

EXPEDITIONS



SIGNATURE: INDIA'S JAIPUR, THE TAJ MAHAL, VARANASI & DELHI

9 days, Jaipur to Delhi

Trip code AHJDNS

WHAT'S INCLUDED

- Your G for Good Moment: Women-led Rickshaw Tour, Jaipur
- Your G for Good Moment: Sheroes Cafe Visit, Āgra
- Your G for Good Moment: Old Delhi Walking Tour with Salaam Balak Trust, Delhi
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, Jaipur
- Signature Moment: Delhi Heritage High Tea, Delhi
- Arrival transfer
- Amber Fort exploration by jeep
- Exclusive City Palace "Royale Grandeur" tour with private dinner
- Abhaneri stepwell visit
- Sunrise guided Taj Mahal visit
- Guided Agra Fort exploration
- Sheroes Café lunch
- Private boat experience featuring Banaras Gharana classical music on the Ganges
- Ganga Aarti ceremony
- Sunrise boat ride on the Ganges and guided walk through Old Varanasi
- Sarnath Buddhist site visit with expert guide
- Flight from Varanasi to Delhi
- Chandni Chowk rickshaw ride
- Departure transfer
- Tips are included for all activities, meals and portorage, except for your Expedition Leader
- All transport between destinations and to/from included activities
- Engaging Discussions with the National Geographic Expedition Expert Throughout
- Porterage at hotels and when getting on and off of vehicles

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 14th, 2026 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

JAIPUR

Welcome to India. Your expedition begins in the colourful, and captivating city of Jaipur. Upon arrival, you will be met at the airport and transferred to your hotel to settle in. In the evening, gather with your National Geographic Expedition Leader, National Geographic Expedition Expert and fellow travellers for a welcome briefing and insights that bring the region's royal history to life. Afterward, step into a world of culinary delights with a welcome dinner.



Meals included

Dinner



ACCOMMODATION

ITC Rajputana (or similar) Hotel

Designed to evoke the grandeur of a traditional Rajput haveli, ITC Rajputana captures the regal spirit of the 'Pink City'. Red-brick façades, secluded courtyards, and elegant latticework detail this royal architectural retreat. Guests can sample legendary North-West Frontier cuisine at the celebrated Peshawri restaurant, wander the historic bazaars, or escape the afternoon heat with a holistic ritual at the peaceful Kaya Kalp spa and outdoor pool.



TODAY'S ACTIVITIES

Arrival Transfer

Jaipur Airport – Jaipur

30m-30m

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Breathe in the scent of jasmine and spices as you explore the vibrant morning streets of Jaipur. Board an upgraded vehicle with the Pink City Rickshaw Company, a G Adventures supported project empowering women entrepreneurs. Return to the hotel for lunch before heading to the 16th-century Amber Fort. Ride up to the hilltop fortress to marvel at the Sheesh Mahal, where thousands of mirror tiles catch the afternoon light, and examine the intricate underground water systems engineered for cooling. As twilight falls, experience the grandeur of Jaipur's City Palace after hours on a curated private tour, gaining deep insight into royal legacies. Conclude the evening with a majestic multi-course dinner inside the palace grounds, where traditional flavours are served beneath the stars.



Meals included

Breakfast | Lunch | Dinner



TODAY'S ACTIVITIES

ACTIVITY

Explore Jaipur's vibrant streets aboard a women-led rickshaw tour, a G Adventures supported project, to discover colourful markets, hidden lanes, and the lively spirit of the Pink City from a unique local perspective.

Amber Fort Guided Tour

Amber Fort

Explore this magnificent fort overlooking an artificial lake, famous for its unique mixture of Hindu and Muslim architecture. Almost blending in with the terrain, the fort's sandstone walls are perched on a hill beside Maota Lake, reflecting a mirror image in the water perfect for photography. Wander through the halls, courtyards, and palaces inside and admire the intricate details.

Amber Fort Jeep Ride

Jaipur

Jump into a jeep and drive up to the Amber Fort through some of the lanes of Amber Town. En route, make a photo stop at the famous Hawa Mahal.

Jaipur Royal Grandeur

Jaipur

Enjoy a Royal Grandeur tour of the City Palace, with access to areas beyond the standard visit, followed by a private seven-course dinner.

Day 3

JAIPUR/ĀGRA

Leave the Pink City behind and watch the rural landscape unfold on the drive toward Agra. Pause en route at Abhaneri to stand over the breathtaking Chand Baori stepwell. One of India's deepest and most visually striking architectural wonders, its 3,500 symmetrically arranged steps form a geometric maze plunging into the earth, built over a millennium ago. Continue to the historic Laxmi Vilas Palace for a grand, family-style lunch that highlights regional cooking. After, continue to Agra and check into your hotel as the evening sky softens. The remainder of the evening is yours to unwind, perhaps watching the sunset over the Yamuna River.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

ITC Mughal (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Jaipur – Āgra

5h-5h

Settle in and scan the scenery from the convenience of a private vehicle.

This morning, you have a choice of guided tours to India's most famous site: wake early as the first light of dawn bathes the ivory-white marble of the Taj Mahal in soft pink tones then enjoy breakfast, or choose to take your guided exploration after morning breakfast. Delve into the Mughal legacy at Agra Fort, a red sandstone fortress that served as the principal imperial residence, where your guide brings historic court intrigues to life. Afterward, share an inspiring lunch at Sheroes Café, a G Adventures supported project operated by acid attack survivors. Listen to their powerful stories of resilience and community empowerment before enjoying a free afternoon. Gather back at the hotel in the evening for a specially prepared dinner celebrating northern Indian culinary heritage.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

ITC Mughal (or similar) Hotel



TODAY'S ACTIVITIES

Taj Mahal Sunrise

Āgra

Visit one of the Seven Wonders of the World, the Taj Mahal. Choose between an early sunrise visit or a tour after breakfast as you explore India's most famous landmark and an icon of Mughal architecture. Built by Emperor Shah Jahan as a testament to his love for his wife, Mumtaz Mahal, this stunning white marble masterpiece draws visitors from all over the world.

Agra Fort Guided Tour

Āgra

1h-3h

Enjoy a guided tour of this palatial Mughal fort made of red sandstone and white marble. One of the most important battles of the Indian rebellion of 1857 happened at this fort, which caused the end of the British East India Company's rule in India.

ACTIVITY

Visit Sheroes' Hangout, a cafe that supports acid attack survivors. Through employment at the cafe, Sheroes helps these women support their families, raise their children and support them on a journey of self love.

Free Time

Āgra

Enjoy the rest of the day at leisure to shop, explore additional sights, or simply relax at the hotel.

Day 5

ĀGRA/VARANASI

Board the Vande Bharat Express train, settling into the spacious Executive Car where dedicated staff cater to your comfort. Watch the North Indian plains blur past as you speed toward Varanasi, one of the world's oldest continuously inhabited cities. After checking into your hotel, step onto the stone ghats as the air thickens with incense. Board a private boat along the sacred Ganges for a special Banaras Gharana classical music performance, immersing yourself in a revered Hindustani lineage. As darkness falls, witness the hypnotic fire, chanting, and bells of the Ganga Aarti ceremony from the water before dining at the heritage Brijrama Palace.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Taj Ganges (or similar) Heritage Hotel



TODAY'S ACTIVITIES

Train

Āgra – Varanasi

7h-7h

Board the Vande Bharat Express for an early morning departure to Varanasi, with a breakfast to go provided before boarding. Travel in the comfort of the Executive Chair Car, enjoying onboard tea, coffee, and lunch as the landscapes of northern India unfold outside your window en route to the country's spiritual capital and one of its most sacred destinations.

Auto Rickshaw

Varanasi

15m-30m

Journey by e-rickshaw to Dashashwamedh Ghat, where centuries of ritual and daily life unfold along the Ganges.

Ganges Music and Aarti

Varanasi

Board a private boat for a Banaras Gharana musical performance with local musicians. Watch the evening Aarti ceremony from the boat before continuing to dinner.

Auto Rickshaw

Varanasi

15m-30m

Continue by e-rickshaw through Varanasi's bustling streets back to your hotel.

Watch the morning mist lift during a sunrise boat ride on the Holy River Ganges, observing pilgrims performing centuries-old prayers along the water's edge. After, set out on a walking tour through Varanasi's labyrinth of ancient, narrow lanes, where hidden shrines and local market stalls come to life, before returning to the hotel for a late breakfast. Later, travel to the peaceful ruins of Sarnath, the cradle of Buddhism where Gautama Buddha delivered his first sermon. Explore the soaring ancient stupas, monolithic columns, and the onsite archaeological museum. Enjoy some time later to explore Varanasi's spiritual energy at your own pace before dinner.



Meals included

Breakfast | Dinner



ACCOMMODATION

Taj Ganges (or similar) Heritage Hotel



TODAY'S ACTIVITIES

Auto Rickshaw

Varanasi

15m-30m

Travel by e-rickshaw back to Dashashwamedh Ghat, Varanasi's most iconic riverside gathering place.

Ganges Sunrise & Varanasi Walk

Varanasi

Enjoy a sunrise boat journey along the sacred River Ganges, followed by a walking exploration of the historic old city of Varanasi.

Auto Rickshaw

Varanasi

15m-30m

Return to your hotel by e-rickshaw for breakfast.

Guided Tour of Sarnath

Varanasi

Embark on a guided excursion to Sarnath, one of the world's most sacred Buddhist sites and the place where Lord Buddha delivered his first sermon. Explore ancient monastery ruins, the Dhamek Stupa, the sacred Maha Bodhi Tree, and the Sarnath Museum, along with international temples built by Sri Lanka, Thailand, and Japan. The visit also includes the towering 80-foot Thai Buddha statue, the tallest standing Buddha in Sarnath.

Fly from the sacred banks of Varanasi to Delhi, marking your arrival in the capital for the final chapter of the trip. After checking into your hotel and freshening up, dive into the city's layered history with a private heritage walk through the verdant Mehrauli Archaeological Park. Led by a senior member of the Indian National Trust for Art and Cultural Heritage (INTACH), you will weave past centuries-old tombs and stepwells, learning about critical conservation efforts and local legends. The afternoon concludes with a high tea discussion at a local café, where you can engage with your host over refined pastries and Indian teas.



Meals included

Breakfast | Lunch



ACCOMMODATION

The Imperial, New Delhi (or similar) **Hotel**

Inaugurated in 1936, The Imperial, New Delhi is a grand heritage estate blending Victorian and Art Deco architecture. Nestled behind a majestic, palm-lined entrance in the heart of the capital, its corridors once hosted landmark historical talks between Mahatma Gandhi and Jawaharlal Nehru. Guests can immerse themselves in old-world glamour while exploring museum-worthy art, strolling through manicured gardens, or unwinding at the award-winning spa.



TODAY'S ACTIVITIES

Plane

Lal Bahadur Shastri Airport – Indira Gandhi International Airport

1h15m-1h15m

Board a short flight from Varanasi to Delhi, tracing a route that connects two of India's most storied cities.

ACTIVITY

Step into the quiet history of Mehrauli Archaeological Park, where centuries of Delhi's forgotten dynasties lie among ancient ruins and lush greenery. Explore with a senior member from the Indian National Trust for Art and Cultural Heritage (INTACH), uncovering stepwells, crumbling palaces, and intricately carved tombs while hearing the stories of sultans and emperors. Afterwards, gather for high tea at a local café, where chai and regional treats accompany a thoughtful discussion of the day's historical insights.

Explore the bustling streets of Old Delhi on a walking tour hosted by the Salaam Baalak Trust. Along the way, gain a deeper understanding of the neighborhood and the organization's meaningful work empowering former street youth. Next, climb into an upgraded rickshaw for a thrilling ride through the historic, bustling market lanes of Chandni Chowk, passing historic bazaars and sweetshops. Indulge in a curated tasting menu featuring refined Indian cuisine inside a beautifully restored Mughal-era mansion. In the evening, join your Expedition Leader, Expedition Expert and fellow travellers to reflect on the highlights of your trip before celebrating with a grand farewell dinner.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

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TODAY'S ACTIVITIES

ACTIVITY

Explore Old Delhi on a Salaam City Walk with the Salaam Baalak Trust, led by former street children who share their personal stories and a unique perspective on the city's resilience.

Auto Rickshaw

Delhi

30m-30m

Enjoy an upgraded rickshaw ride through Chandni Chowk, one of Old Delhi's oldest and most iconic markets.

Take in the sights and sounds of Delhi over a final breakfast at your hotel, reflecting on the transitions from the palaces of Rajasthan to the spiritual devotion of the Ganges. Transfers are provided to the airport at any time during the day.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure day **Delhi – Indira Gandhi International Airport**

Individual airport transfers will be provided for your onward journey.

What's included

- Your G for Good Moment: Women-led Rickshaw Tour, Jaipur
- Your G for Good Moment: Sheroes Cafe Visit, Āgra
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- Porterage at hotels and when getting on and off of vehicles

What are the main highlights of this trip?

Explore City Palace after hours, gaining access to private chambers before dinner, Witness the sunrise over the Taj Mahal, followed by a guided tour of Agra Fort, Board a private boat for a classical performance before witnessing the sacred Ganga Aarti, Walk Mehrauli Archaeological Park with an INTACH scholar before a private high tea talk, Discover Jaipur's vibrant streets on a tour driven by the women of a local social enterprise

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

This compiled itinerary represents our thoughtfully designed plan, provided in good faith and correct at the time of publication. However, to ensure we deliver the most rewarding experience possible, our itineraries remain dynamic; we continuously refine our routes based on research, field insights, and guest feedback, meaning details may evolve between the release of our annual directory and your departure. Flexibility is a cornerstone of our travel philosophy, and while we intend to follow the path described, the nature of exploring unpredictable environments means alterations may occur, and any mention of specific destinations or wildlife encounters cannot be guaranteed. We invite you to view these travel times and details as an approximate guide rather than a strict contract, and we kindly ask that you review a final copy of your Trip Details a few days prior to departure to ensure you have the most current information for your upcoming expedition.

What is the role of the group leader during this trip?

Every National Geographic Signature departure is accompanied throughout by a dedicated National Geographic Expedition Leader, whose purpose is to ensure a seamless experience so you can fully immerse yourself in the destination. Your Expedition Leader offers deep insight into the landscapes you traverse, suggests enriching independent activities, recommends exceptional local dining venues, and connects you with our community friends along the way. Rather than acting as conventional guides, they possess a broad, sophisticated understanding of the historical, cultural, religious, and social tapestry of the region. To offer the ultimate perspective, we complement their expertise with specialist local guides whose deep regional knowledge adds profound depth to specific sites—delivering a masterfully balanced exploration.

What is the maximum and typical number of participants on this tour?

Max 22

What meals are included in this trip?

8 breakfasts, 6 lunches, 7 dinners

What are the modes of transportation on my trip?

Private Vehicle, Walking, Jeep, Train, Plane, E-Rickshaw, Boat.

Are local flights included in the cost of the trip?

Please be aware that flight delays can occur. Your Expedition Leader may need to make adjustments to your itinerary in case of flight schedule changes.

Please be advised that any flights noted on the G Adventures Itinerary for this tour are included in the tour services provided. Flight tickets are provided by G Adventures during the tour. The date for this service will match the day of the itinerary, for which Day 1 is equal to the start date noted on the Invoice under Land Services: Tour. If flight information is required in advance for visa purposes, please contact G Adventures.

Is there an extra cost for travelling solo?

Yes, for those travelling solo there is a single supplement.

Where will we stay during the trip?

Hotels (8 nts)

What are the joining instructions?

To review the specific details of your starting property, please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

A seamless arrival transfer is included for guests landing on the first day of the itinerary, or up to three days prior if your pre-trip accommodations were arranged directly through G Adventures at our starting property. To maintain the exceptional quality and continuity of your experience, all scheduled services must run consecutively.

Upon arriving at the starting property, where check-in begins typically by 3:00PM, please look for a dedicated notice from your National Geographic Expedition Leader at the reception desk. This message will outline the specific details for our evening welcome reception and meeting—typically held between 5:00 p.m. and 7:00 p.m.—where you will gather with your Expedition Leader, Expedition Expert, and fellow travellers to look ahead at the days to come. Should you arrive later in the evening and miss this initial gathering, your Expedition Leader will leave a comprehensive briefing note for you at reception detailing the next morning's schedule.

Please note that the joining day of the itinerary can vary, please refer to your specific itinerary for further details.

What should I do if I can't find my airport transfer or experience arrival issues?

While we anticipate a seamless arrival, your peace of mind is our utmost priority. Should any unforeseen circumstances prevent you from beginning your expedition as scheduled, please refer to the essential emergency contact details provided in your documentation and contact us as soon as possible.

Upon landing, if you do not connect with our representative within 30 minutes of clearing customs and immigration, we recommend making your own way to the starting point property by following the Joining Instructions. Rest assured, you may submit a request to your travel professional upon your return to secure a refund for any transport costs incurred during this time.

Who do I contact for arrival issues or in the event of an emergency?

Should you require urgent assistance during your travels, your first point of contact should be our local representative or regional office. If your call is not answered immediately, please leave a detailed message with your contact information so our team can return your call and assist you as quickly as possible. The numbers can be found below.

G Adventures South Asia Manager, Sorab (New Delhi, India)

From outside of India: +91 88518 06614

From within India: 88518 06614

In addition, a dedicated toll-free line is available for guests within North America, connecting you directly to our global operations team during regular business hours. For support outside of standard hours, an emergency mobile line is actively monitored day and night to ensure you are never out of reach. In the rare event that your call is not answered immediately, please leave a detailed message along with your contact information so our team can return your call and assist you as swiftly as possible.

Toll-free (North America only): 1-800-465-5600

From the United Kingdom: 0870 080 1756

International (Outside North America and the UK): +1 416 260 0999

Emergency Mobile: (416) 305-6139

Your included arrival transfer has been meticulously arranged based on the flight details you provided. If you experience a flight schedule change or cancellation within 48 hours of your scheduled arrival, please contact our emergency number immediately with your updated details. Prompt notification ensures we can adjust your transfer; otherwise, you will need to arrange your own transportation to the starting property. Upon arrival, if your transfer representative does not connect with you within 30 minutes of exiting the arrivals area, please take a local taxi directly to the starting property.

What details should I be aware of when planning my departure day?

You will be met at your hotel property and transferred to the airport for your onward travels at the end of your expedition. Please refer to your individual itinerary for more details.

What are the packing guidelines and luggage restrictions?

When deciding what to pack, considerations will vary based on your specific itinerary, the regions you are visiting, and the season in which you are travelling. Generally speaking, we recommend packing thoughtfully and keeping your luggage to one checked bag at a manageable weight to facilitate seamless transitions throughout your expedition.

In addition to your primary luggage, you will also require a small day pack or shoulder bag. This smaller bag is essential for keeping your camera, water, and personal items close at hand during day walks, excursions, and daily explorations.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Train Travel (Optional):

- Slip-on shoes
- Travel cutlery
- Small container with lid
- Travel or camp cup

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

Securing the necessary visas and travel documentation is an essential step in preparing for your upcoming expedition, and remains the responsibility of each individual traveller. Entry requirements fluctuate depending on your nationality and destination; while we strive to provide the most current information, immigration regulations change frequently. We strongly advise verifying all entry protocols directly with the relevant embassy or consulate well in advance of your departure. Please also ensure your passport remains valid for at least six months beyond your scheduled departure date from the country.

For tailored details specific to your nationality and destination, please consult our dedicated pre-departure resource page at

[here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

While personal spending habits naturally vary, we recommend factoring in your individual preferences for shopping, tipping, and beverages to ensure a seamless experience. In addition to these day-to-day comforts, we kindly ask that you maintain access to a minimum of USD \$200 (or its equivalent) as a dedicated emergency fund; though exceptionally rare, unpredictable circumstances such as changing weather patterns or natural events may occasionally necessitate a shift from our planned route, and this reserve ensures we can navigate any path ahead with peace of mind.

What emergency funds do I need access to on this trip?

While personal spending habits naturally vary, we recommend factoring in your individual preferences for shopping, tipping, and beverages to ensure a seamless experience. In addition to these day-to-day comforts, we kindly ask that you maintain access to a minimum of USD \$200 (or its equivalent) as a dedicated emergency fund; though exceptionally rare, unpredictable circumstances such as changing weather patterns or natural events may occasionally necessitate a shift from our planned route, and this reserve ensures we can navigate any path ahead with peace of mind.

What are the tipping guidelines for this trip?

To ensure a seamless and elevated experience throughout your National Geographic Signature departure, gratuities have been fully taken care of for all included meals, activities, and luggage portage.

On our National Geographic Signature tours, tipping is included for all included activities and meals, and portage. Tipping is not included for the Expedition Leader. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your National Geographic Signature Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline would be \$10-\$15 per person per day. Tipping is neither required nor expected for your National Geographic Expedition Expert.

For the independent moments on your itinerary, it is appropriate in Asia to tip 10%. Though not compulsory, tipping is expected. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels and shows an expression of satisfaction.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note that health requirements and recommended inoculations vary by destination. To ensure your well-being, it is your responsibility to consult with a specialized travel physician for up-to-date medical guidance well before departure.

We highly recommend carrying a personal first aid kit, hand sanitizer, and any essential prescription medications. Because our itineraries frequently trace paths through remote regions far from advanced medical facilities, legal regulations prohibit our National Geographic Expedition Leaders from administering any medication, including standard over-the-counter pain relievers. While local pharmacies along our route may stock familiar remedies, they are often produced under regional names, so we advise bringing the generic chemical name of any critical prescription. Before finalising your plans, please carefully review the itinerary and physical requirements to ensure your personal fitness aligns with our style of exploration. To safeguard the well-being of the group, we reserve the right to excuse any traveller from all or part of an itinerary if, in the professional judgment of our Expedition Leader, continuing would pose an undue risk to themselves or their fellow travellers.

What general safety tips and free-time guidelines should I follow?

To ensure your well-being and security throughout our explorations, we recommend consulting your home government's regularly updated international travel advisories prior to departure. For peace of mind while on the move, we strongly advise using a concealed neck wallet or money belt to secure your passport, travel documentation, and currency. We suggest leaving exceptional jewelry at home, as it is unnecessary for our style of travel; instead, make use of the safety deposit boxes available at most of our accommodations. Securing your luggage with a reliable lock is also highly recommended.

When travelling on a departure, your National Geographic Expedition Leader maintains the authority to modify or adapt any portion of the itinerary should environmental conditions or safety considerations require it. Your Expedition Leader accompanies the group on all scheduled activities, but you will also enjoy unstructured time to pursue personal interests, relax, or discover locales at your leisure. While your leader is delighted to suggest local options for these independent periods, please note that these optional choices do not form part of our curated itinerary, and we make no representations regarding their operating standards; we encourage you to exercise your own discerning judgment.

While the destinations we visit are welcoming during the daytime, navigating urban environments at night requires mindfulness. We recommend exploring in small groups and utilizing local taxis when dining out or moving about after dark. Furthermore, should you encounter public demonstrations or political gatherings, please prioritize your safety by leaving the vicinity immediately rather than remaining for photographs, as these situations can evolve rapidly.

Water-based experiences carry inherent risks. To ensure your protection, we recommend participating in aquatic activities only when accompanied by professional guides. Our commitment to safety means that our Expedition Leaders are strictly prohibited from facilitating unguided water activities on your behalf. Please note that swimming and snorkelling are always undertaken at your own risk. For further insights on enhancing your personal safety during your voyage, please visit www.gadventures.com/travel-resources/safety/

Are there any specific safety considerations for this itinerary?

For peace of mind while on the move, we strongly advise using a concealed neck wallet or money belt to secure your passport, travel documentation, and currency. We suggest leaving exceptional jewelry at home, as it is unnecessary for our style of travel; instead, make use of the safety deposit boxes available at most of our accommodations. Securing your luggage with a reliable lock is also highly recommended.

What are the mandatory group rules regarding laws and behaviour?

Our philosophy of travel is rooted in deep respect for the people, cultures, and lands we encounter. To ensure the safety of our travellers, staff, and the communities that welcome us, the possession or use of illegal drugs is strictly prohibited on all departures. While certain substances may be woven into local traditions in some regions, they are not permitted within our groups. Furthermore, any form of exploitation, including the solicitation of sex workers, directly contradicts our values. To protect the integrity of the experience and the well-being of the group, our National Geographic Expedition Leader retains the right to remove any traveller who violates these standards.

What are the mandatory travel insurance requirements for this trip?

Comprehensive travel insurance is a mandatory prerequisite for participation in all our departures. To safeguard your well-being, your National Geographic Expedition Leader will kindly request to verify your physical policy details before you may officially join your fellow travellers.

When choosing your coverage, please ensure your policy includes full medical protection, featuring a strict minimum requirement of \$200,000 USD for emergency rescue and medical repatriation. For complete peace of mind while exploring, we also strongly advise securing comprehensive coverage for personal liability, trip cancellation or curtailment, and the loss of luggage and personal belongings. If you intend to rely on insurance provided through your credit card, you must supply formal proof of purchase—such as a credit card statement or receipt in your name—along with explicit confirmation from your banking institution regarding the participating insurer, exact policy limits, and their dedicated 24-hour emergency contact number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

Upon your return, we invite you to share your insights with us. Your valued feedback shapes the future of our itineraries and ensures we continue to deliver meaningful experiences. As a token of our appreciation for your time, we are pleased to offer a 5% savings (up to a maximum of \$100 USD) toward your next expedition with us. Simply submit your evaluation within four weeks of completing your travels to unlock this benefit and join our global community of returning travellers.

*This offer is valid for new bookings only, limited to one per person, and cannot be combined with other promotions or applied to independent itineraries. Maximum value of \$100 USD (or local currency equivalent). This program may be amended or withdrawn at any time.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.