



South America Discovery: Lima to Rio de Janeiro

38 days, Lima to Rio de Janeiro

Trip code SPLR

What's included

- Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo
- Your G for Good Moment: Parwa Community Restaurant the Sacred Valley, Lamay
- Your G for Good Moment: Luquina Chico Community Visit, Lake Titicaca
- Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Ajencha
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Cusco
- Your Discover Moment: Sucre
- Your Foodie Moment: Santiago Region Winery Tour, Santiago
- Your Discover Moment: Pucón
- Your Discover Moment: Buenos Aires
- Your Discover Moment: Paraty
- Your Discover Moment: Ilha Grande
- Sacred Valley guided tour
- Pottery making demonstration
- Train to Machu Picchu
- Machu Picchu guided tour
- Floating islands of Uros visit
- Lake Titicaca guided tour
- 4x4 excursion to the Salar de Uyuni (3 days)
- Tour of Valley of the Moon (San Pedro de Atacama)
- City tour of Santiago
- Driving through the Seven Lakes district
- Estancia visit and barbecue lunch (full-day)
- Iguassu Falls visit (Brazil and Argentina)
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing November 5th, 2024 - August 5th, 2026

Itinerary



Itinerary Notes

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Lima

Arrive at any time.

There are no planned activities until an evening welcome meeting.

We suggest arriving early to experience everything Lima has to offer. A full day tour will be available to book during your trip check-out process.

If you booked the Lima Cooking Class it does not include extra time in Lima and we highly recommend booking pre-trip accommodation. You will be picked up from your hotel at approx 10:00 (10:30 from Aug-Dec) and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. You will return back to your hotel around 13:00.

Please note that hot water shortages and power outages can be fairly common in Latin America (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.



Accommodation

Lima Wasi Hotel (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



Optional Activities - Day 1

Lima Cooking Class (4hrs)

Lima

Get a taste of Peruvian cuisine, visit local markets, sample exotic fruit, select fresh ingredients, and try your hand at preparing unique Peruvian dishes influenced by China, Italy, West Africa, and Japan.

Please note that if you are travelling with a family there is no age restriction on this activity and the cooking class is acceptable for children.

Lima City Tour

Lima

40USD

Discover Lima's cultural and culinary highlights on this half-day guided tour. Visit the Santo Domingo Monastery, walk around Plaza de Armas, marvel at the Bodega y Quadra Museum, and get to know some of Lima's lovely neighbourhoods. Stop to enjoy some authentic Peruvian tapas and be introduced to Pisco Sours during a demonstration and tasting.

Day 2

Lima/Cusco

Hop a flight to Cusco. Enjoy a free day for shopping and exploring the city. Choose to pre-book an optional Cusco Cooking Class. Opt for a city tour.

Transfer to the airport for the flight to Cusco. Spend the rest of the day relaxing and exploring this fascinating city, and getting used to the altitude.

Please note: if you pre-book the Cusco Cooking Class you will be picked up from your hotel at approx 12:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 16:00.



Meals included

Breakfast



Accommodation

El Puma Hotel (or similar)

Hotel



Today's Activities

Plane

Lima - Cusco

1h-1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Cusco

Spend the day shopping and exploring the city.



Optional Activities - Day 2

Cusco Cooking Class

Cusco - Cuzco

Channel your inner chef and get a taste of Peruvian cuisine. Learn all about the essential ingredients, and try your hand at preparing unique Peruvian dishes with a local expert

Inka Museum

Cusco

10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Cusco City Tour

Cusco

45PEN

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Day 3

Cusco

Spend a full day enjoying optional activities in the area.

Opt to visit and hike the famed Rainbow Mountain, pre-book on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.



Meals included

Breakfast



Accommodation

El Puma Hotel (or similar)

Hotel



Optional Activities - Day 3

Inka Museum

Cusco

10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Cusco City Tour

Cusco

45PEN

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Rainbow Mountain Hike - Full-day Trip

Cusco

8km

Lookout over these colourful Andean mountains striped with maroon, turquoise, lavender, and gold. The sediment, elevation, and proximity to the ocean create a landscape that has to be seen to be believed. Get started early to drive around 3 hours approximately to the starting point of this challenging, yet rewarding full-day hike. Reaching 5,029m (16,500 ft) this 8 km hike is no walk in the park, but these unique mountains do not disappoint. The ascent takes approximately 1.5 hours.

Stop at the G Adventures-supported women's weaving co-op before visiting a local pottery making community. Break for lunch at the G Adventures-supported Parwa Community Restaurant in Huchuy Qosco. After lunch, opt to head out on a hike to the Ollantaytambo storehouses and look out over the ruins. Or, wander around the cobblestone streets and visit a local Chicheria (corn beer bar).

Travel through the stunning Sacred Valley of the Incas, visiting a G Adventures-supported women's weaving co-op. Meet the women and learn about traditional weaving and dyeing used in the Ccaccacollo community. Opt to pick up some handmade souvenirs and textiles directly from the women who made them.

Have lunch at the G Adventures-supported Parwa Community Restaurant. Learn about the G Adventures for Good project and eat a delicious buffet-style lunch. Proceeds of this meal go directly back to the remote community.



Meals included

Breakfast | Lunch



Accommodation

Peru Quechua's Lodge Ollantaytambo (or similar)

Lodge



Today's Activities

Private Vehicle

Cusco - Ollantaytambo

1h45m

94km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Visit the Ccaccacollo community centre which G Adventures travellers' donations helped create in 2005, thereby enabling local women to sell traditional textiles to travellers. See local weaving and dyeing techniques used to create garments and souvenirs, and learn how the Planeterra weaving co-operative has impacted the community and those who visit it. This includes the purchase of alpacas to provide a steady supply of wool, looms, and sewing machines as well as several training courses on production, sales and small business management.

ACTIVITY

Contribute to sustainable tourism in Huchuy Qosqo, a small village of 65 families in the Sacred Valley, by eating at the Parwa Community Restaurant. Learn how the resident-run restaurant was kickstarted by G Adventures and the Multilateral Investment Fund, to become a successful farm-to-table program that boosts the local economy and several spin-off microenterprises.

Cuyo Chico Pottery Making Demonstration

Pisac - Urubamba

In the rural village of Cuyo Chico in the Sacred Valley, a group of families joined together to create a small business based on their traditional adobe ceramic crafts. Using clay from their surroundings, they mold bowls, plates, and all manner of decorations. Learn about the ceramics process as well as the traditional adobe brick-making that forms the basis of houses throughout the valley, all while taking in a spectacular view of the Pisac Ruins. After the demonstration, peruse the items for sale directly from the artisans in their shop.



Optional Activities - Day 4

Ollantaytambo Storehouse Ruins and Hike

Ollantaytambo

1h-1h30m

Get your blood flowing on a steep hike up to the Pinkuylluna Incan storehouses. Perched on the hill, these ruins provide excellent views of the Sacred Valley and the Ollantaytambo ruins below.

Day 5

Ollantaytambo/Aguas Calientes

Catch the scenic train to Aguas Calientes. Opt to visit the local hot springs or shop in the local market.

Board a morning train that winds through the spectacular Sacred Valley to the end of the line: the village of Aguas Calientes, a frontier town nestled in the hills beneath Machu Picchu.

Take advantage of the opportunity to visit the butterfly house, botanical gardens or hot springs. Opt for a day hike to Mandor Gardens to see orchids and a waterfall, enjoying the lush, green scenery en route.



Meals included

Breakfast



Accommodation

Hotel Wiracocha Inn (or similar)

Hotel



Today's Activities

Train

Ollantaytambo - Aguas Calientes

1h30m

Climb aboard, take a seat, and enjoy the ride.



Optional Activities - Day 5

Hot Springs Visit

Aguas Calientes

6USD

Soak your sore muscles in the local hot springs for which the town, Aguas Calientes, was originally named.

One-Day Inca Trail Hike

Inca Trail

6h-8h

Traverse cloud forests while enjoying spectacular views on this '1-day Inca Trail' trek. Start by disembarking the train at km 104. Follow the local guide as the trail rises steeply up into the mountains and winds past the archaeological sites of Wiñay Wayna and Inti Pata. Gain insight into the fascinating culture of the Incas en route to the trek's culmination at the Sun Gate. Enjoy a packed lunch along the way, and reach the Sun Gate in the late afternoon. Enjoy free time to explore a bit of

Machu Picchu before the guided tour the following day. After, take one of the blue buses from Machu Picchu to Aguas Calientes to spend the night in a hotel in town. Opt to visit nearby hot springs to soak sore muscles, if time permits.

**Please note this must be pre-booked as it requires an Inca Trail permit. Travellers completing this trek will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate. Please speak to your GCO or travel agent for more information.

Day 6

Aguas Calientes/Cusco

Enjoy a guided tour of Machu Picchu before returning to Cusco in the evening.

Rise early to catch the first bus up to Machu Picchu with your guide. Enjoy a guided visit of the ruins then take a train back to Cusco.



Meals included

Breakfast



Accommodation

El Puma Hotel (or similar)

Hotel



Today's Activities

Local Bus

Aguas Calientes - Machu Picchu

15m

Climb aboard, grab a seat, and enjoy the ride.

Machu Picchu Guided Tour

Machu Picchu

Set off with the local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

Train

Aguas Calientes - Ollantaytambo

1h30m-1h45m

31km

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle

Ollantaytambo - Cusco

1h30m-1h45m

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7

Cusco

Use a free day to explore more of Cusco or relax.



Meals included

Breakfast



Accommodation

El Puma Hotel (or similar)

Hotel



Optional Activities - Day 7

Inka Museum

Cusco

10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Cusco City Tour

Cusco

45PEN

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Day 8

Cusco/Puno

Travel day by bus from Cusco to Puno. Spend some time on arrival wandering the small city.

Travel through the high Altiplano region from Cusco to Puno, on the shores of Lake Titicaca. Titicaca is also the largest lake in the world above 3800m, and the views from both Amantani and Taquile Islands are stunning. The trip takes the better part of the day, with stark, beautiful scenery en route.



Meals included

Breakfast



Accommodation

Pukara House (or similar)

Hotel



Today's Activities

Local Bus

Cusco - Puno

7h30m

389km

Climb aboard, grab a seat, and enjoy the ride.

Day 9

Puno

Enjoy a guided tour of Lake Titicaca including a visit to Uros and Taquile islands.

Head out by boat across Lake Titicaca. Visit the community on the Taquile Islands and enjoy a local lunch with spectacular views. Visit the floating islands of Uros before returning to Puno.



Meals included

Breakfast



Accommodation

Pukara House (or similar)

Hotel



Today's Activities

Day Trip to Lake Titicaca

Lake Titicaca

Head out for a day on beautiful Lake Titicaca. Travel to Taquile Island to visit the community and check out the spectacular views. Do some shopping at the local weaving cooperatives and learn about the Taquileños, known for their fine handwoven textiles and clothing.

Continue on to the floating islands of Uros. Learn about the totora reeds that grow in the shallows of Lake Titicaca used to make everything from the islands themselves to the boats the islanders use for transportation (if constructed well, they last up to six months). Find out from locals how the islands are constructed; as the layers closest to the water start to rot, they are replaced with fresh reeds on top.

ACTIVITY

Enjoy a visit to the community of Luquina Chico on Lake Titicaca, where 40 families have been working to preserve their traditions, and with the support of G Adventures and Planeterra, are creating opportunities for future generations to thrive. Connect on a deeper level with the local community members whom call this place home, and learn more fascinating details about their unique ways of adapting to life away from the mainland.

Day 10

Puno/La Paz

Travel by bus and cross the border into Bolivia, arriving in La Paz.

Enjoy the full-day drive around the lake and through the altiplano to La Paz. Bolivia is filled with spectacular views of the countryside. La Paz is at nearly 4000m (13,120ft) above sea level, so be prepared for cool evenings and mornings.



Meals included

Breakfast



Accommodation

Hotel Las Brisas (or similar)

Hotel



Today's Activities

Local Bus

Puno – Yunguyo

2h30m

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Peru - Bolivia)

Yunguyo – Copacabana

30m-1h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Local Bus

Copacabana – La Paz

3h

Climb aboard, grab a seat, and enjoy the ride.

Day 11

La Paz

Enjoy a free day in La Paz. Opt to visit the Witches' Market, the city's museums or the Valley of the Moon.

Explore the city's many fine museums or its historic structures, like the Iglesia de San Francisco. The city is also renowned for its many markets, including the Mercado de Hechicería (Witches' Market).

With streets lined with market stalls and vendors, the pace on the street and the vibrant atmosphere is an incredible experience.

To the south of the city is the Valley of the Moon, with crater-like formations made of sand.

Thrill seekers can pre book a Death Road mountain biking adventure.



Meals included

Breakfast



Accommodation

Hotel Las Brisas (or similar)

Hotel



Today's Activities

Free Time

La Paz

The day is yours– make the most of it.



Optional Activities - Day 11

Valley of the Moon Tour

La Paz

15USD

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

Witches' Market Visit

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

La Paz City Tour

La Paz

35USD

Explore the city on a guided tour. Check out stunning cathedrals, impressive museums, and lively markets, learning more about the history of this fascinating city. Look for majestic Mt Illimani in the background.

Day 12

La Paz/Sucre

Fly to Sucre and explore this beautiful colonial city.

Optional activities include mountain biking, hiking, and searching for dinosaur footprints.



Meals included

Breakfast



Accommodation

Hotel Independencia (or similar)

Hotel



Today's Activities

Plane

La Paz - Sucre

1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Sucre

Don't waste a minute, head out and explore.



Optional Activities - Day 12

Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Mountain Biking

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

Sucre Dinosaur Tracks Excursion

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the

world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

Day 13

Sucre

Free time to explore the city, the former capital of Bolivia. For more active options opt to go hiking in the surrounding area or mountain biking.



Meals included

Breakfast



Accommodation

Hotel Independencia (or similar)

Hotel



Optional Activities - Day 13

Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Mountain Biking

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

Rewilding Yampara: Walks Through Culture and Forest

Sucre

Begin in Bolivia's capital and cultural heritage hub, Sucre. Then, travel to the Yampara Indigenous community of Pisily, located in the rural highlands near Tarabuco. The Yampara are one of the country's oldest Andean peoples, known for their deep agricultural knowledge, ancestral weaving, and their strong relationship with the land. Hosted by a local indigenous family, the group will engage in seasonal agroecological activities, learn about sustainable practices within Andean farming, and hike through one of the largest native Polylepis forest in Chuquisaca. You'll come away from this G Adventures-supported community initiative with deeper insight into the worldview of the Yampara, their climate resilience, and food sovereignty. Finish off the experience with a traditional apthapi, a communal Andean meal featuring foods like native potatoes, quinoa, wild mushrooms, and seasonal vegetables. More than just a meal, the apthapi represents abundance, hospitality, and a shared celebration between the local community and travellers.

Sucre Dinosaur Tracks Excursion

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

Day 14

Sucre/Potosí

Travel by bus to Potosí and get a view of the mountain Cerro Rico looming over the city.



Meals included

Breakfast



Accommodation

Hotel Gran Libertador (or similar)

Hotel



Today's Activities

Local Bus

Sucre - Potosí

2h30m

Climb aboard, grab a seat, and enjoy the ride.

Free Time

Potosí

Spend free time learning about local mining production or wandering the city and soaking in the cultural atmosphere.



Optional Activities - Day 14

Casa de la Moneda

Potosí

40BOB

Learn about the first global currency at this renowned National Mint museum.

Potosí Mine Visit

Potosí

Visit the inside of Potosí's historic mines on a eye-opening tour guided exclusively by former miners. They will share their stories firsthand about life underground. This is the only experience in the region guided entirely by former minders who have pursued toursim as a way to build a safer and healthier alternative to life beneath the surface. Visit the miners' market, an ore processing plant, and walk through the tunnels of Cerro Rico, an iconic mountain in global history. As you go, learn more about the cultural and historical significance of mining in Bolivia, and how important it was in fueling the global

economy. This activity is the perfect way to enjoy a G Adventures-supported, community-led experience aiding local efforts towards education and safety around this important piece of Bolivian history.

Bring a bandana and wear protective gear (boots, helmet and headlamp) as you head deep into the bowels of Cerro Rico (Rich Hill).

Please note there is an optional add-on to this activity. It's recommended to consider visiting the Royal Mint Museum to complete the story. Ask your CEO for more information.

Day 15

Potosí/Uyuni

Travel through the Bolivian landscape to the town of Uyuni, the jumping off point for the three day 4x4 excursion to the Salar de Uyuni.

During the rainy season the locations visited may change due to some routes being covered by water.



Meals included

Breakfast



Accommodation

Hotel Samay Wasi (or similar)

Hotel



Today's Activities

Local Bus

Potosí - Uyuni

7h

230km

Climb aboard, grab a seat, and enjoy the ride.

Uyuni/Salt Flats and Desert Crossing

Enjoy a three-day 4x4 excursion to the Salar de Uyuni and surrounding desert altiplano with spectacular scenery. Today you will be heading into the Salar de Uyuni. Our groups like to get creative with photography, as the endless white of the salt flats creates some great depth illusions that are fun to play with in photos. Last stop for the evening is a G Adventures-supported community lodge in a traditional agricultural village in the heart of a desert oasis.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Jukil Lodge (or similar)

Hotel



Today's Activities

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

ACTIVITY

Visit the Santiago de Agencha community, located two hours across the salt flats from Uyuni, a rural village surrounded by towering cacti and part of a small desert oasis. The community-owned salt lodge was renovated and expanded through a major project in 2016 funded by G Adventures' foundation, Planeterra. With many of the village's younger residences fleeing for economic opportunities, this lodge is seen by the community as a way to rescue their indigenous culture and provide opportunities for the future. Learn about their traditional agricultural practices, including their specialization in quinoa production, and take a guided walk with a community member to the sacred Jukil mountaintop for a beautiful view of the village below and the salt flats beyond. Meals of local ingredients grown in the village are prepared by ladies who were provided culinary training through the project. Leave Jukil Community Lodge knowing your visit is creating opportunities for a whole new

generation of people in this community to improve their lives, and the lives of their children and grandchildren.

Day 17

Salt Flats and Desert Crossing

Explore the desert altiplano on a 4x4 excursion. Admire the spectacular scenery while passing red and blue lagoons and interesting rock formations along the route. Spot wild llamas, alpacas and even flamingos deep within the desert.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Laguna Colorada (or similar)

Hostel



Today's Activities

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

Day 18

Salt Flats and Desert Crossing/San Pedro de Atacama

Rise early to cover more ground of the unique landscape of the Salar de Uyuni. Continue to see incredible scenery, including volcanoes, salt lakes and geysers. Travel to the border and descend by bus to San Pedro de Atacama, Chile. It's a long but scenic drive.

From the high Bolivian altiplano descend almost 2000m to the edge of the Atacama Desert, arriving at the small desert oasis of San Pedro de Atacama, just across the Chilean border. Said to be one of the driest places on the planet, this little town is an oasis in an otherwise barren, dry landscape.



Meals included

Breakfast | Lunch



Accommodation

Hostal Puritama (or similar)

Hotel



Today's Activities

4x4

Salt Flats - Estación Avaroa

1h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Border Crossing (Bolivia - Chile)

Hito Cajon

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Local Bus

Hito Cajon - San Pedro de Atacama

1h

Climb aboard, grab a seat, and enjoy the ride.

Enjoy an Included excursion to the Valley of the Moon. In San Pedro, opt to go sandboarding or mountain biking.

Enjoy an included excursion to the Valley of the Moon to learn about and appreciate the beautiful uniqueness of the landscape.

There are plenty of optional excursions in San Pedro de Atacama, including biking, exploring nearby ruins, and horseback riding. Despite its size, San Pedro offers some great restaurants as well as numerous handicrafts and artisan stores for those looking for souvenirs.



Accommodation

Hostal Puritama (or similar)

Hotel



Today's Activities

Valley of the Moon Visit

San Pedro de Atacama

4h

The sunset brings out a variety of colours over this majestic valley that experts say is the area on Earth that most closely resembles moon's surface. Explore the incredible formations created by wind and rain over millennia in this unique location between the Andes mountains and one of the world's driest deserts.



Optional Activities - Day 19

Observatory Tour

San Pedro de Atacama

50000CLP

Gaze at the impressive desert stars from one of the best places to see them in the world and be guided on a planetary journey with an expert astronomer.

San Pedro de Atacama Hot Springs

San Pedro de Atacama

45000CLP

Relax in large geothermal pools surrounded by stunning desert landscapes and scenery.

Sandboarding

San Pedro de Atacama

45000CLP

Hit the dunes and experience the rush of surfing down.

Mountain Biking

San Pedro de Atacama

1500-5000CLP

1h-8h

Work up a sweat while exploring this scenic destination on the seat of a mountain bike.

Day 20

San Pedro de Atacama/Santiago

Drive to Calama and fly to Santiago, a vibrant capital city.

From the nearby city of Calama, fly to Santiago, the capital of Chile. The city is surrounded by mountains, and there are both internationally recognized vineyards and Andean ski resorts within a couple of hours from the city centre.

Explore the city's many museums and parks and visit the vibrant neighbourhood of Bellavista with its handicrafts, trendy cafés, and San Cristobal Hill with its views of the city and the surrounding area.



Accommodation

Hotel Nippon Santiago (or similar)

Hotel



Today's Activities

Local Van

San Pedro de Atacama - Calama

3h

Climb aboard, take your seat, and enjoy the ride.

Plane

Calama - Santiago

5h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.



Optional Activities - Day 20

Bellavista Neighbourhood Visit

Barrio Bellavista

Free

Head to Barrio Bellavista as the locals call this bohemian neighbourhood to enjoy a delicious meal, check out some art galleries, or have a drink at one of the many bars in the area.

Day Trip to Isla Negra

Isla Negra

Take a day trip to Isla Negra, Pablo Neruda's seaside home. This house was one of the poet and politician's three homes, while not technically an island the house is near the water and it's believed that watching the storms on the ocean inspired Neruda to write his famous poem Oda a la Tormenta. The author and his third-wife Matilde Urrutia are both buried on the grounds and the house is now a museum.

Day 21

Santiago

With a free day in Santiago, opt to visit nearby wineries.



Meals included

Breakfast



Accommodation

Hotel Nippon Santiago (or similar)

Hotel



Today's Activities

Free Time

Santiago

Explore the city or head further afield.



Optional Activities - Day 21

Bellavista Neighbourhood Visit

Barrio Bellavista

Free

Head to Barrio Bellavista as the locals call this bohemian neighbourhood to enjoy a delicious meal, check out some art galleries, or have a drink at one of the many bars in the area.

Day Trip to Isla Negra

Isla Negra

Take a day trip to Isla Negra, Pablo Neruda's seaside home. This house was one of the poet and politician's three homes, while not technically an island the house is near the water and it's believed that watching the storms on the ocean inspired Neruda to write his famous poem Oda a la Tormenta. The author and his third-wife Matilde Urrutia are both buried on the grounds and the house is now a museum.

Pisco Distillery Santiago

Santiago

32700CLP

Sample the national spirit of Chile and learn more about how it is produced and why it's a source of pride for the country.

Day 22

Santiago/Valparaíso

Explore some of Santiago's neighbourhoods on a city tour, visit the Museum of Memory and try some local specialties. After, take a private bus to the seaside town of Valparaíso where brightly coloured houses perch on the hills.



Meals included

Breakfast



Accommodation

Hotel Nippon Santiago (or similar)

Hotel



Today's Activities

Santiago City Tour

Santiago

Spend the day visiting different neighbourhoods of Santiago, stop at the Museo de la Memoria and learn about the history of Chile. Visit the Central Market and enjoy a traditional Chilean snack before heading to a local bar to try a classic Chilean drink.

Private Vehicle

Santiago - Valparaíso

1h30m-2h

128km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 23

Valparaiso/Santiago

Enjoy a free morning in Valparaiso to soak it all in. Later, head to the Casablanca Valley, stop at a winery to indulge in a wine tasting. After, head back to Santiago with free time before boarding an overnight bus to Pucón.



Meals included

Breakfast



Accommodation

Hostal Mahuida (or similar)

Hostel



Today's Activities

Free Time

Valparaíso

Wander the colourful streets of Valparaíso.

Private Vehicle

Valparaíso - Santiago

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Visit nearby wineries in the area of Santiago. There are plenty of famous wineries or smaller family-run places to stop by. Learn about the process, tour the vineyards and of course, take a sample or two.

Overnight Bus

Santiago - Pucón

8h

Curl up and catch a snooze en route to the next stop.

Day 24

Pucón

Enjoy free time in Pucon, try whitewater rafting or explore the area by foot.



Meals included

Breakfast



Accommodation

Hostal Mahuida (or similar)

Hostel



Optional Activities - Day 24

Soak in Natural Thermal Pools

Huife Alto

40000CLP

Rest your muscles in the natural thermal pools outside of Pucón. There are multiple pools varying in temperature and depth, find the one that suits you best, take a deep breath and enjoy the pools and the forest that surrounds them.

Whitewater Rafting Pucon

Pucón

35000-28000CLP

Grab a paddle, strap on your helmet, and head down the rapids. Take a rest from paddling and take in the beautiful scenery of Chile's Lake District.

Guided Huerquehue Park Visit

Pucón

55000CLP

Explore the lagoons and lush forests of Chile's Lake District in Huerquehue National Park with a guide.

Day 25

Pucón

Enjoy another free day to take part in the many activities on offer in Pucón. Opt to hike Villarica volcano (it's active!) or soak in the nearby natural thermal pools.



Meals included

Breakfast



Accommodation

Hostal Mahuida (or similar)

Hostel



Today's Activities

Free Time

Pucón

Enjoy free time to explore this adventure hub!



Optional Activities - Day 25

Soak in Natural Thermal Pools

Huife Alto

40000CLP

Rest your muscles in the natural thermal pools outside of Pucón. There are multiple pools varying in temperature and depth, find the one that suits you best, take a deep breath and enjoy the pools and the forest that surrounds them.

Whitewater Rafting Pucon

Pucón

35000-28000CLP

Grab a paddle, strap on your helmet, and head down the rapids. Take a rest from paddling and take in the beautiful scenery of Chile's Lake District.

Guided Huerquehue Park Visit

Pucón

55000CLP

Explore the lagoons and lush forests of Chile's Lake District in Huerquehue National Park with a guide.

Volcan Villarica Hike

Pucón

100000CLP

If summiting an active volcano is on your bucket list, this activity is for you. Weather permitting, set out early to make it to the top and appreciate the views before sliding part of the way back down.

Day 26

Pucón/San Carlos de Bariloche

Cross the Andes to Argentina. Travel by local bus to San Martín and take a private van the rest of the way to Bariloche in the Lake District with a local guide.



Meals included

Breakfast



Accommodation

Kenton Palace Hotel Bariloche (or similar)

Hotel



Today's Activities

Local Bus

Pucón - San Martín de los Andes

6h

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Chile - Argentina)

Peulla - Puerto Frías

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Private Vehicle

San Martín de los Andes - San Carlos de Bariloche

4h

Transfer to Bariloche, enjoy the scenery and a couple of photo ops in the Seven Lakes District.

Day 27

San Carlos de Bariloche

Transfer to a Gaucho Ranch just outside of Bariloche. Enjoy a barbecue for lunch and take to the saddle with a Gaucho by your side.



Meals included

Breakfast | Lunch



Accommodation

Kenton Palace Hotel Bariloche (or similar)

Hotel



Today's Activities

Bariloche Gaucho Experience

San Carlos de Bariloche

Be an Argentinian Gaucho for the day and immerse yourself in the culture of these traditional Patagonia cowboys. Head out on an easy horseback ride through the beautiful scenery of Bariloche and learn about the area's history from a real live Gaucho. Stop along the way to try Mate, the national beverage of Argentina and some alfajores, a delicious dulce de leche cookie sandwich. Finish it all off with a traditional Patagonian barbeque.

Day 28

San Carlos de Bariloche

Enjoy a free day to explore the beautiful area in and around Bariloche. Take a hike in the countryside or wander the town, known for its shops and in particular, artisan chocolate.



Meals included

Breakfast



Accommodation

Kenton Palace Hotel Bariloche (or similar)

Hotel



Today's Activities

Free Time

San Carlos de Bariloche

Take advantage of all the things Bariloche has to offer.



Optional Activities - Day 28

Puerto Blest and Cantaros Waterfall Navigation

Puerto Blest

90USD

Spend a full day navigating the Blest arm of Lake Nahuel Huapi, spotting amazing highlights such as Centinela Island, Frías River, Valdivian Rainforest, and Tronador Mountain, landing at Cantaros Port. Opt to trek through the forest and enjoy views of Lake Los Cantaros and the adjacent waterfalls.

Hiking

San Carlos de Bariloche

Hit some trails to get up close to the area's natural beauty. Enjoy amazing views amid mountains and lakes while exploring the Lake District on foot.

Circuito Chico Tour

San Carlos de Bariloche

40USD

Enjoy an introduction to the highlights of San Carlos de Bariloche on a circuito chico tour. Stop at Bahía López (López Bay) and Panoramic Point and take in the beautiful landscape. Continue on to Cerro Campanario (Bell Mountain), opt to get an even better view by riding the chairlift.

Day 29

San Carlos de Bariloche/Buenos Aires

Fly to Buenos Aires. Opt to enjoy a Tango show and dinner.

Fly north to the buzzing metropolis that is Buenos Aires, it is a vibrant city full of life.

Opt to pre-book the "Buenos Aires Tango Experience" activity on the checkout page ahead of time to include this optional on your tour.



Meals included

Breakfast



Accommodation

Carsson Hotel (or similar)

Hotel



Today's Activities

Plane

San Carlos de Bariloche - Buenos Aires

1h30m

1640km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.



Optional Activities - Day 29

Tango Dinner Show

Buenos Aires

Discover the passion of tango. Watch the pros step and slide around the dance floor while you dine on a traditional Argentine dinner. Get lost in the music, savour the sensuality, and see why this traditional dance continues to ignite the senses of locals and visitors alike.

The day is yours to explore Buenos Aires. From bike tours to city walks and neighbourhood visits, there is plenty to see and do.



Meals included

Breakfast



Accommodation

Carsson Hotel (or similar)

Hotel



Optional Activities - Day 30

Teatro Colón Tour

Buenos Aires

25USD

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

San Telmo Visit

San Telmo

Free

Take a step back in time visiting charming San Telmo, one of Buenos Aires' oldest barrios (neighbourhoods). Stroll along cobblestone streets and discover colonial architecture, museums, churches, and one-of-a-kind finds in the local antique shops. The barrio's weekend market and street artists' displays are must-sees and highlights for many visiting the capital.

Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Cerrito 1128

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

La Boca and Isla Maciel: One History, Two Shores

Buenos Aires

Begin the experience in one of Buenos Aires' most iconic neighbourhoods, La Boca. Cross the Riachuelo River for a unique cultural adventure to the resilient community of Isla Maciel. You will be led by expert guides from a local nonprofit organization. As you walk they will share stories of the history, migration, and social transformation of this place. Enjoy a welcome at the Community Museum and discover their impressive open-air art gallery with murals created by local artists. Sit down and share a traditional lunch prepared by the women from the neighbourhood as part of a G Adventures-supported community initiative. Through art, food, and local stories, this experience to Isla Maciel offers a meaningful perspective on how tourism can become a space for positive change.

Tour begins at 10:00 AM.

Please note, if this activity is set for the first or final day of your itinerary pre and/or post nights are encouraged.

La Boca Neighbourhood Visit

Buenos Aires

10USD

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

Day 31

Buenos Aires/Foz do Iguaçu

Fly to Iguassu (Argentinean Side) and cross the border into Brazil by private vehicle and witness amazing panoramic views of the falls. Spend the next two full days exploring the area around the falls.

After settling in, opt to partake in one of the adventurous activities offered in the area like, a helicopter ride over the falls or a visit to the nearby bird park.

The luggage restrictions for all Aerolineas Argentinas flights are 15kg for checked baggage and 5kg for carry-ons.



Meals included

Breakfast



Accommodation

Hotel Del Rey (or similar)

Hotel



Today's Activities

Plane

Buenos Aires - Puerto Iguazú

1h30m

1640km

Head to the airport and fly north to the Argentine side of Iguassu Falls. Continue on to the border via private vehicle from there.

Border Crossing (Argentina - Brazil)

Puerto Iguazú - Foz do Iguaçu

1h30m-2h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Private Vehicle

Puerto Iguazú - Foz do Iguaçu

1h-1h30m

Climb aboard and drive to the Brazilian side of Iguassu Falls for a little exploration.

Iguassu Falls (Brazil Side) Guided Tour

Foz do Iguaçu

3h-4h

Visit the Brazil side of the falls to get a panoramic view of Iguazu, one of the world's largest and most impressive waterfalls. In total, there are over 275 individual falls spread out over 3km (2 mi). Find the best spot to take jaw-dropping photos of this UNESCO World Heritage site.



Optional Activities - Day 31

Iguassu Helicopter Ride

Iguazu Falls

130USD

Fly above the roaring cascades of Iguassu falls on a memorable helicopter ride to get a unique view and mind-blowing photo opportunities. Sit back in the comfortable seats, enjoy the ride and let the experienced pilot guide you over the immense falls.

Iguassu Falls Bird Park Visit

Iguazu Falls

120BRL

Grab a camera and get up and close and personal with macaws, parrots, parakeets, and 150 other species of birds. Located on the Brazilian side of Iguassu Falls, the bird park is on 12 acres of native subtropical forest. Enter a huge aviary to see the birds free from cages and nets. Check out other exhibits to view butterflies, alligators, and snakes (boas and anacondas).

Day 32

Foz do Iguaçu

Return to the Argentine side to explore the trails. Opt for a boat tour to get a close look at the falls. Return to the Brazilian side for one more night in town.

Explore trails that will bring you directly over the falls of the Devil's Throat—the highest and deepest of the falls. Other trails allow access to the stretch of falls across the forest on the Argentine side. Opt to take an inflatable boat to the base of the thundering falls.



Meals included

Breakfast



Accommodation

Hotel Del Rey (or similar)

Hotel



Today's Activities

Border Crossing (Brazil - Argentina)

Foz do Iguaçu - Puerto Iguazú

1h-1h30m

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Iguassu Falls Visit

Puerto Iguazú

Spend the whole day on the Argentine side of Iguassu, exploring the paths over the falls or experience the UNESCO World Heritage site from a boat tour. Tours utilize trails and catwalks adapted to the landscape of the area, and walking is easy for all ages; guided tours of the complex are available several times a day.

Border Crossing (Argentina - Brazil)

Puerto Iguazú - Foz do Iguaçu

1h30m-3h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.



Optional Activities - Day 32

Boat Tour of Iguassu Falls

Foz do Iguacu

75USD

Explore the jungle by 4x4 crossing the Yacaratiá path and then hop on a boat to explore the thundering falls from a VERY close view. Take some amazing pictures and then float under the water to have the real Iguassu experience.

Day 33

Foz do Iguacu/Paraty

Fly to São Paulo and continue by van to Paraty. Wander the cobblestoned streets and shops of this gorgeous coastal town and its historical centre, designated as a UNESCO world heritage site.



Meals included

Breakfast



Accommodation

Pousada Laguna Blue (or similar)

Guesthouse



Today's Activities

Plane

Foz do Iguacu - São Paulo

1h30m

An early morning flight gets you Paraty with plenty of time to explore.

Flight time may vary if there is not a direct flight available.

Shared Van

São Paulo - Paraty

5h-6h

Enjoy the drive to São Paulo, stopping for lunch along the way.

Enjoy a free day to explore Paraty. Opt to visit the cachaça distilleries or take a boat into the bay to explore the nearby islands and beaches.

Paraty is a quaint colonial town renowned for its architecture—the pace might be slow but there's a lot to choose from. Considered one of the world's most important examples of Portuguese colonial architecture by UNESCO, the historic centre is a well-preserved national historic monument, and today has been closed to vehicles to preserve its laid-back colonial ambiance. Opt to take a boat trip in the bay, kayak, go horseback riding, or take a jeep tour.

Opt to pre-book the "Paraty Caipirinha Boat Tour" activity on the checkout page ahead of time to include this optional on your tour.



Meals included

Breakfast



Accommodation

Pousada Laguna Blue (or similar)

Guesthouse



Optional Activities - Day 34

4x4 Tour

Paraty

150BRL

6h-7h30m

Hop in the back of a jeep and hang on for this tropical tour. Enter the Serra da Bocaina National Park, visit waterfalls (great for photos and swimming), and step back in time along the Gold Trail road, constructed by African slaves to transport gold mined inland and transported to Paraty port bound for Portugal.

Kayaking

Paraty

90BRL

1h-6h

See Paraty's from a whole other level—sea level! Check out the spectacular views of the old town and the coastal mountain range and explore otherwise inaccessible mangroves.

Walking Tour Paraty + cachaça tasting (2hrs)

Paraty

160BRL

Tour a cachaça distillery where sugarcane juice is used to create the most popular distilled spirit in Brazil. If it tastes familiar, that's because it's the main ingredient in a Caipirinha, the country's national cocktail. Often called "Brazilian rum," cachaça is so popular, it's produced by 40,000 micro-companies across the country. The blend from Paraty is sweet and salty; taste the sea as you sip this local liquid.

Diving Paraty

Paraty

Brazil is a diver's paradise. Its waters include a rich variety of fish, mammals, kelp and coral. Spot brilliantly coloured fish accented against the white sand ocean floor. Keep your eyes peeled for dolphins, sea turtles and nurse sharks. Paraty boasts at least 10 locations recommended for SCUBA diving. Explore the waters off islands with exotic names – Cocos, Meros, Deserta – and add an unforgettable underwater adventure to your list of most memorable moments.

Horseback Riding Paraty

Paraty

390BRL

3h-6h

Throw on some long pants, grab the reins and hop up on a well-trained horse. Trail ride through the Atlantic Rainforest in the mountains around Paraty. Cross rivers and follow trails lined with tropical trees. Reach a lookout and see the village and the water below. Stop at a waterfall and jump in! Let the rushing water massage your muscles then hop back on the horses and gallop home.

Paraty Boat Tour

Paraty

150BRL

Home to hundreds of pristine islands and idyllic white sand beaches it doesn't get much better than the Costa Verde. Cruise up the coast with a caipirinha in one hand and your camera in the other. Stop along the way to swim in the crystal clear waters or to catch a few rays. Snorkeling equipment is provided for those wanting a peek at what is under the water's surface.

Trindade Day Trip

Trindade

20BRL

Located about 25km (15.5 mi) away from the town of Paraty is the small beach town of Trindade, which can be reached by public transport. Walk along the sandy beach, play in the water and opt to go surfing.

Continue by van up the coast and take a ferry to Ilha Grande. Opt to hike to remote beaches and enjoy free time to relax and explore the island.

A short, scenic drive along the coast takes us to Angra dos Reis. Board the ferry to Ilha Grande—home to some of Brazil's most beautiful beaches.

Enjoy free time to soak up the sun, snorkel, hike and cruise to various beaches, not to mention feast on fresh seafood and sip caipirinhas in the plaza in the evenings.

The Brazilian government has implemented the Taxa de Turismo Sustentável (Sustainable Tourism Tax), effective May 5, 2026. You will be required to pay this fee directly when traveling through Angra dos Reis en route to Ilha Grande. Payment in the amount of 55 BRL (approximately 11 USD) can be made online in advance on the Viva Angra website or on site via QR code at the Port of Angra dos Reis before boarding the ferry. Please be aware that this fee must be covered directly by travellers prior to embarkation of the ferry.



Meals included

Breakfast



Accommodation

Pousada Mata Nativa (or similar)

Guesthouse



Today's Activities

Shared Van

Paraty - Angra dos Reis

1h30m-2h

100km

Climb aboard and make friends with your seatmate en route to the next stop.

Ferry

Angra dos Reis - Ilha Grande

1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.



Optional Activities - Day 35

Hike to Pico do Papagaio

Ilha Grande

150BRL

6h-7h

Enjoy a guided hike from Abraão to Pico do Papagaio, soaking in the scenery along the way. It will take roughly 4 hours to hike up and about 2 hr to hike back down. The 360 degree views from the top are well worth the effort.

Ilha Grande Diving

Ilha Grande

Explore one of the world's largest concentrations of underwater shipwrecks, many lost during pirate battles in the 16th-18th centuries in the waters off Ilha Grande. Dive to see the Pinguino cargo ship as well as the remains of a helicopter near Laja do Matariz. Discover massive underwater caves, swim with schools of tropical fish and admire the colours of corals and reefs, in the warm salt water where visibility varies from 6-20m (20-66 ft).

Ilha Grande Boat Excursion

Ilha Grande

130BRL

4h-5h

From the main village of Vila do Abraão, take a boat tour to some of the best beaches around the island. See tropical fish and cool off in the salt spray of the turquoise waters. Stop to swim and snorkel and pinch yourself for being lucky enough to partake in this tropical piece of paradise. Enjoy the scenery while drinking a caipirinha, Brazil's national drink.

Lopes Mendes Hike

Ilha Grande

2h30m-4h

Grab your bathing suit, slip on your walking shoes and take the hike from Abraão to the beautiful beach of Lopes Mendes. Follow a well-marked trail up and down, through forest and past other beaches. Eat Jack fruit picked along the way. Drink water from a natural spring. Listen to howler monkeys. After 2.5-3 hrs, arrive at the stunning Lopes Mendes beach, where the white powder sand squeaks under foot and the rolling green hills provide a stunning contrast to the turquoise water.

Snorkelling Ilha Grande

Ilha Grande

Rent a mask and snorkel, pull on some fins and get set to enter the underwater world of colourful tropical fish, shells and all things seaworthy. November through May is Ilha Grande's best time to snorkel. Hotspots include the Blue Lagoon, Green Lagoon and Abraãzinho Beach. Luxuriate in the warm salt water, look down and, in some cases, see to a depth of 15m (50 ft).

Day 36

Ilha Grande

Enjoy a free day in Ilha Grande. Optional activities include hiking Pico Do Papagaio or to Lopes Mendes, snorkelling or relaxing on the beach.



Meals included

Breakfast



Accommodation

Pousada Mata Nativa (or similar)

Guesthouse



Optional Activities - Day 36

Hike to Pico do Papagaio

Ilha Grande

150BRL

6h-7h

Enjoy a guided hike from Abraão to Pico do Papagaio, soaking in the scenery along the way. It will take roughly 4 hours to hike up and about 2 hr to hike back down. The 360 degree views from the top are well worth the effort.

Lopes Mendes Hike

Ilha Grande

2h30m-4h

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Ilha Grande Boat Excursion

Ilha Grande

130BRL

4h-5h

From the main village of Vila do Abraão, take a boat tour to some of the best beaches around the island. See tropical fish and cool off in the salt spray of the turquoise waters. Stop to swim and snorkel and pinch yourself for being lucky enough to partake in this tropical piece of paradise. Enjoy the scenery while drinking a caipirinha, Brazil's national drink.

Snorkelling Ilha Grande

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Day 37

Ilha Grande/Rio de Janeiro

Carry on by ferry and van to Rio de Janeiro. With free time, explore the city on an optional city tour.

Travel back to the mainland by ferry before continuing north along the coast. Enjoy the incredible scenery before rounding the cliffs at Vidigal. Get your first look at one of the most memorable cities in the world—Rio de Janeiro.



Meals included

Breakfast



Accommodation

Royalty Rio Hotel (or similar)

Hotel



Today's Activities

Ferry

Ilha Grande - Angra dos Reis

1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Shared Van

Angra dos Reis - Rio de Janeiro

3h-3h30m

87km

Enjoy the incredible scenery before rounding the cliffs at Vidigal. Get your first look at one of the most memorable cities in the world—Rio de Janeiro.

Free Time

Rio de Janeiro

Use your free time in Rio to start your exploration of this world-class city.



Optional Activities - Day 37

Rio de Janeiro City Tour

Rio de Janeiro

470BRL

There's so much to see and do in this vibrant city pulsing with passion, music and the waves of the sea. Take a city tour and visit some of Rio's hot spots. Visit the art deco statue of Christ the Redeemer atop Corcovado Mountain, the colourful Lapa Steps and the Rio Cathedral. Ride a cable car to the top of Sugarloaf Mountain and marvel at the magnificent views of the bay, city and beaches beyond.

Day 38

Rio de Janeiro

Depart at any time.

There are no planned activities today so feel free to book onward travel at any time. Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.



Meals included

Breakfast



Optional Activities - Day 38

Rio Hang Gliding

Rio de Janeiro

1300BRL

Glide like a bird on this exhilarating and inspiring air adventure. Get all the guidance you need to go airborne with your instructor, and take to the skies for an unbeatable experience and amazing views of this incredibly picturesque city. Careful – you may become addicted to the freedom of flying!

Rio Football Game

Rio de Janeiro

500BRL

If it's a game day, catch a football match (or some call it soccer). Watch the locals cheer for their team and join in the celebrations.

Please note the pricing for this activity is approximate and could vary slightly on the ground when booked.

What's included

- Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo
- Your G for Good Moment: Parwa Community Restaurant the Sacred Valley, Lamay
- Your G for Good Moment: Luquina Chico Community Visit, Lake Titicaca
- Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Agencha
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Cusco
- Your Discover Moment: Sucre
- Your Foodie Moment: Santiago Region Winery Tour, Santiago
- Your Discover Moment: Pucón
- Your Discover Moment: Buenos Aires
- Your Discover Moment: Paraty
- Your Discover Moment: Ilha Grande
- Sacred Valley guided tour
- Pottery making demonstration
- Train to Machu Picchu
- Machu Picchu guided tour
- Floating islands of Uros visit
- Lake Titicaca guided tour
- 4x4 excursion to the Salar de Uyuni (3 days)
- Tour of Valley of the Moon (San Pedro de Atacama)
- City tour of Santiago
- Driving through the Seven Lakes district
- Estancia visit and barbecue lunch (full-day)
- Iguassu Falls visit (Brazil and Argentina)
- Internal flights
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Explore the Sacred Valley on a visit to community projects in the highlands, Witness the unforgettable views of Machu Picchu, Take the train through the scenic Urubamba Valley to Aguas Calientes, Witness traditional life on Lake Titicaca, Cross the world's largest salt flat by 4x4 at the Salar de Uyuni, Enjoy an included excursion to the Valley of the Moon to cherish the uniqueness of the environment, Explore colourful Valparaíso, Enjoy the nightlife in Buenos Aires, Stand in awe of Iguassu Falls, Sip a caipirinha in Rio, Explore the cobblestoned streets of colonial Paraty

Itinerary Notes

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

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Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

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What important notes should I be aware of before the trip?

1. MACHU PICCHU CIRCUITS

Machu Picchu regulations require all visitors to follow a pre-determined circuit within the site as a way to prevent overcrowding. The circuit-specific entrance tickets are available on a first come, first served basis. At the time of booking, you may select your preferred circuit, subject to availability. If no selection is made, we will book a circuit based on availability at the time of booking. All circuits offer the opportunity to enjoy the beauty, history, and impressive ingenuity of this ancient site. TO NOTE: Travellers completing the Inca trail and 1-day Inca Trail will be assigned Circuit 3 for their guided visit of Machu Picchu, but will also have access to the panoramic viewpoint upon arrival via the Sun Gate.

2. MACHU PICCHU REGULATIONS

Current and correct passport details are required at time of confirmation. For more details please see the following [page](#). Please also note that regulations have been implemented for all visitors to Machu Picchu which require that different circuits be followed within the site as a way to relieve crowding. The new circuit-based entrance tickets are available on a first come first serve basis. We will do all that is possible to get everyone traveling in a group on the same route, but be aware that it is possible that members of the same group might be visiting Machu Picchu on a different circuit and not be together during this visit. Rest assured that regardless of the circuit you will enjoy the beauty and grandeur of the site.

3. LAST MINUTE BOOKINGS

Last minute bookings of this trip when choosing the 1-day Inca Trail option will be on an "on request" basis only. To make a booking request of a tour which includes the Inca Trail G Adventures requires your full name, date of birth, nationality and passport number.

4. SUSTAINABLE TOURISM TAX

The Brazilian government has implemented the Taxa de Turismo Sustentável (Sustainable Tourism Tax), effective May 5, 2026. You will be required to pay this fee directly when traveling through Angra dos Reis en route to Ilha Grande in the amount of 55 BRL (approximately 11 USD). Payment can be online in advance on the Viva Angra website or on site via QR code at the Port of Angra dos Reis before boarding the ferry. Please be aware that this fee must be covered directly by travellers prior to embarkation of the ferry.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our Chief Experience Officer's (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are traveling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 17 avg 12

What meals are included in this trip?

35 breakfasts, 5 lunches, 2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. This will typically include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Plane, shared van, public bus, private vehicle, boat, ferry, train, 4x4 vehicle, hiking.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels/guesthouses (34 nts), G Adventures-supported lodge/basic hotels on Salar de Uyuni excursion (2 nts, multi-share), Overnight bus (1 nt).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Nights 16-17, Night 23, Nights 24-25.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time):+51 1 241 1650

01 241 1650 (from mobile within Peru)

241 1650 (from payphone within Peru)

After hours Emergency number: +51 99 758 2712, (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

What should be on my packing list?

Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#).

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency used on this trip:

Peru - Nuevo Sol (PEN)

Bolivia - Boliviano (BOB)

Chile - Peso (CLP)

Argentina - Peso (ARS)

Brazil - Real (R)

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

What activities are optional on this trip?

Lima

- Lima Cooking Class (4hrs)
- Lima City Tour (40USD per person)

Cusco

- Cusco Cooking Class
- Inka Museum (10PEN per person)
- Cusco City Tour (45PEN per person)
- Rainbow Mountain Hike - Full-day Trip

Ollantaytambo

- Ollantaytambo Storehouse Ruins and Hike

Aguas Calientes

- Hot Springs Visit (6USD per person)

Inca Trail

- One-Day Inca Trail Hike

La Paz

- Valley of the Moon Tour (15USD per person)
- Death Road Biking Adventure
- Witches' Market Visit
- La Paz City Tour (35USD per person)

Sucre

- Hiking
- Mountain Biking
- Sucre Dinosaur Tracks Excursion
- Rewilding Yampara: Walks Through Culture and Forest

Potosí

- Casa de la Moneda (40BOB per person)
- Potosí Mine Visit

San Pedro de Atacama

- Observatory Tour (50000CLP per person)
- Sandboarding (45000CLP per person)
- San Pedro de Atacama Hot Springs (45000CLP per person)
- Mountain Biking (1500-5000CLP per person)

Barrio Bellavista

- Bellavista Neighbourhood Visit (Free)

Isla Negra

- Day Trip to Isla Negra

Santiago

- Pisco Distillery Santiago (32700CLP per person)

Huife Alto

- Soak in Natural Thermal Pools (40000CLP per person)

Pucón

- Whitewater Rafting Pucon (35000-28000CLP per person)
- Guided Huerquehue Park Visit (55000CLP per person)
- Volcan Villarica Hike (100000CLP per person)

Puerto Blest

- Puerto Blest and Cantaros Waterfall Navigation (90USD per person)

San Carlos de Bariloche

- Hiking
- Circuito Chico Tour (40USD per person)

Buenos Aires

- Tango Dinner Show
- Teatro Colón Tour (25USD per person)
- Buenos Aires Bike Tour
- La Boca and Isla Maciel: One History, Two Shores
- La Boca Neighbourhood Visit (10USD per person)
- Buenos Aires Guided City Tour

San Telmo

- San Telmo Visit (Free)

Iguaçu Falls

- Iguassu Helicopter Ride (130USD per person)
- Iguassu Falls Bird Park Visit (120BRL per person)

Foz do Iguaçu

- Boat Tour of Iguassu Falls (75USD per person)

Paraty

- 4x4 Tour (150BRL per person)
- Kayaking (90BRL per person)
- Walking Tour Paraty + cachaça tasting (2hrs) (160BRL per person)
- Diving Paraty
- Horseback Riding Paraty (390BRL per person)
- Paraty Boat Tour (150BRL per person)

Trindade

- Trindade Day Trip (20BRL per person)

Ilha Grande

- Hike to Pico do Papagaio (150BRL per person)
- Ilha Grande Diving
- Ilha Grande Boat Excursion (130BRL per person)
- Lopes Mendes Hike
- Snorkelling Ilha Grande

Rio de Janeiro

- Rio de Janeiro City Tour (470BRL per person)
- Rio Hang Gliding (1300BRL per person)
- Rio Football Game (500BRL per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

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