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Sorry! There are no remaining departures for "Quebec and Ontario Explorer" (NCQO), [but here are some similar trips](#).



## **Quebec and Ontario Explorer**

9 days, Montreal to Toronto

Trip code NCQO

### **What's included**

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Winery Visit and Wine Tasting, Niagara-on-the-Lake

- Orientation walk through historic old Montreal
- Visit an authentic sugar shack for a local lunch and sample maple syrup
- Ottawa orientation walk including Parliament Hill and the Byward Market
- 2 nights in authentic lakeside cottages with hiking, canoeing and wildlife watching
- Evening walk in Niagara Falls
- Winery tour and tasting
- Orientation walk in Toronto
- All transport between destinations and to/from included activities

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**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2015 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Montreal

Arrive at any time.

Please make your own way to the joining hotel.

Arrive at any time. Enjoy a meet and greet in Montreal with your CEO in the evening with the option to go out for a group dinner.



## Today's Activities

### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

In the morning, take a walk through historic old Montreal. In your free time, try popular optional activities like walking in Mont Royal park or visit museums and galleries.

Try the famous Montreal smoked meat sandwich, sesame bagels (the best on earth!), and a local beer at one of the many micro-breweries.

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## Meals included

Breakfast

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## Today's Activities

Old Montreal Walk

Montreal

3h

4km

Take a walk with your CEO in Old Montreal, the historic centre of the city, which is frequented by locals and visitors alike. Located along the St Lawrence river, it is also a short walk from downtown. With narrow streets, heritage buildings, and some of the best restaurants, bars, and cafes in the city, it is one of Montreal's most popular areas.

Free Time

Montreal

Enjoy some time to explore on your own.

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## Optional Activities - Day 2

Biodôme de Montréal Visit

Montreal

10CAD

Visit the Biodôme and explore some of the ecosystems of the Americas: tropical rainforest, Laurentian maple forest, Gulf of St Lawrence, Labrador coast, and sub-Antarctic islands.

Cycling

Montreal

7-14CAD

30m-3h

1-15km

Hop on a rented Bixi bike and explore the city on one of the many cycling paths throughout Montreal.

Pointe-à-Callière Museum Visit

Montreal

20CAD

1h-3h

Learn about Montreal's history and architecture at this fantastic museum located right in the centre of the city.

Mont Royal Visit

Montreal

Free

1h-2h

1-5km

Mont Royal (Mount Montreal) is a 200-hectare park on the mountain that lies in the middle of Montreal Island. It is an oasis in the middle of the city and a lovely place to walk and enjoy the outdoors and views of the city from an elevated vantage point.

Day 3

## Montreal/Ottawa

The day's drive includes a stop for lunch at an authentic sugar shack to learn about maple syrup, then on to Ottawa—the nation's capital. Enjoy a walk along Parliament Hill and through the Byward Market.



### Meals included

Breakfast | Lunch



### Today's Activities

Private Vehicle

Montreal - Ottawa

8h

200km

Settle in and scan the scenery from the convenience of a private vehicle.

Sugar Shack Visit

Sherbrooke

Enjoy a typical Quebec cultural experience with a visit to a sugar shack to learn more about maple syrup production. A visit to the site will help you understand how this special ingredient is made from the sap of maple trees.

Orientation Walk

Ottawa

1h

1km

Visit different sites in the city, such as the Rideau Canal, Ontario's first UNESCO World Heritage Site, and the historic Parliament Hill, the seat of Canada's National Government.

Day 4

## Ottawa/Algonquin Provincial Park

Trade the city for pristine nature in the Algonquin region, where we spend two nights in lakeside cottages enjoying the great Canadian outdoors. Enjoy a campfire, take a guided hike, and go canoeing. Keep your eyes peeled for moose, beavers, black bears, and other wildlife.

This is the quintessential Canadian experience, as it's what the locals do to relax in the summer.

For those not interested in the hiking or canoe excursions, no problem; you can remain at the cottage relaxing, swimming, and enjoying the peace of this isolated slice of nature.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Private Vehicle

Ottawa - Algonquin Provincial Park

8h

300km

Settle in and scan the scenery from the convenience of a private vehicle.

Canoeing in Algonquin Park Region

Kawawaymog Lake

2h-3h

2km

Our local guide will teach us how to control our canoe and paddle in teams on the lake. Learn an authentic way of traveling, historically used by explorers and fur traders in Canada. Keep an eye out for some popular residents, such as loons and beavers.



### Optional Activities - Day 4

Swimming

Algonquin Provincial Park

Free

Jump right in and enjoy the peace of this isolated slice of nature.

Day 5

## Algonquin Provincial Park

Take in the pristine nature of the Algonquin region, enjoy a campfire, go on a guided hike, and try your hand at canoeing. Keep your eyes peeled for moose, beavers, black bears, and other wildlife.

Algonquin is the perfect place to connect with nature and relax. Our CEO will prepare breakfast, lunch, and a BBQ meal on our return at the cottage.

For those not interested in the hiking or canoe excursions, no problem; you can remain at the cottage relaxing, swimming, and enjoying the peace of this isolated slice of nature.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Free Time

Algonquin Provincial Park

Enjoy the pristine natural surroundings.

Canoeing in Algonquin Park Region

Kawawaymog Lake

2h-3h

2km

Our local guide will teach us how to control our canoe and paddle in teams on the lake. Learn an authentic way of traveling, historically used by explorers and fur traders in Canada. Keep an eye out for some popular residents, such as loons and beavers.

Hiking in Algonquin Park Region

Algonquin Provincial Park - Algonquin

1h-2h

1km

Enjoy a hike in the surrounding forest with wildlife interpretation, looking for loons, moose and beavers. Algonquin is the perfect place to connect with nature and truly enjoy the outdoors.

Day 6

## Algonquin Provincial Park/Niagara Falls

Travel to Niagara Falls and take a walk to view the illuminated falls this evening. Opt to explore the city on your own or take the boat to get a closer look at one of the great natural wonders of the world.



### Meals included

Breakfast | Lunch



### Today's Activities

Private Vehicle

Algonquin Provincial Park - Niagara Falls

8h-9h

420km

Settle in and scan the scenery from the convenience of a private vehicle.

Niagara Falls Evening Walk

Niagara Falls

2h

1km

Stroll along the walkways of Niagara Falls and enjoy stunning views of this natural wonder. Enjoy the view of the illuminated falls in the evening.



### Optional Activities - Day 6

Maid of the Mist Tour

Niagara Falls

18.25USD

Ready to “explore the roar”? The Niagara Falls Maid of the Mist tour takes visitors on an excursion into the basin of Niagara Falls State Park’s Horseshoe Falls. Generations of Niagara Falls visitors have named the Maid of the Mist tour as one of the highlights of their trip. A favorite Niagara Falls State Park attraction for more than 150 years, the dramatic passage ferries past the base of the American Falls, and on to the basin of Horseshoe Falls, through roiling waterfall whitewater and massive rock formations. The Maid of the Mist returns guests to shore with new found appreciation of the power and grandeur of Niagara Falls.

Day 7

## Niagara Falls

Visit the wine region of Niagara-on-the-Lake for a winery visit and tasting. Return to Niagara Falls and have free time to explore, shop or visit the casino.

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### Meals included

Breakfast

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### Today's Activities

Private Vehicle

Niagara Falls - Niagara-on-the-Lake

Settle in and scan the scenery from the convenience of a private vehicle.

#### ACTIVITY

Take an excursion to the colonial town of Niagara-on-the-Lake. Discover this quiet village with its Victorian architecture and many wineries. This is where Ice wine is produced – you have to try some, albeit in moderation! We stop for a visit of one of the wineries for a tasting tour then you can walk through the village at your own pace.

Private Vehicle

Niagara-on-the-Lake - Niagara Falls

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Niagara Falls

There is so much to see and do in Niagara Falls - day and night.

Day 8

## Niagara Falls/Toronto

Head to Toronto and take an orientation walk downtown. Opt to visit the CN Tower, enjoy a harbour cruise, or explore some of the many culturally diverse neighbourhoods.

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### Meals included

Breakfast

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### Today's Activities

Private Vehicle

Niagara Falls - Toronto

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Free Time

Toronto

Take some time to explore on your own. There are many interesting neighbourhoods and sites all within walking distance of the downtown core.

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### Optional Activities - Day 8

Harbour Cruise

Toronto

Enjoy a cruise on the Toronto harbor with stunning views of Lake Ontario, the cityscape, and the downtown core.

CN Tower Visit

CN Tower

36-48CAD

1h-3h

The CN Tower is Canada's most recognizable icon. At a height of 553.33m (1,815 ft, 5 inches), it is Canada's National Tower, the western hemisphere's tallest free-standing structure, an important telecommunications hub, and the centre of tourism in Toronto.

Depart at any time.

We recommend booking some post-nights if you want more time to explore Toronto.



## Meals included

Breakfast



## Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Winery Visit and Wine Tasting, Niagara-on-the-Lake
- Orientation walk through historic old Montreal
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## **What are the main highlights of this trip?**

Embrace the ethnic diversity of Toronto and Montreal, witness how Canadian maple syrup gets from trees to your pancakes, appreciate the evening call of the loon beside a campfire at your lakeside cottages, visit Ontario's award-winning wine region for a taste.

## **What are the main highlights of this trip?**

Embrace the ethnic diversity of Toronto and Montreal, witness how Canadian maple syrup gets from trees to your pancakes, appreciate the evening call of the loon beside a campfire at your lakeside cottages, visit Ontario's award-winning wine region for a taste.

## **Is there a disclaimer I should read before booking this trip?**

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## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# What important notes should I be aware of before the trip?

## 1. DRIVING DAYS

In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.

## 2. HIKES

All walks and hikes proposed by our CEO will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.

## 3. MOSQUITOS

Mosquitos are common in Algonquin from May to September so be sure to bring repellent - in particular for May and June when they are at their peak (and joined by the pesky Canadian black fly).

## 4. FISHING

It is possible to go fishing while in Algonquin Park, and equipment is available for passengers to use - however, please note that a fishing license is mandatory (and enforced) in Canada. Your CEO will make a stop on the way to the park, for those interested in purchasing a fishing license (at your own expense). Please visit this website for specific details and pricing:

[http://www.mnr.gov.on.ca/en/Business/LetsFish/2ColumnSubPage/STEL02\\_165336.html](http://www.mnr.gov.on.ca/en/Business/LetsFish/2ColumnSubPage/STEL02_165336.html)

## 5. LEGAL DRINKING AGE

Please note that the legal drinking age in the United States is 21 and in Canada, 19 (with Alberta and Quebec at 18). Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out in Las Vegas or New Orleans is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws in both countries are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind.

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.

## **What is the group leader like?**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## **How large will the group be?**

Max 9, Avg 7.

## **What meals are included in this trip?**

8 breakfasts, 4 lunches, 2 dinners

## **What are the meals like on this trip?**

Some of the meals on this tour are included in the tour price. When a meal is not included, this is because there are often many options available - we would like to give you the opportunity to explore a bit and taste the local cuisine yourself. In these cases, your CEO will be able to suggest some good local restaurants or options for you to choose from.

Vegetarian meals and other dietary requirements need to be specified prior to arrival.

## **What are the modes of transportation on my trip?**

Air-conditioned private touring van, hiking, walking.

## **What transportation will we take on this trip?**

We use 12-passenger vans for up to 9 people plus the CEO/Driver for all our of our trips in North America.

These vans are durable vehicles that allow us to drive on most types of roads in North America.

Each van has a front passenger seat and 4 benches that will accommodate 3 people each. No standing is permitted in these vehicles, but there is air conditioning to cool things down on warm days and mandatory seat belts to KEEP us secure and safe.

This is not a physically demanding journey. However, travelling can be difficult, with long drives and limited space in the van. Please take note of the travel times and distances in the above itinerary. Despite some of the long days, most clients feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience!

## **Is there an extra cost for travelling solo?**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Comfort hotels (6 nts), lakeside cottage (2 nts).

## **Do any exceptions apply to Rooming or “My Own Room” on my tour?**

Nights 4-5: cottages in the Algonquin region

## **What kind of accommodation can I expect on this trip?**

This trip uses comfortable 3 star hotels, guest ranch and inns, well located in cities or near park entrances. Our chosen hotels vary in size, character, and amenities, but are of a very good standard, and the rooms are double occupancy with a private bathroom.

Please note: In Algonquin Park we stay in Cottages/Chalets and there are no private bathrooms - ratio is approximately 2-3 passengers per bathroom (please bring your own bath towel). Depending on the size of the group, we will share 1 to 3 lakeside cottages which have comfortable bedrooms (with bedding), living room, kitchen and decks. Cottages are powered by solar power, so charging batteries/electronics is not possible. Please ensure you charge up everything and bring extra batteries for the 3-days/2-nights we stay here. We also recommend a flashlight or headlamp. Please note there is no 3G or cell service in this area.

## What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## What are the joining instructions?

When arriving at the International Airport in Montreal proceed to the Arrivals Hall. If you have not booked a pre arranged arrival transfer you have two transport options; Public Taxi or Public Bus. All transportation is located on the Arrivals/Baggage Claim Level at both International and Domestic Terminals.

### Taxi

The airport is located 20 kilometers from downtown Montreal. On the Arrivals/Baggage Claim Level continue to the designed taxi zones located right outside the Arrivals Hall. The approximate fare to downtown Montreal is around 40\$ CAD (depending on traffic) plus gratuity.

### Montreal City Bus

This is probably the most convenient way to get to your hotel and definitely cheaper than a taxi ride from the Airport. The bus line is appropriately named the 747 line. The bus departs the Airport regularly. Bus tickets can be purchased on the arrivals level at automated Kiosks. The fare is \$8 (this will give you unlimited rides on any bus for 24 hours). Approximate travel time from the airport to downtown is 30 minutes to 1 hour depending on traffic. Take the bus to the René-Lévesque / Drummond stop. From here your hotel is a short walk

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-412-423-8143

From within the USA: 412-423-8143

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What should I take on my trip?

You will be on the move a lot, so our advice is to pack as lightly as possible.

For days in the outdoors, we recommend the use of lightweight, breathable, moisture-wicking fabrics made of wool or synthetic fibers. Cotton is not recommended for days spent hiking as it does not allow for heat or moisture to enter or escape, and it will not dry easily once wet.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

It is important to pack clothes for warm days and cool evenings, as well as a light jacket. A set of smart casual clothes is also advisable.

## What should be on my packing list?

### Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

## When can I do my laundry on this trip?

Laundry can be done at least once a week while on tour - most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## **How much spending money do I need for my trip?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

The Canadian currency is the Canadian Dollar (CAD).

Credit cards are accepted almost everywhere in Canada and can be used to purchase most items. When purchasing products or services with a foreign credit card in Canada, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of Canadian Dollars as cash (preferably smaller bills, 5's, 10's and 20's) and credit cards is best.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:  
[www.xe.com](http://www.xe.com)

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$5-10 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

## What activities are optional on this trip?

### Montreal

- Biodôme de Montréal Visit (10CAD per person)
- Pointe-à-Callière Museum Visit (20CAD per person)
- Cycling (7-14CAD per person)
- Mont Royal Visit (Free)

### Algonquin Provincial Park

- Swimming (Free)

### Niagara Falls

- Maid of the Mist Tour (18.25USD per person)

### Toronto

- Harbour Cruise

### CN Tower

- CN Tower Visit (36-48CAD per person)

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.