

EXPEDITIONS



SIGNATURE: THE LEGACY OF WWII IN LONDON & NORMANDY

9 days, London to Paris

Trip code EULFNS

WHAT'S INCLUDED

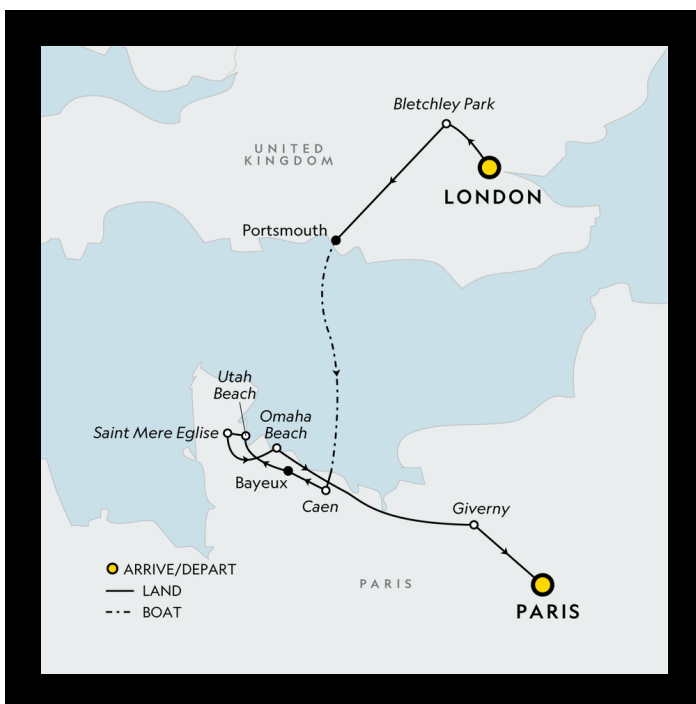
- Your G for Good Moment: Westminster Area Walking Tour, London
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, London
- Signature Moment: Churchill War Rooms, London
- Signature Moment: D-Day Museum Visit and Discussion with the Curator, Portsmouth
- Arrival and Departure Transfers
- Westminster Area Walking Tour
- London Coach City Tour
- St Paul's Cathedral Entrance
- Expedition Leader Walk to Borough Market
- HMS Belfast Tour
- Bletchley Park Guided Tour with Enigma Machine
- Pegasus Bridge Visit
- Expedition Leader Led Walk of Sword Beach
- Expedition Leader-Led Walk of Sainte-Mère-Église
- Self Guided Airborne Museum Visit
- La Fière Bridge Photo Stop
- Tour of Utah Beach
- Major Richard Winters Memorial Photo Stop
- US Army Truck Transfer
- Bunker du Poste de Direction de Tir Tour
- Omaha Beach Excursion
- American Military Cemetery in Colleville-sur-Mer Visit
- D-Day House Visit
- Guided Tour of Paris' Passageways
- Sightseeing Coach Trip to Président Wilson Market
- Eiffel Tower Visit
- Engaging Discussions with the National Geographic Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing October 28th, 2025 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

LONDON

Welcome to London. Your expedition begins upon arrival to the Heathrow Airport, where you will be met and transferred to your hotel. In the evening, meet your National Geographic Expedition Leader and be immediately immersed in wartime history at the Churchill War Rooms, a fortified bunker deep underneath Whitehall from which Winston Churchill directed the British war effort. Wander through the historic rooms and the adjacent Churchill Museum, examining maps and items from Churchill's life. Your tour is guided by a former IWM Operations Director, providing deep context to the war. Continue with a welcome reception and dinner inside one of the museum's unique spaces.



Meals included

Dinner



ACCOMMODATION

Conrad London St. James (or similar) **Hotel**

The Conrad London St. James is a sophisticated, five-star retreat set within the historic Queen Anne's Chambers, ideally located steps from Buckingham Palace and Westminster Abbey. The hotel features 256 stylish rooms and a striking contemporary art collection. Guests can enjoy fine British dining at The Pem or botanical cocktails at The Hedgerow. The Orchard Room serves a royal afternoon tea with free-flowing Bollinger Champagne, while the Blue Boar Pub hosts live music and traditional Sunday roasts.



TODAY'S ACTIVITIES

Arrival Transfer

London Heathrow Airport - London

54m-1h

29km

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group. There will be an included group welcome dinner after the meeting.

ACTIVITY

Enjoy an exclusive evening at the Churchill War Rooms, featuring a private tour and lecture led by a former director or military historian within the underground nerve center of Britain's wartime

government. The experience concludes with a sophisticated 1940s-themed dinner in the historic Harmsworth Room, complete with English sparkling wine, period memorabilia, and a curated three-course menu.

Day 2

LONDON

Set out on a powerful walking tour curated and led by professional guides previously affected by homelessness. This experience provides intimate, human insight into the resilience and challenges of London life. Next, board your coach for a panoramic tour of London's WWII highlights, viewing Buckingham Palace and Westminster Abbey. Visit inside St Paul's Cathedral, a symbol of London's defiance during the Blitz. After free time for lunch near Borough Market, explore the decks of the HMS Belfast, a crucial survivor of the Imperial War Museum fleet, gaining firsthand insight into naval warfare. Enjoy a free evening to explore London on your own.



Meals included

Breakfast



ACCOMMODATION

Conrad London St. James (or similar) Hotel

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TODAY'S ACTIVITIES

ACTIVITY

Explore world-famous landmarks like Westminster Bridge while learning about the trailblazing women who shaped British history, and hearing a powerful firsthand account of homelessness that challenges how we think about the city's public spaces.

London City Tour London 2h

Enjoy a curated journey through the heart of the capital, passing luxury icons like Harrods before pausing for photos at legendary landmarks including Big Ben, Westminster Abbey, and Trafalgar Square. The experience culminates with a grand visit to Buckingham Palace, the official London residence of His Majesty the King.

St. Paul's Cathedral London 30m

Step inside this world-famous landmark to admire the stunning architecture and grand interior of Sir Christopher Wren's masterpiece.

Walking St Paul's Cathedral - Borough Market 30m 2km

Join your Expedition Leader on a walk to Borough Market.

Imperial War Museum - HMS Belfast Tour London 1h30m

Led by a knowledgeable guide, this tour explores the historic decks and specialized compartments of HMS Belfast. You will learn about the ship's significant naval history and see how the crew lived and worked during its years of active service.

Free Time London

After a day of exploring on foot, enjoy a relaxed evening at your own pace to experience London's world-class dining or the vibrant energy of the West End. Whether you choose a quiet riverside stroll or a cozy corner in a historic pub, the night is yours to soak in the city's charm.

Day 3

LONDON/PORTSMOUTH

Depart London for the countryside and be immersed in a world of intrigue and espionage at Bletchley Park. Discover the untold story behind the Enigma code breakers, who successfully deciphered the encryption used by German forces – a crucial insight into the pivot of the war. Lunch is at your leisure at the Canteen. Afterwards, travel to Portsmouth to visit the D-Day Story Museum. Your experience includes a private discussion with the museum curator, gaining unparalleled, personal insight into the invasion history and artifacts before touring the exhibits.



Meals included

Breakfast | Dinner



ACCOMMODATION

Hilton Southampton - Utilita Bowl (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle **London - Bletchley Park** 2h 85km

Settle in and scan the scenery from the convenience of a private vehicle.

Bletchley Park Guided Tour **Bletchley Park** 45m 1km

Step back in time with a local expert as you tour the once-secret rooms where codebreakers worked to shorten the Second World War. You will explore the historic huts and blocks where the world's first computers were born and see an original Enigma machine up close.

Private Vehicle **Bletchley Park - Portsmouth** 2h30m 178km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Gain a unique perspective on the Normandy landings with a private discussion with the museum curator, followed by a guided tour of the museum. This experience combines expert historical context to accompany the fascinating artifacts and exhibits.

Private Vehicle **Portsmouth - Southampton** 30m 20km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

PORTSMOUTH/BAYEUX

Today, you cross the English Channel by ferry to Caen, tracing the route of the invasion forces. Your exploration of Normandy begins at the Pegasus Memorial Bridge, dedicated to the 6th British Airborne Division, who executed the famous coup de main raid. Walk the poignant sands of Sword Beach, one of the five critical landing points for the Allied invasion, reflecting on the scale of the operation and the thousands of soldiers who arrived here. You'll then transfer to your hotel in Bayeux, a town steeped in history.



Meals included

Breakfast | Dinner



ACCOMMODATION

Château de Sully (or similar) Hotel



TODAY'S ACTIVITIES

Pegasus Bridge Bénouville 30m

Visit the iconic Pegasus Bridge for a photo opportunity at the very location where the Allied liberation of France began. It is a perfect moment to capture images of this world-famous landmark and its dedicated war memorials.

Sword Beach Walk Sword Beach 45m 1km

Walk the historic length of Sword Beach under the guidance of your expedition leader, who will bring the events of June 6th to life.

Ferry Portsmouth - Caen 6h 200km

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle Bénouville - Sword Beach 30m 13km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle Sword Beach - Bayeux 45m 45km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

BAYEUX

Continue your exploration of Normandy and WWII history with the airborne assault. You'll visit the village of Sainte-Mère-Église, where paratroopers dropped amid gunfire on the night of June 5th. See the church steeple where one paratrooper was famously entangled. Continue to Utah Beach, one of the American landing sites, and visit its museum. Your tour traces the path of resilience: Visit Sainte-Marie-du-Mont, one of the first liberated villages, and see the memorial for Easy Company. Head to La Fièvre Bridge, site of an important battle led by the 82nd Airborne Division. Afterwards, venture into the field where Easy Company Commander Thomas Meehan and his crew perished when their 47 crashed under enemy fire – a powerful connection to the history that was dramatically recounted in Stephen E. Ambrose's book *Band of Brothers*.



Meals included

Breakfast | Lunch



ACCOMMODATION

Château de Sully (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Bayeux - Sainte-Mère-Église

45m

59km

Settle in and scan the scenery from the convenience of a private vehicle.

Sainte-Mère-Église Village Walk

Sainte-Mère-Église

30m

1km

Join your Expedition Leader for a walk through Sainte-Mère-Église, the first French town liberated by American paratroopers during the D-Day landings.

Airbon Museum Visit

Sainte-Mère-Église

30m

Enjoy a self-guided visit to the Airborne Museum, exploring the history of the American paratroopers through an extensive collection of WWII artifacts. This visit offers the opportunity to see original gliders and transport planes used during the liberation of Sainte-Mère-Église.

La Fièvre Bridge

Sainte-Mère-Église

15m

Stop at the historic La Fièvre Bridge, a critical site where paratroopers of the 82nd Airborne fought a legendary three-day battle to secure the Merderet River crossing. The site features the "Iron Mike" statue and offers a clear view of the flooded marshes that defined this pivotal D-Day objective.

Utah Beach **Utah Beach** 45m

Join an expert expedition leader for an exploration of Utah Beach and its historic landmarks. Gain insight into the D-Day landings as your leader breaks down key events that took place across this storied coastline.

Major Richard Winters Memorial **Sainte-Marie-du-Mont** 15m

Take a photo stop at the Major Richard Winters Leadership Memorial, a 12-foot bronze statue of the "Band of Brothers" commander charging toward Brécourt Manor. This monument serves as a powerful tribute to the courage and leadership of all junior officers who spearheaded the D-Day landings.

Free Time **Bayeux**

Return to your hotel and enjoy a free evening in Bayeux to fill however you wish.

Day 6

BAYEUX

The day begins by boarding US Army trucks for the drive to the German artillery battery at Longues-sur-Mer. Then, visit the dramatic Pointe du Hoc, where US Rangers used hooks and ropes to scale 30-metre-high (100ft) cliffs – walk along pathways still cratered by mortar blasts, viewing the concrete bunkers. Wander the poignant sands of Omaha Beach, site of the bloodiest fighting during the invasion. A guide uses wartime pictures to bring the operation to life. You'll pause for a minute of reflection on the sand. Conclude your tour at the serene American Military Cemetery in Colleville-sur-Mer, taking in the moving sight of row upon row of small white grave markers.



Meals included

Breakfast | Lunch



ACCOMMODATION

Château de Sully (or similar) Hotel



TODAY'S ACTIVITIES

4x4

Bayeux – Longues-sur-Mer

15m-30m

10km

Board authentic, period-correct US Army trucks for a scenic drive to the historic coastal battery at Longues-sur-Mer.

Bunker du Poste de Direction de Tir Walk

Longues-sur-Mer

45m

1km

Join your Expedition Leader for a walk to the Bunker du Poste de Direction de Tir, where you will explore the strategic remnants of coastal defense history. This excursion includes the rare opportunity to go inside the bunker's reinforced chambers to examine its original layout and learn about its role in maritime surveillance.

Private Vehicle

Longues-sur-Mer – Pointe du Hoc

45m

34km

Settle in and scan the scenery from the convenience of a private vehicle.

Pointe du Hoc Walk

Pointe du Hoc

30m

1km

Join your Expedition Leader for a guided walk along the rugged cliffs of Pointe du Hoc to view the historic bunkers and craters left by the daring Ranger assault. This excursion offers a powerful perspective on the battlefield's dramatic terrain and the strategic fortifications that once overlooked the English Channel.

Omaha Beach

Omaha Beach

1h30m

4km

Walk through the "Dog Red" and "Easy Red" sectors of Omaha Beach on a guided journey that traces the intense struggle for the Vierville Draw and the German fortifications of the Atlantic Wall. This commemorative experience incorporates historical artifacts and archival imagery, concluding with a poignant tribute as a remembrance cross is placed in the sand followed by a moment of silence.

American Military Cemetery

Colleville-sur-Mer

2h

2km

Pay your respects at the Normandy American Cemetery in Colleville-sur-Mer, a hallowed site overlooking the English Channel where 9,387 white marble headstones stand in silent tribute to the fallen. Stroll through the impeccably maintained grounds, pausing at the memorial colonnade and the reflecting pool to honor the immense sacrifice made on the nearby shores of Omaha Beach.

Bayeux War Cemetery

Bayeux

30m

Visit the Bayeux War Cemetery, the largest British military cemetery of World War II in France, to pay your respects at this beautifully maintained memorial to the Commonwealth forces.

Private Vehicle

Colleville-sur-Mer - Bayeux

30m

28km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7

BAYEUX/PARIS

Depart Bayeux in the morning bound for the village of Giverny. Visit the sanctuary of artist Claude Monet, restored in the late 1970s, where the pink rendered house and the flower and water gardens are perfectly preserved, immersing visitors in the artist and gardener's world. Afterwards, continue to Paris. Join your National Geographic Expedition Leader for an optional discovery walk, providing an initial orientation of the French capital before enjoying the rest of the day at leisure.



Meals included

Breakfast | Lunch



ACCOMMODATION

Le Grand Hôtel Cayré (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Bayeux - Giverny 2h 210km

Settle in and scan the scenery from the convenience of a private vehicle.

Monet Gardens Giverny 2h-2h30m

Stroll to the historic home of Claude Monet for a delightful afternoon in Giverny, beginning with a leisurely lunch just steps from the artist's front gate. Following your meal, enjoy a self-guided exploration of the vibrant house and its world-famous gardens, including the tranquil Water Garden where you can cross the iconic Japanese bridge and see the lilies that inspired Monet's greatest masterpieces.

Private Vehicle Giverny - Paris 1h30m 72km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time Paris

Settle in however you wish this evening; perhaps join your Expedition Leader on a walk to the Louvre.

Day 8

PARIS

Discover another side of Paris on a guided journey into a 'city within a city', exploring historic, glass-roofed passageways filled with 19th-century charm. A local guide highlights this captivating, intimate glimpse into Parisian life. Next, travel to the upscale Marché du Président Wilson, a bustling Saturday market known for fresh seafood, pastries, and cheese. Enjoy a walking exploration of the market, followed by free time for lunch on your own near the Eiffel Tower area. The day concludes with a special farewell dinner, celebrating the end of your journey from resistance to liberation.



Meals included

Breakfast | Dinner



ACCOMMODATION

Le Grand Hôtel Cayré (or similar) Hotel



TODAY'S ACTIVITIES

Guided Walk of Covered Passageways Paris 1h30m 2km

Join a local guide to explore the enchanting 19th-century "covered passages" of Paris, beginning with the elegant mosaics of Galerie Vivienne and the bustling Passage Choiseul. Your walk continues through the historic Passage des Panoramas and Passage Jouffroy, concluding at Passage Verdeau to discover a hidden world of antique shops, boutiques, and glass-roofed charm.

Sightseeing Drive to Président Wilson Market Paris 3h

Board a private coach for a panoramic drive past iconic landmarks like the Arc de Triomphe and Notre Dame on your way to the vibrant Marché Président Wilson. Upon arrival, join your Expedition Leader for a guided exploration of one of Paris's premier open-air markets, where you'll have free time to sample local delicacies and enjoy lunch on your own.

Free Time Paris

Spend the afternoon however you wish. Perhaps join your Expedition Leader on a walk through the Eiffel Tower area or explore some of the many cafes, museums, or iconic sites.

Eiffel Tower Visit Paris 2h-4h

Visit the most famous landmark in France, the Eiffel Tower. Opt to climb the stairs or take an elevator to the top for a stunning view over the city. Hang out at dusk and watch the tower light up.

Day 9

PARIS

Your expedition concludes today. Transfers are provided to the airport at any time during the day.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Transfer Paris

You will be met at your hotel and transferred to the airport at the end of your adventure.

What's included

- Your G for Good Moment: Westminster Area Walking Tour, London
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group, London
- Signature Moment: Churchill War Rooms, London
- Signature Moment: D-Day Museum Visit and Discussion with the Curator, Portsmouth
- Arrival and Departure Transfers
- Westminster Area Walking Tour
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- Paul's Cathedral Entrance
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- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Enjoy a welcome reception and dinner at the historic Churchill War Rooms bunker beneath Whitehall, Immerse yourself in the world of wartime intrigue discovering the story behind the Enigma code breakers, Participate in a meaningful walking tour of London curated and led by people affected by homelessness, Walk the poignant sands of Omaha Beach reflecting on the bloodiest fighting of the D-Day invasion, Walk along the cratered cliffs where US Rangers scaled heights to destroy German gun positions during D-Day, Gain personal insight into the invasion history during a private discussion with the D-Day Story Museum curator.

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

This compiled itinerary represents our thoughtfully designed plan, provided in good faith and correct at the time of publication. However, to ensure we deliver the most rewarding experience possible, our itineraries remain dynamic; we continuously refine our routes based on research, field insights, and guest feedback, meaning details may evolve between the release of our annual directory and your departure. Flexibility is a cornerstone of our travel philosophy, and while we intend to follow the path described, the nature of exploring unpredictable environments means alterations may occur, and any mention of specific destinations or wildlife encounters cannot be guaranteed. We invite you to view these travel times and details as an approximate guide rather than a strict contract, and we kindly ask that you review a final copy of your Trip Details a few days prior to departure to ensure you have the most current information for your upcoming expedition.

What is the role of the group leader during this trip?

Every National Geographic Signature departure is accompanied throughout by a dedicated National Geographic Expedition Leader, whose purpose is to ensure a seamless experience so you can fully immerse yourself in the destination. Your Expedition Leader offers deep insight into the landscapes you traverse, suggests enriching independent activities, recommends exceptional local dining venues, and connects you with our community friends along the way. Rather than acting as conventional guides, they possess a broad, sophisticated understanding of the historical, cultural, religious, and social tapestry of the region. To offer the ultimate perspective, we complement their expertise with specialist local guides whose deep regional knowledge adds profound depth to specific sites—delivering a masterfully balanced exploration.

How large will the group be?

Max 22.

What meals are included in this trip?

8 breakfasts, 3 lunches, 4 dinners

What are the modes of transportation on my trip?

Private vehicle, ferry, private army trucks, walking.

Is there an extra cost for travelling solo?

Yes, for those travelling solo there is a single supplement.

Where will we stay during the trip?

Hotels (8 nts).

What are the joining instructions?

To review the specific details of your starting property, please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

A seamless arrival transfer is included for guests landing on the first day of the itinerary, or up to three days prior if your pre-trip accommodations were arranged directly through G Adventures at our starting property. To maintain the exceptional quality and continuity of your experience, all scheduled services must run consecutively.

Upon arriving at the starting property, where check-in begins typically by 3:00PM, please look for a dedicated notice from your National Geographic Expedition Leader at the reception desk. This message will outline the specific details for our evening welcome reception and meeting—typically held between 5:00 p.m. and 7:00 p.m.—where you will gather with your Expedition Leader, Expedition Expert, and fellow travellers to look ahead at the days to come. Should you arrive later in the evening and miss this initial gathering, your Expedition Leader will leave a comprehensive briefing note for you at reception detailing the next morning's schedule.

Please note that the joining day of the itinerary can vary, please refer to your specific itinerary for further details.

What happens if I experience problems when arriving?

While we anticipate a seamless arrival, your peace of mind is our utmost priority. Should any unforeseen circumstances prevent you from beginning your expedition as scheduled, please refer to the essential emergency contact details provided in your documentation and contact us as soon as possible.

Upon landing, if you do not connect with our representative within 30 minutes of clearing customs and immigration, we recommend making your own way to the starting point property by following the Joining Instructions. Rest assured, you may submit a request to your travel professional upon your return to secure a refund for any transport costs incurred during this time.

Who should I contact in case of an emergency?

Should you require urgent assistance during your travels, your first point of contact should be our local representative or regional office. If your call is not answered immediately, please leave a detailed message with your contact information so our team can return your call and assist you as quickly as possible. The numbers can be found below.

EMERGENCY CONTACT NUMBERS

G Adventures Berlin office: +441858378000

In addition, a dedicated toll-free line is available for guests within North America, connecting you directly to our global operations team during regular business hours. For support outside of standard hours, an emergency mobile line is actively monitored day and night to ensure you are never out of reach. In the rare event that your call is not answered immediately, please leave a detailed message along with your contact information so our team can return your call and assist you as swiftly as possible.

Toll-free (North America only): 1-800-465-5600

From the United Kingdom: 0870 080 1756

International (Outside North America and the UK): +1 416 260 0999

Emergency Mobile: (416) 305-6139

Your included arrival transfer has been meticulously arranged based on the flight details you provided. If you experience a flight schedule change or cancellation within 48 hours of your scheduled arrival, please contact our emergency number immediately with your updated details. Prompt notification ensures we can adjust your transfer; otherwise, you will need to arrange your own transportation to the starting property. Upon arrival, if your transfer representative does not connect with you within 30 minutes of exiting the arrivals area, please take a local taxi directly to the starting property.

What information should I be aware of as the itinerary draws to a close?

You will be met at your hotel property and transferred to the airport for your onward travels at the end of your expedition. Please refer to your individual itinerary for more details.

Are there any additional packing suggestions I should consider?

When deciding what to pack, considerations will vary based on your specific itinerary, the regions you are visiting, and the season in which you are travelling. Generally speaking, we recommend packing thoughtfully and keeping your luggage to one checked bag at a manageable weight to facilitate seamless transitions throughout your expedition.

In addition to your primary luggage, you will also require a small day pack or shoulder bag. This smaller bag is essential for keeping your camera, water, and personal items close at hand during day walks, excursions, and daily explorations.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

Securing the necessary visas and travel documentation is an essential step in preparing for your upcoming expedition, and remains the responsibility of each individual traveller. Entry requirements fluctuate depending on your nationality and destination; while we strive to provide the most current information, immigration regulations change frequently. We strongly advise verifying all entry protocols directly with the relevant embassy or consulate well in advance of your departure. Please also ensure your passport remains valid for at least six months beyond your scheduled departure date from the country.

For tailored details specific to your nationality and destination, please consult our dedicated pre-departure resource page at

[here](#)

Travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected.

Further details can be found [here](#)

Last updated: January 27th 2025

As of February 2026, dual British citizens travelling to the United Kingdom should carry either a valid British passport, or a Certificate of Entitlement to the Right of Abode, held digitally through a UKVI account and linked to a foreign passport. An ETA is not an alternative option. British citizens are not eligible for ETA's, even if they are travelling on a non-UK passport.

Last updated: March 13th 2026

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

While personal spending habits naturally vary, we recommend factoring in your individual preferences for shopping, tipping, and beverages to ensure a seamless experience. In addition to these day-to-day comforts, we kindly ask that you maintain access to a minimum of USD \$200 (or its equivalent) as a dedicated emergency fund; though exceptionally rare, unpredictable circumstances such as changing weather patterns or natural events may occasionally necessitate a shift from our planned route, and this reserve ensures we can navigate any path ahead with peace of mind.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work. Check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies. Do not rely on credit or debit cards as your only source of money. A combination of Euros, Pounds, and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Should I be tipping on my trip?

To ensure a seamless and elevated experience throughout your National Geographic Signature departure, gratuities have been fully taken care of for all included meals, activities, and luggage portorage.

On our National Geographic Signature tours, tipping is included for all included activities and meals, and portorage. Tipping is not included for the Expedition Leader. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your National Geographic Signature Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline would be \$10-\$15 per person per day. Tipping is neither required nor expected for your National Geographic Expedition Expert.

For the independent moments on your itinerary, tipping is generally expected across Europe. Should you wish to reward exceptional service during independent dining or activities, a gratuity of 10% is appropriate.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note that health requirements and recommended inoculations vary by destination. To ensure your well-being, it is your responsibility to consult with a specialized travel physician for up-to-date medical guidance well before departure.

We highly recommend carrying a personal first aid kit, hand sanitizer, and any essential prescription medications. Because our itineraries frequently trace paths through remote regions far from advanced medical facilities, legal regulations prohibit our National Geographic Expedition Leaders from administering any medication, including standard over-the-counter pain relievers. While local pharmacies along our route may stock familiar remedies, they are often produced under regional names, so we advise bringing the generic chemical name of any critical prescription. Before finalising your plans, please carefully review the itinerary and physical requirements to ensure your personal fitness aligns with our style of exploration. To safeguard the well-being of the group, we reserve the right to excuse any traveller from all or part of an itinerary if, in the professional judgment of our Expedition Leader, continuing would pose an undue risk to themselves or their fellow travellers.

What do I need to know to about safety and security on my trip?

To ensure your well-being and security throughout our explorations, we recommend consulting your home government's regularly updated international travel advisories prior to departure. For peace of mind while on the move, we strongly advise using a concealed neck wallet or money belt to secure your passport, travel documentation, and currency. We suggest leaving exceptional jewelry at home, as it is unnecessary for our style of travel; instead, make use of the safety deposit boxes available at most of our accommodations. Securing your luggage with a reliable lock is also highly recommended.

When travelling on a departure, your National Geographic Expedition Leader maintains the authority to modify or adapt any portion of the itinerary should environmental conditions or safety considerations require it. Your Expedition Leader accompanies the group on all scheduled activities, but you will also enjoy unstructured time to pursue personal interests, relax, or discover locales at your leisure. While your leader is delighted to suggest local options for these independent periods, please note that these optional choices do not form part of our curated itinerary, and we make no representations regarding their operating standards; we encourage you to exercise your own discerning judgment.

While the destinations we visit are welcoming during the daytime, navigating urban environments at night requires mindfulness. We recommend exploring in small groups and utilizing local taxis when dining out or moving about after dark. Furthermore, should you encounter public demonstrations or political gatherings, please prioritize your safety by leaving the vicinity immediately rather than remaining for photographs, as these situations can evolve rapidly.

Water-based experiences carry inherent risks. To ensure your protection, we recommend participating in aquatic activities only when accompanied by professional guides. Our commitment to safety means that our Expedition Leaders are strictly prohibited from facilitating unguided water activities on your behalf. Please note that swimming and snorkelling are always undertaken at your own risk. For further insights on enhancing your personal safety during your voyage, please visit www.gadventures.com/travel-resources/safety/.

What are the trip specific safety considerations?

For peace of mind while on the move, we strongly advise using a concealed neck wallet or money belt to secure your passport, travel documentation, and currency. We suggest leaving exceptional jewelry at home, as it is unnecessary for our style of travel; instead, make use of the safety deposit boxes available at most of our accommodations. Securing your luggage with a reliable lock is also highly recommended.

What rules should I know before joining this trip?

Our philosophy of travel is rooted in deep respect for the people, cultures, and lands we encounter. To ensure the safety of our travellers, staff, and the communities that welcome us, the possession or use of illegal drugs is strictly prohibited on all departures. While certain substances may be woven into local traditions in some regions, they are not permitted within our groups. Furthermore, any form of exploitation, including the solicitation of sex workers, directly contradicts our values. To protect the integrity of the experience and the well-being of the group, our National Geographic Expedition Leader retains the right to remove any traveller who violates these standards.

Is travel insurance required for my trip?

Comprehensive travel insurance is a mandatory prerequisite for participation in all our departures. To safeguard your well-being, your National Geographic Expedition Leader will kindly request to verify your physical policy details before you may officially join your fellow travellers.

When choosing your coverage, please ensure your policy includes full medical protection, featuring a strict minimum requirement of \$200,000 USD for emergency rescue and medical repatriation. For complete peace of mind while exploring, we also strongly advise securing comprehensive coverage for personal liability, trip cancellation or curtailment, and the loss of luggage and personal belongings. If you intend to rely on insurance provided through your credit card, you must supply formal proof of purchase—such as a credit card statement or receipt in your name—along with explicit confirmation from your banking institution regarding the participating insurer, exact policy limits, and their dedicated 24-hour emergency contact number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Upon your return, we invite you to share your insights with us. Your valued feedback shapes the future of our itineraries and ensures we continue to deliver meaningful experiences. As a token of our appreciation for your time, we are pleased to offer a 5% savings (up to a maximum of \$100 USD) toward your next expedition with us. Simply submit your evaluation within four weeks of completing your travels to unlock this benefit and join our global community of returning travellers.

*This offer is valid for new bookings only, limited to one per person, and cannot be combined with other promotions or applied to independent itineraries. Maximum value of \$100 USD (or local currency equivalent). This program may be amended or withdrawn at any time.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your National Geographic Signature Specialist or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.