



## **Patagonia: Torres del Paine & Los Glaciares National Park**

10 days, Puerto Natales to El Calafate

Trip code SCPG

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your OMG Day: Hiking Cañadón de los Fósiles, Cascada de los Perros, or Cerro Carnero, Estancia Cristina
- Your Foodie Moment: Traditional Patagonian Feast
- Complimentary arrival transfer
- Welcome dinner
- 3 days of hiking in the Torres del Paine area with a mountain guide
- Mirador Cuernos Hike
- Las Torres Hike
- Grey Lake Viewpoint Hike
- Visit to Perito Moreno Glacier with a local guide
- Navigation through Upsala Glacier and Cristina Channel
- Expedition to Upsala Glacier
- Farewell dinner
- Choice between included activities while staying at the estancia
- All tips included for activities and meals, except for CEO and portage
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing July 31st, 2025 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Puerto Natales: Gateway to Patagonia

Vast and rugged wilderness await you in Patagonia with its pristine landscapes, truly a dream for outdoor enthusiasts. Catch glimpses of mountain peaks and glistening glaciers as you touch down in the small port town of Puerto Natales. As night settles, feast on fresh seafood and feel the anticipation build as you dream of the exploration to come. We welcome you to Chile, to the wild experience that is Patagonia, and we invite you to strap in for the ride.

Arrive to Puerto Natales at any time and catch an included transfer to the hotel. Meet your fellow group members at the welcome meeting in the evening and get all the important information about the adventure ahead. Afterwards, head to a nearby restaurant for a delicious welcome dinner with new friends.



### Meals included

Dinner



### Accommodation

Hotel Costaustralis (or similar)

Hotel



### Today's Activities

Arrival Transfer

Teniente Julio Gallardo Airport - Puerto Natales

15m

9km

You will be met at the airport and transferred to the hotel to start your adventure. Please note this included transfer is only from the Teniente Julio Gallardo Airport, which is the closest to Puerto Natales.

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Torres del Paine: Mirador Gret Lookout Hike

Gaze across to Torres del Paine National Park as you tighten up your laces and take the first few steps along the trail. Starting at Mirador Grey, a viewpoint located outside the park near Lago Toro, you'll be treated to panoramic views of the Paine massif and the impressive Grey Glacier. Breathe in the fresh air and soak in the spectacular views across the pampas (grasslands) as you hike to your lodgings that will serve as your base for the next few days.

An early breakfast will be available at the hotel before transferring via private vehicle to a viewpoint called Mirador Grey, where today's hike begins. Walk along this trail and have lunch amid the epic scenery. Arrive at the hotel in the early afternoon and take advantage of free time to rest or become acquainted with the property.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Kau Rio Serrano (or similar)

Hotel



### Today's Activities

Mirador Grey Torres Del Paine Hike

Lago del Toro - Torres del Paine

5h

13km

The group will hike from the viewpoint to your hotel, winding through the mountains from Mirador Grey, past a small tip of Laguna Claudio, and ending at Río Serrano.

Private Vehicle

Puerto Natales - Lago del Toro

1h15m-1h30m

74km

Settle in and scan the scenery from the convenience of a private vehicle en route to the start point of today's hike.

## Torres del Paine: Las Torres Hike

Most people when they picture Torres del Paine likely are seeing Las Torres in their mind. This crown jewel of the park is also known as Base Torres, and is the viewpoint for three very distinct granite rock towers shooting up from the glacier lake below them. On a clear day the blue sky above the impossible turquoise of the lake and the grey peaks covered in white snow is breathtaking, making it a view you will never forget.

This morning the group will travel from the hotel to the Torres del Paine Visitor Centre. From here, set off on a hike to the base of the Towers. An included box lunch will be had upon arrival to the top before the return trip. Travel back to the hotel in the early evening where dinner will be served.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Kau Rio Serrano (or similar)

Hotel



### Today's Activities

Private Vehicle

Kau Rio Serrano - Torres del Paine

1h30m

53km

Settle in and scan the scenery from the convenience of a private vehicle en route to the start of today's hike.

Las Torres Hike

Torres del Paine

7h-9h

22km

Be prepared to lose your breath - from the hike AND the gorgeous views! Trek along the Torres del Paine trail to the base of the towers themselves. Enjoy the view of the three pink granite towers that make this park famous.

Distance:: 22km (14 mi) roundtrip, in and out along the same trail

Time: 7-9 hours.

Elevation gain: 750m (2,460 ft)

Private Vehicle

Torres del Paine - Kau Rio Serrano

1h30m

52km

After the hike, settle in and scan the scenery from the convenience of a private vehicle on the way back to your hotel near the park.

Day 4

## Torres del Paine: Hike to Grey Glacier Viewpoint

You will enjoy impressive views of Grey Glacier as you hike the trail next to the lake of the same name, looking across to the tongue of the glacier and the rock island known as Nunatak. The fresh air combined with the rugged terrain will have your heart thumping and endorphins flowing in one of the most stunning landscapes on earth.

Travel to Pudeto and take a ferry to Paine Grande Campsite. Hike from the camp to the sightseeing point of Grey Glacier. Sit down to enjoy lunch during the trek. There will be some free time back at the Paine Grande Campsite before the ferry back to Pudeto. Arrive back to the hotel for dinner.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Kau Rio Serrano (or similar)

Hotel



### Today's Activities

Private Vehicle

Kau Rio Serrano - Pudeto

30m-45m

25km

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry

Pudeto - Paine Grande Camp

30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Grey Lake Viewpoint Hike

Grey Lake

4h

11km

Hike to Grey Lake outlook and enjoy amazing views across the lake. Glacier Grey makes a stunning background. Head back to Paine Grande campsite to hop on the ferry back to Torres del Paine where a private van will be waiting to take you back to your hotel.

Locations: Paine Grande Camp to Grey Lookout

Distance travelled: 11km (7 miles)

Time: 4 hours

Elevation gain: 400m (1,315 ft)

Ferry

Paine Grande Camp - Pudeto

30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Pudeto - Kau Rio Serrano

30m-45m

25km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

## El Calafate: From Chile to Argentina

Catch the last views of Torres del Paine's iconic peaks as you travel east into Argentina and to the town of El Calafate, near the edge of the Southern Patagonian Ice Field. Keep your eyes peeled for roaming guanacos and herds of sheep along the way in the grassy flatlands that the southern cowboys call home.

Spend most of the day on a private transfer from Torres del Paine to El Calafate, with a hearty boxed lunch en route. Along the way, cross the border between Chile and Argentina. Arrive at the hotel in the early evening and enjoy free time to check out the town and find a spot for dinner.



### Meals included

Breakfast | Lunch



### Accommodation

Hotel Mirador del Lago (or similar)

Hotel



### Today's Activities

Private Vehicle

Kau Rio Serrano - El Calafate

6h-8h

373km

Settle in and scan the scenery from the convenience of a private vehicle en route to Argentina.

Border Crossing (Chile - Argentina)

Cerro Castillo - Paso Río Don Guillermo

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Free Time

El Calafate

Spend a free evening at your accommodation near Calafate and explore on your own. Dinner will be at your leisure.

Day 6

## El Calafate: Perito Moreno Glacier

Hold your breath as you watch a massive chunk of ice calve from the face of Perito Moreno Glacier and crash into the lake below. As you get closer you will see why this is one of the most scenic landscapes in the world. Become immersed in the landscape and feel humbled by the grandiosity of nature.

Travel to Los Glaciares National Park and set out to explore the walkways of the Perito Moreno Glacier with your guide and CEO. Sit down for a boxed lunch with an epic view. Travel back to the hotel in El Calafate where there will be free time to unwind and find a restaurant for dinner.



### Meals included

Breakfast | Lunch



### Accommodation

Hotel Mirador del Lago (or similar)

Hotel



### Today's Activities

Private Vehicle

El Calafate - Parque Nacional Los Glaciares

1h45m

80km

Settle in and scan the scenery from the convenience of a private vehicle on the transfer to Los Glaciares National Park with a stop at the first viewpoint to admire the landscape and see granite pinnacles spiralling upward from the third largest ice field on earth.

Free Time

Perito Moreno Glacier

3h

The group will have free time to wander the walkways of Perito Moreno Glacier with a guide and your CEO. Then, sit down for a box lunch to eat with a view of the glacier.

Private Vehicle

Parque Nacional Los Glaciares - El Calafate

1h30m

60km

Settle in and scan the scenery from the convenience of a private vehicle.

## Los Glaciares National Park: Remote Wilderness

Journey to your OMG Stay in the sheer wild beauty of Parque Nacional Los Glaciares. Sail across Lago Argentino into the misty atmosphere of this park in the southern corner of the planet, and spend the next few days in the elegant comfort of this unique lodge. The property is located in a glacier valley protected from the elements, but fully exposed to panoramic views of nearby mountains and lakes. Use this opportunity in the untamed Patagonia landscape to connect with the inherent power of nature.

In the morning, transfer to Punta Bandera by private vehicle and navigate by boat across Lago Argentino to the OMG Stay, set back along the shores of the Cristina Channel. Soak in amazing vistas as you float by Upsala and Spegazzini glaciers. Arrive at the property around midday to get settled and have lunch. This afternoon enjoy free time to become acquainted with your OMG property at your own pace. Choose from a variety of activity options like self-guided hikes, birdwatching, a guided historical walk, or even a horseback ride through the Rio Caterina Valley. Sit down for an included dinner at the estancia this evening.

Please note, all activities within Estancia Cristina are included in your stay. Upon arrival, guests will be able to choose and coordinate their preferred activities directly with the estancia's guides, except for the horseback riding, which will be organized in advance by the CEO for those who wish to participate. Some activities, such as birdwatching and the visit to the Cristinita Boat, are self-guided, allowing guests to explore at their own pace.



### Meals included

Breakfast | Lunch | Dinner



## Accommodation

La Estancia Cristina (or similar)

Estancia

Only accessible by boat, Estancia Cristina is an under-the-radar gem located inside Los Glaciares National Park. Sitting in the valley, the 20 rooms distributed among 5 casas are protected from weather, but boast panoramic views of the landscape. The incredible location of the property offers guests a unique chance to discover untouched nature and untamed wilderness in Patagonia on their included excursions.



## Today's Activities

Private Vehicle

El Calafate - Punta Bandera

1h

50km

Settle in and scan the scenery from the convenience of a private vehicle.

Navigation Through Upsala Glacier and Cristina Channel

Punta Bandera - Estancia Cristina

2h30m

Navigate via ferry through Upsala Glacier and Cristina Channel en route to your OMG Stay property. Soak in amazing vistas as you float by Upsala, one of South America's largest glaciers.

Free Time

Estancia Cristina

Spend a free afternoon on the ranch property after lunch. Grab a book and read amid the stunning surroundings, go for a walk, take some photos or simply sit back and stare at the wild landscape before you.



## Optional Activities - Day 7

Horseback Riding From Estancia Cristina

Estancia Cristina

20km

Set out on horseback through the Río Caterina Valley with visits to Pearson Lake, and Norte & Moyano hills. Ride at a leisurely pace past mountains and lagoons into the immense wilderness of Patagonia.

Self-guided Hiking Trails

Estancia Cristina

Explore scenic paths near and around the property at your own pace.

Guided Historical Walk

Estancia Cristina

Set off on a guided historical walk to learn about the estancia's pioneer past and cultural heritage.

Estancia Cristina Birdwatching

Estancia Cristina

Spot native species in their natural habitat.

Visit to the Cristinita Boat

Estancia Cristina

Discover the story of the Cristinita, a small boat used in early explorations.

## Los Glaciares National Park: Your OMG Day

The land surrounding Estancia Cristina is seeped in a raw beauty that never ceases to amaze the adventurous traveller. With a choice between two curated experiences, you will be immersed in the true essence of Patagonia. Begin with a 4x4 ride up to the Upsala Viewpoint to admire views of the glacier. Choose between three different activities to make a memorable afternoon in Patagonia's impressive natural landscapes.

Choose between three different options to spend your time at the Estancia. Hike the Cañadón de los Fósiles guided by an expert. Enjoy a peaceful walk to Cascada de los Perros. Or hike to Cerro Carnero and gain a complete view of the valley and the Cordillera de Los Andes cradled by glaciers. Lunch and dinner will be included back at the Estancia.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

La Estancia Cristina (or similar)

Estancia

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### Today's Activities

Expedition to Upsala Glacier

Parque Nacional Los Glaciares

4h

This morning, get close to the scenery that's been taunting you from the road and ferry. Take off-road 4x4 vehicles to Upsala Glacier's former domain. Cruise along wild routes through native forests within the Feruglio mountain range. Delve into the most sacred part of Estancia Cristina—the only land-based lookout point of the Glaciar Upsala.

ACTIVITY

10km

Option 1: Choose to hike the Cañadón de los Fósiles. This is a challenging 14km hike featuring a high-altitude fossil canyon exploration with a guide.

Option 2: Enjoy a 40-minute roundtrip, easy and gentle hike to a scenic waterfall called Cascada de los Perros, with a guide.

Option 3: Hike to Cerro Carnero and gain a complete view of the valley and the Cordillera de Los Andes cradled by glaciers. The hike is a total of 10km with 470m in elevation gain which takes about 5 hours to complete. The group will ascend gradually to appreciate Canal Cristina and the main lodge of the Estancia. The return trip will be along a different path with equally as stunning views.

Day 9

## El Calafate: The Wilds of Patagonia

As you wake up in the cozy atmosphere of the lodge, you will naturally gaze out of one of the wide windows for views of the pristine landscape. Savour the last moments you have in this remote and striking part of the world before you return to civilization, where a typical Patagonian feast awaits.

Take advantage of free time in the morning to partake in a few optional activities offered from the ranch, like horseback riding near Pearson Lake or a hike to Los Perros waterfall. Enjoy lunch back at the ranch before travelling back to Punta Bandera via boat. Transfer by private vehicle to the hotel in El Calafate and sit down for a delicious Patagonian meal as a group dinner.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Hotel Mirador del Lago (or similar)

Hotel



### Today's Activities

Ferry

Estancia Cristina - Punta Bandera

1h15m

Hop onboard the ferry for one last thrilling navigation from Estancia Cristina to Puerto Punta Bandera. Keep your eyes and ears alert for wildlife along the way.

#### ACTIVITY

Cap off your adventure with a delicious and traditional Patagonian feast. Devour freshly baked flaky empanadas, stews, pastas, salads, barbecued steaks, lamb roasted over the fire and more.

Free Time

Estancia Cristina

Enjoy one final free morning at Estancia Cristina. Choose between two available optionals this morning. The first is a horseback ride visiting Norte and Moyano hills with views of Pearson Lake. The second option is a 5.5km trek to Los Perros waterfall. Lunch will then be served at the ranch before departure.

Private Vehicle

Punta Bandera - El Calafate

1h

50km

Settle in and scan the scenery from the convenience of a private vehicle en route from Punta Bandera to your hotel in El Calafate.

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## Optional Activities - Day 9

Horseback Riding From Estancia Cristina

Estancia Cristina

20km

Set out on horseback through the Río Caterina Valley with visits to Pearson Lake, and Norte & Moyano hills. Ride at a leisurely pace past mountains and lagoons into the immense wilderness of Patagonia.

Los Perros Waterfalls Hike From Estancia Cristina

Estancia Cristina

5-6km

Hike uphill towards Cascada de Los Perros, uncover hidden spots along that way that reveal the landscape surrounding Lago Argentino and Lago Pearson.

Day 10

## El Calafate

Today your adventure comes to an end, but the memories made during your time in Patagonia are sure to live on.

Depart at any time.

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## Meals included

Breakfast

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## Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your OMG Day: Hiking Cañadón de los Fósiles, Cascada de los Perros, or Cerro Carnero, Estancia Cristina
- Your Foodie Moment: Traditional Patagonian Feast
- Complimentary arrival transfer
- Welcome dinner
- 3 days of hiking in the Torres del Paine area with a mountain guide
- Mirador Cuernos Hike
- Las Torres Hike
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- Visit to Perito Moreno Glacier with a local guide
- Navigation through Upsala Glacier and Cristina Channel
- Expedition to Upsala Glacier
- Farewell dinner
- Choice between included activities while staying at the estancia
- All tips included for activities and meals, except for CEO and portage
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Spend 3 days hiking in and around the stunning scenery of Torres del Paine National Park, Witness huge chunks of ice calving off of Perito Moreno Glacier, Travel by boat through Upsala and Cristina Passages, Choose from a variety of outdoor activities within Los Glaciares National Park, Feast on delicious typical Patagonian cuisine

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## **Is there a disclaimer I should read before booking this trip?**

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## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What is the group leader like?**

All G Adventures group trips are accompanied by one of our group leaders, also known as a CEO (Chief Experience Officer). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## **How large will the group be?**

Max 16, avg 12

## **What meals are included in this trip?**

9 breakfasts, 8 lunches, 7 dinners

## **What are the meals like on this trip?**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally, meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what, and with whom to eat. It also gives you more budgeting flexibility, though generally, food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Private vehicle, ferry, hiking.

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels (9 nts).

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Please make sure to keep the stamped immigrations receipt you receive when you arrive into Chile. This receipt is required when leaving Chile.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

# What should be on my packing list?

## Available for Rent:

- Walking poles (6000 CLP per day)
- Windproof rain jacket (4000 CLP per day)
- Windproof rain pants (5000 CLP per day)

## Cold weather:

- Long-sleeved shirts or sweater
- Warm gloves
- Warm layers
- Scarf
- Warm hat

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### Hiking Essentials:

- Day pack (30 litres is the recommended size)
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Long-sleeved shirts or sweater
- Reusable water bottle
- Sandals/flip-flops
- Scarf (Scarf/Buff/Neckwear)
- Snacks
- Socks (Trekking socks (woollen or synthetic, not cotton))
- Sport t-shirts (Cotton/Dri-Fit)
- Sunglasses
- Thermal base layer
- Toiletries (Preferably biodegradable)
- Towel
- Walking poles ((Available for rent, highly recommended))
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket
- Waterproof backpack cover

### Optional/Useful packing list:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Ear plugs
- Locks for bags
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Sleeping bag liner/sleep sheet

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that the cost of living in Chilean Patagonia is much higher than the rest of South America. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations of 100 or 50 USD equivalent.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

On the Geluxe Collection tours, tipping is included for all included activities and meals. Tipping is not included for the CEO or Porterage. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$10-15 USD per person, per day can be used.

For meals and activities not included in your itinerary, it is appropriate in Latin America to tip 10%. Though not compulsory, tipping is expected. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels and shows an expression of satisfaction.

## What activities are optional on this trip?

### Estancia Cristina

- Horseback Riding From Estancia Cristina
- Guided Historical Walk
- Visit to the Cristinita Boat
- Self-guided Hiking Trails
- Estancia Cristina Birdwatching
- Los Perros Waterfalls Hike From Estancia Cristina

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

# What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.