

EXPEDITIONS



HIKING THE ALPE-ADRIA TRAIL, ALPS TO THE ADRIATIC

9 days, Ljubljana to Trieste

Trip code EXLTNS

WHAT'S INCLUDED

- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, Ljubljana
- Your Foodie Moment: Cheese Tasting and Lunch at an Eco Farm, Bovec
- Signature Moment: Private Curator-Led Visit to the Kobarid Museum, Kobarid
- Your Foodie Moment: Tasting and Lunch at Edi Simčič Winery, Vipolže
- Signature Moment: Private, Before-Hours Postojna Caves Visit, Postojna Cave
- Arrival and departure transfers
- Guided Ljubljana Tour
- Ljubljana Castle Dinner
- Visit Smetumet Workshop, Ljubljana
- Hike to Martuljek Waterfalls and Hut Lunch, Gozd Martuljek
- Kaiser-Franz-Josefs-Höhe Viewpoint, Heiligenblut
- Hiking the Pasterze Trail to Glocknerhaus, Heiligenblut - Großglockner
- Hike to Oswalder Bockhütte and Sankt Oswald, Radenthein - Sankt Oswald
- Orientation Walk Around Lake Bled
- Bled Lake Pletna Boat Ride
- Hike Jasna Lake to the Russian Chapel, Kranjska Gora - Erjavčeva Koča
- Hike the River the Soča Trail, Soča - Bovec
- Hike Out and Back to Kozjak Waterfall, Kobarid
- Hike the
- Penultimate Stage 36 of the Alpe-Adria-Trail, Krvavi Potok - Rosandra Engaging Discussions with the National Geographic
- Expedition Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

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coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 28th, 2026 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

LJUBLJANA

Welcome to the elegant capital of Slovenia. Your expedition begins in Ljubljana, where you will be met at the airport and transferred to your hotel. Settle in before setting out on a walking tour to admire the intricate clock tower and the legendary Dragon Bridge. Take the funicular up to the medieval Ljubljana Castle, perched high above the red-tiled roofs. Later, meet your National Geographic Expedition Leader and National Geographic Expedition Expert for a presentation on the landscapes ahead, then gather for a welcome dinner featuring a first taste of refined Slovenian cuisine as the city lights begin to glitter below.



Meals included

Dinner



ACCOMMODATION

Hotel Cubo (or similar) Hotel



TODAY'S ACTIVITIES

ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group on the morning of day two.

Guided Ljubljana Tour Ljubljana 1h--2h30m

Enjoy a guided walk through a city where emerald waters reflect the legacy of grand architects and Alpine peaks frame every horizon. From the dragon-guarded bridges of the Old Town to the quiet majesty of a hilltop castle, connect with the refined soul of Slovenia.

Ljubljana Castle Dinner Ljubljana 1h30m

Taking the funicular up to Ljubljana Castle for dinner is the ultimate "ascent into elegance", a bridge between Ljubljana's vibrant street life and its noble history. Sit down in the warmth of the courtyard for an evening spent within ancient granite walls while soaking in the modern cityscape below, and the local culinary creations on your plate.

Day 2

LJUBLJANA/HEILIGENBLUT

The expedition starts this morning with a visit to a local social enterprise, where a hands-on upcycling workshop offers a thought-provoking introduction to the circular economy of Slovenia and the communities building it. Continue into the spectacular alpine landscape of Gozd Martuljek. Here you start your hike as the mist-laden trail leads toward the thundering Martuljek Waterfalls – a dramatic curtain of white water framed by dense forest and granite peaks. A light lunch at a rustic mountain hut provides a moment of warmth before continuing your hike. Next, board your coach for a drive across the Wurzen Pass into Austria. The village of Heiligenblut awaits, its slender church spire pointing skyward against the mighty silhouette of the Grossglockner – a fitting end to a day of elemental beauty.

Trail Detail: 5 km (3 mi) | 3h | + 200 m (660 ft) / - 200 m (660 ft) ascent/descent | Moderate



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Nationalpark Lodge Grossglockner (or similar) Lodge



TODAY'S ACTIVITIES

Visit Smetumet Workshop **Ljubljana** 1h

Smetumet is a social enterprise and upcycling initiative that reduces waste by transforming trash into unique, usable products like bags and gifts. They promote sustainability and circular economy principles through creative workshops, awareness campaigns, and community engagement, aiming for a waste-free, greener future.

Private Vehicle **Ljubljana - Gozd Martuljek** 1h15m

Settle in and scan the scenery from the convenience of a private vehicle.

Hike to Martuljek Waterfalls and Hut Lunch **Gozd Martuljek** 3h-3h

This loop-trail hike begins with the low-frequency roar of the stream, moves through the physical effort of the forest climb, and ends with the absolute silence of the Jasenje Meadow. Your hike pauses for lunch at the legendary Ingo's Hut (Brunarica pri Ingotu), in one of the most dramatic "amphitheaters" of the Julian Alps.

Private Vehicle

Gozd Martuljek - Hotel Nationalpark Lodge Grossglockner

2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

HEILIGENBLUT

A short drive brings you to a stunning viewpoint for a cinematic look at the Pasterze Glacier. Begin your hike along the Pasterze trail portion with a steep descent through the alpine tundra to the Margaritzen dam before ascending back to the Glocknerhaus. The air is crisp and thin here, offering a sense of total immersion in the High Tauern range. After a hearty lunch at a mountain hut, return to Heiligenblut by private coach. Spend a leisurely afternoon soaking in the village views before gathering for dinner at your hotel, reflecting on a day spent among the giants of the Alps.

Trail Detail: 6 km (3.7 mi) | 4h | + 171 m (561 ft) / - 400 m (1,312 ft) ascent/descent | Moderate



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Nationalpark Lodge Grossglockner (or similar) Lodge



TODAY'S ACTIVITIES

Private Vehicle [Hotel Nationalpark Lodge Grossglockner – Heiligenblut](#)

Settle in and scan the scenery from the convenience of a private vehicle.

Kaiser-Franz-Josefs-Höhe Viewpoint [Heiligenblut](#) 15m

The view from Kaiser-Franz-Josefs-Höhe (2,369m) is widely considered the most dramatic alpine vista in Austria. It is a place of stark contrasts: the vertical, dark granite of the Grossglockner (3,798m) stands directly opposite the sprawling, blue-white river of the Pasterze Glacier.

Hiking the Pasterze Trail to Glocknerhaus [Heiligenblut – Großglockner](#) 4h-4h

Hiking the trail from the Pasterze Glacier to the Margaritzen Dam and ascending to the Glocknerhaus is one of the most visually staggering experiences in the Austrian Alps. It places you at the very feet of the Grossglockner (3,798 m), Austria's highest peak. This hike is a masterclass in Alpine geology. It takes you from the raw, prehistoric world of the glacier to the engineered precision of the dams, finally ending at the warmth of a traditional mountain hut for lunch

Private Vehicle [Großglockner – Hotel Nationalpark Lodge Grossglockner](#) 30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

HEILIGENBLUT/BLED

Travel to Erlacherhaus for a morning break before hiking up to Oswalder Bockhütte, where you have lunch at this iconic hut. Follow the ridgeline through a biosphere reserve, taking in the expansive mountain vistas that stretch toward the horizon. Descend by cable car and board your coach for the journey back into Slovenia to the shores of Lake Bled. Arrive at this fairytale destination, where an island church sits reflected in the still, turquoise water. The evening is yours to explore the lakeside and enjoy the gentle mountain breeze.

Trail Detail: 6 km (3.7 mi) | 4h | + 400 m (1,312 ft) / - 130 m (430 ft) ascent/descent | Challenging



Meals included

Breakfast | Lunch



ACCOMMODATION

Rikli Balance Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Hotel Nationalpark Lodge Grossglockner – Radenthein

2h15m

Settle in and scan the scenery from the convenience of a private vehicle.

Hike to Oswalder Bockhütte and Sankt Oswald

Radenthein – Sankt Oswald

2h30m-3h

The air at the Erlacherhaus is filled with the scent of sun-warmed larch needles. You'll start on Path 13 of the Alpe-Adria-Trail, winding upward through ancient stone pine forests where marmots are frequently seen sunning themselves on the boulders. After a steady 45-minute climb, the forest gives way to vast alpine pastures where you find the massive terrace of the hut waiting. Next, Speichersee Brunnach is a brilliant turquoise mirror and offers wooden lounge chairs perfect for a pre-descent siesta.

Private Vehicle

Sankt Oswald – Bled

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation Walk Around Lake Bled

Bled

1h

Begin at the lakeside promenade, where the Bled Heart offers a striking vantage point against the misty water. To the north, Bled Castle dominates the skyline from its 130-metre cliff, reached via a

winding path from St. Martin's Church. As the trail rounds the bend toward Vila Bled, the air grows shaded and still. This tranquil estate once served as the summer residence of Josip Broz Tito, the statesman who led Yugoslavia for decades, and the grounds still echo with the history of his era.

Day 5

BLED/BOVEC

The morning begins on the still waters of Lake Bled, crossing by traditional Pletna boat to the island church at its centre – a place of pilgrimage for centuries, reached by climbing 99 stone stairs worn smooth by generations of visitors. As you travel by coach to the trail head, the landscape shifts dramatically as you arrive at the gorgeous Jasna Lake and the Pišnica Valley to start your hike. Your hike is on the northern side of the Vršič Pass, nestled in the forest before the summit pass is the Russian Chapel – a wooden sanctuary built deep in the forest by prisoners of war – which stands as one of the most poignant and unexpected sights on the entire route. After lunch at a mountain hut, board your vehicle for a drive along the hairpin bends of the Vršič Pass, the limestone walls glowing amber in the afternoon light as the valley drops toward Bovec and the luminous waters of the Soča.

Trail Detail: 6 km (5.6 mi) | 4h | + 310 m (1,020 ft) / - 0 m (0 ft) ascent/descent | Moderate



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Soča (or similar) Hotel



TODAY'S ACTIVITIES

Bled Lake Pletna Boat Ride Bled 2h

Board your traditional boat for a ride to Bled Island. Unlike a motorboat, the only sound is the rhythmic creak-slap of the oars. Disembark on the island and the "sightseeing" turns into a series of local rituals: The most recognisable symbol of the island is the Church of the Mother. Inside the church, pull the rope to ring the bell three times. Legend says it will grant one wish, provided you believe in the "Lady of the Lake. Don't leave without visiting the island's boutique bakery.

Private Vehicle Bled – Kranjska Gora 1h

Settle in and scan the scenery from the convenience of a private vehicle.

Hike Jasna Lake to the Russian Chapel Kranjska Gora – Erjavčeva Koča 3h30m-4h

The hike from Lake Jasna, often referred to locally as the gateway to the mountains, to the Russian Chapel is one of the most poignant and visually stunning segments of Stage 23 of the Alpe-Adria-Trail. It is a narrative of beauty and tragedy and a transition from the leisure of the lakeshore to the rugged, historic heart of the Julian Alps.

Private Vehicle

Erjavčeva Koča – Bovec

1h15m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

BOVEC

The Soča River earns its reputation today – a thread of impossible turquoise cutting through the protected wilderness of Triglav National Park, its colour so vivid it barely seems real. The trail follows the gorge and crosses suspension bridges and narrows where the river has carved deep, crystalline pools into white limestone over millennia. End your hike today back in the village of Bovec. The afternoon brings a change of pace at a local eco-farm, where an artisanal cheese tasting introduces the rich dairy traditions of the Bovec valley – fresh yogurts and aged rounds are served with the unhurried warmth of a family who has farmed these alpine pastures for generations. A regional lunch follows before a free afternoon to soak in the mountain air of the Soča Valley.

Trail Detail: 10 km (6.2 mi) | 4h | + 100 m (328 ft) / - 100 m (328 ft) ascent/descent | Easy



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Soča (or similar) Hotel



TODAY'S ACTIVITIES

Hike the River the Soča Trail Soča - Bovec 3h30m-4h

Your hike begins just past the village of Soča at the entrance to the Great Gorge, this is the "Instagram" shot of Slovenia. The river is squeezed into a limestone canyon only a few meters wide but 15 meters deep. A few kilometers in, you'll reach the spot where the Lepenjica River joins the Soča. The trail enters a more wooded area as you approach the Kršovec Gorge. As you approach the end of the trail, the narrow Trenta Valley suddenly "breaks open" into the wide, sun-drenched Bovec Basin.

Private Vehicle Bovec - Soča 15m

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

A visit to Škander Farm reveals the true soul of "slow food" before the term became a marketing cliché. Located just a stone's throw from the emerald Soča River, this eco-farm is one of the few places left dedicated to the Bovška ovca (Bovec sheep), an autochthonous breed that has survived in these harsh Alpine conditions for centuries. By tasting the landscape of the Soča Valley through the biology of this

single, hardy breed, you participate in an unpretentious experience that serves to honour deep-rooted authenticity.

Day 7

BOVEC/TRIESTE

Travel to Kobarid for a visit to the Kobarid Museum. Join the museum curator for a private visit, hearing the gripping stories of the soldiers who fought on the Isonzo Front during World War I. Next, hike to the Kozjak Waterfall, tucked away in a mossy limestone cave that resembles a natural cathedral. After feeling the cool spray of the falls, continue to the Smartno region for a celebratory lunch and wine tasting amidst the rolling vineyards. Cross the border into Italy and settle into the grand port city of Trieste for a free evening.

Trail Detail: 3 km (2 mi) | 2h | Minimal elevation change | Easy



Meals included

Breakfast | Lunch



ACCOMMODATION

Grand Hotel Duchi d'Aosta (or similar) **Hotel**

The Grand Hotel Duchi d'Aosta is the crown jewel of Trieste's hospitality, a five-star boutique hotel and member of Relais & Châteaux that anchors the iconic Piazza Unità d'Italia. Overlooking the Adriatic Sea, it serves as a bridge between the city's opulent Austro-Hungarian past and its sophisticated, modern Italian future.



TODAY'S ACTIVITIES

Private Vehicle **Bovec - Kobarid** 30m

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

A private visit to the Kobarid Museum is a lesson in empathy. With a museum curator as your guide, the rusted wire, gas masks, and mountain maps transform into the stories of individual men caught in a global storm. This is a profound descent into the "humanity of the trenches." While many war museums focus on strategies and triumphs, Kobarid is world-renowned as a "museum of man and his plight."

Hike Out and Back to Kozjak Waterfall **Kobarid** 1h30m-2h

Your walk begins by crossing the famous Napoleon Bridge. Originally built in 1750 (and used by Napoleon's troops), the current stone arch offers one of the most iconic views of the Soča River. The hike from Kobarid to Kozjak Waterfall is widely considered the "gold standard" of short Slovenian treks. It is less of a grueling expedition and more of a curated gallery walk through the best of the Soča Valley's natural and wartime history.

Private Vehicle **Kobarid - Vipolže** 1h

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

A visit to Edi Simčič is a masterclass in heritage and ambition. Today, the third generation—Jure and Jakob—are at the helm, bringing modern precision while maintaining the "Old World" soul. A tasting at Edi Simčič is an intellectual exercise in power and elegance. These are not "quaffing" wines; they are architectural. Lunch here is an intimate extension of the Simčič hospitality. It is served "family-style," often in a room that looks out over the very vineyards that produced the wine in your glass.

Private Vehicle **Vipolže - Trieste** 1h15m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

TRIESTE

The final day of the trail begins before dawn with the expedition's most extraordinary moment – private, before-hours access to the Postojna Caves. Board an open-air electric train with a cave expert, zipping through narrow tunnels into vast subterranean galleries where stalactites hang like chandeliers from cathedral ceilings, their formations built over millions of years. Next, drive to the trail head at Krvavi Potok to hike the penultimate stage of the Alpe-Adria trail via Val Rosandra to Bagnoli della Rosandra. This hike marks the final descent through the Val Rosandra – a limestone gorge that drops from the karst plateau toward the sea – arriving in a local village for lunch as the Adriatic shimmers in the distance. Board your vehicle and return to Trieste where you gather for a farewell dinner, toasting the alpine peaks left far behind.

Trail Detail: 8 km (5 mi) | 3h | + 70 m (230 ft) / - 370 m (1,214 ft) ascent/descent | Moderate



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Grand Hotel Duchi d'Aosta (or similar) Hotel

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TODAY'S ACTIVITIES

Private Vehicle

Trieste - Postojna Cave

1h

Private Coach day trip from Trieste Postojna Cave/Krvavi Potok/last stage Adria

ACTIVITY

A private, before-hours visit to Postojna Cave alongside a cave specialist offers rare access to a subterranean cathedral. Enter in the soft light of early morning, securing a peaceful audience with the cave before the arrival of the midday crowds. This intimate perspective allows you to stand in awe of the ancient stalactites as the site slowly awakens, revealing the delicate artistry of nature in its most peaceful state.

Hike the Penultimate Stage 36 of the Alpe-Adria-Trail

Krvavi Potok - Rosandra

3h-3h30m

Hiking the penultimate stage of the Alpe-Adria-Trail reveals a profound display of geographical drama. Starting in Krvavi Potok, you begin on the high, silent limestone plateau of the Slovenian Karst. As you cross into Italy near Basovizza, the architecture shifts subtly and the trail joins the Giordano Cottur Bike Path, a historic route tracing the old Austro-Hungarian railway line. The experience reaches its crescendo as you descend into the rugged, sun-drenched Italian canyon of Val Rosandra. Leaving the flat railway path behind, you dive into a deep limestone gorge that evokes the scale of the Grand Canyon, yet remains deeply rooted in its Mediterranean soul.

Private Vehicle

Rosandra - Trieste

1h

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Kobarid - Vipolže

1h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 9

TRIESTE

After a final breakfast by the sea, take a moment to reflect on the ancient trails and emerald waters witnessed on your expedition. A transfer is provided to the airport where your exploration concludes, carrying with you the spirit of the mountains and the enduring legends of the Adriatic coast.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Transfer

Trieste - Venice Marco Polo Airport

2h-2h

You will be met at your hotel and transferred to the airport at the end of your adventure.

What's included

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- Your Foodie Moment: Cheese Tasting and Lunch at an Eco Farm, Bovec
- Signature Moment: Private Curator-Led Visit to the Kobarid Museum, Kobarid
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- Engaging Discussions with the National Geographic
- Expedition Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Explore the subterranean world of Postojna Caves during a private before-hours visit led by a cave specialist, Gain insight into the history of the Isonzo Front with a visit and curator talk at the Kobarid Museum, Savour artisanal Bovec cheeses and yogurts during a guided tasting at a local alpine eco farm, Visit A hands-on upcycling workshop supporting women and people with disabilities.

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Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the group leader like?

All National Geographic Signature group trips are accompanied by one of our National Geographic Expedition Leaders throughout. The aim of the Expedition Leaders is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max. 22, Avg. 16

What meals are included in this trip?

8 breakfasts, 7 lunches, 5 dinners

What are the modes of transportation on my trip?

Private Vehicle, Walking, Cable Car

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (8 nts)

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Signature Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run.

If you don't see a note, please ask reception for details! If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBER

G Adventures Berlin office: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 800 394 5416

Calls from UK: 0800 041 8146

Calls from Germany: 0800 181 9454

Calls from Australia: 1 800 204 905

Calls from New Zealand: 0800 424 389

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What instructions should I follow at the finishing point?

You will be met at your hotel and transferred to the airport at the end of your adventure.

What should be on my packing list?

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work. Check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies. Do not rely on credit or debit cards as your only source of money. A combination of Euros and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

Should I be tipping on my trip?

On our National Geographic Signature tours, tipping is included for all included activities and meals, and portage. Tipping is not included for the Expedition Leader. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your National Geographic Signature Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline would be \$10-\$15 per person per day.

In addition, please note that tipping is not required or expected for the Expedition Expert.

What activities are optional on this trip?

- No optional activities

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.