

EXPEDITIONS



SIGNATURE: GREECE'S ANCIENT HISTORY OF ATHENS, METEORA & THE PELOPONNESE

10 days, Athens to Athens

Trip code EGTANS

WHAT'S INCLUDED

- Your G for Good Moment: Visit to Shedia Home, Athens
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, Athens
- Signature Moment: Archaeologist- Led Exploration of Theopetra Cave, Kalampáka
- Your Foodie Moment: Olive Farm Visit, Olympia
- Signature Moment: Bairaktaris Winery Visit, Neméa
- Arrival and Departure Transfers
- Local Guided Tour of Agora
- Guided Tour of Acropolis Museum
- Leonidas Statue Photo Stop
- Meteora Highlights with Archeologist
- Agios Dimitrios Village Brunch
- Hermit Cave of Agios Theodosio Visit
- Hosios Loukas Monastery Visit
- Delphi Orientation Walk
- Delphi Guided Tour
- Temple of Athena Pronaia Visit
- Olympia Archaeological Site Guided Visit
- Leader Led Exploration of Bourtzi Castle
- Nafplio Guided Walk
- Mycenae Open Air Museum
- Epidaurus Exploration
- Corinth Canal Photo Stop
- National Archeological Musuem Guided Visit
- Engaging Discussions with the National Geographic Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is

usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing October 28th, 2025 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

ATHENS

Welcome to Greece. Your expedition begins as you touch down in Athens, the ancient capital where the pulse of history beats beneath a modern metropolis. You will be met at the airport and transferred to your hotel to settle in. In the evening, gather with your National Geographic Expedition Leader and fellow travellers for a welcome reception followed by a delicious dinner at the rooftop restaurant. Gaze out at the illuminated Acropolis glowing golden against the night sky, standing guard over the winding streets of the Plaka old town below.



Meals included

Dinner



ACCOMMODATION

Electra Palace Hotel Athens (or similar) Hotel



TODAY'S ACTIVITIES

Arrival Transfer

Athens Eleftherios Venizelos International Airport - Athens

39m-45m

35km

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group. There will be an included group welcome dinner after the meeting.

Day 2

ATHENS

Set off this morning to wander the ancient Agora, standing where Socrates once spoke and democracy was born, then venture into the vibrant Plaka neighborhood. Visit Shedia Home, a non-profit café supporting the homeless, and participate in a hands-on upcycling workshop before a delicious lunch of fresh local ingredients. Later, immerse yourself in ancient history on an exploration of the New Acropolis Museum to examine the Parthenon frieze up close, then ascend the sacred rock to stand before the Parthenon itself, marveling at the symmetry of the columns against the vivid blue sky.



Meals included

Breakfast | Lunch



ACCOMMODATION

Electra Palace Hotel Athens (or similar) Hotel



TODAY'S ACTIVITIES

Ancient Agora Visit Athens

Explore the ruins, located in the heart of modern Athens, which were once the site of the marketplace in ancient times. It was the political, cultural, social and economic centre of the ancient world, where the likes of Socrates, Plato and affluent Athenians used to gather to discuss philosophy, political issues, exchange gossip and trade.

ACTIVITY

Take time to relax at Shedia Home, a non-profit cafe providing purpose and employment to over 150 individuals experiencing homelessness in Athens. You'll enjoy a drink while one of Shedia's guides recounts the recent history of Greece's financial crisis which has made initiatives like Shedia even more important for those who have found themselves without work and shelter. Your stop here supports their programs - including the cafe, art program, and magazine - all dedicated to supporting the community.

Acropolis Museum Visit Athens 1h-3h

Visit the Acropolis Museum to see some of the artifacts and artworks discovered during excavations of the Acropolis. With over 25,000 square meters (82,020 ft) the museum is architecturally as interesting

as the collection. The museum is built over an archaeological dig site and there is an impressive view of the Acropolis from the third floor.

Day 3

ATHENS/KALAMPÁKA

Depart Athens for the legendary pass of Thermopylae to stand before the statue of Leonidas, honoring the 300 Spartans who held the line of battle. Continue north as the landscape shifts to the surreal, towering rock pillars of Meteora. After lunch, join a local expert for an off-the-beaten-path exploration away from the crowds. Visit an active monastery, admire 11th-century frescoes in the Byzantine Church of the Virgin Mary, and walk to hidden hermit caves tucked into the cliffs. Take in breathtaking panoramic views of Mount Olympus before dinner at a local restaurant, watching the shadows lengthen over the valley.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Divani Meteora Hotel (or similar) **Hotel**

Divani Meteora Hotel is a refined retreat situated at the very base of the towering Meteora rocks, a UNESCO World Heritage site. Rising majestically above Kalampaka, the hotel offers grandiose vistas of the 'suspended' Byzantine monasteries from spacious rooms with private verandas. Guests can rejuvenate at the Wellness Club, featuring an indoor pool with jacuzzi spots and a steam bath. With eclectic restaurants and a brand-new contemporary outdoor pool arriving in 2026, it serves as an exceptional base for spiritual discovery.



TODAY'S ACTIVITIES

Private Vehicle **Athens - Thermopylae** 2h30m 200km

Settle in and scan the scenery from the convenience of a private vehicle.

Meteora Highlights with Archeologist **Meteora** 4h

Discover the wonders of Meteora through a visit to St. Stephen's Monastery and the historic Church of the Virgin Mary, renowned for its 11th-century artistry. After, take a short walk to the secluded Hermit Caves and take in unparalleled panoramic views of the entire landscape.

Private Vehicle **Thermopylae - Kalampáka** 1h45m 145km

Settle in and scan the scenery from the convenience of a private vehicle.

Start the day with a presentation about the spiritual architecture of the region then step back 130,000 years at the Theopetra Prehistoric Cave. Guided by an archaeologist, uncover the traces of early human life in this ancient site, seeing footprints of our ancestors. After a local brunch, continue on to the Hermit Caves of Agios Theodosios for a private visit to the secluded religious retreat. After lunch, enjoy free time before venturing into the damp, mossy forests for a thrilling truffle hunt. Follow an expert hunter and their trained dog as they sniff out "black diamonds" in the earth, culminating in a short tasting of these incredible and rare local delicacies



Meals included

Breakfast | Lunch



ACCOMMODATION

Divani Meteora Hotel (or similar) Hotel

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Guests can rejuvenate at the Wellness Club, featuring an indoor pool with jacuzzi spots and a steam bath. With eclectic restaurants and a brand-new contemporary outdoor pool arriving in 2026, it serves as an exceptional base for spiritual discovery.



TODAY'S ACTIVITIES

ACTIVITY

Led by a professional archaeologist, this immersive journey bridges the gap between prehistory and local tradition through an exploration of the region's most significant sites. You will uncover the ancient secrets of the Theopetra Prehistoric Cave and enjoy an exclusive visit to the secluded Hermit Cave of Agios Theodosios, gaining rare insight into the area's long human history. This cultural experience is complemented by a series of authentic culinary encounters, from traditional village snacks to a full taverna lunch featuring classic regional specialties.

Hermit Caves

Kalampáka

30m

Step inside the Hermit Cave of Agios Theodosios for a private tour of this secluded rock-hewn sanctuary. You will have exclusive access to explore the ascetic cells and ancient frescoes preserved within the quiet mountainside.

Truffle Hunting Experience with Dogs

Kalampáka

3h

2km

Take part in a truffle hunt with a local guide and their trained dogs. You'll follow the dogs as they use their sense of smell to locate truffles buried in the forest; a rewarding experience that connects you with nature and the joy of the hunt. Then, enjoy a snack featuring the famous truffles.

Day 5

KALAMPÁKA / DELPHI

Travel south, stopping at the Hosios Loukas Monastery to admire its Byzantine mosaics and peaceful courtyards before arriving at Delphi, clinging to the slopes of Mount Parnassus and considered to be the “navel” of the ancient world. Explore the sanctuary with a local guide and walk in the footsteps of pilgrims along the Sacred Way to the Temple of Apollo. Marvel at the theatre and stadium carved into the mountainside, offering sweeping views of the valley. In the evening, enjoy an open-air barbecue dinner featuring homemade savory pies, perched on a cliff overlooking Greece's largest continuous olive grove.



Meals included

Breakfast | Dinner



ACCOMMODATION

Hotel Amalia Delphi (NGS) (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Kalampáka - Boeotia

2h30m

220km

Settle in and scan the scenery from the convenience of a private vehicle.

Guided Hosios Loukas Monastery

Boeotia

Experience the architectural splendor of the UNESCO-listed Hosios Loukas monastery, a premier masterpiece of Middle Byzantine art and architecture nestled on the slopes of Mount Helicon.

Private Vehicle

Boeotia - Delphi

45m

36km

Settle in and scan the scenery from the convenience of a private vehicle.

Delphi Orientation Walk

Delphi

15m-30m

1km

Orient yourself to the dramatic setting of Delphi with an Expedition Leader led walk through its historic streets and cliffside pathways. This brief tour offers a helpful overview of the town's geography and the stunning natural scenery that has inspired visitors for millennia.

Guided Tour of Ancient Delphi

Delphi

2h

Visit the ancient city of Delphi, at the base of Mount Parnassos. The UNESCO World Heritage Site includes ancient buildings like treasuries, a stadium, a gymnasium, an altar, hippodrome and the Temple of Apollo.

Temple of Athena Pronaia Photo Stop Delphi 30m

Capture the iconic image of Delphi with a brief photo stop at the Temple of Athena Pronaia, home to the famous circular Tholos. This visit offers a stunning perspective of the sanctuary's graceful columns set against the dramatic, steep backdrop of the Parnassus mountain range.

Day 6

DELPHI/OLYMPIA

Journey to Olympia, the UNESCO World Heritage site where the Olympic Games began in 776 BC. Explore the ancient ruins and walk under the archway into the stadium, visualizing athletes standing before the temples of Zeus and Hera. Visit the archaeological museum to deepen your understanding of the site's significance. In the evening, head to a family-owned olive farm and learn the secrets of harvesting and pressing techniques from the owners before sampling the fresh, peppery oil. Delve into an al fresco dinner of delicious local specialties, surrounded by the silvery leaves of the groves.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Europa Olympia (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Delphi - Olympia 3h30m 237km

Settle in and scan the scenery from the convenience of a private vehicle.

Guided Visit to Olympia Archaeological Site and Museum Olympia 2h-4h

Olympia, the birthplace of the Olympic Games, lies in a lush valley filled with symbolic ruins and captivating landscapes. Wander through the ancient olive groves to see remains of the Temple of Hera (today the starting point of the Olympic torch relay), the Temple of Zeus (a model for the development of Doric architecture) and the great Stadium of Olympia. Visit the nearby Archaeological Museum, whose collection spans over 3,500 years of Greek history. Here, find sculptures depicting Hermes and the Infant Dionysus, Zeus and Ganymede, and Nike of Paionios.

ACTIVITY

Go behind the scenes for an exclusive visit to a family-owned estate, where you will meet the owners and discover the time-honored secrets of harvesting and pressing olives. After an expert-led tasting, enjoy a private al fresco dinner featuring regional specialties paired with local wine or beer in a beautifully branded, intimate setting.

Day 7

OLYMPIA/NÁFPLIO

Travel to the coastal town of Nafplio, one of Greece's most romantic destinations with its Venetian architecture and seaside promenades. Board a small boat for a short ride to Bourtzi Castle, a fortress perched on a harbour island that once guarded the city. Stroll among the fortifications before returning to the mainland. Join a guided walk through the narrow, bougainvillea-draped alleyways of the old town, discovering hidden squares and neoclassic mansions before a dinner of Greek delicacies. Finish the evening with a scoop of gelato – a sweet end to a beautiful day by the sea.



Meals included

Breakfast | Dinner



ACCOMMODATION

Liberty Hotel of Nafplio (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Olympia - Náfplio 3h 214km

Settle in and scan the scenery from the convenience of a private vehicle.

Nafplio Orientation Walk Náfplio 15m-30m

Take a short Expedition Leader led orientation walk through the elegant streets of Nafplio, Greece's first modern capital, to discover its unique blend of Venetian, Ottoman, and Neoclassical charm.

Bourtzi Castle Náfplio 1h

Take a short ferry ride to this Venetian landmark - a medieval castle off the coast of Nafplio. A visit here offers visitors the chance to explore the castle's rooms, and a great views of the city on shore.

Walking Tour of Nafplio Náfplio 30m 2km

Explore the highlights of Nafplio's Old Town, from its charming alleys to its impressive landmarks. The walking tour offers perfect views of Bourtzi Castle and Palamidi Fortress, giving you a great overview of the city's unique history.

Day 8

NÁFPLIO

Set off from the hotel for a visit of the fortified city and open-air museum of Mycenae. Pass beneath the iconic Lion Gate to discover the royal palace, the ancient grave circle, and the monumental Tomb of Agamemnon, feeling the weight of a civilization that inspired Homer's epics. Next, visit an award-winning winery to meet the owners, learn about the winemaking process from vine to bottle, and sample distinct Greek varietals like Agiorgitiko over a delicious gourmet lunch in the vineyard.



Meals included

Breakfast | Lunch



ACCOMMODATION

Liberty Hotel of Nafplio (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Náfplio - Mycenae 30m 30km

Settle in and scan the scenery from the convenience of a private vehicle.

Guided Tour of Mycenae Mycenae 1h30m

Visit the famous Mycenae, a UNESCO World Heritage Site and archaeological site with spectacular ruins and a treasury. Once a major settlement of Greek civilization, Mycenae was occupied during the Neolithic period around 4000 BC, and is linked to the mythology in Homer's epics the Iliad and the Odyssey.

Private Vehicle Mycenae - Neméa 30m 25km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Experience an exclusive National Geographic Signature moment with a private visit to the Bairaktaris Winery, where you will meet the owners for a personal tour of their storied estate and cellars. This intimate encounter concludes with a guided wine tasting and sampling of local flavours, offering a sophisticated deep dive into the heritage of Greek viticulture.

Private Vehicle Neméa - Náfplio 45m-1h 39km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Náplio

The evening is yours to explore Nafplio's vibrant waterfront and hidden squares, offering the perfect opportunity to browse the town's artisan boutiques.

Day 9

NÁFPLIO/ATHENS

Explore the sanctuary of Epidaurus, a healing center dedicated to Asclepius. Marvel at the acoustics of the magnificent ancient theatre, where a whisper on stage can be heard in the back row. Pause at the Corinth Canal to see the engineering marvel connecting the Ionian and Aegean seas, cutting through solid rock. Return to Athens for a guided visit of the National Archaeological Museum, home to the world's finest collection of Greek antiquities, including the Mask of Agamemnon. In the evening, gather for a family-style farewell dinner, toasting your journey through the ages in the shadow of the Acropolis.



Meals included

Breakfast | Dinner



ACCOMMODATION

Electra Palace Hotel Athens (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Náfplio - Epidaurus

3h

190km

Settle in and scan the scenery from the convenience of a private vehicle.

Epidaurus

Athens

Explore the ancient sanctuary of Asklepios, a UNESCO site and the birthplace of organized medicine. See the ruins of the world's first recorded hospital where ancient Greeks sought cures through a combination of physical and spiritual healing, and then the famous, well-preserved ancient theater, still in use today.

Corinth Canal Visit

Corinth Canal

30m

Take a quick break at the Corinth Canal, a marvel of engineering, connecting the Gulf of Corinth to the Saronic Gulf in Greece.

Private Vehicle

Corinth Canal - Athens

1h15m

93km

Settle in and scan the scenery from the convenience of a private vehicle.

Guided National Archeological Musuem

Athens

Delve into the heart of ancient Greece with a guided exploration of its most iconic artifacts and artistic milestones within the nation's premier archaeological institution.

Day 10

ATHENS

Your expedition to Greece concludes today. After a final breakfast, transfers are provided to the Athens airport at any time during the day.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Transfer

Athens - Athens Eleftherios Venizelos International Airport

You will be met at your hotel and transferred to the airport at the end of your adventure.

What's included

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- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, Athens
- Signature Moment: Archaeologist- Led Exploration of Theopetra Cave, Kalampáka
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- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Explore hidden hermit caves and Byzantine frescoes in Meteora with a local specialist, Join a local specialist and trained dog to search for truffles in the forests of Meteora, Savor award-winning vintages and a gourmet lunch at a celebrated winery in Nemea, Learn the art of pressing olives at a family farm before an al fresco feast, Tour the prehistoric Theopetra Cave with an archaeologist to uncover 130,000 years of history

Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

What is the group leader like?

All National Geographic Signature group trips are accompanied by one of our National Geographic Expedition Leaders throughout. The aim of the Expedition Leaders is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 22.

What meals are included in this trip?

9 breakfasts, 5 lunches, 6 dinners

What are the modes of transportation on my trip?

Private vehicle, small boat, walking.

Is there an extra cost for travelling solo?

Yes, for those travelling solo there is a single supplement.

Where will we stay during the trip?

Hotels (9 nts)

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Signature Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your Expedition Leader. If you are unable to get in touch with your leader, please refer to our emergency contact details.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBER

G Adventures Berlin office: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 800 394 5416

Calls from UK: 0800 041 8146

Calls from Germany: 0800 181 9454

Calls from Australia: 1 800 204 905

Calls from New Zealand: 0800 424 389

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

You will be met at your hotel and transferred to the airport at the end of your adventure.

What should be on my packing list?

Archaeological and Historical Sites:

- Lightweight Clothing
(Lightweight linens and breathable cottons are ideal for archaeological sites.)
- Modest dress (For our visits to the monasteries and other religious locations, modest dress is required. Please pack a lightweight scarf or wrap to ensure shoulders and knees are covered.)
- Sturdy walking shoes (Sturdy walking shoes or sandals with exceptional grip for navigating historic sites.)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work in Greece. Check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies. Do not rely on credit or debit cards as your only source of money. A combination of Euros and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Do I need to pay a departure tax?

Usually included in international air ticket.

Should I be tipping on my trip?

On our National Geographic Signature tours, tipping is included for all included activities and meals, and portage. Tipping is not included for the Expedition Leader. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your National Geographic Signature Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however a guideline would be \$10 per person per day.

In addition, please note that tipping is not required or expected for the Expedition Expert.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our Expedition Leader

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your National Geographic Signature Specialist or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.