

# EXPEDITIONS



## SIGNATURE: ARGENTINA, CHILE & THE HEART OF PATAGONIA

9 days, Buenos Aires to Santiago

Trip code SABSNS

# WHAT'S INCLUDED

- Your G for Good Moment: Buenos Aires City Tour & Isla Maciel Cultural Experience, Buenos Aires
- Your Welcome Moment: Meet Your Expedition Leader and Group, Buenos Aires
- Signature Moment: Private Meeting with Glaciologist and Glaciarium Visit, El Calafate
- Your Foodie Moment: Patagonian Dining Experience, El Calafate
- Arrival and Departure Transfers
- Intimate Tango Performance
- Visit to Perito Moreno Glacier with a Local Guide
- Full-Day Boat Cruise from El Calafate to Spegazzini Base in the Captain's Club
- Full-day in Torres del Paine National Park with Choice of Included Activities
- Panoramic City Tour of Santiago
- Engaging Discussions with the National Geographic Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing March 4th, 2026 and onwards

# ITINERARY

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## BUENOS AIRES

Welcome to Argentina. Your expedition begins in Buenos Aires, a city where the air is thick with the scent of grilled asado and the sound of distant violins. You will be met and transferred to your hotel to settle in before meeting your National Geographic Expedition Leader, National Geographic Expedition Expert and fellow travellers. This evening, immerse yourself in the soul of the city at an intimate and immersive tango performance. Soak in the history and cultural significance of this passionate dance before gathering for a welcome dinner at a local restaurant to toast the beginning of your Patagonian exploration.



### Meals included

Dinner



### ACCOMMODATION

Recoleta Grand Hotel Buenos Aires (or similar) Hotel



### TODAY'S ACTIVITIES

Arrival Transfer Ministro Pistarini International Airport – Buenos Aires

You will be met at the airport and transferred to the hotel to start your adventure.

#### ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Tango Performance Buenos Aires 1h

Sit down for an intimate encounter designed for those seeking an authentic connection with the soul of Argentine music. It stands as a sophisticated alternative to massive tango show productions, focusing on the raw emotion and heritage of the genre. Set in a hidden, warm, and carefully-curated venue, the experience prioritizes proximity. The audience is seated just a few meters from the artists, allowing guests to feel the vibration of the instruments and the intensity of every movement in a deeply personal way.

Day 2

## BUENOS AIRES

Buenos Aires reveals its layered identity today, beginning in the grand tree-lined streets of Recoleta before moving through the political heart of the city – past the iconic obelisk and Plaza de Mayo – to the cobblestones of San Telmo and the vivid murals of La Boca. The afternoon takes an unexpected turn across the Riachuelo River via the historic 1914 transporter bridge to the Isla Maciel community, where local guides share a side of the city that few visitors ever encounter. Vibrant street art, empanadas, and the ritual of mate (a traditional tea) tell a story of resilience and identity that no museum could replicate. The remainder of the day is yours to savour the European-influenced elegance of the capital at your own pace.

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### Meals included

Breakfast | Lunch

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### ACCOMMODATION

Recoleta Grand Hotel Buenos Aires (or similar) Hotel



## TODAY'S ACTIVITIES

### ACTIVITY

This immersive excursion begins with a comprehensive journey through the most iconic landmarks of Buenos Aires, exploring the political heart of Plaza de Mayo, the grand architecture of Recoleta, and the historic cobblestone streets of San Telmo. After discovering the city's European-influenced elegance, the tour transitions into a deeply authentic cultural immersion in La Boca. Led by local community guides from Isla Maciel, guests will embark on a specialized walking tour through the neighborhood's historic streets before crossing the Riachuelo river Avellaneda Bridge, situated alongside the historic transporter bridge, a heritage landmark built in 1914.. On the other side, a guided walk through Isla Maciel offers an intimate look at local mural art and social history, culminating in a traditional tasting session shared with the community. This experience provides a unique perspective on the city's dual identity, concluding with a return crossing over the river after a day of profound cultural discovery.

Free Time

Buenos Aires

Enjoy free time to explore the vibrant metropolis of Buenos Aires or to find a cafe to relax and watch the world go by.

Day 3

## BUENOS AIRES/EL CALAFATE

Leave the bustle of the capital behind and fly deep into the heart of southern Patagonia. Arrive in El Calafate, a gateway city nestled on the shores of the milky-blue Lago Argentino. As evening falls, enjoy a rare opportunity to meet with a local glaciologist. Gain a scientific perspective on the massive ice fields that define this region and learn how these geographic giants shape the landscape. Continue the immersion with a visit to the Glaciarium Museum, where high-tech displays bring the history of the glaciers to life. The evening is free to enjoy on your own.



### Meals included

Breakfast



### ACCOMMODATION

Xelena Hotel & Suites (or similar) Hotel



### TODAY'S ACTIVITIES

Plane Buenos Aires - El Calafate 3h30m

Trade the urban pulse of Buenos Aires for the raw grandeur of Patagonia as you fly south to El Calafate.

#### ACTIVITY

Before entering the main halls of the Glaciarium, the group will attend an exclusive briefing in a private auditorium or the museum's theatre. topics: The glaciologist will explain the physics of ice, the formation of the Southern Patagonian Ice Field, and the unique "stable" behaviour of the Perito Moreno Glacier. After the lecture, the group will move into the modern exhibition halls. The architecture itself is inspired by the jagged lines of a glacier. The group will walk through dioramas, 3D models, and high-definition documentaries that illustrate the history of the ice ages and the pioneering explorers of Patagonia.

Day 4

## EL CALAFATE

Prepare for an encounter with one of the world's most iconic natural wonders: the Perito Moreno Glacier. Stand on the boardwalks and feel the chill radiating from the ice as you listen for the "white thunder"—the crack and roar of massive shards calving into the water below. Wander the various viewpoints to see the jagged blue walls from every angle, with the opportunity to take an optional boat ride to approach the towering ice face. After a morning in the presence of this frozen giant, return to El Calafate for a free afternoon. Tonight, gather for a traditional Patagonian feast at a local restaurant, celebrating the flavours of the region.

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### Meals included

Breakfast | Lunch | Dinner

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### ACCOMMODATION

Xelena Hotel & Suites (or similar) Hotel

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### TODAY'S ACTIVITIES

Perito Moreno Glacier Tour Perito Moreno Glacier

Get out there and explore the natural wonder that is the Perito Moreno Glacier, one of the world's few "advancing" glaciers. Head to the southern end of Los Glaciares National Park, where Moreno's 60m (197 ft) wall of ice sporadically chokes off the narrow "Canal de los Tempanos" (Iceberg Channel) creating a natural ice dam, which eventually explodes in a dynamic display of force.

Please note this tour does not include walking on top of the glacier.

#### ACTIVITY

Indulge in a Patagonian feast at a local restaurant, featuring market cuisine which changes seasonally to ensure that every ingredient, from Patagonian lamb to local trout, is at its peak freshness. Hear the origin of the ingredients directly from the chef in this intimate and delicious dining experience.

Day 5

## EL CALAFATE

Board a boat for a full-day navigation of Lago Argentino, where the water is a brilliant turquoise fed by ancient ice. Sail past the towering Spegazzini, Heim, and Peineta glaciers, surrounded by the dramatic silhouettes of the Patagonian mountains. In the comfort of the Captain's Club, enjoy preferential seating and the insights of a local guide as you glide past icebergs. Step ashore for a walk through an old-growth forest trail at Bahía de los Glaciares, leading to a panoramic refuge for a spectacular lunch at the base of the glacier. Return to El Calafate for an evening at leisure.



### Meals included

Breakfast | Lunch



### ACCOMMODATION

Xelena Hotel & Suites (or similar) Hotel



### TODAY'S ACTIVITIES

Scenic Boat Cruise on Lago Argentino El Calafate 7h

Embark on a boat trip through the winding channels of Lago Argentino, surrounded by spectacular scenery in all directions. Cruise to the Spegazzini Base, which offers breathtaking views of the Spegazzini, Heim and Peineta Glaciers, surrounded by the vast lake and Patagonian mountains. Visitors enjoy an easy 300-meter forest trail through Bahía de los Glaciares, featuring thematic stations and unforgettable viewpoints, leading to the Spegazzini Refuge with panoramic indoor spaces and an outdoor Deck & Terrace.

The Captain's Club elevates this experience with personalized and exclusive services. Guests enjoy preferential seating in a private, more comfortable cabin, accompanied by a dedicated guide and host throughout the journey. The experience includes exclusive food and non-alcoholic beverages during navigation, alcoholic beverages for special moments, and upon arrival at Spegazzini Base, a spectacular Patagonian menu.

Day 6

## EL CALAFATE/TORRES DEL PAINE

Journey across the vast pampa, watching the horizon for guanacos and rheas as you cross the border into Chile. Arrive at your lodge situated at the southern limit of Torres del Paine National Park, a pristine wilderness and sanctuary of granite towers, azure lakes, and golden grasslands. Upon arrival, meet with a local guide to learn about the unique natural history and geology of the park as well as the various ways to discover it. Settle into your room as the twilight turns the famous granite "horns" deep shades of purple and orange. Enjoy a delicious dinner at the lodge, preparing for a full immersion into one of the world's most spectacular landscapes.



### Meals included

Breakfast | Lunch | Dinner



### ACCOMMODATION

Hotel Rio Serrano (or similar) Hotel



### TODAY'S ACTIVITIES

Private Vehicle

El Calafate - Torres del Paine National Park

7h-8h

291km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7

## TORRES DEL PAINE

Today is yours to explore the jagged beauty of Torres del Paine where you can choose one of a variety of included activities. If you are looking for active options, join a guided walk to the Cuernos viewpoint for a staggering look at the park's central massif, or wander the Aonikenk Trail in search of local wildlife and ancient cave paintings. Alternatively, take a full-day panoramic vehicle tour to reach the park's most hidden corners, or board a boat to witness the sheer grey walls of the Grey Glacier. This evening gather back together in the warmth of the lodge to share stories of the day over a delectable meal.



### Meals included

Breakfast | Lunch | Dinner



### ACCOMMODATION

Hotel Rio Serrano (or similar) Hotel



### TODAY'S ACTIVITIES

Choice of Activities in Torres del Paine National Park

Torres del Paine National Park

4h-8h

Explore the spectacular Torres del Paine National Park on your own terms, with a variety of options available depending on activity level and interest:

Full Day

Miradores del Paine - A scenic full-day exploration of Torres del Paine National Park with multiple panoramic stops. This experience allows guests to understand the park as a whole—its geography, wildlife, glacial systems, and landscapes—through observation and interpretation, without strenuous walking.

Grey Glacier Navigation (Grey III) - A premium navigation experience among icebergs on Lake Grey, offering close-up views of the Grey Glacier. This activity provides strong visual and emotional impact with minimal physical effort and represents privileged access to one of the park's most iconic features.

## Half Day

Aonikenk Trail - A short, interpretive walk focused on indigenous heritage, rock art, and the human history of the Patagonian landscape. This activity adds cultural depth and narrative value, aligning strongly with the National Geographic approach.

Cuernos Viewpoint Walk - An accessible walk leading to iconic views of the Cuernos del Paine. It offers an excellent balance between light physical activity and high scenic reward, suitable for a wide range of fitness levels.

Day 8

## TORRES DEL PAINE/SANTIAGO

A transfer to Puerto Natales, precedes the flight north to Santiago, a city that feels like a different world entirely: sophisticated, sun-drenched, and framed by the snow-capped Andes. This evening, the expedition concludes as it began, around a shared table, with a farewell dinner that traces the journey from the tango halls of Buenos Aires to the wind-scoured edges of Patagonia – and everything extraordinary in between.



### Meals included

Breakfast | Dinner



### ACCOMMODATION

Hotel Singular Santiago (or similar) **Hotel**

A Luxury Travel Experience In Chile's Vibrant Capital

Located in the cultural and historical hub of Santiago, The Singular Santiago, Lastarria Hotel invites guests to embody its unique spirit through relaxation and singular satisfaction. Providing excellent service in an elegant atmosphere, the hotel offers perfectly balanced architecture, distinctive design and gastronomy which integrates the essence of the area. An array of experiences, flavours and rest in Chile's cultural gallery awaits you.

A prime destination in the centre of the city, The Singular Santiago, Lastarria Hotel places guests near cultural, historic and artistic attractions, with a variety of activities and entertainment close by. With appealing restaurants, pubs and independent design shops creating one the most attractive and visited sections of Santiago, the hotel offers a unique environment for those who wish to discover the local essence of Chile's Capital.

Connected by what's unique about this destination, travelers alike appreciate the high-standards set at The Singular Santiago, Lastarria Hotel. Luxury here is defined by the personalized service we deliver to our guests in all aspects of their stay. Read what our previous guests have to say about the warm, anticipatory and customized experience that awaits.



### TODAY'S ACTIVITIES

Private Vehicle

Torres del Paine National Park – Puerto Natales

1h30m

77km

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Puerto Natales – Santiago

3h15m-3h30m

Fly north Puerto Natales to Santiago, Chile's vibrant capital, where the granite spires of the south give way to a sprawling metropolis cradled by the snow-capped Andes.

Day 9

## SANTIAGO

Your expedition to Chile and Argentina concludes today. In the morning, enjoy a guided panoramic city tour of Santiago to see the historic Moneda Palace, the bustling Plaza de Armas, and the green slopes of Cerro Santa Lucia. Take a final look at the snow-capped Andes that have been your constant companion throughout the journey. The tour ends back at the hotel, where airport transfers are provided throughout the day for your departure back home.

Departing flights should depart no earlier than 5pm. Most long-haul international flights out of Santiago depart in the evening.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Panoramic City Tour of Santiago **Santiago** 4h-5h

Enjoy a panoramic city tour in the morning of Santiago de Chile to see some of the city's famous sights like the Moneda Palace, Plaza de Armas and Cerro Santa Lucia, surrounded by the Andes Mountains. The tour ends back at the hotel around midday.

Departure Transfer **Santiago**

You will be met at your hotel and transferred to the airport at the end of your adventure.

## What's included

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## What are the main highlights of this trip?

Be immersed in the rhythm and music of Buenos Aires during an intimate tango performance, Witness the thunderous roar of calving ice at the base of the imposing Perito Moreno Glacier, Learn the secrets of ancient ice during a private meeting with a glaciologist, Navigate glacial waters for spectacular views of the Spegazzini and Heim glaciers, Explore the jagged granite peaks and turquoise lagoons of Chile's most iconic wilderness

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## **Is there a disclaimer I should read before booking this trip?**

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What is the group leader like?**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Expedition Leader. The Expedition Leader will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## **How large will the group be?**

Max 17, Avg. 14.

## What meals are included in this trip?

8 breakfasts, 5 lunches, 5 dinners

## What are the modes of transportation on my trip?

Private vehicle, airplane, boat, walking.

## Is there an extra cost for travelling solo?

Yes, for those travelling solo there is a single supplement

## Where will we stay during the trip?

Hotels (8 nts).

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Signature sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

As your arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 800 394 5416

Calls from UK: 0800 041 8146

Calls from Germany: 0800 181 9454

Calls from Australia: 1 800 204 905

Calls from New Zealand: 0800 424 389

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

You will be met at your hotel and transferred to the airport at the end of your adventure.

Your departure flight must depart no earlier than 5pm on Day 9.

# What should be on my packing list?

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Smart Dress:**

- Smart outfit (For evenings out)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Argentina is the Argentine Peso (ARS), and in Chile, the Chilean Peso (CLP).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and in the case of Argentina, more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

On our National Geographic Signature tours, tipping is included for all included activities and meals, and portage. Tipping is not included for the Expedition Leader. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your National Geographic Signature Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline would be \$10-\$15 per person per day.

For meals and activities not included in your itinerary, it is appropriate in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service.

## What activities are optional on this trip?

- No optional activities

## **Are there any health considerations I should know before travelling?**

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical rating for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our Expedition Leader they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your Expedition Leader has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your Expedition Leader will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.