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Sorry! There are no remaining departures for "Outback to the Red Centre–Adelaide to Alice Springs" (OAR), [but here are some similar trips](#).

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This itinerary is valid for all 2019 departures. To view the itinerary for departures beginning in January 2020, [click here](#).



Last Updated: January 6, 2020



Outback to the Red Centre–Adelaide to Alice Springs

9 days, Adelaide to Alice Springs

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Foodie Moment: Local Food Experience, Clare Valley
- Indigenous cultural centre visit
- Underground mine tour
- Champagne sunset viewing of Uluru
- Mala Walk around Uluru and visit to the culture centre
- Hikes at Kata Tjuta (the Olgas) and Kings Canyon
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 25th, 2019 and onwards

Itinerary



Itinerary Notes

Please note that most 18-to-Thirtysomethings accommodation in Australia is multi-share. For more info, see our Trip Details.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Adelaide

Arrive at any time.

Tonight gear up for your first night out in Adelaide with your CEO and group. Get ready for nothing but friendly vibes and epic times as you enjoy some local ales with your new travel tribe by your side.

There are no planned activities during the day, so check in and explore the city. Opt to go for a cruise to swim with dolphins (seasonal), take the tram to Glenelg beach, visit a nearby winery, grab lunch at the Central Market, or enjoy time getting lost in the city.



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.



Optional Activities - Day 1

Adelaide Central Market

Adelaide

Looking for a bite to eat? Head over to Adelaide Central Market, the city's premiere fresh food and produce market since 1869. Wander the stalls and meet some of the locals - just don't forget to grab some snacks from one of the 80 vendors at the market.

Dolphin Swim and Cruise

Adelaide

120-130AUD

There are very few places in the world that you can swim with dolphins in the wild, so don't miss the opportunity to get close to these majestic creatures. Watch them interact and play around you while you swim in their natural habitat. Available mid-Sept to late-April.

Kangaroo Island Day Trip

Kangaroo Island

283AUD

Remote, wild, and stunning, Kangaroo Island is the perfect mixture of all things Aussie. Hop over to the island for a day exploring the coastline and creatures that call it home. Prepare for a full day (up to 16 hours) that will leave you enchanted and in love with this slice of paradise just off the mainland.

Day 2

Adelaide/Ikara-Flinders Ranges

Enjoy a local food experience in the Clare Valley, then it's on to Flinders Ranges.

Hit the road in the morning. Admire scenic views across the Clare Valley and enjoy a local food experience featuring South Australia's best regional produce. Continue to Flinders Ranges.



Meals included

Breakfast



Today's Activities

Private Vehicle

Adelaide - Ikara-Flinders Ranges

6h

440km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

South Australia is a region renowned for its local produce, which makes it the perfect place to sample local delicacies such as cheeses, olives, pickles, chutneys, jams and other baked goods. Try a few of these tasty treats and learn more about the food culture in this unique part of the world!

Day 3

Ikara-Flinders Ranges

Explore Wilpena Pound, the heart of Flinders Ranges National Park, for a walk to a natural amphitheatre sacred to the Indigenous Adnyamathana people. Learn about Indigenous art and early settler history.

Take the day to explore the amazing scenery of Flinders Ranges.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Private Vehicle

Ikara-Flinders Ranges - Wilpena Pound

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Wilpena Pound Hike

Wilpena Pound

1h-3h

2km

Enjoy nature's 800 million-year-old natural amphitheater carved out of the mountains in the Ikara-Flinders Ranges NP. Visit Indigenous art sites and learn more about the history and customs of the Adnyamathanha people who have lived here for tens of thousands of years. Keep an eye out for emus, kangaroos, and if you are lucky, the threatened yellow footed rock wallaby.

Day 4

Ikara-Flinders Ranges/Glendambo

Travel from Flinders Ranges to Glendambo with a stop along the way at the salt lake of Lake Hart.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Private Vehicle

Ikara-Flinders Ranges - Glendambo

6h

440km

Settle in and scan the scenery from the convenience of a private vehicle.

Lake Hart Visit

Lake Hart

30m

A salt lake in the Australian outback? Why yes, it exists! Pull over from the Stuart Highway for a short visit to Lake Hart, where the salt flats stretch for miles and provide an otherworldly backdrop to sandy desert roads.

Day 5

Glendambo/Cooper Pedy

Travel to the town of Cooper Pedy, the world's opal mining capital. After a guided tour of a mine, escape the heat like the locals by spending the night underground.

Travel to the unique opal mining town of Cooper Pedy, where people live underground to avoid the heat. A guided mine tour gives insight to the mining process and the importance of opal to the area. Overnight like the locals by sleeping in an underground hostel, a once-in-a-lifetime experience.



Meals included

Breakfast



Today's Activities

Private Vehicle

Glendambo – Cooper Pedy

3h

260km

Settle in and scan the scenery from the convenience of a private vehicle.

Guided Mine Tour

Cooper Pedy

1h

Learn about opals and Cooper Pedy's mining history on a tour of an old opal mine. See examples of both hand-dug and machine-dug underground homes, which are a popular way to escape the heat.

Day 6

Cooper Pedy/Kings Creek

Take in the vastness of the Outback on a driving day, then bed down in a swag (padded canvas bedroll) around a campfire and sleep under the Outback sky.



Meals included

Breakfast | Dinner



Today's Activities

Private Vehicle

Cooper Pedy - Kings Creek

10h

760km

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 6

Kings Canyon Helicopter Ride

Kings Canyon

95-285AUD

7m-30m

Get a birds-eye view of Kings Canyon from the large bubble windows of a 4-passenger helicopter.

Quad Biking Around Cattle Station

Kings Canyon

105AUD

Day 7

Kings Creek/Uluru

Enjoy a morning walk through the gorges and valleys of Kings Canyon. Drive to Uluru, where Australia's most iconic view awaits. Experience the colourful sunset at Uluru while enjoying a glass of bubbly.

Enjoy the morning taking in the scenery or by going on an optional 4km walk through the gorges and valleys of Kings Canyon of Watarrka National Park.



Meals included

Breakfast | Lunch



Today's Activities

Kings Canyon Hike

Kings Canyon

3h-4h

5km

Hike through beautiful Kings Canyon in Watarrka National Park on this walk that visits the natural amphitheatre, the North and South walls, and the Garden of Eden.

Private Vehicle

Kings Creek - Uluru

4h30m

420km

Settle in and scan the scenery from the convenience of a private vehicle.

Uluru at Sunset

Uluru

30m-1h

Enjoy a glass of bubbly, and watch the setting sun transform Uluru into a glowing monolith bathed in deep reds and oranges. Capture the moment with your camera but also take a moment to soak in the serenity of the scene just with your own eyes. Magic!

Enjoy the Mala Walk at Uluru to learn the importance of the rock to Indigenous Australians.

The next morning, awake before sunrise to do the Mala Walk around part of the base of Uluru (Ayers Rock) while learning its significance to the local Indigenous people. Visit the cultural centre to get a better understanding of the area.

Opt to pre-book the "Uluru & Kata Tjuta Helicopter Ride" activity on the checkout page ahead of time, to include this optional on your tour.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Uluru Mala Walk

Uluru

1h-1h30m

2km

Take a guided walk along the northwest side of Uluru to learn about the history of the area, hear the stories of the Anangu people and gaze upon these awe-inspiring uplifted sandstone rock formations.

Indigenous Cultural Centre Visit

Uluru

Learn about Indigenous Australian culture in the area to get a better perspective of the history, beliefs and present-day life of the Anangu people. Discover the wild world of bush tucker (indigenous food), find out which plants are used in bush medicine, and hear creation stories.



Optional Activities - Day 8

Outback Astronomy Tour

Uluru

60-70AUD

Enjoy a tour of the night sky, learning how Indigenous people of Australia used the stars for mythology and seasonal predictions while getting a chance to stargaze through telescopes and binoculars. The Outback is one of the best places to stargaze, with low humidity and surrounding light - take a peek and see whats out there!

Uluru & Kata Tjuta Helicopter Ride

Uluru

To fully appreciate the sheer size and splendor of Uluru, you need to experience it from above. Get a bird's eye view of the iconic red rock, and take in the vast expanses of desert surrounding the 'Heart of the Red Centre'. This is one ride you don't want to miss!

Day 9

Uluru/Alice Springs

Discover more of the Red Centre with a hike through the beautiful Valley of the Winds in Kata Tjuta. Transfer to Alice Springs, where the tour ends upon arrival in the early evening.

Travel to the rock formations of Kata Tjuta (the Olgas) and, heat permitting, walk through the Valley of the Winds to explore the surrounding area before continuing onto Alice Springs.

The tour ends upon arrival to Alice Springs in the evening.



Meals included

Breakfast



Today's Activities

Valley of the Winds Walk

Kata Tjuta / Mount Olga

1h-4h

2km

Walk through the Valley of the Winds to explore the beautiful, red, domed rocks that comprise the site. Visit two separate lookouts for great views over the area.

Private Vehicle

Uluru - Alice Springs

4h30m

375km

Settle in and scan the scenery from the convenience of a private vehicle.

Departure Day

Not ready to leave? Your CEO can help with any onward travel arrangements you require.



Optional Activities - Day 9

Camel Ride

Uluru

7-15AUD

5m-10m

Spend 45 minutes on a guided camel ride with incredible views of Uluru and Kata Tjutas. Learn about the Outback landscapes and the importance of camels to the history of the Red Centre.

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What are the main highlights of this trip?

Count the millions of stars of the Outback sky, sleep underground in the historic mining town of Coober Pedy, enjoy the sunset over Uluru.

Itinerary Notes

Please note that most 18-to-Thirtysomethings accommodation in Australia is multi-share. For more info, see our Trip Details.

What are the main highlights of this trip?

Count the millions of stars of the Outback sky, sleep underground in the historic mining town of Coober Pedy, enjoy the sunset over Uluru.

Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Please note that most 18-to-Thirtysomethings accommodation in Australia is multi-share. For more info, see our Trip Details.

What important notes should I be aware of before the trip?

1. This tour combines with other G Adventures tours. As such, some staff and travel companions may be continuing together on another G Adventures tour after your trip concludes. Additionally, this tour is a combination of several G Adventures tours, and your CEO, fellow passengers or vehicle may change between the individual tour sections.
2. Please be aware that wifi and internet access is not as readily available in Australia as in other parts of the world. There are often additional charges to connect to the internet, and speeds may be slower than what you are used to.
3. Over public holidays in Australia and New Zealand (such as Christmas, New Years Day, Easter, and Anzac Day) there may be some limitations of services and disruptions to schedules. In general our tours still operate effectively over public holidays, but there may be closures of optional activities and restaurants, and slight itinerary adjustments in order to provide all tour inclusions.

What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 20, avg 16

What meals are included in this trip?

8 breakfasts, 4 lunches, 4 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

Please note that most included breakfasts will consist of cereal, milk, bread and spreads, juice, tea and instant coffee. Having a simple breakfast together most days allows us the flexibility to get on the road early and get from point A to B all that much faster.

What are the modes of transportation on my trip?

Private vehicle, walking.

What transportation will we take on this trip?

Our vans are mini-coaches. Occasionally with smaller group sizes we will use smaller, equally comfortable 13-seater vehicles. All mini-coaches tow a trailer for luggage and camping equipment (when needed). All groups have one CEO/Driver.

The vehicles are factory built with comfortable seats and air-conditioning. It is mandatory to wear a seatbelt while riding in our vehicles.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hostels (4 nts), swag camping (3 nts), underground hostel (1 nt). All nights multi-share.

What kind of accommodation can I expect on this trip?

Accommodation will be varied throughout your adventure. When camping on this tour, you will be provided with an Aussie 'swag'—a canvas bedroll with built-in padding and perfect for a night under the stars. Towels and soap are not always provided at overnight stops, so it's best to bring your own for bathing. Bathroom and showering facilities are shared and are very rarely en-suite.

Multi-share accommodation, on a single-sex basis (typically 4-6 people per room), is very common in Australia and is the way you will be spending most of your nights. We have specifically chosen unique accommodations to give local flavour to your trip.

COUPLES: Please note that due to the types of accommodation used in Australia, couples will likely be split into separate rooms where we use multi-share hostels. Pending availability, couples may be able to pay extra while on tour to have their own room in some destinations.

PRE/POST ACCOMMODATION: If booking additional nights before or after your tour, accommodation will be multi-share on a mixed gender basis.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

If you are taking a taxi: \$30-\$40, approximately 20km from the joining hotel and should take no more than 30 minutes.

If you are taking a Shuttle Bus: \$10 per person - The shuttle provides a regular scheduled bus service between Adelaide Airport, Keswick Interstate Railway Terminal and the Adelaide central business district (CBD).

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office and after office hours emergency number

From outside Australia: +61 432 705 621

From within Australia: 0432 705 621

If you are unable for any reason to contact our local operations manager, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

Any onward travel can be booked for 8pm or later on Day 9.

Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Sleep Sheet and Pillow:

- Sleeping bag liner/sleep sheet
- Travel pillow

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Note:

- 1) During the winter months (June - Sept), it can get quite cool at night in the Outback. If you are travelling to the Red Centre during the winter, it is recommended to bring some warm layers. 2) A sleeping bag will be provided for all camping nights. We recommend bringing a sleeping bag liner/sleep sheet and pillow.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The Australian currency is the Australian Dollar (AUD).

Credit cards are accepted almost everywhere in Australia and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in Australia in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is not customary in New Zealand or Australia to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. Unless specifically asked to do so at the time (by your CEO) - do not tip your local guides. Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, you may consider a small tip - but it certainly isn't expected.

What activities are optional on this trip?

Adelaide

- Adelaide Central Market
- Dolphin Swim and Cruise
(120-130AUD per person)

Kangaroo Island

- Kangaroo Island Day Trip
(283AUD per person)

Kings Canyon

- Kings Canyon Helicopter Ride
(95-285AUD per person)
- Quad Biking Around Cattle
Station (105AUD per person)

Uluru

- Outback Astronomy Tour
(60-70AUD per person)
- Uluru & Kata Tjuta Helicopter
Ride
- Camel Ride (7-15AUD per
person)

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

Between November and March, there is extreme heat with temperatures averaging between 43-46°C in the middle of Australia, especially around Uluru and Kings Canyon. This can lead to heat exhaustion and potentially become very dangerous. Be sure to drink plenty of water and replenish electrolytes by drinking sports drinks, coconut water or water mixed with electrolyte powder packets. Our CEOs have been trained in first aid and are well-versed in the risks associated with this heat.

As a result of this heat some included walks may be closed in the interests of travellers health. Certain walks around central Australia including Uluru, Kata Tjuta and Kings Canyon are closed when weather is forecast to exceed 36°C. During these hot months, we will endeavour to offer all walks early in the day to avoid the heat. Our CEOs will monitor the weather conditions to gauge the safety of any included walks and may need to call off a given day's walk due to extreme heat.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.