

EXPEDITIONS



SIGNATURE: ICELAND'S REYKJAVIK, GOLDEN CIRCLE, & FJORDS OF THE NORTH

9 days, Reykjavik to Reykjavik

Trip code ELRRNS

WHAT'S INCLUDED

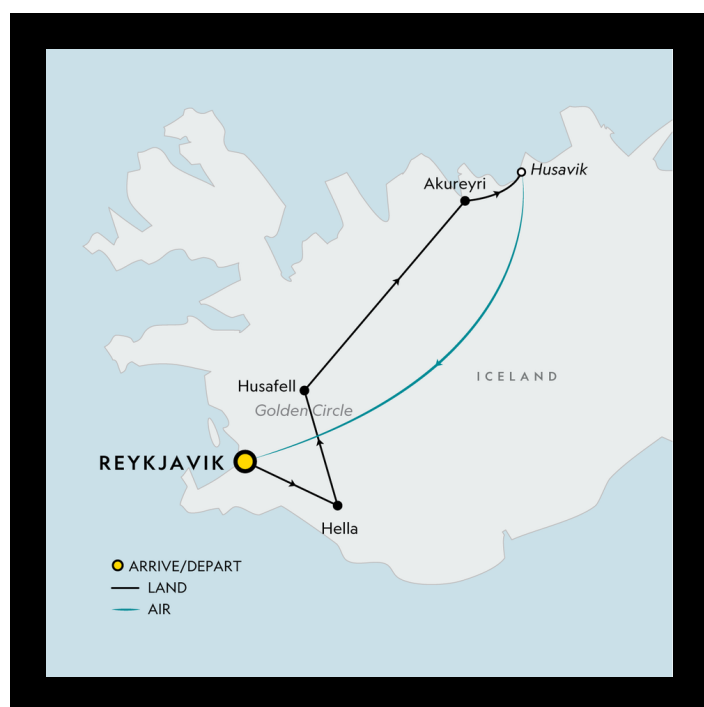
- Signature Moment: Lava Centre Visit with a Vulcanologist, Hvolsvollur
- Signature Moment: Meet with a Marine Biologist at the University of Iceland's Research Center, Husavik
- Arrival and Departure Transfers
- Seljalandsfoss Waterfall Visit
- Sólheimajökul Glacier Hike
- Gullfoss Waterfall Visit
- Geysir Geothermal Field Visit
- Greenhouse tour at Friðheimar
- Guided walk at Þingvellir National Park
- Into the Glacier Tour
- Guided Tour Viðgelmir Lava Cave
- Hraunfossar & Barnafoss Waterfalls Visit
- Húsafell Canyon Baths
- Visit Glaumbær Turf Museum
- Visit Akureyri Botanical Garden
- Whale-watching expedition from Húsavík Harbor
- Free time in Akureyri
- Perlan Museum Visit
- Engaging Discussions with the National Geographic Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing October 28th, 2025 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

REYKJAVIK

Welcome to Iceland. Your expedition begins as you touch down in Keflavík airport. You will be met and transferred to your hotel—crossing the moss-covered lava fields to reach Reykjavík, the world's northernmost capital. In the evening, meet your fellow travellers and National Geographic Expedition Leader for an introduction and welcome reception. Enjoy a short presentation from the National Geographic Expedition Expert before heading to a local restaurant for dinner, sampling modern Icelandic cuisine and sharing toasts as you prepare for your exploration of this dynamic island.



Meals included

Dinner



ACCOMMODATION

Hotel Reykjavik Saga (or similar) Hotel



TODAY'S ACTIVITIES

Arrival Transfer Keflavík International Airport – Reykjavik

You will be met at the airport and transferred to the hotel to start your adventure.

Welcome Moment - Meet Your Expedition Leader and Group Reykjavik

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group. There will be an included group welcome dinner after the meeting.

Venture to the stunning southern coast of Iceland, a landscape shaped by the earth's powerful natural forces over millions of years. Begin at the Lava Centre for an exclusive tour with a leading volcanologist. Gain unique insight into the magmatic forces rumbling beneath your feet. Continue to Seljalandsfoss, walking behind the thundering curtain of water to feel the cool spray on your face. Then, strap on crampons for a guided hike on Sólheimajökul glacier. Traverse the gleaming blue ice and deep crevasses, witnessing firsthand the immense power of the ice cap before settling into your hotel for the night.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Landhotel Hella (or similar) Hotel

Nestled in Southern Iceland, boasting views of highlands, lowlands, and midlands, the Scandinavian design makes you feel at peace with Iceland's diverse nature. Built with reduced energy consumption and sustainability in mind, you can feel good knowing Landhótel is deeply focussed on reducing harmful impact.



TODAY'S ACTIVITIES

Private Vehicle

Reykjavik – Hvolsvollur

1h30m-1h45m

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Visit this stunning interactive exhibition with a volcanologist to learn about all aspects of Iceland's unique geography, including volcanoes, earthquakes, and geothermal activity.

Seljalandsfoss Waterfall Visit

Seljalandsfoss

30m-1h

Seljalandsfoss is a 60m (196 ft) tall waterfall located along the popular ring road. Behind the flow of water is a path, allowing visitors to peek behind the curtain of water cascading over the rocks above.

Sólheimajökull Glacier Hike

Sólheimajökull

3h

3km

Equipped with crampons and an ice axe, hike through the dramatic glacier valley and along the black sand flood plains to the edge of the ice. Enjoy stunning, panoramic views of the surrounding mountains, glaciers and the Eyjafjallajökull volcano. The guide will explain the volcanic history of the area and the effects of global warming.

Private Vehicle

Sólheimajökull – Hella

1h30m

100km

Settle in and scan the scenery from the convenience of a private vehicle.

Explore the famed Golden Circle, where the earth's power is once again on full display. Feel the ground shake at Gullfoss, the "Golden Falls," and watch the Strokkur geyser erupt skyward in a column of steaming water. Stop at the Friðheimar Greenhouse and learn how they harness geothermal energy to grow food year-round, then enjoy a lunch served on site. Conclude at Þingvellir National Park, a UNESCO World Heritage site that sits atop of the Mid-Atlantic Ridge, separating the North American and Eurasian tectonic plates, and stand where the continents are slowly drifting apart.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Landhotel Hella (or similar) **Hotel**

Nestled in Southern Iceland, boasting views of highlands, lowlands, and midlands, the Scandinavian design makes you feel at peace with Iceland's diverse nature. Built with reduced energy consumption and sustainability in mind, you can feel good knowing Landhótel is deeply focussed on reducing harmful impact.



TODAY'S ACTIVITIES

Private Vehicle

Hella – Gullfoss

1h30m

130km

Settle in and scan the scenery from the convenience of a private vehicle.

Gullfoss Waterfall Visit

Gullfoss

45m

Discover one of the most impressive waterfalls in Iceland, Gullfoss, and complete the circuit known as the Golden Circle. This massive waterfall cascades over three "steps" before spilling into a large crevice. Fed by a glacier lake, the water passing through the falls can be a dark grey depending on how much sediment gets pushed through the river.

Geysir Visit

Geysir

30m-45m

See a variety of geothermal pools and the erupting hot spring Strokkur. Geysir is one of the oldest geysers recorded in the world, but is most often dormant. Strokkur erupts a spray of boiling hot water straight into the air about every ten minutes.

Friðheimar Greenhouse Tour and Lunch

Selfoss

2h

Tour the Friðheimar greenhouses with a local expert to discover how geothermal energy is used to grow Mediterranean-style tomatoes year-round in the Icelandic climate. Following the tour, enjoy a unique lunch served among the vines.

Private Vehicle

Selfoss – Thingvellir

1h

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Guided walk at Þingvellir National Park

Thingvellir

45m

Explore the historic Þingvellir National Park on a guided walk through the dramatic rift valley where the North American and Eurasian tectonic plates are pulling apart. This UNESCO World Heritage Site is the ancestral home of Iceland's parliament and offers a unique look at both the island's geological marvels and its cultural origins.

Private Vehicle

Thingvellir – Hella

1h15m

80km

Settle in and scan the scenery from the convenience of a private vehicle.

Continue west through the rugged landscapes of Borgarnes, where jagged peaks rise from the sea. In Húsafell, board a massive 8-wheel glacier truck to ascend the slopes of Langjökull, then venture into the glacier itself, walking through illuminated, man-made tunnels carved deep into the blue heart of the ice cap. Feel the ancient chill of the ice as a glaciologist explains the science of ice cores and the impact of climate change on this fragile environment. In the evening, settle into your hotel, surrounded by the silence of the highlands.



Meals included

Breakfast | Dinner



ACCOMMODATION

Hotel Husafell Reykholt (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Hella – Borgarnes 2h15m 170km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle Borgarnes – Húsafell 1h15m 90km

Settle in and scan the scenery from the convenience of a private vehicle.

Langjokull Glacier Expedition Húsafell 3h-4h

Enter the raw beauty of Iceland's second largest glacier, Langjokull. Set off in modified glacier vehicles to the Klaki Basecamp and the glacier entrance where you'll go into man-made ice tunnels toward the heart of the glacier. Learn all about ice and geology along the way and gain a new perspective on these massive features that have shaped the planet.

Descend into the darkness of Viðgelmir, the largest lava tube in Iceland. Set off with a local guide to explore the colorful rock formations and learn about Viking outlaws who once hid here. Then, marvel at the Hraunfossar waterfalls, where glacial water streams mysteriously from beneath a lava field. In the afternoon, enjoy an unforgettable private experience at the Húsafell Canyon Baths. Relax in secluded, stone-lined pools fed by natural hot springs, gazing out at the remote canyon walls – a moment of pure geothermal bliss before a delicious dinner.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Husafell Reykholt (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Húsafell – Reykholt

15m

15km

Settle in and scan the scenery from the convenience of a private vehicle.

The Vidgelmir Cave

Reykholt

1h30m

Take a tour into the depths of the earth at the Viðgelmir Cave. Don helmets and headlamps as you explore this subterranean wonderland that showcases the raw power of Iceland's geological forces. Stroll along the walkways and admire the features and colours of this underground natural wonder.

Hraunfossar & Barnafoss Visit

Barnafoss

45m-1h

Stroll along easy walking paths to witness the striking turquoise glacial waters of Hraunfossar as they filter through an ancient lava field into the river below. Nearby, you can explore the powerful rapids of Barnafoss while learning about the local legends and geology through interpretive signage at scenic viewpoints.

Free Time

Húsafell

Spend the evening however you wish with free time or an optional short forest walk around the Húsafell birchwood area.

Húsafell Canyon Baths

Húsafell

1h30m-2h

Descend on foot from the hotel in the remote Icelandic wilderness to natural geothermal pools nestled in highland canyon. Enjoy private access to these pools fed by pure underground volcanic hot springs.

Day 6

HÚSAFELL/AKUREYRI

Travel north across the highland moors to the Skagafjörður region. Step back in time at the Glaumbær Turf Museum, wandering through traditional 18th-century sod farmhouses that blend seamlessly into the landscape. Continue to Akureyri, the "Capital of the North" and stroll through the Akureyri Botanical Garden, admiring a surprising collection of Arctic and foreign flora thriving just miles from the Arctic Circle.



Meals included

Breakfast | Dinner



ACCOMMODATION

Berjaya Akureyri (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Húsafell – Skagafjörður

3h15m

245km

Settle in and scan the scenery from the convenience of a private vehicle.

Glaumbær Turf Museum Visit

Glaumbær

1h

Discover the iconic grass-roofed farmhouses of Glaumbær, a remarkably preserved example of how early Icelanders utilized the earth for insulation and shelter. Guided by a local expert, you'll explore the interconnected rooms and learn about the daily rhythms of rural life in these historic structures.

Private Vehicle

Glaumbær – Akureyri

1h15m

90km

Settle in and scan the scenery from the convenience of a private vehicle.

Guided Visit of Akureyri Botanical Gardens

Akureyri

1h-2h

Take a stroll around one of the northern most botanical gardens in the world, and see a variety of both Icelandic and foreign flora.

Day 7

AKUREYRI

Drive along the coast to Húsavík, the whale watching capital of Iceland. Visit the University of Iceland research center for an exclusive meeting with a marine biologist. Learn about their research into cetacean populations and sustainable fishing then take to the sea on a whale watching boat. Scan the dark, cold waters of Skjálfandi Bay for the blow of humpback, minke, and blue whales, hoping to catch a glimpse of these giants breaching against a backdrop of snow-capped mountains. Return to Akureyri for some free time to explore or relax before dinner in the evening.



Meals included

Breakfast | Dinner



ACCOMMODATION

Berjaya Akureyri (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Akureyri – Husavik

1h

90km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Visit the University of Iceland's Research Center and meet with one of their resident marine biologists to learn about ongoing studies into North Atlantic whale populations and the development of sustainable fishing practices.

Whale Watching

Husavik

3h-4h

Head out to sea to spot whales off the coast. The town of Húsavík is the whale watching capital of Europe and the best spot in Iceland to view Humpbacks, Minke, or Blue Whales. Over 20 species have been spotted in the area but the most frequent visitors are the Humpback and Blue Whales.

Private Vehicle

Husavik – Akureyri

1h15m

90km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Akureyri

Explore Akureyri with free time this evening. Check out the several cafés, harbor area, or art galleries

Day 8

AKUREYRI/REYKJAVIK

Fly back to Reykjavík this morning, watching the volcanic landscape pass below you. Visit the Perlan Museum, a glass-domed landmark offering 360-degree views of the city. Explore interactive exhibits showcasing Iceland's geology, glaciers, and climate, including a real indoor ice cave. Spend the afternoon exploring the vibrant streets of Reykjavik on your own, perhaps take an optional visit to soak in the thermal springs of the Sky Lagoon before a farewell dinner in the evening.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Reykjavik Saga (or similar) Hotel



TODAY'S ACTIVITIES

Plane

Akureyri – Reykjavik

45m

250km

Sit back and enjoy the views from above on a short flight between Akureyri and Reykjavik.

Perlan Museum Visit

Reykjavik

1h30m

Visit the Wonders of Iceland exhibit at the Perlan museum, where you can see and feel all of Iceland's natural wonders under one roof. Walk through a 100m long man-made ice cave to experience what glacial environments are like, and how global warming affects this part of the world. Top your visit off with an unparalleled 360° view of Reykjavik and surrounding areas from the observation deck.

Free Time

Reykjavik

Spend a final afternoon in Reykjavik before your farewell dinner.

Your expedition to Iceland concludes today. After breakfast, enjoy a final breath of fresh Arctic air before your transfer to Keflavík International Airport, provided at any time during the day.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Transfer

Reykjavik – Keflavík International Airport

You will be met at your hotel and transferred to the airport at the end of your adventure.

What's included

- Signature Moment: Lava Centre Visit with a Vulcanologist, Hvolsvollur
- Signature Moment: Meet with a Marine Biologist at the University of Iceland's Research Center, Husavik
- Arrival and Departure Transfers
- Seljalandsfoss Waterfall Visit
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- Húsafell Canyon Baths
- Visit Glaumbær Turf Museum
- Visit Akureyri Botanical Garden
- Whale-watching expedition from Húsavík Harbor
- Free time in Akureyri
- Perlan Museum Visit
- Engaging Discussions with the National Geographic Expert Throughout

- Porterage at hotels and when getting on and off of vehicles
- All transport between destinations and to/from included activities
- Tips are included for all activities, meals and porterage, except for your Expedition Leader

What are the main highlights of this trip?

Join a volcanologist for an exclusive tour of the Lava Centre's seismic exhibits, Travel by specialized vehicle to walk the illuminated ice tunnels deep inside Langjökull, Meet a researcher in Húsavík to discuss whale conservation and sustainable fishing, Soak in secluded natural hot pools nestled in a remote volcanic canyon in Húsafell, Enjoy the local flavours inside a geothermal greenhouse powered by renewable energy.

What are the main highlights of this trip?

Join a volcanologist for an exclusive tour of the Lava Centre's seismic exhibits, Travel by specialized vehicle to walk the illuminated ice tunnels deep inside Langjökull, Meet a researcher in Húsavík to discuss whale conservation and sustainable fishing, Soak in secluded natural hot pools nestled in a remote volcanic canyon in Húsafell, Enjoy the local flavours inside a geothermal greenhouse powered by renewable energy.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

This compiled itinerary represents our thoughtfully designed plan, provided in good faith and correct at the time of publication. However, to ensure we deliver the most rewarding experience possible, our itineraries remain dynamic; we continuously refine our routes based on research, field insights, and guest feedback, meaning details may evolve between the release of our annual directory and your departure. Flexibility is a cornerstone of our travel philosophy, and while we intend to follow the path described, the nature of exploring unpredictable environments means alterations may occur, and any mention of specific destinations or wildlife encounters cannot be guaranteed. We invite you to view these travel times and details as an approximate guide rather than a strict contract, and we kindly ask that you review a final copy of your Trip Details a few days prior to departure to ensure you have the most current information for your upcoming expedition.

What is the role of the group leader during this trip?

Every National Geographic Signature departure is accompanied throughout by a dedicated National Geographic Expedition Leader, whose purpose is to ensure a seamless experience so you can fully immerse yourself in the destination. Your Expedition Leader offers deep insight into the landscapes you traverse, suggests enriching independent activities, recommends exceptional local dining venues, and connects you with our community friends along the way. Rather than acting as conventional guides, they possess a broad, sophisticated understanding of the historical, cultural, religious, and social tapestry of the region. To offer the ultimate perspective, we complement their expertise with specialist local guides whose deep regional knowledge adds profound depth to specific sites—delivering a masterfully balanced exploration.

What is the maximum and typical number of participants on this tour?

Max 22.

What meals are included in this trip?

8 breakfasts, 4 lunches, 8 dinners

What are the modes of transportation on my trip?

Private vehicle, boat, airplane, walking.

Is there an extra cost for travelling solo?

Yes, for those travelling solo there is a single supplement.

Where will we stay during the trip?

Hotels (8 nts).

What are the joining instructions?

To review the specific details of your starting property, please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

A seamless arrival transfer is included for guests landing on the first day of the itinerary, or up to three days prior if your pre-trip accommodations were arranged directly through G Adventures at our starting property. To maintain the exceptional quality and continuity of your experience, all scheduled services must run consecutively.

Upon arriving at the starting property, where check-in begins typically by 3:00PM, please look for a dedicated notice from your National Geographic Expedition Leader at the reception desk. This message will outline the specific details for our evening welcome reception and meeting—typically held between 5:00 p.m. and 7:00 p.m.—where you will gather with your Expedition Leader, Expedition Expert, and fellow travellers to look ahead at the days to come. Should you arrive later in the evening and miss this initial gathering, your Expedition Leader will leave a comprehensive briefing note for you at reception detailing the next morning's schedule.

Please note that the joining day of the itinerary can vary, please refer to your specific itinerary for further details.

What should I do if I can't find my airport transfer or experience arrival issues?

While we anticipate a seamless arrival, your peace of mind is our utmost priority. Should any unforeseen circumstances prevent you from beginning your expedition as scheduled, please refer to the essential emergency contact details provided in your documentation and contact us as soon as possible.

Upon landing, if you do not connect with our representative within 30 minutes of clearing customs and immigration, we recommend making your own way to the starting point property by following the Joining Instructions. Rest assured, you may submit a request to your travel professional upon your return to secure a refund for any transport costs incurred during this time.

Who do I contact for arrival issues or in the event of an emergency?

Should you require urgent assistance during your travels, your first point of contact should be our local representative or regional office. If your call is not answered immediately, please leave a detailed message with your contact information so our team can return your call and assist you as quickly as possible. The numbers can be found below.

EMERGENCY CONTACT NUMBERS

G Adventures Berlin office: +441858378000

In addition, a dedicated toll-free line is available for guests within North America, connecting you directly to our global operations team during regular business hours. For support outside of standard hours, an emergency mobile line is actively monitored day and night to ensure you are never out of reach. In the rare event that your call is not answered immediately, please leave a detailed message along with your contact information so our team can return your call and assist you as swiftly as possible.

Toll-free (North America only): 1-800-465-5600

From the United Kingdom: 0870 080 1756

International (Outside North America and the UK): +1 416 260 0999

Emergency Mobile: (416) 305-6139

Your included arrival transfer has been meticulously arranged based on the flight details you provided. If you experience a flight schedule change or cancellation within 48 hours of your scheduled arrival, please contact our emergency number immediately with your updated details. Prompt notification ensures we can adjust your transfer; otherwise, you will need to arrange your own transportation to the starting property. Upon arrival, if your transfer representative does not connect with you within 30 minutes of exiting the arrivals area, please take a local taxi directly to the starting property.

What details should I be aware of when planning my departure day?

You will be met at your hotel property and transferred to the airport for your onward travels at the end of your expedition. Please refer to your individual itinerary for more details.

What are the packing guidelines and luggage restrictions?

When deciding what to pack, considerations will vary based on your specific itinerary, the regions you are visiting, and the season in which you are travelling. Generally speaking, we recommend packing thoughtfully and keeping your luggage to one checked bag at a manageable weight to facilitate seamless transitions throughout your expedition.

In addition to your primary luggage, you will also require a small day pack or shoulder bag. This smaller bag is essential for keeping your camera, water, and personal items close at hand during day walks, excursions, and daily explorations.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

Securing the necessary visas and travel documentation is an essential step in preparing for your upcoming expedition, and remains the responsibility of each individual traveller. Entry requirements fluctuate depending on your nationality and destination; while we strive to provide the most current information, immigration regulations change frequently. We strongly advise verifying all entry protocols directly with the relevant embassy or consulate well in advance of your departure. Please also ensure your passport remains valid for at least six months beyond your scheduled departure date from the country.

For tailored details specific to your nationality and destination, please consult our dedicated pre-departure resource page at

[here](#)

Travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

While personal spending habits naturally vary, we recommend factoring in your individual preferences for shopping, tipping, and beverages to ensure a seamless experience. In addition to these day-to-day comforts, we kindly ask that you maintain access to a minimum of USD \$200 (or its equivalent) as a dedicated emergency fund; though exceptionally rare, unpredictable circumstances such as changing weather patterns or natural events may occasionally necessitate a shift from our planned route, and this reserve ensures we can navigate any path ahead with peace of mind.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work. Check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies. Do not rely on credit or debit cards as your only source of money. A combination of Króna and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

What are the tipping guidelines for this trip?

To ensure a seamless and elevated experience throughout your National Geographic Signature departure, gratuities have been fully taken care of for all included meals, activities, and luggage portorage.

On our National Geographic Signature tours, tipping is included for all included activities and meals, and portorage. Tipping is not included for the Expedition Leader. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your National Geographic Signature Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline would be \$10-\$15 per person per day. Tipping is neither required nor expected for your National Geographic Expedition Expert.

For the independent moments on your itinerary, tipping is generally expected across Europe. Should you wish to reward exceptional service during independent dining or activities, a gratuity of 10% is appropriate.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note that health requirements and recommended inoculations vary by destination. To ensure your well-being, it is your responsibility to consult with a specialized travel physician for up-to-date medical guidance well before departure.

We highly recommend carrying a personal first aid kit, hand sanitizer, and any essential prescription medications. Because our itineraries frequently trace paths through remote regions far from advanced medical facilities, legal regulations prohibit our National Geographic Expedition Leaders from administering any medication, including standard over-the-counter pain relievers. While local pharmacies along our route may stock familiar remedies, they are often produced under regional names, so we advise bringing the generic chemical name of any critical prescription. Before finalising your plans, please carefully review the itinerary and physical requirements to ensure your personal fitness aligns with our style of exploration. To safeguard the well-being of the group, we reserve the right to excuse any traveller from all or part of an itinerary if, in the professional judgment of our Expedition Leader, continuing would pose an undue risk to themselves or their fellow travellers.

What general safety tips and free-time guidelines should I follow?

To ensure your well-being and security throughout our explorations, we recommend consulting your home government's regularly updated international travel advisories prior to departure. For peace of mind while on the move, we strongly advise using a concealed neck wallet or money belt to secure your passport, travel documentation, and currency. We suggest leaving exceptional jewelry at home, as it is unnecessary for our style of travel; instead, make use of the safety deposit boxes available at most of our accommodations. Securing your luggage with a reliable lock is also highly recommended.

When travelling on a departure, your National Geographic Expedition Leader maintains the authority to modify or adapt any portion of the itinerary should environmental conditions or safety considerations require it. Your Expedition Leader accompanies the group on all scheduled activities, but you will also enjoy unstructured time to pursue personal interests, relax, or discover locales at your leisure. While your leader is delighted to suggest local options for these independent periods, please note that these optional choices do not form part of our curated itinerary, and we make no representations regarding their operating standards; we encourage you to exercise your own discerning judgment.

While the destinations we visit are welcoming during the daytime, navigating urban environments at night requires mindfulness. We recommend exploring in small groups and utilizing local taxis when dining out or moving about after dark. Furthermore, should you encounter public demonstrations or political gatherings, please prioritize your safety by leaving the vicinity immediately rather than remaining for photographs, as these situations can evolve rapidly.

Water-based experiences carry inherent risks. To ensure your protection, we recommend participating in aquatic activities only when accompanied by professional guides. Our commitment to safety means that our Expedition Leaders are strictly prohibited from facilitating unguided water activities on your behalf. Please note that swimming and snorkelling are always undertaken at your own risk. For further insights on enhancing your personal safety during your voyage, please visit www.gadventures.com/travel-resources/safety/.

Are there any specific safety considerations for this itinerary?

For peace of mind while on the move, we strongly advise using a concealed neck wallet or money belt to secure your passport, travel documentation, and currency. We suggest leaving exceptional jewelry at home, as it is unnecessary for our style of travel; instead, make use of the safety deposit boxes available at most of our accommodations. Securing your luggage with a reliable lock is also highly recommended.

What are the mandatory group rules regarding laws and behaviour?

Our philosophy of travel is rooted in deep respect for the people, cultures, and lands we encounter. To ensure the safety of our travellers, staff, and the communities that welcome us, the possession or use of illegal drugs is strictly prohibited on all departures. While certain substances may be woven into local traditions in some regions, they are not permitted within our groups. Furthermore, any form of exploitation, including the solicitation of sex workers, directly contradicts our values. To protect the integrity of the experience and the well-being of the group, our National Geographic Expedition Leader retains the right to remove any traveller who violates these standards.

What are the mandatory travel insurance requirements for this trip?

Comprehensive travel insurance is a mandatory prerequisite for participation in all our departures. To safeguard your well-being, your National Geographic Expedition Leader will kindly request to verify your physical policy details before you may officially join your fellow travellers.

When choosing your coverage, please ensure your policy includes full medical protection, featuring a strict minimum requirement of \$200,000 USD for emergency rescue and medical repatriation. For complete peace of mind while exploring, we also strongly advise securing comprehensive coverage for personal liability, trip cancellation or curtailment, and the loss of luggage and personal belongings. If you intend to rely on insurance provided through your credit card, you must supply formal proof of purchase—such as a credit card statement or receipt in your name—along with explicit confirmation from your banking institution regarding the participating insurer, exact policy limits, and their dedicated 24-hour emergency contact number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Upon your return, we invite you to share your insights with us. Your valued feedback shapes the future of our itineraries and ensures we continue to deliver meaningful experiences. As a token of our appreciation for your time, we are pleased to offer a 5% savings (up to a maximum of \$100 USD) toward your next expedition with us. Simply submit your evaluation within four weeks of completing your travels to unlock this benefit and join our global community of returning travellers.

*This offer is valid for new bookings only, limited to one per person, and cannot be combined with other promotions or applied to independent itineraries. Maximum value of \$100 USD (or local currency equivalent). This program may be amended or withdrawn at any time.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your National Geographic Signature Specialist or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.