



Solo-ish Cambodia

10 days, Siem Reap to Phnom Penh

Trip code AOZP

What's included

- Your G for Good Moment: Dinner at Spoons Restaurant, Siem Reap
- Dinner Party: Dinner Party, Siem Reap

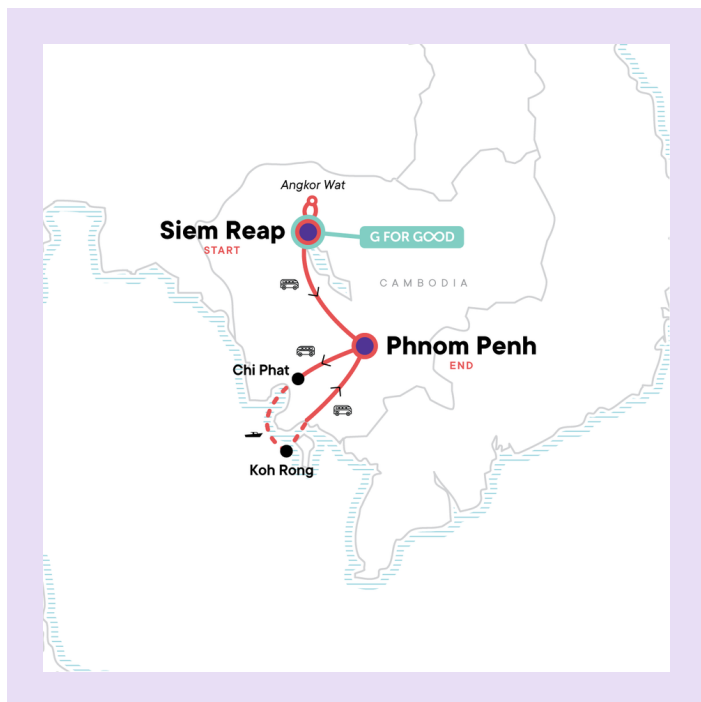
- Your Welcome Moment: Meet Your CEO and Group
- We Day: Siem Reap Temple Hopping, Siem Reap
- G Day: Sunrise over Angkor Wat and Local Village lunch, Siem Reap
- Your Discover Moment: Phnom Penh
- Me Day: Me Day : Koh Rong, Koh Rong
- Visit Ankor Thom, Ta Prohm and Banteay Srei Temples
- Enjoy a sunrise over the famous Angkor Wat
- Spend free time in Phnom Penh, Chi Phat and Koh Rong
- Take a boat to the authentic local town of Chi Phat
- Visit Chhay Chrey rapids and waterfall
- Ride a moto taxi for a perfect sunset over the Cardamom Mountains
- Search for wildlife on a sunrise riverboat tour
- Visit the tropical island of Koh Rong
- Transfer to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 10th, 2025 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Dinner Party: Siem Reap

Welcome to Cambodia! Meet your included arrival transfer at the airport to head to the hotel where you'll meet your other Solo-ish travellers and CEO for a welcome briefing. Then head off on tuk-tuks with your new travel mates for a dinner party in Siem Reap. Cook some local Cambodia favorites like chicken or fish curry, with mango sticky rice or banana cooked with coconut milk for dessert! Quite the perfect start to your adventure throughout Cambodia!

Please arrive to your start hotel no later than 1:00 pm to join your welcome meeting at dinner party his afternoon.



Meals included

Dinner



Accommodation

Elysium Suite Hotel (or similar)

Hotel



Today's Activities

Tuk-Tuk

Siem Reap

Scoot quickly around the big cities inside a three-wheeled mini-taxi on your way to your dinner party!

ACTIVITY

Food is a universal language, and there's no better way to get to know a new friend, or a new community, than by breaking bread together and digging in to a delicious meal. Get to know your fellow Solo-ish travellers and the flavors of Cambodia! Whip together some local favorites like fish amok (local fish curry) and banana cooked in coconut milk, then sit down with your fellow solo-ish travellers to enjoy to meal and to get to know each other better.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

We Day: Siem Reap

The history and culture of Cambodia is on full display today as you join your CEO to explore some of the most beautiful temples in Siem Reap. This morning, visit the smiling stone faces of Bayon Temple in Angkor Thom, known as the last capital city of the Khmer Empire from the 1400s. Then visit the Ta Prohm Temple, known as the Angelina Jolie Temple from Tomb Raider. After a local lunch, visit Banteay Srei Temple, known to have some of the most incredible stone carving in the world. Dig into a delicious dinner at your G for Good moment at Spoons, an organization that provides at risk youth an opportunity for a self-sustaining future through education, training, and employment opportunities. To end the day on a high note, opt to join your CEO and fellow Solo-ish travellers for an evening city walk to visit the Royal Garden and river front, a popular street lined with pubs frequented by locals.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Elysium Suite Hotel (or similar)

Hotel



Today's Activities

ACTIVITY

With your incredible CEO at the helm, get to know the local community and your Solo-ish travel mates on a day packed full of interesting and engaging adventures. Enjoy a day connecting with Cambodian culture and city life with a tour of Siem Reap's highlights and famous temples. Visit Bayon Temple in Angkor Thom, Ta Prohm Temple and Banteay Srei Temple as you temple hop throughout the day.

ACTIVITY

Sit down for a delicious dinner at Spoons Restaurant, part of SPOONS a Cambodian Organization that works with underprivileged young adults and gives them the opportunity to be self-supporting by providing them with education, training, and employment opportunities in the hospitality industry. Their vision is to create a future where all young adults will have equal opportunities to gain independence and be able to shape their own lives.

Day 3

G Day: Siem Reap

Rise early this morning to experience the world famous Angkor Wat at sunrise alongside your fellow Solo-ish travellers and your CEO as your guide. Admire the temples silhouetted against the beautiful morning sky and reflected over the water. Return to the hotel to fill up on breakfast before driving to the Sambor Prei Kuk Community in Kampong Thom. Take a tour of the local village and sit down for lunch! After filling up, settle in for the drive to Phnom Penh - a special surprise awaiting your arrival in the city.



Meals included

Breakfast | Lunch



Accommodation

Hotel Sor Phnom Penh (or similar)

Hotel



Today's Activities

Private Vehicle

Phnom Penh - Siem Reap

6h-7h

320km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

With your Solo-ish travel mates and CEO, explore some of the worlds coolest activities alongside new friends. It's not just an epic day of fun, its chock full of incredible experiences and a surprise G element along the way to take your day to 11. Visit the world famous Angkor Wat for a perfect sunrise over the ruins and a tour guided by your CEO. For lunch, visit the Sambor Prei Kuk Community in Kampong Thom for a village tour and delicious local lunch!

Day 4

Phnom Penh

In Cambodia's biggest city, enjoy the whole day to explore how you'd like. Opt to visit the killing fields to learn about Cambodia's dark past. Or maybe visit the beautiful Silver Pagoda and Royal Palace.



Meals included

Breakfast



Accommodation

Hotel Sor Phnom Penh (or similar)

Hotel



Today's Activities

Free Time

Phnom Penh

Enjoy a free to enjoy all that Phnom Penh has to offer.



Optional Activities - Day 4

Choeung Ek (Killing Fields) Guided Tour

Phnom Penh

Learn more about the atrocities of the Khmer Rouge visiting the killing fields of Choeung Ek; the grounds now stand as a powerful memorial filled with victims' skulls and mass graves. Tour this sombre, yet serene, site with a guide.

Royal Palace & Silver Pagoda Visit

Phnom Penh

10USD

Visit the Royal Palace, a complex of buildings where the kings of Cambodia have resided since the 1860s (except for during the reign of the Khmer Rouge). Be sure to tour the Silver Pagoda compound (aka the Temple of the Emerald Buddha) and the central compound. See the many magnificent treasures inside this beautiful vihara (Buddhist monastery), including its floor lined with more 5,000 tiles of silver.

Day 5

Phnom Penh/ Chi Phat

Travel deep within the Cardamom Mountains today to the authentic local community of Chi Phat. Drive to Chi Phat and settle into your bungalow home for the next two nights. After lunch, visit the Chhay Chrey waterfall for an afternoon swim alongside your fellow Solo-ish travellers. Hop onto the back of a motor taxi to zip to Bold Mountain for a sunset together in the Cardamom Mountains.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Chi Phat Community Guesthouse (or similar)

Guesthouse



Today's Activities

Private Vehicle

Phnom Penh - Chi Phat

4h30m-5h

Settle in and scan the scenery from the convenience of a private vehicle.

Walking Tour : Chhay Chrey Rapids and Chay Kpas Waterfall

Chi Phat

Enjoy a gentle hike to the Chhay Chrey rapids and visit the Chay Kpas waterfall with a local guide. Admire the beautiful view and depending on the season (Sep-Feb & Apr-Jul), we may have a chance to swim in the pools.

Motorcycle Taxi

Chi Phat

3km

Hop on the back of a moto taxi and enjoy the ride.

Bold Mountain Sunset View Point

Chi Phat

Drive to Bold Mountain in the Cardamom Mountains to experience a beautiful sunset view over the range.

Motorcycle Taxi

Chi Phat

3km

Hop on the back of a moto taxi and enjoy the ride.

Rise before the sun this morning for a beautiful float along the river for some bird watching. Enjoy breakfast on the motor sampan boat and then switch into a quieter row boats to ride through the jungle in search of the amazing wildlife that call this place home. We'll employ the use of binoculars to see some of the shier ones. Before heading back, enjoy a picnic along the river banks. After returning to Chi Phat, enjoy a restful afternoon or opt to explore the town by foot or bike. If you have the energy this evening, opt to join a night time lobster fishing adventure.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Chi Phat Community Guesthouse (or similar)

Guesthouse



Today's Activities

Free Time

Chi Phat

Enjoy an afternoon in Chi Phat to explore or relax.

Sunrise Bird Watching River Boat Ride

Chi Phat

Take a relaxing boat ride along the Piphot River and through the Stung Prat tributary. We'll travel by a motor sampan boat deep into the jungle and then transfer to a traditional rowing boat to search for beautiful hornbills, king fishers and drongos. If we're lucky, we'll see some primates like macaques and gibbons too!

Day 7

Chi Phat/ Koh Rong

Today's travel day will be an adventurous one! A drive and two ferry rides later, arrive to the tropical island of Koh Rong. Check into your resort and enjoy your first relaxing evening at the beach with your Solo-ish travel mates.



Meals included

Breakfast | Lunch



Accommodation

Scarlet Sails Resort (or similar)

Resort



Today's Activities

Ferry

Sihanoukville - Koh Rong

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Chi Phat - Sihanoukville

3h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

Me Day: Koh Rong

On your Me Day, spend it exactly how you want! If you're looking for some alone time, today is your day to do some solo adventures. Hike to a waterfall in the Koh Rong jungle or catch the sunset on the beach. Or choose to spend the day with your CEO and other Solo-ish travel mates who want to come along and kayak through the mangrove forest.



Meals included

Breakfast



Accommodation

Scarlet Sails Resort (or similar)

Resort



Today's Activities

ACTIVITY

Traveling solo alongside your new Solo-ish travel mates means there's always something fun to do and new friends to explore with. But the joy of travel can also be about taking time to yourself to recharge, refresh and reflect on the journey. Today, choose to join your CEO for an incredible activity, or take the time to yourself to enjoy your own company in one of the most incredible places on our planet.



Optional Activities - Day 8

Koh Rong Waterfall hike

Koh Rong

Hike to a beautiful Cambodian waterfall in the jungle on Koh Rong. During most of the year, this waterfall is flowing and beautiful. However, during dry season, it might be dried up. Check with your CEO before going.

Day 9

Koh Rong/ Phnom Penh

Say goodbye to the beach and head back to the city today. Fill up on breakfast at the hotel, then hop into the ferry back to Sihanoukville. Settle in for the drive back to Phnom Penh. After arrival, opt to join your fellow Solo-ish travellers and CEO for one last dinner together in the capital city.



Meals included

Breakfast



Accommodation

Hotel Sor Phnom Penh (or similar)

Hotel



Today's Activities

Private Vehicle

Sihanoukville - Phnom Penh

4h-5h

230km

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry

Koh Rong - Sihanoukville

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Day 10

Phnom Penh

You arrived a solo traveller and are leaving with many new friends. Say goodbye to your fellow Solo-ish friends and depart at any time.



Meals included

Breakfast

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What are the main highlights of this trip?

Explore the legendary temples of Angkor Wat and Angkor Thom with your Solo-ish travel crew, Take a sunrise riverboat ride through the jungles of the Cardamom Mountains in search of wildlife, Swim in turquoise waters and unwind on the white sands of Koh Rong Island

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 16, Avg 12.

What meals are included in this trip?

9 breakfasts, 5 lunches, 4 dinners

What are the modes of transportation on my trip?

Private Vehicle, tuktuk, walking, Sampan boat, row boat, ferry, motor taxi.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (7 nts) & Local Guesthouse (2 nts). If you are interested in purchasing your own room, please see below for the My Own Room option.

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

Hotels (7nts) and Local Guesthouse (2 nts)

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Arrive to your start hotel no later than 1pm in order to head to your cooking class.

During your Welcome Meeting, you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Bangkok Airport Transfer complications please call our local G Adventures Transfer provider directly at: +66 86 321 0729 (086 321 0729 from within Thailand) or +66 82 450 2777 (082 450 2777 from within Thailand)

EMERGENCY CONTACT NUMBERS 24/7:

From outside Thailand +66 (0) 92 338 9222

From within Thailand 092 338 9222

G Adventures Local Representative (Vietnam)

Ms. Thuan: +84 88 844 9969

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Cambodia:

Visas can be obtained in advance from your local embassy or on arrival in Bangkok (if your tour begins in Thailand). You will need at least one full working day to arrange this. You can also obtain your visa at the Cambodian border or Siem Reap Airport for approx. \$30 USD. Please have *at least* 2 passport photos with you as well.

If you are arriving into Cambodia by air/plane, please complete the Cambodia e-Arrival form online before arrival.

Complete within 7 days of arrival, even if your visa has already been granted.

For more information and to complete the e-Arrival form, we kindly request the you visit the [Cambodia e-Arrival](#) page.

** please note, the Cambodia E-system may not be available at land borders. If your arrival point is by land, you will be required to fill in a paper form on arrival. **

Information is accurate as of September 1st, 2025.

What activities are optional on this trip?

Phnom Penh

- Choeung Ek (Killing Fields)
Guided Tour
- Royal Palace & Silver Pagoda
Visit (10USD per person)

Koh Rong

- Koh Rong Waterfall hike

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

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