. After a short orientation walk, enjoy free time to visit the stunning Teatro Greco, an ancient Roman amphitheatre with commanding views of Mount Etna. Travel onwards to Catania for the evening.



Meals included

Breakfast



Accommodation

Best Western Hotel Mediterraneo (or similar)

Hotel



Today's Activities

Ferry

Lipari - Milazzo

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Milazzo - Taormina

1h30m

90km

Settle in and scan the scenery from the convenience of a private vehicle.

Taormina Orientation Walk

Taormina

Join your CEO for a brief introduction to this beautifully situated hilltop town, once part of the "Grand Tour" many affluent Europeans took in the 18th and 19th centuries.

Private Vehicle

Taormina - Catania

1h

55km

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 5

Catania Orientation Walk

Catania

Head out with your CEO for an introduction to this elegant and lively city.

Teatro Greco Taormina

Taormina

14EUR

Built in the 3rd century BC and still in use today, Teatro Greco is one of the most dramatically situated Greek theatres in the world.

Corso Umberto I Visit

Taormina

Taormina's chief delight is wandering this pedestrian-friendly, boutique-lined thoroughfare.

Villa Comunale Gardens

Taormina

Created by Englishwoman Florence Trevelyan in the late 19th century, these beautiful public gardens offer breathtaking views of the coast and Mt Etna.

Day 6

Catania

Enjoy a CEO led orientation walk to get your bearings in Catania. Afterwards, you'll have free time to continue exploring this town and all of its museums and historic attractions. Maybe visit La Pescheria market or walk the Via Etnea.

Please note that special meal requirements cannot be accommodated on the optional Catania Food Tour.



Meals included

Breakfast



Accommodation

Best Western Hotel Mediterraneo (or similar)

Hotel



Today's Activities

CEO Led Orientation Walk

Catania

Your CEO will take you around Catania so you can get your bearings and see some of the city's main sites. Full of heritage and culture there's no shortage of interesting structures and museums to see. Best part? If something catches your eye, there will be plenty of opportunity for you to go and see it on your own during your free time after this walk.

Free Time

Catania

Enjoy a full free day to explore.



Optional Activities - Day 6

Catania Food Tour

Catania

Head out on the town with a local expert, discovering the culinary delights of Catania's vibrant food scene. Stroll through picturesque alleyways and marvel at the iconic landmarks while sampling classic treats like arancini, cannoli, fried fish, and flavourful cipollina. You're sure to be captivated by the colours, aromas, and lively energy found in the historic Pescheria Market, as your guide uncovers Catania's rich, local history. This is, quite possibly, the perfect way to spend an afternoon.

Mt. Etna Excursion & Wine Tasting Tour

Mount Etna

70EUR

Take a guided tour of Mount Etna and learn about the history of this ancient volcano from local naturalist guides. Walk through old growth forests, unique lava formations, and a volcanic cave (weather permitting). After, continue to a vineyard and enjoy a late lunch of cheeses, salami, olives and bread, paired with excellent local wines.

La Pescheria Visit

Catania

Catania's raucous fish market, which takes over the streets behind Piazza del Duomo every weekday morning, is pure street theatre. Open from 7am-2pm.

Piazza del Duomo

Catania

A UNESCO World Heritage Site, Catania's central piazza is a set piece of contrasting lava and limestone, surrounded by buildings in the unique local baroque style and crowned by the grand Cattedrale di Sant'Agata.

Via Etnea Walk

Catania

Stroll through Catania's main shopping street, which runs straight from Piazza del Duomo to the foothills below Etna. Visit the Giardino Bellini gardens and watch local unfold.

Day 7

Catania

Depart at any time.



Meals included

Breakfast

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Orientation Walks in Palermo, Taormina and Catania
- Panarea & Stromboli Islands Boat Excursion
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Soak up Sicilian culture in Cefalù, Cruise the Aeolian Islands, Watch the Stromboli volcano erupt aboard a sunset boat tour

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Soak up Sicilian culture in Cefalù, Cruise the Aeolian Islands, Watch the Stromboli volcano erupt aboard a sunset boat tour

Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

LOCAL GUIDES

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. We use public transport on this trip, which means you will need to carry your luggage from platform to platform, in and out of trains and buses etc. and also possibly up several flights of stairs. You will also need to be able to stow your luggage safely on trains and buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times. We highly recommend travelling with a backpack or duffel bag over any wheeled luggage options.

Please note travellers are permitted to bring one piece of luggage of any dimension, and one handbag or backpack on the ferry.

OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

How large will the group be?

Max 16, Avg 12.

What meals are included in this trip?

6 breakfasts

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, ferry, walking.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (6 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Palermo airport (PLO), you can reach the city centre in a few ways. You can take the TerraVision IT Shuttle Bus or the Trenitalia train (route Re) to the central stations.

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - [Welcome Pickups](#)

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If you are unable to get in touch with your leader, please refer to our emergency contact details.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.)

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Italy is in the Eurozone and the unit of the currency is the Euro.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work in Italy - check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros, traveller's cheques and cards is best. Avoid relying on traveller's cheques alone as these are less and less readily cashed as clients use them very little.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Usually included in international air ticket

Should I be tipping on my trip?

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €6-8 per person, per day can be used as a guideline.

What activities are optional on this trip?

Cefalù

- Cefalù Beach Visit
- Salita Saraceni Visit
- Duomo di Cefalù

Lipari

- Town Centre Visit
- Spiaggia di Canneto Beach Visit

Vulcano

- Ferry to Vulcano Island (12EUR per person)

Catania

- Catania Orientation Walk
- La Pescheria Visit
- Via Etnea Walk
- Catania Food Tour
- Piazza del Duomo

Taormina

- Teatro Greco Taormina (14EUR per person)
- Corso Umberto I Visit
- Villa Comunale Gardens

Mount Etna

- Mt. Etna Excursion & Wine Tasting Tour (70EUR per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

Always keep an eye on your belongings especially in major cities, bus and train terminals.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Italy, shoulders should be covered while visiting churches and cathedrals. Ask your CEO for more specific advice.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.