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# SINGAPORE, MALAYSIA, AND THAILAND EXPLORER

22 days, Singapore to Bangkok

Trip code AGTNG

## WHAT'S INCLUDED

- Your Journeys Highlight Moment: Chinatown Street Food Walking Tour, Singapore
- Your Journeys Highlight Moment: Melaka Historical Walking Tour, Melaka
- Your Journeys Highlight Moment: Traditional Thai Home Dinner, Chiang Mai
- Your Journeys Highlight Moment: Meet with Monks, Chiang Mai
- Your Local Living Moment: Suka Suka Homestay Lunch, Chenderoh Lake
- Your Discover Moment: Bangkok
- Your Foodie Moment: Cooking Class, Chiang Mai
- Arrival transfer
- Welcome cocktail at world-famous Raffles Hotel
- Sungei Buloh Wetland Reserve guided walk
- Full-day tour of Kuala Lumpur and visit to the Batu Caves
- Taman Negara nocturnal jungle walk
- Taman Negara rainforest canopy walk and waterfall visit
- Cameron Highlands BOH tea plantation visit
- Ubidiah Mosque visit
- Penang street art and street food walking tour
- Free time in Ko Yao Yai island
- Ko Hong Island trip
- Entrance to the Thailand-Burma Railway Centre war museum and Bridge on the River Kwai train ride
- Visit to Erawan National Park
- Guided tour at Ayutthaya Historical Park
- Dinner on a traditional rice barge
- Sunset visit to Doi Suthep monastery
- Bangkok Wat Po & Klong Tour
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the

coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing April 22nd, 2019 and onwards

## ITINERARY

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## SINGAPORE

Arrive at any time; your arrival transfer is included.

After the welcome meeting your CEO will take you to the historic Raffles Hotel to try the legendary Singapore sling cocktail. Head to the Marina Bay sands to view the incredible Singapore skyline from this iconic building.

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### TODAY'S ACTIVITIES

Private Vehicle

Singapore Changi Airport - Singapore

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Welcome Drink at Raffles Hotel

Singapore

Join your CEO at the iconic Raffles Hotel where the famous 'Singapore Sling' cocktail originates from. Sample this gin-based long drink and get to know your group.

Day 2

## SINGAPORE

Spend a full day exploring Singapore, beginning with a guided tour of the Sungei Buloh Wetland Reserve, an important rest stop for thousands of the world's migratory bird species. Enjoy free time in the afternoon before setting out on a walking tour to sample Singapore's famed street food. Savour flavourful chicken rice, spicy noodles, and chili crabs in this melting pot of Chinese, Malay, and Indian cuisine. Explore on your own this evening, opting to catch sunset views from a rooftop patio or wander among the stunning neon-lit sculptures at the iconic Gardens by the Bay.



### Meals included

Breakfast | Dinner



### TODAY'S ACTIVITIES

Private Vehicle **Singapore - Sungei Buloh Wetland Reserve** 30m

Settle in and scan the scenery from the convenience of a private vehicle.

Sungei Buloh Wetlands Reserve Guided Tour **Singapore** 3h 1km

Follow your guide as you venture through the trails of the Sungei Buloh Wetland Reserve, an important ecological site that was the first park in Singapore to be given the the status of a ASEAN Heritage Park. The reserve spans 87 hectares and is home to a wide variety of wildlife. Learn about the rich biodiversity of the area and spot some of the reserve's inhabitants, from crocodiles to otters. The reserve is a bird lover's paradise as it is an important site for migratory birds.

Private Vehicle **Sungei Buloh Wetland Reserve - Singapore** 30m

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time **Singapore**

Take advantage of free time this afternoon by relaxing at your hotel or opting for independent exploration of the city.

ACTIVITY 2km

Join a local guide for a street food walking tour through the heart of Chinatown. Delight in the flavours of Singapore's signature dishes as you gain behind-the-scenes access to kitchens and observe chefs at work. From radish carrot cake to Hainanese chicken rice, you'll be introduced to the local specialities that make Singapore's cuisine so diverse. Learn techniques that have been passed down from

generation to generation and visit locally-owned restaurants and eating houses. Cross the famous garden bridge and wind through the alleys as your guide shares neighbourhood myths and legends that live on in this area. Conclude the walking tour in Smith Street Hawker Centre, a foodie hub in the heart of Chinatown, to eat at one of the best satay stalls and, perhaps, try a Hawker craft beer.

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## Optional Activities - Day 2

Spectra Light Show Singapore Free

This free nightly show is held at the Event Plaza of the Marina Bay Sands Complex. Watch in awe as the spectacular light and water show illuminates the bay. Combining a mix of storytelling, music, water jets, and light lasers, the show is an impressive production that dazzle crowds every night.

Gardens by the Bay Visit Singapore 8-28SGD

The Gardens by the Bay complex is a stunning display of horticultural cultivation, sprawling over 100 hectares of land. It comprises multiple gardens, a flower dome, art sculptures and a majestic cloud forest, as well as special exhibitions throughout the year. It is both an entertaining and educational experience and it would be easy to spend a day here strolling the gardens and visiting the conservatories. Return at night to see the garden's iconic 'supertrees' come alive with music and lights.

Day 3

## SINGAPORE/MELAKA

This morning, cross into Malaysia en route to the multicultural city of Melaka, ruled over its history by Malay sultans and Portuguese, Dutch, British, and Japanese colonists. Delve into layers of history on a walking tour of the city's most prominent landmarks, from busy Jonker Street to the 17th-century Cheng Hoon Teng temple. In the evening, opt to gain an alternative perspective on the city as you explore by boat or bicycle rickshaw.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Private Vehicle

Singapore - Melaka

4h

255km

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Singapore-Malaysia)

Singapore - Johor Bahru

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

#### ACTIVITY

Explore the ancient city of Melaka on foot with a historian guide. The city was once the centre of trade between east and west, thanks in part to the Melaka River which flows through the middle of the city. Visit the ruins on a hill where different empires once ruled over the city, one after another. Explore places of religious worship such as pagodas, mosques, churches, and temples. Taking you on a journey from past to present, you'll hear stories of the city's rich cultural history and experience its modern-day arts and cultural scene.



### Optional Activities - Day 3

Melaka Tri-Shaw Ride

Melaka

Often adorned with flowers and lights, the colourful tri-shaws of Melaka are a fun and eco-friendly way to explore the city. Sit back, relax and take in the sights of beautiful Melaka.

Melaka Boat Cruise

Melaka

Embark on a boat cruise on Melaka river by night to see the city sites lit up and the buzz of city life from the water.

Day 4

## MELAKA/KUALA LUMPUR

Today, head to the buzzing metropolis of Kuala Lumpur, Malaysia's capital. Enjoy free time to explore on your own, getting a taste of the city's vibrant mix of ancient and modern influences. Choose to visit the Petronas Twin Towers, soaring 1,483 feet above the busy streets below; delve into Malaysia's Muslim heritage at the Islamic Arts Museum Malaysia; or stroll among tranquil pools in the lush Lake Gardens park. Tonight, opt to enter the colourful world of Kuala Lumpur's night market, sampling delicious dishes and browsing stalls offering an endless variety of goods.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Private Vehicle

Melaka - Kuala Lumpur

2h-3h

144km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Kuala Lumpur

Enjoy free time to see the city at your own pace. Head to the top of one of the city's imposing skyscrapers or visit a museum.



### Optional Activities - Day 4

Menara KL Tower

Kuala Lumpur

12USD

Standing at 421 metres high, the Menara Tower is a prominent structure in Kuala Lumpur's skyline and the Islamic heritage of the city is reflected in its architecture. Visit this iconic Malaysian landmark for panoramic views of the city.

Islamic Arts Museum

Kuala Lumpur

15MYR

Tour this museum to see thousands of artifacts and art objects ranging from jewellery and armour to ceramics and ancient Islamic glassware. The museum is home to a number of galleries: Quran and Manuscripts Gallery, Islamic Architecture Gallery, India Gallery, Chinese Gallery, Ancient Malay World Gallery as well as the Ottoman Syrian Room.

Petronas Towers Visit

Kuala Lumpur

85MYR

Take in breathtaking views of Kuala Lumpur on this visit to the Petronas Towers. Called Malaysia's jewel, the 88-storey twin structure has the world's highest two-storey bridge offering a stunning view of the city from 170m (558ft) high.

Day 5

## KUALA LUMPUR

Spend a full day exploring Kuala Lumpur. Marvel at the brightly coloured staircase and temples built among the limestone cliffs of Batu Caves, and visit the modernist National Mosque, with its distinctive bright blue roof. Stroll Merdeka Square, once a private cricket ground, and explore the extensive historical collections of the National Museum.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Private Vehicle

Kuala Lumpur

7h-8h

Settle in and scan the scenery from the convenience of a private vehicle.

Kuala Lumpur Guided City Tour (ZC)

Kuala Lumpur

Travel to Gombak to visit Malaysia's famed Batu Caves. This series of 400-million year old limestone caves and cave temples are the most popular Hindu shrines outside India and the focal point of the Thaipusam festival in Malaysia. Pay a visit to the National Mosque of Malaysia to see the 73m high minaret and learn more about the rich history of Islam in the country. Later, visit Merdeka square and museum, the site where Malaysia declared independence from the British Empire.

Day 6

## KUALA LUMPUR/TAMAN NEGARA

Travel by road and boat to our forest lodge in Taman Negara National Park, home to one of the world's oldest areas of deciduous rainforest and several rare tropical species, including the Asian elephant and the Malayan peacock-pheasant. After dinner, set out on a nighttime jungle walk with a naturalist guide, looking for the tracks of the elusive Malayan tiger and listening to the calls of birds and frogs.



### Meals included

Breakfast | Dinner



### TODAY'S ACTIVITIES

Taman Negara Nocturnal Jungle Walk

Taman Negara

1h-1h30m

2km

Delve deep into Taman Negara to discover the side of the jungle that comes alive at night. Experience the sights and sounds of the jungle's inhabitants—from insects to deer—and get a close-up view from the Observation Hide. Learn all about this fascinating environment from your nature guide.

Private Vehicle

Kuala Lumpur - Kampung Kuala Tembeling

3h

Settle in and scan the scenery from the convenience of a private vehicle.

Boat

Kampung Kuala Tembeling - Mutiara Taman Negara

3h

Climb aboard and get your float on.

Day 7

## TAMAN NEGARA

Venture into the lush, green heart of the rainforest on a trek to the top of Tereseck Hill. Traverse an elevated canopy walkway, enjoying stunning aerial views of the park and keeping an eye out for a multitude of colourful bird species. After a picnic lunch, cruise up the Tahan River to Lata Berkoh, a series of waterfalls cascading into deep pools.

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### Meals included

Breakfast | Lunch | Dinner

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### TODAY'S ACTIVITIES

Tereseck Hill Trek and Canopy Walk

Taman Negara

Journey into Malaysia's largest national park with a local guide, following flat and steep trails. Taman Negara boasts a diverse range of tropical fauna and wildlife such as tigers, monkeys and elephants. The trek up to Tereseck Hill will be rewarded with stunning panoramic views of the surrounding landscape and on a clear day, views of Mount Tahan, the highest peak in Peninsular Malaysia. From here, brave the 400m canopy walk through the treetops. Suspended at 40m above the forest floor, the walkway also provides an excellent birds eye view of the rainforest below.

Tahan River Boat Trip to Lata Berkoh

Taman Negara

2h-3h

Cruise the Sungai Tahan and view riverside flora and fauna. Visit the Lata Berkoh waterfall and take a dip in the stunning cascades and natural jacuzzi. Also, stop by the Fish Sanctuary for a chance to snorkel amongst the freshwater fish and swim in the cool water from the Gunung Tahan spring.

Day 8

## TAMAN NEGARA/CAMERON HIGHLANDS

Leave the rainforest behind and drive into the green hills of the Cameron Highlands, named for a British explorer who first mapped the area for the colonial government. Visit the BOH tea plantation, one of many plantations spread over rolling hills, and one of the primary suppliers of black tea in Malaysia. Spend the rest of the day exploring on your own, opting to hike along one of many trails winding past hillside terraces, visit another tea plantation, or relax in the cool mountain breeze.

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### Meals included

Breakfast

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### TODAY'S ACTIVITIES

Private Vehicle

Taman Negara - Cameron Highlands

5h

Settle in and scan the scenery from the convenience of a private vehicle.

BOH Tea Plantation Visit

Cameron Highlands

Learn about one of Malaysia's most exported commodities with a visit to the BOH tea plantation, the largest tea plantation Southeast Asia. Meet a local tea expert who will share how the leaves are harvested and processed and take you on a tour of the lush green landscape by jeep. Experience the taste of teas with a visit to the plantation café.

Free Time

Cameron Highlands

Use free time to enjoy and explore this mountainous region.

Day 9

## CAMERON HIGHLANDS/GEORGE TOWN

Descend from the highlands and travel west toward the coast. Stop en route to visit the Ubidiah Mosque and enjoy lunch at Suka Suka Homestay, offering a glimpse into traditional Malay kampung, or village, life. Continue to Penang, an island off the western coast. Spend the afternoon exploring George Town, Malaysia's second largest city and a historic center of exchange between Asia, Europe, and the Middle East.



### Meals included

Breakfast | Lunch



### TODAY'S ACTIVITIES

Private Vehicle

Cameron Highlands - Kuala Kangsar

2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Ubidiah Mosque Visit

Kuala Kangsar

Built in 1913 during the reign of the 28th Sultan of Perak, the Ubidiah Mosque is a majestic structure, widely regarded as one of Malaysia's most beautiful mosques. Pay a visit to this important religious site and admire its golden domes and minarets.

Private Vehicle

Kuala Kangsar - Chenderoh Lake

30m

Settle in and scan the scenery from the convenience of a private vehicle.

#### ACTIVITY

The Suka Suka Homestay comprises a series of Malay houses atop the banks of Lake Chendorah. Join your hosts for a delicious lunch and immerse yourself in their culture as they share stories of village life.

Private Vehicle

Chenderoh Lake - George Town

2h-3h

160km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 10

## GEORGE TOWN

Enjoy a morning walk along the bustling streets of George Town, passing colourful colonial mansions and vibrant street art, and opt to grab a bite at food stalls. Spend the afternoon exploring Penang on your own. Choose to set out on a bicycle rickshaw tour or ride a funicular to the top of Penang Hill, taking in sweeping views of George Town spreading towards the sapphire sea. Delve into cultural heritage at several historic temples, or wander among the stalls of the lively night market while sampling local delicacies.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Free Time

George Town

Get in touch with nature or walk around a museum and learn more about the history of Malaysia.

Penang Orientation Walk

George Town

2h-3h

Enjoy a guided walk with your CEO around George Town. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. You'll also be introduced to the town's impressive street art and have a chance to taste some delicious street food.



### Optional Activities - Day 10

Khoo Kongsi Visit

George Town

Visit one of the grandest clan houses in Malaysia, built by the Chinese Khoo Kongsi clan more than 100 years ago it operated much like a self-governing village. As a sign of wealth, the house was built in an ornate fashion with elaborate Chinese architecture.

Kek Lok Si Temple Visit

George Town

This three-tiered hilltop Buddhist temple, the country's largest, is affectionately known as the Temple of Supreme Bliss. Its main attraction is the Ten Thousand Buddhas Pagoda, and the pavilion of the Four Heavenly Kings – each said to control a compass point. An enormous statue of the Goddess of Mercy is found on the hilltop as well as more gardens and temples.

Penang Hill Visit

George Town

60MYR

Visit this colonial hill station for a great escape from the city's heat and beautiful views of Georgetown from one of its seven hills. The highest is Western Hill, which stands at 833m (2,723ft) above sea level. Discover tropical plants, like the carnivorous pitcher plant, and catch a glimpse of the dusky leaf monkeys or the greater racket-tailed drongo, which is a local bird.

Indian Street Visit

George Town

Enjoy a visit to charming Little India, which consists of three streets: Lebuah Chulia, Lebuah Queen, and Jalan Pasar. Purchase colourful Indian fashion, eat spicy food, and listen to beautiful Indian melodies for a taste of India in Malaysia.

Penang Peranakan Museum Visit

George Town

25MYR

Learn about the Peranakans (also known as the Babas and Nyonyas), the Chinese community that made their home in the Straits Settlements and developed unique customs that incorporated Malay and British influences in their cuisine and language. Tour the museum, a recreated home of a rich Baba, to see displays of more than 1,000 antique pieces and architectural design – of special note is the staircase, dining room, and parlour.

Day 11

## GEORGE TOWN/KO YAO YAI

Transfer to the airport and fly to Phuket, Thailand. Settle aboard a speedboat for the exhilarating journey to Ko Yao Yai, a secluded island in Thailand's stunning Phang Nga Bay. Ko Yao Yai, and its sister island Ko Yao Noi, remain some of the least developed islands in the region, offering a truly authentic tropical getaway among dense forests, golden beaches, and sparkling seas.

Ko Yao Yai is a jewel in the Andaman Sea, with stunning beaches, coral reefs, mangroves, small fishing Villages and rubber plantations.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Plane **Penang International Airport – Phuket International Airport** 1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle **George Town – Penang International Airport** 30m

Settle in and scan the scenery from the convenience of a private vehicle.

Boat **Bang Rong Pier – Ko Yao Yai** 30m

Climb aboard and get your float on.

Private Vehicle **Phuket International Airport – Bang Rong Pier** 30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 12

## KO YAO YAI

Today, set out to explore Ko Yao Yai on your own. Stroll down sweeping crescents of sand and enjoy the view of soaring limestone karst islets just offshore. Opt to rent a kayak and paddle along the island's untouched coast, or slip on a snorkel and fins to discover vivid underwater worlds. Visit a local village and stop for a chat with friendly residents, or simply choose to relax by the pool.

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### Meals included

Breakfast

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### TODAY'S ACTIVITIES

Free Time Ko Yao Yai

Get out and explore the natural beauty of the area or relax on the beach - the choice is all yours.

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### Optional Activities - Day 12

Snorkelling Ko Yao Yai

Put your mask on and get to know the local marine life with by snorkelling in this gorgeous spot.

Island Tour Ko Yao Yai

Discover the villages and rural landscapes of Ko Yao Yai on an island tour. Gain an insight into local life, visit the market town, and meet local artisans.

Thai Massage Ko Yao Yai

Lie back and soothe aching muscles with a wonderful Thai massage. Affordable and amazing—don't miss out!

Kayaking Ko Yao Yai

Explore the stunning landscape of Ko Yao Yai by kayak, a great way to see the beaches and mangrove forests in the area.

Day 13

## KO YAO YAI

Hop aboard a boat to explore Ko Hong and other nearby islands. Marvel at vine-draped limestone cliffs towering above turquoise bays and white-sand beaches shaded by swaying palms. Anchor in secluded inlets where you'll have the opportunity to swim in warm waters, snorkel with colourful tropical fish, or relax on the sand surrounded by rhythmic waves.

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### Meals included

Breakfast | Lunch

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### TODAY'S ACTIVITIES

Koh Hong Island Excursion

Ko Yao Yai

6h

Take to the water and venture out to the surrounding islands. Take time to explore the island of Ko Hong, discovering its idyllic secluded beaches and seeing the limestone cliffs protruding from the waters near its shores. The clear turquoise waters provide the perfect conditions for swimming and spotting the local marine life. Enjoy time to relax on the white sandy beaches before indulging in a tasty lunch onboard the boat.

Day 14

## KO YAO YAI/BANGKOK

This morning, travel to Phuket, where we'll catch a flight to Bangkok. Enjoy free time to explore Thailand's dynamic capital, and opt to visit the spectacular Wat Pho temple for a glimpse of the city's Buddhist heritage. This evening, stroll Bangkok's bustling lanes at leisure and sample Thai street food in the vibrant night markets.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Private Vehicle **Bang Rong Pier - Phuket International Airport** 30m

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time **Bangkok**

There's plenty to see and do in Bangkok, and this afternoon provides an opportunity to take it all in. Feel free to relax or try optional activities like visiting the Grand Palace, hopping on a cycle tour of the city, and visiting the National Museum. Your CEO has more ideas if you need them. Just ask!

Boat **Ko Yao Yai - Bang Rong Pier** 30m

Climb aboard and get your float on.

Private Vehicle **Suvarnabhumi Airport - Bangkok** 45m-1h

Settle in and scan the scenery from the convenience of a private vehicle.

Plane **Phuket International Airport - Suvarnabhumi Airport** 1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.



### Optional Activities - Day 14

Wat Po Visit **Bangkok**

This temple is known for its reclining Buddha, its feet covered with mother-of-pearl engravings of Buddhist symbols. Explore the large grounds and other compounds to see other Buddha figures, murals and the chedis that contain the ashes of Buddha. This is also the birthplace of traditional Thai massage.

Grand Palace Visit

Bangkok

500THB

Visit the King's official residence (made up of many buildings, halls, lawns, gardens, and courtyards) on the banks of the Chao Phraya River and see the Temple of the Emerald Buddha. Please note the cost of this optional activity does not include the entrance fee.

Day 15

## BANGKOK

Enjoy a free day in bustling Bangkok. Opt to visit the dazzling Grand Palace, formerly the official residence of the Thai royal family, and gaze upon the sacred statue of the Emerald Buddha at Wat Phra Kaew. Browse the stunning collections of Thai art and artifacts at the Bangkok National Museum, including weaponry, ceramics, textiles, and musical instruments; or hop on a bike to explore the quieter side of the city, pedalling past hidden temples and lush parks.



### Meals included

Breakfast



### Optional Activities - Day 15

Bangkok Cycling Tour **Bangkok** **35USD**

Hop on a bike and explore the quieter side of busy Bangkok. Cycle through the city and see hidden temples and lush parks. Amazing street food vendors abound so be sure to stop for a bite and refuel.

National Museum Visit **Bangkok** **200THB**

See Thai artifacts on display from the Dvaravati, Srivijaya, Sukhothai and Ayutthaya periods as well as other Southeast Asian collections. Please note the cost of this optional activity does not include the entrance fee.

Grand Palace Visit **Bangkok** **500THB**

Visit the King's official residence (made up of many buildings, halls, lawns, gardens, and courtyards) on the banks of the Chao Phraya River and see the Temple of the Emerald Buddha. Please note the cost of this optional activity does not include the entrance fee.

Day 16

## BANGKOK / KANCHANABURI

After breakfast, travel to the city of Kanchanaburi, situated at the convergence of the Khwae Noi and Khwae Yai Rivers. Board a train for a winding journey into World War II history as you cross the bridge made famous by the 1957 film *The Bridge on the River Kwai*. At the Thailand-Burma Railway Centre, learn about the Burma Railway, constructed by imperial Japanese forces to connect Bangkok and Burma; then visit the nearby Kanchanaburi War Cemetery to see where the prisoners of war who worked on the railway were laid to rest.



### Meals included

Breakfast



### TODAY'S ACTIVITIES

Private Vehicle **Bangkok - Kanchanaburi** 2h-3h 130km

Settle in and scan the scenery from the convenience of a private vehicle.

Bridge on the River Kwai Visit **Kanchanaburi** 1h45m-2h

Take in a piece of World War II history on this visit. You've seen or at least heard of the famous movie, "Bridge on the River Kwai" -- tour the real thing and take a train ride over the bridge. It's massive, majestic, and imposing, and offers fabulous views of the river below.

Thai/Burma Railway Centre and Allied War Cemetery Visit **Kanchanaburi**

Visit the Thai-Burmese Railway Museum to learn about the Death Railway's dark history, and the Allied War Cemetery where more than 6,000 prisoners are buried.

Day 17

## KANCHANABURI/PHRA NAKHON SI AYUTTHAYA

This morning, hike into the lush landscapes of Erawan National Park, located high in the mist-shrouded Tenasserim Hills. Take a dip in the turquoise pools of the Erawan Falls—so called because its top tier of cascades resemble the three-headed, mythological elephant known as Erawan. This afternoon, transfer to the historic city of Phra Nakhon Si Ayutthaya, a former capital of the medieval kingdom of Ayutthaya, also known as Siam. Sample traditional Thai dishes during dinner on a converted rice barge from the 1930s.



### Meals included

Breakfast | Dinner



### TODAY'S ACTIVITIES

Erawan Waterfalls **Nam Tok Erawan** 2h-3h

Visit one of the world's most beautiful waterfalls. Its seven tiers offer a unique experience at every climb, reaching up to 1,500m (4921 ft). Swim in the turquoise pools, snap photos from the top tier, and opt to hike in the jungle to spot monkeys.

Private Vehicle **Kanchanaburi - Phra Nakhon Si Ayutthaya** 2h

Settle in and scan the scenery from the convenience of a private vehicle.

Dinner Cruise **Phra Nakhon Si Ayutthaya** 2h

Cruise down the river aboard a converted 1930s rice barge. Have a delicious Thai meal while taking in the incredible views of the city.

Day 18

## PHRA NAKHON SI AYUTTHAYA/CHIANG MAI

Set out to explore the UNESCO World Heritage-listed Ayutthaya Historical Park, centered on the old city which served as the Siamese capital from the 14th to 18th centuries, when it was one of the largest and most cosmopolitan regions in the world. Stroll down well-planned city streets to view magnificent palaces and Buddhist monasteries that set the standard for Thai architecture for generations to come. Later, return to Bangkok and transfer to the airport for your flight to Chiang Mai. Visit a traditional village in the countryside and enjoy a khantok-style dinner, served on low pedestal trays.

Khantok in the Northern dialect means wooden tray, used for carrying dishes, round in shape and made of teak wood. The host will invite guests to sit on the floor around the khantok. After dinner, enjoy tea time with the opportunity to talk with local people to learn their way of living.



### Meals included

Breakfast | Dinner



### TODAY'S ACTIVITIES

Ayutthaya Historical Park Guided Tour **Phra Nakhon Si Ayutthaya** 2h

Explore the ruins of Ayutthaya, a UNESCO World Heritage site. Ayutthaya served as Thailand's capital from the 14th to 18th centuries, when it ranked as one of the most magnificent cities in the world. Late in the 17th century its population reached one million, and foreign visitors wrote awestruck accounts of its size and splendour.

Private Vehicle **Phra Nakhon Si Ayutthaya - Bangkok** 2h-3h30m

Hello again, Bangkok! Travel back to the city and to the airport by private vehicle.

Plane **Bangkok - Chiang Mai** 1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

### ACTIVITY

Visit a village outside Chiang Mai and sit down to an authentic Khantoke dinner in the home of a local family. Dishes typically include sticky rice, hang-le curry, and crispy pork with chilli paste. Over tea, learn about life in rural Thailand and visit the family garden to learn about herbs and spices popular in local cooking.

Delve into the bustle of Chiang Mai's morning markets with a local chef, and learn about colourful fruits and fragrant herbs as you select ingredients for a Thai cooking class. Enjoy your creation for lunch, then set out to visit a historic temple. Gain insights into core Buddhist principles and daily life in the temple through a conversation with a Theravada monk, an alumnus of the International Buddhist University in Sri Lanka, and a respected teacher of Buddhism and meditation at a renowned international center in Chiang Mai. Later, clear your mind to the chanting of monks at Wat Phra That Doi Suthep, one of the most spectacular gilded temples in Thailand.

Monk chats are a great cultural exchange, but also important in helping the young Monks improve their English.



## Meals included

Breakfast | Lunch



## TODAY'S ACTIVITIES

### ACTIVITY

Pick out the best ingredients at a local market and learn how to make delicious Thai dishes.

### ACTIVITY

Visit a Buddhist temple in Chiang Mai's Suthep district. Engage in an informal conversation with a teaching monk at the international meditation center. Discuss Theravada Buddhism and monastic life. These sessions offer a unique opportunity for personal reflection and a deeper connection to the ancient wisdom of Buddhism.

Doi Suthep Temple Visit

Doi Suthep - Chiang Mai

3h

Visit Wat Phra That Doi Suthep, a golden Buddhist temple outside of Chiang Mai on the Mt Doi Suthep. Climb 300 steps to reach the temple and be rewarded with an unforgettable view. Admire the many Buddhist relics at this sacred temple and visit the white elephant shrine. Legend has it that the location of the temple was chosen after a white elephant carried a relic to the mountain and trumpeted three times before dying on the spot. Also, with a little luck, you may witness the chanting of the monks.

Local Van

Chiang Mai

1h30m-2h

Climb aboard, take your seat, and enjoy the ride.



## Optional Activities - Day 19

Chiang Mai Cycling Tour

Chiang Mai

1500THB

10-13km

This Chiang Mai half-day ride takes you on a memorable tour of the countryside's most interesting sights. You'll go beyond the city to see local Buddhist temples, markets, organic farms, rice paddy fields and more. Get a sense of how the locals live, stop when you want for photos, and check out the nature along the city's main river, the Ping.

Day 20

## CHIANG MAI

Spend a full day exploring Chiang Mai's temples and forested hills on your own, or choose between a variety of optional activities. Opt to take a cycling tour through verdant rice paddies and the elegant historic district. In the evening, choose to visit Chiang Mai's vibrant night market.

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### Meals included

Breakfast

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### TODAY'S ACTIVITIES

Free Time

Chiang Mai

Chiang Mai is a mecca for shopping and handicraft production, so take advantage of this opportunity to do some shopping if you wish.

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### Optional Activities - Day 20

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Street Food Walk at Chiang Mai Night Market

Chiang Mai

Pick up a a souvenir at this shopper's paradise. Wander through the market to find music, food, and local artists selling handmade crafts.

This morning, fly to Bangkok and visit Wat Pho, Bangkok's largest and oldest temple complex, and often considered Thailand's first public university—its many inscriptions were intended to instruct visitors. Marvel at the magnificent statue of the Reclining Buddha, glittering with gold leaf and mother-of-pearl. Then board a traditional klong boat for a ride along the winding canals that have earned the city the nickname the "Venice of the East." Glide past colourful temples, modern skyscrapers, and houses perched above the water.



## Meals included

Breakfast



## TODAY'S ACTIVITIES

Plane **Chiang Mai - Bangkok** 1h30m

Take a quick flight back to Bangkok.

Klong Riverboat Tour **Bangkok**

Travel by longtail boat on the busy Chao Phraya River and through the small canals of western Bangkok's Thonburi district. Observe colourful scenes of everyday life along the river banks.

Wat Po Visit **Bangkok**

This temple is known for its reclining Buddha, its feet covered with mother-of-pearl engravings of Buddhist symbols. Explore the large grounds and other compounds to see other Buddha figures, murals and the chedis that contain the ashes of Buddha. This is also the birthplace of traditional Thai massage.

Private Vehicle **Bangkok**

Settle in and scan the scenery from the convenience of a private vehicle.

Depart at any time.

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## Meals included

Breakfast

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## TODAY'S ACTIVITIES

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

## What's included

- Your Journeys Highlight Moment: Chinatown Street Food Walking Tour, Singapore
- Your Journeys Highlight Moment: Melaka Historical Walking Tour, Melaka
- Your Journeys Highlight Moment: Traditional Thai Home Dinner, Chiang Mai
- Your Journeys Highlight Moment: Meet with Monks, Chiang Mai
- Your Local Living Moment: Suka Suka Homestay Lunch, Chenderoh Lake
- Your Discover Moment: Bangkok
- Your Foodie Moment: Cooking Class, Chiang Mai
- Arrival transfer
- Welcome cocktail at world-famous Raffles Hotel
- Sungei Buloh Wetland Reserve guided walk
- Full-day tour of Kuala Lumpur and visit to the Batu Caves
- Taman Negara nocturnal jungle walk
- Taman Negara rainforest canopy walk and waterfall visit
- Cameron Highlands BOH tea plantation visit
- Ubidiah Mosque visit

- Penang street art and street food walking tour
- Free time in Ko Yao Yai island
- Ko Hong Island trip
- Entrance to the Thailand-Burma Railway Centre war museum and Bridge on the River Kwai train ride
- Visit to Erawan National Park
- Guided tour at Ayutthaya Historical Park
- Dinner on a traditional rice barge
- Sunset visit to Doi Suthep monastery
- Bangkok Wat Po & Klong Tour
- Internal flights
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Eat your way through a street food tour in Singapore, Embark on a nighttime jungle walk through Taman Negara National Park, Soak in the sounds of the bustling capital of Bangkok, See the Bridge on the River Kwai in Kanchanaburi, Dine on a converted 1930s rice barge, Learn about Buddhism from monks in Chiang Mai

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## Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

### **COMBO TRIP**

Please note that this trip is part of a combination of multiple tours. As such, the CEO, staff and/or particular vehicles operating your tour may change between tour segments. You may also expect some group members to join or leave the tour, between tour segments.

### **RAMADAN**

According to the lunar cycle, Ramadan will fall between April 23rd and May 23rd, 2020. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

## **What is the group leader like?**

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## **How large will the group be?**

Max 16, Avg 10.

## **What meals are included in this trip?**

21 breakfasts, 4 lunches, 5 dinners

## **What are the modes of transportation on my trip?**

Private bus/minivan, train, boat, plane, walking.

## **Are local flights included in the cost of the trip?**

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

There may be a weight restriction for the internal flight on this tour. Each passenger is allowed to carry one checked bag with a maximum weight of 20 kg (44lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

## **Is there an extra cost for travelling solo?**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotel (19 nts), lodge (2 nts)

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **What is the joining hotel?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## What are the joining instructions?

An arrival transfer is included when you arrive on Day 1, or when you arrive up to three days prior to the tour, provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous. Please note that Day 1 you may arrive at any time.

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1, please make your way to the joining hotel via your included transfer. Details on where to meet your transfer can be found in your voucher notes or on the G Adventures app.

Meeting point of arrival transfer:

There are 4 terminals at Changi Airport, Singapore. Each terminal have their own arrival hall. Please look out for your National Geographic Journeys representative holding a National Geographic arrival sign with your name at the arrival hall area. Maximum waiting time is 1.30 hours. If your arrival transfer does not arrive within 1.30 hours from flight landing time, please call to our local supplier at +6596807419 to inform and make necessary arrangement.

If you have booked pre-tour accommodations through G Adventures, please note that you must contact us to confirm the included arrival transfer. Check-in time at your start hotel will be in the afternoon.

Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1.

Your CEO will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 1.30 hours from flight landing time, please call to our local supplier at +6596807419 to inform and make necessary arrangement.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

During Office hours (Weekdays, 9am-5pm Local Time)

From outside Thailand: +66 2 508 8630

From within Thailand: 02 508 8630

After hours emergency number

From outside Thailand: +66 87 049 6074

From within Thailand: 087 049 6074

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## Are there any additional packing suggestions I should consider?

We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 15kg/30lb. We recommend a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Smart Dress:**

- Smart outfit (For evenings out)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

THAILAND - Most nationalities do not need a visa for Thailand for stays of 30 days or less but if you do they are available on arrival at Bangkok Airport. If staying in Thailand for more than 30 days, you will be required to obtain a tourist visa in advance. Only 15 day tourist visas are issued when entering Thailand overland.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

During this tour the local currencies you will use are the Thai Baht, Malaysian Ringgit and Singaporean Dollar. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: [www.xe.com](http://www.xe.com) for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

Departure Tax is Included in all International and Domestic tickets.

## Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# What activities are optional on this trip?

## Singapore

- Spectra Light Show (Free)
- Gardens by the Bay Visit  
(8-28SGD per person)

## Melaka

- Melaka Tri-Shaw Ride
- Melaka Boat Cruise

## Kuala Lumpur

- Menara KL Tower (12USD per person)
- Islamic Arts Museum (15MYR per person)
- Petronas Towers Visit (85MYR per person)

## George Town

- Khoo Kongsi Visit
- Penang Hill Visit (60MYR per person)
- Penang Peranakan Museum Visit (25MYR per person)
- Kek Lok Si Temple Visit
- Indian Street Visit

## Ko Yao Yai

- Snorkelling
- Thai Massage
- Island Tour
- Kayaking

## Bangkok

- Wat Po Visit
- Bangkok Cycling Tour (35USD per person)
- National Museum Visit (200THB per person)
- Grand Palace Visit (500THB per person)

## Chiang Mai

- Chiang Mai Cycling Tour  
(1500THB per person)
- Street Food Walk at Chiang Mai  
Night Market

## **Are there any health considerations I should know before travelling?**

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tank-tops when visiting temples or mosques or other holy sites.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.