



## **Sailing Thailand - Phuket to Phuket**

7 days, Phuket to Phuket

Trip code ATSA

### **What's included**

- Sailing the Andaman Islands of Thailand
- James Bond Island visit

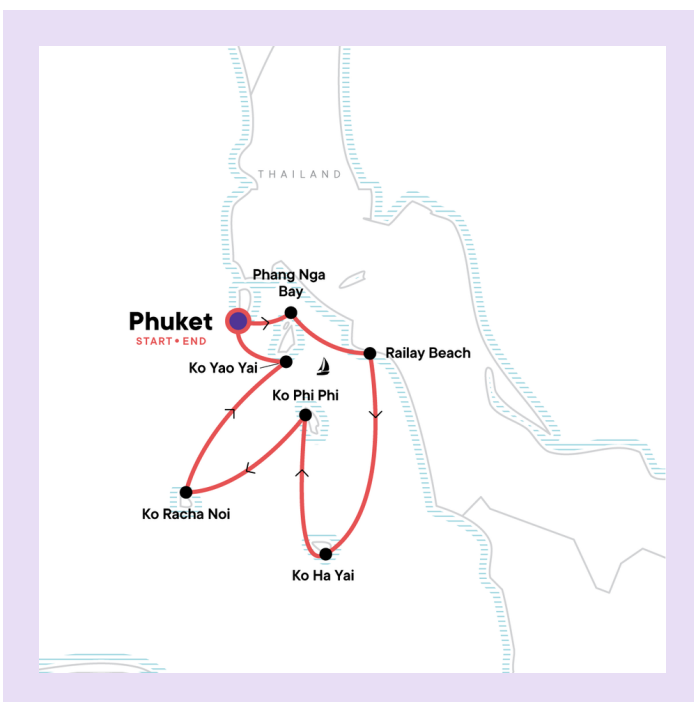
- Railay Beach visit
- Snorkelling in Monkey Bay
- Phang Nga Bay stop
- Island visits included Krabi Islands, Ko Phi Phi Don, Southern Phuket Islands, Ko Yao Yai, and Ko Khai Nai
- Snorkelling equipment and two kayaks

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 8th, 2020 and onwards

## Itinerary



**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Phuket/Phang Nga Bay

Meet in Phuket in the early afternoon. Enjoy sailing and stopping for a swim before an overnight stay in a remote location.

Please meet your skipper at 3:00pm at the WoodFired Grill Bar Restaurant by The Yacht Haven Marina. In the afternoon, sail towards the Northern Phuket Islands. Choose to go on a dinghy exploration, relax on the deck, or enjoy for an evening swim under the stars.

The marina is approximately 15 minutes by taxi from Phuket airport. Please check the joining instructions section for directions.

Please meet your skipper at 3:00pm at the WoodFired Grill Bar Restaurant in The Yacht Haven Marina. A table will be set aside and a G Adventures flag flying in the restaurant. If you intend on ordering food please arrive earlier than the meeting time of 3:00pm as food orders can take some time to arrive.



### Meals included

Dinner



### Today's Activities

Arrival Day

Enjoy the day until meeting up with the rest of the group in the afternoon.

Arrival Day and Welcome Meeting with G Representative

The adventure begins today. Feel free to explore, but make sure you're back in time to meet the group. Your G Representative will review the details of your tour.

25m (82 ft) Thai Sailing Catamaran

Phuket - Phang Nga Bay

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

Free Time

Phang Nga Bay

Relax and enjoy your time onboard the catamaran. Read a book, go for a dip, and enjoy the wind through the sails.

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## Optional Activities - Day 1

Dinghy Excursion

Phang Nga Bay

Climb into the dinghy to explore new areas.

Day 2

## Phang Nga Bay/Railay Beach

Visit Khao Phing Kan – popularly known as "James Bond Island." Afterwards, set sail for idyllic Railay Beach. Enjoy free time and opt for dinner in Railay.

Set sail through the emerald waters to James Bond Island, made famous as the setting for "The Man with the Golden Gun". Afterwards, travel to Railay beach and opt to climb to the stunning local view point, kick back and enjoy a massage, visit the Shrine of the Sea Princess, or explore the town.

In the evening, anchor amongst the limestone island scenery, enjoy an optional local dinner, and get a taste of Railay's nightlife.



### Meals included

Breakfast | Lunch



### Today's Activities

25m (82 ft) Thai Sailing Catamaran

Phang Nga Bay – Railay Beach

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

James Bond Island Visit

Khao Phing Kan

Spend time enjoying this beautiful spot, popularly known as James Bond Island. It was made famous as the setting for "The Man with the Golden Gun."

Free Time

Railay Beach

Enjoy Railay Beach, known for its famous rock-climbing options and great nightlife.

Day 3

## Railay Beach/Ko Ha Yai

Depart for Ko Ha Yai, part of a national park, early in the morning and enjoy time in this pristine location.

Anchor up early in the morning and sail towards Ko Ha Yai.

If time allows, stop at Ko Maa en route for some snorkelling. Enjoy an included and overnight at Ko Ha Yai.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

25m (82 ft) Thai Sailing Catamaran

Railay Beach - Ko Ha Yai

5h

Stretch out and stay balanced aboard a cosy double-hulled watercraft.



### Optional Activities - Day 3

Visit the Shrine of the Sea Princess

Railay Beach

Enjoy a visit to this magnificent cave that fishermen say is the home to a mythical sea princess. The fishermen believe this princess will protect them if they bring her fertility offerings.

Day 4

## Ko Ha Yai/Ko Phi Phi

Set sail, go snorkelling at Monkey Bay, and check out its world-famous cliffs. Meet your new crew in Ko Phi Phi in the early afternoon. Enjoy sailing and stopping for a swim before an overnight stay in a remote location.

Even with all the hype, Ko Phi Phi doesn't disappoint. The islands seem to rise from the sea. Sheer cliffs tower overhead, then give way to beach-fronted jungle. This is truly a piece of paradise.

Depending on weather conditions, spend the evening anchored off of this beautiful beach or head to Ko Phi Phi for a bit of nightlife.

As this is a combination tour, some of your "crew" may depart today and you may be joined by some new travelling companions in the afternoon.



### Meals included

Breakfast | Dinner



### Today's Activities

25m (82 ft) Thai Sailing Catamaran

Ko Ha Yai - Ko Phi Phi Le

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

Free Time

Ko Phi Phi Le

Enjoy this gorgeous beach paradise.



### Optional Activities - Day 4

Snorkelling

Ko Phi Phi Le

Clear blue water with coral reefs and marine life await, so grab your snorkel and get to know the local marine life.

Day 5

## Ko Phi Phi/Ko Raja Noi

Sail to the remote island of Raja Noi and enjoy time for snorkelling amongst stunning marine life, kayaking, or swimming. Relax with a lunch break on the picturesque beach.

Spend the day sailing through the Southern Phuket Islands. Go slow to enjoy snorkelling and savour a lunch break amongst the breathtaking scenery.

Overnight at Ko Raja Noi.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

25m (82 ft) Thai Sailing Catamaran

Ko Phi Phi Le - Ko Racha Noi

6h

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

Ko Raja Noi Visit

Ko Racha Noi

Discover the remote and idyllic island of Raja Noi, an excellent spot for swimming and snorkelling off a quiet beach. Crystal clear blue waters await, so dive right in.



### Optional Activities - Day 5

Snorkelling

Ko Phi Phi Le

Clear blue water with coral reefs and marine life await, so grab your snorkel and get to know the local marine life.

Day 6

## Ko Raja Noi/Ko Yao Yai

Sail to the island of Ko Yao Yai. Opt to enjoy a group dinner on the island.

If time permits and the group is interested, opt for a visit to Ko Khai Nai en route to Ko Yao Yai.

Overnight at Ko Yao Yai.

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### Meals included

Breakfast | Lunch

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### Today's Activities

25m (82 ft) Thai Sailing Catamaran

Ko Racha Noi - Ko Yao Yai

5h-6h

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

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### Optional Activities - Day 6

Ko Khai Nai Island Visit

Ko Khai Nai

The tiny island of Ko Khai Nai is an excellent spot for swimming and snorkelling off a clear sandy beach. Crystal-blue waters await, so dive right in.

Day 7

## Ko Yao Yai/Phuket

Sail into the harbour just before lunch. The tour ends on arrival.

Depart for the harbour early. Take a break for a swim and arrive into Phuket just before lunch.

The tour ends on arrival into Yacht Haven Marina.

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### Meals included

Breakfast

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### Today's Activities

25m (82 ft) Thai Sailing Catamaran

Ko Yao Yai - Phuket

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

## What's included

- Sailing the Andaman Islands of Thailand
- Phang Nga Bay stop
- James Bond Island visit
- Island visits included Krabi Islands, Ko Phi Phi Don, Southern Phuket Islands, Ko Yao Yai, and Ko Khai Nai
- Railay Beach visit
- Snorkelling equipment and two kayaks
- Snorkelling in Monkey Bay

## What are the main highlights of this trip?

Relax on the deck of the catamaran in the stunning southern Thai islands, Eat delicious Thai cuisine, Lounge on beautiful beaches, Swim and snorkel in quiet bays

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Relax on the deck of the catamaran in the stunning southern Thai islands, Eat delicious Thai cuisine, Lounge on beautiful beaches, Swim and snorkel in quiet bays

## **Is there a disclaimer I should read before booking this trip?**

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**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## What important notes should I be aware of before the trip?

1. Please note that space is very, very limited on the boat and especially in your cabin. It is important that you only take on board soft sided luggage such as a mid sized backpack or soft duffel bag, keeping your bag's weight to less than 15kgs. Suitcases are not appropriate for our Thai sailing adventure as they are not pliable enough to fit into the niches available for luggage.

2. Fresh water is very limited on board, and as such we ask for your understanding that showers are limited to one quick shower per person a day. One towel per week is provided for showering purposes - please bring a beach towel. Drinking water is provided free of charge on board the yacht.

3. It's important to note that the beds in the cabins are not the usual length of a standard bed. The length is approximately 1.8 meters (6 feet).

### COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

## What is the role of the group leader during this trip?

This sailing adventure is staffed by a qualified skipper, a local cook/first mate and a G Adventures CEO. Your onboard team know the Thai Islands extremely well and are passionate about sharing their hidden secrets with their "crew". They know the best secluded beaches, snorkeling spot, coolest beach bars and where you can check your internet. Our Cook is very welcoming and more than happy to give informal Thai cooking classes while your delicious meals are being prepared in the ship's galley.

## How large will the group be?

Max 12, avg. 8.

## What meals are included in this trip?

6 breakfasts, 4 lunches, 4 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. Traveling with G Adventures you experience the vast array of wonderful food that is available out in the world.

Food is a major part of this sailing adventure. You will enjoy many home cooked meals lovingly prepared by our on board cook. Portions are generous and will include sea food, typical Thai dishes and even the occasional breakfast fry up.

Drinking water is provided and beer, wine and soft drink is available to purchase at cost price aboard.

Non included meals are taken ashore at local restaurants.

There's nothing left to do but kick back and relax!

## **What are the modes of transportation on my trip?**

16m (54 ft) sailing catamaran.

## **What transportation will we take on this trip?**

Please note that this is a sailing catamaran, and the skipper will be using wind power when the winds are agreeable. Although this is not a learn to sail program, you may have a chance to learn a few tricks of the trade and assist the skipper with navigation while sailing. There are times when motoring the catamaran will be required, due to unfavorable wind conditions.

## **Are local flights included in the cost of the trip?**

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## **Is there an extra cost for travelling solo?**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

6 double/twin bed cabins with en suite bathroom (6 nts)

## What kind of accommodation can I expect on this trip?

The catamaran is equipped with a total of 8 passenger cabins. Two deluxe double cabins are located on the main deck offering porthole views, a slightly larger bathroom, and they are more easily accessed without the use of steep stairs. There are 4 standard bunk/twin cabins and 3 standard double cabins, below deck, accessed by steep stairs. All standard cabins feature porthole windows. For your added comfort all cabins feature air-conditioning and private en suite bathrooms.

Power onboard is 220V on European 2 pin sockets. Please note that this is not suitable for CPAP sleeping aid machines, as the power source may not always be guaranteed. Bringing a battery pack is recommended.

Please be aware that as this is a real sailboat and not a cruise vessel, the space on board is tight. The sleeping quarters on sailboats are generally kept to a minimum size in order to maximize public space and performance. The vessel also features an onboard kitchenette, interior and exterior common areas, and plenty of outside deck space.

Some people are not comfortable with the type of close quarter arrangements typically found on sailboats, however if a real sailing experience on a real sailboat is what you are after, then this experience should more than make up for cramped quarters. Opportunities to sleep under the stars on deck are often available.

If you are a single traveller, you will be paired up in a cabin with another traveller of the same gender. You will be sharing a bunk or double bed with a fellow passenger of the same sex and sharing the bathrooms onboard. Please note cabins have limited luggage storage space. Most travellers spend little time in their cabins, mainly using them to sleep and store their belongings.

It may be possible to sometimes smell engine and/or diesel fumes when in the cabins, due to their proximity to the engine room. Most travel is done during the day, so it is unlikely you will be in the cabin when the engine is running.

## What are the joining instructions?

MEETING POINT:

WoodFired Grill Bar Restaurant  
105, 1, Mai Khao, Thalang District,  
Phuket 83110, Thailand

Please meet your SeaCEO at 3:00pm at WoodFired Grill Bar Restaurant by The Yacht Haven Marina. It is located next to the Yacht Haven Marina. A table will be set aside and a G Adventures flag flying in the restaurant. If you intend on ordering food please arrive earlier than the meeting time of 3:00pm as food orders can take some time to arrive. (CEO on Whatsapp or call +66948283968)

If you arrive into Phuket Airport, please take a taxi to the meeting point.

Please note that if you're searching for the joining location online, you can also search for 'Phuket Yacht Haven Marina' to view the location on the map, and then you can give the address of WoodFired Grill Bar, listed above, to your taxi driver.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your CEO or Bangkok office with the numbers listed below.

## Who should I contact in case of an emergency?

### EMERGENCY CONTACT NUMBERS

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

24/7 emergency numbers for Kingdom Ops. Team:

From outside Thailand +66 (0) 92 338 9222

From within Thailand (0) 92 338 9222

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 2060

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 853 325

Calls from New Zealand: 0800 333 415

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## Are there any additional packing suggestions I should consider?

There is limited space on the yachts. We recommend the use of a duffel bag or backpack. A good size daypack is also essential PLEASE NOTE: No hard suitcases are permitted.

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### Marine:

- Drybag (Will help keep cameras and essentials dry)
- External battery pack
- High UV sunscreen
- Locks for bags
- Motion sickness tablets
- Sandals/flip-flops (Extra pair of deck shoes or sandals recommended)
- Sarong
- Small travel towel
- Snorkel gear (optional) (Only if own equipment is preferred.)
- Sun hat/bandana

### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

## When can I do my laundry on this trip?

Laundry facilities are not available on the boat. You may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Thailand:

Most nationalities do not need a visa for Thailand for stays of 30 days or less but if you do they are available on arrival at Bangkok Airport. If staying in Thailand for more than 30 days, you will be required to obtain a tourist visa in advance. Only 15 day tourist visas are issued when entering Thailand overland.

As of May 1st 2025, all non-Thai nationals entering Thailand by air, land or sea must complete the Thailand Digital Arrival Card (TDAC) online before arrival. Register within 3 days of arrival.

For more information and to complete the Arrival Card, we kindly request the you visit the [Thailand Immigration](#) page.

Information is accurate as of April 1st, 2025.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

All purchases made onboard the boat must be made with cash.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

During this tour the local currency you will use is the Thai Baht. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: [www.xe.com](http://www.xe.com) for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

All departure taxes should be included in your international flight ticket

## Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO, Skipper and Cook did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$10-15 USD per person, per day can be used.

## What activities are optional on this trip?

### Phang Nga Bay

- Dinghy Excursion

### Railay Beach

- Visit the Shrine of the Sea Princess

### Ko Phi Phi Le

- Snorkelling

### Ko Khai Nai

- Ko Khai Nai Island Visit

## **Are there any health considerations I should know before travelling?**

Please note: We do not have a constant power source onboard, and cannot facilitate the use of Sleep Apnea/CPAP machines. Bringing a suitable battery pack is required.

Inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

When packing be aware that dress standards are conservative throughout Asia. To respect this and for your own comfort, we strongly recommend modest clothing. This means covering shoulders and no short shorts. Loose, lightweight, long clothing is both respectful and cool in the predominantly hot Asian climate. Shorts should be knee-length.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that you'll receive a special discount code for free online prints and we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Please visit <http://www.gadventures.com/evaluations>

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

Minimum age of 16 years for this trip.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.