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Sorry! There are no remaining departures for "Sailing St Lucia & The Grenadines — Plus" (CSVGE), [but here are some similar trips](#).

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For the 2022 itinerary of this tour, [click here](#).



Sailing St Lucia & The Grenadines — Plus

8 days, Rodney Bay to Rodney Bay

Trip code CSVGE

What's included

- Sailing the Windward Islands
- Fully licensed skipper

- Snorkelling, kayaking, and stand-up paddle boarding equipment
- Bath towels
- Air conditioned catamaran
- Water, tea and coffee

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 10th, 2020 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Rodney Bay

Meet your skipper onboard for a safety briefing and dinner, then head out on shore with your new crew for a drink.

Please note: While it is our intention to adhere to the route described, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable, to make alterations. On Day 1 of your tour you will be advised of any amendments.



Meals included

Dinner



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Rodney Bay

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Arrival Day and Welcome Meeting with G Representative

The adventure begins today. Feel free to explore, but make sure you're back in time to meet the group. Your G Representative will review the details of your tour.

Sail through the picturesque islands commonly referred to as the Windward Islands. Although you are not tied to any one island, island time applies here. Unwind over the next several days as you enjoy a flexible schedule. We cannot ensure a firm plan for any one day, but we promise you will not miss out. New and exciting experiences await you every day.

Please note that 7 breakfasts, 4 lunches, and 4 dinners will be included on your tour. The days on which lunches and dinners are included are flexible and may vary. All other meals will be at your own expense.

Please also note that while your itinerary shows several included activities on this day, many of them will actually take place over the course of the next several days.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Admiralty Bay Visit

Admiralty Bay

Make the trip to Admiralty Bay, thought by many to be one of the Caribbeans premiere bays and a hot spot for yachts to lay anchor. Surrounded by steep forested mountains, this bay is the perfect place to hide from the wind and lounge in the sun. At the end of the bay lies Port Elizabeth, the island's capital which is filled with colorful houses and neighbourhoods to explore.

Pitons Bay Visit

Pitons Bay

Sail into Pitons Bay, an idyllic oasis in the shadow of the twin volcanic spires, Petit Piton and Gros Piton. Enjoy lunch on board as you survey the lush coast, then opt to snorkel off the boat or visit land for a variety of hiking and sightseeing options.

Bequia Visit

Bequia Island

Explore the rich coastlines of Bequia the second largest island of the Grenadines. The beaches here are sure to impress with their white sands and crystal waters. One can also take a trip inland to explore the many interesting neighbourhoods and get some beautiful vantage points atop the island's many forested peaks.

Mayreau Visit

Mayreau

The smallest inhabited island in the Grenadines, Mayreau is like a trip to a simpler past. This island features very little development, and is a perfect place to get a feel for these islands as they were long before settlement. Explore the beach surrounding the island to find your own little slice of paradise in one of its seldom-visited coves.

Blue Lagoon Bay Visit

Blue Lagoon Bay

Visit the Blue Lagoon on the island of St. Vincent. Travel to the nearby rock fortress known as Fort Duvernette, perched atop a volcanic outcropping with stunning 360 degree views of the surrounding area. Built to defend the nearby town of Calliaqua, visitors can ascend the spiral staircase built into the rock to a platform 200 feet above sea level, complete with cannon batteries.

Tabago Cays Visit

Tabago Cays

Head to the archipelago of Tabago Cays, a series of uninhabited islands that have been transformed into a marine park and world renowned tourism area. This area has something to offer all visitors, breathtaking beaches, islands to explore, and an unparalleled aquatic wonderland with an abundance of coral reefs to experience.

Day 3

Saint Vincent and the Grenadines

Explore the crystal blue waters and lush green hillsides of St. Lucia, Tobago Cays, Admiralty Bay, Bequia, and St. Vincent.



Meals included

Breakfast | Lunch



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 4

Saint Vincent and the Grenadines

Float easy and breathe in the Caribbean sea breeze as you continue your island hopping.



Meals included

Breakfast | Dinner



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 5

Saint Vincent and the Grenadines

Lagoons, sandy beaches, lush islands. Enjoy another day exploring the Lesser Antilles.



Meals included

Breakfast | Lunch



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 6

Saint Vincent and the Grenadines

Wake up and prepare for a day of relaxing, sun-kissed fun.



Meals included

Breakfast | Dinner



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 7

Saint Vincent and the Grenadines

Allow the trade winds to carry you and your vessel from island to island for another day of excitement.



Meals included

Breakfast | Lunch



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 8

Saint Vincent and the Grenadines/Rodney Bay

Return to Rodney Bay and disembark in the morning.



Meals included

Breakfast



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines - Rodney Bay

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Departure Day

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

What's included

- Sailing the Windward Islands
- Fully licensed skipper
- Snorkelling, kayaking, and stand-up paddle boarding equipment
- Bath towels
- Air conditioned catamaran
- Water, tea and coffee

What are the main highlights of this trip?

Sail through the picturesque Windward Islands, explore the lush green hillsides and picturesque pitons of St Lucia, swim in crystal blue waters, dig into delicious Creole and Caribbean cuisine

Travel with Confidence Plus Collection

The Travel with Confidence Plus Collection includes all of the new health and safety measures we're now taking on all of our tours, PLUS: Our maximum group size has been reduced to 12 travellers on most tours to ensure even smaller groups, exclusive use of private transportation (except planes), My Own Room option is available for 50% off, and now includes extra space on all our private vehicles, and all rooms on tour will be either single or twin-share and have en-suite bathrooms.

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the group leader like?

A G Adventures skipper will be with the group throughout your journey. The aim of the skipper is to take the hassle out of your travels and to help you have the best trip possible, as well as taking complete charge of the sailing, your safety on board and the safety of the vessel. As this is a real sailing adventure, our skipper might also request your help on board and will be more than happy to impart some of their vast sailing knowledge during the course of the journey. Our skippers are all fully licensed with many years of experience sailing in the area. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and you can expect your skipper to have a broad general knowledge of the area you will visit.

How large will the group be?

Max 8

What meals are included in this trip?

7 breakfasts, 4 lunches, 4 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Traveling with G Adventures you experience the vast array of wonderful food that is available out in the world.

On our sailing trip the G Adventures Skipper/CEO will help you make a food kitty, where \$80USD per person, per week will be added to the kitty for small food items on board to cover breakfasts, lunches and the odd dinner. Breakfasts and lunches are prepared by yourself, and most dinners are taken ashore at local restaurants.

What are the modes of transportation on my trip?

14m (47 ft) sailing catamaran

What transportation will we take on this trip?

The yacht will sail approximately 4 hours per travel day, with an 8 hour voyage happening overnight en route to the Keys.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Four double cabins, with shared bathrooms and air conditioning. (7 nts).

Will I get my own room?

My Own Room - Now 50% Off

If you're travelling solo and would prefer to have your own private room throughout the trip, select this option during the online booking process. For tours in the Travel with Confidence Plus Collection, it's now 50% off and includes free space next to you on our private vehicles.

What kind of accommodation can I expect on this trip?

- This catamaran is equipped with 4 double passenger cabins, with ensuite bathrooms.
- If you are traveling alone, you will be paired up in a cabin with another traveler of the same gender. (Please expect the cabins to be very small.)
- Most of our sailors tend to spend very, very little time in their cabins, just using them to sleep and store clothes.
- Power onboard is 220V on European 2 pin sockets. Please note that this is not suitable for sleeping aid machines, as the power source may not always be operating. Bringing a battery pack is recommended.
- The vessel has an onboard kitchenette, interior and exterior common areas and plenty of outside deck space.
- At night we will be at mooring buoys/anchor, in quiet bays, as opposed to alongside quays.

What are the joining instructions?

For this trip our meeting time is 18:00 local time. Should you expect any delays with arrival, please let us know.

The meeting point is Cafe Ole, located within the Rodney Bay Marina of St. Lucia:

Cafe Ole/Boardwalk Bar

IGY Rodney Bay Marina

Gros Islet

Saint Lucia, W.I.

Here you will meet your skipper, who will be holding a G Adventures sign. A short meeting will be organized soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. From the cafe, it is a five minute walk to our boat.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

GLOBAL SAILING MANAGER + 44 748 784 2737

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 2060

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 853 325

Calls from New Zealand: 0800 333 415

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

There is limited space on the yachts. We recommend the use of a duffel bag or backpack. A good size daypack is also essential. PLEASE NOTE: No hard suitcases are permitted due to limited space.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Marine:

- Drybag (Will help keep cameras and essentials dry)
- External battery pack
- High UV sunscreen
- Locks for bags
- Motion sickness tablets
- Sandals/flip-flops (Extra pair of deck shoes or sandals recommended)
- Sarong
- Small travel towel
- Snorkel gear (optional) (Only if own equipment is preferred.)
- Sun hat/bandana

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are not available on the boat. You may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is customary to leave a small tip for service providers, such as waiters, if you are pleased with the service 15% of the bill. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from \$5 - \$7 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO or skipper did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$7-\$11 USD per person, per day can be used.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note: We do not have a constant power source onboard, and cannot facilitate the use of Sleep Apnea/CPAP machines. Bringing a suitable battery pack is required.

Inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 16 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

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