



Sailing St Lucia & The Grenadines

8 days, Rodney Bay to Rodney Bay

Trip code CSVG

What's included

- Sailing the Windward Islands
- Fully licensed skipper

- Snorkelling, kayaking, and stand-up paddle boarding equipment
- Bath towels
- Air conditioned catamaran
- Water, tea and coffee

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing November 12th, 2019 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Rodney Bay

Meet your skipper onboard for a safety briefing and dinner, then head out on shore with your new crew for a drink.

Please note: While it is our intention to adhere to the route described, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable, to make alterations. On Day 1 of your tour you will be advised of any amendments.



Meals included

Dinner



Today's Activities

Arrival Day and Welcome Meeting with G Representative

The adventure begins today. Feel free to explore, but make sure you're back in time to meet the group. Your G Representative will review the details of your tour.

14m (47 ft) Caribbean Sailing Catamaran

Rodney Bay

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Sail through the picturesque islands commonly referred to as the Windward Islands. Although you are not tied to any one island, island time applies here. Unwind over the next several days as you enjoy a flexible schedule. We cannot ensure a firm plan for any one day, but we promise you will not miss out. New and exciting experiences await you every day.

Please note that 7 breakfasts, 4 lunches, and 4 dinners will be included on your tour. The days on which lunches and dinners are included are flexible and may vary. All other meals will be at your own expense.

Please also note that while your itinerary shows several included activities on this day, many of them will actually take place over the course of the next several days.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Pitons Bay Visit

Pitons Bay

Sail into Pitons Bay, an idyllic oasis in the shadow of the twin volcanic spires, Petit Piton and Gros Piton. Enjoy lunch on board as you survey the lush coast, then opt to snorkel off the boat or visit land for a variety of hiking and sightseeing options.

Admiralty Bay Visit

Admiralty Bay

Make the trip to Admiralty Bay, thought by many to be one of the Caribbeans premiere bays and a hot spot for yachts to lay anchor. Surrounded by steep forested mountains, this bay is the perfect place to hide from the wind and lounge in the sun. At the end of the bay lies Port Elizabeth, the island's capital which is filled with colorful houses and neighbourhoods to explore.

Bequia Visit

Bequia Island

Explore the rich coastlines of Bequia the second largest island of the Grenadines. The beaches here are sure to impress with their white sands and crystal waters. One can also take a trip inland to explore

the many interesting neighbourhoods and get some beautiful vantage points atop the island's many forested peaks.

Tabago Cays Visit

Tabago Cays

Head to the archipelago of Tabago Cays, a series of uninhabited islands that have been transformed into a marine park and world renowned tourism area. This area has something to offer all visitors, breathtaking beaches, islands to explore, and an unparalleled aquatic wonderland with an abundance of coral reefs to experience.

Mayreau Visit

Mayreau

The smallest inhabited island in the Grenadines, Mayreau is like a trip to a simpler past. This island features very little development, and is a perfect place to get a feel for these islands as they were long before settlement. Explore the beach surrounding the island to find your own little slice of paradise in one of it's seldom-visited coves.

Blue Lagoon Bay Visit

Blue Lagoon Bay

Visit the Blue Lagoon on the island of St. Vincent. Travel to the nearby rock fortress known as Fort Duvernette, perched atop a volcanic outcropping with stunning 360 degree views of the surrounding area. Built to defend the nearby town of Calliaqua, visitors can ascend the spiral staircase built into the rock to a platform 200 feet above sea level, complete with cannon batteries.

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 3

Saint Vincent and the Grenadines

Explore the crystal blue waters and lush green hillsides of St. Lucia, Tobago Cays, Admiralty Bay, Bequia, and St. Vincent.



Meals included

Breakfast | Lunch



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 4

Saint Vincent and the Grenadines

Float easy and breathe in the Caribbean sea breeze as you continue your island hopping.



Meals included

Breakfast | Dinner



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 5

Saint Vincent and the Grenadines

Lagoons, sandy beaches, lush islands. Enjoy another day exploring the Lesser Antilles.



Meals included

Breakfast | Lunch



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 6

Saint Vincent and the Grenadines

Wake up and prepare for a day of relaxing, sun-kissed fun.



Meals included

Breakfast | Dinner



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 7

Saint Vincent and the Grenadines

Allow the trade winds to carry you and your vessel from island to island for another day of excitement.



Meals included

Breakfast | Lunch



Today's Activities

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

Day 8

Saint Vincent and the Grenadines/Rodney Bay

Return to Rodney Bay and disembark in the morning.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

14m (47 ft) Caribbean Sailing Catamaran

Saint Vincent and the Grenadines - Rodney Bay

Stay balanced and comfortable aboard a sleek double-hulled watercraft.

What's included

- Sailing the Windward Islands
- Fully licensed skipper
- Snorkelling, kayaking, and stand-up paddle boarding equipment
- Bath towels
- Air conditioned catamaran
- Water, tea and coffee

What are the main highlights of this trip?

Sail through the picturesque Windward Islands, explore the lush green hillsides and picturesque pitons of St Lucia, swim in crystal blue waters, dig into delicious Creole and Caribbean cuisine

What are the main highlights of this trip?

Sail through the picturesque Windward Islands, explore the lush green hillsides and picturesque pitons of St Lucia, swim in crystal blue waters, dig into delicious Creole and Caribbean cuisine

What is the maximum and typical number of participants on this tour?

Max 8

What meals are included in this trip?

7 breakfasts, 4 lunches, 4 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Traveling with G Adventures you experience the vast array of wonderful food that is available out in the world.

On our sailing trip the G Adventures Skipper/CEO will help you make a food kitty, where \$80USD per person, per week will be added to the kitty for small food items on board to cover breakfasts, lunches and the odd dinner. Breakfasts and lunches are prepared by yourself, and most dinners are taken ashore at local restaurants.

What are the modes of transportation on my trip?

14m (47 ft) sailing catamaran

How will we travel between destinations?

The Yacht will sail approximately 4 hours per travel day, with an 8 hour voyage happening overnight en route to the Keys.

Where will we stay during the trip?

Four double cabins, with shared bathrooms and air conditioning. (7 nts).

What should I expect from the accommodations on this trip?

- This catamaran is equipped with 4 double passenger cabins, with ensuite bathrooms.
- If you are traveling alone, you will be paired up in a cabin with another traveler of the same gender. (Please expect the cabins to be very small.)
- Most of our sailors tend to spend very, very little time in their cabins, just using them to sleep and store clothes.
- Power onboard is 220V on European 2 pin sockets. Please note that this is not suitable for sleeping aid machines, as the power source may not always be operating. Bringing a battery pack is recommended.
- The vessel has an onboard kitchenette, interior and exterior common areas and plenty of outside deck space.
- At night we will be at mooring buoys/anchor, in quiet bays, as opposed to alongside quays.

What are the joining instructions?

For this trip our meeting time is 18:00 local time. Should you expect any delays with arrival, please let us know.

The meeting point is Cafe Ole, located within the Rodney Bay Marina of St. Lucia:

Cafe Ole/Boardwalk Bar

IGY Rodney Bay Marina

Gros Islet

Saint Lucia, W.I.

Here you will meet your skipper, who will be holding a G Adventures sign. A short meeting will be organized soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. From the cafe, it is a five minute walk to our boat.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

GLOBAL SAILING MANAGER + 44 748 784 2737

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 2060

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 853 325

Calls from New Zealand: 0800 333 415

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Marine:

- Drybag (Will help keep cameras and essentials dry)
- External battery pack
- High UV sunscreen
- Locks for bags
- Motion sickness tablets
- Sandals/flip-flops (Extra pair of deck shoes or sandals recommended)
- Sarong
- Small travel towel
- Snorkel gear (optional) (Only if own equipment is preferred.)
- Sun hat/bandana

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What are the tipping guidelines for this trip?

It is customary to leave a small tip for service providers, such as waiters, if you are pleased with the service 15% of the bill. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from \$5 - \$7 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO or skipper did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$7-\$11 USD per person, per day can be used.

What activities are optional on this trip?

- No optional activities

What are the age restrictions for this trip?

Minimum age of 16 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.