

EXPEDITIONS



SIGNATURE: THE AZORES' TERCEIRA & SÃO MIGUEL

7 days, Angra do Heroísmo to Ponta
Delgada

Trip code EPATNS

WHAT'S INCLUDED

- Your G for Good Moment: ARRISCA Cooperative Visit, Ponta Delgada
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, Angra do Heroísmo
- Your Foodie Moment: Rocha Restaurant Lunch, Angra do Heroísmo
- Your Local Living Moment: Quinta do Agricultor Visit and Lunch, Ponta Delgada
- Your Foodie Moment: Wine Masterclass and Open-Fire Lunch, Ponta Delgada
- Signature Moment: Private Whale Watching Tour with a Marine Biologist, Ponta Delgada
- Arrival and Departure Transfers
- Angra do Heroismo Orientation Walk
- Private visit to the Palácio dos Capitães Gerais
- Angra Museum with the Curator
- Monte Brasil Caldera Viewpoint
- São Sebastião Church Visit
- Serra do Cume Visit
- Vitorino Nemésio House Museum
- Algar do Carvão Lava Caves Visit
- Vineyard Tour and Wine Tasting
- Vista do Reis Photo Stop
- Sete Cidades Caldera Visit
- Harvesting and Sustainability Project Visit
- Parque Terra Nostra Visit
- ARRISCA Cooperative Visit
- Engaging Discussions with the National Geographic Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is

usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing October 28th, 2025 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

ANGRA DO HEROÍSMO

Welcome to the Azores archipelago. Your expedition begins as you touch down on Terceira Island, sitting almost 1200km (745mi) west of Lisbon. You'll be met at the airport and transferred to your hotel in the city of Angra do Heroísmo. In the evening, meet your fellow travellers and National Geographic Expedition Leader along with a reception and short presentation from the National Geographic Expedition Expert before a welcome dinner.



Meals included

Dinner



ACCOMMODATION

Hotel Torrell Terra Brava (or similar) Hotel

Torel Terra Brava is a five-star boutique sanctuary in the UNESCO town of Angra do Heroísmo. Set between volcanic hills and the sea, this elegant retreat features 46 rooms themed after the island's natural elements. Guests can explore the Se Cathedral and Monte Brasil before rejuvenating at Calla Wellness & Spa, which offers a sauna, steam bath, and indoor pool. With a focus on sustainability, its bistro TRÊS serves Azorean heritage dishes, and explore Botaniq Cocktail Lab, where island botanicals are transformed into unique sips.



TODAY'S ACTIVITIES

Arrival Transfer Angra do Heroísmo

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group. There will be an included group welcome dinner after the meeting.

Day 2

ANGRA DO HEROÍSMO

Set off on foot and engage in discussion with your Expedition Leader and expert about the history of the Azores en route to the impressive Palácio dos Capitães Gerais, a magnificent building which bears witness to the city's economic power over centuries. Continue to the Angra Museum, housed in a former Franciscan convent and take an exclusive tour with the curator for unique insights into Terceira's history through its naval artefact and decorative arts. After a delicious local lunch, take the remainder of the day at leisure, free to explore or relax.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Torrell Terra Brava (or similar) **Hotel**

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TODAY'S ACTIVITIES

Free Time

Angra do Heroísmo

Use free time to explore the UNESCO-listed streets of Angra do Heroísmo this afternoon, where you can wander past vibrant facades and historic plazas at your own pace.

Private Visit Palácio dos Capitães Gerais

Angra do Heroísmo

1h

Explore the Palácio dos Capitães-Generais, a massive landmark in Angra do Heroísmo that showcases the historical wealth and strategic importance of the city. Originally founded in 1572 as a Jesuit college and convent, the building remains a powerful symbol of the order's mission to educate and catechize the island.

Angra Museum Curator Visit

Angra do Heroísmo

1h

Explore the Museu de Angra do Heroísmo with the curator to discover the island's heritage inside a former 17th-century Franciscan convent. This private visit showcases a diverse collection of Terceirense culture, including naval artifacts, historic textiles, and decorative arts.

Walking

Angra do Heroísmo

15m-30m

Set out on foot to the Palácio dos Capitães Gerais.

Day 3

ANGRA DO HEROÍSMO

Immerse yourself in Terceira's geological origins on a full-day exploration of the island's spectacular volcanic landscape. Take in sweeping views from the Monte Brasil Caldera and Serra do Cume viewpoints, then descend into the Algar do Carvão, a striking volcanic chimney left behind from an eruption millions of years ago. Witness the sulfuric fumaroles to appreciate the powerful and raw forces of nature that shaped the geography of the entire archipelago. Visit the house and museum of a prominent Azorean author then continue to the vineyards of Biscoitos for a walk and wine tasting before returning to the hotel.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Torrell Terra Brava (or similar) **Hotel**

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TODAY'S ACTIVITIES

Monte Brasil Caldera Visit **Monte Brasil** 15m

Visit the summit of Monte Brasil for a panoramic view of the UNESCO-listed city of Angra do Heroísmo and the surrounding Atlantic. This short stop at the rim of the extinct volcano offers a unique perspective on the island's dramatic geography and historic coastal defenses.

São Sebastião Visit **São Sebastião** 15m

Visit the village of São Sebastião to see the island's oldest church with its rare medieval frescoes and the vibrant Holy Spirit Império, a chapel central to the Azores' unique charitable traditions.

Serra do Cume Visit **Serra do Cume** 15m

Experience the breathtaking "patchwork" landscape of Terceira from the Serra do Cume viewpoint, where the rim of an ancient caldera overlooks a vast expanse of green fields divided by volcanic stone walls.

Vitorino Nemésio House Museum **Praia da Vitória** 1h

Stepping into the Casa-Museu Vitorino Nemésio in Praia da Vitória offers an intimate look at the author's formative years through a preserved collection of personal artifacts and period furnishings. The exhibits masterfully bridge his literary legacy with his Azorean roots, capturing the "azorianidade" that defined his iconic 20th-century works.

ACTIVITY

Enjoy lunch at Rocha, a seaside restaurant celebrated for its selection of fresh, locally caught fish. This coastal setting allows you to choose from a variety of island flavors while enjoying views of the Atlantic.

Algar do Carvão Lava Caves Visit **Algar do Carvão** 30m

Descend into the depths of Algar do Carvão, a rare volcanic chimney where you can walk inside an extinct magma chamber filled with unique silica stalactites and a crystal-clear underground lake.

Biscoitos Winery Tasting **Biscoitos** 45m

Sample the unique volcanic wines of Biscoitos at a traditional winery, where vines are grown in small plots protected by black basalt stone walls.

Day 4

ANGRA DO HEROÍSMO/PONTA DELGADA

Catch a short flight to the island of São Miguel, then head to a small farm for a personal encounter with a local family who work and live on the property. Join them for a home-cooked lunch from fresh ingredients and learn about what life is like on the island. In the afternoon, take a scenic drive to the western side of the island for a visit to Sete Cidades, a stunning natural protected area. Take in the sweeping views from Vista do Rei of the famous twin crater lakes, Lagoa Verde and Lagoa Azul. Hike along natural trails, learning about the unique history and species of plant life that thrive in this lush volcanic landscape.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Grand Açores Atlântico (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Angra do Heroísmo - Lajes International Airport

30m

22km

Transfer to the airport to continue your journey.

Plane

Angra do Heroísmo - Ponta Delgada

45m

Sit back and enjoy the views from above on a short flight between Angra do Heroísmo and Ponta Delgada.

ACTIVITY

Visit Quinta do Agricultor to explore a traditional Azorean farm and learn about the island's rural heritage and agricultural practices. Following the tour, enjoy a farm-to-table lunch featuring regional specialties prepared in a rustic, authentic setting.

Private Vehicle

Ponta Delgada - Caldeira das Sete Cidades

45m-1h

20km

Settle in and scan the scenery from the convenience of a private vehicle, stopping at Vista do Reis for photos along the way.

Sete Cidades Caldera Visit

Caldeira das Sete Cidades

1h

3km

Experience the dramatic beauty of the Sete Cidades caldera, where a short walk along the rim offers iconic views of the twin green and blue lakes nestled within the volcanic crater. This stop provides a firsthand look at the island's most famous natural landscape and the unique geology that shaped it.

Day 5

PONTA DELGADA

Start the day by engaging with a local agriculture and sustainability project, getting hands-on insight into environmental initiatives that help to preserve the Azores through farming. Following a wine masterclass and open-fire lunch, set off on a guided walk through the stunning Parque Terra Nostra gardens, known for their unique collection of flora. Finish things off with the chance for a relaxing dip in the geothermal hot springs pool, allowing you to soak in the volcanic warmth and rejuvenate your body and mind.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Grand Açores Atlântico (or similar) Hotel



TODAY'S ACTIVITIES

Harvesting and Sustainability Project Ponta Delgada 1h

Participate in a hands-on sustainability project that explores local harvesting techniques and the ongoing efforts to balance traditional land use with environmental preservation.

ACTIVITY

Participate in a wine masterclass to explore the unique characteristics of volcanic viticulture and the diverse flavor profiles of Azorean grapes. Following the tasting, enjoy a lunch prepared over an open fire, highlighting traditional cooking techniques and seasonal local ingredients.

Private Vehicle Ponta Delgada - Furnas 45m 35km

Settle in and scan the scenery from the convenience of a private vehicle.

Parque Terra Nostra Visit Furnas 1h

Join a local expert for a guided walk through Parque Terra Nostra, home to one of the world's most diverse botanical collections and a famous geothermal pool. Discover the history of this 18th-century estate while exploring winding paths filled with rare exotic plants and century-old trees.

Free Time Furnas

Enjoy free time to take a dip in the geothermal hot springs water.

Private Vehicle

Furnas - Ponta Delgada

1h

43km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

PONTA DELGADA

Shifting focus to the surrounding waters of the Azores, meet with a marine biologist who will share insights into conservation and offer insights into the history of whaling in the islands. Next, set off in a private boat in search of resident sperm whales and depending on the season other migratory species like blue, fin and sei whales. Experience a truly thrilling marine encounter while gaining a unique and beautiful perspective of the islands from the water. Continue to a local craft cooperative working to rehabilitate individuals who have faced life challenges, learning about their work and meeting some members. The day concludes with a farewell dinner to celebrate the final night in the islands.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Grand Açores Atlântico (or similar) Hotel



TODAY'S ACTIVITIES

Ponta Delgada Walk

Ponta Delgada

1h

Join your Expedition Leader on a walk through the historic streets of Ponta Delgada, showcasing the city's architectural heritage on your way to the harbor. This walk bridges the gap between land and sea before you board your vessel for an unforgettable whale watching encounter.

ACTIVITY

Meet with a local marine biologist to gain expert perspective on the marine life surrounding the Azores and the historical impact of the whaling industry on island development. They will talk about the different species migrating through the waters around the Azores Islands and what you are likely to see when we take to the waters. Then experience the rich marine life of the Azores on a private tour through a vital migratory hub for blue, fin, and sei whales. In addition to these seasonal visitors, you have the opportunity to see the resident sperm whales that frequent these deep Atlantic waters year-round.

ACTIVITY

Visit the ARRISCA cooperative in Ponta Delgada to learn how this social organization supports the community through vocational workshops and the creation of traditional Azorean handicrafts. During the visit, you can see their artisans at work and browse a unique selection of handmade tiles, ceramics, and textiles that blend local heritage with social impact.

Day 7

PONTA DELGADA

Your expedition concludes today. Transfers are provided to the airport at any time during the day.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Transfer

Ponta Delgada – Aeroporto João Paulo II

15m

10km

You will be met at your hotel and transferred to the airport at the end of your adventure.

What's included

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What are the main highlights of this trip?

Enjoy an exclusive tour and lunch inside the Angra Museum with the curator exploring Terceirense culture, Meet with a biologist to gain insight into conservation and the diverse marine life of the surrounding oceans, Explore Algar do Carvão a spectacular volcanic chimney left behind from an eruption millennia ago, Visit the ARRISCA Cooperative a craft centre supporting local community rehabilitation through employment, Head out on a catamaran cruise searching for dolphins and migrating whales with a conservationist, Sample unique wines grown in the volcanic soil of the Biscoitos vineyards on Terceira Island.

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

This compiled itinerary represents our thoughtfully designed plan, provided in good faith and correct at the time of publication. However, to ensure we deliver the most rewarding experience possible, our itineraries remain dynamic; we continuously refine our routes based on research, field insights, and guest feedback, meaning details may evolve between the release of our annual directory and your departure. Flexibility is a cornerstone of our travel philosophy, and while we intend to follow the path described, the nature of exploring unpredictable environments means alterations may occur, and any mention of specific destinations or wildlife encounters cannot be guaranteed. We invite you to view these travel times and details as an approximate guide rather than a strict contract, and we kindly ask that you review a final copy of your Trip Details a few days prior to departure to ensure you have the most current information for your upcoming expedition.

What is the role of the group leader during this trip?

Every National Geographic Signature departure is accompanied throughout by a dedicated National Geographic Expedition Leader, whose purpose is to ensure a seamless experience so you can fully immerse yourself in the destination. Your Expedition Leader offers deep insight into the landscapes you traverse, suggests enriching independent activities, recommends exceptional local dining venues, and connects you with our community friends along the way. Rather than acting as conventional guides, they possess a broad, sophisticated understanding of the historical, cultural, religious, and social tapestry of the region. To offer the ultimate perspective, we complement their expertise with specialist local guides whose deep regional knowledge adds profound depth to specific sites—delivering a masterfully balanced exploration.

How large will the group be?

Max 22.

What meals are included in this trip?

6 breakfasts, 5 lunches, 3 dinners

What are the modes of transportation on my trip?

Private vehicle, airplane, boat, walking.

Is there an extra cost for travelling solo?

Yes, for those travelling solo there is a single supplement.

Where will we stay during the trip?

Hotels (6 nts).

What are the joining instructions?

To review the specific details of your starting property, please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

A seamless arrival transfer is included for guests landing on the first day of the itinerary, or up to three days prior if your pre-trip accommodations were arranged directly through G Adventures at our starting property. To maintain the exceptional quality and continuity of your experience, all scheduled services must run consecutively.

Upon arriving at the starting property, where check-in begins typically by 3:00PM, please look for a dedicated notice from your National Geographic Expedition Leader at the reception desk. This message will outline the specific details for our evening welcome reception and meeting—typically held between 5:00 p.m. and 7:00 p.m.—where you will gather with your Expedition Leader, Expedition Expert, and fellow travellers to look ahead at the days to come. Should you arrive later in the evening and miss this initial gathering, your Expedition Leader will leave a comprehensive briefing note for you at reception detailing the next morning's schedule.

Please note that the joining day of the itinerary can vary, please refer to your specific itinerary for further details.

What happens if I experience problems when arriving?

While we anticipate a seamless arrival, your peace of mind is our utmost priority. Should any unforeseen circumstances prevent you from beginning your expedition as scheduled, please refer to the essential emergency contact details provided in your documentation and contact us as soon as possible.

Upon landing, if you do not connect with our representative within 30 minutes of clearing customs and immigration, we recommend making your own way to the starting point property by following the Joining Instructions. Rest assured, you may submit a request to your travel professional upon your return to secure a refund for any transport costs incurred during this time.

Who should I contact in case of an emergency?

Should you require urgent assistance during your travels, your first point of contact should be our local representative or regional office. If your call is not answered immediately, please leave a detailed message with your contact information so our team can return your call and assist you as quickly as possible. The numbers can be found below.

EMERGENCY CONTACT NUMBERS

G Adventures Berlin office: +441858378000

In addition, a dedicated toll-free line is available for guests within North America, connecting you directly to our global operations team during regular business hours. For support outside of standard hours, an emergency mobile line is actively monitored day and night to ensure you are never out of reach. In the rare event that your call is not answered immediately, please leave a detailed message along with your contact information so our team can return your call and assist you as swiftly as possible.

Toll-free (North America only): 1-800-465-5600

From the United Kingdom: 0870 080 1756

International (Outside North America and the UK): +1 416 260 0999

Emergency Mobile: (416) 305-6139

Your included arrival transfer has been meticulously arranged based on the flight details you provided. If you experience a flight schedule change or cancellation within 48 hours of your scheduled arrival, please contact our emergency number immediately with your updated details. Prompt notification ensures we can adjust your transfer; otherwise, you will need to arrange your own transportation to the starting property. Upon arrival, if your transfer representative does not connect with you within 30 minutes of exiting the arrivals area, please take a local taxi directly to the starting property.

What information should I be aware of as the itinerary draws to a close?

You will be met at your hotel property and transferred to the airport for your onward travels at the end of your expedition. Please refer to your individual itinerary for more details.

Are there any additional packing suggestions I should consider?

When deciding what to pack, considerations will vary based on your specific itinerary, the regions you are visiting, and the season in which you are travelling. Generally speaking, we recommend packing thoughtfully and keeping your luggage to one checked bag at a manageable weight to facilitate seamless transitions throughout your expedition.

In addition to your primary luggage, you will also require a small day pack or shoulder bag. This smaller bag is essential for keeping your camera, water, and personal items close at hand during day walks, excursions, and daily explorations.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

Securing the necessary visas and travel documentation is an essential step in preparing for your upcoming expedition, and remains the responsibility of each individual traveller. Entry requirements fluctuate depending on your nationality and destination; while we strive to provide the most current information, immigration regulations change frequently. We strongly advise verifying all entry protocols directly with the relevant embassy or consulate well in advance of your departure. Please also ensure your passport remains valid for at least six months beyond your scheduled departure date from the country.

For tailored details specific to your nationality and destination, please consult our dedicated pre-departure resource page at

[here](#)

Travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected.

Further details can be found [here](#)

Last updated: January 27th 2025

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

While personal spending habits naturally vary, we recommend factoring in your individual preferences for shopping, tipping, and beverages to ensure a seamless experience. In addition to these day-to-day comforts, we kindly ask that you maintain access to a minimum of USD \$200 (or its equivalent) as a dedicated emergency fund; though exceptionally rare, unpredictable circumstances such as changing weather patterns or natural events may occasionally necessitate a shift from our planned route, and this reserve ensures we can navigate any path ahead with peace of mind.

Should I be tipping on my trip?

To ensure a seamless and elevated experience throughout your National Geographic Signature departure, gratuities have been fully taken care of for all included meals, activities, and luggage portage.

On our National Geographic Signature tours, tipping is included for all included activities and meals, and portage. Tipping is not included for the Expedition Leader. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your National Geographic Signature Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline would be \$10-\$15 per person per day. Tipping is neither required nor expected for your National Geographic Expedition Expert.

For the independent moments on your itinerary, tipping is generally expected across Europe. Should you wish to reward exceptional service during independent dining or activities, a gratuity of 10% is appropriate.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note that health requirements and recommended inoculations vary by destination. To ensure your well-being, it is your responsibility to consult with a specialized travel physician for up-to-date medical guidance well before departure.

We highly recommend carrying a personal first aid kit, hand sanitizer, and any essential prescription medications. Because our itineraries frequently trace paths through remote regions far from advanced medical facilities, legal regulations prohibit our National Geographic Expedition Leaders from administering any medication, including standard over-the-counter pain relievers. While local pharmacies along our route may stock familiar remedies, they are often produced under regional names, so we advise bringing the generic chemical name of any critical prescription. Before finalising your plans, please carefully review the itinerary and physical requirements to ensure your personal fitness aligns with our style of exploration. To safeguard the well-being of the group, we reserve the right to excuse any traveller from all or part of an itinerary if, in the professional judgment of our Expedition Leader, continuing would pose an undue risk to themselves or their fellow travellers.

What do I need to know to about safety and security on my trip?

To ensure your well-being and security throughout our explorations, we recommend consulting your home government's regularly updated international travel advisories prior to departure. For peace of mind while on the move, we strongly advise using a concealed neck wallet or money belt to secure your passport, travel documentation, and currency. We suggest leaving exceptional jewelry at home, as it is unnecessary for our style of travel; instead, make use of the safety deposit boxes available at most of our accommodations. Securing your luggage with a reliable lock is also highly recommended.

When travelling on a departure, your National Geographic Expedition Leader maintains the authority to modify or adapt any portion of the itinerary should environmental conditions or safety considerations require it. Your Expedition Leader accompanies the group on all scheduled activities, but you will also enjoy unstructured time to pursue personal interests, relax, or discover locales at your leisure. While your leader is delighted to suggest local options for these independent periods, please note that these optional choices do not form part of our curated itinerary, and we make no representations regarding their operating standards; we encourage you to exercise your own discerning judgment.

While the destinations we visit are welcoming during the daytime, navigating urban environments at night requires mindfulness. We recommend exploring in small groups and utilizing local taxis when dining out or moving about after dark. Furthermore, should you encounter public demonstrations or political gatherings, please prioritize your safety by leaving the vicinity immediately rather than remaining for photographs, as these situations can evolve rapidly.

Water-based experiences carry inherent risks. To ensure your protection, we recommend participating in aquatic activities only when accompanied by professional guides. Our commitment to safety means that our Expedition Leaders are strictly prohibited from facilitating unguided water activities on your behalf. Please note that swimming and snorkelling are always undertaken at your own risk. For further insights on enhancing your personal safety during your voyage, please visit www.gadventures.com/travel-resources/safety/.

What are the trip specific safety considerations?

For peace of mind while on the move, we strongly advise using a concealed neck wallet or money belt to secure your passport, travel documentation, and currency. We suggest leaving exceptional jewelry at home, as it is unnecessary for our style of travel; instead, make use of the safety deposit boxes available at most of our accommodations. Securing your luggage with a reliable lock is also highly recommended.

What rules should I know before joining this trip?

Our philosophy of travel is rooted in deep respect for the people, cultures, and lands we encounter. To ensure the safety of our travellers, staff, and the communities that welcome us, the possession or use of illegal drugs is strictly prohibited on all departures. While certain substances may be woven into local traditions in some regions, they are not permitted within our groups. Furthermore, any form of exploitation, including the solicitation of sex workers, directly contradicts our values. To protect the integrity of the experience and the well-being of the group, our National Geographic Expedition Leader retains the right to remove any traveller who violates these standards.

Is travel insurance required for my trip?

Comprehensive travel insurance is a mandatory prerequisite for participation in all our departures. To safeguard your well-being, your National Geographic Expedition Leader will kindly request to verify your physical policy details before you may officially join your fellow travellers.

When choosing your coverage, please ensure your policy includes full medical protection, featuring a strict minimum requirement of \$200,000 USD for emergency rescue and medical repatriation. For complete peace of mind while exploring, we also strongly advise securing comprehensive coverage for personal liability, trip cancellation or curtailment, and the loss of luggage and personal belongings. If you intend to rely on insurance provided through your credit card, you must supply formal proof of purchase—such as a credit card statement or receipt in your name—along with explicit confirmation from your banking institution regarding the participating insurer, exact policy limits, and their dedicated 24-hour emergency contact number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Upon your return, we invite you to share your insights with us. Your valued feedback shapes the future of our itineraries and ensures we continue to deliver meaningful experiences. As a token of our appreciation for your time, we are pleased to offer a 5% savings (up to a maximum of \$100 USD) toward your next expedition with us. Simply submit your evaluation within four weeks of completing your travels to unlock this benefit and join our global community of returning travellers.

*This offer is valid for new bookings only, limited to one per person, and cannot be combined with other promotions or applied to independent itineraries. Maximum value of \$100 USD (or local currency equivalent). This program may be amended or withdrawn at any time.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your National Geographic Signature Specialist or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.