



Solo-ish South Korea

9 days, Seoul to Seoul

Trip code AKSB

What's included

- Dinner Party: Dinner Party, Seoul
- Your Welcome Moment: Meet Your CEO and Group

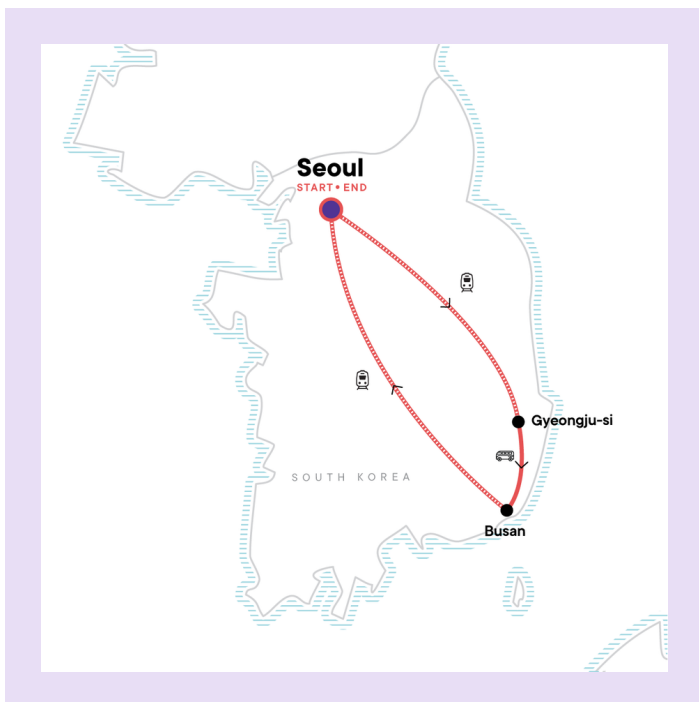
- We Day: Taekwondo Class & Seoul Highlights Tour, Seoul
- G Day: Gyocheon Hanok Village Experience, Seoul
- Me Day: Seoul Me Day, Seoul
- Complimentary Arrival Transfer
- Bukchon Hanok Village visit
- Taekwondo Class
- Gwangjang Market visit
- Jongmyo Shrine
- Gyocheon Hanok Village experience
- Daereungwon Tumuli Park
- Bulguksa Temple visit
- Seokguram Grotto
- Gyeongju National Museum
- Gamchon culture village tour
- Songdo Maritime cable car and Observatory deck tour
- Gukje Market & Jagalchi Market visits
- Dongbaek Island coastal trekking
- Haedong Yonggungsa Temple
- Gangnam Neighborhood visit
- Hanriver park & Floating Island night walk
- Free time in Seoul
- Farewell dinner
- Transport to and from all included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 25th, 2024 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Dinner Party: Seoul

Welcome to South Korea! Meet your included arrival transfer at the airport and join your other Solo-ish travellers for a welcome briefing. Then with your new travel mates, head out to get your first impression of Seoul with a cooking class. We'll make some of South Korea's most famous dishes like Bulgogi or Bibimbap. Cook, eat and get to know your fellow travellers with a hands on experience making some of the yummiest food you'll ever cook.

Make sure to arrive for your Welcome meeting at 3:00 pm, followed by your local cooking class.



Meals included

Dinner



Accommodation

Hotel Prince (or similar)

Hotel



Today's Activities

ACTIVITY

Food is a universal language, and there's no better way to get to know a new friend, or a new community, than by breaking bread together and digging in to a delicious meal. Korean culture is widely focused on food so what better way to start your time in South Korea! Make famous and delicious dishes like bulgogi, tender flavorful beef, and bibimbap, a Korean rice dish. Then sit down together to enjoy the meal.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Get ready to practice the art of kicking and punching in a local taekwondo class. This Korean Martial art will get your body moving and connect you with the culture. Then head to one of South Korea's most famous markets, Gwangjang Market. Try some local street food and shop some local handicrafts along side your Solo-ish travellers. This afternoon, learn from your CEO about the famous Confucian royal ancient shrine, Jongmyo Shrine. A quintessential Seoul day to connect with your group and CEO.



Meals included

Breakfast | Lunch



Accommodation

Hotel Prince (or similar)

Hotel



Today's Activities

ACTIVITY

With your incredible CEO at the helm, get to know the local community and your Solo-ish travel mates on a day packed full of interesting and engaging adventures. Enjoy a day connecting with Korean culture, starting the day with a Taekwondo Class. Then continue to Gwangjang Market where we'll have a local lunch. Finish the day with a tour of the famous Jongmyo Shrine led by your CEO.

This morning, head to the train station and travel to Gyochoon Hanok Village where it feels like you've traveled back in time. This picturesque hanok village will have you and your fellow Solo-ish travellers gushing at Korean culture. To start your historic Korean adventure, visit Daerungwon Tumuli Park and explore the tombs of barred kings. Then we're off to the Cheomseongdae Observatory, the oldest in all of Asia. This evening, we'll put on our Hanboks (traditional Korean wear) when we arrive to our Hanok stay, traditional Korean inn. Then prepare for a surprise with your group!



Meals included

Breakfast



Accommodation

Hwangnamgwan Hanok Stay (or similar)

Homestay



Today's Activities

ACTIVITY

With your Solo-ish travel mates and CEO, explore some of the worlds coolest activities alongside new friends. It's not just an epic day of fun, its chock full of incredible experiences and a surprise G element along the way to take your day to 11. Immerse yourself into historic Korean life when we travel to Gyochoon Hanok Village. Visit Daerungwon Tumuli Park and Cheomseongdae Observatory. This evening, try on a traditional Korean Hanbok at your Hanok stay.

Day 4

Gyeongju-si

Today we'll visit the iconic stops in Gyeongju-si. Stopping at Gyeongju Tower, a visit of Bulguksa Temple, Seokgura Grotto and the Gyeongju National Museum. We'll enjoy the best that this Hanok village has to offer.



Accommodation

Swiss Rosen Hotel Gyeongju (or similar)

Hotel



Today's Activities

Bulguksa Temple

Gyeongju-si

Visit the six national treasures at the Bulguksa Temple. This UNESCO World Heritage site, from the 8th century, is considered the essence of Korean Buddhist culture.

Seokguram Grotto

Gyeongju-si

Perched on Mount Toham, the Seokguram Grotto is a beautiful example of enlightened Buddha and Buddhist art from the 8th century.

Gyeongju National Museum

Gyeongju-si

Visit the Gyeongju National Museum and learn about Korean culture and history during the Silla Dynasty, from 57 BCE to 935 CE.

Day 5

Gyeongju-si to Busan

We're off to the next city, as we hop on a bus for Busan. On the way we'll visit the colorful Gamcheon Culture Village for a tour. Snap a photo of this picturesque town with your new Solo-ish bestie and enjoy the artistic side of Korea. This afternoon after arrival in Busan, we'll admire the beautiful coastline view from the Songdo Cable Car and Observatory deck. Then we'll go market hopping. Starting from Gukje Market, we'll peruse through local street food vendors, handicrafts and spices. Then to Jagalchi Market, full of fresh seafood like giant crabs, lobsters and squid, this is the largest seafood market in all of South Korea.



Meals included

Breakfast



Accommodation

Felix Hotel by STX (or similar)

Hotel



Today's Activities

Private Vehicle

Gyeongju-si - Busan

Settle in and scan the scenery from the convenience of a private vehicle.

Gamcheon Culture Village

Busan

Explore the pastel-coloured village of Gamcheon, nestled in the side of a mountain, with uniquely painted houses, murals, cafes, and shops.

Songdo Maritime Cable Car Ride

Busan

Ride the mile long gondola up to Songo Sky Park for an amazing view of the Busan coast. Visit the Observatory deck and then take the Cable car back down.

Gukje Traditional Market

Busan

Gukjesijang or Gukje Market is nestled near Biff Square, a well-known modern movie district in Busan. The market once was a place for refugees to earn a living over the period of the Korean War. Now, it's a

bustling international market where loads of food, home goods, clothes, souvenirs and more can be found.

Jagalchi Fish Market

Busan

Discover this market and major attraction at Nampo Port. Wander through the rows of stalls selling everything you can dream of from the sea. Watch as locals haggle for the best price and fishmongers hawk their wares.

Day 6

Busan

Experience the natural side of Busan with your fellow Solo-ish friends this morning on the Dongbaek Island Coastal Trek. Just under 1 km, this easy trail will take you beneath the endemic trees, by the lighthouse, a famous mermaid statue and through the historic APEC House. We'll stay by the coast as we head to the Haedong Yonggungsa seaside temple and explore this beautiful Buddhist temple built into the cliffs. Then in the evening, opt to join your Solo-ish mates and climb aboard for a night yacht ride along the Busan coast.



Meals included

Breakfast



Accommodation

Felix Hotel by STX (or similar)

Hotel



Today's Activities

Haeundae Beach and Dongbaek Island (APEC House) Visit

Busan

Visit Haeundae Beach, one of Korea's most beautiful beaches. Enjoy a walk along the shore, or take a swim (don't forget your suit!) And see the famed APEC House built to host the Asia-Pacific Economic Corporation (APEC) summit meeting in 2005 on Dongbaek Island.

Haedong Yonggungsa Temple Visit

Gijang-gun

Originally built in 1376, this picturesque, cliffside Buddhist temple overlooks the East China Sea. Opt to grab a bizarre local snack at the traditional market. Legend foretells that should you pray here, at least one of your wishes will come true.



Optional Activities - Day 6

Night Yacht Ride

Busan

Spend an evening admiring the coastline of Busan while cruising from the deck of a yacht.

Day 7

Busan to Seoul

Catch a fast train back to Seoul this morning and get ready to explore. Heyyyyy sexy lady, we'll explore the famous Gangnam neighborhood checking out the popular Coex Mall and Gangnam CBD. This evening we'll walk along the Han River Park, taking in spectacular city views and checking out the floating island. Opt to rent a swan boat or bicycles for a cute ride with your Solo-ish buddies.



Meals included

Breakfast



Accommodation

Hotel Prince (or similar)

Hotel



Today's Activities

Bullet Train

Busan - Seoul

2h30m

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Gangnam District

Seoul

Gangnam has plenty to do and see in this historically rich, fast-developing neighbourhood. Gangnam Station is the busiest subway station in Seoul and has a huge underground shopping centre, so feel free to shop until you drop. Visit the Gangnam Coex Mall, the largest underground shopping mall in Asia. And explore the best of the Gangnam CBD.

Han River Park & Floating Island

Seoul

Visit the riverside park that lights up at night. Walk along the floating island, watch the fountain show and opt to rent a bicycle or swan boat.

Day 8

Me Day: Seoul

Your Me Day is all about... well, You! You get to decide how you want to spend your last day in Korea! Interested in a solo adventure? Go for it! Or maybe opt to join your CEO for the day to visit Deoksugung Palace and Bukchon Hanok Village or take a day trip to the border of North and South Korea at the Demilitarized Zone (DMZ). Or plan a friend date with your new Solo-ish best friends. However you choose to spend it, this evening we'll all come together for one last farewell dinner together. I'm not crying... I got gochujang in my eyes.



Meals included

Dinner



Accommodation

Hotel Prince (or similar)

Hotel



Today's Activities

ACTIVITY

Traveling solo alongside your new Solo-ish travel mates means there's always something fun to do and new friends to explore with. But the joy of travel can also be about taking time to yourself to recharge, refresh and reflect on the journey. Today, choose to join your CEO for an incredible activity, or take the time to yourself to enjoy your own company in one of the most incredible places on our planet.

Day 9

Seoul

You arrived a solo traveller and are leaving with many new friends. Say goodbye to your fellow Solo-ish travellers and depart at any time.



Meals included

Breakfast

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What are the main highlights of this trip?

Visit the picturesque Hanok Village of Gyeongju and try on traditional Hanboks in a Hanok stay with you fellow Solo-ish travelers, Explore the highlights of Seoul, Visit Dongbaek Island and Haedong Yonggungsa Temple in Busan.

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Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Maximum 16, avg 14

What meals are included in this trip?

6 breakfasts, 1 lunch, 2 dinners

What are the modes of transportation on my trip?

Private vehicle, subway, bullet train, cable car, monorail, walking.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotel (7 nts), Hanok stay (1 nt) on a twinshare basis. If you are interested in purchasing your own room, please see below for the My Own Room option.

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 3.

What kind of accommodation can I expect on this trip?

On Solo-ish Adventures, it's all about making new friends. Accommodation for Solo-ish Adventures is in twin-share rooms. No booking or rooming requests will be taken, and matrimonial bedding is not offered on Solo-ish Adventures.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

IMPORTANT: for South Korea arrival transfers, we will NOT be able to accept any pick-up schedule changes between the hours of 23:00 - 0700, within 24 hours of your scheduled arrival.

If you experience a schedule change between these hours, please take a taxi to your starting hotel.

Arrive to your start hotel no later than 3pm in order to head to your cooking class.

During your Welcome Meeting, you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

IMPORTANT: for South Korea arrival transfers, we will NOT be able to accept any pick-up schedule changes between the hours of 23:00 - 0700, within 24 hours of your scheduled arrival.

If you experience a schedule change between these hours, please take a taxi to your starting hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Office (Korea)

During office hours, Mon-Fri 9:30-18:00 Local Time

From outside Korea: 1st contact Derek Jeon +82-10-8759-9367 (2nd contact Tommy Na +82-10-5514-5041)

From within Korea: 1st contact Derek Jeon 010-8759-9367 (2nd contact Tommy Na 010-5514-5041)

After office hours emergency number

Primary phone: Derek +82-10-8759-9367 2nd contact Tommy +82-10-5514-5041

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels but this is very expensive. Your leader can show you self service coin laundries in larger cities. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

ATMs are available in most places and typically accept Visa, Mastercard and Debit Card. However, it's likely that not all machines will be available or will work with your card. It's best to come with USD cash as well to be able to exchange money when necessary. A variety of payment options is recommended.

Credit Cards should not be relied upon for purchases as they are not widely accepted, except in some restaurants and department stores.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Tipping is not practiced in South Korea. Leaving money at restaurants, in taxis etc will simply cause confusion!

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is highly appreciated. The amount is entirely a personal preference, however as a guideline \$5-7 USD per person, per day can be used.

What activities are optional on this trip?

Busan

- Night Yacht Ride

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or other holy sites.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.