

EXPEDITIONS



SIGNATURE: PERU'S LIMA, MACHU PICCHU & THE SACRED VALLEY

9 days, Lima to Lima

Trip code SPMANS

WHAT'S INCLUDED

- Your Welcome Moment: Meet Your Expedition Leader and Group, Lima
- Signature Moment: Museo Larco Tour Led by a Curator, Lima
- Signature Moment: Women's Weaving Co-Op Textile Experience, Cusco
- Your Foodie Moment: Nuna Raymi Potato Experience Dinner, Cusco
- Arrival transfer
- Private Casa Taller Víctor Delfin Visit & Reception
- Cooking Class Welcome Dinner
- Internal flight from Lima to Cusco
- Pisac Ruins Guided Tour
- Farm-to-Table Lunch and Corn Lecture
- Cerámicas Seminario Workshop Visit
- Ollantaytambo Ruins Visit
- Machu Picchu Guided Tour
- Maras Salt Mines and Moray Visit
- Cusco Orientation Walk
- Expert-Led Cusco City Tour and Picnic
- Internal flight between Cusco and Lima
- Free time to enjoy hotel/lodge amenities
- Engaging Discussions with the National Geographic Expert Throughout
- Porterage at hotels and when getting on and off of vehicles
- Tips are included for all activities, meals and porterage, except for your Expedition Leader
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing October 30th, 2025 and onwards

ITINERARY



Itinerary Notes

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Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

LIMA

Welcome to Peru. Your expedition begins in Lima, where the desert crashes into the Pacific. Upon arrival, transfer to your hotel in Miraflores, a district perched on cliffs above the ocean. The air here carries the scent of salt and the hum of the city. If you arrive early, stroll the promenade of the malecón to watch the sunset turn the cliffs gold, browse the shopping complex overlooking the sea, or sample fresh ceviche at a local restaurant before settling in for the night.

Please note, there are no planned activities today and your Welcome Meeting will be held on day 2



ACCOMMODATION

JW Marriott Hotel (or similar) Hotel



TODAY'S ACTIVITIES

Arrival Transfer

Jorge Chávez International Airport - Lima

1h

22km

You will be met at the airport and transferred to the hotel to start your adventure.

Arrival Day

Lima

The adventure begins tomorrow. Feel free to explore on your own before your welcome meeting on the morning of day two. Check for the meeting time in the welcome note at the hotel.

Day 2

LIMA

Meet your National Geographic Expedition Leader and Expedition Expert for a welcome briefing before visiting the Museo Larco. Here, you will be led by a museum curator on a private tour of an impressive collection of pre-Columbian ceramics and art. Spanning 5,000 years of history in a beautiful 18th-century mansion, this visit offers a fascinating gateway into ancient Peru and its diverse cultures. After lunch, enjoy a scenic drive past a pre-Columbian adobe pyramid and along the cliffside to Love Park. In Bohemian Barranco, cross the Bridge of Sighs to the private home of the artist Víctor Delfín, for an intimate tour of his gallery and workshop. Cap the day at a culinary studio, where the scent of lime and chili fills the air as you learn to craft causa and pisco sours before a Peruvian feast.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

JW Marriott Hotel (or similar) Hotel



TODAY'S ACTIVITIES

ACTIVITY

Your opportunity to meet your Expedition Leader and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group this morning.

Private Vehicle Lima 30m 14km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Receive a private tour of the mansion-turned-museum, which showcases more than 5,000 years of Peruvian art. The museum's curators are young professionals from diverse disciplines who share a deep passion for ancient Peru and have been trained in heritage mediation and interpretation, enabling them to translate their academic knowledge into an accessible, engaging, and meaningful experience. Prepare to be inspired, moved, and an experience an authentic connection with ancient Peru. Your curator will highlight the fascinating connection the ancient Peruvians had with the forces of nature.

Private Vehicle

Lima - Barranco

30m

15km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Casa Taller Víctor Delfín Visit & Reception

Barranco

1h

Immerse yourself in the world of Peruvian artist, Víctor Delfín, with a private tour of his magical exhibition. The tour includes large-format sculptures of horses and huerequeques (a local bird). You will also see Víctor Delfín's actual working studio. His art transmits a unique personality influenced by pre-Hispanic cultures and diverse ethnic material. He uses various materials like iron, bronze, wood, scrap metal, and ceramics. Meet with the artist himself in an intimate setting.

Cooking Demonstration Welcome Dinner

Barranco

1h30m

Learn to prepare your own causa ccevichada and enjoy the classic flavours of Peru during this gastronomic experience and demonstration. You will learn the secrets behind this classic Peruvian dish, as well as dine on delicious lomo saltado accompanied by a pisco sour.

Day 3

LIMA TO THE SACRED VALLEY

Fly over the Andes to Cusco and head to the historic centre for a family-style lunch. Drive through the countryside towards the Sacred Valley and visit the Ccaccacollo weaving cooperative. Here, meet a National Geographic Explorer and the indigenous women of the community who use traditional techniques to create their textiles. Watch as they hand-shear alpaca wool and dye it with native plants, transforming raw fiber into vibrant geometric patterns on backstrap looms. This intimate encounter connects you to the living culture of the Andes. Descend into the valley to your riverside lodge, settling in as the mountains turn purple in the twilight.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Tambo del Inka (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Cusco - Urubamba

1h30m

52km

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Lima - Cusco

Board a short domestic flight for a comfortable and scenic journey to the next leg of your expedition.

ACTIVITY

The Ccaccacollo Community is a small, traditional Quechua village in the Andean highlands, near the Sacred Valley. It is primarily known for the Women's Weaving Co-operative, a highly successful community-based tourism initiative. The women of Ccaccacollo preserve and practice ancestral Incan textile traditions. Witness the entire process: from hand-shearing alpaca wool, using native plants and insects for natural dyes, to the intricate spinning and weaving on traditional backstrap looms. This project empowers the women economically, sustains their cultural heritage, and provides vital income for their families.

Day 4

THE SACRED VALLEY

Travel to the Cuyo Chico community and join local hosts in baking empanadas, smelling the woodsmoke from traditional outdoor ovens. Continue to the archaeological site of Pisac, where massive Inca terraces carve patterns into the hillsides. Next, enjoy lunch at a family-run hacienda, hearing from the owners about the vital role of corn in Andean agriculture. Finish the day at the studio of ceramicist Pablo Seminario in Urubamba. Tour the workshop to see how pre-Columbian motifs inspire modern art, and meet the artists keeping this tradition alive before returning to the lodge.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Hotel Tambo del Inka (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Urubamba - Valle Sagrado

1h15m

41km

Settle in and scan the scenery from the convenience of a private vehicle.

Cuyo Chico Visit

Valle Sagrado

In the rural village of Cuyo Chico in the Sacred Valley, a group of families joined together to create a small business based on their traditional adobe ceramic crafts. Visit this community learn about the ceramics process and partake in an empanada making demonstration. Learn to make Peruvian-style empanadas from scratch using local ingredients. The experience typically involves a hands-on session preparing the dough and filling, cooking the empanadas in a traditional outdoor oven (horno), and enjoying the meal you helped create. This activity allows you to connect with local life and learn about the community's traditional cooking methods, directly supporting their economic well-being and preservation of Andean customs.

Private Vehicle

Valle Sagrado

Settle in and scan the scenery from the convenience of a private vehicle.

Pisac Ruins Guided Tour

Pisac

Tour the fascinating hilltop citadel of Pisac, an Incan ruin with plunging gorges, a ceremonial centre, and winding agriculture terracing that's still in use today. Be captivated by this truly amazing site sitting amid sweeping green valleys and mountain peaks. Explore the back of the site to see a pocketed cliff across Kitamayo Gorge, which once contained hundreds of Inca tombs.

Farm-to-Table Lunch and Corn Lecture **Taray** 1h30m

Enjoy a delicious farm-to-table lunch at Hacienda Sarampampa, where three generations have kept the traditions of giant white corn farming alive.

Private Vehicle **Taray - Urubamba** 1h15m 38km

Settle in and scan the scenery from the convenience of a private vehicle.

Cerámicas Seminario **Urubamba** 1h

Visit Pablo Seminario's ceramic workshop in Urubamba and learn about ceramic-making that embodies the local spirit and is a tribute to generations past.

Day 5

THE SACRED VALLEY TO AGUAS CALIENTES

Tour the impressive archaeological site of Ollantaytambo then walk the stone streets of town, one of the last Inca settlements still laid out in its original form. After lunch, board a scenic train that winds along the Urubamba River. Watch the landscape shift from dry, rocky peaks to the lush, green canopy of the cloud forest as you approach Aguas Calientes. Settle into your lodge, where your Expedition Leader may offer an optional nature walk to spot orchids and hummingbirds. In the evening, gather for an expert talk on the history and conservation of Machu Picchu, preparing for tomorrow's ascent.



Meals included

Breakfast | Lunch | Dinner



ACCOMMODATION

Inkaterra Machu Picchu Pueblo (or similar) **Hotel**



TODAY'S ACTIVITIES

Train **Ollantaytambo - Aguas Calientes**

Climb aboard, take a seat, and enjoy the ride.

Ollantaytambo Ruins Visit **Ollantaytambo** 1h-1h30m

Explore this ancient site right in the heart of Ollantaytambo city. Learn about the principles of Incan architecture and get a first taste of climbing around a massive ruins site.

Transport **Urubamba - Ollantaytambo**

Settle in and scan the scenery as you journey to your next destination.

Machu Picchu Expert-led Lecture **Aguas Calientes** 30m

Learn about the Historic Sanctuary of Machu Picchu from an expert before your adventure to gaze upon them with your own eyes tomorrow.

Day 6

MACHU PICCHU TO THE SACRED VALLEY

Rise early to catch the bus up the winding road to Machu Picchu. Enter the Lost City of the Incas as the morning mist lifts, revealing the emerald terraces and stone temples against the dramatic backdrop of Huayna Picchu and the surrounding peaks. Explore the marvels of this UNESCO World Heritage site with your guide, learning about its rediscovery by Hiram Bingham on a National Geographic-supported expedition. Return to Aguas Calientes for lunch before boarding the train back to the Sacred Valley, reflecting on the day as the river rushes by.



Meals included

Breakfast | Lunch



ACCOMMODATION

Hotel Tambo del Inka (or similar) Hotel



TODAY'S ACTIVITIES

Train Aguas Calientes - Ollantaytambo

Climb aboard, take a seat, and enjoy the ride.

Local Bus Aguas Calientes - Machu Picchu 30m

Board the dedicated shuttle for the 30-minute ascent to the citadel gates.

Local Bus Machu Picchu - Aguas Calientes 30m

Climb aboard, grab a seat, and enjoy the ride.

Machu Picchu Guided Tour Machu Picchu

Set off with the local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

Day 7

THE SACRED VALLEY TO CUSCO

Ascend to the Maras salt pans, a dazzling patchwork of white pools carved into the mountainside. Continue to the agricultural terraces of Moray, deep circular depressions thought to be used by the Incas to experiment with crops. After a traditional lunch, drive to Cusco. Join your Expedition Leader for an orientation walk through the historic cobblestone streets built on Inca foundations. In the evening, enjoy dinner at a local restaurant, highlighting Peru's agricultural heritage with a tasting featuring some of the region's 4,000 native potato varieties.



Meals included

Breakfast | Lunch



ACCOMMODATION

Belmond Monasterio (or similar) **Hotel**

As it's name, this is a 16th-century former monastery, this 5 star hotel consider a national monument, is like a museum it has a barroque style and many paints from the Cusco school art that will involves you into colonial peruvian history. The hotel is located 4 minutes from the main square.



TODAY'S ACTIVITIES

Cusco Orientation Walk **Cusco**

Set off on foot from the hotel with your Expedition Leader to get your bearings of Cusco. Head to the main plaza for essential things like ATMs and money changers, marvelling at the surrounding colonial architecture and Inca stonework. Pass by the many shops, restaurants and cafes and start to feel the energy of this incredible city.

Private Vehicle **Maras - Cusco** 1h30m 42km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle **Urubamba - Maras** 30m 22km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

The Nuna Raymi Potato Experience in Cusco is a ceremonial tasting highlighting Peru's remarkable agricultural heritage, featuring over 4,000 native potato varieties. The restaurant sources rare, ancient tubers directly from local "seed guardian" farmers, presenting you with a rustic board of different native potatoes, whose varieties change seasonally. The presentation often involves a ceremonial element, such as lighting palo santo and grating salt, honoring the food's cultural significance. The potatoes are served with traditional Peruvian dips like Andean Chimichurri. This experience supports Nuna Raymi's commitment to ethical tourism and crop preservation.

Maras Salt Mines and Moray Visit

Maras - Moray

Tour the unique Inca ruins of Moray, consisting of circular terraces and a sophisticated irrigation system located at 3500m (11483 ft). Learn about the history and study of this fascinating site – speculation has it that it was an Inca agriculture experiment station. Then visit the impressive Maras Salt Mines and see thousands of individual ancient salt pools spilling over a hillside. Learn about the different varieties of salt, and try the renowned pink salt, famous worldwide.

Day 8

CUSCO

Explore Cusco's layers of history, visiting the Cathedral, the sun temple of Koricancha, and the massive stone walls of Sacsaywaman that loom over the city. Pause for a gourmet picnic lunch at an exclusive tented campsite near the Temple of the Moon, soaking in views of the red-tiled roofs below. Spend the afternoon at leisure before an evening visit to the Museum of Pre-Columbian Art. Conclude your expedition with a private cocktail reception in the museum's courtyard followed by a farewell dinner, celebrating the flavors and stories of Peru.



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TODAY'S ACTIVITIES

Expert-Led Cusco City Tour and Picnic **Cusco** 6h

This morning takes you to all of the must-see highlights in and around Cusco, guided by experts to explain the history of each location. Begin at the Plaza de Armas, Cusco's 16th century cathedral, Qorikancha, and the Temple of the Sun before transferring to Sacsayhuaman. The tour ends at Templo de la Luna, or the Temple of the Moon, where a private gourmet picnic will be waiting for you.

Free Time **Cusco**

Spend a few hours exploring Cusco on your own before dinner with the group this evening.

Transfer to the Cusco airport for your flight back to Lima. For those with late international departures, a day-use room is available to relax and refresh as you prepare for your journey home.

Please do not book departing flights prior to 6PM.



Meals included

Breakfast



TODAY'S ACTIVITIES

Private Vehicle

Cusco - Alejandro Velasco Astete International Airport

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Alejandro Velasco Astete International Airport - Jorge Chávez International Airport

Sit back and enjoy the views from above on a flight between Cusco and Lima.

What's included

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What are the main highlights of this trip?

Join the museum curator for a private look at ancient Peruvian treasures spanning 5,000 years of history, Visit a traditional indigenous weaving community with a National Geographic Explorer, Tour the private home and workshop of a legendary Peruvian sculptor in Barranco, Explore the Lost City of the Incas with an expert guide to uncover its secrets, Taste Peru's agricultural heritage with a ceremonial tasting of native potatoes

Itinerary Notes

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

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Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

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What important notes should I be aware of before the trip?

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What is the group leader like?

All National Geographic Signature group trips are accompanied by one of our National Geographic Expedition Leaders throughout. The aim of the Expedition Leaders is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 22, avg. 16.

What meals are included in this trip?

8 breakfasts, 7 lunches, 5 dinners

What are the modes of transportation on my trip?

Private vehicle, public bus, walking, train, plane.

Is there an extra cost for travelling solo?

Yes, for those travelling solo there is a single supplement.

Where will we stay during the trip?

Hotels (8 nts).

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Signature Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

International Arrivals: After exiting customs, proceed to Door 3, located between the two international arrival exits. You will find your transfer driver inside the terminal with a National Geographic Signature Journeys with G Adventures sign board displaying your name.

Domestic Arrivals: Wait inside the terminal near Door 1, where your transfer driver will meet you with a National Geographic Signature Journeys with G Adventures sign board.

If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your National Geographic Expedition Leader. This note will give the details of your Welcome Meeting on day 2 (in the morning), where you will get a chance to meet your leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 or 01 241 1650 (from mobile within Peru) or 241 1650 (from payphone within Peru)

After hours Emergency number: +51 99 758 2712, (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 800 394 5416

Calls from UK: 0800 041 8146

Calls from Germany: 0800 181 9454

Calls from Australia: 1 800 204 905

Calls from New Zealand: 0800 424 389

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

Your tour will finish on arrival at Lima Airport.

Please speak to your Expedition Leader on tour about arranging a day use room at an airport hotel on your departure day before your return flight home.

What should be on my packing list?

Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Peru is the Nuevo Sol (PEN).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

On our National Geographic Signature tours, tipping is included for all included activities and meals, and portage. Tipping is not included for the Expedition Leader. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your National Geographic Signature Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline would be \$10-\$15 per person per day.

For meals and activities not included in your itinerary, it is appropriate in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service.

In addition, please note that tipping is not required or expected for the Expedition Expert.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our Expedition Leader they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Your Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your National Geographic Signature Specialist or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.