NATIONAL GEOGRAPHIC | G Adventures
EXPEDITIONS
JOURNEYS

Last Updated: May 9, 2023



PERU AND BOLIVIA: MACHU PICCHU TO THE SALT FLATS

16 days, Lima to La Paz

Trip code SPBNG

WHAT'S INCLUDED

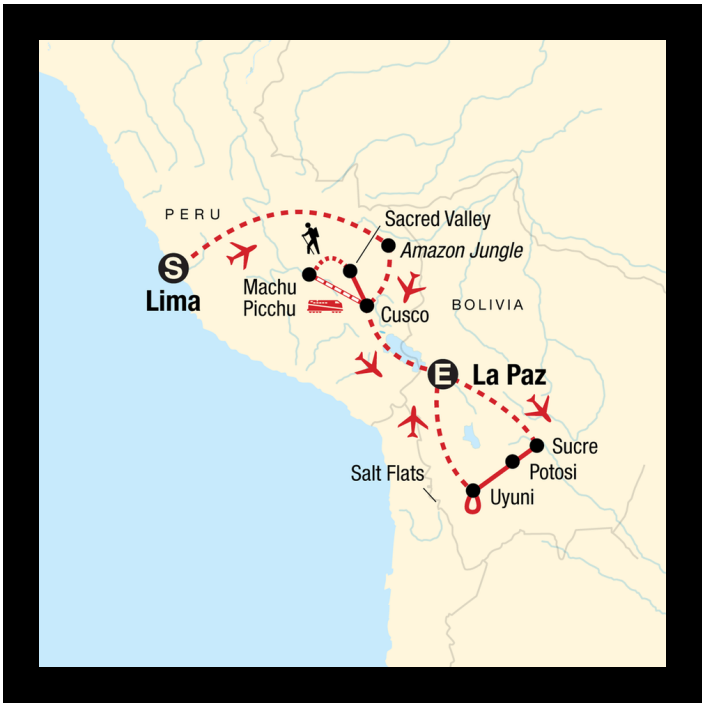
- Your Journeys Highlight Moment: Cusco Planetarium, Cusco
- Your Journeys Highlight Moment: Traditional Andean Experience, Urubamba
- Your Journeys Highlight Moment: La Paz Culinary Experience, La Paz
- Your Journeys Highlight Moment: Bolivian Hacienda Experience, Potosí
- Your G for Good Moment: Parque de la Papa (Potato Park), Pisac
- Your G for Good Moment: Parwa Community Restaurant the Sacred Valley, Lamay
- Your G for Good Moment: Jukil Community Experience & Lunch, Santiago de Agencha
- Arrival transfer
- Three-day (2 nts) excursion to the G Adventures exclusive rainforest lodge
- Sacred Valley tour
- Choice of four-day Inca Trail hike with local guide, cook, and porters or Cusco/Aguas Calientes stay with scenic train
- Guided tour of Machu Picchu
- Excursion to the Salar de Uyuni
- Sucre city tour
- La Paz city tour
- Moon Valley excursion
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 11th, 2023 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Itinerary Notes

There are new Health & Safety Protocols for National Geographic Journeys tours. Please see here for full details and up-to-date requirements as they may change.

Day 1 LIMA

Arrive at any time. Arrival transfer is included.

Please note: if you booked the Lima Cooking Class it does not include extra time in Lima, and we highly recommend booking pre-trip accommodation. You will be picked up from your hotel at approximately 9:30am and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 13:00.

Also, hot water shortages and power outages can be fairly common in Peru (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.

There are some very early morning starts on this trip to make the best use of our time and see as much as we can of Peru as we can.

TODAY'S ACTIVITIES

Private Vehicle Lima

Settle in and scan the scenery from the convenience of a private vehicle.

Arrival Day and Welcome Meeting 1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your Expedition Leader will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Optional Activities - Day 1

Lima City Tour Lima 40USD

Discover Lima's cultural and culinary highlights on this half-day guided tour. Visit the Santo Domingo Monastery, walk around Plaza de Armas, marvel at the Bodega y Quadra Museum, and get to know some of Lima's lovely neighbourhoods. Stop to enjoy some authentic Peruvian tapas and be introduced to Pisco Sours during a demonstration and tasting.

Lima Cooking Class (4hrs) Lima

Get a taste of Peruvian cuisine, visit local markets, sample exotic fruit, select fresh ingredients, and try your hand at preparing unique Peruvian dishes influenced by China, Italy, West Africa, and Japan.

Please note that if you are travelling with a family there is no age restriction on this activity and the cooking class is acceptable for children.

Day 2 LIMA/TAMBOPATA

Fly to Puerto Maldonado and continue by motorized canoe to our comfortable lodge, situated near the Tambopata National Reserve in the Amazon rainforest. Spot local bird species along the lush shores of the Tambopata River en route to the lodge, and set off on an evening walk with a naturalist guide before dinner, keeping an eye out for some of the rainforest's nocturnal creatures.

After a brief stop in town to store large luggage, drive to the pier and travel by covered motorized boat to the jungle lodge.

En route, spot bird species typical of the local river and forest edge. The Tambopata Rainforest area holds the world record for the most bird sightings in one area.

Local community members make up the majority of lodge staff, including multilingual naturalist guides. Take the opportunity to learn about the area's rich flora and fauna and locals' extensive use of medicinal plants and other forest plant resources through traditional techniques for building, fishing, and hunting.

Enjoy a welcome drink and orientation. Before dinner, head out for a night walk around the lodge grounds.

The lodge itself combines native architectural style and materials with low-impact, eco-friendly technology. Rooms are simple but comfortable, with mosquito netting for individual beds, flush toilets, showers (with solar-heated hot water), and candles for lighting (no electricity).

Meals included

Breakfast | Lunch | Dinner

TODAY'S ACTIVITIES

Plane Lima – Puerto Maldonado 2h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Motorized Canoe Puerto Maldonado – Tambopata 2h-3h

Head by private vehicle to the lodge's office in Puerto Maldonado to store large luggage. From there, travel about 1 hr to reach the boat landing.

Be prepared to protect yourself from the sun and bugs before you get on the boat. It's quite pleasant with the covered roof and breeze, but you can still get sunburned. It's recommended to wear light long sleeves and trousers on the boat.

Wildlife-spotting Night Walk Tambopata

Get the lowdown on local flora and fauna, and grab a flashlight to discover what's living around lodge grounds. Receive help from the talented, expert naturalist guide to locate heaps of hidden creatures! Keep an eye out for snakes, tarantulas, owls, and poison dart frogs, just to name a few.

Day 3 TAMBOPATA

Spend the day exploring the thriving ecosystems of the rainforest with our lodge's naturalist guides. Scan the treetops for toucans, howler monkeys, and sloths, and glide along oxbow lakes on canoes for a chance to glimpse river otters, turtles, and, if we're lucky, anacondas. After dinner, embark on a river tour by motorized canoe on the lookout for caimans, the smaller cousins of alligators, which are often found hiding near the muddy banks.

Head out early to catch the jungle at its wildest (and coolest). Walk slowly through the forest searching for wildlife before heading out on an oxbow lake by canoe.

Search for anaconda, the elusive giant river otter, or black caiman. Even if you don't spot these shy creatures, there are plenty of birds, interesting plants, and other animals about.

Meals included

Breakfast | Lunch | Dinner

TODAY'S ACTIVITIES

Jungle Excursions Tambopata

Enjoy visits to oxbow lakes to learn about the jungle and its inhabitants. Be introduced to the area's rich flora and fauna by expert naturalist guides, who can teach extensive uses for medicinal and other forest plant resources through traditional techniques. Be prepared to go early morning or evening to

avoid the heat of midday. Enjoy a leisurely pace – the trip requires some walking, but nothing too strenuous.

Free Time Tambopata

Spend time around the lodge or go further afield. Free time is yours to explore any way you want!

Caiman-Spotting Cruise Tambopata

Head out after dark by motorized canoe to search for caimans on the river banks. Enjoy a lesson on caimans from the expert guide. Take advantage of the keen eyes of the expert naturalist guides – they are truly spectacular at spotting these elusive smaller cousins of alligators hiding on the muddy banks.

Day 4 TAMBOPATA/CUSCO

Travel out of the jungle by boat and catch a flight from Puerto Maldonado to Cusco, soaring above the Andes into Peru's Inca heartland. This evening, visit the Cusco Planetarium for a presentation on the skies of the Southern Hemisphere, and learn about the vital role that astronomy played in the lives of the ancient Inca. Weather permitting, peer through the planetarium's telescopes for a dazzling look at the stars.

Afternoon arrival into the Inca capital. Time for strolling around the plazas and markets. Admire the cobblestones streets, and visit some museums and Cathedral.

This adventure travels to high altitude, medically defined as anything over 8,000 ft (2,440m).

Meals included

Breakfast

TODAY'S ACTIVITIES

Motorized Canoe Tambopata – Puerto Maldonado 3h

Climb in and move swiftly through the water to the next stop.

Plane Puerto Maldonado – Cusco 1h-1h30m 320km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time Cusco

Take it easy this afternoon and acclimatize to the higher altitude.

ACTIVITY

Look to the night sky for a different view of the city. Explore the Cusco Planetarium surrounded by the serene nature of the Llaullipata Ecological Reserve. Enjoy a presentation on the southern sky, contemporary astronomy, and the ancient Incas' relationship with the cosmos. Check out the on-site museum and use the telescopes to admire the stars (weather-permitting).

Day 5 CUSCO/URUBAMBA

Drive to the scenic Sacred Valley for a full day of exploration with a local guide. Tour the G Adventures–supported Parque de la Papa, or Potato Park, a rural Andean community working to preserve hundreds of varieties of native potato. During this exclusive experience, you'll walk through the park to learn about potato cultivation, traditional weaving, and the importance of both these practices to Andean culture. We'll also visit the fascinating Inca ruins of Ollantaytambo and Pisac, and enjoy a meal at the G Adventures–supported Parwa Community Restaurant in Huchuy Qosqo.

Meals included

Breakfast | Lunch

TODAY'S ACTIVITIES

Private Vehicle Cusco – Ollantaytambo 1h45m 94km

Times includes all stops and visits enroute through the Sacred Valley.

ACTIVITY

In Peru's Sacred Valley of the Inca, six communities of approximately 6000 indigenous people are working together to preserve over 700 species of potato – a cornerstone of life here. As part of an experience exclusive to National Geographic Journeys travellers – and part of our G Adventures for

Good program – visit this area, named “Parque de la Papa” (“Potato Park”), to learn about life in an Andean agricultural community. Walk through the park here with a local guide, dropping by the seed bank (which has direct ties to the Svalbard Global Seed Vault in Norway) and then head out to the fields to watch the planting or harvesting process, depending on the season. After, enjoy some of the delicious varieties of potato and visit the small stone hut where traditional weaving takes place. Learn about the natural dyeing process and witness alpaca wool strands being transformed into beautiful textiles through a centuries-old backstrap weaving style. Your visit to this special community means this local enterprise can continue earning an income that supports their development and conservation goals.

ACTIVITY

Parque de la Papa (meaning "Potato Park") serves two important purposes for the community of Pampallacta: the preservation of agricultural biodiversity and economic opportunity. National Geographic Journeys travellers visit the park to learn about life in a rural agricultural Andean community and take a tour of the seed conservation program, which is preserving heritage potato species. They also learn about traditional planting, harvesting and indigenous weaving practices. With G Adventures' support, the community is able to create jobs in the area and invest in local businesses, which helps the community preserve their culture.

ACTIVITY

Contribute to sustainable tourism in Huchuy Qosqo, a small village of 65 families in the Sacred Valley, by eating at the Parwa Community Restaurant. Learn how the resident-run restaurant was kickstarted by G Adventures and the Multilateral Investment Fund, to become a successful farm-to-table program that boosts the local economy and several spin-off microenterprises.

Pisac Ruins Guided Tour Pisac

Tour the fascinating hilltop citadel of Pisac, an Incan ruin with plunging gorges, a ceremonial centre, and winding agriculture terracing that's still in use today. Be captivated by this truly amazing site sitting amid sweeping green valleys and mountain peaks. Explore the back of the site to see a pocketed cliff across Kitamayo Gorge, which once contained hundreds of Inca tombs.

Ollantaytambo Ruins Guided Tour Ollantaytambo

Tour the town and fortress of Ollantaytambo with a local guide. Take a step back in time at this Inca archaeological site; it still shows signs of its former glory, including agricultural terraces, a Temple Hill, and storehouses. Learn how the area, overlooking the Urubamba River Valley, was an important stronghold during warfare between the Spanish and Incas.

Day 6 URUBAMBA/CUSCO

Continue exploring the Sacred Valley. Visit the Ollantaytambo ruins and walk up the 200 stone steps to the top. After, visit the terraced salt pans of Maras, which have been used for salt extraction since pre-Inca times, and tour the Inca site of Moray—believed to have been an agricultural laboratory where priests would test soils and crops. Then set off on a scenic drive through the lush Andean countryside, dotted with peaceful villages. Then, visit the Chincheros ruins, known to the Incas as the birthplace of the rainbow and featuring incredible views of the Andean countryside. Return to Cusco for the evening.

Leave the hikers to start their trek and head out to explore Moray and Maras ancient Incan ruins. Enjoy a scenic drive through Andean farmland on the way.

Meals included

Breakfast | Lunch

TODAY'S ACTIVITIES

Ollantaytambo Ruins Visit Ollantaytambo 1h-1h30m

Explore this ancient site right in the heart of Ollantaytambo city. Learn about the principles of Incan architecture and get a first taste of climbing around a massive ruins site.

Private Vehicle Ollantaytambo – Moray 1h 20km

Settle in and scan the scenery from the convenience of a private vehicle.

Maras Salt Mines and Moray Visit Maras – Moray

Tour the unique Inca ruins of Moray, consisting of circular terraces and a sophisticated irrigation system located at 3500m (11483 ft). Learn about the history and study of this fascinating site – speculation has it that it was an Inca agriculture experiment station. Then visit the impressive Maras Salt Mines and see thousands of individual ancient salt pools spilling over a hillside. Learn about the different varieties of salt, and try the renowned pink salt, famous worldwide.

Scenic Andean Drive and lunch near Maras Moray – Maras 1h-1h30m

Set out on a scenic drive above the Sacred Valley of the Incas. Stop along the way to look out over small farms carved into the hills and small villages dotted along the landscape. Enjoy the views and have lunch near Maras, opt to relax, explore the surroundings.

Private Vehicle Maras – Chincheros 30m 23km

Settle in and scan the scenery from the convenience of a private vehicle.

Chincheros Ruins Visit Chincheros 45m-1h

Chincheros is known to the Incas as the birthplace of the rainbow. This typical Andean village has Inca ruins, a colonial church, and sweeping mountain views. Explore the ruins and check out the impressive architecture of this ancient place.

Private Vehicle Chincheros – Cusco 45m-1h 28km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7 CUSCO

Fill up on breakfast at your hotel in Cusco before walking to the Cusco Cathedral where your guide will meet the group for your walking tour of Cusco's colonial side. The group will see the colonial architecture and influence visible in Cusco and visit the beautiful Sapantiana waterfalls before having lunch at Nuna Raymi in the city. Afterwards, enjoy free time to continue exploring Cusco. Opt to visit Plaza de Armas, the historic main square; the 15th-century Sacsayhuaman fortress; or some of the city's ornate churches, such as the Iglesia de Santo Domingo and La Catedral, which fuse pre-Columbian and colonial design. You may also visit the Inca Museum, which houses a fascinating collection of Inca jewelry, metalware, pottery, textiles, mummies, and more.

Meals included

Breakfast | Lunch

TODAY'S ACTIVITIES

Cusco Walking Tour Cusco 6h

Spend time on a group walking tour of the colonial areas in Cusco. Start in Cusco City and finish with a visit to the Sapantiana waterfalls before having a delicious lunch at a restaurant near the main plaza.

Free Time Cusco

Spend more time getting to know this fascinating city and surrounding area. Free time is yours to explore any way you want.

Optional Activities - Day 7

Cusco Tourist Ticket Cusco 130PEN

This ticket allows admission at 16 sights of the city of Cusco including many popular museums and cathedrals, the ticket also provides entrance to Sacsayhuaman Archaeological Park, and sights in the South Valley of Cusco and the Sacred Valley of the Incas.

Inka Museum Cusco 10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Day 8 CUSCO/AGUAS CALIENTES

After breakfast at the hotel in Cusco, the group will travel by van to Ollantaytambo to catch the scenic train for a journey following the Urubamba River Valley to Aguas Calientes. After enjoying a quick orientation walk around the town of Aguas Calientes the group will have free time for optional activities. Opt to visit the Machu Picchu Museum, the Mandor Waterfalls, and the butterfly garden. Or consider taking a dip in some thermal baths to relax those muscles.

Meals included

Breakfast

TODAY'S ACTIVITIES

Private Vehicle Cusco – Ollantaytambo 1h45m 94km

Settle in and scan the scenery from the convenience of a private vehicle.

Train Ollantaytambo – Aguas Calientes 1h30m

Climb aboard, take a seat, and enjoy the ride.

Aguas Calientes Orientation Walk Aguas Calientes 30m-45m

The group will arrive at Aguas Calientes with their assistant guide or Expedition Leader and they will have an orientation walk through the town of Aguas Calientes. Your Expedition Leader can then help you coordinate any optional activities you may want to try during your time here.

Optional Activities - Day 8

Machu Picchu Museum Visit Aguas Calientes 7USD

Get an in-depth look at Inca history and learn more about Hiram Bingham, the American archaeologist and explorer that discovered Machu Picchu. The museum holds the largest collection of Inca artifacts excavated from Machu Picchu. Your guide will point out items of interest so you walk away feeling like an explorer yourself.

Machu Picchu Thermal Baths Aguas Calientes 6USD

After Machu Picchu, the biggest tourist attraction in the town of Aguas Calientes are its thermal baths. Temperatures vary from 38°C. (100.4 ° F) to 44°C. (111.2 ° F). The waters come from a natural spring of volcanic origin that is yellowish in colour due to the presence of sulfur.

Mandor Waterfalls Optional Visit Aguas Calientes 20PEN

This botanical garden boasts a beautiful waterfall, varied wildlife and lush scenery. Walk along one of the trails and admire the many orchids.

Machu Picchu Butterfly Garden Aguas Calientes 20PEN

This sanctuary is located inside the National Park of Machu Picchu. There are more than 100 different endemic species here and you'll have the opportunity to see them on this visit to the House of Butterflies.

Day 9

MACHU PICCHU/CUSCO

This morning, embark on a guided tour of Machu Picchu—the 15th-century Inca citadel famously introduced to the world by archaeologist Hiram Bingham in the April 1913 issue of National Geographic magazine. After being taken through the temples and terraces of this awe-inspiring UNESCO World Heritage site, return to Cusco by train

Rise early to catch the first bus up to Machu Picchu with the guide. Enjoy a guided visit of the ruins followed by free time to explore. When ready, head back down by bus to Aguas Calientes to meet up with the rest of the group and take a train back to Cusco.

Meals included

Breakfast

TODAY'S ACTIVITIES

Local Bus — Aguas Calientes – Machu Picchu — 15m

Climb aboard, grab a seat, and enjoy the ride.

Machu Picchu Guided Tour — Machu Picchu — 1h30m-2h

Set off with a local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

Train — Aguas Calientes – Ollantaytambo — 1h30m-1h45m — 31km

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle — Ollantaytambo – Cusco — 1h30m-1h45m — 60km

Settle in and scan the scenery from the convenience of a private vehicle.

Optional Activities - Day 9

Inca Bridge Visit Machu Picchu Free

Use any leftover energy from your Machu Picchu hike to visit the Inca Bridge site nearby (thought by some to be a secret back entrance to Machu Picchu). Trek up to the bridge that's cleaving to a 579m (1,900 ft) cliff, and soak in amazing views of cloud forest along the way.

Day 10 CUSCO/LA PAZ

Catch a flight to the highest capital in the world—La Paz, Bolivia. In the afternoon, take an immersive tour of the lofty city by foot, van, and cable car. Explore vibrant squares, historical sites, and lively local markets, learning more about the balance of old and new along the way. This evening, enjoy an interactive culinary experience at a popular local restaurant, including demonstrations on how traditional foods such as quinoa are integrated into modern fusion dishes. With a local chef as our guide, we'll sample a variety of dishes and discuss the growing popularity of La Paz as a culinary destination.

Meals included

Breakfast

TODAY'S ACTIVITIES

ACTIVITY

Embark on an interactive culinary experience at a popular local restaurant. Enjoy demonstrations on how traditional foods such as quinoa are integrated into modern fusion dishes. With a local chef, we sample a variety of modern dishes based on traditional foods and learn about the growing popularity of La Paz as a foodie destination.

Plane Cusco - La Paz 1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

La Paz City Tour La Paz

Explore the city on a guided tour. Check out stunning cathedrals, impressive museums, and lively markets, learning more about the history of this fascinating city. Look for majestic Mt Illimani in the background.

Day 11 LA PAZ/SUCRE

Catch a flight to charming Sucre, then enjoy an orientation walk around the main square. This afternoon, relax at a local café, explore on your own, or opt to take an immersive tour of Sucre with a local expert that focuses on the city's stunning colonial architecture and historic sites, best viewed from the ubiquitous rooftop terraces.

Meals included

Breakfast

TODAY'S ACTIVITIES

Plane La Paz – Sucre 1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time Sucre

Enjoy free time to explore, relax at a cafe or take a specialized walking tour.

Sucre Orientation Walk Sucre

Enjoy a walk with your CEO around Sucres's centre and main square. For more in-depth information, a specialized guided tour is offered on option this afternoon..

Optional Activities - Day 11

Sucre Guided City Tour Sucre

Enjoy a guided tour exploring the constitutional capital of Bolivia. Learn about the history, culture, and preserved colonial buildings that earned the city its' UNESCO

designation. Visit the main square and the Dinosaur Park before ending with a cocktail and a panoramic view of the city in the Recoleta area.

Day 12 POTOSI COUNTRYSIDE

Enjoy free time this morning before travelling into the southern highlands to our historic hacienda. Surrounded by lush agricultural fields and rolling hills, this working farm offers unique opportunities for cultural exchanges with the resident family. Get a glimpse into daily life here while lending a hand at the dairy and in the fields, and step back in time during visits to the property's private rooms, chapel, and museum. Cap off your experience with an authentic farm-to-table dinner featuring an array of local specialities.

Meals included

Breakfast | Dinner

TODAY'S ACTIVITIES

Free Time Sucre

Make the most of your time in this beautiful city.

Private Vehicle Sucre – Potosí 3h

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Down a winding dirt road, snaking through the stunning Southern Highlands we find our remote Hacienda. Surrounded by lush farmlands, rivers and rolling hills, this historic "working" farm offers a unique cultural interaction with a welcoming local family. Dating back to the 1500s, we step back in time with visits to private museum rooms, the chapel and library. Also, immerse ourselves into the hacienda's daily life including demonstrations at the dairy and a visit to the fields, Finish with an authentic farm-to-table dinner featuring local specialities from the area.

Day 13 POTOSÍ/UYUNI

Make the short drive to the centre of Potosí and enjoy a guided tour of the Casa Nacional de la Moneda, the old silver mint and now a museum dedicated to Bolivian art and history. Take a scenic drive to Uyuni, gateway to the world's largest salt flat. Learn about the industrialization of salt and the geographical history of the region while driving across this mirror-like landscape. Enjoy a sunset picnic atop the flats before returning to our hotel.

Note: During the rainy season the locations visited may change due to some routes being covered by water.

Meals included

Breakfast | Lunch | Dinner

TODAY'S ACTIVITIES

Private Vehicle Potosí 45m

Settle in and scan the scenery from the convenience of a private vehicle.

Casa de la Moneda Potosí

Learn about the first global currency at this renowned National Mint museum.

Private Vehicle Potosí – Uyuni 4h

Settle in and scan the scenery from the convenience of a private vehicle.

4x4 Uyuni – Salt Flats

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Excursion and sunset Picnic on the Salt Flats Salt Flats

Enjoy a picnic amidst this spectacular landscape, while the local guide describes the cultural and geographical history of the area, watch the sky come alive as the sun sets over the expansive salt flats.

Day 14

UYUNI

Journey deeper into the salt pans to explore their varied geographical features. Along the way, stop at the remote town of Santiago de Agencha, a small Quechua community supported by G Adventures. Here, we enjoy a guided walk to learn about quinoa production and the cultural history of the area. Savour lunch prepared with local ingredients before continuing our exploration of the desert and its pans.

In rainy season (approximately January to early April), it is not possible to visit the Agencha community and a box/picnic lunch will be provided instead.

Meals included

Breakfast | Lunch | Dinner

TODAY'S ACTIVITIES

4x4 Uyuni – Salt Flats

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Bolivian Salt Flats Experience Salt Flats

Accompanied by a local guide explore the stunning landscape of the Bolivian Salt Flats by 4x4. Enter a landscape unlike anything you've ever seen as we drive across (or around) the world's largest salt flat; the piercing blue sky contrasts against the blinding white of the flat salt beds.

ACTIVITY

Visit the Santiago de Agencha community, located two hours across the salt flats from Uyuni, a rural village surrounded by towering cacti and part of a small desert oasis. The community-owned salt lodge was renovated and expanded through a major project in 2016 funded by G Adventures' foundation, Planeterra. With many of the village's younger residences fleeing for economic opportunities, this lodge is seen by the community as a way to rescue their indigenous culture and provide opportunities for the future. Learn about their traditional agricultural practices, including their specialization in quinoa production, and take in beautiful views of salt flats that surround it. Enjoy lunch made from local ingredients grown in the village are prepared by ladies who were provided culinary training through the project. Leave Jukil Community Lodge knowing your visit is creating

opportunities for a whole new generation of people in this community to improve their lives, and the lives of their children and grandchildren.

Day 15 UYUNI/LA PAZ

Catch a flight to La Paz and enjoy free time to explore before joining the group for an optional farewell dinner.

Meals included

Breakfast

TODAY'S ACTIVITIES

Plane Uyuni – La Paz 1h-1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 16 LA PAZ

Depart at any time.

Meals included

Breakfast

What's included

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- Internal flights
- All transport between destinations and to/ from included activities

What are the main highlights of this trip?

Explore the iconic citadel of Machu Picchu on foot or by train, Get creative with photo ops on the stunning landscapes of Bolivia's Salar de Uyuni. Stay at an eco-lodge deep in the Amazon jungle, and spot wildlife with expert naturalists. Experience life at a traditional Bolivian hacienda high in the Andes.

Itinerary Notes

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Explore the iconic citadel of Machu Picchu on foot or by train, Get creative with photo ops on the stunning landscapes of Bolivia's Salar de Uyuni. Stay at an eco-lodge deep in the Amazon jungle, and spot wildlife with expert naturalists. Experience life at a traditional Bolivian hacienda high in the Andes.

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

There are new Health & Safety Protocols for National Geographic Journeys tours. Please see here for full details and up-to-date requirements as they may change.

What important notes should I be aware of before the trip?

1. INCA TRAIL/MACHU PICCHU REGULATIONS
The rules and regulations controlling the Inca Trail and Machu Picchu are continually changing. Before embarking on your adventure to Peru it is very important that you familiarize yourself with the Inca Trail booking policies and guidelines as described in a document available on our website, at the following URL address:

http://www.gadventures.com//terms-conditions/inca-trail-booking-policies/

2. INCA TRAIL MAINTENANCE
Portions of the Inca Trail will be closed for general maintenance during the month of February each year. Also, closures may occur at various times throughout the year due to inclement weather or other conditions beyond our control. During these periods, any tour affected will hike the Lares Trek.

3. COMBO TRIP
Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

4. MACHU PICCHU BY TRAIN - OPTIONAL
Please advise at time of booking if you do not wish to hike the Inca Trail. Instead, you will have 2 nights in Cusco, travel by train for a night in Aguas Calientes, and join the hikers for the tour of Machu Picchu. Also note that if you choose to take the train, the physical rating for this trip is only level 3.

5. EXTRAS
Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, Extras are optional add-ons to your G adventures trip that make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

6. In our continued effort to support the rights of the porters on the Inca Trail, we would like ensure that they never exceed the weight limit for their packs as set out by the Peruvian authorities. Porters are allowed to carry no more than 6kg of personal belongings per hiker (for all other Peru treks the limit is 7kg). That means that including your sleeping bag, toiletries, clothing, etc, you are allowed a total weight of 6kg for the hike which will be carried in a duffle bag provided by our local office. Any additional weight must then be carried by you in your day pack. To help achieve this goal we recommend that you carry travel sized toiletries, that you bring sport sandals that can be worn with socks (which are lighter than running/walking shoes) and that you limit electronics to those that you are willing to carry. Any additional baggage can be left in Cusco, but is advised that you bring anything of value (eg. money, passport, credit cards, camera, etc) with you on the trek.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, please see the Tipping section for guidelines.

7. All travellers are required to pay the tax on domestic flights in Peru. Foreign travellers are exempt form this, and proving you are indeed a foreign traveller can be done by providing us with your international ticket number (ITN). Travellers who do not submit international ticket numbers at least 30 days prior to Day 1 of their tour will be required to pay the domestic tax on all included flights.

8. Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes

9. YELLOW FEVER
It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

10. WET SEASON
Please be advised during the wet season (Jan - April) if there are periods of severe rain some of the campsites on the Inca Trail may become unusable. In the interest of your safety, there may be changes made locally to the trekking itinerary if the conditions of the campsites are assessed to be unsafe.

11. GROUP DYNAMICS
Please note, in most cases, the entire group will not be hiking the Inca Trail together. Members of the group may choose to hike the Lares Trek or spend additional time in Cusco and the Sacred Valley instead of hiking. If you have chosen the Lares Trek or Cusco Stay you may be paired with members of other G Adventures groups for the trek, transportation, and activities included.

12. Please note that protocols in Peru may require that proof of double vaccination for COVID-19 be shown along with passport ID in order to board domestic flights, trains and also to gain entry into restaurants, museums and attractions. We recommend keeping this info handy as these requirements can change change without notice.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Small group experience; Max 16, Avg 10

What meals are included in this trip?

15 breakfasts, 7 lunches, 5 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the expedition ship Explorer or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Please note: Should you choose to take the train to Machu Picchu, on days 6 to 9, breakfast is the only meal included.

What are the modes of transportation on my trip?

Private van, plane, train, boat, canoe, hiking, 4 x 4 vehicle, walking.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

\We fly with Latam and their allowance is 23kg (checked baggage) and 8kg (hand luggage). For extra charges, please, see the Latam website: https://www.latam.com/en_ca/travel-information/baggage/excess-baggage/

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (10 nts), G Lodge Amazon (2 nts), Inca Trail camping or Cusco-stay hotel (3 nts).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Nights 2-3: Amazon Jungle, Nights 6-8: Inca Trail

What should I expect from the accommodations on this trip?

Should you choose to not hike and take the train to Machu Picchu, you will spend 2 nights in a Comfort hotel in Cusco and 1 night in a comfort hotel in Aguas Calientes.

Please note that hot water shortages and power outages can be fairly common in Peru and Bolivia (even in upgraded hotels). We appreciate your patience and understanding that these occurrences are outside of our control.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1, please make your way to the joining hotel via your included transfer. Details on where to meet your transfer can be found in your voucher notes or on the G Adventures app.

If you have booked pre-tour accommodations through G Adventures, please note that you must contact us to confirm the included arrival transfer. Check-in time at your start hotel will be in the afternoon.

Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1.

What should I do if I can’t find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER
If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS
G Adventures Office Lima, Peru.
During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 or 01 241 1650 (from mobile within Peru) or 241 1650 (from payphone within Peru)
After hours Emergency number: +51 99 758 2712, (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What are the packing guidelines and luggage restrictions?

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night. We recommend the use of a duffel bag or soft bag on whelles, whichever is easiest for you to carry. A good size daypack is also essential.

What should I pack for this trip?

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/ skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page here

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Peru is the Nuevo Sol (PEN).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

The currency in Bolivia is the Boliviano (BOB).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

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As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD $200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What are the tipping guidelines for this trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from $5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline, we suggest each hiker contributes the following to a collective pool.

Inca Trail:
Head guide: 10-25 USD
Assistant guide: 5-12 USD
Your trekking crew: 40 USD

Lares Trek:
Head guide: 10-25 USD
Assistant guide: 4-10 USD
Your trekking crew: 35 USD

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline $20-25 USD per person, per week can be used.

What activities are optional on this trip?

Lima

- Lima City Tour (40USD per person)
- Lima Cooking Class (4hrs)

Cusco

- Cusco Tourist Ticket (130PEN per person)
- Inka Museum (10PEN per person)

Aguas Calientes

- Machu Picchu Museum Visit (7USD per person)
- Machu Picchu Thermal Baths (6USD per person)
- Mandor Waterfalls Optional Visit (20PEN per person)
- Machu Picchu Butterfly Garden (20PEN per person)

Machu Picchu

- Inca Bridge Visit (Free)

Sucre

- Sucre Guided City Tour

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to $100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of $100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is $100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our LGBTQ+ page for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

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Itinerary Disclaimer

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