



Santiago to Buenos Aires: Volcanos, Valleys & the Lake District

12 days, Santiago to Buenos Aires

Trip code SCSB

What's included

- Your First Night Out Moment: Connect With New Friends
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Pucón
- Your Discover Moment: San Carlos de Bariloche
- Your Big Night Out Moment: Buenos Aires
- Small Circuit & Cerro Campanario
- Free time for outdoor adventure optionals in Santiago, Pucón, Puerto Varas, San Carlos de Bariloche, and Buenos Aires
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing April 10th, 2025 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Santiago

Arrive at any time. Santiago is special for its unique blend of lively city life and easy access to nearby natural wonders. Get to know the area on your own and simply enjoy being nestled between the towering Andes and mighty Pacific Ocean. Later attend a Welcome Meeting to mingle with your fellow travellers and grow excited for the adventures to come. Snap some photos and get those playlists queued up.



Accommodation

Guanako Hostel (or similar)

Hotel



Today's Activities

ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Santiago & Overnight bus to Pucón

Enjoy the day in Santiago, Chile's capital. From delicious local cuisines to interactive museums and cable car rides, this is a wonderful city to get lost in for the day. Choose to check out the street art in Barrio Bellavista, explore the city by bike, enjoy historic parks with gardens, pathways, and viewpoints, or perhaps book a day trip to Valparaíso for a visit to the nearby cold-climate wineries. Later meet back up with the group for a quick briefing and time to grab dinner on your own and buy some snacks before your overnight bus ride to Pucón. Get ready to fully embrace South American local transportation and enjoy the company of your new travel family.



Today's Activities

Free Time

Santiago

Spend the entire day exploring Santiago at your own pace. From gorgeous city parks to day trips to nearby wineries, there are plenty of options to choose from to get you out of your comfort zones and into the gorgeous surrounding landscapes. Make sure to leave some time to try delicious local food staples like empanadas de pino, pastel de choclo, sopaipillas, and of course, fresh ceviche.

Overnight Bus

Santiago - Pucón

11h-12h

789km

Enjoy time with your new travel family, swapping stories and playing games. Then curl up and catch a snooze en route to the next stop.

Arrive to Pucón as the day begins to shed its light on this quaint, adventure town in central Chile's Lake District near Lake Villarrica and the snow-capped Villarrica volcano. Walk from the bus station to the nearby hostel and get settled. Then, it's time to enjoy yourselves in a place renowned for its access to hiking trails, water sports, and natural hot springs. Choose to go for a soak and sooth those muscles after the long bus ride, or perhaps try rafting on the Trancura River. From laid back vibes to adrenaline pumping adventure, the day belongs to you.



Accommodation

Hostal Mahuida (or similar)

Hostel



Today's Activities

Free Time

Pucón

Spend the entire day exploring Pucón at your own pace. From hot springs to hikes, to community visits, and water sports, this town is a fantastic place to enjoy the spirit of adventure. The scenery is breathtaking and you can choose to try a variety of optional activities, creating the exact paced day you desire after a night of travel.

Day 4

Pucón

Take advantage of another free day in Pucón to try one of the many different optional activities available in the area. Head out onto the lake for a kayak ride, chill out down town with stunning views of the snow-capped volcano in the distance, or if you're seeking out more of a challenge, consider the Villarrica Hike to the top of the volcano for epic vistas of the surrounding landscape and lakes. It's the perfect reel in the making.



Accommodation

Hostal Mahuida (or similar)

Hostel



Optional Activities - Day 4

Kayaking Pucon

Pucón

Pucon is a paddler's paradise of world renown. There's numerous opportunities for both whitewater kayaking and scenic lake kayaking, ask your guide where your best options are located.

Guided Huerquehue Park Visit

Pucón

55000CLP

Explore the lagoons and lush forests of Chile's Lake District in Huerquehue National Park with a guide.

Day 5

Pucón/Puerto Varas

Hit the road today to Puerto Varas. Opt to grab one final breakfast in Pucón with your travel pals and then walk to the bus station in town to board the local bus. Then, sit back, relax, and enjoy the scenery as you travel further south through Chile. Arrive in the late afternoon and enjoy free time to get settled before choosing to find a cool spot to share some appetizers with the group.



Accommodation

Casa Kalfu (or similar)

Hotel



Today's Activities

Free Time

Puerto Varas

Spend a free evening in Puerto Varas getting to know the area and take in your surroundings. Remember to take pictures and videos for your family and friends at home.

Local Bus

Pucón - Puerto Varas

6h

Climb aboard, grab a seat, and enjoy the ride.

Day 6

Puerto Varas

Another beautiful day to explore on your own. Think stunning natural landscapes and a variety of outdoor activities. Located on the shores of Lake Llanquihue, you will be able to enjoy views of the Osorno and Calbuco volcanoes. It's a place that offers a unique blend of European charm and Chilean culture. Options to choose from during your time here include, a visit to Chiloe Island and its colourful stilt houses known as palafitos, or its UNESCO Churches. You could also challenge yourself and trek the Osorno volcano for some bragging rights upon returning home. Later, opt to reconvene with the group and pick a place for an optional dinner together.



Accommodation

Casa Kalfu (or similar)

Hotel



Today's Activities

Free Time

Puerto Varas

From hiking to island visits there's no time to waste! Fall in love with the outdoor haven of Puerto Varas and choose from a variety of activities that will get you out into the stunning landscape of Chile's southern lake district.

Day 7

Puerto Varas/San Carlos de Bariloche

Hop on a local bus from Puerto Varas to San Carlos de Bariloche. Gaze out at the gorgeous Chilean scenery, download your favorite podcast, play those travel vibe playlists on repeat, swap stories, and share laughs with your friends. You will cross the border into Argentina today, so have those passports handy. Arrive in the evening and get settled in your new destination.



Accommodation

Soft Hotel (or similar)

Hotel



Today's Activities

Local Bus

Puerto Varas - San Carlos de Bariloche

6h-7h

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Chile - Argentina)

Puerto Varas - San Carlos de Bariloche

Cross the border between Chile and Argentina at Paso Cardenal Antonio Samoré. Have your passports handy.

Day 8

San Carlos de Bariloche

Get ready to encounter more epic scenery in Bariloche! Home to a unique blend of European and Argentinian culture, the town is situated on the shores of Nahuel Huapi Lake and surrounded by the mighty Andes. It's known fondly as the "Switzerland of Argentina" and boasts a strong chocolate and craft beer scene. After breakfast enjoy an introductory stroll through the beautiful Patagonian landscapes. Encounter viewpoints along the Small Circuit and ride the chairlift to Cerro Campanario for panoramic views. Then, spend the remainder of the day falling in love with the town's charm and pursuing one of the many outdoor optional activities available. From horseback riding to rafting, there's no time to waste! Make sure those phones are charged up for epic selfies.



Accommodation

Soft Hotel (or similar)

Hotel



Today's Activities

Small Circuit & Cerro Campanario

San Carlos de Bariloche

Enjoy a captivating introduction to Bariloche amid the town's stunning landscapes as you stroll along the Small Circuit. Then, take the chairlift up to Cerro Campanario for the perfect vantage point and panoramic views of the area.

Free Time

San Carlos de Bariloche

The afternoon belongs to you. Choose from a wide variety of outdoor adventure optional activities in the area like horseback riding, rafting, biking, or hiking. You can also choose to visit Isla Victoria and Bosque de Arrayanes.

Day 9

San Carlos de Bariloche

Rest is for when you get back home! Enjoy a full free day in Bariloche's outdoor paradise to do as you please. Adventurous activities await, or you could choose to stroll around town, find a cute cafe and people watch. Though, if you're asking us, we think a chocolate tasting or brewery hopping could make for an ideal day by the lake.



Accommodation

Soft Hotel (or similar)

Hotel

Day 10

San Carlos de Bariloche/Overnight Bus to Buenos Aires

Take advantage of a slow morning to recover from the busyness of the last few days. Take in the serene beauty of Bariloche and collect the supplies you will need for the next leg of the adventure. Part of South America's charm resides in the affordable and crazy long bus rides between destinations and countries. Get ready to experience one for yourself as the group boards a local bus from Bariloche to Buenos Aires. Download some podcasts, playlists, and tv shows, grab a deck of cards or other fun group games and get ready for a memorable ride north. While it will be a long 24hrs of travel, the experience will certainly leave an impression, and it's worth partaking it at least once during your South American escapades. Prepare for authentic local, long-distance travel, you're going to love it!



Today's Activities

Overnight Bus

San Carlos de Bariloche - Buenos Aires

20h-24h

1578km

Curl up and catch a snooze en route to the next stop.

Free Time

San Carlos de Bariloche

Rest up for the journey ahead on a free morning in Bariloche. Watch the sun rise in the sky over the lake, and simply enjoy being present. From local shops to quaint cafés, there are still so many places left to discover during your time here.

Awake today with the satisfaction of having travelled from one side of South America to the other. Arrive in Buenos Aires in the early afternoon and take in the sights, sounds, and smells. The choice is yours. Opt to visit La Boca neighbourhood, go on a city tour, or book dinner and a tango show; pretty spot on in the birthplace of tango. After a long travel day it will be refreshing to stretch those legs and embrace the vivid energy of Argentina's capital.



Accommodation

Milhouse Avenue Hostal (or similar)

Hotel



Today's Activities

Free Time

Buenos Aires

Enjoy a free afternoon in Buenos Aires, the home of tango. Choose to visit La Boca neighbourhood to see the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or book dinner and a tango show for this evening. The choice is yours and there are so many different options to pick from.

ACTIVITY

Whether it's a pub crawl, drink specials or a tango performance, celebrate late into the night with your new best friends.



Optional Activities - Day 11

Tango Dinner Show

Buenos Aires

Discover the passion of tango. Watch the pros step and slide around the dance floor while you dine on a traditional Argentine dinner. Get lost in the music, savour the sensuality, and see why this traditional dance continues to ignite the senses of locals and visitors alike.

Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

La Boca Neighbourhood Visit

Buenos Aires

10USD

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Day 12

Buenos Aires

Depart at anytime. Or perhaps consider spending a few extra days in the lovely Buenos Aires. Before you go make sure you swap information with your newest travel family because someday maybe you'll meet up in another part of the world.



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

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What are the main highlights of this trip?

Ride an overnight bus across Chile and Argentina like a true local adventurer, Catch unreal views on Bariloche's Small Circuit trail and ride up to Cerro Campanario, Chill out or chase adventure in Pucón and Puerto Varas in Chile's Lake District, Hit the ground dancing with local culture and nightlife in Buenos Aires

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 16, avg. 14

What meals are included in this trip?

No meals included

What are the meals like on this trip?

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. While trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Public bus, walking

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hostels (multi-share 9 nts), Overnight bus (2 nts).

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Are there any additional packing suggestions I should consider?

Most people automatically assume that the weather is hot in South America, but in Patagonia the temperature can feel quite cold, especially at night. We recommend the use of a duffel bag or backpack, whichever you find easiest to carry. A good size daypack is also essential.

What should be on my packing list?

Clothing:

- Fleece top/sweater
- Footwear
- Hat
- Long pants/jeans
- Shirts/t-shirts
- Sleepwear
- Sunglasses
- Windproof rain jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Optional/Useful packing list:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Ear plugs
- Locks for bags
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Sleeping bag liner/sleep sheet

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that the cost of living in Chilean Patagonia is much higher than the rest of South America. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations of 100 or 50 USD equivalent.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels.

There are several times during the trip where there is an opportunity to tip the local guides or drivers we use. Tips are in cash, either in local currency or USD. Please find next the suggested tips for this trip:

Trekking Guides Torres del Paine: USD 40 (For the 3 days)

Porters Torres del Paine: USD 15

Camping Staff Torres del Paine: USD 5

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$10 USD per person, per day can be used.

What activities are optional on this trip?

Pucón

- Kayaking Pucon
- Guided Huerquehue Park Visit
(55000CLP per person)

Buenos Aires

- Tango Dinner Show
- Buenos Aires Guided City Tour
- La Boca Neighbourhood Visit
(10USD per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.