

EXPEDITIONS



SIGNATURE: SCOTLAND'S EDINBURGH, THE HIGHLANDS & LOCH LOMOND

8 days, Edinburgh to Glasgow

Trip code EUELNS

WHAT'S INCLUDED

- Your Welcome Moment: Meet Your Expedition Leader and Group, Edinburgh
- Signature Moment: Before-Hours Private Visit to the Royal Yacht Britannia, Edinburgh
- Your Foodie Moment: Traditional Scottish Style Lunch with Music, Inverness
- Arrival and departure transfers
- Edinburgh Castle Visit
- Social Enterprise Walking Tour, Edinburgh
- See the Falkirk Wheel
- Stirling Castle Visit
- Visit Glenturret Distillery with Tasting, Crieff
- Choice of Walk in St Andrews
- Stop for Lunch in Pitlochry
- Guided Visit of Culloden Battlefield, Inverness
- Visit of Cawdor Castle & Gardens, Inverness
- Traditional Scottish Style Lunch with Music, Inverness
- Urquhart Castle Visit, Loch Ness
- Fort William Walk and Free Time
- Glencoe Picture Stop
- Private Loch Lomond Cruise Optional Walks Around Cameron House Woods, Loch Lomond
- Engaging Discussions with the National Geographic Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing February 5th, 2026 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

EDINBURGH

Welcome to the Athens of the North. Your expedition begins in Edinburgh, where medieval spires and neoclassical grandeur dominate the skyline. You will be met at the airport and transferred to your hotel. Later, join your National Geographic Expedition Leader and National Geographic Expedition Expert for an engaging presentation that sets the stage for your time in the Highlands. As the evening light softens over the city's volcanic crags, gather with your fellow travellers for a welcome dinner, marking the start of your Scottish exploration with a feast of local flavours and warm hospitality.



Meals included

Dinner



ACCOMMODATION

The Bonham Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Arrival Transfer Edinburgh 30m-1h

Private Arrival Transfer Edinburgh Airport to hotel

ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

EDINBURGH

The day opens with a private, before-hours access to the Royal Yacht Britannia. Alongside a local guide, explore the state apartments and gleaming engine room before the doors open to the public, absorbing the details of a floating royal residence. Later, Edinburgh Castle commands the skyline on a guided tour of its ancient ramparts, where sweeping views stretch across the rooftops to the Firth of Forth. In the afternoon, the Royal Mile is explored through a different lens – an Invisible Cities tour led by a formerly unhoused guide, whose personal perspective transforms this famous street into something quietly profound. This evening enjoy dinner in the heart of the city.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

The Bonham Hotel (or similar) Hotel



TODAY'S ACTIVITIES

ACTIVITY

A before-hours visit to the Royal Yacht Britannia in Edinburgh is a rare opportunity to step into the private world of the British Royal Family before the crowds arrive. This is not just a museum tour; it is a "behind-the-velvet-rope" experience led by a resident expert who understands the intricate protocols and personal stories of the 44 years the yacht served as a floating palace.

Edinburgh Castle Visit

Edinburgh

1h-1h

A visit to Edinburgh Castle is a journey into the fortified heart of Scotland. Perched atop the volcanic Castle Rock, this "Defender of the Nation" has been a royal residence, a military garrison, and a prison over its 900-year history.

Edinburgh Invisible cities tour

Edinburgh

30m-1h

Join a "socially conscious" walking tour along the Royal Mile that refines the standard historical tour into a powerful human narrative. A local social enterprise trains individuals who have experienced homelessness to become professional guides, meaning you aren't just hearing dates and names—you are seeing the city through the eyes of someone who has lived in its shadows and now stands proudly in its light.

Day 3

EDINBURGH

History and innovation meet at the Falkirk Wheel – a one of a kind 35-metre rotating boat lift that represents the boldest chapter in Scotland's canal engineering story. Watch the massive mechanism in motion before continuing to Stirling, where the formidable castle that was once home to the young Mary, Queen of Scots, rises above the surrounding plain with quiet authority. After lunch in town, visit the Glenturret Distillery – Scotland's oldest, dating to 1763. A refined whiskey tasting offers a first taste of Highland culture before the return to Edinburgh, where the evening is yours free to discover.



Meals included

Breakfast | Lunch



ACCOMMODATION

The Bonham Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Edinburgh - Falkirk 1h-1h15m

Settle in and scan the scenery from the convenience of a private vehicle.

See the Falkirk Wheel Falkirk 30m-30m

A photo stop at the Falkirk Wheel is a study in "sculptural engineering." Standing as the world's only rotating boat lift, this 35-meter-tall marvel is a favorite for photographers because of its constant motion and the way its futuristic, bone-like structure reflects in the water basin below.

Private Vehicle Falkirk - Stirling 30m-45m

Settle in and scan the scenery from the convenience of a private vehicle.

Stirling Castle Visit Stirling 15m 1km

Stirling Castle is one of Scotland's grandest castles due to its imposing position and impressive architecture. The scenery will take your breath away. Explore the fascinating history of this castle up on the crag of what was once Scotland's capital. Look out over the city at the edge of the Highlands and home to the Stewart Kings and Queens, who held court and other grand celebrations at Stirling Castle.

Private Vehicle Stirling - Crieff 30m-45m

Settle in and scan the scenery from the convenience of a private vehicle.

Visit Glenturret Distillery with Tasting

Crieff

1h-1h

A visit to The Glenturret in Crieff is a masterclass in the "new era" of Scotch whisky. While it proudly holds the title of Scotland's oldest working distillery (est. 1763), its recent transformation under the ownership of the Lalique Group has turned it into a high-end destination where rugged Highland tradition meets French crystal elegance.

Private Vehicle

Crieff - Edinburgh

1h30m-1h45m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

EDINBURGH/INVERNESS

St Andrews reveals itself as a town of storied contrasts, where ancient scholarship meets a seafront that has barely changed in centuries. Spend your morning immersed in this historic coastal enclave, choosing between a stroll along the cobblestone lanes to pass medieval ruins and university courtyards, or a walk to the Old Course at St Andrews, the hallowed cradle of golf. The journey then moves inland for a pause in the Victorian resort town of Pitlochry, the traditional gateway to the Highlands. From here, continue through the wild beauty of Cairngorms National Park, where red deer graze the moorland and golden eagles may be seen circling overhead. The day concludes in Inverness, where the riverbanks begin to twinkle as the Highland dusk settles over the city.



Meals included

Breakfast | Lunch



ACCOMMODATION

Kingsmills Hotel Inverness (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Edinburgh - Saint Andrews 1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Choice of Walk in St Andrews Saint Andrews 1h-1h

St Andrews is a rare jewel—it is simultaneously the hallowed "Home of Golf" and the "Cradle of Scottish Education." Whether you choose to follow the footsteps of medieval scholars or the divots of legendary golfers, you are walking through 600 years of global history.

Private Vehicle Saint Andrews - Pitlochry 1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Stop for Lunch in Pitlochry Pitlochry 1h30m-1h30m

A stop in Pitlochry is like stepping into a perfectly preserved Victorian postcard. Nestled in the heart of Perthshire, this town became a favorite of Queen Victoria herself, and it retains that refined, "mountain resort" elegance. Enjoy a short stop with lunch among grey stone buildings and lush Highland greenery.

Private Vehicle Pitlochry - Inverness 1h45m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

INVERNESS

Culloden Moor holds its silence like a secret. Stand on the windswept battlefield where the last pitched battle on British soil was fought in 1746, and walk the lines with a guide who brings the Jacobite Rising and the clan system to vivid, human life. The weight of the place is palpable underfoot. In the afternoon, drive to the atmospheric ruins of Cawdor Castle, set among ancient woodland for a guided tour. As midday light fills the Highlands, a local pub becomes the setting for an afternoon of traditional music, storytelling, and hearty Scottish cuisine – the kind of shared table that needs no formal agenda, only good company and the warmth of a Highland fire.



Meals included

Breakfast | Lunch



ACCOMMODATION

Kingsmills Hotel Inverness (or similar) **Hotel**



TODAY'S ACTIVITIES

Guided Visit of Culloden Battlefield

Inverness

1h-1h

A guided visit to Culloden Battlefield is a somber, deeply moving immersion into the site of the last pitched battle fought on British soil (April 16, 1746). It is a place where the landscape itself serves as a monument to the end of the Jacobite Rising.

Visit of Cawdor Castle & Gardens

Inverness

1h30m-1h30m

A visit to Cawdor Castle, just east of Inverness, is a journey into a "living" history. Unlike many Scottish strongholds that feel like sterile museums, Cawdor has been the private home of the Campbell family for over 600 years. This gives the castle a warm, remarkably intimate atmosphere.

ACTIVITY

Immerse yourself in an authentic "Cèilidh-style" encounter at MacGregor's Bar in Inverness. This award-winning experience blends modern Scottish gastronomy with the world-class fiddling and storytelling of host Bruce MacGregor.

Depart for the bonnie banks of Loch Lomond, stopping first at the dramatically situated Urquhart Castle. Perched on the shores of Loch Ness, these iconic ruins have witnessed centuries of conflict. Next, drive to Fort William, known as the gateway to Ben Nevis, the highest peak in the United Kingdom. Journey through Glencoe, perhaps the most romantic and haunting glen in Scotland, where towering peaks hem in the road. Stop at Loch Tulla to capture the reflection of the mountains in the still water before arriving at your hotel for a delicious dinner.



Meals included

Breakfast | Dinner



ACCOMMODATION

Cameron House on Loch Lomond (or similar) **Hotel**

Set on the southern shores of Loch Lomond, at the gateway to the Scottish Highlands, Cameron House is a storied baronial estate dating to the 17th century, when it was established as the seat of the Clan Cameron. Over the centuries, the estate and its surrounding landscape have attracted distinguished visitors drawn to the romance of the Highlands, including figures connected with Scotland's royal travel tradition such as Queen Victoria, as well as prominent statesmen like Winston Churchill and celebrated cultural figures including Sean Connery. Its commanding position overlooking one of Scotland's most iconic lochs has long made it a natural gathering place for aristocracy, political leaders, and international guests.

Throughout its history, Cameron House has embodied the grandeur of a traditional Scottish country estate. Its turreted façade, sweeping staircases, and expansive grounds evoke Highland heritage, while the surrounding scenery – rolling hills, ancient woodland, and open water – defines the atmosphere of the stay.

Today, the estate balances historic character with contemporary luxury. Elegant rooms and suites, many with panoramic loch views, offer warmth and comfort, while acclaimed dining venues celebrate seasonal Scottish ingredients. A championship golf course, luxury spa, marina, and curated outdoor experiences further distinguish Cameron House as both a heritage landmark and a full-service resort.

Guests choose Cameron House Scotland for its iconic Highland setting, clan legacy, and breadth of amenities – a rare combination of storied past and modern indulgence. Whether exploring the Highlands or simply watching the shifting light across Loch Lomond, a stay here is defined by landscape, history, and timeless Scottish elegance



TODAY'S ACTIVITIES

Private Vehicle **Inverness - Fort William** 1h45m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Urquhart Castle Visit **Loch Ness** 1h-1h

A visit to Urquhart Castle is an encounter with one of Scotland's most dramatic and strategically vital ruins. Perched on a rocky promontory overlooking the darkest, deepest waters of Loch Ness, the castle offers a perfect blend of medieval warfare history and the enduring mystery of the Highlands.

Fort William Walk and Free Time **Fort William** 1h30m-1h30m

A stop in Fort William offers a concentrated dose of Highland character. Known as the "Outdoor Capital of the UK," the town sits at the feet of Ben Nevis and serves as the gateway to the West Highlands. During free time for lunch, you can experience its blend of Jacobite history, engineering marvels, and rugged scenery.

Private Vehicle **Fort William - Glencoe** 45m-1h

Settle in and scan the scenery from the convenience of a private vehicle.

Glencoe Picture Stop **Glencoe** 15m-30m

A stop in Glencoe is an encounter with the most hauntingly beautiful and atmospheric landscape in the Scottish Highlands. Known as the "Weeping Glen," this deep, U-shaped valley was carved by ancient volcanoes and glaciers, creating a scale of natural drama that feels almost cinematic.

Private Vehicle **Glencoe - Loch Lomond** 1h30m-1h45m

Settle in and scan the scenery from the convenience of a private vehicle.

Embrace a slow morning before walking to the Cameron House marina for a private boat charter. Glide across the glass-like waters of Loch Lomond, weaving past mysterious islands and the rugged Highland fault line. Return to the estate for a gentle stroll through old-growth woodland trails, listening for the rustle of wildlife in the undergrowth. The afternoon is yours to enjoy a decadent tea or explore the estate's activities. Tonight, gather for a farewell dinner as the mist settles over the surrounding peaks.



Meals included

Breakfast | Dinner



ACCOMMODATION

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TODAY'S ACTIVITIES

Boat Trip Loch Lomond **Loch Lomond** 1h30m-1h30m

Walk to the docks within the grounds of Cameron House for a private cruise on Loch Lomond, the definitive way to experience the "Bonnie Banks" far from the crowds. Relax and scan the scenery as you explore the loch's 30+ islands and the dramatic transition from the Lowlands to the Highlands.

Optional Walks Around Cameron House Woods **Loch Lomond** 1h-1h

Join your Expedition Leader for a walk around the Cameron House Estate to absorb its "Baronial Grandeur." Set within 400 acres on the southwestern shores of Loch Lomond, the grounds offer a sophisticated blend of manicured "country house" elegance and the untamed beauty of the Scottish Highlands.

Day 8 LOCH LOMOND/GLASGOW

After a final Scottish breakfast, take a moment to look out over the water one last time. Your expedition concludes today as you are transferred to the airport. Reflect on a week of dramatic landscapes and deep history, carrying with you the echoes of bagpipes and the enduring legends of the North.

Meals included

Breakfast

TODAY'S ACTIVITIES

Departure Transfer **Loch Lomond - Glasgow Airport** 30m-1h

You will be met at your hotel and transferred to the airport at the end of your adventure.

What's included

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What are the main highlights of this trip?

Board the Royal Yacht Britannia for a before the crowds private tour through Queen Elizabeth's beloved yacht, Walk the Royal Mile and reimagine Edinburgh through the eyes of a formerly unlicensed professional guide, Gather around a Highland table for an afternoon of storytelling live music and local fare at a Traditional Pub.

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the group leader like?

All National Geographic Signature group trips are accompanied by one of our National Geographic Expedition Leaders throughout. The aim of the Expedition Leaders is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max. 22, Avg. 16

What meals are included in this trip?

7 breakfasts, 4 lunches, 4 dinners

What are the modes of transportation on my trip?

Private Vehicle, Walking, Boat

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotel (7 nights)

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Signature Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run.

If you don't see a note, please ask reception for details! If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBER

G Adventures Berlin office: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 800 394 5416

Calls from UK: 0800 041 8146

Calls from Germany: 0800 181 9454

Calls from Australia: 1 800 204 905

Calls from New Zealand: 0800 424 389

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

You will be met at your hotel and transferred to the airport at the end of your adventure.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note that the UK and Ireland are NOT part of the Schengen agreement.

From January 2025, the United Kingdom have introduced an ETA for visa-free travel. We highly recommend you checking in advance how your nationality may be affected by travelling to the UK.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

As of February 2026, dual British citizens travelling to the United Kingdom should carry either a valid British passport, or a Certificate of Entitlement to the Right of Abode, held digitally through a UKVI account and linked to a foreign passport. An ETA is not an alternative option. British citizens are not eligible for ETA's, even if they are travelling on a non-UK passport.

Last updated: March 13th 2026

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work. Check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies. Do not rely on credit or debit cards as your only source of money. A combination of Euros and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

What activities are optional on this trip?

- No optional activities

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.